sky Virgin media **BEST FOR SKY & VIRGIN**

PLUS! prime video NETFLIX

TV&Satellite week

6-12 July 2019

NEW

DEPARTURE
Archie Panjabi leads the hunt for a missing plane

NEW

DARK MON£Y
A young actor's dream turns into a nightmare

NEW

8 DAYS: TO THE MOON & BACK
Apollo 11's amazing story revealed in a docudrama

NEW

Agatha Raisin

Ashley Jensen is back as the amateur sleuth in killer heels

COMEDY DRAMA STARTS FRIDAY ON SKY ONE HD

HotList This week's 28

Saturday 6

Tour de France

***CYCLING** Eurosport 1 HD & ITV4 HD, from 10.30am*

Team Ineos' Geraint Thomas begins the defence of his Tour de France title today with the Grand Départ from Brussels, Belgium. *See sport, page 26*

Wimbledon

***TENNIS** BBC1 HD, BBC2 HD, BBC iPlayer, BBC Red Button & online, from 11am*

Will Rafael Nadal still be in the running for his third Wimbledon title as the tournament enters its second week?

London's Great Bridges: Lighting the Thames

***DOCUMENTARY** C4 HD, 7pm*

Architectural designer Charlie Luxton goes behind the scenes of a £45million project to light the 15 bridges of central London with over 100,000 lights.

Race to the Death: Rome's Charioteers

***DOCUMENTARY** C4 HD, 8pm*

New evidence uncovers the truth about the Romans' deadly sport of chariot racing and tells the story of its most successful charioteer, slave Scorpus.

Full listings start on **p33**

Sunday 7

Juliet, Naked

***ROMANTIC COMEDY** Sky Premiere HD, 9.45am & 6.15pm*

Annie (Rose Byrne) is obsessed with music fan Duncan (Chris O'Dowd). Then she meets faded rocker Tucker Crowe (Ethan Hawke). *See review, page 19*

Women's World Cup Final

***FOOTBALL** BBC1 HD, BBC iPlayer & BBC Red Button, kick-off 4pm*

After four weeks of action, high drama and a few controversial decisions, the competition reaches its climax.

Tipping Point: Lucky Stars

***GAME SHOW** ITV HD, 8pm*

Ben Shephard hosts a celebrity version of his game show, with Dr Ranj Singh, Sally Phillips and Alan Davies trying to win £20,000 for their chosen charities.

War in the Blood

***DOCUMENTARY** BBC2 HD, 9pm*

Mahmoud (above), 18, and Graham, 53, are terminally ill with cancer and have agreed to be part of a pioneering trial into experimental CAR T-cell therapy. *See documentaries, page 17*

Full listings start on **p43**

Monday 8

Dark Mon£y

***DRAMA** BBC1 HD, 9pm*

A couple (Jill Halfpenny and Babou Ceesay) accept a payoff after their son is abused by a Hollywood film-maker, but was it the right thing to do? Continues tomorrow at 9pm. *See feature, page 6*

Extreme Tribe: The Last Pygmies

***DOCUMENTARY** C4 HD, 9pm*

Presenter Livia Simoka spends five months living with the Mbendjele, a pygmy tribe in the Congo, who are almost entirely cut off from the world.

The Honest Supermarket: What's Really in Our Food?

***DOCUMENTARY** BBC2 HD, 9.30pm*

Dr Hannah Fry and Priya Tew find out whether we can trust supermarkets to tell us the truth about what's in our food.

Divorce

***COMEDY DRAMA** Sky Atlantic HD, 10pm*

Sarah Jessica Parker returns for a third series of the comedy drama as Frances, who, as she negotiates life after her divorce from Robert (Thomas Haden Church), embraces single life.

Full listings start on **p53**

Tuesday 9

Britain's Next Prime Minister: The ITV Debate

***POLITICS** ITV HD, 8pm*

Jeremy Hunt and Boris Johnson, one of whom will be our next Prime Minister, go head-to-head in a televised debate, hosted by newscaster Julie Etchingham.

Ackley Bridge

***DRAMA** C4 HD, 8pm*

Sam and Nas are caught shoplifting, which causes a rift between them, but Sam's mum Nadine is proud of her and pushes Sam to get more involved with the Murgatroyd's criminal activities.

Charles I: Downfall of a King

***DOCUMENTARY** BBC4 HD, 9pm*

Historian Lisa Hilton examines how, over 50 days, Charles I's rule collapsed, leading to Civil War and his execution. Continues until Thursday at 9pm.

Judi Dench's Wild Borneo Adventure

***DOCUMENTARY** ITV HD, 9pm*

LAST ONE! In the final leg of her trip, Dench meets a three-year-old orphaned orangutan who's being released back into the wild.

Full listings start on **p63**

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best shows on TV...

Wednesday 10

The Left Behind

***DRAMA** BBC3 Online, from 10am, & BBC1 HD, 10.35pm (times vary)*

From the makers of *Killed by My Debt* comes the story of a zero-hours contract worker (Sion Daniel Young) getting drawn into far-right violence. *See feature, page 7*

Departure

***DRAMA** Universal HD, 9pm*

EDITOR'S CHOICE *The Good Wife*'s Archie Panjabi and Christopher Plummer head the cast of a conspiracy thriller about a missing airliner. *See feature, page 4*

L.A.'s Finest

***DRAMA** FOX HD, 9pm*

In a spin-off from the *Bad Boys* movie franchise, ex-DEA agent Sydney 'Syd' Burnett (Gabrielle Union) joins the LAPD and is partnered with Nancy McKenna (Jessica Alba). *See feature, page 11*

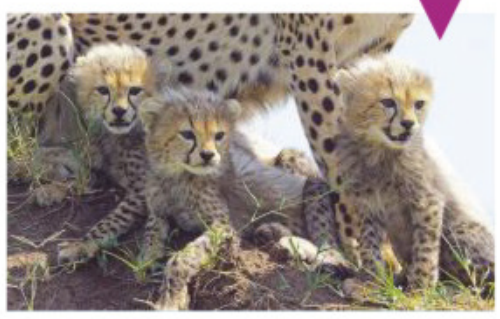
8 Days: To the Moon & Back

***DOCUDRAMA** BBC2 HD, 9pm*

Cutting-edge digital effects and dramatised performances re-create man's first landing on the moon 50 years ago. *See feature, page 12*

■ Full listings start on **p73**

Thursday 11



Serengeti

***DOCUMENTARY** BBC1 HD, 8pm*

A new family moves into the Serengeti this week – first-time cheetah mother Kike and her three cubs. Kike needs to hunt to feed her young, but must also keep them safe from other predators.

Why Can't We Sleep?

***DOCUMENTARY** ITV HD, 9pm*

It is estimated that about a third of adults in the UK don't get enough sleep, but what are the reasons for that and what impact does it have on our bodies? Ranvir Singh narrates.

Mad Cow Disease: The Great British Beef Scandal

***DOCUMENTARY** BBC2 HD, 9pm*

The lives of those who've died from the human form of mad cow disease are remembered. *See documentaries, page 16*

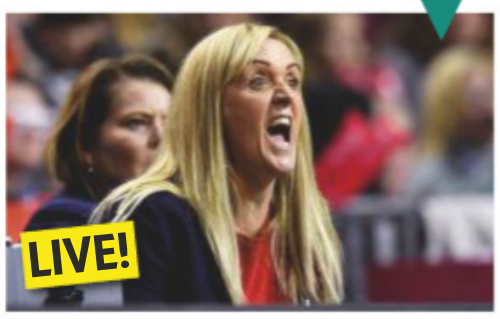
Too Gay for God?

***DOCUMENTARY** BBC1 HD, 10.35pm*

Jide Macaulay is an openly gay member of the Church of England clergy, but he cannot marry his partner and be a priest. Macaulay meets others struggling to reconcile their sexuality with their faith.

■ Full listings start on **p83**

Friday 12



Netball World Cup

***NETBALL** Sky Sports Netball HD, Sky Sports Arena HD, Sky Sports Main Event HD & Sky One HD, from 8.30am*

Sixteen teams take part in the Netball World Cup in Liverpool. Tracey Neville's England face Uganda at 7pm.

A Star Is Born

***ROMANTIC DRAMA** Sky Premiere HD, 12noon & 8pm*

Bradley Cooper and Lady Gaga star in the love story of a famous musician who helps an aspiring singer while battling his demons. *See review, page 18*

Agatha Raisin

***COMEDY DRAMA** Sky One HD, from 9pm*

EDITOR'S CHOICE Ashley Jensen is back as the amateur sleuth, who has new mysteries to solve in the Cotswolds. Starts with a double bill. *See feature, page 8*

Classic Album: The Crickets

***MUSIC** BBC4 HD, 9pm*

Oh, Boy and *Not Fade Away* are among the classic tracks on *The "Chirping" Crickets*, the 1957 debut album of The Crickets, led by Buddy Holly.

■ Full listings start on **p93**

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Ashley Jensen returns as amateur detective Agatha Raisin

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Archie Panjabi investigates the mysterious disappearance of a plane in conspiracy thriller *Departure*, Babou Ceesay and Jill Halfpenny play troubled parents in the new drama *Dark Mon£y*, and Jessica Alba stars in high-octane police drama *L.A.'s Finest*

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FLIGHT INTO DANGER

Archie Panjabi stars in a tense conspiracy thriller about the mystery of a missing aircraft

NEW DRAMA

Departure

Wednesday, Universal HD, 9pm

As British Global Air Flight 716 travels from New York to London Heathrow, a terrifying incident occurs on board and the plane vanishes over the Atlantic Ocean, leaving the fate of its 256 passengers and crew unknown. Is it due to a mechanical fault or terrorism? Was the pilot, Richard Donovan, to blame? Or is there another chilling reason why the aircraft has vanished?

Pilot Richard Donovan (Allan Hawco)

That's the premise of Universal's high-octane six-part thriller *Departure*, starring British actress Archie Panjabi as accident investigator Kendra Malley, who works for the TSIB (Transport Safety and Investigations Bureau).

INTRIGUE

When her mentor, the bureau's chief Howard Lawson (Christopher Plummer), asks her to lead the investigation into the missing plane, Kendra races against time to find any potential survivors and determine what happened.

'When I read the first script, I couldn't put it down – it kept me on the edge of my seat,' says Panjabi, best known for her role as fiery lawyer Kalinda Sharma in US drama *The Good Wife*. 'As soon as you have one suspicious character, new evidence comes up and you've got another. But Kendra keeps an open mind. She's determined to get to the truth. Only a few women are accident experts, so she's a tough cookie.'

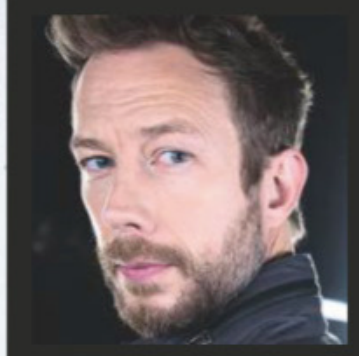
Amid the pressure of intense scrutiny from the public, the press, the government and the aviation industry – who are concerned as the plane was part of an expensive new fleet – Kendra realises that somebody doesn't want her to discover what's behind the disappearance and she is drawn into a dangerous world of cover-ups and conspiracies.

'She has her fair share of powerful people wanting her to fail and her life is put at risk,' reveals Panjabi. 'With the

Kendra Malley
Archie Panjabi
The troubled widow returns to work as an accident investigator to discover what has happened to missing Flight 716.

WORDS: CAREN CLARK. PHOTOS: UNIVERSAL

WHO'S WHO?



Dominic Hayes
Kris Holden-Ried
Now working for the Transport Safety and Investigations Bureau, the ex-cop is annoyed to find Kendra's in charge, but they forge a strong bond.

Janet Freeh
Claire Forlani
Seconded to the bureau to help the investigation, the tough-talking MI5 officer clashes with Kendra over how they should proceed.

Ethan Moreau
Dougray Scott
The slick entrepreneur is the CEO of British Global Air, which owns the ill-fated plane, and he is determined to salvage his company's damaged reputation.

Howard Lawson
Christopher Plummer
The charming bureau boss has always seen Kendra as his protégée and orders her to come back to work to take on the Flight 716 case.

world watching, it's also traumatic for her. You see the emotional toll.'

Kendra is also juggling personal troubles. This is her first case following a car crash that injured her and killed her husband, and she is supporting her troubled teenage stepson, AJ (Alexandre Bourgeois).

'Although it's about the search for a missing aircraft, it's also about a woman who's experienced a tragic accident and, as she pieces together evidence of the missing plane, she's confronted with home truths,' adds Panjabi.

As part of her research for the role, she spoke to an aviation investigator – and Panjabi was fascinated by what she discovered.

'He summed things up about how they look through every bit of evidence vigorously and without prejudice so they never come to conclusions until they are certain,' she says. 'But I was still surprised by how complex it is and how affected these people become. I've great sympathy because they take a lot of it home.'

The drama is penned by Vincent Shiao, who was inspired by the 2014 disappearance of Malaysia Airlines Flight 370 over the Indian Ocean.

'It's worrying to think so many things can go wrong when you are flying. I travel by Malaysia Airlines a lot so that was close to home,' says Panjabi, who filmed some of her scenes on a plane set constructed in a hangar in Maidenhead.

'We shot a scene in an aircraft where Kendra re-creates what she thinks happened,' she explains. 'On one occasion, the plane really jolted and made a loud noise. It was at night and the lights were off, so it terrified me.'

COLLABORATION

A far happier experience for the 47-year-old was the chance to work with Plummer, the veteran star of *The Sound of Music*.

'He's a phenomenal actor and has incredible screen presence,' she enthuses. 'Kendra and Howard have an interesting chemistry and Christopher's witty, charming and intelligent, so it was easy to strike up a bond. Sometimes you shouldn't meet your heroes but Christopher exceeded my expectations.'

After some emotional days on set during filming in Toronto, Panjabi managed to lift the mood by treating the crew to an Indian meal.

'When I was on *The Good Wife*, I discovered a lovely restaurant – and when we were working a long night, I bought everyone Indian food because the spices are a good pick-me-up,' she smiles.

'It's my thing now. I do that on every shoot on a day where I know everybody's tired. There were about 200 people on the *Departure* set on that particular day, but they were all lovers of Indian food. It was great.'

Trainee medic Madelyn (Rebecca Liddiard) is a passenger, but what news will there be for her loved ones?

Max Fincham, Jill Halfpenny and Babou Ceesay as Isaac, Sam and Manny

'Neither of them knows whether what they're doing is right or wrong'
BABOU CEESAY

Guilty silence

The parents of a traumatised child actor face an **agonising decision** in a harrowing new drama

NEW DRAMA
Dark Mon£y
Monday & Tuesday, BBC1 HD, 9pm

For any young person wanting to be an actor, the chance to star in a Hollywood movie would be a dream come true.

But when London teenager Isaac (Max Fincham) finds his wish fulfilled in new BBC1 drama *Dark Mon£y*, his dream quickly turns into a nightmare.

In the hard-hitting four-parter, his working-class parents Manny and Sam Mensah (Babou Ceesay and Jill Halfpenny) are thrilled when the 13-year-old lands a role in a big-budget US sci-fi movie.

'Isaac is the second lead, and it's huge for him,' says Ceesay. 'Sam and Manny are excited, but conflicted, because it means him going to the States for two months of filming.'

However, when Isaac returns home, he reveals he was abused by the film's powerful producer Jotham Starr (John Schwab).

'The family throw a big welcome-home party for Isaac,' explains Halfpenny. 'However, it's all a bit awkward and weird. And quite quickly they realise that there's something on Isaac's mind. When he reveals what has happened, they are devastated.'

Amid the rage and guilt, the Mensahs face a terrible dilemma: do they drag Isaac through the courts to seek justice, or sign a non-disclosure agreement and receive a huge payoff to stay silent about the abuse?

'Neither of them knows whether what they're doing is right or wrong,' says Ceesay. 'They only know the options that are available. One is that they go to the States, report it, and start legal proceedings from there, which means finding a huge amount of money to do that. The other option is to take the cheque that's put in front of them.'

'I think they very naively expect the film company to apologise and say this man will never work again – and he's going to prison,' adds Halfpenny. 'And obviously the exact opposite happens.'

As the parents struggle to make their decision, young Isaac pleads with them not to tell anyone what happened, and Manny and Sam end up deciding to accept the offer of the 'dark money'.

'They don't want this guy to get away with it, but they're left with this dilemma,' says Halfpenny. 'Isaac doesn't want anybody to know. It feels terrible, but they think, "Maybe we could turn our children's lives around with this money. We could give them a great education. Perhaps Isaac will forget about this and live a happy life." And, of course, that doesn't happen.'

The series is created by Levi David Addai, who wrote *Damilola, Our Loved Boy* (which starred Ceesay), and also features Rebecca Front, Ellen Thomas and Gary Beadle. Despite its topical nature, the show was actually in the works before the #MeToo movement happened.

'The work started on it way before any of those allegations had come to light,' explains producer

John Schwab as film producer Jotham Starr

WORDS: OLLY GRANT, REBECCA MAHONEY. PHOTOS: BBC

Manny struggles after Isaac's revelation

Erika Hossington. 'We couldn't have made the piece without referring to it. But it's a very small part of what is, essentially, a story about a family who find themselves in an extraordinary situation, with a child they love at the heart of it.'

SYMPATHETIC

Both Ceesay and Halfpenny say they completely sympathise with their characters' decision to accept the hush money.

'Most people will think, "I'd never settle. I'd go to war." But the research shows that over 90 per cent of people settle,' says Ceesay.

'I think we have to be careful not to judge, because we're not in that position,' adds Halfpenny. 'I don't believe they're motivated by greed. They just think, in the way that people do in life, that they could put this terrible situation in a box, and close it, and pretend it didn't happen.

'When things are reported – especially about famous people – we have a sense of being removed from it. So this drama is very interesting because it happens to ordinary people. It could happen to anyone, basically. That's what the show is saying.'

Sion Daniel Young as Gethin

Extreme HATRED

A struggling fast-food worker is **drawn into far-right violence** in a powerful new drama

NEW DRAMA

The Left Behind

Wednesday, BBC1 HD, 10.35pm (times vary)

The BAFTA-winning team behind *Murdered for Being Different* return with a powerful one-off drama exploring the rise of the far-right in today's 'forgotten Britain.'

Set in a working-class Welsh community, *The Left Behind* (also available on BBC3 Online from 10am on Wed 10 July) follows young chicken-shop worker Gethin (Sion Daniel Young), who's struggling to make ends meet on a zero-hours contract while living with his pregnant sister Annes (Aimee-Ffion Edwards).

With eviction looming and endless trips to the housing office proving fruitless, Gethin wants answers when a Muslim family moves into a neighbouring property that Annes says should have been given to them.

Lacking a secure job, home or hope, Gethin is drawn to the anti-immigrant sentiment that rumbles in the community. But when he finally snaps, he makes a fatal decision that changes his life for ever.

'Gethin has a lot of good things going on in his life and we wanted to show that to start with,' says Young. 'We always knew where he'd end up, but we wanted to map out how he gets there, and he does have a lot of reasons to resist his dark thoughts for as long as he can.'

Gethin's friendship with pretty new neighbour Yasmin (Amy-Leigh Hickman) is one positive in his life, until she gets a job at the chicken shop and work starts to dry up for him. To top it off, an offer from the housing office for Annes means he might be facing life on the streets.

GRIEVANCES

'The film points the finger at a lot of things that go wrong in Gethin's life,' explains executive producer Aysha Rafaele. 'It's not just about a precarious workplace, but also how the housing policy of successive governments have failed places of industrial decline.'

The story is based on extensive research using a number of sources, including a government counter-terrorism initiative as well as books charting the rise of the far right.

'We were aware that some people might think we're giving a voice to things that are better left buried,' says Rafaele. 'But we spoke to people who deal with de-radicalising both young Islamists and people involved with the far right.

'We learnt that policy-makers really need to listen to the grievances within these communities. As film-makers, it's not about shutting these voices down, but exploring points of view that you might not normally hear.'

Amy-Leigh Hickman as Yasmin

Raisin the stakes

Ashley Jensen returns as crime-buster Agatha Raisin for three new Cotswold mysteries

NEW COMEDY DRAMA
Agatha Raisin
Friday, Sky One HD, from 9pm

Following a successful pilot in 2014 and first series in 2016, Ashley Jensen is back as our favourite PR-guru-turned-amateur-sleuth, solving crimes in the Cotswolds, as Sky One's *Agatha Raisin* returns for three new mysteries, each being shown as double bills.

It's a sunny day as *TV&Satellite Week* arrives in the picturesque village of Biddestone, where series two is being filmed. As we survey the green fields, we see Jensen heading towards us, dressed in one of Agatha's trademark outfits and, of course, a pair of killer heels.

Back alongside her for this series are Mathew Horne as Agatha's trusted aide Roy Silver, Jason Merrells as her close friend Charles Fraith, and Jamie Glover as Agatha's former fiancé James Lacey, who jilted her at the altar at the end of series one.

Here, Jensen, 49, tells us about what we can expect from the new series…

First of all, how do you walk in Agatha's shoes – they're very high? I know! I do insist on doing all my stunts as Agatha in 4in stilettos. The crew keep saying to me, 'Why don't you just take your heels off?' And I'm like, 'No, I *will* scale that wall in these heels!' I think I get a slight kick out of doing it.

Ashley Jensen, James Lance and Amy Dolan as Agatha, Jonny and Josie

You have to do a lot of stunts as Agatha. Do you relish those moments? I love them. I grew up watching *Some Mothers Do 'Ave 'Em*'s Frank Spencer [played by Michael Crawford], who was all about physical comedy. He did all his own stunts, so for me to be able to do more of that is a dream come true.

Is that one of the things that viewers love about the show? I think what sets this show apart from other crime dramas is that it goes from really bold physical comedy to drama to heart-wrenching moments where Agatha's talking to someone about a loved one who's been murdered. I think there's a place for everything and there's been a lot of drama recently that's influenced by Scandi noir – I call this show 'Cotswold Technicolor'!

What can you tell us about the first mystery, *The Wizard of Evesham*? It's centred on a hair salon and a hairdresser called Jonny Shawpart, played by James Lance, who comes to the village and woos all the ladies. He's a charming Lothario, who makes a play for Agatha and she's quite flattered. Agatha's smitten with his big, melty eyes and his wonderful, charming personality and, of course, his amazing hair! However, Agatha soon realises Jonny may not be all he seems and her crime-solving cogs are set in motion…

So, will we see Agatha in a new hairstyle? Yes! It's been quite a challenge for our wonderful hair and make-up team because I've had hair with roots showing, wet hair, bad hair, plaited hair and everything in between. In one scene, my hair looks like a mess of frizzy candyfloss.

Jensen in another bold costume

What do you enjoy most about playing Agatha? Agatha is a modern woman. She's not afraid to say what she feels and sometimes can be a little blunt. She's confident, intelligent, articulate, witty… And she's not 25!

Do you think we're now seeing more roles for older women on TV? I do think things are changing a little bit in that there are women in their 40s who are fronting TV dramas. I look around on TV now and you've got Suranne Jones, Sarah Lancashire and Olivia Colman – to name just a few – all women of a certain age, who are standing up and being counted.

There's a lot of doom and gloom in the world at the moment. Do you think a show like *Agatha Raisin* offers the perfect antidote? I do. The world is an unsure place at the minute, both socially and politically, and this show offers pure escapism. When *Ugly Betty* aired in 2006, I really felt it had come along at the right time and I think this is the right time for *Agatha Raisin* to return. I hope people embrace the colour, the joy, the campness and the fun of it. This series feels braver, brighter and bolder in every way.

'Agatha is confident, intelligent, articulate, witty... And she's not 25!'

ASHLEY JENSEN

GETTING ANIMATED

As well as her roles in hit shows *Extras* and *Ugly Betty*, Ashley Jensen's warm Scottish accent has made her one of the most in-demand voice artists for a range of cartoons and animated movies.

She'll soon be heard in the remake of *Lady and the Tramp*, which will debut on Disney's upcoming streaming service later this year.

Jensen's also provided the voices of Phlegma the Fierce in *How to Train Your Dragon*, Nanette the frog in *Gnomeo & Juliet* and *Sherlock Gnomes*, as well as Bryony the elf in *Arthur Christmas*. 'It's almost become a brand, my voice,' she says. 'It's weird, actually, because it hasn't been an entirely intentional thing!'

Ashley voiced frog Nanette in *Gnomeo & Juliet*

WORDS: ALISON SLADE, VICTORIA WILSON. PHOTOS: ALAMY, BBC, ITV, SKY

STORY OF THE WEEK

Soap Diary

This week's soaps at a glance

As Nick and David hear the verdict, will the brothers end up in jail?

CORONATION STREET

Nick and David stand trial for theft

» **D-day arrives** for Nick and David, who are in court over Audrey's stolen cash. Nick has planned to pin the crime on his brother, but a twist of events in the run-up to the trial leads to him doing a U-turn. He tells David he's going to take full responsibility for robbing Audrey's readies, prompting David, in turn, to take back his claim that Nick was responsible for the factory roof collapse.

Happy families at last? Alas not, because Lady Macbeth – AKA Leanne Battersby – then sticks her beak in. She wants Nick back at home, and urges her boyfriend to carry out his original plan.

David and Nick face off in court

Nick follows Leanne's orders and tells the jury that David was the mastermind behind the crime, and his own involvement was due to his brain injury making him behave irrationally.

It looks like David is doomed, but Nick's in for a taste of his own medicine when Sarah tells him Adam is drawing up papers to get him removed as an Underworld director – his brain injury makes him unfit. Have Nick's lies cost him dear?

» **PLUS** Sinead gets good news about her cancer, Ryan and Alya kiss, Jan makes a move on Eileen, Alina ends things with Seb, Robert continues to lie to Michelle, Paul dumps Billy, and Steve gets his cab licence back.

whatsontv.co.uk/soaps

ALSO IN THE SOAPS THIS WEEK...

EMMERDALE

» Robert (right) stalks Victoria's rapist Lee, Moira warns Amy off Nate, Pollard brings David and Jacob closer together, Amy falls out with Kerry, Priya struggles with her eating disorder, and Dawn worries about losing Lucas.

EASTENDERS

» Mo goes to desperate lengths to try to reunite Kat and Stacey (above), Honey gets a huge shock, Rainie returns and is spotted by Jack, Mick arranges a private assessment for Ollie, and Whitney books her and Callum's wedding venue.

To celebrate the 75th anniversary of D-Day, a new world-first gold coin with a sculpted edge honours the heroes of GOLD beach

By DANIEL FINCH HATTON, Earl of Winchilsea and Nottingham, Honorary Chairman of Hattons of London

Seventy-five years ago, Allied forces in World War Two launched the largest attack by land, air and sea in history. The mission was to capture the beaches of Normandy, in France, to create a pathway into mainland Europe to allow it to be liberated from the grip of German occupation.

This was Operation Overlord and in the words of Sir Winston Churchill it was "undoubtedly the most complicated and difficult" operation that had ever taken place.

The first day of this assault on the Normandy beaches has become known to history as 'D-Day'.

Now, in 2019, we mark the 75th Anniversary of D-Day with an innovative new gold quarter sovereign coin, the first ever to be produced with a contoured edge, matching the shape of 'Gold' beach where British troops led the attack on D-Day. It's the first of its kind, ever.

A GROUND-BREAKING GOLD COIN FOR AN EVENT THAT CHANGED HISTORY

On 6th June 1944, while naval vessels bombarded the heavily fortified German defences along the Normandy coast and Allied aircraft mounted a relentless airborne assault, British, Canadian and American troops stormed a number of targeted beaches as part of the D-Day Landings.

Gold beach was assigned to British troops and was the central beach of the five designated landing areas on the Normandy coast. High winds made conditions difficult for the landing craft but after determined flighting, the beach was reclaimed from the German troops. By the end of the day, almost 25,000 British soldiers had landed at Gold beach.

With so few veterans of this conflict still with us today, it is all the more important to remember their service to our country. A unique and lasting commemoration ensures that future generations understand what was achieved on D-Day 1944, and at what cost.

The new sovereign coins that have been minted to mark this important anniversary are technically demanding to strike - a significant gold coin for an event of national importance.

ONE OF THE WORLD'S MOST IMPORTANT COINS: AND IT'S STILL MINTED TODAY

The gold sovereign was the greatest gold coin of its era. First minted in Britain in 1817, it was at one time or another legal tender in more than 30 nations and territories around the world, and accepted in even more.

That global acceptance was a result of its unparalleled reliability of purity and weight. Even today, just the mention of the word 'sovereign' evokes feelings of pride and security in the minds of most of us.

Although now long gone from circulation, sovereign coins are still struck for those interested in owning gold. And they even have special tax status within Britain: they can be bought without paying any VAT. These are coins that sit beyond the reach of the Chancellor of the Exchequer!

This world-first four sided gold quarter sovereign coin has been struck to celebrate the four countries that comprise this great nation of ours. Only 4,999 have been minted. It is available now for the introductory price of just £99.99, P&P is included, but only until 30th September 2019 after which the price will be £199.99, subject to availability. There is a limit of one coin per household at the introductory price. Diameter: 14.0mm

QUARTER SOVEREIGN A WORLD'S FIRST - BUT FEWER THAN 1 IN 5,000 UK HOUSEHOLDS CAN OWN ONE

Never before has a quarter sovereign coin with a contoured edge been struck. Authorised by The East Caribbean States and minted in Britain it is a superb tribute to the heroes of D-Day.

To reflect the cooperation of British, US and Canadian troops on D-Day these coins - remarkably - feature their face value in both 'sovereigns' and 'dollars'!

Minted from solid 22 carat gold, the mintage is restricted to just 4,999 coins. This means that fewer than 1 in every 5,000 UK households can own one.

The coin may be returned within 60 days for a full refund. There is a strict limit of one coin per household, and this offer is limited to UK mainland households only. All applicants must be aged 18 or over.

Those interested in owning one of these world-first gold coins for under £100 may do so now by taking advantage of the introductory price being offered by Hattons of London. The coin is available for just £99.99 (P&P is included) but only until 30th September 2019 after which the price will be £199.99 . This is subject to the coin selling out prior to this date, and there is a limit of one coin per household at this introductory price. The contact details for Hattons of London appear below.

Order now at the introductory price of just £99.99 P&P is included by calling:

Hattons of LONDON

0800 655 6212

Telephone lines open Mon-Fri 9.00am-5.00pm

Online at www.hattonsoflondon.co.uk

Order with confidence: Your order is covered by a full 60 days right of return. Hattons of London have a five star Trustpilot rating.

Offer Reference: 1600

Trustpilot

ssafa the Armed Forces charity

Proudly associated with SSAFA, the Armed Forces charity. 10% of all net profits on sales of this coin, and other coins in this series, will be paid in support of SSAFA. Registered as a charity in England and Wales (Number 210760) in Scotland (Number SCO38056)

Major credit cards accepted. * Introductory price is £99.99 (P&P is included) until 30th September 2019 after which the price will be £199.99. Offer subject to availability. Limit of one coin per household. | Your order is covered by our no-questions-asked 60 day complete satisfaction guarantee | Hattons of London have a five star Trustpilot rating | Technical specifications: Coin; quarter sovereign / $2.50 | Issuing authority: East Caribbean States | Diameter: 14mm | Date of coin: 2019 | Weight: 2g | Purity: Solid 22 carat gold | Minting quality: Brilliant Uncirculated | Hattons of London reserves the right to alter or withdraw this offer before the end date | Orders by post: send name, address, cheque, P.O. or credit card details to "FREEPOST Hattons of London" | Hattons of London Ltd, Company 10718280

Jessica Alba and Gabrielle Union star in a high-octane *Bad Boys* spin-off

Bad girls!

NEW DRAMA

L.A.'s Finest

Wednesday, FOX HD, 9pm

A kick-ass new crime-fighting duo make their debut this week as Jessica Alba and Gabrielle Union team up for glossy cop show *L.A.'s Finest*.

The series, which has already been renewed for a second season, is a spin-off from the *Bad Boys* movie franchise in which Union starred as undercover agent Syd Burnett opposite Will Smith, who played detective Mike Lowrey.

'We last saw her kissing Mike on the beach at the end of *Bad Boys II*,' says Union. 'Now she's a detective with the LAPD, and she's recently been paired with Nancy McKenna [played by Alba]. We have no idea how Syd got there – it's a mystery we will slowly unravel throughout the season.'

Gabrielle Union in *Bad Boys II* with Martin Lawrence and Will Smith

The 46-year-old says she loved fleshing out her character. 'In the movies, we only saw Syd as one man's sister and another man's lover – she had a job, but she needed the men to save her,' she says.

'This time, it's the women doing the saving. You get to see Syd using her brain and her brawn like the guys.'

In this week's opener, the duo investigate a shooting that's linked to a major cartel. Meanwhile, Syd is trying to find the man who tortured her and left her for dead when she was a DEA agent in Miami.

While Syd is single and enjoys a no-strings-attached lifestyle, Nancy is married to assistant DA Patrick (Ryan McPartlin) and has a stepdaughter, Isabel (Sophie Reynolds).

But although Nancy seems to be the more sensible and family-orientated of the two crime fighters, Alba, 38, reveals her character isn't as squeaky clean as it first appears.

'Don't judge a book by its cover,' she smiles. 'Nancy can be more uptight than Syd, but we go on to reveal she has a sordid past.'

Nancy (Jessica Alba) and Syd (Gabrielle Union)

HIGH SPEED

L.A.'s Finest has plenty of action, and Alba jumped at the opportunity to get behind the wheel for some adrenaline-pumping car chases on the city streets – even though her co-star wasn't quite so keen.

'Gabrielle was so scared when I was driving!' she laughs. 'But I just loved the sensation of doing an emergency stop or peeling off when the tyres are going really quickly and there's road burn.'

Union is also executive producer on the show and she and the writers set their hearts on casting Alba.

'It was a non-starter to have a male partner for Syd,' she says. 'For me, as a woman, there's no point getting a seat at the table and then slamming the door shut and locking it behind me. I want to hold it open for other women. I wanted another equally badass chick in the series.'

You liked...

Mum on BBC2

The heartwarming family sitcom, which ended last month, featured recently widowed suburban mum Cathy (Lesley Manville) and her family, including her son, his girlfriend, and Cathy's in-laws. It followed the slow-burn love story between Cathy and friend Michael (Peter Mullan).

Now try this...

The Cockfields on Gold

This upcoming family comedy features an all-star cast, including Nigel Havers, Sue Johnston and Sarah Parish. When Simon (Joe Wilkinson) takes his girlfriend Donna home to the Isle of Wight to celebrate his 40th birthday, can he manage to survive his oddball family for the entire weekend without losing his cool?

WORDS: EMMA BULLIMORE, HANNAH DAVIES.
PHOTOS: ALAMY, BBC, COLUMBIA TRI-STAR, FOX, REX

Look Who's Back...

A familiar face appearing in a new role this week

Sofie Gråbøl

Gentleman Jack

Sunday, BBC1 HD, 9pm

The actress was already famous in her native Denmark when she shot to global stardom in 2011 as Inspector Sarah Lund in BBC4's Scandi noir thriller *The Killing*. In 2015, she joined the cast of Sky Atlantic series *Fortitude* as Norwegian governor Hildur Odegard. She's also been seen in films including *The Day Will Come* with Lars Mikkelsen and *The House That Jack Built* with Uma Thurman, as well as a cameo appearance in *Absolutely Fabulous* as Sarah Lund.

HER NEW ROLE

The 50-year-old actress can be seen in the final episode of period drama *Gentleman Jack* this week, as Queen Marie of Denmark. When Anne Lister (Suranne Jones) travels to Copenhagen, she's presented at court and returns to the palace to attend the monarch's birthday ball. When the Queen is fascinated by her unconventional style and behaviour, Anne confides in her about her troubles. 'I couldn't have said yes fast enough to this role,' says Gråbøl. 'I was very excited to welcome the team to Copenhagen.'

As Queen Marie of Denmark

WORDS: HANNAH DAVIES, JUDY EWENS, SEAN MARLAND. PHOTOS: ABC, BBC, GETTY, SKY

An artist's impression of Apollo 11 nearing its destination

A new docudrama tells the amazing story of **Apollo 11**'s moon landing like never before

Race to the moon

NEW DOCUDRAMA

8 Days: To The Moon & Back

Wednesday, BBC2 HD, 9pm

In July 1969, three US astronauts set off on a history-making mission that would be watched by millions all over the globe and change the way we view our universe.

We've all seen footage of the first moonwalk and heard Neil Armstrong's iconic words as he set foot on the lunar surface, but we know relatively little about the rest of Apollo 11's eight-day voyage to the moon and back – until now.

This feature-length drama-documentary marks the mission's 50th anniversary by using hours of recently declassified cockpit audio to tell the real story, from the launch to the craft's nail-biting re-entry into Earth's atmosphere.

'Listening to the real audio from the mission is spine-tingling,' says Rufus Wright, who plays Neil Armstrong. 'You really feel you're witnessing history. But we also get to know the men behind the astronauts, because they spent a lot of time chatting. When they were on the far side of the moon, they weren't in contact with Houston and they were quite cheeky.'

FIRST IMPRESSIONS

It was a difficult task bringing the men's words to life, yet Wright and fellow British actors Jack Tarlton and Patrick Kennedy (playing Buzz Aldrin and Michael Collins) relished the challenge. With the cameras rolling, they listened to the audio on hidden headphones and lip-synced the words of the astronauts they were hearing.

'Lip-syncing is an interesting form of acting, because you're not really creating a character from scratch – you're thinking what's the closest I can get to how this real person sounded, and if you don't get the accent right, your lips won't look right,' explains Wright. 'I started doing impressions of Neil Armstrong all the time. It drove my family crazy!'

With cutting-edge visual effects and archive footage from mission control, *8 Days* is designed to make viewers feel like they've been transported back through history. There are even clips of awestruck broadcaster Walter

The real Neil Armstrong, Michael Collins and Buzz Aldrin in 1969

'Those final moments before the module landed are absolutely nerve-racking'

RUFUS WRIGHT

Patrick Kennedy, Jack Tarlton and Rufus Wright as the Apollo 11 crew in space

Cronkite presenting the original coverage part-sponsored by Kellogg's breakfast cereal.

'There are some nail-biting moments that really bring the tension of the mission home,' says Wright, who originally auditioned for the role of Buzz Aldrin, but was cast as Neil Armstrong due to a striking resemblance.

COOL UNDER PRESSURE

'Armstrong was responsible for landing the module on the moon and those final moments are absolutely nerve-racking. An alarm went off in the cockpit during the final approach and at one stage it looked like they might have to abort, but he kept his cool under tremendous pressure and pulled it off.

'I think landing the module is the thing Armstrong is most proud of – not being the first man on the moon! But that was the moment when the world held its breath and it still gives you goose bumps to listen to it 50 years later.'

The famous moment when Armstrong stepped out on to the moon was done using a body double and special-effects trickery, yet Wright still got a taste of what the astronauts went through.

'There were moments of real discomfort while filming,' he says. 'It was certainly very cramped when we filmed the scenes with the lunar module, but the pressure suits were the worst. They weighed about 7st so they were extremely claustrophobic.

'A lot of the spacesuits and props are really expensive to make, so we had to hire and borrow stuff from other people. I was actually wearing Ryan Gosling's space helmet from the movie *First Man*!'

What else can I watch?

We search the TV schedules to uncover the shows you might have missed...

Sarah Jessica Parker and Thomas Haden Church as one-time couple Frances and Robert

NEW Divorce

Monday, Sky Atlantic HD, 10pm

Sex and the City star Sarah Jessica Parker returns in the third season of the biting comedy drama, created by *Catastrophe*'s Sharon Horgan, about a longtime married couple splitting up and trying to move on with their separate lives. Frances (Parker) and Robert (Thomas Haden Church) have left the bitterness of their break-up behind, but the awkwardness between the pair remains while they try to find a way to co-parent their two teenage children, Lila and Tom, successfully. As Robert settles into life with his new partner Jackie (Becki Newton), Frances embarks on a new romance of her own.

NEW Tipping Point: Lucky Stars

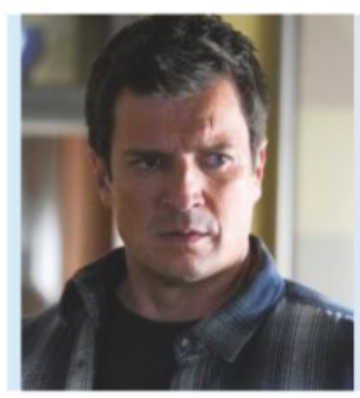
Sunday, ITV HD, 8pm

Ben Shephard hosts a celebrity version of his game show, with *This Morning*'s Dr Ranj Singh, comedian Sally Phillips and *QI*'s Alan Davies trying to win money for their chosen charities by answering questions correctly and successfully negotiating the drop zones. Who will make it through to play for the £20,000 prize?

NEW The South Bank Sky Arts Awards

Wednesday, Sky Arts HD, 8pm

Hosted by Melvyn Bragg, the annual awards ceremony, at London's Savoy hotel, celebrates all the arts, including film, TV, theatre, music and dance. Among the nominations this year are *Killing Eve*, *Inside No. 9* and *Derry Girls*.



The Rookie

Thursday, Sky Witness HD, 9pm

Rookie officer Nolan (Nathan Fillion) is on protective detail in this week's dramatic episode of the cop drama, keeping the key witness in a drug-smuggling case from being killed. But then Los Angeles is rocked by a massive earthquake that throws everything and everyone into chaos.

Your Watchlist

Emma Greenwell as Myfanwy Thomas

A group of special agents take on a deadly crime syndicate in *The Rook*

Power games

Adrian Lester as Conrad

The Rook

NEW *Genre:* ***Fantasy thriller*** *Available:* ***Episode 1 available now, with a new episode released weekly*** *Season:* ***1*** *Episodes:* ***8*** *Runs:* ***56-60min*** *TVSW says:* ***Gripping***

A woman wakes up on London's Millennium Bridge – surrounded by dead bodies all wearing latex gloves. She has no memory of who she is or how she got there…

That's the intriguing start to Virgin TV's futuristic new drama *The Rook*, which has been described as a cross between John le Carré and *X-Men*.

Adapted from the 2012 novel by Daniel O'Malley, the eight-part thriller follows Myfanwy Thomas (*Shameless*' Emma Greenwell), who, after waking on the bridge, discovers that she's a high-ranking official in the Checquy – Britain's secret service for people with paranormal abilities.

'The Checquy is a really intriguing, bizarre agency,' explains executive producer Karyn Usher. 'Myfanwy's primary concern is her own identity, trying to figure out who she is. Everything she touches is a clue, as she tries to figure out her past and why her memory was erased.'

As she learns more about her energy-based abilities, Myfanwy discovers that the deadly incident on the bridge is linked to Peter van Syoc (Barry Atsma), a psychotic member of sophisticated crime syndicate The Lugat.

LONDON CALLING

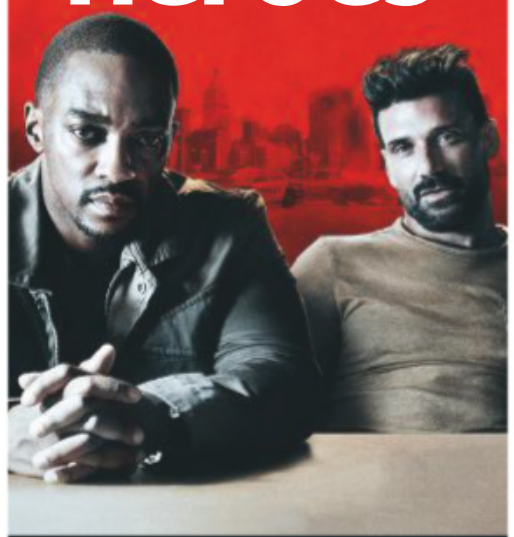
Among the stars of the show is Joely Richardson, who plays Linda Farrier, the head of the Checquy, while Adrian Lester is Conrad Grantchester, Farrier's suave and charismatic deputy who is having an illicit affair with formidable Home Secretary Jennifer Birch (Gina McKee), who's assigned to oversee the Checquy.

The series also stars Ronan Raftery, Catherine Steadman, and Jon Fletcher as other members of the agency – playing four 'siblings' named Gestalt (Fletcher plays two of them) who are actually one person spread across four bodies and sharing every thought.

Meanwhile, Olivia Munn plays Monica Reed, an agent with the US Bureau of Variant Affairs (the American version of the Checquy), who arrives in London to investigate the death of one of the Millennium Bridge victims, who was her former lover.

WORDS: RICHARD MCCLURE. PHOTOS: NETFLIX, STARZ ENTERTAINMENT

Hostage heroes



NETFLIX

Point Blank

NEW *Genre:* ***Action*** *Available:* ***Fri 12 July*** *Runs:* ***86min*** *TVSW says:* ***Non-stop thrills***

After appearing together in the Captain America film series, actors Anthony Mackie and Frank Grillo team up this week as a mismatched duo in Netflix film *Point Blank*.

The movie is a remake of the 2010 French thriller, and stars Mackie as emergency-room nurse Paul, whose pregnant wife (Teyonah Parris) is kidnapped by corrupt cops and held hostage in exchange for one of his patients, Abe (Grillo), who's a wounded murder suspect.

As the unlikely pair join forces, can they take on the bad guys and save the lives of Paul's wife and unborn child?

The role is the latest high-profile part for 40-year-old Mackie, who got his breakthrough as a bomb-disposal sergeant in *The Hurt Locker*, and is now best-known as Sam Wilson, AKA Falcon, in the Marvel Universe movies such as *Ant-Man* and *Avengers: Endgame*.

Meanwhile, it's another all-action role for *The Purge*'s Grillo, and comes on the back of his Netflix heist drama *Wheelman*.

'I'm 54 now, so I think this is my trajectory, these action movies,' smiles Grillo. 'I don't think I'm going to be offered the "maths teacher who wants to become a woman in Idaho" stories.'

The best of **Netflix, Amazon Prime Video, BBC iPlayer** and more...

STARZPLAY Harlots

NEW *Genre: Period drama Available: Thursday 11 July Season: 3 Episodes: 8 (released weekly) Runs: 45min*
TVSW says: A quality cast gets even better

Alfie Allen joins the cast for the third season of the 18th-century drama. He plays Isaac Pincher, an ambitious London pimp who competes with Charlotte Wells (Jessica Brown Findlay), who's now in charge of her mother Margaret's brothel. Meanwhile, rival madam Lydia Quigley (Lesley Manville) continues to attempt to exert her influence despite being committed to a mental institution.

● *STARZPLAY is available on Amazon Prime Video and Virgin TV at an added cost*

NETFLIX Family Reunion

NEW *Genre: Sitcom Available: Wednesday 10 July Season: 1 Episodes: 10*
TVSW says: For fans of Modern Family

In this feelgood comedy, Tia Mowry-Hardrict stars as Cocoa McKellan, a free-spirited mother-of-four who travels with her former football-playing husband Moz (Anthony Alabi) and their children to a small town in Georgia for a reunion, where they encounter a warm and funny extended family. Loretta Devine, who won an Emmy for her guest turn on *Grey's Anatomy*, plays family matriarch M'Dear.

Watch it or dodge it...

What the critics are saying about the latest shows...

prime Too Old to Die Young

Genre: Thriller Season: 1 Episodes: 10 Runs: 31-97min

The dark thriller about a troubled LA cop (Miles Teller) leading a double life as a contract killer has been praised for being stylish and striking, but also criticised for being unintelligible.

NETFLIX Jessica Jones

Genre: Drama Season: 3 Episodes: 13 Runs: 44-56min

Krysten Ritter is fun to watch in her final outing as the private eye in a 'flawed but enjoyable' series, which offers a nuanced exploration of right and wrong.

What we're watching...

A sneak peek at what's being watched in the *TV&Satellite Week* office

THIS WEEK: ANIMATION

NETFLIX Tuca & Bertie

Season: 1 Episodes: 10 Runs: 25-26min

The jokes and sight gags come at a furious rate in this wacky comedy as Tuca (Tiffany Haddish), a carefree toucan, and her best friend, neurotic songbird Bertie (Ali Wong), live their contrasting lives in the city.

NETFLIX Disenchantment

Season: 1 Episodes: 10 Runs: 27-36min

Matt Groening, creator of *The Simpsons* and *Futurama*, turns his attention to the past in a medieval fantasy set in the crumbling kingdom of Dreamland. After a patchy start, the show finds its feet.

prime Dilbert

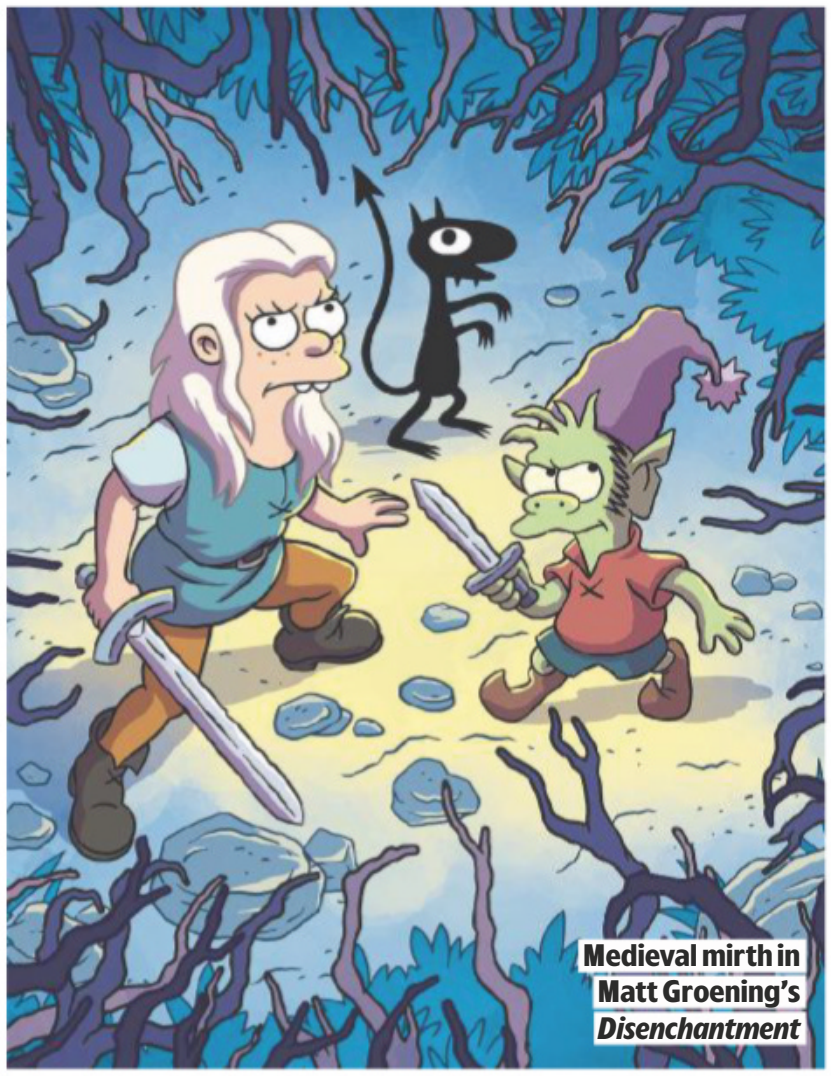
Seasons: 1-2 Episodes: 30 Runs: 21-23min

Based on a comic strip, this underrated series follows the misadventures of an electrical engineer (Daniel Stern), and his daily dealings with his incompetent boss, hostile colleagues and malevolent pet Dogber.

NETFLIX Archer

Seasons: 1-9 Episodes: 101 Runs: 19-24min

Sterling Archer (H Jon Benjamin) is a narcissistic, womanising secret agent in this edgy spy spoof that features a host of special guest stars, including Burt Reynolds, Christian Slater and *Star Trek*'s George Takei.



Medieval mirth in Matt Groening's *Disenchantment*

For fans of game shows...

NETFLIX Awake: The Million Dollar Game

Genre: Game show Available: Now Season: 1 Episodes: 8 Runs: 35-40min

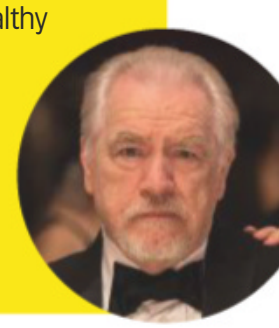
Competing in a series of physical and mental challenges is one thing, but what about when the contestants haven't slept for 24 hours? That's the premise of this new American game show, hosted by comedian James Davis, with a $1million prize up for grabs.

Catch up before the new series...

sky box sets Succession

Genre: Drama Available: Now Season: 1 Episodes: 10 Runs: 61-71min

With the acclaimed Sky Atlantic drama returning next month for a second season, now is the ideal time to revisit Jesse Armstrong's brilliant depiction of the mega-wealthy and ruthless Roy family – headed by Brian Cox – as they seek to expand their media empire whatever the cost. Hiam Abbass, Matthew Macfadyen, Kieran Culkin and Alan Ruck also star.



WORDS: JUDY EWENS, RICHARD MCCLURE. PHOTOS: AMAZON PRIME VIDEO, HULU, NETFLIX, SKY

Documentaries

Scientists found a fatal link

Cattle were being fed infected bonemeal

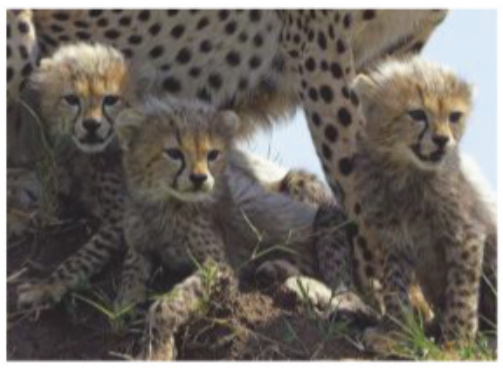
Killed by eating beef

The **tragic human cost** of mad cow disease...

Extreme Tribe: The Last Pygmies

Monday, C4 HD, 9pm

Livia Simoka travels to the remote Congo Basin to live for five months with a pygmy tribe, the Mbendjele, who are almost entirely cut off from the outside world. She discovers their traditions, like female tooth sharpening, and the danger posed by their hostile neighbours.



Serengeti

Thursday, BBC1 HD, 8pm

The visually stunning series continues to explore the wildlife of the spectacular Tanzanian landscape as a new family moves in – first-time cheetah mother Kike and her three tiny cubs. Meanwhile, lioness Kali, her sister and their cubs are being stalked by a male lion from the pride. But what does he want?

Why Can't We Sleep?

Thursday, ITV HD, 9pm

With a third of adults in the UK not getting enough sleep, this programme looks at the devastating impact this trend can have on our bodies. Problem sleepers also visit one of the world's leading sleep research centres to find out if they can be cured.

NEW HEALTH

Mad Cow Disease: The Great British Beef Scandal

Thursday, BBC2 HD, 9pm

When bovine spongiform encephalopathy (BSE) was first discovered in 1987 on a farm in Wiltshire, it sent shock waves across the UK's rural community. Dubbed mad cow disease, it caused cattle to become erratic, tremble, lose balance and eventually die.

By 1993, 1,000 new cases were being reported every week, with the disease spreading due to carcasses from infected cows being turned into meat and bonemeal and fed to other cows.

Claire McVey

DENIAL

The Government insisted beef was safe to eat. But by the mid-1990s the first deaths from new variant Creutzfeldt-Jakob disease (nvCJD) – the human form of mad cow disease – proved there was a link with BSE.

Claire McVey was just 15 years old in 1999 when she was diagnosed with nvCJD, after eating infected meat as a child. Within six months, the Devon schoolgirl was dead.

'I didn't think that she would die. I couldn't think of a time when she wouldn't be there,' says Claire's mum, Annie, in this hard-hitting documentary about the mad cow disease scandal. 'You're supposed to keep your child safe and yet I allowed her to eat something which killed her. I think about it all the time.

'She just said one day, "I don't want to wear my shoes to school because I don't feel steady on them coming down the stairs,"' says Annie. 'I immediately thought there was something wrong.'

Claire underwent numerous neurological tests before she was diagnosed with nvCJD.

'Eventually they told me the news I'd dreaded the most,' recalls Annie. 'It was like being punched in the stomach. I knew what it meant – Claire was being handed a death sentence.'

BLAME

The condition was incurable and led to Claire losing her ability to walk and speak. She died in a hospice surrounded by her family in January 2000.

Since 1996, almost 200 people have died from nvCJD and Annie believes that their deaths could have been prevented.

She even completed a law degree in order to fight for the rights of other affected families, and has identified the officials she holds responsible.

'I wanted to know who was to blame because I wanted to go round and say, "You have to come and look at what you've done,"' says Annie. 'Every Christmas I remind them all by email that their actions did this.'

London's Great Bridges: Lighting the Thames

Saturday, C4 HD, 7pm

One of the UK's biggest-ever public art commissions is a £45million project which is designed to light up 15 bridges along the River Thames. Presented by Charlie Luxton, this three-parter follows the journey to the big moment when four of them are illuminated.

DID YOU KNOW?

Charles I is the only English king to have been tried and executed for treason. Discover why he went to the scaffold in 1649 in the three-parter **Charles I: Downfall of a King, Tue-Thu, BBC4 HD, 9pm.**

Graham during his pioneering cell therapy

Fighting for life

Can a **radical new treatment** help people with terminal cancer?

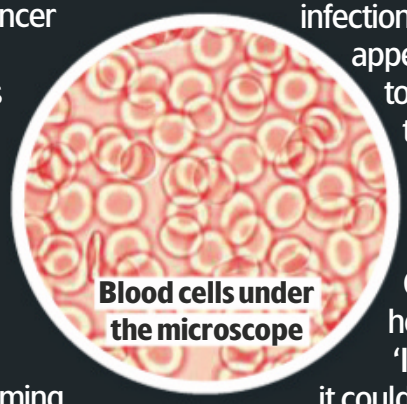
NEW HEALTH

War in the Blood

Sunday, BBC2 HD,9pm

Graham is 53 and dying from aggressive leukaemia. He was diagnosed after collapsing at home in August 2015, but despite multiple rounds of intense chemotherapy, he was told that his cancer was terminal.

Now he's putting his faith in a brand-new clinical trial of CAR-T cell therapy at University College London Hospital. It involves taking donor white blood cells and genetically reprogramming them in a lab so that they target and kill the cancer cells.


Blood cells under the microscope

'I'm quite clear that this is the only route open to me to survive my leukaemia,' says Graham, who's married with two teenage children. 'The risk of doing nothing is that I die. Do the trial and it could be brilliant, or it could kill me. But someone's got to do the trial first otherwise nothing gets done.'

This documentary follows Graham through his agonising treatment, but it's a tough watch. It has never been done before in this country on patients of Graham's age and with his type of cancer, and the side-effects are intense.

By day three of treatment, he's in acute pain, has a raging fever, his brain function begins to deteriorate and he develops respiratory problems.

Also filmed is 18-year-old Mahmoud, who experiences a similar level of pain, sickness and infection. But while Mahmoud appears to respond well to the pioneering treatment, Graham's leukaemia is simply too aggressive and after two rounds of CAR-T cell therapy, he decides to stop.

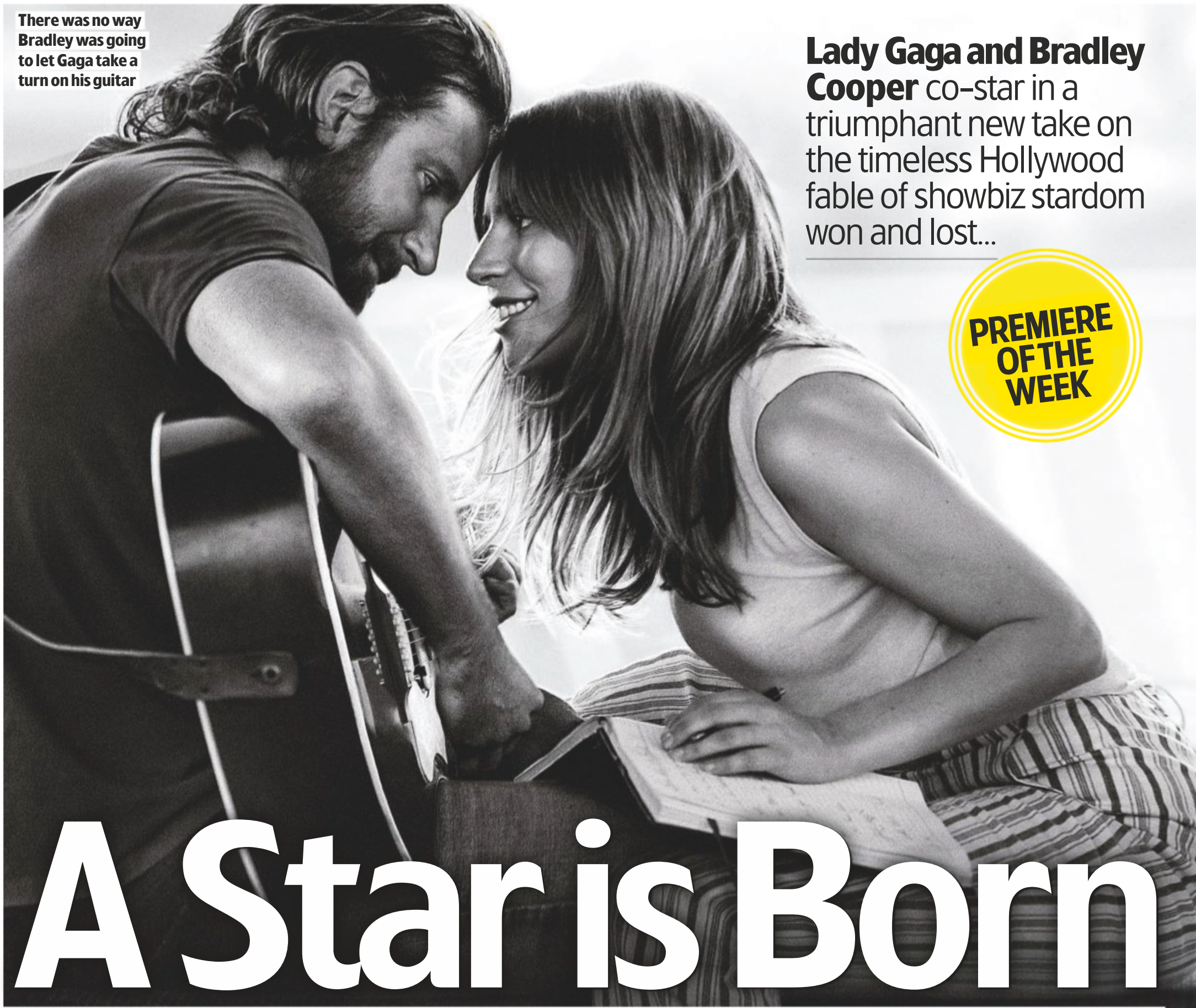
'If I go with a third trial it could kill me or make me seriously ill again, and no matter how long I've got left I just don't want to waste it by being in hospital,' says Graham. 'I'm not giving up, I'm just being realistic. So that's it, it's done.'

Teenage patient Mahmoud

WORDS: EMMA BULLIMORE, HANNAH DAVIES. PHOTOS: ALAMY, BBC, C4, GETTY, SWNS

Films *This week's*

reviewed by **Jason Best**



There was no way Bradley was going to let Gaga take a turn on his guitar

Lady Gaga and Bradley Cooper co-star in a triumphant new take on the timeless Hollywood fable of showbiz stardom won and lost...

PREMIERE OF THE WEEK

A Star is Born

MUSICAL ROMANCE

Friday, Sky Premiere HD, 12noon & 8pm ★★★★★

'Hey!' 'What?' 'I just wanted to take another look at you.'

Bradley Cooper's hard-drinking country-rock star Jackson Maine isn't the only one who just can't tear his eyes from Lady Gaga's aspiring singer-songwriter Ally Campano in this rousing rock 'n' roll version of the oft-told Hollywood tale.

The camera loves her, too. She has stripped off the makeup to take on the part previously played by Janet Gaynor opposite Fredric March in 1937, Judy Garland opposite James Mason in 1954 and Barbra Streisand opposite Kris Kristofferson in 1976. And the nakedly real performance she delivers couldn't be more riveting.

Jack and Ally's flirtatious exchange was also used in each of those earlier film versions, and although the new movie brings this bittersweet showbiz saga up to date, there's something reassuringly old-fashioned about it as well.

The pair's tragic romance follows the same course as that of their predecessors – an established star becomes the mentor, lover and stage partner of a struggling young ingénue, but just as her career takes off his begins to slide...

The tale possesses an almost mythic quality, and Cooper and Gaga tap into its archetypal power. But, just as importantly, they also make this new telling fresh, cannily borrowing details from Gaga's own career and persona and using them to flesh out her character.

The film's music has similar conviction. When Gaga's Ally performs Edith Piaf's *La Vie en Rose* at the club where she encounters Jack, her singing gives us goose bumps. It's even more electrifying when she joins him on stage at one of his concerts. Later moments will give you a lump in the throat, too.

The film is a undoubtedly a triumph for Gaga, and equally so for the similarly wonderful Cooper, who not only stars but also directs, co-writes and had a hand in many of the songs. 2018, 15, 136MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

NEW RELEASE EVERY DAY premieres

Plus *turn over for...*
This week's films at a glance p20
Day-by-day guide p21
Pay-per-view highlights p25

Chris suspected Rose and Ethan weren't keeping him in the frame

COMEDY-DRAMA

Juliet, Naked

Sunday, Sky Premiere HD, 9.45am & 6.15pm ★★★

Romantic triangles don't come much odder than the one found in this romcom based on the novel by Nick Hornby. Rose Byrne's Annie is fed up with her partner, film & TV lecturer Duncan (Chris O'Dowd), because his greatest passion in life is reclusive American musician Tucker Crowe (Ethan Hawke)who hasn't been heard from for two decades

When the acoustic demo of Tucker's 25 year-old album *Juliet* surfaces unexpectedly, Annie pens a stinging take-down of the record in response to Duncan's gushing online review – and receives an approving reply from Tucker himself...

Juliet, Naked sees Hornby again turning his gaze on obsessive male geekiness. Byrne nails Annie's exasperation, and conveys her warmth and intelligence, too, but with Hawke imbuing the story's feckless rocker with a frazzled charm, Hornby and director Jesse Peretz (former bass player for indie band The Lemonheads) at least give one useless male a pass. 2018, 15, 98MIN

DRAMA

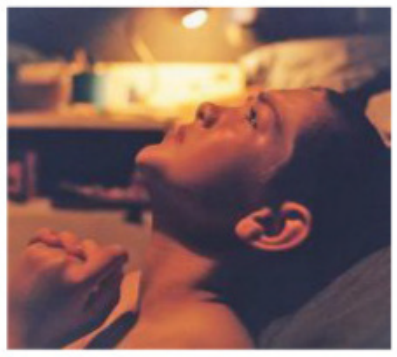
Two For Joy

Tuesday, Sky Premiere HD, 10.10am & 10pm ★★★

Writer-director Tom Beard's debut film is another grim portrait of depression, grief and family dysfunction.

The performances are excellent: Samantha Morton fully inhabits the sluggish despair of widowed mother Aisha, and Emilia Jones and Badger Skelton are totally convincing as her protective teenage daughter Vi and delinquent son Troy.

Billie Piper and Daniel Mays provide fine support as the fractious siblings the trio befriend on a seaside holiday. 2018, 15, 90MIN



CHILDREN'S CARTOON

Cats

Saturday, Sky Premiere HD, 9.40am & 5.50pm ★★★

There's much to enjoy in this Chinese animated movie, which sees lazy house cat Blanket set forth with avian companion Mack (a raucous Macaw) from their high-rise home in search of his headstrong son Cape, who has taken off on a quest to find the fabled Peachtopia.

The film lacks Pixar's storytelling finesse, sparkling dialogue and brilliant vocal performances, but makes up for it with dashing adventure, escalating peril and nick-in-time heroics. 2018, PG, 104MIN

WAR DRAMA

The Captain

Wednesday, Sky Premiere HD, 9.50am & 10pm ★★★★

Towards the end of World War II a young German soldier (Max Hubacher) adopts the role of a Luftwaffe captain and turns from deserter to callous dispenser of justice in the chaos of a disintegrating Reich. Shot through with dark absurdism, this film by writer-director Robert Schwentke is a chilling exploration of the psychology of fascism and the lure of evil. 2017, 15, 119MIN

WORLD CINEMA

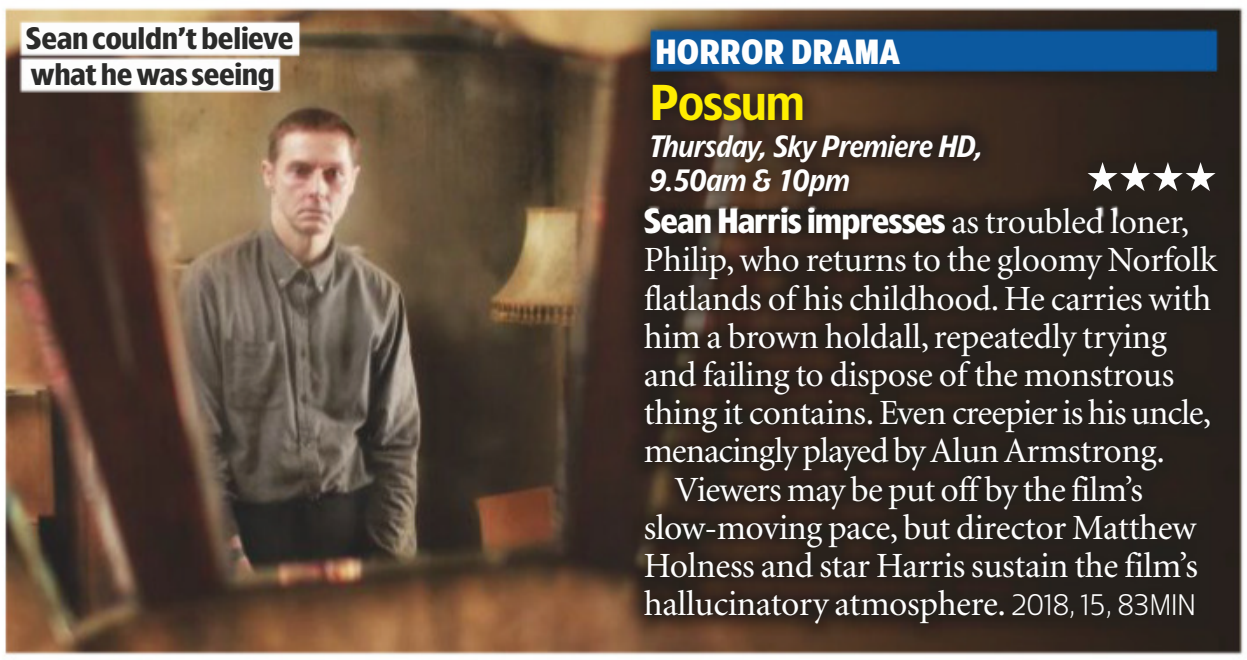
Max was the image of evil

HORROR DRAMA

The Keeping Hours

Monday, Sky Premiere HD, 10.20am & 10pm ★★★

This ghost story about grieving parents dealing with the loss of their child is more a weepie than a horror movie. The supernatural part is only mildly spooky, and the drama is a little on the bland side, but viewers may be moved by Lee Pace and Carrie Coon's estranged couple, as an eerie course of events helps them emerge from a bitter stew of grief and guilt seven years after the death of their young son. 2016, 12, 95MIN



Sean couldn't believe what he was seeing

HORROR DRAMA

Possum

Thursday, Sky Premiere HD, 9.50am & 10pm ★★★★

Sean Harris impresses as troubled loner, Philip, who returns to the gloomy Norfolk flatlands of his childhood. He carries with him a brown holdall, repeatedly trying and failing to dispose of the monstrous thing it contains. Even creepier is his uncle, menacingly played by Alun Armstrong.

Viewers may be put off by the film's slow-moving pace, but director Matthew Holness and star Harris sustain the film's hallucinatory atmosphere. 2018, 15, 83MIN

FilmFinder The best of the week at a glance

Comedy

America's Sweethearts ★★★★

Sunday, AMC HD, 7pm

Julia Roberts, Catherine Zeta-Jones, Billy Crystal and John Cusack take a sly dig at Hollywood conventions in a solidly entertaining romcom. 2001, 12, 102MIN

Labyrinth ★★★★

Wednesday, Sky Sci-Fi & Horror HD, 7.15pm

Muppet man Jim Henson directs this splendid fantasy, which pits Jennifer Connelly's teenage heroine against David Bowie's goblin king. 1986, U, 97MIN

The Best Exotic Marigold Hotel ★★★

Thursday, Film4 HD, 6.35pm/ Film4+1, 7.35pm

Judi Dench heads the cast of a tale about a group of pensioners who retire to a rundown hotel in India. 2011, 12, 124MIN

Genevieve ★★★★★

Friday, Talking Pictures, 6.30pm

A priceless, quintessentially British comedy set against the backdrop of the London to Brighton car rally starring John Gregson, Dinah Sheridan, Kenneth More and Kay Kendall. 1953, U, 83MIN

Dramas

Genius ★★★

Saturday, Sky Drama HD, 4.05pm

American novelist Thomas Wolfe and literary editor Maxwell Perkins are the subjects of this intriguing 1920s and 1930s-set biopic starring Jude Law and Colin Firth. 2016, 12, 104MIN

Mario ★★★

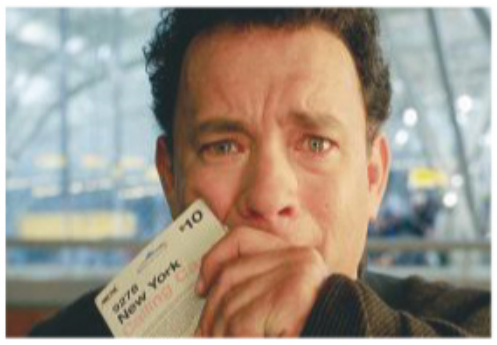
Saturday, Sky Select HD, 11.55pm

Max Hubacher's gay youngster risks a promising footballing career when he falls for his team's new player in a well-acted Swiss-German co-production. Subtitled. 2018, 18, 124MIN

The Heiresses ★★★★

Sunday, Sky Select HD, 12.20pm

After 30 years together, the lives of two middle-aged women in Paraguay are shattered when one of them is sent to prison in a compelling portrait of despair and hope. Subtitled. 2018, 12, 98MIN



The Terminal ★★★★

Thursday, Sky Greats HD, 6.45pm

Tom Hanks and Catherine Zeta-Jones star in an engaging tale directed by Steven Spielberg about a man who finds himself unable to leave a New York airport terminal. 2004, 12, 129MIN

Thrillers

Spinning Man ★★★

Tuesday, Sky Thriller HD, 5.20pm

Under suspicion for the murder of a cheerleader, Guy Pearce's academic finds himself playing cat and mouse with Pierce Brosnan's police detective in this understated mystery. 2018, 15, 100MIN

Runaway Jury ★★★★

Tuesday, Universal HD, 9pm/ Universal+1, 10pm

A solid take on John Grisham's legal novel with Dustin Hoffman as a lawyer and John Cusack as a juror with a hidden agenda. 2003, 12, 127MIN

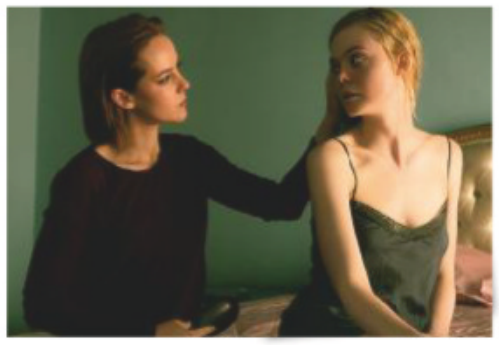
EDITOR'S CHOICE

Don't Breathe ★★★★

Friday, Film4 HD, 10.50pm/ Film4+1, 11.50pm

Suffocatingly tense throughout, this home-invasion thriller has us on edge from the moment three teenage would-be robbers (Daniel Zovatto, Jane Levy and Dylan Minnette) break into the home of Stephen Lang's blind Iraq war veteran, looking for a hoard of cash. But Lang's loner isn't as defenceless as he seems... The tension cranks up, rattling our nerves with every move of the camera. 2016, 15, 88MIN

Horror & Sci Fi



The Neon Demon ★★★★

Saturday, Film4 HD, 11.05pm/ Film4+1, 12.05am

One to love or hate, director Nicolas Winding Refn's garishly gory tale of fashion world ambition stars Elle Fanning and Jena Malone. 2016, 18, 117MIN

Oblivion ★★★

Tuesday, ITV4 HD, 10pm/ ITV4+1, 11pm

Director Joseph Kosinski borrows from past sci-fi classics, but Tom Cruise in action mode holds this futuristic adventure together. 2013, 12, 125MIN

War of the Worlds ★★★★

Tuesday, Sky Megahits HD, 11pm

Steven Spielberg's classy and genuinely chilling take on HG Wells' classic novel finds Tom Cruise's dysfunctional family man desperately trying to survive an alien invasion. 2005, 12, 116MIN

Star Wars: The Last Jedi ★★★★

Wednesday, Sky Megahits HD, 9pm

Coming in the middle of a trilogy, there is the inevitable sense of marking time in this frustratingly uneven entry in the space adventure. 2017, 12, 152MIN

Films may be edited for television. The running times given are those of the original cinema releases.

PHOTO: REX

Films day-by-day

Saturday 6 July

Claire's new Goth makeover left her feeling in the pink

ACTION THRILLER

The Girl in the Spider's Web

Sky Premiere HD, 12noon & 8pm/Sky Premiere+1, 1pm & 9pm ★★★

Sex ●●● Violence ●●● Language ●●●

Claire Foy plays punk-Goth computer hacker Lisbeth Salander in this action thriller reboot for the iconic character created by Swedish author Stieg Larsson. Fans of Larsson's original will miss Lisbeth's spiky complexity and social conscience, however, with the ferocious avenger less a feminist vigilante and more a kick-ass secret agent, striving to keep a deadly computer program out of the hands of Russian criminals. *Also on Sunday-Friday*. 2018, 15, 115MIN

COMEDY-DRAMA

The Lady in the Van

BBC1 HD, 10.20pm (regions vary) ★★★★

Sex ●●● Violence ●●● Language ●●●

Maggie Smith reprises her stage and radio role as Miss Mary Shepherd, the cranky bag lady who, back in 1974, parked her decrepit van in playwright Alan Bennett's driveway and didn't budge from the spot until her death 15 years later. Smith's is a glorious comic creation, a pungent mix of dottiness and iron will, but there is pathos beneath the eccentricity, with glimpses of a turbulent past. *Also on Friday.* 2015, 12, 104MIN

DOCUMENTARY

Matangi/Maya/MIA

BBC2 HD, 10.30pm ★★★★

Sex ●●● Violence ●●● Language ●●●

PREMIERE A superb portrait of the British musican and activist Mathangi 'Maya' Arulpragasam, best known as MIA. Her father was the leader of the Tamil Tigers – the group who fought for their rights in Sri Lanka, but ended up at war with that country, giving Maya an overt political bent which has carried on in her work. She's bold, unafraid and committed, as well as a fantastic singer/songwriter, proven by her massive hit *Paper Plane*. *Also on Friday*. 2018, 18, 96MIN

HORROR

The Neon Demon

Film4 HD, 11.05pm/ Film4+1, 12.05am ★★★★

Sex ●●● Violence ●●● Language ●●●

Newly arrived in Los Angeles, Elle Fanning's aspiring teenage model quickly breaks into the fashion world, where she becomes an object of jealousy and desire... *Drive* director Nicolas Winding Refn's stylish art-house film has elements of dream-like fairy tale, surreal horror and deadpan satire, and if you can surrender to its seductive surface gloss, you will find it perversely mesmerising. 2016, 18, 117MIN

ALSO ON SATURDAY

Cats
Sky Premiere HD, 5.50pm ★★★
A charming animated tale from China.

Jack Reacher: Never Go Back
C4 HD, 9pm ★★★
Tom Cruise turns vigilante.

Les Misérables
Paramount HD, 9pm ★★★★
Vicor Hugo's classic rendered in song.

Reservoir Dogs
Dave, 10pm ★★★★
Quentin Tarantino's shattering debut film.

Memento
BBC1 HD, 12m't (regions vary) ★★★★
Will Guy say 'Thanks for the memory'?

■ Full listings start on p33

Sunday 7 July

Hilary often wished Chloë would pay her more attention

DRAMA

Boys Don't Cry

Sky Select HD, 12m't ★★★★

Sex ●●● Violence ●●● Language ●●●

Hilary Swank received a wholly deserved Best Actress Oscar for her remarkable portrayal of Teena Brandon, a woman who was callously murdered when it was discovered that she had been posing as a man. Based on a true story, the claustrophobic picture of bigoted small-town America depicted by the film is frighteningly vivid, and Swank is heartbreakingly convincing as the desperately confused Brandon, while Chloë Sevigny gives good support as her girlfriend. 1999, 18, 117MIN

WORLD CINEMA

The Heiresses

Sky Select HD, 12.20pm ★★★★

Sex ●●● Violence ●●● Language ●●●

This superb drama by Paraguayan first-time director Marcelo Martinessi follows two middle-aged women from wealthy families in Asunción, partners for over 30 years whose present money troubles threaten their position among the city's snooty elite. When Chiquita (Margarita Irún) goes to prison for fraud, the sheltered Chela (Ana Brun) sinks into depression, but gets a new lease of life by running a taxi service to a group of elderly wealthy ladies. Subtitled. 2018, 12, 98MIN

COMEDY

America's Sweethearts

AMC HD, 7pm ★★★★

Sex ●●● Violence ●●● Language ●●●

John Cusack and Catherine Zeta-Jones play an estranged movie-star couple who are forced to grit their teeth while they plug their latest film together and their publicists (played by Billy Crystal and Julia Roberts) try to manufacture a reconciliation between the warring pair. This breezy farce may not be the sharpest romantic comedy Hollywood has ever produced, but it has enough charm and snappy one-liners to hit the right spot. 2001, 12, 101MIN

WAR DRAMA

The Water Diviner

BBC2 HD, 10.45pm ★★★

Sex ●●● Violence ●●● Language ●●●

Russell Crowe makes his directorial debut – and shoulders the leading role – with a well-crafted historical drama set after World War One. He plays a grief-stricken Australian who travels to Turkey in 1919 to retrieve the missing bodies of his three sons, reported killed in the Gallipoli campaign four years earlier. His quest is sometimes stirring, sometimes sentimental, but Crowe holds things together with his ruggedly sympathetic lead performance. 2014, 15, 111MIN

ALSO ON SUNDAY

The Young and Prodigious TS Spivet
AMC HD, 12noon ★★★
Family drama with Helena Bonham Carter.

Star Wars Ep III: Revenge of the Sith
ITV HD, 1pm ★★★★
George Lucas's space saga comes full circle.

Wagonmaster
Movies4Men, 3pm ★★★★
Ben Johnson stars in the John Ford classic.

Harry Potter & the Half-Blood Prince
ITV HD, 3.45pm ★★★★★
Harry gears up to meet the forces of evil.

Juliet, Naked
Sky Premiere HD, 6.15pm ★★★
Rose Byrne comes over all critical.

■ Full listings start on p43

Films day-by-day

Monday 8 July

Gary was always prepared to take things on the chins

BIOPIC

Darkest Hour

Sky Drama HD, 8pm ★★★

Sex ●●● Violence ●●● Language ●●●

Unrecognisable beneath bald cap and prosthetics, Gary Oldman lets rip with the oratory in this rousing World War Two biopic of wartime prime minister Winston Churchill. Oldman's Oscar-winning turn is truly mesmerising, and he gets sterling support from Kristin Scott Thomas as Winston's stalwart wife Clemmie. Unfortunately Oldman's great work is let down by a totally made-up scene aboard a Tube train that is so ridiculously fake, it derails the whole movie. 2017, PG, 125MIN

CHILLER

The Sixth Sense

Sky Megahits HD, 6pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

Perhaps the twist ending is a bit of a cheat, but this unsettling supernatural thriller was a surprise smash hit at the box office. Bruce Willis plays a troubled psychologist brought in to help a young boy (Haley Joel Osment) who claims to be able to see ghosts. Director M Night Shyamalan (who has a brief cameo as a doctor) uses mood and atmosphere rather than blood and gore, although there are some truly hair-raising scares. *Also on Thursday*. 1999, 15, 108MIN

ACTION COMEDY

The Other Guys

Comedy Central HD, 9pm/ Comedy Central+1, 10pm ★★★★

Sex ●●● Violence ●●● Language ●●●

This splendid farce is a near-total triumph. Will Ferrell and Mark Wahlberg form a great comedy double act as mismatched, disgraced New York City detectives who have to tackle the baddies when something happens to the city's top cops (Samuel L Jackson and Dwayne Johnson). There is plenty of great action and the film is often hilarious, with big laughs throughout, most of which you don't see coming. 2010, 12, 107MIN

HORROR THRILLER

Red State

Horror, 11.05pm/ Horror+1, 12.05am ★★★

Sex ●●● Violence ●●● Language ●●●

Both a satire on America's religious right and a gripping horror thriller, the film keeps its audience continually off balance. Starting off as a teen sex-comedy as three randy teenage boys head into the Deep South for a sexual assignation with an older woman (Melissa Leo), the film switches to captives-in-peril horror when the boys fall into the clutches of charismatic preacher Michael Parks and his crazed sect. 2011, 18, 89MIN

ALSO ON MONDAY

Transsiberian
Sony Movie Channel, 9pm ★★★
Just the ticket for Woody and Emily.

The Keeping Hours
Sky Premiere HD, 10pm ★★★
Lee Pace and Carrie Coon feel the guilt.

Collateral
Sky Select HD, 10.15pm ★★★★
Tom Cruise is on deadly ground.

Gladiator
Film4 HD, 10.50pm ★★★★
Russell Crowe is out for justice.

Blitz
Channel 5 HD, 11.05pm ★★★
Can Jason Statham thwart Aidan Gillen?

Full listings start on p53

Tuesday 9 July

Maryana decided it was time to knuckle down

PREMIERE

WORLD CINEMA

Loveless

Film4 HD, 11.25pm/Film4+1, 12.25am ★★★★★

Sex ●●● Violence ●●● Language ●●●

A Moscow couple (Maryana Spivak and Aleksey Rozin) in the throes of divorce are so consumed by their mutual rancour that they fail to notice when their unhappy 12-year-old son goes missing. This is another bleak and chilling portrait of Putin's Russia from Andrey Zvyagintsev, director of 2014's superb *Leviathan*. Like its predecessor, *Loveless* is both brilliantly crafted and allegorically resonant, as well as being emotionally bruising to watch. Subtitled. 2017, 15, 127MIN

ACTION FANTASY

Bunraku

Sony Movie Channel, 9pm ★★★

Sex ●●● Violence ●●● Language ●●●

Director Guy Moshe derived the title and much of his design inspiration for this bizarre fantasy thriller from Japanese puppet theatre. Josh Hartnett plays The Drifter, a Clint Eastwood-like man with no name, and Japanese pop star Gackt Camui plays an enigmatic samurai warrior. Both have a score to settle with Ron Perlman's ruthless crime boss. The film's hyper-stylised future world in which cowboys trade blows with samurais is undeniably striking. 2010, 15, 119MIN

LEGAL THRILLER

Runaway Jury

Universal HD, 9pm ★★★★

Sex ●●● Violence ●●● Language ●●●

One sincerely hopes that it is not as easy to nobble a jury as it is made to seem in this lavish adaptation of John Grisham's legal potboiler. John Cusack plays a juror who is willing to swing the vote in favour of the highest bidder in a controversial case against a firearms manufacturer, with both Dustin Hoffman's prosecuting attorney and Gene Hackman's scheming legal advisor sorely tempted by the promise of a failsafe verdict. The film is fine entertainment. 2003, 12, 127MIN

SCI-FI ADVENTURE

Oblivion

ITV4 HD, 10pm/ITV4+1, 11pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Tom Cruise proves he can still cut it as a convincing action hero with this dazzling sci-fi adventure set in 2077. With the Earth now an irradiated wasteland and abandoned by humanity following a devastating war with aliens, Cruise's lone repairman remains behind to maintain the high-tech drones that patrol the skies. The film also includes strong supporting performances from Andrea Riseborough, Olga Kurylenko and Morgan Freeman. 2013, 12, 125MIN

ALSO ON TUESDAY

Secret Window
Sony Movie Channel, 7.05pm ★★★
Johnny Depp suffers from writer's block.

Sicario
Film4 HD, 9pm/Film4+1, 10pm ★★★★
Emily Blunt fights the war on drugs.

Two for Joy
Sky Premiere HD, 10pm ★★★
Samantha Morton heads a broken family.

War of the Worlds
Sky Megahits HD, 11pm ★★★★
Spielberg's take on HG Wells' classic novel.

Serpico
Sky Select HD, 11.40pm ★★★★
Al Pacino and Sidney Lumet make magic.

Full listings start on p63

Wednesday 10 July

Zhang suddenly found herself in pole position

MARTIAL ARTS DRAMA

House of Flying Daggers

AMC HD, 2.50pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

After the historical epic *Hero*, director Zhang Yimou remained in feudal China for this stunning martial arts adventure, this time blending in a dizzying element of romance for good measure. Takeshi Kaneshiro stars in a tale of a Chinese Imperial Guard who falls in love with a blind courtesan (Zhang Ziyi), who may be an assassin. Jaw-dropping action sequences, awe-inspiring cinematography and unbridled eroticism combine to form an all-out assault on the senses. Subtitled. 2004, 15, 119MIN

FAMILY FANTASY

Labyrinth

Sky Sci-Fi & Horror HD, 7.15pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Now best remembered for David Bowie's startling pantomime villain turn in a fright wig, this fairy-tale fantasy is actually fine family entertainment. A young Sarah Connelly has the right aura of wide-eyed innocence to make an appealing heroine as she sets off to rescue her baby brother from Bowie's King of the Goblins, and the Muppetry animation techniques impressively create a whole range of amusing supporting characters. 1986, U, 97MIN

THRILLER

Heat

Syfy HD, 9pm/Syfy+1, 10pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

This epic crime drama is one of the very best American thrillers of the 1990s. The film revolves around the complex relationship between Robert De Niro's career criminal, who is determined to pull off one last heist and retire, and Al Pacino's burnt-out cop, who needs to stop him at all costs. It is less an action movie than a moody character piece, although the bank robbery sequence is a textbook example of how to generate screen suspense. 1995, 15, 171MIN

SCI-FI ADVENTURE

Star Wars: The Last jedi

Sky Megahits HD, 9pm ★★★★

Sex ●●● Violence ●●● Language ●●●

While there are too many plot holes, and far too many last-hope moments as Resistance heroes Rey (Daisy Ridley), Finn (John Boyega) and Poe (Oscar Isaac) strive to avoid total annihilation by the evil First Order, the latest *Star Wars* film has spectacle and energy to spare. And characters such as Adam Driver's conflicted bad guy Kylo Ren and, Mark Hamill's magnificently grizzled, reluctant saviour Luke Skywalker continue to surprise. 2017, 12, 152MIN

ALSO ON WEDNESDAY

The Shape of Water
Sky Select HD, 8pm ★★★★★
Sally Hawkins' behaviour is distinctly fishy.

Bullitt
ITV4 HD, 9pm ★★★★★
Steve McQueen hits the gas again.

Vacancy
Horror, 9pm ★★★
Luke Wilson and Kate Beckinsale get a room.

300
Sky Action HD, 10pm ★★★★
Gerard Butler plays a comic character.

The Captain
Sky Premiere HD, 10pm ★★★★
Max Hubacher in a true war tale. Subtitled.

■ Full listings start on p73

Thursday 11 July

Nick and Simon were headed for a sartorial collision

COMEDY HORROR

Slaughterhouse Rulez

Sky Comedy HD, 2.30pm & 10.05pm ★★★

Sex ●●● Violence ●●● Language ●●●

A band of plucky public school pupils, including Finn Cole's working-class northerner, fight for survival against subterranean monsters unleashed on a fracking site in this larky but extremely gory horror comedy, the first film from Stolen Pictures, the production company of Simon Pegg and Nick Frost. The pair also have roles, along with Michael Sheen and Margot Robbie. The movie is very hit-and-miss, but is sufficiently weird and rowdy to be fun. 2018, 15, 103MIN

COMEDY-DRAMA

The Best Exotic Marigold Hotel

Film4 HD, 6.35pm/ Film4+1, 7.35pm ★★★

Sex ●●● Violence ●●● Language ●●●

Beguiled by advertisements promising a luxurious refuge, a group of British pensioners retires to India, only to find their destination is a dilapidated pile run by its ever-hopeful young manager (Dev Patel). This charming comedy drama gets by thanks to a classy ensemble cast that includes Judi Dench, Bill Nighy, Maggie Smith, Tom Wilkinson, Penelope Wilton and Celia Imrie. 2011, 12, 124MIN

ACTION THRILLER

Jason Bourne

Film4 HD, 9pm/Film4+1, 10pm ★★★

Sex ●●● Violence ●●● Language ●●●

Nine years after his last screen outing, Matt Damon's hero Jason Bourne is still grappling with his past as a CIA assassin. Pulled back into the deadly world of black-ops skulduggery by Julia Stiles' CIA whistleblower Nicky Parsons, he launches himself into yet another punishing solo mission to uncover the agency's deceptions. Sometimes, the action is even more exciting than before, but the series really needs some fresh plot twists. 2016, 12, 123MIN

HORROR THRILLER

My Soul to Take

Horror, 9pm/Horror+1, 10pm ★★★

Sex ●●● Violence ●●● Language ●●●

Director Wes Craven turns in an exciting horror thriller about seven children who were born in the Massachusetts town of Riverton on the same night that a serial killer was killed and find themselves in deadly danger 16 years later. To be honest, the acting and dialogue could be better, but there is a fair amount of gore splattered about and a few imaginative touches in the script that produce a satisfying enough product to appeal to Craven fans. 2010, 18, 103MIN

ALSO ON THURSDAY

Blood Diamond
Sky Greats HD, 9pm ★★★★
Leonardo DiCaprio's stony performance.

The Bone Collector
Sony Movie Channel, 9pm ★★★
Denzel and Angelina keep things tense.

Possum
Sky Premiere HD, 10pm ★★★★
Sean Harris has things in the bag.

The Girl with the Dragon Tattoo
Sky Thriller HD, 10.45pm ★★★★
Hollywood's take on the brutal murder story.

Magnum Force
TCM HD, 11.15pm ★★★★
Clint's second outing as Dirty Harry.

■ Full listings start on p83

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Films day-by-day

Friday 12 July

Jason was sure the expedition was on the rise

EPIC ADVENTURE

Everest

Film4 HD, 6.40pm/Film4+1, 7.40pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Capturing the awe and terror of the world's highest mountain with heart-stopping intensity, this sober, unsentimental account of the 1996 Mount Everest climbing disaster is utterly gripping. Jason Clarke and Jake Gyllenhaal play the leaders of two rival expeditions who have to endure truly harrowing conditions when they are trapped by a blizzard. The film conveys their desperate ordeal with bone-chilling realism – you do feel you are there on the mountain. 2015, 12, 121MIN

COMEDY

Genevieve

Talking Pictures, 6.30pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

This priceless, quintessentially British comedy set against the backdrop of the London to Brighton car rally was nominated fot two Academy Awards. John Gregson plays a barrister who pits his vintage motor, Genevieve, against smugly insufferable rival motorist Kenneth More. Their better halves, played by Dinah Sheridan and Kay Kendall, are along for the ride, along with British stalwarts such as Joyce Grenfell and Michael Medwin. 1953, U, 83MIN

FANTASY THRILLER

Wanted

ITV HD, 11.05pm/ ITV+1, 12.05am (regions vary) ★★★

Sex ●●● Violence ●●● Language ●●●

James McAvoy plays a wimpish office drone who discovers that his dead father was a hitman and is conscripted to fill his place by Angelina Jolie's svelte assassin and her silky boss (Morgan Freeman). As pure eye candy, the action sequences are imaginative and exciting, with characters making gravity-defying leaps between skyscrapers, but the film lacks the original comic book's satirical touch in turning the villains into heroes. 2008, 18, 110MIN

HORROR

Let Me In

Syfy HD, 11.10pm/ Syfy+1, 12.10am ★★★★

Sex ●● Violence ●●● Language ●●●

This American reworking of the brilliant Swedish vampire thriller *Let the Right One In* is one of the few Hollywood remakes of foreign films that matches the original. The story is the same, but the setting is now 1980s New Mexico, where bullied 12-year-old Owen (Kodi Smit-McPhee) encounters mysterious new neighbour Abby (Chloë Grace Moretz) who, it transpires, is actually a centuries-old vampire. 2010, 15, 116MIN

ALSO ON FRIDAY

Sleeping Beauty
Sky Disney, 3pm ★★★★
Disney animators at the top of their game.

Fair Game
AMC HD, 7pm ★★★★
Naomi Watts stars in a real-life spy story.

Rope
TCM HD, 7.15pm ★★★
James Stewart thinks outside the box.

A Star is Born
Sky Premiere HD, 8pm ★★★★★
Lady Gaga and Bradley Cooper rock out.

Don't Breathe
Film4 HD, 10.50pm ★★★★
Stephen Lang suffers a teenage rampage.

■ Full listings start on p93

PAY-PER-VIEW HIGHLIGHTS

The pick of the week's films on Sky, Virgin & other platforms

Avengers: Infinity War
★★★
The Marvel Comics superheroes go in mob-handed in a bid to thwart Josh Brolin's intergalactic villain Thanos. Robert Downey Jr's Iron Man, Benedict Cumberbatch's Doctor Strange and Chris Hemsworth's Thor trade wisecracks, and there is room for plenty of other Marvel characters, including Chadwick Boseman's Black Panther, plus the whole *Guardians of the Galaxy* crew. 12, 149MIN

Funny Cow
★★★★
Maxine Peake lets rip as a brash Northerner who gets out from under the heel of her abusive husband to become a stand-up comedian in 1970s Britain. The audiences at the working men's clubs she plays don't know what's hit them – and neither does Paddy Considine's smitten book shop owner. There are lots of laughs and tears here. 15, 102MIN

The Guernsey Literary and Potato Peel Pie Society
★★★★
Lily James's young writer travels to post-war Guernsey where she uncovers secrets of life on the island during the recent German occupation and sets off romantic sparks with Michiel Huisman's book-loving farmer. Director Mike Newell stirs together tasty slices of comedy, drama and mystery, with a sprinkling of cosy nostalgia. 12, 124MIN

The Aftermath
★★★★
PREMIERE (Available from Mon) See review, above. 15, 109MIN

Mary and the Witch's Flower
★★★
Based on Mary Stewart's classic 1971 children's book *Mary and the Broomstick*, this animated fantasy follows the adventures of an accident-prone young girl (voiced by Ruby Barnhill) who gains magic powers after finding an enchanted flower. Kate Winslet and Jim Broadbent also feature in the first feature from new Japanese anime company Studio Ponoc. U, 103MIN

I Feel Pretty
★★★
The hot-button issue of body image and self-acceptance gets a romcom spin with Amy Schumer in a sassy tale of a woman with chronic low self-esteem who bumps her head in a spinning class and wakes up thinking she is drop-dead gorgeous. There is a touch of those 1980s body-swap comedies to the mishaps and mix-ups that ensue, plus some surprising sweetness and a positive social message, too. 12, 110MIN

Keira and Jason believed in keeping things uniform

PREMIERE

ROMANTIC DRAMA

The Aftermath

Available from Monday ★★★★

Sex ●●● Violence ●●● Language ●●●

Keira Knightley's grieving mother Rachael travels to war-shattered occupied Hamburg in 1946 to join her husband Lewis (Jason Clarke), a British colonel. Still raw from the loss of her son, she is unhappy when Lewis shares his requisitioned home with its German owner (Alexander Skarsgård). While her distant husband puts the country back together, the two damaged souls find common ground and a compelling romance unfolds. 2019, 15, 109MIN

Racer and the Jailbird
★★★
Adèle Exarchopoulos's racing driver and Matthias Schoenaerts' bank-robbing gangster are both addicted to the adrenalin buzz they get from their respective professions, and sparks fly when they meet. A mix of slow-burn love story and high-revving action thriller, this Belgian film is overly long and melodramatic, but the stars have a terrific chemistry. Subtitled. 15, 130MIN

Ray & Liz
★★★★
PREMIERE (Available from Mon) Reality TV star Deirdre Kelly from *Benefits Street* and *Celebrity Big Brother* makes her acting debut in this fly-on-the-wall drama inspired by photographer Richard Billingham's feckless parents, alcoholic dad Ray and chain-smoking mum Liz (Kelly plays the older Liz). Always slow-moving, *Ray & Liz* won't give you the quick fix of reality TV but its warmth and sympathy lingers in the memory far longer. 15, 108MIN

Redoubtable
★★★★
Maker of 2011's joyous silent movie pastiche *The Artist*, director Michel Hazanavicius proves similarly playful but a lot less respectful with this cheekily comic biopic of French New Wave legend Jean-Luc Godard (played by Louis Garrel). Hazanavicius impudently plunders the style and tricks of Godard's earlier, popular films, turning the director into a figure of fun. Subtitled. 15, 107MIN

Revenge
★★★★
Ferociously violent and unbearably tense, this bloody French rape-revenge thriller certainly makes good on its brutally stripped-down title. Matilda Lutz's Jen finds herself fighting to survive after her romantic tryst with her wealthy married lover gets interrupted by his boorish hunting companions. Jen really gets put through the wringer, and so will you be. Subtitled. 18, 108MIN

Tully
★★★★
Diablo Cody and Jason Reitman, the writer-director team behind *Juno* and *Young Adult*, hook up again with Charlize Theron for this bracingly honest, achingly funny comedy drama about motherhood. Theron plays a frazzled mother of three who gets a lifeline when night nanny Tully (Mackenzie Davis) turns up at her door. The film has a whip-smart script and fabulous performances. 15, 96MIN

PHOTO: ALAMY

Sport week

Your **ultimate guide** to the best of the week's live action

Tour de France

THE MAIN EVENT

Geraint Thomas defends his title in cycling's greatest race

LIVE CYCLING

Tour de France

From Saturday, ITV4 HD & Eurosport 1 HD

After an injury scare last month, reigning champion Geraint Thomas is thankfully back to fitness as he defends his title in this year's Tour de France.

The Welshman crashed out of the Tour de Suisse in June, but the 33-year-old insists he can repeat last year's famous victory when he became the third Briton to win Le Tour – following Bradley Wiggins' success in 2012 and Chris Froome's four wins between 2013 and 2017.

We asked Eurosport cycling presenter Orla Chennaoui to tell us five things we need to know about this year's race…

Geraint Thomas proudly wears the yellow jersey

1 GERAINT THE GREAT

With Chris Froome missing this year's race after his horrific crash in the Critérium du Dauphiné, Geraint Thomas will lead the Team Ineos squad – formerly Team Sky. 'Geraint obviously hasn't had the best preparation, but he has a strong chance – especially with the absence of Chris,' says Chennaoui. 'The team will be throwing all its weight behind him now.'

Belgian cycling legend Eddy Merckx

2 THE CONTENDERS

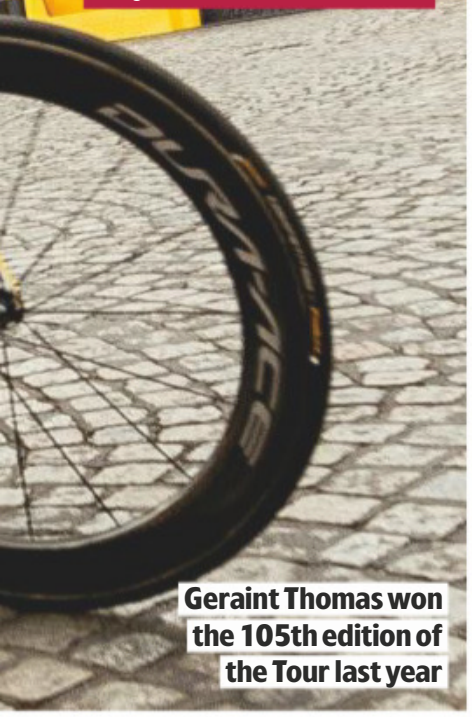
Chennaoui believes this year's race will be one of the most open for years, with 2018 runner-up Tom Dumoulin also ruled out through injury. 'One of the big contenders is Jakob Fuglsang after winning the Critérium du Dauphiné,' she says, 'and his Astana team have been strong this year. It will also be interesting to see Geraint Thomas' 22-year-old team-mate Egan Bernal. The battle between Astana and Ineos will be fascinating.'

3 EDDY, STEADY GO

The race's Grand Départ takes place from Brussels to mark the 50th anniversary of legendary Belgian cyclist Eddy Merckx's first Tour win. 'The Belgians are obsessed with cycling, and Merckx is a national hero,'

5 THE ROUTE

The 106th edition of the Tour de France covers 3,460km and features five mountaintop finishes, including two in the Pyrenees, where riders will race to the top of the Tourmalet. There are three further summits in the Alps – Col d'Izoard, Col du Galibier and Col de l'Iseran. 'There's a lot of climbing and it's going to be tough,' says Chennaoui.



Geraint Thomas won the 105th edition of the Tour last year

says Chennaoui. 'We will see incredible support and a great atmosphere along the side of the road.'

4 JERSEY BOYS

This year celebrates 100 years of the yellow jersey, which was introduced at the Tour de France in 1919. To mark the occasion, 20 different yellow jerseys have been designed to be worn by the leader of each stage. 'Le Tour is very good at celebrating its history,' says Chennaoui. 'All the fans love the race heritage and it's a nice bit of fun.'

WORDS: RICHARD MCCLURE. PHOTOS: GETTY, PA IMAGES

LIVE FOOTBALL

Women's World Cup Final

Sunday, BBC1 HD, BBC iPlayer & BBC Red Button, kick-off 4pm

After 51 matches, the 2019 champions will be crowned at the Stade de Lyon in Lyon on Sunday. Four years ago, the USA were victorious after thrashing Japan 5-2, with England finishing in third place by defeating Germany. This year's third-place match takes place in Nice on Saturday (BBC Red Button, kick-off 4pm). One of the highlights of this year's tournament has been Brazilian striker Marta becoming the all-time leading scorer at men's or women's World Cups.

Team USA celebrate their 2015 World Cup win

England captain Serena Guthrie

LIVE NETBALL

World Cup

Fri, Sky Sports Netball HD, Sky Sports Arena HD, Sky Sports Main Event HD & Sky One HD

Liverpool is the venue as 16 of the world's best teams, including England, Scotland and Northern Ireland, compete to become world netball champions. Skippered by Serena Guthrie, Commonwealth gold medallists England get their tournament underway on Friday when they face Uganda in their first match. Scotland captain Claire Maxwell is set to win her 100th cap at the event, while Northern Ireland's squad includes star shooter Lisa Bowman.

World No.3 Roger Federer

LIVE TENNIS

Wimbledon

From Saturday, BBC1 HD, BBC2 HD, BBC iPlayer, BBC Red Button & online

As play continues at SW19, the top stars will be in action on 'Manic Monday' when all of the men's and women's last-16 singles ties take place. It's one of the most exciting days in the tennis calendar, and last year saw all the big guns – Roger Federer, Novak Djokovic, Rafael Nadal and Serena Williams – make it through to the quarter-finals.

Scotland's Russell Knox

LIVE GOLF

Scottish Open

From Thursday, Sky Sports Golf HD

A host of top US players feature in this year's field as the tournament makes its debut at The Renaissance Club in North Berwick. Rickie Fowler is joined by Justin Thomas and Matt Kuchar. Rory McIlroy, Henrik Stenson and local favourite Russell Knox lead the European contingent.

Sport A-Z and football planner >>>

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Sport week

TEASER Tour de France winner Geraint Thomas won last year's BBC Sports Personality of the Year award. Who came second? Answer at bottom of page

A-Z GUIDE
This week's sport on TV

AMERICAN FOOTBALL

LIVE Toronto Argonauts v BC Lions
Sat 12m't BT Sport 2
Canadian Football League coverage from BMO Field.

LIVE Saskatchewan Roughriders v Calgary Stampeders
Sat 3am BT Sport 2
CFL coverage from Mosaic Stadium.

LIVE BC Lions v Edmonton Eskimos
Thu 3am BT Sport 1
CFL coverage from BC Place.

LIVE Winnipeg Blue Bombers v Toronto Argonauts
Fri 1.30am BT Sport 2
Coverage from Investors Group Field.

ATHLETICS

LIVE Spitzen Leichtathletik Luzern
Tue 6.30pm Euro2
Coverage from Lucerne, Switzerland.

LIVE Euro U23 Championships
Thu 5.15pm Euro1; Fri 3pm Euro2
Coverage of the event from Gunder Hägg-stadion in Gavle, Sweden.

LIVE Diamond League
Fri 7pm Euro2
Coverage of the Herculis meeting from Stade Louis II in Monaco.

AUSTRALIAN RULES

LIVE Adelaide Crows v Port Adelaide Power
Sat 7.30am BT Sport 1
AFL coverage from Adelaide Oval.

LIVE Fremantle Dockers v West Coast Eagles
Sat 11am BT Sport 1
AFL coverage from Optus Stadium.

LIVE North Melbourne Kangaroos v St Kilda Saints
Sun 6am BT Sport/ESPN
Coverage of the AFL match from Blundstone Arena.

LIVE West Coast Eagles v Collingwood Magpies
Fri 11am BT Sport 1
AFL coverage from Optus Stadium.

LIVE Hawthorn Hawks v Fremantle Dockers
Fri 5am BT Sport 1
Coverage from UTAS Stadium.

BASEBALL

LIVE Minnesota Twins v Texas Rangers
Sat 7pm BT Sport/ESPN
Coverage of the American League match from Target Field.

LIVE Houston Astros v Los Angeles Angels
Sat 12m't BT Sport 3
Coverage of the American League West clash at Minute Maid Park.

LIVE Tampa Bay Rays v New York Yankees
Sun 6pm BT Sport 1
Coverage of the American League East clash at Tropicana Field.

LIVE MLB All-Star Futures Game
Sun 9pm BT Sport 2
A match between the best young prospects in the American League and National League.

LIVE MLB Home Run Derby
Mon 1am BT Sport 1
Coverage from Progressive Field in Cleveland as baseball's biggest sluggers compete for home runs.

LIVE MLB All-Star Legends & Celebrity Softball Game
Mon 3am BT Sport 1
Coverage from Progressive Field.

LIVE MLB All-Star Game
Tue 12.30am BT Sport 1
Coverage from Progressive Field, Cleveland, of the 90th All-Star game.

LIVE Texas Rangers v Houston Astros
Thu 1am BT Sport/ESPN
Coverage of the American League match at Globe Life Park, Arlington.

LIVE Chicago Cubs v Pittsburgh Pirates
Fri 7pm BT Sport/ESPN
Coverage from Wrigley Field.

LIVE Philadelphia Phillies v Washington Nationals
Fri 11pm BT Sport 1
Coverage from Citizens Bank Park.

BOXING

LIVE Anthony Fowler v Brian Rose
Sat 7pm Sky Sports Action, 9.30pm Sky Sports Main Event
Coverage of the middleweight title bout from Manchester Arena.

LIVE Fabio Turchi v Tommy McCarthy
Thu 8pm Sky Sports Action
overage of the cruiserweight title bout from Stadio Nicola Pietrangeli in Rome.

LIVE Boxing Double: Khan & Fury
Fri 9pm Channel 5
Hughie Fury v Samuel Peter and Amir Khan v Billy Dib. Coverage of the heavyweight and welterweight bouts in Jeddah, Saudi Arabia.

CANOEING

Canoeing
Thu 2am Euro2; Thu 3am Euro2
The Canoe Slalom World Cup meeting from Ljubljana, Slovenia.

COMBAT SPORTS

LIVE UFC 239: Jon Jones v Thiago Santos
Sat 1m BT Sport 1; 3am BT Sport Box Office
Jon Jones defends his UFC light heavyweight title at T-Mobile Arena in Las Vegas.

LIVE Bellator MMA
Fri 3am Sky Sports Main Event & Sky Sports Action
Coverage of a mixed martial arts event.

CRICKET

LIVE Sri Lanka v India
Sat 10am Sky Sports Main Event & Sky Sports Cricket World Cup
Coverage of the World Cup group match from Headingley in Leeds. Highlights: 11.20pm C4.

LIVE Australia v South Africa
Sat 1pm Sky Sports Mix, 7pm Sky Sports Main Event & Sky Sports Cricket World Cup
Coverage of the last World Cup group match from Old Trafford in Manchester. Australia have reached the semi-finals but South Africa are already out of contention.

LIVE Women's Ashes: England v Australia
Sun 10.30am Sky Sports Main Event, Sky Sports Cricket World Cup & Sky Sports Mix
Coverage of the third one-day international in the series from The Spitfire Ground in Canterbury.

LIVE ICC Cricket World Cup
Tue 9.30am Sky Sports Main Event & Sky Sports Cricket World Cup
Coverage of the first semi-final from Old Trafford in Manchester.

LIVE ICC Cricket World Cup
Thu 9.30am Sky Sports Main Event & Sky Sports Cricket World Cup
Coverage of the second semi-final from Edgbaston in Birmingham.

CYCLING

LIVE Tour de France
Sat 10.30am Euro1, 10.45pm ITV4; Sun 1.15pm Euro1 & ITV4; Mon & Tue 10.45am Euro1, 11am ITV4; Wed & Thu11.45am Euro1, 12noon ITV4; Fri 10am Euro1 & ITV4; Sat-Fri 2pm S4C
Coverage of the first seven stages of this year's event. Highlights Sat-Fri 7pm ITV4. See page 26-27.

DARTS

LIVE World Series of Darts: Germany
Fri 8pm ITV4
Coverage of the opening day from Lanxess Arena in Cologne.

DIVING

LIVE Universiade
Mon 8.55am Euro2
Coverage of the seventh day of diving from Naples, Italy.

GAELIC GAMES

LIVE GAA
Sat 4pm & 7pm Sky Sports Arena
Coverage of either a football or hurling match in Ireland.

GOLF

LIVE Irish Open
Sat & Sun 12noon Sky Sports Golf
Coverage of the third and fourth rounds of the European Tour event at Lahinch Golf Club. Highlights: Sat 10.20pm & Sun 10.30pm BBC1 (N Ireland).

LIVE 3M Open
Sat & Sun 6pm Sky Sports Golf; Sun 6.30pm Sky Sports Main Event
Coverage of the new PGA Tour event from TPC Twin Cities in Blaine.

LIVE Thornberry Creek LPGA Classic
Sat & Sun 11pm Sky Sports Golf; Sun 11pm Sky Sports Main Event & Sky Sports Mix
LPGA Tour coverage from Oneida, Wisconsin.

LIVE Hero Challenge: Scottish Open
Tue 7pm Sky Sports Golf
Eight players take part in a special knockout tournament at The Renaissance Club in Dirleton.

LIVE Scottish Open
Thu & Fri 10.30am Sky Sports Golf; Fri 12.45pm & 3.55pm Sky Sports Main Event
Coverage of the first two rounds of the European Tour event from The Renaissance Club in North Berwick. See page 27.

LIVE The John Deere Classic
Thu & Fri 6.30pm & 9pm Sky Sports Golf, 10pm Sky Sports Main Event
Coverage of the PGA Tour event from TPC Deere Run in Silvis, Illinois.

HORSE RACING

LIVE ITV Racing: The Opening Show
Sat 9.30am ITV4
A look ahead to the day's racing from Sandown Park.

LIVE ITV Racing from Sandown
Sat 1.25pm ITV
Coverage of the 3.35 Coral-Eclipse from Sandown Park and other races, plus race coverage of the card from Haydock Park.

LIVE ITV Racing from Newmarket
Thu & Fri 1.30pm ITV3
Coverage of the July Festival, including the Princess of Wales' Tattersalls Stakes on Thursday and the Falmouth Stakes on Friday.

MOTORCYCLING

LIVE MotoGP: Germany GP
Sat 8am & 11am BT Sport 2
Coverage of practice and qualifying ahead of the Grand Prix of Germany.

LIVE World Superbikes
Sat & Sun 10.30am Euro2
Coverage of qualifying and both races from the eighth round of the season, held at Donington Park. Highlights: Tue 8pm ITV4.

LIVE British Talent Cup
Sat 3.45pm & Sun 11am BT Sport 1
Races five and six from the third round at Donington Park.

LIVE Red Bull MotoGP Rookies Cup
Sat 4pm BT Sport 2
Action from the first race of the Red Bull MotoGP Rookies Cup from the Sachsenring.

LIVE FIM Speedway Grand Prix
Sat 5.45pm BT Sport 1
Action from Hallstavik, Sweden.

LIVE Motocross World Championship
Sun 7am Euro2
Coverage of race one from Palembang, Indonesia. Race two coverage: Sun 4.15pm Euro2.

LIVE MotoGP: Germany GP
Sun 7.15am BT Sport 2
Coverage of the warm-ups.

LIVE MotoE: Germany GP
Sun 8.45am BT Sport 2
Coverage of the MotoE race.

LIVE Moto3: Germany GP
Sun 9.30am BT Sport 2
Coverage from Sachsenring. Race starts at 10am.

LIVE Moto2: Germany GP
Sun 11am BT Sport 2
Action from Sachsenring. Race starts at 11.20am.

LIVE MotoGP: Germany GP
Sun 12.30pm BT Sport 2
Coverage from Sachsenring of the ninth round. Race starts at 1pm. Highlights: Mon 11pm Quest.

LIVE Speedway: King's Lynn v Poole
Mon 7.30pm BT Sport 1
SGB Premiership coverage from King's Lynn Stadium.

Bikes! Enniskillen Road Races
Tue 10.35pm BBC1 (N Ireland)
Action from the three-mile circuit in County Fermanagh.

LIVE Speedway: Piraterna v Indianerna
Thu 6pm FreeSports
Coverage of the Swedish Elitserien meeting at the Motala Arena.

MOTORSPORT

LIVE Virgin Australia Supercars
Sat & Sun 6.45am BT Sport 3
Coverage of both races in Townsville.

LIVE DTM Racing
Sat 12.15pm FreeSports
Coverage from Norisring, Germany.

LIVE Euroformula Open Championship
Sat 1.45pm & Sun 11.45am BT Sport/ESPN
Coverage of both races in Hungary.

LIVE W Series Motorsport
Sat 2.45pm C4
Coverage of the fourth round from the Norisring in Germany.

LIVE FIA World Touring Cars
Sat 3.15pm Euro2; Sun 4.30pm Euro1
Coverage from Vila Real, Portugal.

LIVE World Rallycross
Sun 1pm BT Sport 1 & FreeSports
Action from round six of the championship in Holjes, Sweden.

LIVE Goodwood Festival of Speed
Sun 3pm Sky Sports F1
Coverage of the event in West Sussex.

LIVE F1: British GP
Fri 9.45am & 1.45pm Sky Sports Main Event & Sky Sports F1, 9.55am & 1.55pm C4
Coverage of the practice sessions for round 10 at Silverstone.

Sport A-Z and football planner >>>

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If you suffer from symptoms of poor circulation then REVITIVE could help take control of your health, from the comfort of your own home, and allow you to lead a more active life. I endorse REVITIVE to anyone suffering from the effects of poor circulation. I recommend it to all my patients. Several family members and friends have been using it to good effect for years, so I have seen for myself just how much the REVITIVE Circulation Booster can help!"

Professor Jonathan Beard
Consultant Vascular Surgeon

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Do everyday tasks leave your legs heavy or feet puffy?

IF you or a loved one suffer with tired, heavy feeling legs and puffy feet and ankles it could be the result of poorer circulation in your lower limbs. It can affect the simple things we love doing like gardening, walking the dog or playing with grandchildren. It could also be the result of medical conditions such as arthritis or diabetes, or general immobility associated with age as it can get harder for your body to activate the muscles in your lower limbs.

Whether heavy-feeling legs and puffy feet is an occasional annoyance or is there more often, it can hold you back. The REVITIVE Circulation Booster® is a drug-free medical device which uses clinically-proven EMS technology to get your leg muscles pumping, which actively increases your circulation to reduce tired, heavy legs and puffy feet and ankles.

DID YOU KNOW?
Your calf muscles are also known as your 'Second Heart'. They assist the heart to pump blood 'uphill' & against gravity!

REVITIVE creates Electrical Muscle Stimulation (EMS) which sends gentle electrical pulses up through the feet which contracts the calf muscles to get your leg muscles pumping and may help provide relief from the feeling of tired legs and puffy feet and ankles, while you relax.

Very easy-to-use, simply place your bare feet on the foot-pads and use the controls to gradually increase intensity until you feel or see strong but comfortable contractions of the calf muscles. Sit back, relax and enjoy REVITIVE, drug-free professional strength therapy, from the comfort of your own home.

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LESLIE, DEVON
"Noticed an immediate improvement. I feel my varicose veins are no longer as painful & I believe I've not had an attack of cramp since using it."

MARIE, MERSEYSIDE
"Since using REVITIVE daily I've benefited from a noticeable reduction in puffiness in both of my feet & lower legs. I'd recommend it to anyone."

SIR IAN BOTHAM CRICKET LEGEND & CHARITY WALKER
"I believe using REVITIVE every day could help me stay active for longer!"

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Medical science supports REVITIVE's EMS technology

The REVITIVE Circulation Booster® has been designed and developed with leading UK universities.

REVITIVE harnesses the power of clinically-proven Electrical Muscle Stimulation (EMS) technology which has been used as a medical therapy for almost a century. Imperial College London's vascular surgery department at Charing Cross Hospital London has conducted extensive clinical studies with the REVITIVE Circulation Booster® and advocate its use.

The world-renowned research team at Imperial College London, is continuing to lead a 5-year clinical trial program to investigate the positive effects REVITIVE is having in a range of patient groups, including diabetes, high blood pressure and high cholesterol.

9/10 people who try REVITIVE keep it... ***because it works!***

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UNSUITABLE IF YOU ARE: Fitted with a heart pacemaker or AICD; being treated for, or have the symptoms of, an Existing Deep Vein Thrombosis (DVT); pregnant. Always read the label. Use only as directed. If you are uncertain about the cause of your symptoms or your symptoms persist, please consult your Doctor. †TRIAL: With REVITIVE, calculations showed blood volume 4 times higher than baseline / at rest in healthy people (Varatharajan et al, 2014. The effect of footplate neuromuscular electrical stimulation on venous and arterial hemodynamics, Phlebology, July 4, 20 participants.) *Free standard P&P worth £7.99 in England and Wales. Some areas of Scotland, Northern Ireland and other remote postcodes will incur a surcharge cost of £19.99. Next day or express deliveries will cost more, please ask our customer service team for a quote **If returned within 60 days, full refund of purchase price, minus collection fee of £7.99 (some areas of Scotland, Northern Ireland and other remote postcodes will incur a surcharge cost of £19.99). Must be returned in original UNDAMAGED packaging, otherwise charges may apply. 1 trial per customer only & trial starts from dispatch date. All quotes used are real however, to protect the identity of our customers, models have been used for the pictures. Copyright © 2019 Actegy Ltd. All rights reserved. REVITIVE and CIRCULATION BOOSTER are trademarks or registered trademarks of Actegy Ltd. Registered in England no. 4819502. Registered office Actegy Ltd, Reflex, Cain Road, Bracknell, RG12 1HL, UK. AW: 16321976 03.19

LIVE Formula 2: British GP
Fri 11.55am & 4.10pm Sky Sports F1; 11.55am Sky Sports Main Event
Practice sessions from Silverstone.

LIVE Formula 3: British GP
Fri 5.05pm Sky Sports F1
Practice coverage from Silverstone.

NETBALL

LIVE New Zealand v Malawi
Fri 8.30am Sky Sports Main Event, Sky Sports Arena & Sky Sports Netball
World Cup coverage of opening match – a Group B match from M&S Bank Arena in Liverpool.

LIVE Barbados v Singapore
Fri 9.20am Sky Sports Action
Coverage of the World Cup Group D match from M&S Bank Arena.

LIVE Australia v Northern Ireland
Fri 10.45am Sky Sports Arena & Sky Sports Netball
Coverage of the World Cup Group A match from M&S Bank Arena.

LIVE Zimbabwe v Sri Lanka
Fri 11.20am Sky Sports Action
Coverage of the World Cup Group A match from M&S Bank Arena.

LIVE Netball World Cup
Fri 3pm Sky Sports Arena & Sky Sports Netball
Coverage of this year's opening ceremony from Liverpool.

LIVE Jamaica v Fiji
Fri 4.30pm Sky Sports Netball
Coverage of the World Cup Group C encounter from M&S Bank Arena.

LIVE South Africa v Trinidad & Tobago
Fri 5.20pm Sky Sports Action
Coverage of the World Cup Group C match from M&S Bank Arena.

LIVE England v Uganda
Fri 6.45pm Sky Sports Netball, 7pm Sky One
Coverage of England's opening World Cup match in Group D in Liverpool. See page 27.

LIVE Scotland v Samoa
Fri 7.20pm Sky Sports Action
Coverage of Scotland's Group D match from M&S Bank Arena.

POOL

LIVE Shootout Pool
Sat 2pm & 7.30pm FreeSports
Coverage of the blackball event.

ROWING

LIVE Henley Royal Regatta
Sat 1.30pm & Sun 11am BT Sport 3
Coverage of days four and five of the historic annual meeting.

RUGBY LEAGUE

LIVE Newcastle Knights v New Zealand Warriors
Sat 10.30am Sky Sports Arena
Coverage of the NRL match from the 16th round of fixtures, which takes place at McDonald Jones Stadium.

LIVE Catalans Dragons v Wakefield Trinity
Sat 5pm Sky Sports Action
Super League coverage from Stade Gilbert Brutus.

LIVE State Of Origin 2019
Wed 10am Sky Sports Main Event & Sky Sports Arena
Coverage of the third New South Wales v Queensland match from ANZ Stadium.

LIVE Hull FC v London Broncos
Thu 7pm Sky Sports Arena, 8pm Sky Sports Main Event
Super League coverage from KCOM Stadium.

LIVE Penrith Panthers v Gold Coast Titans
Fri 8.55am Sky Sports Arena
Coverage of the NRL match at Panthers Stadium.

LIVE Betfred Super League
Fri 7pm Sky Sports Main Event & Sky Sports Arena
Coverage of a crucial game.

LIVE South Sydney Rabbitohs v Manly-Warringah Sea Eagles
Fri 5.55am Sky Sports Arena
NRL coverage from ANZ Stadium.

RUGBY UNION

LIVE Super Rugby Final
Sat 8am Sky Sports Main Event & Sky Sports Action
Coverage of this year's southern hemisphere showpiece.

LIVE France Women v New Zealand Women
Sat 10.10pm Sky Sports Arena & Sky Sports Mix, 11pm Sky Sports Main Event
Coverage of the Women's Rugby Super Series match from San Diego.

LIVE Canada Women v England Women
Sat 1.10am Sky Sports Main Event, Sky Sports Action & Sky Sports Mix
Women's Super Series coverage from San Diego.

LIVE England Women v France Women
Wed 9.45pm Sky Sports Main Event, Sky Sports Action & Sky Sports Mix
Coverage of the Women's Rugby Super Series match from San Diego.

LIVE Canada Women v USA Women
Wed 1.10am Sky Sports Main Event, Sky Sports Action & Sky Sports Mix
Women's Super Series coverage from San Diego.

SWIMMING

LIVE Universiade
Mon 5.15pm Euro1
Coverage from Naples, Italy.

TENNIS

LIVE Wimbledon 2019
Sat 11am BBC2, 12.20pm & 5.15pm BBC1; Mon 10.30am BBC2, 1.45pm BBC1; Tue 12.30pm BBC2, 1.45pm BBC1; Wed 12.15pm & 1.45pm BBC1, 1pm BBC2; Thu & Fri 12.30pm & 6pm BBC2, 1.45pm BBC1
Coverage from the All-England Club, including the singles semi-finals on Thursday and Friday. Highlights Sat & Mon 8.30pm BBC2, Tue-Fri 8pm BBC2. Coverage also Mon-Fri 11am on BBC Red Button. See page 27.

TRIATHLON

LIVE Hamburg: Mixed Relay
Sun 8.10am BBC Red Button 1
Coverage of the latest round of the ITU Triathlon World Series.

WRESTLING

LIVE WWE
Mon & Tue 1am Sky Sports Main Event & Sky Sports Arena
US grappling action.

Football planner

LIVE COPA AMÉRICA

Copa América Final

Sunday, Premier Sports 1, kick-off 9pm

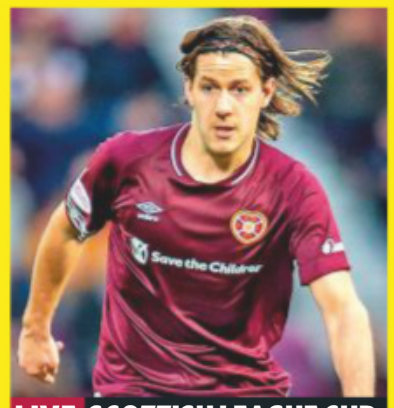
Rio de Janeiro's iconic Maracanã stadium hosts this year's final. Hosts Brazil will be hoping to have reached the showpiece for the first time in 12 years after beginning their campaign by beating Bolivia 3-0 with Barcelona's Philippe Coutinho netting twice.

LIVE GOLD CUP

Gold Cup Final

Sunday, FreeSports, kick-off 2.15am

The 2019 champions of the CONCACAF nations will be decided in the early hours of Monday morning. Manchester City's 21-year-old Uriel Antuna, currently on loan with LA Galaxy, was a star of the group stage with a hat-trick in Mexico's 7-0 demolition of Cuba.



LIVE SCOTTISH LEAGUE CUP

Hearts v Dundee United

Friday, BT Sport 1 HD, kick-off 7.45pm

Scottish football resumes as the League Cup group stage begins at Tynecastle, where last season's semi-finalists host Dundee United. Celtic, Rangers, Kilmarnock and Aberdeen have byes to the second round due to their European commitments.

Saturday 6

LIVE Women's World Cup
3.30pm BBC Red Button (kick-off 4pm)
Coverage of the third-place match.

LIVE Africa Cup of Nations
4.45pm Eurosport 2 (k-o 5pm)
The third last-16 fixture. Coverage of the match between the runners-up in Groups B and F, held at Alexandria Stadium in Egypt.

LIVE Africa Cup of Nations
7.45pm Eurosport 2 (kick-off 8pm)
The fourth last-16 fixture. Coverage of the match between the winners of Group A and a third-placed side, held at Cairo International Stadium.

LIVE Copa América
7.55pm Premier Sports 1 (kick-off 8pm)
Coverage of the third-place match. In the equivalent game in 2016's centenary edition of the cup, hosts USA were beaten 1-0 by a strong Colombia side captained by James Rodríguez. Christian Pulisic, then 17, came on as a late substitute for the Americans.

LIVE Philadelphia Union v Orlando City SC
12m't FreeSports
Coverage of the MLS encounter from Talen Energy Stadium. Philadelphia, who finished sixth in the Eastern Conference last season, were leading at just past the halfway stage in 2019.

LIVE Los Angeles FC v Vancouver Whitecaps
3.30am FreeSports
Coverage of the match from Banc of California Stadium.

Sunday 7

LIVE Women's World Cup
3.30pm BBC1 & BBC Red Button 1 (kick-off 4pm)
The final. All the action from the showpiece match at Stade de Lyon in France, as the sides compete for the trophy won by USA four years ago in Canada. The Americans gained revenge for a penalty-shoot-out loss at the hands of Japan in the 2011 final by defeating the same opponents 5-2. See p27.

LIVE Africa Cup of Nations
4.45pm Eurosport 2 (k-o 5pm)
The fifth last-16 fixture. Coverage of the match between the winners of Group B – in which Nigeria won their first two games with late goals – and the Group F runners-up, held at Alexandria Stadium.

LIVE Atlanta United FC v New York Red Bulls
7.20pm Sky Sports Football & Sky Sports Mix
Coverage of the MLS Eastern Conference clash from Mercedes-Benz Stadium. Former Aston Villa and Middlesbrough goalkeeper Brad Guzan has been with Atlanta since their debut season, 2017.

LIVE Africa Cup of Nations
7.45pm Eurosport 2 (kick-off 8pm)
The sixth last-16 fixture. Coverage of the match between the winners of Group C and one of the best third-placed sides, held at 30 June Stadium in Cairo.

LIVE Copa América
8.55pm Premier Sports 1 (kick-off 9pm)
Coverage of the final.

LIVE New York City FC v Portland Timbers
11.30pm Sky Sports Football
Coverage of the MLS inter-conference clash from Yankee Stadium. City's form has picked up recently following a slow start to the season, their first since the departure of their first-ever signing, captain and all-time top scorer David Villa.

LIVE Gold Cup
2am FreeSports (kick-off 2.15am)
Coverage of the final from Soldier Field in Chicago.

Monday 8

LIVE Africa Cup of Nations
4.45pm Eurosport 2 (kick-off 5pm)
The seventh last-16 fixture. Coverage of the match between the winners of Group E and the runners-up of the strong-looking Group D, which included Ivory Coast, Morocco, South Africa and Namibia. Held at Suez Stadium.

LIVE Africa Cup of Nations
7.45pm Eurosport 2 (kick-off 8pm)
The eighth last-16 fixture. Coverage of the match between the winners of Group F and the Group E runners-ups at Ismailia Stadium.

Wednesday 10

LIVE Africa Cup of Nations
4.45pm Eurosport 2 (kick-off 5pm)
The opening quarter-final. Coverage from 30 June Stadium in Cairo.

LIVE Africa Cup of Nations
7.45pm Eurosport 2 (kick-off 8pm)
The second quarter-final. Coverage from Cairo International Stadium.

Thursday 11

LIVE Africa Cup of Nations
4.45pm Eurosport 2 (kick-off 5pm)
The third quarter-final. Coverage from Suez Stadium.

LIVE Africa Cup of Nations
7.45pm Eurosport 2 (kick-off 8pm)
The fourth quarter-final. Coverage from Al Salam Stadium in Cairo.

Friday 12

LIVE Hearts v Dundee United
7.15pm BT Sport 1 (kick-off 7.45pm)
Scottish League Cup group stage clash at Tynecastle Park.

LIVE DC United v New England Revolution
12.05am FreeSports
Coverage of the MLS match from Audi Field. DC's Wayne Rooney is having a good season.

LIVE Houston Dynamo v Los Angeles FC
2.05am FreeSports
Coverage of the MLS Western Conference clash from BBVA Compass Stadium.

LIVE LA Galaxy v San Jose Earthquakes
4.05am FreeSports
Coverage of the MLS clash from Dignity Health Sports Park.

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Glittering Columbus

Proud flagship of the CMV fleet, beautifully appointed *Columbus* offers a range of hugely enjoyable, great value voyages, adding a touch of contemporary style to the traditional welcome and friendly warmth that have long been the hallmarks of the line.

Sleek Magellan

Since her arrival in the UK in 2015, *Magellan* has been a welcome addition to the CMV fleet. Sailing from a choice of regional ports *Magellan* brings a touch of contemporary chic to the traditional welcome of the CMV cruise experience.

Elegant Marco Polo

Marco Polo will continue her illustrious career with a series of new and wonderful voyages bringing opportunities for yet more British cruise holidaymakers to experience the elegance and tradition of the much-loved vessel.

Contemporary Vasco da Gama

Beautifully appointed *Vasco da Gama*, is a 1,200-passenger vessel with a reputation for combining ultra-modern comforts, with the highest standards of service.

Sailing from Tilbury

Sails	Days	Cruise Title	Ship	1st person from	2nd person
9 Oct 2020	53	Southbound Voyage via Panama Canal	*Vasco da Gama*	£7,779	FREE
1 Nov 2020	20	Grand Canary Islands, Madeira & Morocco	*Columbus*	£1,999	FREE
6 Dec 2020	6	German Markets & Festive Shopping	*Magellan*	£729	FREE
10 Dec 2020	6	German Christmas Markets & Antwerp	*Columbus*	£739	FREE
13 Dec 2020	5	French Festive Getaway, River Seine Experience & Antwerp	*Magellan*	£579	FREE
15 Dec 2020	4	Christmas Market, Rotterdam & Antwerp Cruise	*Columbus*	£449	FREE
17 Dec 2020	22	Christmas & New Year Cruise to Cape Verde Islands & Madeira	*Magellan*	£3,359	FREE
20 Dec 2020	18	Christmas & New Year Canaries & Madeira	*Columbus*	£2,909	FREE
6 Jan 2021	121	Grand Round the World Cruise	*Columbus*	£17,999	FREE
7 Jan 2021	85	Grand Round South America & Amazon Discovery	*Magellan*	£12,599	FREE
1 Apr 2021	11	Easter British Isles Discovery	*Magellan*	£1,589	FREE

Sailing from Tilbury

Sails	Days	Cruise Title	Ship	1st person from	2nd person
11 Apr 2021	13	Hidden Baltic Treasures	*Magellan*	£1,899	FREE
23 Apr 2021	8	Majestic Fjordland	*Magellan*	£1,159	FREE
30 Apr 2021	3	Weekend May Day Spring Break^	*Magellan*	£289	FREE
6 May 2021	4	Spring Break to Rotterdam & Antwerp	*Columbus*	£449	FREE

Sailing from Bristol

Sails	Days	Cruise Title	Ship	1st person from	2nd person
2 Nov 2020	26	Grand Canary Islands, Madeira, Cape Verde & Morocco	*Magellan*	£2,599	FREE
6 Dec 2020	13	Escape the Winter Festive Getaway	*Marco Polo*	£1,599	FREE
20 Dec 2020	17	Christmas & New Year Canaries & Madeira Cruise	*Marco Polo*	£2,689	FREE
5 Jan 2021	111	Marco Polo's Grand Oriental Odyssey	*Marco Polo*	£16,599	FREE
25 Apr 2021	15	Azores, Madeira & Portuguese Highlights	*Marco Polo*	£2,179	FREE

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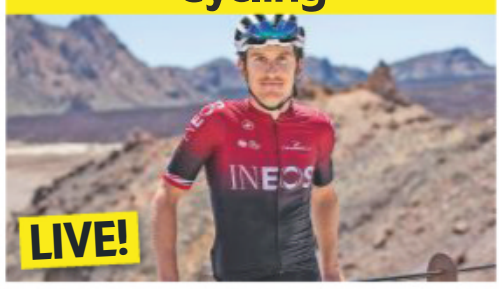
Saturday

6 July

Evening Planner

Cycling



Tour de France
Eurosport 1 HD & ITV4 HD, from 10.30am
Geraint Thomas defends his title as stage one, 194.5km around Brussels, begins

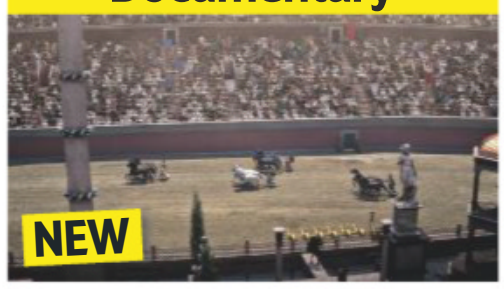
Tennis

Wimbledon
BBC1 HD, BBC2 HD, BBC iPlayer & BBC Red Button, from 11am
Day six continues with matches in the men's singles, ladies' singles and doubles

Documentary

London's Great Bridges: Lighting the Thames
C4 HD, 7pm
Charlie Luxton looks at a project to illuminate 15 bridges in central London

Documentary



Race to the Death: Rome's Charioteers
C4 HD, 8pm
Uncovering the history of Rome's Circus Maximus by re-creating a chariot race

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	◂ 5.15 Wimbledon – Live	7.35 Pointless Celebrities		8.25 Casualty	9.15 Killing Eve		10.00 News	10.20 Film: The Lady in the...
102 BBC2	◂ 11.00 Wimbledon – Live: Day six from the All England Club			8.30 Today at Wimbledon		9.30 Hampton Court Palace Garden Festival		10.30 Film: Matangi...
103 ITV		7.15 Catchphrase	8.00 The Voice Kids			9.35 News	9.55 Film: GoldenEye	
104 CHANNEL 4	7.00 London's Great Bridges: Lighting the...		8.00 Race to the Death: Rome's Charioteers		9.00 Film: Jack Reacher: Never Go Back			
105 CHANNEL 5	◂ 6.55 Secrets of the Mayan Underworld		8.00 How the Victorians Changed the Way We Live				9.55 The 00s: Most Shocking Celebrity Moments	
106 SKY ONE	◂ 5.15 Film: Superman		8.00 An Idiot Abroad		9.00 A League of Their Own		10.00 ICC Cricket World Cup	
Entertainment								
116 BBC4	7.00 Nasa – Triumph and Tragedy		8.00 Jet! When Britain Ruled the Skies		9.00 Inspector Montalbano			
118 ITV2		7.15 Film: Liar Liar			9.00 Love Island: Unseen Bits		10.05 Shopping...	10.35 Family Guy
136 MORE4	◂ 6.55 Come Dine with Me		8.00 999: On the Frontline		9.00 24 Hours in A&E			
135 E4	◂ 6.30 Film: The Fault in Our Stars				9.00 Film: The Maze Runner			
107 SKY WITNESS	7.00 Nothing to Declare				9.00 Murders That Shocked the Nation		10.00 Britain's Most Evil Killers	
108 SKY ATLANTIC	7.00 Without a Trace				9.00 The Night Of			
110 GOLD	7.00 Only Fools and Horses			8.20 Only Fools and...	9.00 Citizen Khan			10.15 Bottom
111 DAVE	◂ 6.40 Would I Lie to You?		8.00 Taskmaster		9.00 Have I Got a Bit More News for You		10.00 Film: Reservoir Dogs	
119 ITV3	7.00 Agatha Christie's Poirot				9.00 Vera			
120 ITV4	7.00 Tour de France Highlights		8.00 Film: Oblivion					
112 COMEDY CENTRAL	7.00 Film: The Three Musketeers				9.00 Film: Ali G Indahouse			10.35 Ricky...
114 SYFY	◂ 6.40 Film: LadyHawke				9.00 Film: Streetfighter			
109 W	7.00 Outnumbered				9.00 Film: Bride Wars			
113 UNIVERSAL	7.00 Private Eyes		8.00 Major Crimes				10.00 Law & Order: Special Victims Unit	
124 FOX	7.00 NCIS: New Orleans		8.00 NCIS		9.00 Lucifer		10.00 Family Guy	
122 SKY ARTS	◂ 6.00 Muse Live at Rome Olympic Stadium		8.00 Discovering...	8.30 Video Killed...	9.00 Download Festival 2019			
Documentary								
125 DISCOVERY	7.00 Naked and Afraid XL		8.00 Wheeler Dealers		9.00 Deadliest Catch			
162 ANIMAL PLANET	7.00 The Bronx Zoo		8.00 Dodo Heroes		9.00 Fish or Die		10.00 Alaska Monsters	
129 NAT GEO	7.00 Apollo: Missions to the Moon				9.00 The Armstrong Tapes		10.00 Moon Landings Declassified	
130 HISTORY	7.00 Digging for Britain		8.00 Lost Gold of WWII		9.00 Days That Shaped America			
155 YESTERDAY	7.00 Guitar Heroes at the BBC		8.00 Duran Duran: There's Something You...		9.00 Bangers and Cash			
166 EDEN	7.00 Wild Colombia with Nigel Marven		8.00 Ten Deadliest Snakes with Nigel...		9.00 Wild Arabia		10.00 Wild Caribbean	
Films								
301 SKY PREMIERE	◂ 5.50 Cats		8.00 The Girl in the Spider's Web				10.00 Night School	
302 SKY MEGAHITS	◂ 6.50 Iron Man 2				9.00 Iron Man 3			
303 SKY GREATS	◂ 6.00 Ferris Bueller's Day Off		8.00 Die Hard					10.15 Mad Max 2
304 SKY DISNEY	◂ 6.15 Up		8.00 Mary Poppins					10.25 Honey, I Shrunk...
305 SKY FAMILY	◂ 6.20 Cloudy with a Chance of Meatballs 2		8.00 Peter Rabbit			9.40 Nutty Professor II: The Klumps		
306 SKY ACTION	◂ 5.35 Transformers		8.00 Jurassic World: Fallen Kingdom					10.15 Streetfighter
307 SKY COMEDY	◂ 6.00 The School of Rock		8.00 Daddy's Home 2			9.45 Crazy, Stupid, Love		
308 SKY THRILLER	◂ 6.25 Braven		8.00 The Snowman				10.00 Hotel Artemis	
309 SKY DRAMA	◂ 6.05 My Cousin Rachel		8.00 The Social Network				10.05 Phantom Thread	
310 SKY SCI-FI	7.00 Rampage				9.00 Elysium			
311 SKY SELECT	◂ 6.25 In & Out		8.00 Love, Simon				10.00 Riot	
313 FILM4		7.15 Europa Report			9.00 The Boss			
315 TCM	◂ 6.50 Heaven with a Gun				9.00 The Glimmer Man			
Sport								
401 MAIN EVENT	7.00 ICC Cricket World Cup – Live: Australia v South Africa: From Old Trafford in Manchester					9.30 Fight Night – Live: Anthony Fowler v Brian Rose		
402 PREMIER LEAGUE	7.00 Premier League Legends		8.00 Premier League Highlights				10.00 Gary Neville's Soccerbox	
403 FOOTBALL	7.00 Football...	7.30 MLS Round-Up...	8.00 EFL Goals: Leagues 1 & 2					10.30 MLS...
404 CRICKET WORLD CUP	7.00 ICC Cricket World Cup – Live: Australia v South Africa: From Old Trafford in Manchester					9.30 World Cup...	10.00 ICC Cricket World Cup	
413 BT SPORT 1	◂ 5.45 FIM Speedway Grand Prix – Live: The FIM Speedway Grand Prix in Hallstavik, Sweden					9.30 No Filter Boxing	10.00 UFC 239...	10.30 UFC 239...
414 BT SPORT 2	7.00 AFL							

◂ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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Saturday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen Live** With guests Tommy Banks, Paul A Young and Jon Richardson. (S)
11.30 **Nigella: At My Table** 3/6. Nigella Lawson makes dishes to share around the table. (S)(R)(AD)
12.00 NOON **BBC News** (S)
12.10 PM **Local News** (S)
12.20 **LIVE Wimbledon** Sue Barker presents coverage of day six from the All England Club, featuring matches in the men's singles, ladies' singles and doubles. (S)
5.00 **BBC News** (S)
5.15 **LIVE Wimbledon** Sue Barker presents further coverage of day six of the Grand Slam tournament, with the home crowd hoping for some British involvement in the men's and ladies' singles draws. (S)

9.15 Killing Eve

6 PM **LIVE Wimbledon** (started at 5.15pm)

7 PM
7.35 **Pointless Celebrities** An edition of the quiz featuring stars who found fame in the 2000s, including Gail Emms, Audley Harrison, David Spinx and Susie Amy. (S)(R)
■ Postponed from 29 June

8 PM
8.25 **Casualty** Iain learns to put patients first without compromising his mental health. Meanwhile, Gem considers joining Rash on his travels, but decides to stay for Iain's sake. (S)(AD)

9 PM
9.15 **Killing Eve** *Smell Ya Later:* 5/8. Villanelle and Eve discover that their interests might be best served if they work together. (S2) (S)

10 PM
10.00 **BBC News** (S) Followed by **Lottery Update** (S)
10.20 **FILM The Lady in the Van** Fact-based comedy drama starring Maggie Smith. (S)(AD) (2015, 12, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.00 M'T **FILM Memento** Mystery thriller starring Guy Pearce and Carrie-Anne Moss. A man with a bizarre form of amnesia tries to solve the puzzle of his wife's death. With Joe Pantoliano. (S)(AD) (2000, 15, 110min) ★★★★
1.50 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.55 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.00 AM **All Over the Place: UK** (S)(R)
6.30 **The Dengineers** (S)(R)
7.00 **The Dog Ate My Homework** (R)
7.25 **Mustangs FC** (S)(R)
7.50 **FILM Tinker Bell and the Legend of the NeverBeast** Animated fantasy with the voices of Mae Whitman and Ginnifer Goodwin. (S) (2014, U, 70min) ★★★
9.00 **The World According to Kids** (R)
10.00 **Me and My Dog: The Ultimate Contest** Dog owners and their pets compete in a bid to make it to the grand final. (S)(R)
11.00 **LIVE Wimbledon** Sue Barker presents coverage of day six of the Grand Slam tournament from the All England Club. (S)
This afternoon's schedule is subject to change if BBC2 shows the Women's World Cup.

9.30 Hampton Court Palace...

6 PM **LIVE Wimbledon** (started at 11.00am)

8.30 **Today at Wimbledon** Clare Balding introduces action of the sixth day's play at SW19, where the line-up for the last 16 was set to be decided. (S)

9.30 **Hampton Court Palace Garden Festival** **SERIES FINALE** 4/4. The team show how viewers can bring the festival feeling into their own gardens. (S)

10.30 **FILM PREMIERE Matangi/Maya/MIA** A personal profile of the critically acclaimed artist. (S) (AD) (2018, 18, 95min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.05 AM **FILM Mandela: Long Walk to Freedom** Biopic of South African leader Nelson Mandela, charting his activism against the apartheid regime, imprisonment and rise to become president. Stars Idris Elba, Naomie Harris and Tony Kgoroge. (S)(AD) (2013, 12, 140min) ★★★
2.25 **to 6.15** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **CITV**
8.25 **ITV News** (S)
8.30 **The Sara Cox Show** With David Baddiel, Susie Dent, Gyles Brandreth and Andreya Triana. (S)
9.25 **James Martin's Saturday Morning** With Gaby Roslin, Alistair McGowan and Tom Kitchin. (S)
11.35 **John and Lisa's Weekend Kitchen** Clodagh McKenna makes Montauk clambake. (S)(R)
12.40 PM **Save Money: Good Diet** Children's packed lunches. (S)(R)
1.10 **ITV News** (S)
1.25 **LIVE ITV Racing: From Sandown** Coverage of races from Sandown Park and Haydock Park. (S)
4.00 **You've Been Framed!** A builder drops in through a roof. (S)(R)
4.30 **Tipping Point** Game show. (S)(R)
5.30 **The Chase** Quiz show. (S)(R)

8.00 The Voice Kids

6.25 **ITV News** (S)
6.35 **Local News** (S)
6.40 **Harry Hill's Alien Fun Capsule** The host is joined by Jennie Bond, Nick Helm, Angellica Bell and Patrick Mower. (S)
7.15 **Catchphrase** 5/8. Three contestants guess the familiar phrases hidden in animated clues, before one of them plays to win £50,000. (S)
8.00 **The Voice Kids** 5/8. Emma Willis hosts the Battle stages of the singing contest, with the remaining acts competing to impress the judges and win one of the 12 places in the semi-finals. (S)
■ Repeated on Friday
9.35 **ITV News** (S)
9.55 **FILM GoldenEye** James Bond adventure thriller starring Pierce Brosnan as 007. Bond encounters an old enemy when a duplicitous Russian general steals a deadly satellite weapon. With Sean Bean, Famke Janssen and Izabella Scorupco. (S)(AD) (1995, 15, 145min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.20 AM **Tour de France Highlights** Action from stage one of the prestigious race, featuring a 194.5km journey in Brussels. (S)
1.10 **5 Gold Rings** Two friends take on a father and son in the interactive game show. (S)(R)
2.00 **500 Questions** Quiz. (S)(R)
2.50 **Broadchurch** 8/8. The truth is revealed. (S2) (S)(SL)(R)(AD)
3.40 **to 6.00** AM **ITV Nightscreen**

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.10 AM **The King of Queens** (S)(R)
7.00 **Frasier** 13&14/24. (S5) (S)(R)
7.55 **The Big Bang Theory** (S)(R)(AD)
9.05 **Young Sheldon** (S1) (S)(R)(AD)
10.00 **The Simpsons** (S)(R)(AD)
12.00 NOON **Four in a Bed** (S)(R)
2.45 PM **LIVE W Series Motorsport** Coverage of the fourth round of the season from the Norisring in Germany, as the inaugural season of the all-female Formula 3-level racing series continues. (S)
4.00 **A Place in the Sun** Jonnie Irwin helps a couple in Tenerife. (S)(R)
4.30 **Location, Location, Location** Phil Spencer catches up with two couples whose property searches took some unexpected turns. (S)(R)
5.35 **Portrait Artist of the Year** With celebrity sitters Eddie Hall, Jodie Kidd and James Purefoy. (S)(AD)

9.00 Jack Reacher: Never Go Back

6.30 **News** (S)
7.00 **NEW SERIES London's Great Bridges: Lighting the Thames** 1/3. Charlie Luxton reports on an organisation responsible for plans to illuminate the bridges of central London. (S)(AD)
8.00 **NEW Race to the Death: Rome's Charioteers** Documentary exploring new discoveries about chariot racing in ancient Rome, and following an attempt to reconstruct a racing chariot. (S)(AD)
9.00 **FILM Jack Reacher: Never Go Back** Action thriller sequel based on Lee Child's novel, starring Tom Cruise. The vigilante tries to save an army major who has been framed for murder by a sinister conspiracy. With Cobie Smulders and Danika Yarosh. (S) (2016, 12, 140min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.20 **ICC Cricket World Cup** Action from the final two group-stage fixtures – Sri Lanka v India, and Australia v South Africa. (S)
12.25 AM **The Last Leg** (S)(R)
1.20 **Hollyoaks** (S)(SL)(R)(AD)
3.25 **My Family Secrets Revealed** (R)
4.20 **Extreme Cake Makers** (S)(R)
4.45 **Kirstie's Vintage Gems** (S)(R)
5.05 **to 6.00** AM **Big House, Little House** (S)(R)(AD)

+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
10.00 **Rise of the Teenage Mutant Ninja Turtles** Double bill. (S)(R)
10.25 **Britain's Greatest Bridges** (R)
10.35 **Traffic Cops** (S)(R)
12.25 PM **Friends** (S8) (S)(R)
2.50 **FILM Mr Deeds** Comedy starring Adam Sandler and Winona Ryder. The owner of a small-town pizzeria travels to New York after inheriting $40billion from a distant relative. With John Turturro. (S) (2002, 12, 110min) ★★
4.40 **FILM Stargate** Sci-fi adventure starring Kurt Russell and James Spader. An Egyptologist and a US military team pass through a teleportation gate leading to another world. (S) (1994, PG, 130min) ★★★★

2.50 Mr Deeds

6.50 **News** (S)
6.55 **Secrets of the Mayan Underworld** Following archaeologists as they try to locate the most sacred Mayan site of all, which was the mystical centre of the world linking the underworld, Earth and the heavens. (S)(R)
8.00 **How the Victorians Changed the Way We Live** 2/2. Michael Buerk looks at how the Victorians created what is now known as the modern home, exploring the huge rise in house-building during the period. (S)(R)
9.55 **The 00s: Most Shocking Celebrity Moments** 3/3. A look back at the Noughties, which witnessed the birth of reality TV and some bizarre scenes caught on camera, featuring clips of George Galloway, Katie Price and Gillian McKeith. (S)(R)
12.50 AM **Lip Sync Battle UK: Matt Richardson vs Daisy Lowe** The comedian faces off against the fashion model. (S)(R)
1.15 **21.co.uk Live Casino Show** (S)
3.15 **The Hotel Inspector** (S)(R)
4.00 **World's Deadliest Weather: Caught on Camera** (S)(R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **House Busters** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (SL)(R)

+1 hour 205 155 44 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Modern Family** (S)(R)
9.00 **The Simpsons** (S)(R)
10.00 **PL Best Goals 98/99** Memorable strikes. (S)(R)
11.00 **Football's Funniest Moments** 2/3. Comical incidents from the Premier League. (S)(R)(AD)
12.00 NOON **David Attenborough's Conquest of the Skies** (S)(R)
1.00 PM **David Attenborough's Conquest of the Skies** (S)(R)
4.00 **Monkeys and Apes: Wild Files** Patrick Aryee reveals how all of the monkeys and apes scored.
4.15 **The Simpsons** (S)(R)
5.15 **FILM Superman** Sci-fi adventure starring Christopher Reeve as the Man of Steel. With Margot Kidder, Marlon Brando and Gene Hackman. (S) (1978, PG, 143min) ★★★★

5.15 Superman

FILM Superman (film started at 5.15pm)
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

8.00 **An Idiot Abroad** 3/8. Karl Pilkington stops off in Israel on his way to Petra, Jordan, and is subjected to a mock kidnapping, before visiting Bethlehem and the Wailing Wall. (S)(R)(AD)
9.00 **A League of Their Own** 10/10. The best moments from the 11th series of the quiz hosted by James Corden, with regulars Andrew Flintoff, Jamie Redknapp and Jack Whitehall. (S)(R)(AD)
10.00 **ICC Cricket World Cup** Action from the group-stage match between Pakistan and Afghanistan, held at Headingley Stadium, Leeds.
11.00 **ICC Cricket World Cup** Action from the group-stage match between New Zealand and Australia, held at Lord's.
12.00 M'T **Warrior** *There's No China in the Bible:* 2/10. Big Bill and Lee investigate a grisly murder in an alley next to an Irish bar. (S1) (R)
1.00 AM **Road Wars** (S)(R)
4.00 **to 6.00** AM **Motorway Patrol** (S)(R)(AD)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.20pm The Irish Open – Highlights (S) **11.20** **FILM** The Lady in the Van: Comedy drama. (S)(AD) (2015, 12, 100min) ★★★★ **1.00-6.00am** BBC News
WALES
Sky **952**, Virgin **864**, Freesat **964**
10.20pm Bang (S) **11.05** **FILM** The Lady in the Van: As N. Ireland. **12.45am** Mrs Brown's Boys (S)(R) **1.15-6.00am** BBC News (S)

BBC2

SCOTLAND
Sky **970**, Freesat **970**
No variations
N. IRELAND
Sky **972**, Freesat **969**
No variations
WALES
Sky **971**, Freesat **971**
No variations

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.00-10.00** Stwnsh Sadwrn **10.00** Fferm Ffactor **11.00** Ffermio **11.30** Garddio a Mwy **12.00noon** Eisteddfod Llangollen 2019 **2.00pm LIVE** Seiclo: Le Tour de France **4.10** Pobl a'u Gerddi **4.35** Newyddion a Chwaraeon **4.45 LIVE** Pel-Rwyd Rhyngwladol **6.30** Eisteddfod Llangollen 2019 **8.00** Eisteddfod Llangollen 2019 **10.30** Seiclo: Le Tour de France **11.00** Elis James – 'Nabod Y Teip **11.30pm-12.05am** Hansh

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **NASA – Triumph and Tragedy** 1/2. Documentary sharing the personal stories of those involved with America's leading role in the space race.
8.00 **Jet! When Britain Ruled the Skies** 1/2. Documentary examining advances in British aviation in the 1950s and 1960s.
9.00 **Inspector Montalbano** *A Nest of Vipers:* 3/4. Businessman Cosimo Barletta is found dead in his holiday home, and Montalbano's investigation reveals unexpected facts about the man's life and death. Subtitled. (S4)
11.00 **Top of the Pops: 1988**
12.30 AM **The Rules of Film Noir** Matthew Sweet celebrates the movie genre.
1.30 **FILM On Dangerous Ground** Thriller with Robert Ryan and Ida Lupino. (1951, b/w, PG, 80min) ★★★★
2.50 **to 3.50** AM **NASA – Triumph and Tragedy**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Food Unwrapped**
9.30 **A Place in the Sun: Home or Away** Triple bill.
12.35 PM **Orangutan Jungle School** Clara and Clarita are strong enough to go home.
1.40 **The Yorkshire Dales and the Lakes** Kettlewell hosts its annual scarecrow festival.
2.45 **Four in a Bed** Five editions.
5.25 **Come Dine with Me** Double bill in Milton Keynes.
6.25 **Come Dine with Me** A safari-themed dinner party. **6.55** A choir director prepares dishes from his native Ghana. **7.25** A country enthusiast demonstrates her skills with an accordion.
8.00 **999: On the Frontline** In Coventry, paramedics respond to a well-known drunk nuisance caller.
9.00 **24 Hours in A&E** A woman is airlifted to hospital after being involved in a road traffic collision. **10.05** A long-distance lorry driver has fallen backwards off a ramp onto concrete and is sent for a CT scan.
11.05 **It Was Alright in the 1970s** Ideas conveyed about society, sex and stereotypes in the 1970s.
12.05 AM **Ramsay's Kitchen Nightmares USA**
2.05 **to 4.00** AM **FILM Master of the World** Sci-fi. (1961, U, 104min) ★★

+1 hour 236 196 86 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Totally Bonkers Guinness World Records**
6.10 **Emmerdale**
9.00 **Coronation Street**
12.00 NOON **Catchphrase**
12.40 PM **Ninja Warrior UK**
1.45 **FILM Dirty Dancing 2: Havana Nights** Romantic drama with Romola Garai. (2004, PG, 86min) ★★★
3.30 **FILM The Haunted Mansion** Supernatural comedy with Eddie Murphy. (2003, PG, 87min) ★★
5.10 **FILM Despicable Me 2** Animated comedy sequel featuring the voices of Steve Carell and Kristen Wiig. (2013, U, 97min) ★★★
7.15 **FILM Liar Liar** Comedy starring Jim Carrey. (1997, 12, 86min) ★★★★
9.00 **Love Island: Unseen Bits** **NEW EDITION** Iain Stirling introduces a look back at the past week in the villa.
10.05 **Shopping with Keith Lemon** 5/8. Comedy chat show in which Keith Lemon takes celebrities shopping.
10.35 **Family Guy** *Viewer Mail 2:* 23/23. Stories inspired by viewers' letters. (S10)
11.05 **Family Guy**
11.55 **American Dad!**
12.55 AM **Iain Stirling's CelebAbility**
1.40 **Hey Tracey!**
2.20 **to 2.45** AM **Bonkers Guinness World Records**

+1 hour 218 116 27 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Young & Hungry**
6.50 **How I Met Your Mother**
7.50 **The Crystal Maze: Celebrity Special**
8.55 **Don't Tell the Bride**
11.00 **Speechless**
1.30 PM **The Goldbergs**
2.30 **Brooklyn Nine-Nine**
3.00 **The Big Bang Theory** Seven episodes, including at: **6.00** 13/24. Howard and Raj go to extreme lengths to deal with a squeaky floorboard. (S10)
6.30 **FILM The Fault in Our Stars** Romantic drama starring Shailene Woodley and Ansel Elgort. Two American teenagers bond at a cancer support group and go on a literary pilgrimage to Amsterdam. (2014, 12, 121min) ★★★
9.00 **FILM The Maze Runner** Sci-fi adventure starring Dylan O'Brien and Kaya Scodelario. A teen with no memory in an isolated community must find his way through a deadly labyrinth in search of freedom. With Will Poulter. (2014, 12, 110min) ★★★
11.10 **Gogglebox** Double bill with the armchair TV critics.
1.15 AM **First Dates**
3.20 **8 Out of 10 Cats: More Best Bits**
4.00 **to 6.00** AM **Young & Hungry**

+1 hour 235 146 28 123

SATURDAY Entertainment

Saturday

Sky Witness

107 107 807 112 111

6.00 AM **The Real A&E**
7.00 **Paramedics**
9.00 **Highway Cops**
10.00 **Highway Patrol**
11.00 **Motorway Patrol**
12.00 NOON **Brit Cops: Law & Disorder** Motorbike thefts.
1.00 PM **Brit Cops: Law & Disorder** Four editions.
5.00 **Nothing to Declare** Four editions of the series accessing the world of national security at Australia's biggest airports as customs and immigration officers tackle criminals.

9.00 Murders That Shocked...

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Nothing to Declare** A further double bill of the documentary following the work of customs officers in Australia.

9 PM

9.00 **Murders That Shocked the Nation** A look at the murders committed in 1940s London by John George Haigh.

10 PM

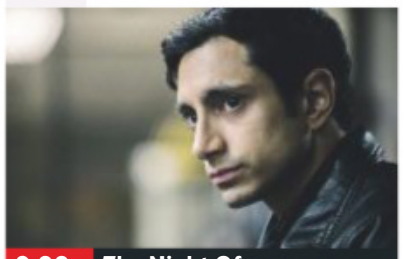
10.00 **Britain's Most Evil Killers** An insight into the crimes of Fred and Rose West, who were convicted of murdering 12 women.
11.00 **The Cambridge Rapist** The search for Peter Cook in 1974.
12.00 M'T **Murders That Shocked the Nation** Ruth Ellis.
1.00 AM **Criminal Minds** (S5)
4.00 **Brit Cops: Law & Disorder**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 140

Sky Atlantic

108 108 808

6.00 AM **Richard E Grant's Hotel Secrets** The French Riviera.
7.00 **Urban Secrets**
8.00 **Yesterday: Special**
8.30 **David Attenborough's Natural History Museum Alive**
10.00 **The Making of David Attenborough's Natural History Museum Alive**
11.00 **CSI** 22/24. (S7)
12.00 NOON **CSI** (S7&8)
4.00 **Without a Trace** Triple bill of the drama, including at: **6.00** 12/24. The team searches for a bar owner. (S7)



9.00 The Night Of

7.00 **Without a Trace** *Once Lost:* 13/24. The team search for Elena's former partner, who went missing following a sting.

8.00 **Without a Trace** *Friends and Neighbours:* 14/24. Two neighbours go missing from their homes. (S7)

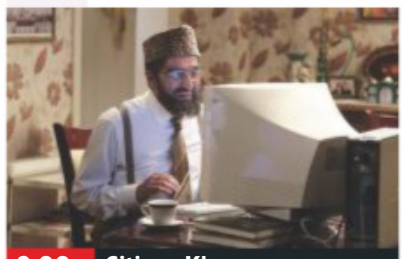
9.00 **The Night Of** *The Season of the Witch:* 5/8. Chandra takes the helm for the defence, while Box retraces Naz's steps on the night of the crime. **10.10** *Samson and Delilah:* 6/8. Chandra has a disturbing encounter with a potential witness. (S1)
11.15 **The Night Of** 7&8/8. Double bill of the drama. (S1)
2.00 AM **Last Week Tonight with John Oliver** A satirical look at news and pop culture.
2.35 **The Affair** 10/10. Noah and Anton visit Yale. (S4)
4.00 **to 6.00** AM **The Guest Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.10 AM **The Piglet Files**
7.40 **Porterhouse Blue**
8.35 **Miranda** Triple bill.
10.30 **Only Fools and Horses**
11.05 **Only Fools and Horses Christmas Special**
11.45 **Only Fools and Horses**
1.00 PM **Only Fools and Horses** Nine episodes, including at: **4.20** Rodney joins the residents' committee. **5.00** Rodney goes it alone. **5.35** Del goes poaching. **6.20** Del falls for a glamorous antiques dealer.



9.00 Citizen Khan

7.00 **Only Fools and Horses** Rodney starts going out with a policewoman. **7.35** The Trotters agree to do a spot of decorating for Denzil.
8.20 **Only Fools and Horses Christmas Special** Del and Rodney's Christmas celebrations are disrupted.

9.00 **Citizen Khan** Mr Khan tries to secure a famous cricketer to operate the Eid festival tombola. **9.35** Mr Khan is eager to appear in a video for the mosque.
10.15 **Bottom** Richie prepares for his birthday – but suffers an accident.
10.55 **Bottom** Double bill of the comedy starring Rik Mayall.
12.10 AM **Spaced**
1.50 **Smack the Pony**
2.20 **Bottom**
2.50 **Smack the Pony**
3.15 **to 4.00** AM **Harry Hill's TV Burp**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **The Royal**
6.50 **Agatha Christie's Poirot**
8.50 **Inspector Morse**
11.00 **A Touch of Frost** *One Man's Meat:* A environmental health officer meets a grisly fate. **1.05** PM *Private Lives:* A hit-and-run incident has devastating repercussions. **3.05** *Keys to the Car:* A stolen car is found with the body of a drug dealer in the boot.
5.05 **Agatha Christie's Poirot** *The Big Four:* Poirot is plunged into the world of global espionage.

7.00 Agatha Christie's Poirot

7.00 **Agatha Christie's Poirot** *Three Act Tragedy:* The detective's friend hosts a cocktail party in Cornwall, where a priest chokes to death – and weeks later another guest dies in similar circumstances. Guest stars Martin Shaw, Art Malik and Jane Asher.

9.00 **Vera** *Protected:* The son of a prominent local family is found murdered on the beach at Whitley Bay, and a second death leaves Vera facing puzzling questions and mounting pressure to crack the case.

11.00 **Midsomer Murders** *The Black Book:* A masterpiece by a landscape artist is auctioned for £400,000 after a fierce bidding war – and hours later, its former owner is killed.
1.00 **to 2.20** AM **Classic Emmerdale**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **World of Sport: Crazy Racing**
6.10 **The Professionals**
7.55 **British Touring Car Championship Highlights**
9.30 **ITV Racing: Opening Show**
10.30 **Goals of the 70s**
10.45 **LIVE Tour de France** Coverage of stage one, featuring a flat 194.5km route starting and finishing in Brussels. *See feature, page 26*
4.30 PM **River Monsters**
5.25 **The Car Years**
6.00 **The Hand of God**

10.35 Training Day

7.00 **Tour de France Highlights** Action from the opening stage, featuring a 194.5km journey in Brussels.

8.00 **FILM Oblivion** Epic sci-fi adventure starring Tom Cruise, Olga Kurylenko and Andrea Riseborough. A solitary drone repairman on a post-apocalyptic future Earth discovers that his world isn't what it seems. With Morgan Freeman. (2013, 12, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **FILM Training Day** Thriller with Denzel Washington. (2001, 18, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
1.00 AM **Minder** An old army friend goes missing after a night out with Arthur and Terry. Guest stars Brian Glover.
2.05 **River Monsters** A freshwater giant said to inhabit Russia's remote Amur River.
2.30 **to 2.50** AM **River Monsters**

+1 hour 220 175 154

Sky Two

151 121

6.00 AM **Animal 999**
8.00 **It's Me or the Dog**
10.00 **Relic Hunter**
1.00 PM **Relic Hunter** (S2)
3.00 **Stargate SG-1** (S1)
7.00 **Stargate SG-1** *The First Commandment:* 6/22. O'Neill and the team are investigate SG-9's disappearance. (S1)
8.00 **Road Wars** Officers are called to a scene where a naked man is refusing to leave his car bonnet.. **9.00** Thames Valley Police combat crime.
10.00 **The Blacklist** *Alter Ego:* 5/22. Red goes to court over his immunity agreement, while Dembe offers him a word of advice. (S6)
11.00 **The Force: Essex**
12.00 M'T **The Force: Essex**
1.00 AM **Ross Kemp: Extreme World**
3.00 **Brit Cops: Rapid Response**
4.00 **to 6.00** AM **Animal House**

Pick

152 123 11 144

6.00 AM **Nothing to Declare**
9.00 **60 Minute Makeover**
1.00 PM **60 Minute Makeover**
3.00 **The Chase Celebrity Special** With Russell Grant, Liz McClarnon and Des O'Connor.
4.00 **Air Ambulance ER**
5.00 **Highway Patrol**
7.00 **Highway Cops**
8.00 **Road Wars** Police officers combat crime.
9.00 **Brit Cops: Rapid Response** Series following police officers on patrol.
10.00 **The Force: Manchester** Documentary following the work of Greater Manchester Police.
11.00 **Banged Up Abroad**
12.00 M'T **Road Wars**
1.00 AM **Cop Squad**
2.00 **UK Border Force**
4.00 **to 6.00** AM **Highway Patrol**

+1 hour 252 92 145

Dave

111 111 811 127 227 19 157

7.10 AM **Jay Leno's Garage**
8.00 **Storage Hunters**
9.00 **American Pickers**
10.00 **American Pickers: Best Of** Trickiest excavations.
11.00 **American Pickers**
12.00 NOON **Steve Austin's Broken Skull Challenge**
2.00 PM **Top Gear**
4.00 **Cops UK: Bodycam Squad** Double bill.
6.00 **Would I Lie to You?**
8.00 **Taskmaster**
9.00 **Have I Got a Bit More News for You**
10.00 **FILM Reservoir Dogs** Quentin Tarantino's violent crime thriller starring Harvey Keitel and Tim Roth. (1991, 18, 100min) ★★★★
12.10 AM **Would I Lie to You?**
12.50 **QI XL** With Trevor Noah.
1.50 **Dave Gorman: Modern Life Is Goodish**
2.55 **to 4.00** AM **The Last Man on Earth**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Friends**
12.00 NOON **FILM Space Cowboys** Sci-fi action adventure. (2000, PG, 129min) ★★★
2.30 PM **Lip Sync Battle**
3.00 **Friends** (S6)
6.30 **Takeshi's Castle**
7.00 **FILM The Three Musketeers** Rollicking costume adventure. (2011, 12, 110min) ★★★
9.00 **FILM Ali G Indahouse** Comedy starring Sacha Baron Cohen. (2002, 15, 88min) ★★★
10.35 **The Ricky Gervais Show**
11.05 **NEW Joe Rogan: Rocky Mountain High**
12.05 AM **Russell Howard's Good News**
1.05 AM **Fin Taylor: Comedy Central Live**
1.30 **Jeff & Some Aliens**
2.30 **Bordertown**
3.25 **Ridiculousness**
4.15 **to 5.00** AM **Friends**

+1 hour 212 133

ITV Be

131 119 179 26 118

6.00 AM **The Only Way Is Essex**
6.40 **The Only Way Is Marbs**
7.35 **Dallas Cowboys Cheerleaders**
8.30 **Income Property**
9.00 **LittleBe**
12.00 NOON **Cake Wars**
12.55 PM **The Real Housewives of Atlanta**
1.50 **Little Women: LA**
6.00 **Dinner Date** With Sasha from London. **7.00** Drue from Bristol hopes to find love. **8.00** Kirby from London looks for love.
9.00 **FILM Bridget Jones's Diary** Romantic comedy based on the best-selling novel by Helen Fielding, starring Renée Zellweger, Colin Firth and Hugh Grant. (2001, 15, 96min) ★★★★
11.05 **Ibiza Weekender**
12.05 **to 12.55** AM **The Real Housewives of Atlanta**

+1 hour 231 120 119

True Ent

179 189 48 142

6.00 AM **The Waltons** (S5)
7.00 **Highway to Heaven**
8.00 **Due South**
1.00 PM **FILM Love with a Perfect Stranger** Drama. (1986, PG) ★★
3.10 **FILM William & Catherine: A Royal Romance** Drama. (2011, PG, 120min) ★★
5.00 **FILM The Lost Valentine** Drama. (2011, PG, 100min) ★★
7.00 **FILM The Engagement Ring** Comedy. (2005, PG, 89min) ★★★
9.00 **FILM He Loves Me** Thriller. (2011, PG, 85min) ★★
10.45 **FILM The Good Mistress** (2014, 12) ★★
12.35 AM **FILM Another Woman's Husband** Drama. (2000, PG) ★
2.35 **FILM Wicked Love** Drama. (2010, 12) ★★
4.30 **M*A*S*H** 1/26. (S7)
5.00 **to 6.00** AM **Touched by an Angel**

+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 226 | 312 382

7.10 AM **Murdoch Mysteries** (S8)
10.00 **Rizzoli & Isles** (S6)
2.00 PM **Inspector George Gently** *Gently in the Cathedral:* The detective is accused of fabricating evidence against an old adversary, and a former colleague from London arrives to offer his support.
4.00 **Inspector Alleyn Mysteries** *Final Curtain:* A portrait painter reports the murder of a sitter.
6.10 **Death in Paradise** 1/8. A plantation owner is killed during a seance. (S4)

10.20 New Tricks

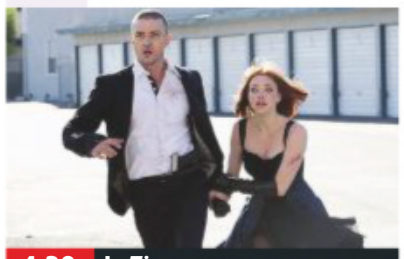
7.30 **Death in Paradise** *Hidden Secrets:* 2/8. A surf-school owner is shot dead in his workshop and Humphrey notes the door was locked from the inside with no other obvious means of entry.
9.00 **Death in Paradise** *Damned If You Do:* 3/8. Humphrey investigates when the president of the local military re-enactment society dies mid-battle. (S4)
10.20 **New Tricks** *The Russian Cousin:* The team look into the murder of a PI.
11.40 **New Tricks** *Lottery Curse:* A skeleton uncovered in the foundations of a swimming pool is identified as a lottery winner who went missing.
1.00 AM **Waco** 1/6. (S1)
2.15 **to 4.00** AM **The Mrs Bradley Mysteries**

+1 hour 232 191

Syfy

114 114 814 | 135 165 | 319 375

6.00 AM **Star Trek: Voyager** (S7)
8.00 **Teleshopping**
11.00 FILM **Apocalypse Pompeii** Disaster thriller starring Adrian Paul. (2014, 15, 87min) ★
12.40 PM FILM **Battle of Los Angeles** Sci-fi action thriller starring Kel Mitchell and Nia Peeples. (2011, 12, 105min) ★
2.40 FILM **Alien Siege** Sci-fi thriller starring Brad Johnson. (2005, 15, 86min) ★
4.30 FILM **In Time** Sci-fi thriller starring Justin Timberlake. (2011, 12, 109min) ★★★


4.30 In Time

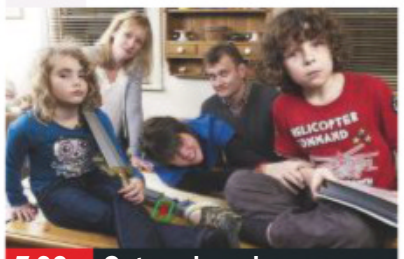
6.40 FILM **LadyHawke** Fantasy adventure with Matthew Broderick, Michelle Pfeiffer and Rutger Hauer. A young pickpocket tries to help lovers separated by an evil curse. (1985, PG, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.00 FILM **Streetfighter** Martial arts action drama starring Jean-Claude Van Damme and Raul Julia. A military commander leads a covert mission to free hostages taken by a power-crazed dictator. (1994, 12, 102min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 FILM **Anaconda 3: The Offspring** Horror. (2008) ★
1.10 AM FILM **Planet of the Sharks** Horror. (2016, 15) ★★
3.00 **Star Trek: The Next Generation** 9/26. (S7)
4.00 **to 6.00** AM FILM **Doomsday Device** Sci-fi. (2017, PG) ★★

+1 hour 214 136

W

109 109 809 | 125 211 | 311 383

6.10 AM **The Bill** A drug dealers' turf war leads to murder. **7.00** Tensions between Terry and Max erupt in violence. **8.00** Part one of two. Beth bonds with a teenage runaway. **9.00** Part two of two. Lucy Burton is found dead. **10.00** Roger shows three new PCs the ropes.
11.00 **Tipping Point** Quiz show.
12.00 NOON **Tipping Point**
1.00 PM **Tipping Point** Six editions of the game show hosted by Ben Shephard.


7.00 Outnumbered

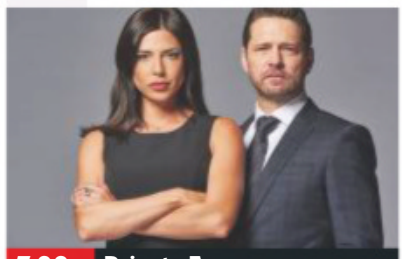
7.00 **Outnumbered** Pete has an eventful Saturday morning game of tennis. **7.40** Pete comes up against a rising tide of superstition, astrology and conspiracy theories. **8.20** Auntie Angela visits the family with her new husband in tow.
9.00 FILM **Bride Wars** Comedy starring Kate Hudson. A feud ensues between two best friends when their weddings are accidentally booked on the same day. (2009, 12, 85min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.50 **Love Connection** NEW EDITION Dating show.
11.50 **John Bishop: In Conversation with Louise Redknapp** The host chats to the former pop star and media personality.
12.50 AM **Code Black** 9&10/13. Double bill of the series. (S3)
2.20 **to 3.00** AM **Flip or Flop**

+1 hour 209 190

Universal

113 113 813 | 137 164 | 320 385

8.00 AM **Law & Order** (S10)
12.00 NOON **NCIS** 14/19. (S5)
1.00 PM **NCIS** 15/19. A Marine is murdered in Baghdad. **2.00** 16/19. Ziva becomes involved with a suspect. **3.00** 17/19. Two bodies are found at a building site. **4.00** 18/19. A former NCIS agent is found dead. **5.00** 19/19. Gibbs investigates a team member's death. (S5) **6.00** 1/24. The team get close to tracking down a Mexican drug kingpin. (S8)


7.00 Private Eyes

7.00 **Private Eyes** *Catch Me If You Can:* 1/12. While behind bars, Angie meets an intimidating inmate. (S3)
8.00 **Major Crimes** *Sanctuary City – Part One:* 1/13. The team search for three boys who have gone missing from a school trip.
9.00 **Major Crimes** *Sanctuary City – Part Two:* 2/13. The squad come under threat from the FBI while looking for the boys. (S6)
10.00 **Law & Order: Special Victims Unit** *Parole Violations:* 17/23. A female parole officer is accused of rape. (S16)
11.00 **Law & Order: Special Victims Unit** 18/23. A female student claims to have been assaulted by four men. (S16)
12.00 M'T **Law & Order: Special Victims Unit** (S16)
2.00 AM **CSI: Miami** (S4)
4.00 **to 5.00** AM **Numb3rs**

+1 hour 213 138

FOX

124 124 821 | 157 199

8.00 AM **Monk** 6/16. (S6)
9.00 **Bones** 12/23. (S6)
10.00 **NCIS** 1/24. (S14)
11.00 **The Mentalist** 1/22. (S6)
12.00 NOON **NCIS** 2/24. (S14)
1.00 PM **Bones** 13/23. (S6)
2.00 **NCIS** 3/24. (S14)
3.00 **The Mentalist** 2/22. (S6)
4.00 **Bones** 14/23. (S6)
5.00 **NCIS** 4/24. (S14)
6.00 **The Mentalist** 3/22. A body is found in a pond close to a chapel that was to be used as a wedding venue. (S6)

8.00 NCIS

7.00 **NCIS: New Orleans** *Diplomatic Immunity:* 3/24. A navy intelligence officer is killed during a conference. (S5)
8.00 **NCIS** *Incognito:* 3/24. The murder of a US Marine in Quantico prompts Bishop and McGee to go undercover. (S13)
9.00 **Lucifer** *Til Death Do Us Part:* 13/26. An ecstasy cook-turned-chemistry teacher is found murdered. (S3)
10.00 **Family Guy** 9/20. Peter fills in for a mall Santa. **10.30** 10/20. Quagmire lands free plane tickets for a guys' trip. (S15)
11.00 **American Dad!** (S15)
11.30 **American Dad!** (S3)
12.00 M'T **Family Guy** (S16)
12.30 AM **Family Guy** (S11)
1.00 **American Dad!** (S3)
2.00 **Family Guy** (S15)
3.00 **American Dad!** (S6)
4.00 **to 5.00** AM **Monk**

+1 hour 224 158

Saturday

7 PM | 8 PM | 9 PM | 10 PM

E!

123 123 834 | 156 | 321 386

7.00 AM **The Bi Life**
12.00 NOON **News: Daily Pop**
1.00 PM **I Am Cait**
4.00 **Dating: No Filter**
6.30 **Dating: No Filter** Amir tries to slide into his date Chris' heart.
7.00 **News** Showbiz news.
8.00 **Keeping Up with the Kardashians** Rumours surface that Tristan cheated with family friend Jordyn Woods.
9.00 FILM **Fools Rush In** Romantic comedy starring Matthew Perry and Salma Hayek. A New York executive and a Mexican-American photographer impulsively marry. (1997, 12, 109min) ★★
11.05 **Relatively Nat & Liv**
12.05 AM **Botched**
1.00 **Botched**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **News**

Sky Arts

122 122 820 | 122 206

6.00 AM **Celtic Woman: Emerald** A 2013 concert.
7.30 **Tales of the Unexpected**
10.00 **Bafta: Life in Pictures**
11.00 **Master of Photography**
12.00 NOON **Discovering**
1.00 PM **Discovering**
5.00 **Soundtracks: Songs That Defined History**
6.00 **Muse Live at Rome Olympic Stadium**
8.00 **Discovering: Guns N' Roses** Profile of the band.
8.30 **Video Killed the Radio Star** Guns N' Roses.
9.00 NEW SERIES **Download Festival 2019** 1/2. Highlights of the event at Donington Park.
11.45 **Babymetal: Live at Wembley**
2.00 AM **Trailblazers: Heavy Metal**
3.00 **Trailblazers: Madchester**
4.00 **Trailblazers: Gothic Rock**
5.00 **to 6.00** AM **Robert Mitchum: Hollywood's Bad Boy**

4seven

137 143 203 | 47 110 | 127

9.00 AM **Four in a Bed**
11.30 **Extreme Cake Makers**
12.00 NOON **Couples Come Dine with Me**
1.00 PM FILM **Ice Age: Collision Course** Animated sequel. (2016, U, 91min) ★★
3.00 **Ramsay's Kitchen Nightmares USA**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Location, Location, Location** Kirstie Allsopp and Phil Spencer are house-hunting around Brighton and Hove.
9.00 **Celebrity Gogglebox** Double bill of editions.
11.05 **999: What's Your Emergency?**
12.05 AM **24 Hours in A&E**
1.05 **Catch-22** 3/6. (S1)
2.05 **The Supervet: Noel Fitzpatrick**
3.10 **The Restaurant That Makes Mistakes**
4.10 **to 4.40** AM **Four in a Bed**

5USA

141/169 153 | 21 | 129

9.00 AM **Access**
9.05 **CSI: NY** 2&4/23. (S6)
10.45 **NCIS** 14/24. (S12)
11.45 **Murder, She Wrote**
1.55 PM **Murder, She Wrote**
5.05 **NCIS** 15&16/24. (S12)
7.00 **NCIS** *The Artful Dodger:* 17/24. A forged rare painting is connected to the murder of a navy lieutenant. (S12) **8.00** *Status Update:* 18/24. A thief's body is discovered in a US Marine's home. (S12)
9.00 **Criminal Minds: Suspect Behavior** *Strays:* 11/13. The Red Cell team are asked by FBI Director Jack Fickler to locate his friend's estranged daughter. (S1)
10.00 **Law & Order: Special Victims Unit** (S5)
1.50 AM **Law & Order: Los Angeles** 9/22. (S1)
2.50 **Hannibal** 7/13. (S1)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 | 57 | 130

5STAR

128 151 | 30 | 131

8.00 AM **Access**
8.10 **My Wife and Kids**
9.25 **Two and a Half Men**
1.05 PM **Two and a Half Men** 19&20/24. (S2)
2.05 FILM **The Prince & Me** Romantic comedy. (2004, PG, 111min) ★★
4.15 FILM **Mr Bean's Holiday** Comedy. (2007, PG, 89min) ★★★
6.00 FILM **The Time Machine** Sci-fi action adventure starring Guy Pearce. (2002, PG, 96min) ★★
7.55 FILM **Pixels** Comedy starring Adam Sandler. (2015, 12, 106min) ★★
10.00 **Wentworth Prison** NEW EPISODE 5/10. The inmates are shocked as one of their own has been taken from them.
11.00 FILM **Carrie** Horror thriller remake. (2013, 15, 99min) ★★★
1.05 AM **Clink** 5/10. (S1)
2.05 **to 4.00** AM **Clink**

+1 hour 228 186 | 56

Drama

143 130 | 20 | 158

7.10 AM **Lovejoy**
11.00 **Sharpe**
1.00 PM **The House of Eliott**
3.00 **The Coroner**
4.00 **Father Brown**
5.00 **Maisie Raine**
6.00 **Hetty Wainthropp Investigates**
7.00 **WPC 56** *A Different Beat:* A predator targets contestants in a beauty pageant.
8.00 **The Doctor Blake Mysteries** *A Night to Remember:* A famous actress dies on stage.
9.00 **Harrow** *Lex Talionis (The Law of Retaliation)* 9/10. The investigation into Robert Quinn's murder gains momentum. (S1)
10.00 **Rebus** *The Naming of the Dead:* A government minister is killed.
11.30 **Shetland**
12.50 AM **War and Peace**
2.40 **Dickensian**
3.30 **to 4.00** AM **Garden Hopping**

SATURDAY Entertainment & Lifestyle

AMC

186 186 840 332 381

Programmes start at 12noon.

12.00 NOON **FILM The Master of Disguise** Comedy. (2002, PG, 80min) ★
1.30 PM **FILM The Animal** Fantasy comedy. (2001, 12, 83min) ★
3.05 Law & Order (S2)
7.00 FILM The Young and Prodigious TS Spivet Family adventure. (2013, 12, 105min) ★★
9.00 FILM 6 Below: Miracle on the Mountain Adventure. (2016, 12, 98min) ★★★
10.55 FILM Emperor Fact-based war drama. (2012, 12, 103min) ★★
1.00 AM **FILM The World's Fastest Indian** Adventure. (2005, 12, 127min) ★★★★
3.25 to 5.30 AM **FILM The Musketeer** Adventure with Mena Suvari. (2001, PG, 104min) ★★★

CBS Drama

147 197 71 134

7.30 AM **Tomorrow's World**
8.00 Teleshopping
9.00 Walker, Texas Ranger
1.00 PM **Walker, Texas Ranger** 26/28. (S1)
2.00 Beyond Belief: Fact or Fiction?
4.00 Judge Judy
9.00 Urban Legends
10.00 Medium *Everything Comes to a Head:* 22/22. Allison's powers are revealed to the public as she tries to catch a serial killer. (S3)
11.00 *And Then:* 1/16. Allison has dreams about a boy kidnapped from a toy shop.
12.00 M'T *But for the Grace of God:* 2/16. Ariel dreams about Allison's school days.
1.00 AM *To Have and to Hold:* 3/6. An investigation could help Joe secure a job. (S4)
2.00 Medium 4/16. (S4)
3.00 to 6.00 AM **Judge Judy**

CBS Justice

148 192 39 137

8.30 AM **The Key of David**
9.00 Diagnosis Murder
1.00 PM **Diagnosis Murder**
2.00 NCIS (S6)
7.00 Donal MacIntyre's Murder Files Donal MacIntyre interviews former Detective Chief Inspector Sue Hill.
8.00 An interview with former Detective Chief Inspector Clive Driscoll.
9.00 NCIS *Anonymous Was a Woman:* 4/24. An Afghan woman who assumed the identity of a US soldier is killed.
10.00 *Once a Crook:* 5/24. Gibbs and the team investigate when a naval cryptanalyst is shot dead in a park.
11.00 NCIS 6/24. (S11)
12.00 M'T **NCIS** (S11)
2.00 AM **Ultimate Force** (S2)
3.05 Bonanza (S13)
4.00 The High Chaparral
4.50 to 6.00 AM **The District**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
5.00 Written In Blood
7.00 Medical Detectives
8.00 Unsolved Mysteries A haunted replica castle.
9.00 Snapped: Killer Couples A husband and wife are the targets of a murder investigation.
10.00 A wife and mother seeks attention outside her marriage and triggers a deadly chain of events.
11.00 A taboo romance becomes the focus of police when two dead bodies are discovered.
12.00 M'T **Snapped: Killer Couples**
3.00 AM **Beyond Scared Straight**
3.45 Beyond Belief: Fact or Fiction?
4.40 Unsolved Mysteries
5.30 to 6.00 AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

145 139 46 146

6.00 AM **Wheel of Fortune**
10.00 Catchphrase
12.00 NOON **Bruce's Price Is Right** Game show.
1.00 PM **Bruce's Price Is Right** Triple bill.
2.30 Family Fortunes
5.00 Small Talk
7.00 The Chase Quiz show.
8.00 The Chase Celebrity Special With Sally Lindsay and Jenny Frost.
9.00 The Chase Celebrity Special With Michelle Collins and Rufus Hound.
10.00 Who Wants to Be a Millionaire? Celebrity Special With Jonathan Ross and Jasper Carrott.
11.00 Celebrity Who Wants to Be a Millionaire? With guests Jonathan Ross and Jane Goldman.
12.00 M'T **Who Wants to Be a Millionaire? Celebrity Special**
3.00 to 6.00 AM **The Chase**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Wipeout USA**
7.00 Teleshopping
9.00 Takeshi's Castle
10.00 Impractical Jokers
1.10 PM **Impractical Jokers**
3.00 My Name Is Earl (S2)
4.30 Fresh Prince of Bel Air
7.00 Friends Eight episodes of the sitcom, including at:
10.30 12/24. Rachel and Joey hit the town. (S8)
11.00 Trevor Noah: African American
12.00 M'T **Russell Howard's Stand Up Central**
12.30 AM **Russell Howard's Stand Up Central**
1.00 The Ricky Gervais Show Double bill. (S1)
2.00 Tosh.0 (S11)
2.25 Josh Widdicombe: What Do I Do Now?
3.20 Impractical Jokers: Wild Double bill.
4.00 Impractical Jokers
4.20 to 6.00 AM **The Fresh Prince of Bel Air**

+1 hour 227

Food Network

172 291 41 148

6.00 AM **Diners, Drive-Ins, And Dives** Four editions.
8.00 The Pioneer Woman
11.00 Barefoot Contessa – Back to Basics
11.30 Barefoot Contessa
12.00 NOON **Ace of Cakes**
1.00 PM **Grocery Games**
2.00 Man v Food
4.30 Man v Food with Casey Webb
6.00 Beach Bites With Katie Lee NEW EDITION On the Mississippi coast.
6.30 Giada On The Beach NEW EDITION Giada and her weekend guests grill on the beach to celebrate summer.
7.00 Cake Hunters
8.00 Jamie Does Andalucia
9.00 Man v Food
10.00 Mystery Diners
12.00 M'T **Restaurant: Impossible**
1.00 to 3.00 AM **Diners, Drive-Ins, And Dives**

+1 hour 272 149

Good Food

133 133 827 278 279 313 388

6.10 AM **Choccywoccy-doodah: Starstruck**
7.00 The Great Comic Relief Bake Off
12.00 NOON **Lorraine Pascale: How to Be a Better Cook**
1.00 PM **30 Minute Meals**
2.00 The Great British Bake Off: Christmas Special
3.00 The Great British Bake Off Masterclass
4.00 John Torode's Asia
5.00 John's Middle East
6.00 Bikers' Best of British
8.00 Rick Stein's Food Heroes Double bill.
9.00 Rick Stein and the Japanese Ambassador
10.00 Lorraine Pascale: How to Be a Better Cook
11.00 30 Minute Meals
12.00 M'T **Matt Tebbutt's South Africa**
2.00 AM **Teleshopping**
5.00 to 6.10 AM **Matt Tebbutt's South Africa**

+1 hour 233 280

Lifetime

164 838 208 209 329 384

7.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 Seven Year Switch Australia The four couples at a relationship crossroads reunite.
8.00 Little Women: Atlanta Abira and Andrea learn how to manage their anger as tempers flare.
9.00 FILM Maternal Instinct Thriller starring Laura Mennell and Karin Konoval. After a teenager sees her mother fatally shot, she goes into hiding with a policewoman who protects her from the killer now on her tail. (2017, 12, 86min) ★★
10.45 Celebrity Ghost Stories UK With John McCririck, Sarah Cawood, Terri Dwyer and Lembit Opik.
11.45 Hardcore Pawn
12.15 AM **Hardcore Pawn**
12.45 to 4.00 AM **Hardcore Pawn**

Paramount Network

153 188 187 54 132

9.00 AM **Suits**
11.45 House (S1)
1.40 PM **House** (S2)
4.25 FILM Some Kind of Wonderful Romantic teen comedy drama starring Eric Stoltz, Mary Stuart Masterson and Lea Thompson. (1987, 12, 93min) ★★★
6.20 FILM Dirty Dancing Musical remake of the romantic drama, starring Abigail Breslin and Colt Prattes. (2017, 12, 125min) ★★
9.00 FILM Les Misérables Epic musical based on the long-running stage show, starring Hugh Jackman, Russell Crowe and Anne Hathaway. (2012, 12, 154min) ★★★★
12.10 AM **Arrow** (S2)
1.05 The X-Files (S6)
4.50 Gilmore Girls (S2)
5.35 to 6.00 AM **The Office (US)**

Quest

144 144 172 217 12 114 167

6.00 AM **Robson Green: Ultimate Catch**
7.00 Sydney Harbour Patrol
8.00 Wheeler Dealers: On the Road
9.00 Wheeler Dealers
12.00 NOON **How It's Made**
2.00 PM **Ice Cold Gold**
3.00 Mighty Cruise Ships
4.00 Aussie Gold Hunters
5.00 Fantomworks
6.00 Wheeler Dealers
7.00 Al Murray's Great British Pub Quiz
8.00 Salvage Hunters
10.00 Salvage Hunters: The Restorers
11.00 Aussie Gold Hunters
12.00 M'T **Unexplained Files**
1.00 AM **Chasing Classic Cars** Double bill.
2.00 Fantomworks
3.00 Destroyed in Seconds
4.00 Unexplained Files
5.00 to 6.00 AM **Overhaulin'**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
7.00 Bondi Vet
9.00 My 600lb Life
1.00 PM **Say Yes... Big Bliss**
2.00 Say Yes... UK
6.00 Long Island Medium
8.00 My Extreme Excess Skin A woman's excess skin is causing her pain.
9.00 Murder on CCTV NEW EDITION The murder of Carl Starke.
10.00 Copycat Killers NEW EDITION A look at the real-life murder cases inspired by *CSI*.
11.00 Women of Homicide NEW EDITION
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 Murder Comes to Town
3.00 FBI Files
3.50 Animal Cops San Francisco
4.40 Bondi Vet
5.30 to 6.00 AM **Say Yes to the Dress**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Saving Babies**
7.00 Teleshopping
8.00 DIY SOS: The Big Build
10.00 Homes Under the Hammer Double bill.
12.00 NOON **DIY SOS**
2.00 PM **Cops UK: Bodycam Squad**
4.00 Helicopter ER
7.00 DIY SOS: The Big Build
8.00 Helicopter ER A boy needs to be rescued after jumping into Whitby Harbour.
9.00 Cops UK: Bodycam Squad Dan and Anna spot a driver smashing into a parked car.
10.00 Helicopter ER
11.00 Exposed: The Case of Keli Lane
12.00 M'T **The Menendez Murders: Erik Tells All**
1.00 AM **I Fell for a Psychopath**
2.00 Teleshopping
4.00 to 6.00 AM **Inside Death Row with Trevor McDonald**

Sony Crime

157 193 143

7.00 AM **Body of Evidence**
12.00 NOON **True Crime with Aphrodite Jones**
4.00 PM **Bizarre Murders** Ten editions, including at:
7.00 Twin Mexican wrestlers are murdered by fake prostitutes.
7.30 A woman kills her own sister sibling and assumes her identity.
8.00 A bored young couple on a beach holiday kill for fun.
8.30 A lawyer is killed by his partner, who is a con artist fugitive.
9.00 Fear Thy Neighbour Two old school friends become feuding neighbours.
10.00 An idyllic Florida community is torn apart by an escalating neighbourhood feud.
11.00 Fear Thy Neighbour
2.00 to 4.00 AM **Fatal Attraction**

+1 hour 257

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 Paddington Stn 24/7
9.45 Cruising with Jane McDonald
1.40 PM **Ben Fogle: New Lives in the Wild**
3.40 The Yorkshire Steam Railway: All Aboard
4.35 Hitler's Holocaust Railways with Chris Tarrant
6.00 Henry VIII's Lost Palace: Digging Up Britain's Past
7.00 Hitler's U-Boats: Draining the Ocean
8.00 Who Killed Tutankhamun?
9.00 Karen Carpenter: Goodbye to Love
11.00 Carpenters: Their Greatest Hits
12.00 M'T **The Thames: Britain's Great River**
1.00 AM **Portillo's Hidden History of Britain**
2.00 to 4.00 AM **Cleopatra: Seductress, Goddess, Murderer, Queen**

5Spike

150 154 31 141

9.00 AM **The Gadget Show**
9.30 Trucking Hell
11.35 Can't Pay? We'll Take It Away! Double bill.
1.35 PM **Can't Pay? We'll Take It Away!**
3.40 FILM Hell Squad War drama. (1958, b/w, PG, 64min) ★★
5.05 FILM Three Hours to Kill Western drama. (1954, 12, 77min) ★★
6.45 FILM Jesse James Western. (1939, U, 106min) ★★★
9.00 FILM Chaos Police thriller. (2005, 15, 106min) ★★★
11.05 FILM London Heist Gangster thriller starring Craig Fairbrass. (2017, 15, 95min) ★★
1.00 AM **Killer Weather: Nature Fights Back**
2.00 to 3.00 AM **Killer Weather: Nature Fights Back**

+1 hour 250

TLC

140 140 831 167 168 323 377

6.00 AM **Say Yes to the Dress: Atlanta**
9.30 Say Yes to the Dress
1.00 PM **Say Yes to the Dress** Four editions.
3.00 My Lottery Dream Home Four editions.
5.00 Curvy Brides Boutique
7.00 Sweet Home Sextuplets
8.00 Outdaughtered: Busby Quints
9.00 My 600lb Life: Where Are They Now?
10.00 Born with No Eyes: Body Bizarre
11.00 My Face Is Killing Me: Body Bizarre
12.00 M'T **Outdaughtered: Busby Quints**
1.00 AM **My 600lb Life: Where Are They Now?**
2.00 Born with No Eyes: Body Bizarre
3.00 Say Yes... Atlanta
4.30 to 6.00 AM **Say Yes to the Dress**

+1 hour 240 169

Blaze

187 187 216 63 162

6.00 AM **Forged in Fire**
8.00 Ancient Aliens
9.00 UFO Files
10.00 Hardcore Pawn
1.00 PM **Hardcore Pawn**
3.00 Parking Wars
5.00 Pawn Stars
7.00 American Pickers
8.00 Pirate Treasure of the Knights Templar Captain's Kidd's treasure.
9.00 Alien Files: Unsealed Examining the hidden signs of alien abduction.
10.00 The possibility of advanced alien technology that could allow UFOs to fly at blinding speed.
10.00 President's Book Of Secrets Documentary.
12.00 M'T **American Restoration**
2.00 AM **Billy the Exterminator**
3.00 Haunted History
5.00 to 6.00 AM **American Restoration**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Kindig Customs**
9.00 **Fast N' Loud**
11.00 **Misfit Garage**
12.00 NOON **Outback Truckers**
1.00 PM **Combat Dealers**
3.00 **Savage Builds** Adam Savage builds three motorised vehicles inspired by post-apocalyptic worlds.
4.00 **You Have Been Warned** Video clips of amazing acts.
6.00 **Jeremy Wade's Dark Waters** Jeremy searches for a much-sought-after 50lb giant halibut in Alaska.

7.00 Naked and Afraid XL

7.00 **Naked and Afraid XL** An injury and a storm that destroys the survivalists' food supply threatens to tear apart the camp.
8.00 **Wheeler Dealers** Mike buys a 1974 Jensen Healey with suspension in need of an overhaul and a broken exhaust.
9.00 **Deadliest Catch** Jake must confront his disorderly crew, forcing him to make a tough decision. Meanwhile, Keith deals with a knife injury to one of his deckhands.
11.00 **World War II in Colour** The story of the global conflict, beginning with its origins.
12.00 M'T **Chasing Classic Cars**
1.00 AM **Supertruckers**
2.00 **Kindig Customs**
3.00 **Deadliest Catch** As 9.00pm.
4.40 **Gold Rush**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Tanked**
7.00 **The Bronx Zoo**
8.00 **The Aquarium**
9.00 **Animal Cops Houston**
12.00 NOON **Pet Nation Renovation**
1.00 PM **The Bronx Zoo**
2.00 **Evan Goes Wild**
3.00 **Dodo Heroes** A couple who set up a kangaroo rescue centre.
4.00 **Dr Jeff: Rocky Mountain Vet** The vet tries to uncover the cause of a dog's broken jaw. **5.00** Jeff and Petra try to save a beloved pet husky's leg.

8.00 Dodo Heroes

7.00 **The Bronx Zoo** An aardvark's mouth infection is getting worse. Plus, the brown bears keep destroying their exhibit.
8.00 **Dodo Heroes NEW EDITION** The work of Donna Stepan who runs Sleepy Burrow Wombat Sanctuary near Canberra.
9.00 **Fish or Die** The guys head to Zambia with 400 miles of unpaved roads and a lack of fuel, chasing reports of Tigerfish.
10.00 **Alaska Monsters** A team takes on the challenge of exploring the Alaska Triangle to uncover proof of cryptic creatures.
11.00 **Pit Bulls & Parolees** Tia Torres packs up her family, the parolees and her pit bulls to move the operations centre.
12.00 M'T **Pit Bulls & Parolees**
3.00 AM **Fish or Die** As 9.00pm.
3.50 **Evan Goes Wild**
4.40 **Meet the Orangutans**
5.10 **to 6.00** AM **Tanked**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Curiosity: Life Of A Mars Rover** Documentary.
9.00 **Exomars: The Hunt for Life**
10.00 **Mars: Inside SpaceX**
11.00 **ISS: 24/7 On A Space Station**
12.00 NOON **A Year in Space**
1.00 PM **Hubble's Cosmic Journey**
2.00 **Expedition Mars**
4.00 **Budget Mission To The Moon**
5.00 **Mission To The Sun** A spacecraft sent to the sun.
6.00 **Challenger Disaster: The Final Mission** The lessons learnt from the destruction of the Space Shuttle *Challenger*.

9.00 The Armstrong Tapes

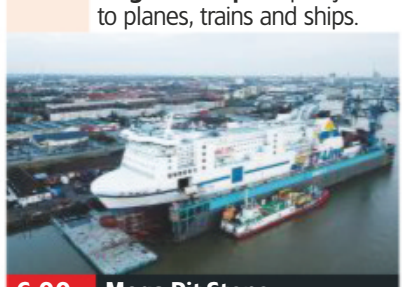
7.00 **NEW Apollo: Missions to the Moon** Archive film footage and audio recordings capturing key moments from the Apollo space programme, incorporating media coverage, home movies, and NASA's own recordings.
9.00 **NEW The Armstrong Tapes** Profile of the first man to walk on the moon, featuring contributions from friends and family.
10.00 **Moon Landings Declassified** Documentary detaling the untold story of the moon landings.
11.00 **Seconds from Disaster** What caused Nasa's space shuttle *Columbia* to disintegrate.
12.00 M'T **Situation Critical**
1.00 AM **Comet Encounter**
2.00 **Big, Bigger, Biggest**
3.00 **Budget Mission To The Moon**
4.00 **to 5.00** AM **The Armstrong Tapes**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **Mountain Men**
8.00 **Ozzy & Jack's American Roadtrip** In Alabama.
10.00 **The Curse of Civil War Gold**
11.00 **Memories of D-Day**
12.00 NOON **Britain's Greatest Bridges** The Clifton Suspension Bridge.
1.00 PM **Pawn Stars** The guys check out a guitar owned by music legend Stephen Stills.
1.30 **Pawn Stars** Six editions.
4.00 **Storage Wars** Four editions.
6.00 **Mega Pit Stops** Repair jobs to planes, trains and ships.



6.00 Mega Pit Stops

7.00 **Digging for Britain** Items from archaeological digs from the north of Britain, including examples from the Highlands.
8.00 **Lost Gold of WWII** Peter is warned of the deadly risks that come with searching for Yamashita's treasure.
9.00 **Days That Shaped America** The 9/11 terror attacks of September 2001, when the US was attacked by Al Qaeda terrorists, some of whom had lived and worked in the 'land of the free'.
11.00 **Ancient Aliens** Experts investigate whether extraterrestrials landed on Earth thousands of years ago.
12.00 M'T **Ancient Aliens**
1.00 AM **Ancient Aliens**
4.00 **Mega Pit Stops** As 6.00pm.
5.00 **to 6.00** AM **Digging for Britain**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **Catching History's Criminals: The Forensics Story**
7.10 **Searching for Shakespeare's House: A Time Team Special**
8.00 **The Normans**
9.00 **Forbidden History**
12.00 NOON **Forbidden History**
1.00 PM **The Blue Planet** Six editons, including at:
4.00 The fragile marine ecosystem of coral reefs.
5.00 The ways in which marine creatures exploit tides.
6.00 Exploring the wealth of marine life in coastal regions.

9.00 Bangers and Cash

7.00 **Guitar Heroes at the BBC** Archive performances by Alice Cooper, Queen, New York Dolls and John Martyn.
8.00 **Duran Duran: There's Something You Should Know** The band members discuss their 40-year career.
9.00 **Bangers and Cash** Derek dives into the lost Jowett marque, as a Bradford-built 1952 Javelin finds an unexpected home.
10.00 **Bangers and Cash** A 1970s Bond Bug three-wheeler divides opinion among Mathewsons customers.
11.00 **Abandoned Engineering**
12.00 M'T **Secrets of Althorp: The Spencers**
1.00 AM **Catching History's Criminals: The Forensics Story**
2.00 **to 3.00** AM **Searching for Shakespeare's House: A Time Team Special**

+1 hour 255 200

Saturday

7 PM
8 PM
9 PM
10 PM

Disc. History

171 262

6.00 AM **The American Revolution** Triple bill.
9.00 **Tony Robinson's Wild West** Triple bill.
12.00 NOON **America: Facts vs Fiction**
2.00 PM **The American Revolution** Triple bill.
5.00 **Tony Robinson's Wild West** Triple bill.
8.00 **Custer's Last Stand** George Armstrong Custer's defeat in 1876.
9.00 **Civil Rights Martyrs: Free at Last** Fighting for racial equality in America.
11.00 **Hurricane Sandy: The Storm That Shook America**
12.00 M'T **America: Facts vs Fiction**
1.00 AM **Custer's Last Stand**
2.00 **Civil Rights Martyrs: Free at Last**
4.00 **Hurricane Sandy: Storm That Shook America**
5.00 **to 6.00** AM **America: Facts vs Fiction**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Rhino Orphanage**
10.00 **Horizon: How Many People Can Live on Planet Earth?**
11.00 **Wild Arabia**
12.00 NOON **Wild Caribbean**
1.00 PM **Wild Colombia with Nigel Marven**
2.00 **Ten Deadliest Snakes...**
3.00 **Rhino Orphanage**
4.00 **Horizon: How Many...**
5.00 **Wild Arabia**
6.00 **Wild Caribbean**
7.00 **Wild Colombia**
8.00 **Ten Deadliest Snakes...**
9.00 **Wild Arabia**
10.00 **Wild Caribbean**
11.00 **Wild Colombia**
12.00 M'T **Ten Deadliest Snakes with...**
1.00 AM **Rhino Orphanage**
2.00 **Horizon: How Many...**
3.00 **Wild Arabia**
3.50 **Wild Caribbean**
4.40 **Wild Colombia**
5.30 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Antarctica**
1.00 PM **Antarctica**
2.00 **Siberia's Wild Year**
3.00 **Winter Wonderland**
4.00 **Wild Japan: Snow Monkeys**
5.00 **Wild Alaska**
6.00 **Legend of the Giant Squid**
7.00 **Alaska's Deadliest** Part one of two. Alaska's most dangerous wildlife. **8.00** Part two of two. Examining the wildlife of Alaska's waters.
9.00 **Wild Russia** Footage of Kamchatka, a remote haven for wildlife in far eastern Russia. **10.00** Examining Wildlife in Siberia.
11.00 **Siberia's Wild Year**
12.00 M'T **Winter Wonderland**
1.00 AM **Wild Yellowstone**
2.00 **Antarctica**
4.00 **to 5.00** AM **Siberia's Wild Year**

History 2

163 273 274 330 390

8.00 AM **Ancient Aliens**
10.00 **WWII's Most Daring Raids**
12.00 NOON **The Curse of Oak Island**
2.00 PM **UFO Files**
4.00 **Ancient Aliens**
7.00 **Deep Sea Salvage** The team stop a puncture in an oil pipeline.
8.00 **Life After People** Experts discuss the dangers of water in a world without humans.
9.00 **Superheroes Decoded** Documentary taking a look at how comic-book characters took over mainstream culture.
11.00 **Ancient Impossible** Examining the great engineering feats of the ancient world.
12.00 M'T **The Curse of Oak Island**
2.00 AM **WWII's Most Daring Raids**
4.00 **to 5.00** AM **UFO Files**

PBS America

174 276 91 155

8.00 AM **Montezuma**
9.15 **Hannibal**
11.35 **The Lost Tribes of Humanity**
12.50 PM **Vikings**
4.20 **Montezuma**
5.35 **Hannibal**
8.00 **The Lost Tribes of Humanity** How pioneering research sheds a new light on humanity's ancestors.
9.10 **David Bowie: Stardust** The story of how the musician's 1972 album *The Rise and Fall of Ziggy Stardust and the Spiders from Mars* made him one of the world's most famous rock stars.
10.30 **Vikings** Neil Oliver explores the history of the Norse warriors. **11.45** Neil Oliver visits Russia, Turkey and Ireland to reveal how the Norse warriors established a trading empire.
12.50 **to 2.00** AM **Vikings**

CI

156 156 835 223 222 328 380

6.00 AM **On the Case with Paula Zahn**
8.00 **Killer In Plain Sight**
9.00 **Motives & Murders**
10.00 **Motive to Murder**
11.00 **Murdertown**
12.00 NOON **The First 48**
1.00 PM **Crimes That Shook Britain** Double bill.
3.00 **Town & Country Murder**
4.00 **Homicide: Hours to Kill**
5.00 **Homicide Hunter**
6.00 **Kids Behind Bars: Life Or Parole**
7.00 **What The Killer Did Next**
8.00 **Snapped**
9.00 **Sex, Lies and Murder**
10.00 **Monster In My Family**
11.00 **24 to Life**
12.00 M'T **Snapped**
2.00 AM **Sex, Lies and Murder**
3.00 **Crimes That Shook Britain** Double bill.
5.00 **to 6.00** AM **The First 48**

+1 hour 256 224

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

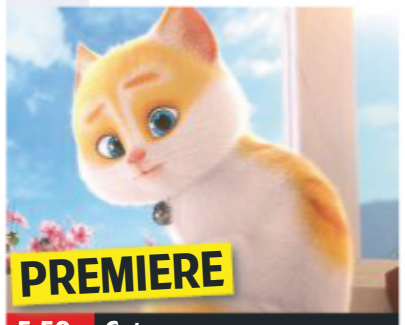
SATURDAY Films

Saturday

Sky Premiere

301 301 842 431 401 501

6.00 AM **Love After Love** (2017)
7.45 **Being Rose** Drama. (2017) ★★
9.40 **PREMIERE** **Cats** As 5.50pm.
11.40 **The Top Ten Show**
12.00 NOON **The Girl in the Spider's Web** As 8.00pm.
2.00 PM **Night School** As 10pm.
4.00 **Slaughterhouse Rulez** Comedy horror. (2018) ★★★
5.50 **PREMIERE** **Cats** Animation. (2018, PG, 90min) ★★★
See review, page19
7.45 **Captain Marvel: Preview**



5.50 Cats

8 PM

8.00 **The Girl in the Spider's Web** Thriller starring Claire Foy. Hacker Lisbeth Salander embarks on a frantic hunt for a stolen computer programme that could spark a global disaster. With Sylvia Hoeks and Stephen Merchant. (2018, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.00 **Night School** Comedy with Kevin Hart, Tiffany Haddish and Rob Riggle. (2018, 15, 111min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

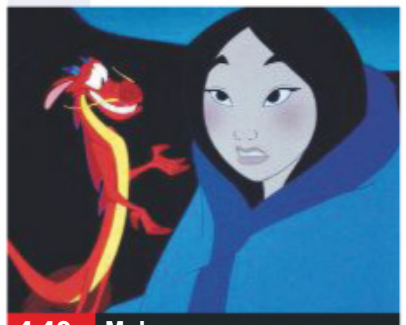
12.00 M'T **Slaughterhouse Rulez** Comedy horror starring Asa Butterfield and Simon Pegg. (2018, 15, 104min) ★★★
2.00 AM **Fright Fest** Horror with Dylan Walsh and Romeo Miller. (2018, 15, 90min) ★
3.35 **Lost in London** Comedy. (2017, 12, 103min) ★★★★
5.30 **to 6.00** AM **Yesterday: Special**

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

6.30 AM **Cinderella** As 1.35pm.
7.50 **Mulan** As shown at 4.40pm.
9.25 **Up** As shown at 6.15pm.
11.10 **Mary Poppins** As 8.00pm.
1.35 PM **Cinderella** Animation. (1950, U, 75min) ★★★★
2.55 **Cars 3** Animated adventure. (2017, U, 102min) ★★★
4.40 **Mulan** Animated adventure. (1998, U, 88min) ★★★
6.15 **Up** Animated adventure with the voice of Ed Asner. (2009, U, 92min) ★★★★★


4.40 Mulan

8.00 **Mary Poppins** Oscar-winning fantasy starring Julie Andrews as a nanny with magical powers who transforms the lives of a stuffy banker's two children in Edwardian London. With Dick Van Dyke. (1964, U, 133min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

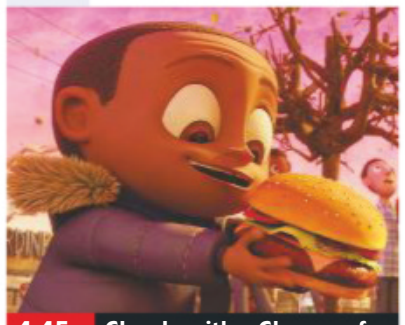
10.25 **Honey, I Shrunk the Kids** Comedy fantasy starring Rick Moranis as a suburban inventor who inadvertently shrinks his children to thumbnail size. (1989, U, 93min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Tron** Sci-fi thriller with Jeff Bridges. (1982, PG) ★★★★
1.50 **The Last Flight of Noah's Ark** Adventure with Elliott Gould. (1980, U, 97min) ★★★
3.40 **Recess: Taking the Fifth Grade** Animated adventure.
4.55 **to 6.40** AM **Honey, I Shrunk the Kids** As 10.25pm.

Sky Family

305 305 846 436 406 505

6.30 AM **Lego Batman: The Movie – DC Super Heroes Unite**
7.45 **Cloudy with a Chance of Meatballs** As 4.45pm.
9.20 **Cloudy with a Chance of Meatballs 2** As 6.20pm.
11.00 **Monster Family** As 4.35am.
12.40 PM **The Karate Kid** (2010)
3.05 **Peter Rabbit** As 8.00pm.
4.45 **Cloudy with a Chance of Meatballs** (2009) ★★★
6.20 **Cloudy with a Chance of Meatballs 2** (2013) ★★★


4.45 Cloudy with a Chance of...

8.00 **Peter Rabbit** Family comedy with Domhnall Gleeson. A rabbit takes on a farmer in a battle of wits. Featuring the voice of James Corden. (2018, PG, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

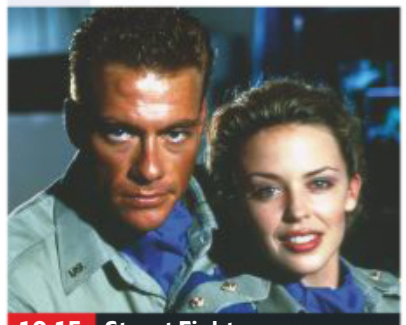
9.40 **Nutty Professor II: The Klumps** Comedy sequel starring Eddie Murphy. Overweight college professor Sherman Klump decides to rid himself of his alter ego. (2000, 12, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Flintstones** Comedy starring John Goodman. (1994, U, 93min) ★★
1.10 AM **The Flintstones in Viva Rock Vegas** Comedy prequel starring Mark Addy. (2000, PG, 91min) ★★
2.50 **A Wizard's Tale** Animation featuring the voice of Toby Kebbell. (2018, U, 97min) ★★
4.35 **to 6.20** AM **Monster Family** Animated comedy drama. (2017, PG, 96min) ★★

Sky Action

306 306 847 437 407 502

6.00 AM **Batman Unlimited: Mech vs Mutants** Animation. (2016, PG, 72min) ★★
7.30 **Alpha** As shown at 3.50pm.
9.15 **Transformers** As 5.35pm.
11.40 **Jurassic World: Fallen Kingdom** As 8.00pm.
1.50 PM **Street Fighter**
3.50 **Alpha** Adventure starring Kodi Smit-McPhee. (2018, 12) ★★★
5.35 **Transformers** Sci-fi action adventure with Shia LaBeouf. (2007, 12, 143min) ★★★★


10.15 Street Fighter

8.00 **Jurassic World: Fallen Kingdom** Action sequel starring Chris Pratt and Bryce Dallas Howard. While trying to protect genetically engineered dinosaurs, Owen Grady and Claire Dearing uncover a conspiracy. (2018, 12, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

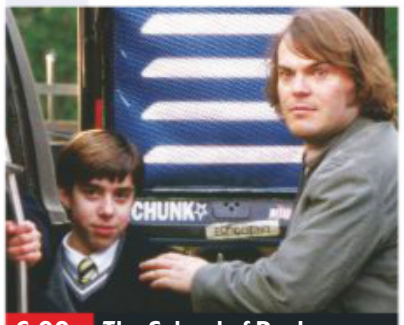
10.15 **Street Fighter** Martial arts action drama based on the popular computer game, starring Jean-Claude Van Damme. (1994, 12, 102min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Upgrade** Sci-fi thriller. (2018, 15, 100min) ★★★★
2.00 **End of Days** Action horror. (1999, 18, 121min) ★★
4.05 **to 6.00** AM **Robin Hood** Adventure with Patrick Bergin. (1991, PG, 104min) ★★★

Sky Comedy

307 307 848 438 408 506

6.45 AM **Blue Streak** Comedy. (1999, 12, 94min) ★★
8.30 **Mean Girls 2** Teen comedy sequel. (2011, 12, 92min) ★
10.15 **The School of Rock** As 6pm.
12.10 PM **Daddy's Home 2** As 8pm.
1.55 **Crazy, Stupid, Love** (2011)
4.00 **Pitch Perfect** Musical comedy starring Anna Kendrick. (2012, 12, 112min) ★★★★
6.00 **The School of Rock** Musical comedy starring Jack Black. (2003, PG, 109min) ★★★



6.00 The School of Rock

8.00 **Daddy's Home 2** Comedy sequel starring Will Ferrell and Mark Wahlberg. Brad and Dusty must deal with their intrusive fathers during the holidays. (2017, 12, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Crazy, Stupid, Love** Romantic comedy starring Steve Carell, Ryan Gosling, Julianne Moore and Emma Stone. (2011, 12, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Super Troopers 2** Comedy sequel with Kevin Heffernan and Jay Chandrasekhar. (2018, 15, 99min) ★★
1.35 AM **Pineapple Express** Comedy thriller starring Seth Rogen and James Franco. (2008, 18, 111min) ★★★★
3.30 **Jackass 3** Slapstick comedy sequel. (2010, 15, 93min) ★★
5.10 **to 7.00** AM **Our Man Flint** Spoof spy adventure. (1966, PG, 107min) ★★★

primetime

Sky Megahits

302 302 843 433 403

6.00 AM **E.T. The Extra Terrestrial**
7.55 **Independence Day** As 11.15pm.
10.30 **Batman v Superman: Dawn of Justice** Fantasy. (2016, 12) ★★
1.05 PM **Ice Age 3: Dawn of the Dinosaurs** Animated adventure sequel. (2009, U, 93min) ★★
2.45 **E.T. The Extra Terrestrial** Sci-fi. (1982, U, 114min) ★★★★★
4.40 **Iron Man** Action adventure. (2008, 12, 120min) ★★★★

6.50 **Iron Man 2** Comic-book action adventure sequel with Robert Downey Jr and Gwyneth Paltrow. The billionaire inventor faces a showdown with a vengeful Russian and seeks to keep his technology out of dangerous hands. (2010, 12, 119min) ★★★
9.00 **Iron Man 3** Comic-book action adventure sequel starring Robert Downey Jr and Gwyneth Paltrow. Iron Man strives to defeat a terrorist mastermind. (2013, 12, 131min) ★★★★

11.15 **Independence Day** Sci-fi. (1996, 12, 145min) ★★★
1.55 AM **Guardians of the Galaxy** Sci-fi. (2014, 12, 121min) ★★★★
4.05 **Ice Age 3: Dawn of the Dinosaurs** As shown at 1.05pm.
5.45 **to 7.45** AM **Ant-Man and the Wasp** Fantasy. (2018) ★★★★

Sky Greats

303 303 844 434 404 508

6.00 AM **Red Sonja** (1985, 15) ★
7.35 **The Golden Child** (1986) ★★
9.10 **This Is Spinal Tap** Mockumentary. (1983, 15, 83min) ★★★★★
10.50 **Say Anything** (1989) ★★★★
12.40 PM **The Naked Gun** (1988)
2.15 **The Karate Kid** Adventure. (1984, 12, 127min) ★★★★
4.25 **Beetlejuice** (1988) ★★★★
6.00 **Ferris Bueller's Day Off** Teen comedy. (1986, 12) ★★★★★

8.00 **Die Hard** Action thriller starring Bruce Willis. A vacationing New York cop tackles a gang of terrorists when they seize control of a tower office block in Los Angeles at Christmas. (1988, 15, 131min) ★★★★★
10.15 **Mad Max 2** Futuristic action thriller starring Mel Gibson as a lone road warrior rescuing a beleaguered community from barbarian bikers. With Bruce Spence and Vernon Wells. (1981, 18, 95min) ★★★★

11.55 **Big Trouble in Little China** Fantasy starring Kurt Russell. (1986, 15, 100min) ★★★
1.45 AM **A Nightmare on Elm Street** Horror starring Robert Englund. (1984, 18, 91min) ★★★★
3.25 **The Karate Kid** As 2.15pm.
5.40 **to 6.00** AM **The Top Ten Show**

TCM

315 315 854 415 416 512

6.00 AM **Hollywood's Best Directors**
7.00 **Somebody Up There Likes Me** Drama. (1956, b/w, PG) ★★★★
9.25 **Fort Defiance** (1951) ★★
11.15 **The Oklahoman** (1956) ★★
1.00 PM **The Producers** Comedy. (1967, PG, 88min) ★★★★
3.00 **This Savage Land** Western. (1969, PG, 97min) ★★
5.10 **Gun Duel in Durango** Western. (1957, PG, 73min) ★★

6.50 **Heaven with a Gun** Western starring Glenn Ford. A man of peace has to face up to some old enemies when violence invades his world and threatens the people he loves. With Carolyn Jones and Barbara Hershey. (1969, 18, 96min) ★★
9.00 **The Glimmer Man** Action thriller starring Steven Seagal and Keenen Ivory Wayans. A former CIA agent turned cop tracks down a serial killer. With Brian Cox. (1996, 18, 91min) ★

10.55 **Stigmata** Supernatural thriller. (1999, 18, 102min) ★★★
1.05 AM **Longmire** 1/10. (S6)
2.30 **Orders to Kill** (1958) ★★
4.30 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **The Plough and the Stars** Drama. (1936, b/w, PG) ★★
7.25 **Chance of a Lifetime**. (1950)
9.15 **The Frightened City** (1961) ★★
11.15 **90 Degrees South** (1933) ★★
12.50 PM **Crossroads to Crime** (1960)
2.00 **The Square Peg** (1958) ★★★
3.45 **The Rocking Horse Winner** Drama. (1949, b/w, U) ★★
5.35 **Forbidden** Thriller with Patricia Burke. (1948, PG, 87min) ★★

7.20 **Doublecross** Thriller starring Donald Houston. A poacher is hired to smuggle three people out of the country, but his conscience is pricked when he learns they are murderous spies. (1955, b/w, U, 71min) ★★
8.55 **The L-shaped Room** Drama about a pregnant French woman and the characters she meets in a shabby London boarding house. Stars Leslie Caron, Tom Bell and Bernard Lee. (1962, b/w, PG, 142min) ★★★

11.25 **The Sand Pebbles** Action thriller starring Steve McQueen. (1966, 15, 193min) ★★
3.00 AM **Belle Starr** Western with Gene Tierney and Randolph Scott. (1941, PG, 87min) ★★★
4.45 **to 6.00** AM **Once In a New Moon** Sci-fi. (1935, b/w, U) ★★

Horror

317 149 70 138

8.00 AM **Tremors 2: Aftershocks** Tongue-in-cheek horror sequel. (1995, 12, 95min) ★★★
10.00 **Earth: Final Conflict** (S2)
3.00 PM **Geo-Disaster** Sci-fi drama. (2017, PG, 110min) ★★
4.50 **Earthstorm** Sci-fi action drama. (2006, PG, 90min) ★★
6.40 **Asteroid v Earth** Sci-fi disaster drama starring Tia Carrere. (2014, 15, 91min) ★★

8.30 **Tales from the Darkside** *The Grave Robber:* Two treasure hunters accidentally revive a mummy who challenges them to a game of strip poker with an eternal curse at stake.
9.00 **PREMIERE** **The Remaining** Horror starring Johnny Pacar. A group of friends at a wedding party find themselves trapped in a battle for survival against demons as Biblical prophecies of the apocalypse come true. (2014, 15, 86min) ★★

10.50 **Landmine Goes Click** Thriller. (2015, 15, 110min) ★★
12.55 AM **The Howling** Horror chiller. (1980, 18, 91min) ★★★★
2.45 **to 4.30** AM **Open House** Thriller. (2010, 18, 88min) ★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 | 439 409 | 509

6.50 AM **48 Hrs** As 2.05am.
8.40 **The Snowman** As 8.00pm.
10.40 **Premium Rush** Chase thriller. (2012, 12, 89min) ★★★
12.25 PM **Hotel Artemis** As 10pm.
2.05 **Catch Me If You Can** Crime adventure, as 11.40pm.
4.30 **The Ladykillers** Black comedy remake starring Tom Hanks. (2004, 15, 104min) ★★★
6.25 **Braven** Thriller starring Jason Momoa and Garret Dillahunt. (2018, 15, 94min) ★★★

6.25 Braven

8.00 **The Snowman** Crime drama based on the Jo Nesbø novel, starring Michael Fassbender. A detective investigates the disappearance of a woman whose scarf is found wrapped around a snowman. (2017, 15, 109min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

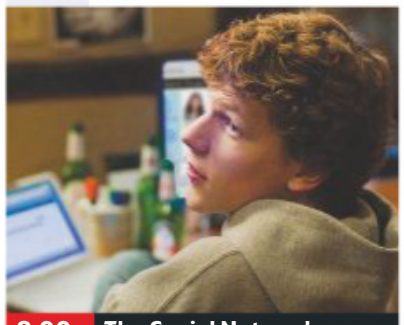
10.00 **Hotel Artemis** Futuristic drama with Jodie Foster and Sterling K Brown. (2018, 15, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Catch Me If You Can** Steven Spielberg's fact-based crime adventure starring Leonardo DiCaprio and Tom Hanks. (2002, 12, 141min) ★★★★★
2.05 AM **48 Hrs** Action thriller with Nick Nolte and Eddie Murphy. (1982, 15, 97min) ★★★★★
3.45 **Rise of the Footsoldier 3** Crime prequel starring Craig Fairbrass. (2017, 18, 99min) ★
5.30 **to 7.15** AM **Point Last Seen** Drama. (1998, PG, 87min) ★★

Sky Drama

309 309 850 | 440 410 | 511

6.35 AM **My Girl** (1991, PG) ★★
8.25 **Garden State** Offbeat comedy. (2004, 15, 102min) ★★★
10.20 **28 Days** Comedy drama. (2000, 15, 103min) ★★★
12.10 PM **The Social Network**
2.15 **The Bachelors** Drama. (2016, 15, 97min) ★★★
4.05 **Genius** Drama with Colin Firth. (2016, 12, 104min) ★★★
6.05 **My Cousin Rachel** Drama starring Rachel Weisz. (2017, 12, 106min) ★★★


8.00 The Social Network

8.00 **The Social Network** Drama about the founding of Facebook by Harvard student Mark Zuckerberg, and the legal battles that ensued after the social networking site became a global phenomenon. Stars Jesse Eisenberg. (2010, 12, 120min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

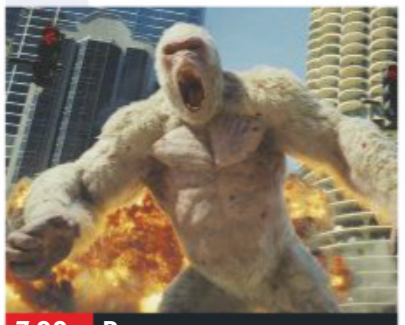
10.05 **Phantom Thread** Drama starring Daniel Day-Lewis. A celebrated British dressmaker falls in love with a shy but strong-willed waitress. (2017, 15, 130min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **The Disaster Artist** Biographical comedy drama. (2017, 15, 103min) ★★★★
2.10 **An Officer and a Gentleman** Gritty romantic drama. (1981, 15, 125min) ★★★★
4.20 **to 6.55** AM **South Pacific** Musical starring Mitzi Gaynor. (1958, U, 151min) ★★★★

Sky Sci-Fi/Horror

310 310 851 | 441 411 | 507

6.00 AM **Star Trek: Generations** As shown at 4.00am.
8.10 **Ready Player One** As 4.35pm.
10.35 **Rampage** As 7.00pm.
12.35 PM **Elysium** As 9.00pm.
2.35 **Serenity** As 11.00pm.
4.35 **Ready Player One** Steven Spielberg's fantasy adventure starring Tye Sheridan. (2018, 12, 140min) ★★★★
7.00 **Rampage** Fantasy adventure starring Dwayne Johnson. (2018, 12, 107min) ★★★


7.00 Rampage

Rampage (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

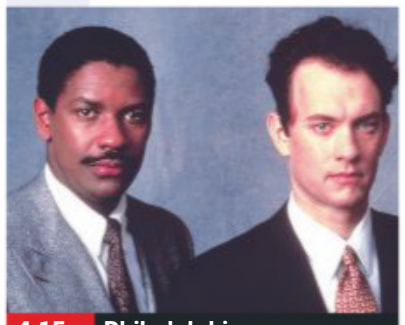
9.00 **Elysium** Sci-fi action thriller starring Matt Damon and Jodie Foster. In 2154, a fatally ill factory worker has five days to reach the orbiting space station that is home to the rich. With Sharlto Copley. (2013, 15, 107min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Serenity** Sci-fi adventure spin-off from the TV series *Firefly* starring Nathan Fillion. (2005, 15, 119min) ★★★★
1.15 AM **Constantine** Supernatural horror thriller starring Keanu Reeves and Rachel Weisz. (2005, 15, 121min) ★★★
3.30 **Extremely Wicked, Shockingly Evil and Vile: Special**
4.00 **to 6.00** AM **Star Trek: Generations** Sci-fi adventure. (1994, PG, 118min) ★★★

Sky Select

311 311 852 | 442 412 | 510

6.55 AM **In & Out** As 6.25pm.
8.30 **Professor Marston and the Wonder Women** Biopic. (2017, 15, 108min) ★★★★
10.20 **Freak Show** As 5.30am.
11.55 **Love, Simon** As 8.00pm.
1.50 PM **120 BPM** French drama. (2017, 15, 143min) ★★★★
4.15 **Philadelphia** Legal melodrama with Tom Hanks. (1993, 12, 122min) ★★★
6.25 **In & Out** Comedy with Kevin Kline. (1997, 12, 91min) ★★★


4.15 Philadelphia

8.00 **Love, Simon** Coming-of-age comedy drama about a secretly gay high-school student who begins to fall for an anonymous classmate online. Stars Nick Robinson, Jennifer Garner and Josh Duhamel. (2018, 12, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

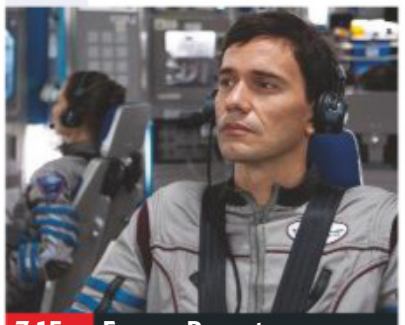
10.00 **Riot** Drama starring Damon Herriman, Kate Box and Xavier Samuel. (2018, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Mario** Swiss-German drama with Max Hubacher. Subtitled. (2018, 18, 124min) ★★★
2.05 AM **A Moment in the Reeds** Drama starring Janne Puustinen. Partly subtitled. (2017, 18, 108min) ★★★
3.55 **B&B** Thriller starring Tom Bateman and Sean Teale. (2016, 15, 87min) ★★★
5.30 **to 7.05** AM **Freak Show** Comedy drama starring Alex Lawther. (2017, 12) ★★★

Film4

313 313 853 | 428 429 | 14 | 300

■ **Films start at 11.00am**
11.00 AM **Local Hero** Comedy. (1983, PG, 110min) ★★★★★
1.15 PM **Carry On Jack** Comedy. (1964, PG, 85min) ★★★
3.10 **Kung Fu Panda 2** Animated comedy adventure sequel. (2011, PG, 90min) ★★★★
5.00 **Mother's Day** Ensemble comedy starring Julia Roberts. (2016, 12, 118min) ★★
7.15 **Europa Report** Sci-fi thriller. (2012, 12, 90min) ★★★


7.15 Europa Report

Europa Report (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Boss** Comedy with Melissa McCarthy, Kristen Bell, Peter Dinklage and Kathy Bates. A disgraced entrepreneur looks to launch a comeback with the reluctant help of her long-suffering former assistant. (2015, 15, 89min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **The Neon Demon** Psychological horror starring Elle Fanning. A model arrives in LA, but her beauty and youth soon generate jealousy within the fashion industry. (2016, 18, 140min) ★★★★
1.25 **to 3.40** AM **Inferno** Supernatural horror thriller starring Leigh McCloskey. (1980, 18, 107min) ★★★

+1 hour 314 430 45 301

Saturday

8 PM | 9 PM | 10 PM | 11 PM

True Movies

319 424 50 303

6.00 AM **Highway to Heaven** (S3)
7.00 **The Waltons** (S9)
11.00 **Rudy: The Rudy Giuliani Story** Biopic starring James Woods. (2003, PG, 89min) ★★
1.00 PM **The Boy She Met Online** Mystery. (2010, PG, 89min) ★★
3.00 **Demons from Her Past** Thriller. (2007, 15, 93min) ★★
5.00 **Try to Remember** Mystery thriller starring Gabrielle Anwar.

7.00 **Pretend You Don't See Her** Thriller starring Emma Samms. After witnessing the murder of a socialite, a real-estate agent is pursued by the assassin and forced to become part of the witness protection programme.
9.00 **John Woo's Blackjack** Action thriller starring Dolph Lundgren and Kate Vernon. A bodyguard has to confront an unusual phobia in the process of protecting a supermodel. (1998, 18, 108min) ★★

11.00 **Harrigan** Crime thriller starring Stephen Tompkinson and Gillian Kearney. (2013, 15, 95min) ★★
1.00 AM **The Waltons** 4&5/24. (S7)
3.00 **The Avengers** (S1)
5.00 **to 6.00** AM **Highway to Heaven**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Sony Movie News Extra**
9.10 **Special Delivery** Comedy drama. (2008, PG, 88min) ★★
11.15 **Eat Pray Love** Romantic drama. (2010, PG, 139min) ★★
1.55 PM **Stepmom** Melodrama. (1998, 12, 121min) ★★★
4.30 **Jackie Chan's Who Am I?** Martial arts thriller starring Jackie Chan and Michelle Ferre. (1998, 12, 108min) ★★★

6.45 **Battle: Los Angeles** Epic sci-fi adventure starring Aaron Eckhart and Michelle Rodriguez. A group of Marines set out to defend LA from invading aliens. (2011, 12, 116min) ★★★
9.00 **Resident Evil** Sci-fi thriller based on the video game series, starring Milla Jovovich. A commando team battle a deadly supercomputer and an army of undead zombies when they try to stop a viral outbreak. (2002, 15, 100min) ★★★

11.05 **Resident Evil: Apocalypse** Sci-fi thriller. (2004, 15) ★★★
1.00 AM **Resident Evil: Extinction** Sci-fi thriller. (2007, 15) ★★
3.05 **The Producers** (2005) ★★★
5.50 **to 6.00** AM **Sony Movie News**

+1 hour 322

Movies 24

325 419 513

7.00 AM **Advance & Retreat** (2016)
9.00 **The Perfect Catch** Romantic drama. (2017, PG, 90min) ★★
11.00 **True Love Blooms** Romantic drama. (2019, PG, 82min) ★★
1.00 PM **A Brush with Love** Drama. (2019, PG, 84min) ★★
3.00 **Love Alaska** Romantic comedy. (2019, PG, 120min) ★★
5.00 **Love Takes Flight** Romantic drama. (2019, PG, 120min) ★★

7.00 **Wedding at Graceland** Romantic drama sequel starring Wes Brown and Kellie Pickler. A couple make plans for their wedding, while trying to cope with two sets of very different parents. (2019, PG, 120min) ★★
9.00 **The Good Witch's Wonder** Drama sequel with Catherine Bell. A small-town shopkeeper investigates a series of thefts and tries to learn the truth about a secretive new employee. (2014, PG, 90min) ★★

11.00 **Love Locks** Romantic drama. (2017, PG, 120min) ★★
1.00 AM **Puppy Love** Romantic drama. (2012, U, 90min) ★★
3.00 **to 5.00** AM **A Dash of Love** Drama. (2017, PG, 83min) ★★

+1 hour 326 420

Movies4Men

323 426 40 305

6.00 AM **Super Eruption** (2011) ★★
7.45 **40 Days and Nights** (2012) ★
9.30 **Tunes of Glory** (1960) ★★★★
11.45 **Atlantic Convoy** Wartime drama. (1942, U, 66min) ★★
1.15 **The Aryan Couple** Wartime drama. (2004, 12, 119min) ★
3.35 **The Enemy General** War drama. (1960, U, 74min) ★★
5.15 **Women of Valor** War drama. (1986, 15, 100min) ★★★

7.10 **Marine Raiders** World War Two drama about US Marines fighting the Japanese in the jungles of Guadalcanal. Stars Robert Ryan and Pat O'Brien. (1944, b/w, PG, 90min) ★★
9.00 **The Hessen Conspiracy** Thriller starring Billy Zane. In post-World War Two Germany, an American colonel and his lieutenant lover stumble across the Crown Jewels and decide to smuggle them back to America. (2009, 15, 106min) ★★

11.20 **The Patriot** Thriller with Steven Seagal. (1998, 18, 86min) ★★
1.05 AM **Hearts of War** War drama. (2007, 15, 93min) ★★
2.55 **to 4.00** AM **Future Combat Aircraft**

+1 hour 324

FILMS ON OTHER CHANNELS

7pm TILL LATE

7.00 **The Young and Prodigious TS Spivet** *AMC* Adventure. ★★
7.00 **The Three Musketeers** *Comedy Central* Adventure. ★★★
7.15 **Liar Liar** *ITV2* Comedy. ★★★★
7.55 **Pixels** *5STAR* Sci-fi comedy. ★★
8.00 **Oblivion** *ITV4* Sci-fi. ★★★★
9.00 **Jack Reacher: Never Go Back** *Channel 4* Thriller sequel. ★★★
9.00 **6 Below: Miracle on the Mountain** *AMC* ★★★
9.00 **The Maze Runner** *E4* ★★★
9.00 **Chaos** *5Spike* Thriller. ★★★
9.00 **Ali G Indahouse** *Comedy Central* Comedy. ★★★
9.00 **Fools Rush In** *E!* Comedy. ★★
9.00 **Streetfighter** *Syfy* ★★
9.00 **Maternal Instinct** *Lifetime* ★★
9.00 **Les Misùrables** *Paramount Network* Epic musical. ★★★★
9.55 **GoldenEye** *ITV* Thriller. ★★★★
10.00 **Reservoir Dogs** *Dave* ★★★★
10.20 **The Lady in the Van** *BBC1 (NI: 11.20pm, Wales: 11.50pm)* Comedy drama. ★★★★
10.30 **Matangi/Maya/MIA** *BBC2* Biopic. ★★★★
10.35 **Training Day** *ITV4* Thriller ★★★
10.55 **Emperor** *AMC* ★★
11.00 **Carrie** *5STAR* Horror. ★★★

SATURDAY Sport

SKY HD SD VIRGIN HD BT HD

6 July

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

- **6.00** AM **Sky Sports News**
- **7.00** **Good Morning Sports Fans**
- **7.30** **Cricket World Cup Centre**
- **8.00** LIVE **Super Rugby** Coverage of this year's final.
- **10.00** LIVE **ICC Cricket World Cup Sri Lanka v India.** Coverage of the group-stage match from Headingley Stadium in Leeds.
- **7.00** PM LIVE **ICC Cricket World Cup Australia v South Africa.** The group-stage match from Old Trafford in Manchester.
- **9.30** LIVE **Fight Night Anthony Fowler v Brian Rose.** Coverage of the middleweight title bout from Manchester Arena, plus the undercard.
- **11.00** LIVE **LPGA Tour Golf** Coverage of day three of the Thornberry Creek LPGA Classic from Oneida, Wisconsin.
- **1.00** AM **My Icon: Kadeen Corbin**
- **1.10** LIVE **Women's International Rugby Union Canada v England.** At Chula Vista Training Centre. Kick-off 1.15am.
- **3.10** **My Icon: Linford Christie**
- **3.20** **My Icon: Natasha Jonas**
- **3.30** **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

- **6.00** AM **PL Greatest Games**
- **7.00** **Premier League Best Goals**
- **10.00** **Premier League 100 Club**
- **11.00** **Premier League Legends**
- **12.00** NOON **Premier League Highlights** Back-to-back action from the top flight.
- **2.00** PM **Premier League Years** A look back at classic games, infamous blunders and moments of skill from seasons past.
- **4.00** **Premier League Highlights** Back-to-back top-flight action.
- **6.00** **Premier League 100 Club** Profiles of top-flight legends.
- **7.00** **Premier League Legends** Profiles of top-flight stars.
- **8.00** **Premier League Highlights** Back-to-back top-flight action.
- **10.00** **Gary Neville's Soccerbox** The presenter talks to fellow former Premier League players.
- **11.00** **Premier League Years** Classic games, infamous blunders and moments of skill from seasons past, all set to a specially selected soundtrack from the time.
- **1.00** AM **Premier League Years**
- **3.00** **Premier League Best Goals**
- **5.30** **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

- **6.00** AM **EFL Greatest Games**
- **7.00** **EFL Goals: Championship**
- **12.00** NOON **EFL Goals: Leagues 1 & 2** A look back at goals from the 2018/2019 season.
- **2.30** PM **EFL Goals: Championship** A look back at goals from the 2018/2019 season.
- **6.30** **Football Countdowns**
- **7.30** **MLS Round-Up Show** A review of the latest round of Major League Soccer fixtures.
- **8.00** **EFL Goals: Leagues 1 & 2** A look back at goals from the 2018/2019 season.
- **10.30** **MLS Round-Up Show** A review of the latest round of Major League Soccer fixtures.
- **11.00** **EFL Highlights** Action from the Football League.
- **12.00** M'T **Football's Greatest Players** The careers of some of world football's superstars.
- **1.00** AM **Football Years**
- **2.00** **Football Countdowns**
- **3.00** **SPFL Greatest Games**
- **3.30** **One2Eleven**
- **4.00** **EFL Highlights**
- **5.00** **EFL Greatest Games**
- **5.30** **to 6.00** AM **Football Countdowns**

Sky Sports Cricket World Cup

404 404 858 | 514 504

- **6.00** AM **ICC Cricket World Cup**
- **7.00** **World Cup Bitesize**
- **7.30** **Cricket World Cup Centre**
- **8.00** **Cricket World Cup**
- **9.00** **ICC Cricket World Cup** Pakistan v Bangladesh: Action from Lord's.
- **10.00** LIVE **ICC Cricket World Cup Sri Lanka v India.** Coverage of the group-stage match from Headingley Stadium in Leeds.
- **7.00** PM LIVE **ICC Cricket World Cup Australia v South Africa.** The group-stage match from Old Trafford in Manchester.
- **9.30** **World Cup Bitesize** Action from Sri Lanka v India.
- **9.45** **World Cup Bitesize** Action from Australia v South Africa.
- **10.00** **ICC Cricket World Cup** Sri Lanka v India: Action from the group-stage match at Headingley Stadium in Leeds.
- **11.00** **ICC Cricket World Cup** Australia v South Africa: Action from the group-stage match at Old Trafford in Manchester.
- **12.00** M'T **World Cup Bitesize**
- **12.30** AM **ICC Cricket World Cup**
- **2.30** **World Cup Bitesize**
- **3.00** **ICC Cricket World Cup**
- **5.00** **to 6.00** AM **World Cup Bitesize**

Sky Sports Golf

405 405 859 | 515 505

- **6.00** AM **PGA Tour Champions**
- **7.00** **Best of the Sky Zone**
- **7.30** **Nick Dougherty's Tee Time Tips**
- **8.00** **Hall or Nothing: Georgia's Story**
- **9.00** **European Tour Golf**
- **10.00** **Hall or Nothing: Georgia's Story**
- **11.00** **European Tour Golf** Day two of the Dubai Duty Free Irish Open.
- **12.00** NOON LIVE **European Tour Golf** Coverage of the third day of the Dubai Duty Free Irish Open, held this year at Lahinch Golf Club.
- **5.00** PM **Nick Dougherty's Tee Time Tips** Nick offers expert advice.
- **5.30** **The Improvers**
- **6.00** LIVE **PGA Tour Golf** Day three of the 3M Open from TPC Twin Cities in Blaine, Minnesota.
- **11.00** LIVE **LPGA Tour Golf** Coverage of day three of the Thornberry Creek LPGA Classic from Oneida, Wisconsin.
- **1.30** AM **European Tour Golf** Action from the third day's play of the Dubai Duty Free Irish Open.
- **2.30** **Nick Dougherty's Tee Time Tips**
- **3.00** **The Improvers**
- **3.30** **European Tour Golf**
- **4.30** **The Improvers**
- **5.00** **to 6.00** AM **European Tour Golf**

BT Sport 1

413 413 867 | 527 | 408 430

- **7.30** AM LIVE **AFL Adelaide Crows v Port Adelaide Power.** Bounce-up 7.35am.
- **10.30** **BT Sport Reload**
- **11.00** LIVE **AFL Fremantle Dockers v West Coast Eagles.** Bounce-up 11.10am.
- **2.00** PM **Shoulder to Shoulder**
- **3.30** **BT Sport Reload**
- **3.45** LIVE **British Talent Cup** Coverage of race five from the third round at Donington Park.
- **4.45** **Classic Premier League**
- **5.15** **FIM Sidecar World Championship Highlights**
- **5.45** LIVE **FIM Speedway Grand Prix** Round four from Sweden.
- **9.15** **UEFA Champions League**
- **9.30** **No Filter Boxing**
- **10.00** **UFC 239: Inside the Octagon**
- **10.30** **UFC 239: Countdown**
- **11.30** **UFC 239 Pre-fight Show**
- **12.30** AM **UFC 239: Preview**
- **1.00** LIVE **UFC** The Prelims at UFC 238 from the T-Mobile Arena in Las Vegas. *The main card can be seen on BT Sport Box Office.*
- **3.00** **No Filter Boxing**
- **3.30** **to 6.00** AM **UEFA Champions League – Classics**

BT Sport 2

414 414 868 | 528 | 409 431

- **6.00** AM **BT Sport Goals Reload**
- **6.15** **BT Sport Score: Best Of**
- **6.45** **MotoGP Highlights**
- **7.45** **MotoGP: ICYMI**
- **8.00** LIVE **MotoGP** Coverage of the third free practice session ahead of the Grand Prix of Germany, the ninth round of the 2019 season.
- **11.00** LIVE **MotoGP** Qualifying ahead of the Grand Prix of Germany.
- **4.00** PM LIVE **Red Bull MotoGP Rookies Cup** The first race of round four from Germany.
- **5.00** **AFL** Action from Essendon Bombers v Sydney Swans.
- **7.00** **AFL** Action from Adelaide Crows v Port Adelaide Power.
- **9.00** **AFL** Action from Fremantle Dockers v West Coast Eagles.
- **11.00** **ESPN Films: Roll Tide War Eagle** A look at the rivalry between Auburn University and the University of Alabama.
- **12.00** M'T LIVE **CFL Toronto Argonauts v BC Lions.** From BMO Field. Kick-off 12.00m't.
- **3.00** AM **to 6.00** AM LIVE **CFL Saskatchewan Roughriders v Calgary Stampeders.** From Mosaic Stadium. Kick-off 3.00am.

BT Sport 3

417 417 869 | 529 | 410 432

- **6.00** AM **Maradona '86**
- **6.30** **BT Sport Reload**
- **6.45** LIVE **Virgin Australia Supercars** Coverage of race 17 from Townsville.
- **9.00** **FIA World Endurance Championship**
- **10.00** **Formula E: Street Racers**
- **10.30** **Mobil 1: The Grid**
- **11.00** **Fishing: On The Bank**
- **12.00** NOON **Winning Time: Reggie Miller vs The NY Knicks**
- **1.30** PM LIVE **Rowing: Henley Royal Regatta** Day four of the historic Henley Royal Regatta.
- **8.00** **Going Big** Documentary.
- **9.00** **FIM Sidecar World Championship Highlights**
- **9.30** **BT Sport Reload**
- **10.00** **Story of the Champions Cup**
- **10.30** **UEFA Champions League – Classics** Triple bill of action.
- **12.00** M'T LIVE **MLB Houston Astros v Los Angeles Angels.** At Minute Maid Park. Kick-off 12.15am.
- **3.15** AM **MLB: Caps Off**
- **3.30** **Premier League Tonight: Best Of** Highlights of the series.
- **4.00** **The Stars Are Aligned**
- **5.00** **to 6.00** AM **Miracles on the Plains**

Sky Sports Action

407 407 861 | 517 507

- **6.00** AM **Boxing Gold**
- **7.00** **Great Sporting Moments**
- **8.00** LIVE **Super Rugby** Coverage of this year's final.
- **11.00** **NFL: America's Game**
- **12.00** NOON **NFL: A Football Life**
- **1.00** PM **Sporting Records**
- **2.00** **Boxing Gold**
- **3.00** **NFL: America's Game**
- **4.00** **Darts Gold**
- **4.30** **Sporting Records**
- **5.00** LIVE **Betfred Super League Catalans Dragons v Wakefield Trinity.** Coverage from Stade Gilbert Brutus. Kick-off 5.00pm.
- **7.00** LIVE **Fight Night Anthony Fowler v Brian Rose.** Coverage of the middleweight title bout from Manchester Arena.
- **11.00** **Championship Rugby League**
- **1.00** AM **Rugby Greatest Games**
- **1.10** LIVE **Women's International Rugby Union Canada v England.** Coverage of the match from Chula Vista Elite Athlete Training Centre. Kick-off 1.15am.
- **3.10** **Rugby Greatest Games**
- **3.30** **Darts Gold**
- **4.00** **Sporting Records**
- **5.00** **to 6.00** AM **Sporting Greats**

Sky Sports Mix

121 121 819 | 520 510

- **6.00** AM **My Icon**
- **7.00** **Sporting Records**
- **7.30** **My Icon**
- **8.00** **Premier League 100 Club**
- **8.30** **Great Sporting Moments**
- **8.45** **Game Changers: Women's WC**
- **9.00** **Sporting Records**
- **9.30** **My Icon**
- **10.00** **Game Changers: Ascot Special**
- **10.30** **Premier League 100 Club**
- **11.00** **Sporting Greats**
- **12.00** NOON **Great Sporting Moments** Iconic moments.
- **1.00** PM LIVE **ICC Cricket World Cup Australia v South Africa.** The group-stage match from Old Trafford in Manchester.
- **9.30** **World Cup Bitesize**
- **10.00** **My Icon: Kadeen Corbin**
- **10.10** LIVE **Women's International Rugby Union France v New Zealand.** Kick-off 10.15pm.
- **12.00** M'T **Game Changers**
- **12.45** AM **Great Sporting Moments**
- **1.00** **My Icon: Kadeen Corbin**
- **1.10** LIVE **Women's International Rugby Union Canada v England.** Kick-off 1.15am.
- **3.10** **My Icon**
- **3.30** **to 6.00** AM **Mix Shorts: Masterclasses**

BT Sport/ESPN

423/426 872 | 530 | 411 434

- **6.00** AM **ESPN FC** Football news.
- **6.30** **Mobil 1: The Grid**
- **7.00** **CFL: Winnipeg @ Ottawa**
- **9.30** **MLB's Best** Highlights show.
- **10.00** **MLB: Yankees @ Rays**
- **1.00** PM **ESPN FC** Football news.
- **1.30** **BT Sport Reload**
- **1.45** LIVE **Euroformula Open Championship** From Hungary.
- **2.45** **MLB: Caps Off**
- **3.00** **MLB's Best**
- **3.30** **MLB: Padres @ Dodgers**
- **6.30** **ESPN FC** Football news.
- **7.00** LIVE **MLB Minnesota Twins v Texas Rangers.** From Target Field. Start-time 7.10pm.
- **10.00** **MLB: Caps Off**
- **10.15** **BT Sport Reload**
- **10.30** **World of X Games**
- **11.30** **ESPN FC** Football news.
- **12.00** M'T LIVE **World Series of Poker** Coverage from Las Vegas.
- **4.30** AM **MLB's Best**
- **5.00** **to 6.00** AM **Hot Dog Eating Contest**

Eurosport 1

410 410 864 | 523 521 | 412 435

- **7.00** AM **World Superbikes**
- **7.45** **Tour de France Presentation**
- **8.45** **Africa Cup of Nations**
- **10.30** LIVE **Cycling: Tour de France** Stage one of the prestigious race, featuring a flat 194.5km route starting and finishing in Brussels. *See feature, page 26*
- **4.30** PM **Tour de France – The Breakaway** Stage one review.
- **4.45** **Cycling: Irish Road Championships**
- **5.00** **Gymnastics: Universiade**
- **6.45** **World Superbikes** Qualifying and race one at Donington Park.
- **8.00** **Cycling: Tour de France** Action from stage one.
- **9.30** **Cycling: Irish Road Championships** From Derry.
- **10.00** **Tennis: Wimbledon** Day six.
- **11.30** **Cycling: Tour de France**
- **12.30** AM **Tennis: Wimbledon**
- **2.00** **Diving: Universiade**
- **3.40** **to 6.30** AM **Gymnastics: Universiade**

Eurosport 2

411 411 865 | 524 522 | 413 436

- **6.20** AM **WATTS**
- **6.50** **Cliff Diving**
- **7.55** **WATTS**
- **8.15** **Tennis: Wimbledon**
- **9.45** **World Superbikes**
- **10.30** LIVE **World Superbikes** Qualifying and race one of round eight from Donington Park.
- **3.15** PM LIVE **FIA World Touring Cars** Coverage of race one of round six from Vila Real, Portugal.
- **4.00** **Bennetts British Superbikes**
- **4.45** LIVE **AFCON** The third last-16 match. Kick-off 5.00pm.
- **7.00** **FIA World Touring Cars**
- **7.45** LIVE **AFCON** The fourth last-16 match. Kick-off 8.00pm.
- **10.00** **Africa Cup of Nations**
- **12.05** AM **WATTS**
- **12.30** **Cycling: Tour de France**
- **1.00** **Cliff Diving**
- **2.00** **World Superbikes**
- **3.00** **FIA World Touring Cars**
- **4.00** **Cycling: Tour de France**
- **5.30** **to 6.00** AM **WATTS**

Sky Sports Arena

408 408 862 | 518 508

- **6.00** AM **Sporting Greats**
- **7.00** **WWE Slam City**
- **7.30** **WWE from the Vault**
- **8.00** **Great Sporting Moments**
- **8.30** **WWE Smackdown**
- **10.30** LIVE **NRL Newcastle Knights v New Zealand Warriors.**
- **12.20** PM **Rugby Greatest Games**
- **12.30** **WWE Main Event**
- **1.30** **Great Sporting Moments**
- **2.00** **Sporting Greats**
- **3.00** **Sporting Records**
- **4.00** LIVE **GAA** Coverage of either a football or hurling match.
- **7.00** LIVE **GAA** Coverage of either a football or hurling match.
- **10.00** **Rugby Greatest Games**
- **10.10** LIVE **Women's International Rugby Union France v New Zealand.** Kick-off 10.15pm.
- **12.00** M'T **Great Sporting Moments**
- **1.00** AM **Sporting Records**
- **2.00** **Super League Gold**
- **3.00** **to 6.00** AM **Highlights**

Sky Sports F1

406 406 860 | 516 506

- **6.00** AM **The Home of F1**
- **11.00** **The F1 Show**
- **11.30** **Formula 1**
- **1.35** PM **Austrian F1 GP Best Bits**
- **2.05** **Racing to the Equator**
- **3.05** **Formula 1** Double bill.
- **5.05** **Formula 1** Highlights of the Chinese Grand Prix.
- **6.05** **Formula 1** Action from the Azerbaijan Grand Prix.
- **7.05** **Formula 1** Highlights of the Spanish Grand Prix.
- **8.05** **Formula 1** Action from the Monaco Grand Prix.
- **9.05** **Formula 1** Highlights of the Canadian Grand Prix.
- **10.05** **Formula 1** Action from the French Grand Prix.
- **11.05** **Formula 1** Highlights of the Austrian Grand Prix.
- **12.05** AM **F1 Weekend Debrief: Austria** A review of the race.
- **12.35** **Brawn & Brundle**
- **12.45** **McLaren In Baku**
- **1.00** **to 6.00** AM **The Home of F1**

Sunday

7 July

Evening Planner

Romantic comedy

Juliet, Naked
Sky Premiere HD, 9.45am & 6.15pm
Rose Byrne, Ethan Hawke and Chris O'Dowd form the central love triangle in an adaptation of Nick Hornby's novel

Football

Women's World Cup Final
BBC1 HD, BBC iPlayer & BBC Red Button, kick-off 4pm
The successors to title-holders USA are decided at Lyons' Olympic Stadium

Game show

Tipping Point: Lucky Stars
ITV HD, 8pm
Alan Davies, Sally Phillips and Dr Ranj Singh join Ben Shephard to take on the arcade game for a fundraising edition

Documentary

War in the Blood
BBC2 HD, 9pm
Following two human guinea pigs through 'CAR T-cell therapy', a revolutionary breakthrough in cancer treatment

SKY	EVENING TIME 7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	7.00 Countryfile		8.00 Antiques Roadshow		9.00 Gentleman Jack		10.00 News	10.30 Edna O'Brien...
102 BBC2	7.00 Dragons' Den		8.00 Top Gear		9.00 War in the Blood			
103 ITV	7.00 The Chase Celebrity Special		8.00 Tipping Point: Lucky Stars		9.00 Beecham House			10.20 Inside the Ritz Hotel
104 CHANNEL 4	7.00 Great British Car Journeys		8.00 Escape to the Chateau		9.00 The Handmaid's Tale		10.00 Ashes 2005: The Greatest Series	
105 CHANNEL 5	7.00 The Wonderful World of Chocolate		8.00 Gino's Win Your Wish List		9.00 You Can't Say That! Outrageous Comedy			
106 SKY ONE	7.00 The Simpsons		8.00 Football's Funniest Moments		9.00 S.W.A.T.		10.00 Hawaii Five-0	
Entertainment								
116 BBC4	7.00 John Denver at Wembley...	7.45 Vienna Summer Night Concert			9.00 Arena: That Summer			10.20 Rich Hall's California...
118 ITV2	◂ 6.25 Film: Jurassic Park				9.00 Love Island		10.00 Love Island: Aftersun	
136 MORE4	◂ 6.55 Come Dine with Me		8.00 Orangutan Jungle School		9.00 24 Hours in A&E		10.00 Shocking Emergency Calls	
135 E4	7.00 The Big Bang Theory		8.00 Celebrity Crystal Maze		9.00 Marvel's Agents of S.H.I.E.L.D.		10.00 Gotham	
107 SKY WITNESS	7.00 Nothing to Declare				9.00 The Rookie		10.00 World's Most Evil Killers	
108 SKY ATLANTIC	7.00 Blue Bloods				9.00 Big Little Lies		10.00 Riviera	
110 GOLD	◂ 6.40 Only Fools and Horses					9.45 Bottom		
111 DAVE	◂ 5.00 Red Bull Soapbox Race 2019...		8.00 World's Most Dangerous Roads		9.00 Have I Got a Bit More News for You		10.00 Jon Richardson: Ultimate Worrier	
119 ITV3	7.00 Agatha Christie's Poirot				9.00 The Comedy Years			10.05 Vanity Fair
120 ITV4	7.00 Tour de France Highlights		8.00 Bear's Mission with Gareth Southgate		9.00 Film: Smokey and the Bandit – Part 3			
112 COMEDY CENTRAL	7.00 Film: Legally Blonde 2: Red, White & Blonde				9.00 Film: Superbad			
114 SYFY	7.00 Film: Flight of the Navigator				9.00 Film: Air Force One			
109 W	7.00 My Family				9.00 Inside the Operating Theatre		10.00 Louis Theroux: Extreme Love...	
113 UNIVERSAL	7.00 NCIS		8.00 Rescue: Code One		9.00 Film: Jerry Maguire			
124 FOX	7.00 NCIS				9.00 American Dad!	9.30 Family Guy		
122 SKY ARTS	◂ 6.50 Rise of the Superheroes				9.00 Download Festival 2019			
Documentary								
125 DISCOVERY	7.00 Arabia with Levison Wood		8.00 Mummies Unwrapped		9.00 Truth Behind The Moon Landing		10.00 Nasa's Unexplained Files	
162 ANIMAL PLANET	7.00 How Do Animals Do That		8.00 Fish or Die		9.00 Dodo Heroes		10.00 Intruders	
129 NAT GEO	7.00 Apollo: Back To The Moon				9.00 Budget Mission To The Moon		10.00 Seconds from Disaster	
130 HISTORY	7.00 The Curse of Civil War Gold		8.00 WWII's Most Daring Raids		9.00 Britain's Greatest Bridges		10.00 Concorde: Designing the Dream	
155 YESTERDAY	7.00 Porridge: Inside Out		8.00 'Allo 'Allo!				10.00 Secrets of the Railways	
166 EDEN	7.00 Attenborough and the Sea Dragon		8.00 Hotel Armadillo: Natural World		9.00 Frozen Planet			
Films								
301 SKY PREMIERE	◂ 6.15 Juliet, Naked		8.00 The Girl in the Spider's Web				10.00 Night School	
302 SKY MEGAHITS	◂ 6.15 WALL•E		8.00 Ghost					10.10 Ant-Man and the Wasp
303 SKY GREATS	◂ 6.00 Ghostbusters		8.00 Highlander				10.00 Coming to America	
304 SKY DISNEY	◂ 6.30 The Jungle Book		8.00 Christopher Robin				10.00 Blank Cheque	
305 SKY FAMILY	◂ 6.15 Hotel Transylvania 3: Summer...		8.00 The Mask of Zorro					10.20 Patrick
306 SKY ACTION	◂ 5.40 The Amazing Spider-Man		8.00 The Amazing Spider-Man 2					10.30 Spider-Man
307 SKY COMEDY	◂ 6.00 Mamma Mia!		8.00 Tag			9.45 Superbad		
308 SKY THRILLER	◂ 6.50 Superfly				9.00 Searching			
309 SKY DRAMA	◂ 6.05 Goodbye Christopher Robin		8.00 Lady Bird			9.40 First Reformed		
310 SKY SCI-FI		7.10 Aliens Vs Predator – Requiem			9.00 Predator			
311 SKY SELECT	◂ 6.10 A Fantastic Woman		8.00 Call Me By Your Name					10.15 You, Me and Him
313 FILM4	◂ 6.40 Everest				9.00 Shooter			
315 TCM	◂ 6.40 The Stalking Moon				9.00 Full Metal Jacket			
Sport								
401 MAIN EVENT	◂ 6.30 PGA Tour Golf – Live: Day four of the 2019 3M Open from TPC Twin Cities in Blaine							
402 PREMIER LEAGUE	7.00 Premier League Legends		8.00 Premier League Highlights				10.00 Gary Neville's Soccerbox	
403 FOOTBALL		7.20 MLS – Live: Atlanta United FC v New York Red Bulls: From Mercedez-Benz Stadium				9.30 Football...	10.00 EFL Goals: Championship	
404 CRICKET WORLD CUP	7.00 Cricket World Cup		8.00 Women's Ashes		9.00 Cricket World Cup		10.00 Women's Ashes	
413 BT SPORT 1	◂ 6.00 MLB – Live: Tampa Bay Rays v New York Yankees: From Tropicana Field (Start-time 6.10)						10.00 Premier...	10.30 Formula E...
414 BT SPORT 2	7.00 MotoGP		8.00 MotoGP Chequered Flag		9.00 MLB – Live: The MLB All-Star Futures Game			

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.00 **BBC News** (S)
10.00 **The Andrew Marr Show** (S)
11.00 **Sunday Politics** (S)
11.30 **Sunday Morning Live** (S)
12.30 PM **Flog It!** The team value antiques in Gloucester. (S)(R)
1.00 **BBC News** (S)
1.10 **Weather for the Week Ahead** (S)
1.15 **Songs of Praise** Rev Kate Bottley presents from Glastonbury. (S)
1.50 **Bargain Hunt** (S)(R)(AD)
2.30 **John McEnroe: Still Rockin' at 60** Sue Barker presents a profile of the former tennis star. (S)(R)(AD)
3.30 LIVE **Match of the Day: FIFA Women's World Cup** Coverage of the final from Stade de Lyon in France, as the sides compete for the trophy won by USA four years ago. Kick-off is at 4.00. (S)

9.00 Gentleman Jack

6 PM

6.35 **BBC News** (S)
6.50 **Local News** (S)

7 PM

7.00 **Countryfile** Matt Baker presents a special edition from the Royal Highland Show which celebrates Scottish rural life, discovering what it takes to prepare animals for exhibition at the event. (S)

8 PM

8.00 **Antiques Roadshow** Fiona Bruce presents from Helmingham Hall in Suffolk, where experts examine a medieval sword, an Indian jewel and a collection of decorative boxes. (S)(R)

9 PM

9.00 **Gentleman Jack** SERIES FINALE 8/8. An unexpected visitor threatens to expose Thomas Sowden's macabre secret. Guest stars Sofie Gråbøl. (S1) (S)(AD)

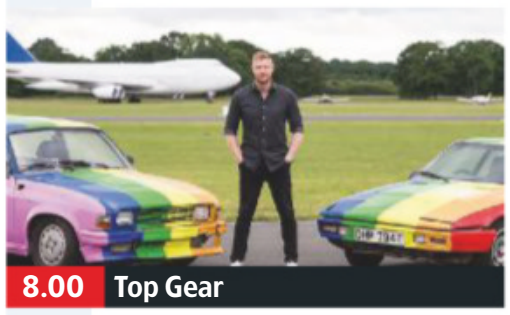
10 PM

10.00 **BBC News** (S)
10.20 **Local News** (S)
10.30 NEW **Edna O'Brien: Fearful and Fearless** Alan Yentob meets Irish novelist Edna O'Brien. (S)
11.35 **Mountain Rescue – Our Lives** Documentary taking a look at the work of the Cairngorm Mountain Rescue Team, following leader Willie Anderson and his 50-strong crew of volunteers as they try to save lives in the region. (S)(R)(AD)
12.05 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.10 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.15 AM **Glorious Gardens from Above** In Gloucestershire. (S)(R)
7.00 **Gardeners' World** (S)(R)
8.00 **Countryfile** (S)(R)
9.00 **Saturday Kitchen Best Bites** (S)
10.30 **Nigella: At My Table** (S)(R)(AD)
11.00 **A Cook Abroad: John Torode's Argentina** (S)(R)(AD)
12.00 NOON **Triathlon World Series: Hamburg Highlights** Action from the sixth round of the series. (S)
1.30 PM **Athletics: Diamond League Lausanne Highlights** Action from the Athletissima. (S)
2.55 FILM **Yentl** Musical drama directed by and starring Barbra Streisand. (S)(AD) (1983, PG, 125min) ★★
5.00 **Barbra Streisand: Becoming an Icon 1942-1984** Documentary looking at the actress and singer's rise to stardom. (S)(R)


8.00 Top Gear

6 PM

6.00 **Mediterranean with Simon Reeve** 1/4. A journey around the region, examining the challenges facing the nations in the area, beginning with Malta, southern Italy and Albania. (S)(R)(AD)

7 PM

7.00 **Dragons' Den** 14/15. The panel assess the profit-making potential of business plans for a bike taxi service, a range of children's toothbrushes and a new kind of protein snack bar. (S)(R)(AD)

8 PM

8.00 **Top Gear** 4/5. Paddy McGuinness and Freddie Flintoff go on a jungle adventure in Borneo with Gurkhas in a pair of rare but very cheap old cars. (S)
■ Repeated tomorrow

9 PM

9.00 NEW **War in the Blood** Documentary following two cancer patients who have volunteered as test subjects for an experimental treatment, examining their relationship with the clinical team involved. (S)

10 PM

10.45 FILM **The Water Diviner** Period drama directed by and starring Russell Crowe, with Olga Kurylenko. (S) (2014, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.30 AM **Sign Zone: Question Time** Fiona Bruce hosts a topical debate from Chichester. (S)(R)(AD)
1.30 **Sign Zone: The Trans Women Athlete Dispute with Martina Navratilova** The former Grand Slam-winning tennis star looks into the issue of transgender women athletes competing alongside females, meeting transwomen, scientists and sporting officials. (R)
2.30 **to 6.00** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **CITV**
8.25 **ITV News** (S)
8.30 **The Sara Cox Show** With Mark Billingham and Tom Walker. (S)
9.25 **John and Lisa's Weekend Kitchen** With former England rugby captain Phil Vickery and his namesake, chef Phil Vickery. (S)
11.15 **Gino's Italian Coastal Escape** The Gargano National Park. (S)(R)
11.45 **Britain's Best Walks with Julia Bradbury** A walk in Devon. (S)(R)
12.15 PM **ITV News** (S)
12.30 **Harry Hill's Alien Fun Capsule** (R)
1.00 FILM **Star Wars: Episode III – Revenge of the Sith** Adventure. (S)(AD) (2005, 12, 165min) ★★★★
3.45 FILM **Harry Potter and the Half-Blood Prince** Fantasy starring Daniel Radcliffe. (S)(AD) (2009, 12, 165min) ★★★★★

9.00 Beecham House

6 PM

6.30 **ITV News** (S)
6.45 **Local News** (S)

7 PM

7.00 **The Chase Celebrity Special** Angellica Bell, Oritse Williams, Leslie Ash and Ian Lavender work as a team to take on quiz genius The Chaser in a bid to secure a cash prize for charity. Bradley Walsh hosts. (S)(R)

8 PM

8.00 NEW SERIES **Tipping Point: Lucky Stars** 1/12. A celebrity edition of the quiz, with Alan Davies, Sally Phillips and Dr Ranj Singh answering questions to win turns on an arcade-style machine. (S)

9 PM

9.00 **Beecham House** 4/6. Margaret resolves to leave Delhi, and John realises his only hope of persuading her to stay is to reveal his secrets and the baby's identity – placing the child in danger. (S1) (S)(AD)

10 PM

10.05 **ITV News** (S)
10.20 **Inside the Ritz Hotel** 1/4. A look at life inside the Ritz hotel in London. (S)(R)(AD)
10.50 **Judi Dench's Wild Borneo Adventure** 1/2. (S)(R)(AD)
11.50 **Wild Bill** 4/6. Bill finds himself caught in the middle of a feud between two farmers. (S1) (S)(R)
12.45 AM **Tour de France Highlights** (S)
1.35 **5 Gold Rings** Game show. (S)(R)
2.25 **Who's Doing the Dishes?** (S)(R)
3.15 **Motorsport UK** From Thruxton. (S)
4.05 **British Superbike Championship Highlights** From Knockhill. (S)
4.55 **ITV Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** (SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.00 AM **The King of Queens** (S)(R)
6.50 **The Big Bang Theory** (S)(R)(AD)
7.35 **The Simpsons** (S)(R)(AD)
9.30 **Sunday Brunch** With guests Josie Long, Sunetra Sarker and the Lighthouse Family. Plus, music from Leon. (S)
12.30 PM **The Simpsons** (S)(R)(AD)
2.30 FILM **The Emperor's New Groove** Disney's animated musical comedy featuring the voices of David Spade, John Goodman and Eartha Kitt. (S) (2000, U, 95min) ★★★
4.05 **A Place in the Sun** A couple from Leicestershire search for a second home in Lanzarote. (S)(R)
4.35 **The Supervet** A Jackahuahua puppy is in need of emergency spinal surgery. (S)(R)(AD)
5.35 **Coast vs Country** Helping a couple find a new home in Cornwall. (S)

9.00 The Handmaid's Tale

6 PM

6.30 **News** (S)

7 PM

7.00 **Great British Car Journeys** 1/3. Christopher Timothy and Peter Davison take a classic 1930s car along some of Britain's vintage roads, beginning with the route from Inverness to the Isle of Skye. (S)(R)(AD)

8 PM

8.00 NEW SERIES **Escape to the Chateau: Restoring the Dream** The transformation of Dick Strawbridge and Angel Adoree's chateau from abandoned ruin to family home. (S)(AD)

9 PM

9.00 **The Handmaid's Tale** *Unknown Caller:* 5/13. June and Serena grapple with the revelation that Luke is caring for Nichole in Canada, leading to an incident that will have far-reaching ramifications. (S3) (S)

10 PM

10.00 NEW **Ashes 2005: The Greatest Series** A look back at the memorable series between England and Australia, which saw England prevail 2-1 to win the urn for the first time since 1987. (S)(AD)
11.00 FILM **The Imitation Game** Biopic. (S) (2014, 12, 125min) ★★★★
1.05 AM **Travel Man: 48 Hours in Oslo** With *Cold Feet*'s Fay Ripley. (S)(R)
1.35 **The Restoration Man** (S)(R)(AD)
2.30 **Grand Designs Australia** (S)(R)
3.25 **Undercover Boss Australia** (S)(R)
4.20 **Jamie's Comfort Food** (S)(R)
4.30 **Extreme Cake Makers** (S)(R)
4.55 **Big House, Little House** (S)(R)
5.50 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.50 **Rise of the Teenage Mutant Ninja Turtles** Double bill. (S)(R)
10.10 **Access** Showbiz news. (S)(R)
10.15 **Friends** (S8) (S)(R)
12.10 PM **Friends** (S8) (S)(R)
12.40 **FILM National Security** Comedy starring Martin Lawrence and Steve Zahn. A police academy reject-turned-security guard finds himself partnered with the cop he tried to frame months earlier. (S) (2003, 12, 105min) ★
2.25 **Nightmare Tenants, Slum Landlords** Triple bill. (S)(R)
5.10 **Grime & Punishment: Dirty Britain** 4/6. Environmental health officer Suzanne visits a takeaway restaurant in Worcester. (S)(R)

8.00 Gino's Win Your Wish List

6.05 **News** (S)
6.10 **When Rich Kids Go Skint** Daryl, the student son of millionaire parents, goes to live with a north London family who survive on benefits. (S)(R)
7.00 **The Wonderful World of Chocolate** 3/6. Belgian chocolate factory Guylian allows cameras to witness its production line for the very first time. (S)
8.00 **Gino's Win Your Wish List** 3/12. Gino D'Acampo hosts as three sisters and their two friends take part, with prizes including tickets to an Anthony Joshua fight. (S)
9.00 **You Can't Say That! Outrageous Comedy** 3/6. Jennifer Saunders narrates a look at the role of women and politics in outrageous comedy, with contributions from Katy Brand, Hal Cruttenden, Kerry Godliman, Grace Dent, Stephen Bailey, Julia Hartley-Brewer and Jeffrey Archer. (S)
■ Repeated on Thursday
11.05 **Joan Rivers: Queen of Controversy** A tribute. (S)(R)
12.05 AM **Women's Ashes** (S)
1.00 **21.co.uk Live Casino Show** (S)
3.00 **Access** Showbiz news. (S)
3.10 **GPs: Behind Closed Doors** (R)
4.00 **Tribal Teens – Here Comes Trouble** (S)(SL)(R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **House Busters** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (SL)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Hour of Power**
7.00 **Modern Family** (S5) (S)(R)
9.00 **Best PL Goals 1999/2000** Memorable strikes. (S)(R)(AD)
10.00 **The Simpsons** (S)(R)
11.00 **WWE Raw Hlts**
12.00 NOON **S.W.A.T.** 2/23. (S2) (R)
1.00 PM **MacGyver** (S1) (S)(R)(AD)
4.00 **The Simpsons** *Hello Gutter, Hello Fadder:* Homer bowls a perfect 300 game and becomes a local hero. (S)(R) **4.30** *Eight Misbehavin':* Apu becomes the proud father of octuplets. (S)(R) **5.00** *Take My Wife, Sleaze:* Homer wins a motorcycle and forms his own gang. (S)(R) **5.30** *Grift of the Magi:* A corporation buys Springfield Elementary School. (S)(R)

9.00 S.W.A.T.

6.00 **The Simpsons** *Little Big Mom:* Marge breaks her leg in a skiing accident. (S)(R) **6.30** *Faith Off:* Bart tries to save Homer from the effects of his latest misfortune. (R)
7.00 **The Simpsons** *The Mansion Family:* Mr Burns asks the family to look after his mansion. (S)(R) **7.30** *Saddlesore Galactica:* Homer and Bart turn a losing racehorse into a champion. (R)
8.00 **Football's Funniest Moments** Another line-up of famous football fans single out their favourite funny moments from the world of the beautiful game. (S)(R)(AD)
9.00 **S.W.A.T.** **NEW EPISODE** *Fire and Smoke:* 3/23. The team are enlisted to protect jurors in a bribery trial after some of them are targeted in a series of fire-bombings. (S2) (S)
10.00 **Hawaii Five-0** *Mimiki ke kai, ahuwale ka papa leho (When the Sea Draws Out the Tidal Wave, the Rocks Where the Cowries Hide Are Exposed)* 3/25. The team hunt for a thief. (S9) (S)(R)
11.00 **NCIS: Los Angeles** *The Prince:* 3/24. Callen and Sam are assigned to protect a deputy crown prince. (S10) (S)(R)
12.00 M'T **The Blacklist** *Alter Ego:* 5/22. Red goes to court over his immunity agreement, while Dembe offers him a word of advice. (S6) (S)(R)
1.00 AM **Caribbean Cops** (S)(R)(AD)
3.00 **to 6.00** AM **Road Wars** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.30pm The Irish Open – Highlights (S) **11.30** Edna O'Brien: Fearful and Fearless (S) **12.35am** Mountain Rescue (S)(R)(AD) **1.05-6.00am** BBC News (S)
WALES
Sky **952**, Virgin **864**, Freesat **964**
12.30-1.00pm Tudur's TV Flashback (S)(R) **2.30** Go Fish! with Will Millard (S) **3.00-3.30** Charles: Prince for Wales? (S)(R) **10.30** The Prince and the Bomber (S)(R) **11.30** Edna O'Brien: Fearful and Fearless (S) **12.45am** Weather for the Week Ahead **12.50-6.00am** BBC News (S)

BBC2

SCOTLAND
Sky **970**, Freesat **970**
No variations
N. IRELAND
Sky **972**, Freesat **969**
No variations
WALES
Sky **971**, Freesat **971**
6.00-7.00pm Llangollen 2019 (S)

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.50** Penblwyddi Cyw **8.55** Pen-Blwydd Pwy? **9.00** Y Cosmos **10.00** Rownd a Rownd (AD) **10.55** Calon **11.00** Yr Wythnos **11.30** Codi Pac **12.00noon** Dros Gymru **12.10pm** Pobol y Cwm (AD) **2.00 LIVE** Seiclo: Le Tour de France **4.00** Ffermio **4.30** Newyddion a Chwaraeon **4.45 LIVE** Pel-Rwyd Rhyngwladol **6.30** Lle Aeth Pawb? Merched Pop 65-75 **7.30** Dechrau Canu Dechrau Canmol **8.00 NEW** Daffyd Iwan: Y Prins a Fi **9.00** Seiclo: Le Tour de France **9.30** Cyfres Triathlon Cymru **10.00** Trysorau'r Teulu **11.00-11.35pm** Bwyd Bach Shumana a Catrin

TV&Satellite week
Best for Sky and Virgin

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **John Denver at Wembley Arena** A classic performance by the US musician at London's Wembley Arena in 1979.
7.40 **BBC Proms Encores** Works by Tchaikovsky.
7.45 **NEW Vienna Summer Night Concert** The Vienna Philharmonic Orchestra perform music by North American composers.
9.00 **NEW Arena: That Summer** A long-lost film of the creative community formed by artist Peter Beard and Lee Radziwill.
10.20 **Rich Hall's California Stars** A look at the reality of life in the Golden State.
11.50 **Sound of Musicals with Neil Brand** 1/3. How the modern shape of the musical was established.
12.50 AM **Dazzling Duets at the BBC** Archive performances.
1.50 **Vienna Summer Night Concert** As 7.45pm.
3.05 **to 3.45** AM **John Denver at Wembley Arena**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Grand Designs**
10.00 **George Clarke's Amazing Spaces** Double bill.
12.00 NOON **Come Dine with Me** Five nights in Liverpool.
2.40 PM **Four in a Bed**
5.20 **Come Dine with Me** The first dinner party from Crewe and Nantwich. **5.50** A fortysomething housewife welcomes the diners on the second night.
6.25 **Come Dine with Me** Dishes include smoked haddock and black pudding. **6.55** A host tries to woo her guests with a creative menu and a musical performance. **7.25** A rock-night theme.
8.00 **Orangutan Jungle School** **NEW EDITION** Meryl seeks out the attention of the babysitters even more, and conflict erupts between Taymur and Topan.
9.00 **24 Hours in A&E** A 20-year-old is rushed in after a motorcycle accident.
10.00 **NEW SERIES Shocking Emergency Calls** The most unusual calls made to emergency operators.
11.05 **Inside Birmingham Children's Hospital**
12.05 AM **The Billion Pound Hotel** A look inside the opulent Burj Al Arab, Dubai.
1.05 **Father Ted**
1.40 **to 3.50** AM **FILM Robin and Marian** Drama. (1976, PG, 106min) ★★★★★

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Totally Bonkers Guinness World Records**
6.25 **You've Been Framed! Gold** Home-video clips.
6.50 **Emmerdale**
9.50 **Coronation Street**
12.45 PM **Catchphrase**
1.30 **You've Been Framed! Gold: Hall of Framed**
2.35 **FILM Casper** Fantasy comedy with Christina Ricci. (1995, PG, 96min) ★★★★
4.30 **FILM Honey** Musical drama. (2003, PG, 94min) ★★
6.25 **FILM Jurassic Park** Steven Spielberg's blockbuster monster thriller starring Sam Neill. A billionaire showman creates an island leisure park populated by genetically engineered dinosaurs. (1993, PG, 127min) ★★★★★
9.00 **Love Island NEW EDITION** Caroline Flack presents the beginning of week six of the reality show.
10.00 **Love Island: Aftersun NEW EDITION** Caroline Flack hosts the companion programme, featuring input from guests Jordan Banjo and Ferne McCann.
11.05 **Family Guy** Double bill of the animated comedy.
12.05 AM **American Dad!**
1.00 **Don't Hate the Playaz**
2.05 **to 2.20** AM **Totally Bonkers Guinness World Records**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
8.25 **Charmed**
9.25 **Black-ish**
12.00 NOON **The Goldbergs**
1.00 PM **Brooklyn Nine-Nine**
1.30 **Young Sheldon**
2.30 **The Big Bang Theory** Nine episodes, including at: **5.55** 14/24. Sheldon learns of a machine that will help him understand emotions. **6.25** 15/24. Leonard and Howard send Sheldon on a train trip. (S10)
7.00 **The Big Bang Theory** 11&12/24. Double bill. (S12)
8.00 **Celebrity Crystal Maze** With Vic Reeves, Ferne McCann and Susan Calman.
9.00 **Marvel's Agents of S.H.I.E.L.D. NEW EPISODE** *Toldja:* 7/13. Enoch, Fitz and Simmons encounter a mysterious stranger, who offers them a chance to get home. (S6)
10.00 **Gotham NEW EPISODE** *The Trial of Jim Gordon:* 9/12. Gordon suffers a series of hallucinations after being shot, in which he imagines himself being put on trial for his life. (S5)
11.00 **Naked Attraction**
12.05 AM **The Big Bang Theory**
1.00 **Marvel's Agents of S.H.I.E.L.D.** As 9.00pm.
2.00 **Gotham** As 10.00pm.
2.50 **Naked Attraction**
3.40 **to 6.00** AM **Hollyoaks**

+1 hour 235 | 146 | 28 | 123

Sunday primetime

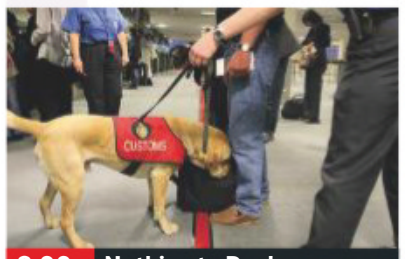
SUNDAY Entertainment

Sunday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Caught on Dashcam**
9.00 **Sun, Sea and A&E**
11.00 **Paramedics**
1.00 PM **Road Wars** Triple bill of the documentary series.
4.00 **Caught on Dashcam** Road disasters captured via dashboard cameras.
5.00 **Nothing to Declare** Four editions of the fly-on-the-wall documentary following the lives of customs and immigration officers at Australia's biggest airports.



8.00 Nothing to Declare

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

9 PM

9.00 **The Rookie** *Greenlight:* 16/20. Chen and Bradford pull over *Saved By the Bell* actor Mario Lopez. (S1)

10 PM

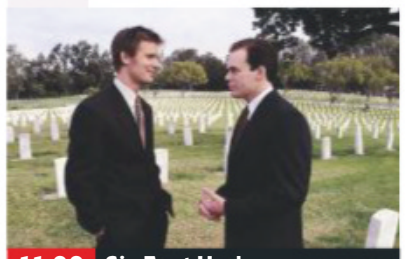
10.00 **World's Most Evil Killers** American serial killer Richard Ramirez, who terrorised LA with a spate of home invasions.
11.00 **Inside Evil** Exploring the psyche of criminal offenders.
12.00 M'T **Blue Bloods** (S9)
1.00 AM **Criminal Minds** (S5)
3.00 **World's Most Evil Killers**
4.00 **Brit Cops: Law & Disorder**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 140

Sky Atlantic

108 108 808

6.00 AM **Richard E Grant's Hotel Secrets** Miami's South Beach.
7.00 **Urban Secrets** In Newcastle.
8.00 **Without a Trace** (S7)
1.00 PM **Yesterday: Special**
1.30 **David Attenborough's Natural History Museum Alive** A tour of the museum.
3.00 **The Making of David Attenborough's Natural History Museum Alive**
4.00 **Blue Bloods** 4/22. **5.00** 5/22. **6.00** 6/22. Jamie has to defend his conduct. (S4)



11.00 Six Feet Under

7.00 **Blue Bloods** *Drawing Dead:* 7/22. An NYPD officer shoots and kills a boy fleeing the scene of a gang shoot-out.

8.00 **Blue Bloods** *Justice Served:* 8/22. Frank tries to persuade a mob lawyer to testify against one of his clients. (S4)

9.00 **Big Little Lies** *She Knows:* 4/7. Drama with Reese Witherspoon, Nicole Kidman and Shailene Woodley. (S2)

10.00 **Riviera** 8/10. Georgina is forced to reveal a dark and difficult truth as she tries to protect the empire from Nico. (S2)
11.00 **Six Feet Under** (S1)
1.15 AM **Life Itself: Special**
1.30 **Alan Partridge's Mid Morning Matters**
2.00 **Big Little Lies** NEW EPISODE
3.00 **Deadwood** 10/12. (S2)
4.00 **Storm City**
5.00 **to 6.00** AM **The British**

+1 hour 208

GOLD

110 110 810 124 310 392

7.10 AM **The Piglet Files**
7.35 **Porterhouse Blue**
8.25 **Miranda**
9.50 **The Interviews**
10.50 **Only Fools and Horses**
12.50 PM **Only Fools and Horses** Ten episodes, including at: **4.05** Rodney joins the residents' committee. **4.45** Rodney goes it alone. **5.25** Del goes poaching. **6.00** Del falls for a glamorous antiques dealer. **6.40** Rodney tries to help a drunken woman on the street.

9.45 Bottom

7.20 **Only Fools and Horses** Rodney unwittingly causes a family crisis.

8.00 **Only Fools and Horses** Del embarks on a new romance with Raquel, an actress he meets through a computer dating agency. Christmas special from 1988.

9.45 **Bottom** Richie and Eddie's peace is disturbed by a violent encounter with a would-be burglar. **10.25** Richie and Eddie hear of a sure-fire way to make a lot of money on a horse race.

11.00 **Bottom** Richie and Eddie go camping in the country.
11.40 **Game On** Mandy and Martin both land dates.
12.20 AM **Game On**
1.00 **Morgana Robinson's The Agency** Double bill.
2.15 **to 4.00** AM **Bottom**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Rising Damp**
6.25 **The Royal**
7.20 **Heartbeat**
9.20 **Long Lost Family**
10.25 **A Touch of Frost**
2.35 PM **Inspector Morse** *The Secret of Bay 5b:* An attractive woman ruffles the detective's feathers.
4.55 **Victoria** 7/9. The queen seeks sanctuary in the Scottish Highlands. (S2) **5.55** 8/9. Albert resents Lehzen's influence over the queen. (S2)

2.35 Inspector Morse

7.00 **Agatha Christie's Poirot** *Elephants Can Remember:* The detective investigates the murder of an elderly psychiatrist, and old friend Ariadne is pressed to uncover the truth behind two mysterious decade-old deaths.

9.00 **The Comedy Years** 3/4. Comedy milestones of 1998, including *The Royle Family* and *Goodness Gracious Me*.

10.05 **Vanity Fair** 3/7. Becky seems to have a bright future ahead of her, but war is brewing on the horizon. (S1)
11.05 FILM **Chicago** Screen version of the hit Broadway musical. (2002, 12, 112min) ★★★★
1.20 AM **Great Estates of Scotland** Kincardine Castle.
2.15 **Rising Damp**
2.40 **to 5.45** AM **Classic Emmerdale**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Motorsport UK**
6.50 **British Touring Car Championship Highlights**
8.05 **River Monsters**
8.40 **The Professionals**
9.45 **The Sweeney**
12.00 NOON **Tour de France Highlights** Stage one.
1.00 PM **British Touring Cars – Crashes and Smashes**
1.15 LIVE **Tour de France**
4.00 **World of Sport**
4.20 **Columbo: Suitable for Framing** Mystery drama.
6.00 **The Car Years**

8.00 Bear's Mission with...

7.00 **Tour de France Highlights** Action from stage two of the race, featuring a 27.6km team time-trial from Brussels.

8.00 **Bear's Mission with Gareth Southgate** Bear Grylls teaches the England manager some alternative survival skills.

9.00 FILM **Smokey and the Bandit – Part 3** Car chase comedy sequel starring Jerry Reed. (1983, 15, 88min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 FILM **Rush Hour 2** Action comedy sequel. (2001, 12, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.40 AM **Minder** Arthur attempts to sell off cheap reproduction pottery to an antiques dealer, but gets drawn into a shady horse-racing deal instead.
1.45 **to 2.40** AM **The Sweeney** A business tycoon is blackmailed. Guest stars Colin Jeavons.

+1 hour 220 175 154

Sky Two

151 121

6.00 AM **Animal 999**
8.00 **It's Me or the Dog**
10.00 **American Ninja Warrior** Double bill.
12.00 NOON **60 Minute Makeover** Triple bill.
3.00 PM **Stargate SG-1** (S1)
7.00 **Stargate SG-1** *The Torment of Tantalus:* 11/22. A rescue attempt leaves the team trapped. (S1)
8.00 **Road Wars** Police combat vehicle crime. **9.00** Boy racers cause trouble in a car park.
10.00 **Ross Kemp: Extreme World** Investigating drug wars in the Mexican city of Juarez. **11.00** The actor reveals the reality of life in Haiti.
12.00 M'T **S.W.A.T.** 3/23. (S2)
1.00 AM **Brit Cops: Law & Disorder** Double bill.
3.00 **Duck Quacks Don't Echo** Double bill.
5.00 **to 6.00** AM **Animal House**

Pick

152 123 11 144

6.00 AM **Police Ten 7**
7.00 **Border Patrol**
9.00 **Motorway Patrol**
10.30 **Highway Patrol**
12.00 NOON **Brit Cops: Law & Disorder**
1.00 PM **Stop, Search, Seize**
2.00 **Highway Cops**
3.00 **Monkey Life**
6.00 **David Attenborough's Galapagos**
7.00 **Agatha Raisin** (S1)
9.00 **The Real Chernobyl** Documentary meeting people who were involved in the Chernobyl nuclear disaster.
10.00 **Killer in My Village** The 2004 murder of Rachel O'Reilly.
11.00 **How I Caught the Killer** How CCTV was used to find a woman's killer in Nottingham.
12.00 M'T **Serial Killer Season**
4.00 **to 6.00** AM **Motorway Patrol**

+1 hour 252 92 145

Dave

111 111 811 127 227 19 157

7.10 AM **Jay Leno's Garage**
8.00 **Storage Hunters**
8.30 **Top Gear Vietnam**
10.00 **Drug Wars** NEW EDITION **10.30** SERIES FINALE
11.00 **Cops UK: Bodycam Squad**
12.00 NOON **Storage Hunters**
12.30 PM **American Pickers: Best Of**
1.30 **American Pickers**
3.30 **Top Gear Vietnam**
5.00 **Red Bull Soapbox Race 2019: London**
8.00 **World's Most Dangerous Roads**
9.00 **Have I Got a Bit More News for You**
10.00 **Jon Richardson: Ultimate Worrier**
11.00 **Taskmaster** 9/10. (S8)
12.00 M'T **Live at the Apollo**
12.58 AM **Hypothetical**
2.10 **Dave Gorman: Modern Life Is Goodish**
3.00 **to 4.00** AM **The Last Man on Earth**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Friends** (S6)
10.30 **Lip Sync Battle**
11.30 FILM **Bring It On: Worldwide Cheersmack** Teen comedy sequel starring Cristine Prosperi. (2017, 12, 120min) ★
1.30 PM **Friends** (S6&7)
7.00 FILM **Legally Blonde 2: Red, White and Blonde** Comedy sequel starring Reese Witherspoon, Sally Field and Luke Wilson. (2003, 12, 88min) ★
9.00 FILM **Superbad** Teen comedy starring Jonah Hill and Michael Cera. Two high school friends embark on a quest to buy booze and lose their virginity. (2007, 15, 108min) ★★★★
11.20 **Russell Howard Live: Dingledodies**
12.20 AM **South Park**
4.10 **to 5.00** AM **Most Ridiculous**

+1 hour 212 133

ITV Be

131 119 179 26 118

6.00 AM **Bring It!**
7.45 **Newlyweds: The First Year**
8.35 **Income Property**
9.00 **LittleBe**
12.00 NOON **Be Beautiful**
12.15 PM **Income Property**
12.45 **Yummy Mummies**
1.40 **The Real Housewives of New York City**
6.15 **The Bachelor** NEW EDITION Chelsea accepts Arie's date on a huge luxury yacht.
8.00 **Dinner Date**
9.00 **Botched** The doctors help a woman whose nose was botched by the 'House of Horrors'.
10.00 **The Real Housewives of Atlanta** NEW EDITION Everyone demands Sheree keeps Kim in check.
11.00 **Atlanta Plastic**
11.50 PM **to 12.45** AM **The Real Housewives of New York City**

+1 hour 231 120 119

True Ent

179 189 48 142

6.00 AM **The Waltons** (S5)
7.00 **Highway to Heaven**
8.00 **Touched by an Angel**
9.00 **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Six episodes, including at: **6.00** *Murder in F Sharp:* A concert pianist's wife is murdered.
7.00 **A Caribbean Mystery** Murder mystery starring Helen Hayes. After two murders in her hotel, Miss Marple's holiday turns into a race against the clock to stop a killer carrying out his plans.
9.00 **Agatha Christie's Sparkling Cyanide** Murder mystery starring Pauline Collins. The wife of a football chairman suddenly drops dead during a glitzy party.
11.00 **Agatha Christie's Partners in Crime**
1.00 **to 6.00** AM **Agatha Christie's Partners in Crime**

+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 226 | 312 382

7.10 AM **Murdoch Mysteries** (S8)
8.00 **Father Brown**
12.00 NOON **Death in Paradise** Triple bill, including at: **2.40** PM 3/8. The president of a military re-enactment society dies mid-battle. (S4)
4.00 PM **Carter** 7/10. Harley looks into the murder of an actor. **5.00** 8/10. A controversial radio host is murdered. (S1)
6.00 **New Tricks** *The Russian Cousin:* The team look into the murder of a private investigator who was stabbed.

8.00 Father Brown

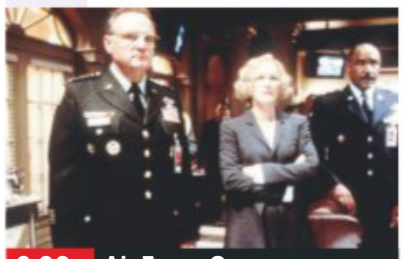
7.00 **New Tricks** *Lottery Curse:* A skeleton is uncovered in the foundations of a swimming pool.
8.00 **Father Brown** *The Resurrectionists:* The priest investigates when the body of a man was taken from his graveyard.
9.00 **Father Brown** *The Sins of the Father:* The priest sets out to solve the murder of a local aeronautics magnate's son.
10.00 **Father Brown** *The Wrath of Baron Samdi:* The sleuth meets a voodoo priest intent on winning back the woman he loves.
11.00 **Father Brown** *The Star of Jacob:* A baby is kidnapped.
12.00 M'T **The Doctor Blake Mysteries** 6/8. (S3)
1.05 AM **Maisie Raine** (S2)
2.15 **The Mrs Bradley Mysteries**
3.05 **to 4.00** AM **Murdoch Mysteries**

+1 hour 232 191

Syfy

114 114 814 | 135 165 | 319 375

6.00 AM **Star Trek: Voyager** (S7)
8.00 **Teleshopping**
11.00 FILM **500 MPH Storm** Thriller with Casper Van Dien. (2013, PG, 86min) ★★
12.50 PM FILM **Atlantic Rim 2** Action adventure sequel. (2018, PG, 99min) ★★
2.40 FILM **San Andreas: Mega Eruption** Sci-fi thriller. (2017, PG, 99min) ★★
4.30 FILM **LadyHawke** Fantasy adventure starring Rutger Hauer and Michelle Pfeiffer. (1985, PG, 118min) ★★★


9.00 Air Force One

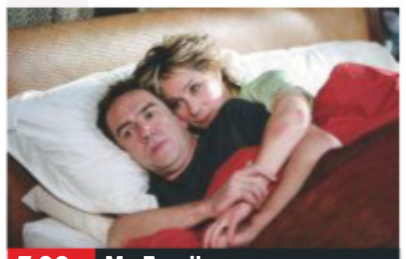
7.00 FILM **Flight of the Navigator** Family sci-fi fantasy adventure starring Joey Cramer, Sarah Jessica Parker and Veronica Cartwright. A 12-year-old boy goes on a mission to a distant planet. (1986, U, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.00 FILM **Air Force One** Action drama starring Harrison Ford and Gary Oldman. The US president has to battle against terrorists when his private plane is hijacked. With Glenn Close. (1997, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.30 FILM **Anacondas: Trail of Blood** Horror. (2009, 15) ★★
1.20 AM FILM **Sharknado 4: The 4th Awakens** (2016, 15) ★★
3.10 **Star Trek: The Next Generation** 10/26. (S7)
4.10 **to 6.00** AM FILM **War of the Worlds 2** (2008, 15) ★

+1 hour 214 136

W

109 109 809 | 125 211 | 311 383

6.10 AM **Tipping Point** Quiz show.
11.00 **Doctor Who** 11&12/14. (S7)
1.00 PM **Doctor Who** 13/14. An old enemy returns. **2.00** 14/14. The Doctor's biggest secret is revealed. (S7) **3.00** 1/13. The Doctor encounters an old enemy. **4.00** 2/13. The Doctor battles a werewolf. (S2)
5.00 **Outnumbered** Pete has an eventful game of tennis. **5.40** Ben shows prospective buyers around the house. **6.20** Auntie Angela visits.


7.00 My Family

7.00 **My Family** Susan celebrates her 40th birthday with Ben. **7.40** The house is fitted with an alarm system to allay Susan's fears about the rising crime rate. **8.20** Ben wonders why God has not made dying as enjoyable as sex.
9.00 **Inside the Operating Theatre** 7/10. A girl has her droopy eyelid lifted, and a rugby player gets his broken nose reset.
10.00 **Louis Theroux: Extreme Love – Dementia** Louis visits Phoenix to explore dementia and meet those suffering with the illness.
11.00 **Kids with Machetes – Stacey Dooley Investigates** Children working with machetes on the Ivory Coast.
12.00 M'T **One Born Every Minute** A woman who had IVF prepares to give birth.
1.00 **to 3.00** AM **Code Black**

+1 hour 209 190

Universal

113 113 813 | 137 164 | 320 385

8.00 AM **Law & Order** (S10)
12.00 NOON **NCIS** Seven episodes of the drama, including at:. **2.00** PM 4/24. The body of a petty officer is found. **3.00** 5/24. The team investigate the deaths of a radio DJ and a naval officer. **4.00** 6/24. Abby becomes involved in a murder case. **5.00** 7/24. Gibbs asks Tony's father to join them on a murder investigation. **6.00** 8/24. The team must protect Ziva's father. (S8)

8.00 Rescue: Code One

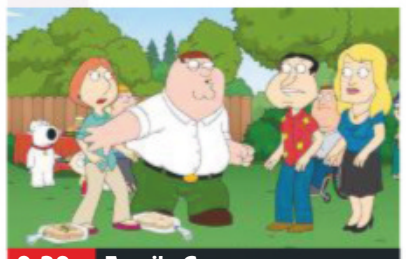
7.00 **NCIS** *Enemies Domestic:* 9/24. The safe house is attacked, leaving Vance in hospital and Eli missing. (S8)
8.00 **Rescue: Code One** An emergency team try to save a drowning man. **8.30** A baby who is struggling to breathe.
9.00 FILM **Jerry Maguire** Romantic comedy drama starring Tom Cruise as a sports agent who finds support from an adoring single mother and a pugnacious American football star. (1996, 15, 139min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Law & Order: Special Victims Unit** 22/23. (S16)
1.00 AM **Law & Order: Special Victims Unit** 23/23. (S16)
2.00 **Law & Order: Special Victims Unit** 1/22. (S8)
3.00 **Rescue: Code One**
4.00 **to 5.00** AM **Numb3rs**

+1 hour 213 138

FOX

124 124 821 | 157 199

8.00 AM **Monk** 7/16. (S6)
9.00 **Bones** 15/23. (S6)
10.00 **NCIS** 5/24. (S14)
11.00 **The Mentalist** 4/22. (S6)
12.00 NOON **Bones** 16/23. (S6)
1.00 PM **NCIS** 6&7/24. (S14)
3.00 **Bones** 17/23. (S6)
4.00 **The Mentalist** 5/22. (S6)
5.00 **Bones** 18/23. A TV presenter appears to have been killed by a mythical creature. **6.00** 19/23. An attempted theft results in the death of a security guard. (S6)


9.30 Family Guy

7.00 **NCIS** *Enemy Combatant:* 8/24. Ellie questions her past at the NSA while working on the case of a murdered navy chaplain.
8.00 **NCIS** *Pay to Play:* 9/24. The team investigate a series of threats against congresswoman Jenna Flemming. (S14)
9.00 **American Dad!** 15/22. Roger breaks up Steve's friendships. (S15) **9.30** **Family Guy** 7/22. Lois tries martial arts. (S3)
10.00 **Family Guy** 13/20. The guys form a string quartet. **10.30** 14/20. Quagmire becomes obsessed with dating apps. (S15)
11.00 **American Dad!** 3/18. Hayley visits some colleges. (S6)
11.30 **American Dad!** 4/18. (S6)
12.00 M'T **Family Guy** (S15)
1.00 AM **American Dad!** (S6)
2.00 **Legion** 1/8. (S3)
3.00 **Family Guy** 17&18/20. (S15)
4.00 **to 5.00** AM **Monk**

+1 hour 224 158

Sunday

7 PM | 8 PM | 9 PM | 10 PM

E!

123 123 834 | 156 | 321 386

7.00 AM **The Bi Life**
12.00 NOON **I Am Cait**
4.00 PM **Keeping Up with the Kardashians**
7.00 **Relatively Nat & Liv** Liv's sister feels left out of a trip to London.
8.00 **Keeping Up with the Kardashians** Rumours surface that Tristan cheated with family friend Jordyn Woods. **9.00** SERIES FINALE Kim and Kourtney take Khloe on a trip to help her cope with the news.
10.00 **Relatively Nat & Liv** NEW EDITION Nat, Liv and Sophia make their trip to London, which leaves Joel under the family's scrutiny.
11.00 **Revenge Body with Khloe Kardashian**
12.00 M'T **Botched**
2.00 AM **Teleshopping**
3.00 **to 5.00** AM **Keeping Up with the Kardashians**

Sky Arts

122 122 820 | 122 206

6.00 AM **Classical Destinations**
6.40 **Prokofiev: The Complete Symphonies**
7.30 **Tales of the Unexpected**
10.00 **Short Rides with John Adams**
11.00 **Discovering**
1.00 PM **Discovering: Omar Sharif**
2.00 **Discovering: Telly Savalas**
3.00 **Discovering: Leslie Howard**
4.00 **JRR Tolkien: Designer of Worlds**
5.15 **Diana Athill: Final Say**
5.50 **Master of Photography**
6.50 **Rise of the Superheroes**
9.00 **Download Festival 2019**
11.45 **Kiss Rocks Vegas**
1.45 AM **Off Camera**
3.00 **Trailblazers: Pop Videos**
4.00 **Trailblazers**
5.00 **to 6.00** AM **Lauren Bacall: A Look from the Sky**

4seven

137 143 203 47 110 127

9.00 AM **A Place in the Sun**
1.00 PM **A Place in the Sun**
2.00 **Ramsay's Kitchen Nightmares USA**
7.00 **Ramsay's Kitchen Nightmares USA** A failing cafe in Fishtown, Philadelphia.
8.00 **The Supervet: Noel Fitzpatrick** A 13-month-old cocker spaniel puppy for scheduled surgery for hip dysplasia.
9.00 **8 Out of 10 Cats Does Countdown** With Cariad Lloyd and Kevin Bridges.
10.00 **Celebrity Gogglebox** With Jessie J and Denise van Outen.
11.05 **Ramsay's Kitchen Nightmares USA**
12.05 AM **999: What's Your Emergency?**
1.10 **24 Hours in A&E**
2.15 **Drag SOS**
3.20 **Location, Location...**
4.20 **to 4.50** AM **Four in a Bed**

5USA

141/169 153 21 129

9.00 AM **Access**
9.10 **Catch a Contractor**
9.35 **Columbo: Last Salute to the Commodore**
11.35 **Columbo: Lady in Waiting** Mystery drama.
1.15 PM **Ransom for a Dead Man** *Columbo* pilot.
3.15 **Columbo: A Matter of Honour** Crime drama.
4.50 **Columbo: Troubled Waters** Mystery drama.
6.55 **Columbo: Prescription Murder** Detective thriller with Peter Falk.
9.00 **Law & Order: Criminal Intent** *Diamond Dogs:* 2/22. Barek and Logan investigate a spate of jewel robberies. (S5)
10.00 **Ransom** *The Box:* 2/13. Eric and the team have a tricky negotiation on their hands. (S1)
11.00 **Law & Order: Special Victims Unit** (S5&8)
2.50 **Chicago PD** 3/22. (S6)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 30 131

8.00 AM **My Wife and Kids**
10.35 **Two and a Half Men**
1.25 PM **Two and a Half Men** Four episodes. (S4)
3.10 FILM **Bill and Ted's Excellent Adventure** Fantasy comedy starring Keanu Reeves. (1988, PG, 87min) ★★★★
5.00 **Can't Pay? We'll Take It Away!** Double bill.
7.00 **Can't Pay? We'll Take It Away!** Paul Bohill and Steve Pinner evict a couple who owe five months' rent.
8.00 FILM **National Treasure** Adventure caper starring Nicolas Cage. (2004, PG, 131min) ★★★★
10.50 FILM **Hot Tub Time Machine 2** Comedy, starring Rob Corddry. (2015, 15, 93min) ★
12.45 AM **Spartacus: War of the Damned** 5/10. (S4)
1.50 **Clink** 8&9/10. (S1)
3.50 **to 4.00** AM **Access**

+1 hour 228 186 56

Drama

143 130 20 158

7.10 AM **London's Burning**
8.00 **The Bill**
12.00 NOON **Doctor Finlay**
2.00 PM **Catherine Cookson's Colour Blind**
5.00 **Miss Marple**
8.00 **Call the Midwife** 5/8. Timothy fears for his parents' health. (S5)
9.20 **Taggart** *Bad Blood:* Burke suspects the murder of a Kurdish taxi driver was racially motivated – until he discovers the dead man was a trusted employee of a gangland boss. **10.20** *Island:* Reid and Ross investigate the discovery of a mutilated body on a remote island, but struggle to make headway – until a tattoo on the victim links him to a drugs operation.
11.20 **The Inspector Lynley Mysteries**
1.15 AM **Dalziel & Pascoe**
3.20 **to 4.00** AM **Steptoe and Son**

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

SUNDAY Entertainment & Lifestyle

AMC

186 186 840 332 381

Programmes start at 12noon.

12.00 NOON **FILM The Young and Prodigious TS Spivet** Adventure. (2013, 12, 105min) ★★★
2.00 PM **Zoom In NEW EDITION**
2.10 Mad Men (S4)
7.00 FILM America's Sweethearts Romantic comedy. (2001, 12, 102min) ★★★★
9.00 Snatch *Coming Home to Roost:* 7/10. (S1)
10.00 Fear the Walking Dead *The End of Everything:* Althea chases a story. (S5)
11.00 FILM The Childhood of a Leader Drama. (2015, 12, 115min) ★★★★
1.10 AM **Snatch** As 9.00pm.
2.00 Fear the Walking Dead NEW EPISODE (S5)
3.00 to 5.30 AM **FILM Heist** Crime thriller. (2001, 15, 107min) ★★★★

CBS Drama

147 197 71 134

7.30 AM **The Key of David**
8.00 Teleshopping
9.00 The Love Boat
2.00 PM **Unsolved Mysteries**
6.00 Diagnosis Murder *First Do No Harm:* A girl dies in Sloan's care. **7.00** *Promises to Keep:* Dr Sloan tackles a conman. **8.00** *Food Fight:* A murder is committed at a benefactors' ball. **9.00** *Obsession – Part One:* Sloan fears he has made a fatal mistake. **10.00** *Obsession – Part Two:* The bombing campaign continues.
11.00 CSI: Miami *Burned:* 22/24. Horatio is forced to sack a member of his team. **12.00** M'T *Kill Switch:* 23/24. Ryan is suspected of unwittingly helping a killer. (S5)
1.00 AM **CSI: Miami**
4.00 to 6.00 AM **Judge Judy**

CBS Justice

148 192 39 137

8.30 AM **Tomorrow's World**
9.00 Diagnosis Murder
2.00 PM **NCIS** (S4)
7.00 Comanche Moon 3/3. With the Civil War over, the Comanche Wars come to a sudden end with the illness of Buffalo Hump. Elsewhere, circumstances free Captain Scull from his imprisonment. (S1)
9.00 CSI: NY *American Dreamers:* 3/23. A skeleton is found on a New York tour bus. **10.00** *Grand Master:* 4/23. Mac and Aiden investigate the murder of a rap artist. **11.00** *A Man a Mile:* 5/23. A teenager is found strangled. (S1)
12.00 M'T **CSI: NY** (S1)
1.00 AM **CSI: NY** (S1)
2.00 Ultimate Force (S2)
3.05 Bonanza (S13)
4.00 The High Chaparral
4.55 to 6.00 AM **The District**

CBS Reality

146 148 66 135

7.30 AM **Tomorrow's World**
8.00 The Key of David
8.30 The Lord's Challenge
9.00 Judge Judy
1.00 PM **Judge Judy**
5.00 Airline Four editions.
7.00 Medical Detectives A renowned surgeon is found murdered. **7.30** A woman accused of killing her husband.
8.00 Unsolved Mysteries The murder of two police officers. **9.00** Stories of pets that saved lives. **10.00** A man who had visions of a stranger's life. **11.00** The case of the Boston Strangler.
12.00 M'T **Unsolved Mysteries**
1.00 AM **Unsolved Mysteries**
3.00 Beyond Scared Straight
3.45 Beyond Belief: Fact or Fiction?
4.40 Unsolved Mysteries
5.30 to 6.00 AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

145 139 46 146

6.00 AM **Wheel of Fortune**
10.00 Stake Out
12.00 NOON **Family Fortunes**
1.00 PM **Family Fortunes**
2.00 Take Your Pick
4.00 Catchphrase
5.00 Bullseye Quiz that tests contestants' skill at darts and their general knowledge.
6.00 The Chase Bradley Walsh presents as four contestants answer general knowledge questions and work as a team to take on ruthless quiz genius The Chaser.
10.00 Who Wants to Be a Millionaire – Stripped Big-prize quiz.
12.00 M'T **Who Wants to Be a Millionaire – Stripped**
1.00 AM **Who Wants to Be a Millionaire – Stripped**
2.00 The Chase
4.00 to 6.00 AM **Dale's Supermarket Sweep**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Wipeout USA**
7.00 Teleshopping
9.00 Takeshi's Castle
10.55 Impractical Jokers: Inside Jokes
1.15 PM **Impractical Jokers: Inside Jokes**
3.00 My Name Is Earl (S3)
5.00 Fresh Prince of Bel Air Eight episodes. (S1)
9.00 Friends 2/24. Joey proposes to Phoebe. **9.30** 3/24. Rachel reveals who the father of her baby is. **10.00** 5/24. Ross is horrified to learn Rachel has a date. **10.30** 7/24. Rachel considers moving. (S8)
11.00 Friends (S8)
1.00 AM **Nathan for You**
1.30 Russell Howard's Stand Up Central
2.30 RuPaul's Drag Race
3.40 Impractical Jokers
5.10 to 6.00 AM **The Fresh Prince of Bel Air**

+1 hour 227

Food Network

172 291 41 148

6.00 AM **Diners, Drive-Ins and Dives** Double bill.
8.00 The Pioneer Woman
11.00 Barefoot Contessa
12.00 NOON **Ace of Cakes**
1.00 PM **Guy's Grocery Games** Incorporating soy sauce into a Mexican meal.
2.00 Diners, Drive-Ins, And Dives Twelve editions.
8.00 Restaurant: Impossible The chef meets the stubborn owner of Mama Della's New York City Pizzeria.
9.00 Man v Food Adam Richman travels to San Jose, California. **9.30** A breakfast burrito containing 12 eggs.
10.00 Mystery Diners Four editions of the series.
12.00 M'T **Restaurant Stakeout**
1.00 to 3.00 AM **Diners, Drive-Ins and Dives**

+1 hour 272 149

Good Food

133 133 827 278 279 313 388

6.10 AM **Choccywoccy-doodah: Starstruck**
7.00 John Torode's Asia
8.00 Great British Bake Off
12.00 NOON **River Cottage Australia** Double bill.
2.00 PM **Hairy Bikers' Best of British**
4.00 Madhur Jaffrey's Curry Nation
5.00 Two Greedy Italians
6.00 Rick's Food Heroes
7.00 Rick Stein and the Japanese Ambassador
8.00 River Cottage Australia Paul West is about to experience his first summer on the farm. **9.00** Paul makes plans to increase the farm's livestock.
10.00 Great British Bake Off
12.00 M'T **The Great British Bake Off**
2.00 AM **Teleshopping**
5.00 to 6.10 AM **The Great British Bake Off**

+1 hour 233 280

Lifetime

164 838 208 209 329 384

7.00 AM **Judge Judy** Real-life small-claims cases.
1.00 PM **Little Women: Atlanta** Triple bill.
4.00 Judge Judy Real-life small-claims cases.
9.00 My Crazy Sex The married couple who took role-playing a little too far. Plus, the woman whose chose the wrong moment to introduce her new boyfriend to her sexual wild side.
10.00 Little Women: Atlanta Abira and Andrea learn how to manage their anger as tempers flare. **11.00** Part one of two. Looking back on events of the second series. **12.00** M'T Part two of two. The events of the second series. **1.00** AM Monie and Juicy clash with the twins and Minnie at a party.
2.00 My Crazy Sex As 9pm.
3.00 to 4.00 AM **Judge Judy**

Paramount Network

153 188 187 54 132

9.00 AM **Access**
9.10 The Office (US) (S2)
9.40 House (S2)
1.35 PM **FILM The King and I** Oscar-winning Rodgers and Hammerstein musical. (1956, U, 134min) ★★★★★
4.25 FILM Dirty Dancing Musical remake of the romantic drama, starring Abigail Breslin. (2017, 12, 125min) ★★
7.00 FILM Walking on Sunshine Musical comedy. (2014, 12, 95min) ★★★
9.00 FILM Burlesque Musical romantic drama. (2010, 12, 118min) ★★★
11.20 FILM Staying Alive Dance sequel to *Saturday Night Fever.* (1983, PG, 96min) ★
1.25 AM **The Mick** (S2)
2.25 The Strain (S1)
3.20 Sleepy Hollow (S2)
5.00 Gilmore Girls (S3)
5.50 to 6.00 AM **Access**

Quest

144 144 172 217 12 114 167

6.00 AM **Ultimate Catch**
7.00 Mighty Cruise Ships
8.00 Autobahn
9.00 Fantomworks
10.00 Chasing Classic Cars
2.00 PM **Aussie Gold Hunters**
3.00 Ice Cold Gold
4.00 Mighty Cruise Ships
5.00 Wheeler Dealers
7.00 Salvage Hunters: The Restorers
8.00 Salvage Hunters
9.00 Al Murray's Great British Pub Quiz NEW EDITION The Mulberry Tree from Stevenage take on The Plough from Battersea.
10.00 Aussie Gold Hunters
11.00 Unexplained Files
12.00 M'T **Secrets of the Underground**
1.00 AM **Chasing Classic Cars**
2.00 Fantomworks
3.00 Destroyed in Seconds
4.00 Secrets of the Underground
5.00 to 6.00 AM **Overhaulin'**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.30 Say Yes to the Dress: Atlanta
7.00 Bondi Vet
9.00 My 600lb Life
11.00 Animal Cops Phoenix
2.00 PM **My Cat from Hell**
4.00 Salvage Hunters
6.00 Money for Nothing
7.00 Pit Bulls & Parolees An abandoned dog is rescued during a storm.
8.00 Long Lost Family US Lisa Joyner seeks to track down a woman's biological mother.
10.00 Murder on CCTV The murder of Carl Starke.
11.00 My 600lb Life
1.00 AM **Murder on CCTV**
2.00 Murder Comes to Town
3.00 FBI Files
3.50 Animal Cops San Francisco
4.40 Bondi Vet
5.30 to 6.00 AM **Say Yes to the Dress**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Homes Under the Hammer**
7.00 Teleshopping
8.00 Homes Under the Hammer Five editions.
1.00 PM **Homes Under the Hammer** Six editions.
7.00 DIY SOS: The Big Build A family home in Hull.
8.00 Saving Babies SERIES FINALE First-time parents Laura and Ryan, whose twins are both on the unit.
9.00 Embarrassing Fat Bodies A couple with a combined weight of 52 stone.
10.00 Addicted to Porn An examination of modern pornography.
11.40 My Extreme Weight Loss Journey NEW EDITION
12.40 AM **Ghost Adventures**
2.00 Teleshopping
4.00 The Other Side
4.50 to 6.00 AM **Extreme Weight Loss Journey**

Sony Crime

157 193 143

7.00 AM **48 Hours: Mystery** Five editions.
12.00 NOON **Fatal Attraction**
1.00 PM **Fatal Attraction**
4.00 Prison Wives A woman who follows her husband from prison to prison. **5.00** A woman trying to secure a prison transfer for her husband. **6.00** A woman tries to clear her husband's name while he serves a life sentence. **7.00** A convicted murderer hopes to become a parent. **8.00** The wives of men who are behind bars.
9.00 Women on Death Row Females facing the death penalty.
11.00 Deadly Women The case of Lizzie Borden.
12.00 M'T **Deadly Women**
1.00 to 4.00 AM **Deadly Women**

+1 hour 257

5SELECT

159 152 55 133

9.10 AM **The Gadget Show**
9.40 Hitler's Holocaust Railways with Tarrant
11.00 Henry VIII's Lost Palace
12.00 NOON **Ben Fogle: New Lives in the Wild**
1.00 PM **The Thames: Britain's Great River**
2.00 FILM They Made Me a Fugitive Thriller. (1947, b/w, PG) ★★
4.10 FILM Time Without Pity Thriller. (1957) ★★
6.00 QE2: The World's Greatest Cruise Ship
7.00 St Paul's: Secrets of the Great Cathedral
8.00 Secrets of SS Great Britain
9.00 Robinson's Time Travels
10.00 The Thames...
11.00 Portillo's Hidden History of Britain
12.00 M'T **Ben Fogle: New Lives in the Wild**
2.00 to 4.00 AM **Karen Carpenter: Goodbye to Love**

5Spike

150 154 31 141

9.00 AM **Criminals: Caught on Camera**
9.25 The A-Team
12.35 PM **FILM White Feather** Western. (1955, U, 104min) ★★★
2.45 FILM The Mountain Road War adventure. (1959, U, 120min) ★★
4.50 FILM The Golden Voyage of Sinbad Fantasy. (1973, U, 104min) ★★★
7.00 Traffic Cops: Under Attack Thieves smash through closed level crossing barriers.
8.00 Can't Pay? We'll Take It Away! Debt collection.
9.00 FILM Bloodsport Action thriller. (1987, 18, 92min) ★★
10.55 FILM Attack Force Action thriller. (2006, 15, 90min) ★
12.55 AM **Sewermen**
1.55 Six 8/8. (S1)
2.55 to 3.00 AM **Access**

+1 hour 250

TLC

140 140 831 167 168 323 377

6.00 AM **Say Yes to the Dress: Atlanta**
10.00 Caribbean Life
12.00 NOON **Curvy Brides Boutique** Four editions.
2.00 PM **Say Yes to the Dress: Atlanta**
3.00 My Lottery Dream Home Four editions.
5.00 Say Yes to the Dress
6.00 Curvy Brides Boutique
7.00 90 Day Fiancé: Happily Ever After?
9.00 90 Day Fiancé: The Other Way Corey worries about moving to Ecuador.
10.00 Body Bizarre A German woman blind in one eye has surgery.
11.00 90 Day Fiancé: Happily Ever After?
1.00 AM **90 Day Fiancé: The Other Way** As 9.00pm.
2.00 Body Bizarre
3.00 Say Yes... Atlanta
5.00 to 6.00 AM **Caribbean Life**

+1 hour 240 169

Blaze

187 187 216 63 162

6.00 AM **Hangar 1: UFO Files**
7.00 Flipping Bangers
8.00 Counting Cars
8.30 Counting Cars: Best of
9.00 Swamp People
10.00 American Pickers
11.00 Storage Wars
1.00 PM **Storage Wars: Texas** Four editions.
3.00 Hardcore Pawn
8.00 Alcatraz: The Search for the Truth The case of three inmates who escaped from Alcatraz in 1962.
10.00 Swamp People Rogue alligators threaten the swampers' communities.
11.00 Wicked Tuna
12.00 M'T **Big Rig Bounty Hunters**
1.00 AM **Ancient Aliens**
2.00 Billy the Exterminator
3.00 America's Book of Secrets
4.00 Air Crash Special Report
5.00 to 6.00 AM **American Restoration**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Outback Truckers**
7.00 **Fast N' Loud Revved Up**
8.00 **Wheeler Dealers**
11.00 **Supertruckers**
12.00 NOON **Outback Truckers**
1.00 PM **Combat Dealers**
3.00 **Deadliest Catch**
5.00 **Massive Engineering Mistakes** A look at how a tornado destroyed the world's longest railway bridge.
6.00 **Supertruckers** Four huge 90-ton dumper trucks are moved from south Wales to Tilbury docks.

10.00 NASA's Unexplained Files

7.00 **Arabia with Levison Wood** Exploring the world's largest sand desert and travelling through the Oman's Dhofar Mountains.
8.00 **Mummies Unwrapped NEW EDITION** Ramy Romany investigates the mummified bodies of three Incan children.
9.00 **Truth Behind The Moon Landing NEW EDITION** Exploring conspiracy theories concerning the 1969 moon landing.
10.00 **NASA's Unexplained Files NEW EDITION** Neil Armstrong's expedition into the Amazon seeking a library made by 'aliens'.
11.00 **Close Encounters**
12.00 M'T **Mummies Unwrapped**
1.00 AM **Supertruckers**
2.00 **Kindig Customs**
3.00 **The Last Alaskans**
3.50 **Truth Behind The Moon Landing** As 9.00pm.
4.40 **Gold Rush**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **The Bronx Zoo**
7.00 **Tanked**
8.00 **NEW SERIES Animal Cribs** Renovating a family's garden.
9.00 **Dodo Heroes** As 9.00pm.
10.00 **Mekong: Soul of a River**
11.00 **The Bronx Zoo**
12.00 NOON **Dr Jeff: Rocky Mountain Vet**
3.00 PM **The Bronx Zoo**
4.00 **Dodo Heroes** As 9.00pm.
5.00 **Take Back the Harbour**
6.00 **The Aquarium** The team eagerly await the hatching of a penguin chick.

8.00 Fish or Die

7.00 **How Do Animals Do That NEW EDITIONS** Facts about cats' tongues. **7.30** How meerkats eat poisonous scorpions.
8.00 **Fish or Die NEW EDITION** The guys are in Mongolia in search of taimen, a ferocious member of the salmon family.
9.00 **Dodo Heroes** Following the work of Donna Stepan who runs Sleepy Burrow Wombat Sanctuary near Canberra.
10.00 **Intruders** The son of a Texan family finds a snake in the toilet, and a mystery predator targets a Florida family's livestock.
11.00 **Animal Cops Houston** A dog with an embedded collar is spotted in the countryside.
12.00 M'T **Animal Cops Houston**
1.00 AM **Dodo Heroes** As 9.00pm.
2.00 **Animal Cops Houston**
3.00 **Untamed China**
4.40 **Meet the Orangutans**
5.10 **to 6.00** AM **Tanked**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Journey to an Alien Moon**
9.00 **Hubble's Amazing Journey**
10.00 **Superstructures: Engineering Marvels**
11.00 **Situation Critical**
12.00 NOON **Seconds from Disaster** Double bill.
2.00 PM **Apollo: Missions to the Moon** Archive footage.
4.00 **NEW Mission To Saturn: Inside The Rings** Exploring a secret about the planet.
5.00 **Mission Pluto And Beyond**
6.00 **Armstrong Tapes** Profile of the first man to walk on the moon.

8.00 Apollo: Back to the Moon

7.00 **NEW SERIES Apollo: Back to the Moon** A history of the space programme, starting with the first eight missions.
8.00 **Apollo: Back to the Moon SERIES FINALE** Apollo 11, the NASA mission that put Neil Armstrong on the moon.
9.00 **Budget Mission to the Moon** Following the first attempt to land a privately funded vehicle on the moon.
10.00 **Seconds from Disaster** The Nasa mission in 1986 to send the first civilian into space on board the *Challenger* space shuttle.
11.00 **Hubble's Cosmic Journey**
12.00 M'T **Rosetta: Comet Landing** The story of the mission.
1.00 AM **Challenger Disaster: The Final Mission**
2.00 **Moon Landings Declassified**
3.00 **Situation Critical**
4.00 **to 5.00** AM **Journey to an Alien Moon**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **Pawn Stars**
9.00 **Storage Wars**
11.00 **Lost Gold of WWII**
12.00 NOON **WW2 Treasure Hunters** Relics from the United States' elite 82nd airborne infantry division.
1.00 PM **Hardcore Pawn**
2.00 **Storage Wars** Four editions.
4.00 **American Pickers** Mike falls for a classic Ford pick-up. **5.00** A collection that might turn out to be off-limits.
6.00 **American Pickers: Best Of** Some of the finest finds.

9.00 Britain's Greatest Bridges

7.00 **The Curse of Civil War Gold** Kevin Dykstra gets his hands on gold brought home from Jefferson Davis's arrest.
8.00 **WWII's Most Daring Raids** The efforts of Norwegian resistance fighters to return to their invaded homeland.
9.00 **Britain's Greatest Bridges** Rob Bell offers an insight into the history, design and building process of the Britannia Bridge.
10.00 **Concorde: Designing the Dream** Exploring the story of the world's first supersonic passenger airliner.
11.00 **Combat Machines** The robot that defused bombs both on battlefields and British streets.
12.00 M'T **WWII's Most Daring Raids** As shown at 8.00pm.
1.00 AM **American Pickers**
3.00 **American Pickers: Best Of**
4.00 **Hardcore Pawn**
5.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **Catching History's Criminals: The Forensics Story**
7.10 **Time Team Special: Rediscovering Ancient Britain**
8.00 **Churchill's Bodyguard**
1.00 PM **Bangers and Cash**
4.00 **Bangers and Cash** Behind the scenes of a North Yorkshire-based, family-run historic car auction business. **5.00** A rare 1980s Sierra Cosworth draws in a crowd of admiring Ford fans. **6.00** A 1952 Jowett Javelin finds an unexpected home.

7.00 Porridge: Inside Out

7.00 **Porridge: Inside Out** A look at the making of the sitcom, originally shown to coincide with its 40th anniversary.
8.00 **'Allo 'Allo!** Rene and Edith are ordered to dress up as Hitler and Goering. **8.40** British troops save Edith and Rene from execution, and the pair are released into the woods. **9.20** The Colonel and Gruber's escape plan has gone awry.
10.00 **Secrets of the Railways** An exploration of the White Pass and Yukon Railroad over the US-Canada border.
11.00 **World War Weird** The use of animals for inspiration.
12.00 M'T **Porridge: Inside Out** As shown at 7.00pm.
1.00 AM **Catching History's Criminals: Forensics Story**
2.00 **to 3.00** AM **Time Team Special: Rediscovering Ancient Britain**

+1 hour 255 200

Sunday

7 PM

8 PM

9 PM

10 PM

Disc. History

171 262

6.00 AM **Gunslingers**
9.00 **CIA Secrets**
12.00 NOON **Gunslingers**
3.00 PM **CIA: America's Secret Warriors**
6.00 **Gunslingers** The life of 19th-century lawman James Butler 'Wild Bill' Hickok. **7.00** The life of hitman Tom Horn. **8.00** Post-Civil-War-era American gunman John Wesley Hardin.
9.00 **CIA Secrets** An undercover operation to rescue six American diplomats from Iran. **10.00** Monitoring terrorist activity. **11.00** Cold War missions.
12.00 M'T **Gunslingers**
3.00 AM **CIA: America's Secret Warriors**
4.00 **to 6.00** AM **CIA: America's Secret Warriors**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Life on Earth: A New Prehistory**
10.00 **Polar Bear Town**
11.00 **Frozen Planet**
1.00 PM **Attenborough and the Sea Dragon**
2.00 **Hotel Armadillo**
3.00 **Life on Earth: A New Prehistory**
4.00 **Polar Bear Town**
5.00 **Frozen Planet**
7.00 **Attenborough and the Sea Dragon**
8.00 **Hotel Armadillo: Natural World**
9.00 **Frozen Planet**
11.00 **Attenborough and the Sea Dragon**
12.00 M'T **Hotel Armadillo: Natural World**
1.00 AM **Life on Earth: A New Prehistory**
2.00 **Polar Bear Town**
3.00 **Frozen Planet**
4.40 **Attenborough and the Sea Dragon**
5.30 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Alaska's Deadliest**
10.00 **Wild Russia**
12.00 NOON **Siberia's Wild Year** Animals that live in the inhospitable region.
1.00 PM **Winter Wonderland**
2.00 **Legend of the Giant Squid**
3.00 **Alaska's Deadliest**
5.00 **Wild Yellowstone**
6.00 **NEW SERIES Wild Nordic** The landscape of Scandinavia.
7.00 **Wild Arctic** Wildlife in the Arctic tundra.
8.00 **Wild Nordic** As shown at 6.00pm.
9.00 **Great White Code Red** Examining the predatory qualities of the sharks.
10.00 **Sharkatraz**
11.00 **Shark Vs Tuna**
12.00 M'T **When Sharks Attack**
2.00 AM **Siberia's Wild Year**
3.00 **Winter Wonderland**
4.00 **to 5.00** AM **Legend of the Giant Squid**

History 2

163 273 274 330 390

8.00 AM **Ancient Aliens**
10.00 **Hitler's Circle of Evil**
12.00 NOON **The Curse of Oak Island**
2.00 PM **UFO Files**
4.00 **Ancient Aliens**
6.00 **Ancient Aliens: The Ultimate Evidence**
7.00 **Ronnie O'Sullivan's American Hustle**
8.00 **Custer's Last Man: I Survived Little Big Horn** The apparent only survivor of the Battle of the Little Bighorn in June 1876.
10.00 **Robert Redford's The West** *America Divided:* 1/9. Docu-drama detailing the period 1865 to 1890 in the United States. **11.00** *Two-Front War:* 2/9. Jesse James targets the railroads. (S1)
12.00 M'T **Ancient Aliens**
2.00 AM **Hitler's Circle of Evil** Double bill.
4.00 **to 5.00** AM **UFO Files**

PBS America

174 276 91 155

8.00 AM **Shooting the War**
11.55 **Battle of the Somme: The True Story**
1.25 PM **Nazi Hunters**
2.25 **Nazi Hunters**
5.20 **Battle of the Somme: The True Story**
6.55 **Shooting the War** Footage of World War Two shot by British and German soldiers. **8.10** A look at the experiences of children during World War Two. **9.30** Including footage of the aftermath of the bombing of Dortmund.
10.50 **Battle of the Somme: The True Story** Examining the authenticity of the only footage of the battle, with a team of World War One investigators using forensic science to solve a mystery preserved on film.
12.20 AM **The Lost Tribes of Humanity**
1.30 **to 2.00** AM **Jet Set**

CI

156 156 835 223 222 328 380

6.00 AM **Homicide Hunter**
8.00 **Unusual Suspects**
10.00 **Killing Spree: Suffolk Strangler**
11.00 **Homicide Hunter**
1.00 PM **A Killer's Mistake**
2.00 **Buried in the Backyard**
3.00 **The First 48**
8.00 **Homicide: Hours to Kill**
9.00 **Murders That Shocked the Nation** Examining the case of the A6 killer, James Hanratty.
10.00 **What The Killer Did Next** The 2007 murder of farmer's wife Kate Prout in Gloucestershire.
11.00 **Kids Behind Bars: Life or Parole**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **I Lived with a Killer**
2.00 **What The Killer Did Next** As 10.00pm.
3.00 **Homicide: Hours to Kill**
4.00 **to 6.00** AM **Homicide Hunter**

+1 hour 256 224

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

SUNDAY Films

Sunday

Sky Premiere

301 301 842 431 401 501

6.00 AM **Being Rose** (2017) ★★
7.45 **Cats** As shown at 4.00pm.
9.45 **PREMIERE Juliet, Naked** Comedy, as shown at 6.15pm.
11.40 **The Girl in the Spider's Web** Thriller, as shown at 8.00pm.
1.50 PM **Night School** As 10pm.
4.00 **Cats** Animated adventure. (2018, PG, 90min) ★★★
6.00 **Captain Marvel: Preview**
6.15 **PREMIERE Juliet, Naked** Comedy. (2018, 15, 97min) ★★★ *See review, page19*

6.15 Juliet, Naked

8 PM

8.00 **The Girl in the Spider's Web** Thriller starring Claire Foy. Hacker Lisbeth Salander embarks on a frantic hunt for a stolen computer programme that could spark a global disaster. With Sylvia Hoeks and Stephen Merchant. (2018, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.00 **Night School** Comedy with Kevin Hart, Tiffany Haddish and Rob Rigglel. (2018, 15, 111min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

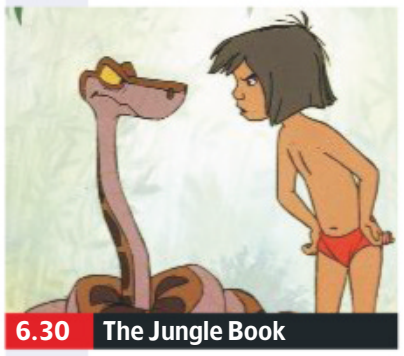
12.00 M'T **Slaughterhouse Rulez** Comedy horror starring Asa Butterfield and Simon Pegg. (2018, 15, 104min) ★★★
1.50 AM **Lost in London** Comedy starring Woody Harrelson. (2017, 12, 103min) ★★★★
3.50 **Fright Fest** Horror with Dylan Walsh. (2018, 15, 90min) ★
5.30 **to 6.00** AM **Yesterday: Special**

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

6.40 AM **The Lion King 3: Hakuna Matata!** (2004) ★★★
8.00 **Incredibles 2** As 4.30pm.
10.00 **The Jungle Book** As 6.30pm.
11.30 **Cars 3** Animation. (2017) ★★★
1.15 PM **Maleficent** (2014) ★★★★
3.05 **One Hundred and One Dalmatians** Classic cartoon. (1961, U, 71min) ★★★★★
4.30 **Incredibles 2** Animation. (2018, PG, 118min) ★★★★
6.30 **The Jungle Book** Animation. (1967, U, 78min) ★★★★★


6.30 The Jungle Book

8.00 **Christopher Robin** Comedy adventure starring Ewan McGregor. Downtrodden by the pressures of work, a family man rediscovers the joys of life. With Hayley Atwell, Mark Gatiss and Bronte Carmichael. (2018, PG, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Blank Cheque** Family comedy starring Brian Bonsall and Karen Duffy. (1994, PG, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Invincible** Biopic with Mark Wahlberg and Greg Kinnear. (2006, PG, 105min) ★★
1.35 AM **Pete's Dragon** Musical fantasy starring Helen Reddy. (1977, U, 134min) ★★★
3.30 **The Santa Clause 2** Fantasy sequel starring Tim Allen. (2002, U, 104min) ★★★★
5.25 **to 6.45** AM **Lilo & Stitch 2: Stitch Has a Glitch** Animated sci-fi comedy sequel. (2005, U, 65min) ★★★

Sky Family

305 305 846 436 406 505

6.20 AM **Lego Scooby-Doo!: Haunted Hollywood** (2016)
7.45 **Teen Titans Go! To the Movies**
9.15 **Hotel Transylvania 3: Summer Vacation** As 6.15pm.
11.00 **The Nut Job 2: Nutty by Nature** Animation. (2017) ★★
12.40 PM **Patrick** As 10.20pm.
2.20 **Hook** As shown at 12.00m't.
4.45 **Teen Titans Go! To the Movies** Animation. (2018) ★★★
6.15 **Hotel Transylvania 3: Summer Vacation** (2018) ★★

2.20 Hook

8.00 **The Mask of Zorro** Epic swashbuckling adventure starring Antonio Banderas, Anthony Hopkins and Catherine Zeta Jones. The legendary hero searches for a successor and finds him in the shape of a young bandit. (1998, PG, 137min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Patrick** Comedy starring Beattie Edmondson, Ed Skrein and Emily Atack. (2018, PG, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Hook** Fantasy adventure. (1991, U, 140min) ★★
2.30 AM **The Oddsockeaters** Animated adventure. (2016, PG, 83min) ★★★
4.10 **Lego DC Super Heroes: Justice League – Attack of the Legion of Doom!** Animation. (2015, U) ★★
5.30 **to 7.00** AM **LEGO DC Comics Super Heroes: Justice League – Cosmic Clash** Animation. (2016, U) ★★

Sky Action

306 306 847 437 407 502

6.00 AM **The Amazing Spider-Man** As 5.40pm.
8.20 **The Amazing Spider-Man 2** Adventure, as 8.00pm.
10.45 **Spider-Man** As 10.30pm.
1.00 PM **Spider-Man 2** Fantasy adventure, as 12.45am.
3.15 **Spider-Man 3** Fantasy adventure with Tobey Maguire. (2007, 12, 138min) ★★★
5.40 **The Amazing Spider-Man** Fantasy with Andrew Garfield. (2012, 12, 136min) ★★★

5.40 The Amazing Spider-Man

8.00 **The Amazing Spider-Man 2** Action adventure sequel starring Andrew Garfield and Emma Stone. The superhero battles a foe with electrical powers, while an old friend presents an even greater threat. (2014, 12, 142min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

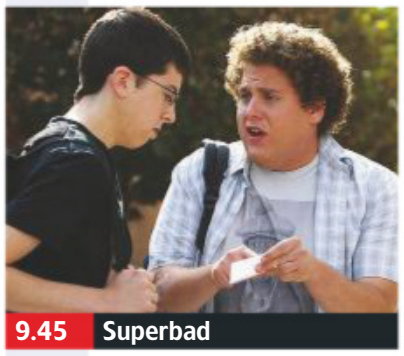
10.30 **Spider-Man** Fantasy starring Tobey Maguire as a nerdy schoolboy who develops special powers after being bitten by a mutant spider and uses them to protect New York from evil forces. (2002, 12, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Spider-Man 2** Fantasy sequel starring Tobey Maguire. (2004, PG, 127min) ★★★★
3.00 **Spider-Man 3** As 3.15pm.
5.30 **to 6.00** AM **Extremely Wicked, Shockingly Evil and Vile: Special**

Sky Comedy

307 307 848 438 408 506

7.00 AM **Dusty & Me** Comedy. (2015, 12, 105min) ★★★
8.45 **Dear Dictator** Comedy. (2017, 15, 90min) ★★
10.25 **Hitch** Romantic comedy. (2005, 12, 118min) ★★★
12.30 PM **Tag** As shown at 8.00pm.
2.20 **Superbad** As 9.45pm.
4.20 **Pitch Perfect 3** Comedy. (2017, 12, 93min) ★★★
6.00 **Mamma Mia!** Musical starring Meryl Streep and Colin Firth. (2008, PG, 108min) ★★★★


9.45 Superbad

8.00 **Tag** Comedy starring Jeremy Renner and Ed Helms. A group of former classmates organise an elaborate game of tag that requires some to travel all over America. (2018, 15, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Superbad** Teen comedy starring Jonah Hill and Michael Cera. Two high school friends embark on a quest to buy booze and lose their virginity. (2007, 15, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Pitch Perfect 3** As 4.20pm.
1.25 AM **Road Trip** Teen comedy starring Breckin Meyer, Seann William Scott and Amy Smart. (2000, 15, 94min) ★★★
3.05 **Jackass 3.5** Slapstick comedy starring Johnny Knoxville, Bam Margera and Ryan Dunn. (2011, 18, 81min) ★★
4.35 **to 6.25** AM **Roxanne** Romantic comedy with Steve Martin and Daryl Hannah. (1987, PG, 102min) ★★★★

primetime

Sky Megahits

302 302 843 433 403

7.45 AM **WALL•E** As 6.15pm.
9.30 **Ghost** As shown at 8.00pm.
11.40 **Iron Man** Action adventure. (2008, 12, 120min) ★★★★
1.50 PM **Iron Man 2** Adventure sequel. (2010, 12, 119min) ★★★
4.00 **Iron Man 3** Adventure sequel. (2013, 12, 131min) ★★★★
6.15 **WALL•E** Animated comedy featuring the voice of Ben Burtt. (2008, U, 98min) ★★★★★

8.00 **Ghost** Romantic fantasy thriller starring Patrick Swayze, Demi Moore and Whoopi Goldberg. A New York banker killed by a mugger returns as a ghost to warn his jeopardised lover. (1990, 12, 127min) ★★★★★
10.10 **Ant-Man and the Wasp** Superhero adventure sequel with Paul Rudd and Evangeline Lilly. Former thief Scott Lang is presented with a new mission involving secrets from the past. (2018, 12, 118min) ★★★★

12.15 AM **Pretty Woman** Romantic comedy starring Julia Roberts. (1990, 15, 117min) ★★★★
2.25 **The Sixth Sense** Psychological thriller starring Bruce Willis. (1999, 15, 108min) ★★★★★
4.15 **to 6.00** AM **The Smurfs** Family adventure. (2011, U, 102min) ★★

Sky Greats

303 303 844 434 404 508

6.00 AM **Raising Arizona** (1987)
7.50 **Shirley Valentine** (1989)
9.50 **Weird Science** (1985) ★★★
11.40 **The Top Ten Show**
12.00 NOON **Nine to Five** (1980)
2.00 PM **Big** Comedy with Tom Hanks. (1988, PG, 102min) ★★★★★
4.00 **Poltergeist** Horror drama. (1982, 15, 114min) ★★★★★
6.00 **Ghostbusters** Fantasy comedy. (1984, 12, 105min) ★★★★

8.00 **Highlander** Sci-fi action thriller about a small group of immortal warriors destined to battle through the centuries. Stars Christopher Lambert, Sean Connery and Roxanne Hart. (1986, 15, 111min) ★★★★
10.00 **Coming to America** Romantic comedy starring Eddie Murphy as an African prince looking for a bride in New York's Queens borough. With Arsenio Hall, Shari Headley and James Earl Jones. (1988, 15, 116min) ★★

12.00 M'T **Beverly Hills Cop** Crime comedy thriller starring Eddie Murphy and Judge Reinhold. (1984, 15, 105min) ★★★★★
1.55 AM **Sudden Impact** Crime thriller starring Clint Eastwood. (1983, 18, 117min) ★★
4.00 **to 6.00** AM **Big** As 2.00pm.

TCM

315 315 854 415 416 512

6.00 AM **Hollywood's Best Film Directors** Double bill.
7.00 **Escape from Fort Bravo** (1953)
9.00 **Son of a Gunfighter** (1965) ★
11.00 **Hobson's Choice** (1953) ★★★★
1.25 PM **The Iron Sheriff** (1957) ★★
3.00 **The Great Northfield Minnesota Raid** Western with Robert Duvall. (1971, 15) ★★
4.55 **Tumbleweed** Western starring Audie Murphy. (1953, U) ★★

6.40 **The Stalking Moon** Western starring Gregory Peck. A scout escorts a young widow and her half-Indian son from an Apache reservation. With Eva Marie Saint. (1968, PG, 109min) ★★★
9.00 **Full Metal Jacket** Stanley Kubrick's Vietnam War drama starring Matthew Modine as a GI in the thick of the action at the battle for Hué in 1968. With Adam Baldwin, R Lee Ermey and Vincent D'Onofrio. (1987, 15, 115min) ★★★★★

11.30 **Maximum Risk** Action thriller. (1996, 18, 101min) ★★
1.40 AM **Longmire** 2/10. (S6)
2.55 **They Came to Cordura** (1959)
5.00 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Thunderstorm** (1955) ★★
7.45 **Ambush in Leopard Street** ★★
8.55 **Snowbound** (1948, PG) ★★★
10.35 **Scotland Yard**
11.10 **Between Heaven and Hell** ★★
1.00 PM **Boy on a Dolphin** (1957)
3.15 **The Man Who Loved Redheads** Comedy. (1954, PG) ★★★
5.00 **Miss Robin Hood** Comedy. (1952, b/w, U, 78min) ★★
6.30 **For the Love of Ada**

7.00 **Here Come the Huggetts** Comedy drama starring Jack Warner. The domestic bliss of a cockney family is threatened by the arrival of their cousin. 1948, b/w, PG, 93min) ★★
8.50 **Sherlock Holmes**
9.00 **The Rivals of Sherlock Holmes**
10.00 **Yield to the Night** Crime drama starring Diana Dors. A woman on Death Row reflects on the chain of events that led her to commit murder. (1956, b/w, 15, 99min) ★★★★

12.00 M'T **No Love for Johnnie** Fictional biopic of a Labour MP, starring Peter Finch and Stanley Holloway. (1960, b/w, 15) ★★★
2.10 AM **Kotch** Comedy drama. (1971, PG, 114min) ★★★
4.25 **to 6.00** AM **Anne of the Indies** Adventure. (1951, U) ★★★

Horror

317 149 70 138

8.00 AM **Alien Nation: The Enemy Within** Sci-fi thriller with Gary Graham. (1996, 12, 87min) ★★
10.00 **Star Trek: Deep Space Nine**
3.00 PM **Imaginary Playmate** Chiller starring Cassandra Sawtell. (2006, 12, 85min) ★★
4.50 **Child of Darkness, Child of Light** Supernatural chiller starring Anthony John Denison. (1991, 15, 82min) ★★

6.35 **The Woman in Black** Chiller starring Daniel Radcliffe. A widowed solicitor glimpses a mysterious veiled figure when he visits a gloomy mansion to settle a dead woman's estate. (2012, 12, 91min) ★★★★
8.30 **Tales from the Darkside**
9.00 **Retreat** Psychological thriller with Cillian Murphy and Thandie Newton. A husband and wife are terrorised by a strange wounded man while staying in an island retreat. (2011, 15, 86min) ★★★

10.50 **Season of the Witch** Action adventure. (2010, 15, 94min) ★★
12.45 AM **The Sentinel** Horror thriller. (1977, 18, 88min) ★★
2.35 **to 4.20** AM **Age of Dinosaurs** Thriller. (2013, PG, 88min) ★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 | 439 409 | 509

7.15 AM **Proud Mary** Thriller. (2018, 15, 89min) ★★
8.55 **Breaking In** Crime thriller. (2018, 15, 88min) ★★
10.35 **Superfly** As 6.50pm.
12.45 PM **Searching** As 9.00pm.
2.40 **A Few Good Men** Courtroom drama, as shown at 10.50pm.
5.10 **Blood Brother** Crime thriller. (2018, 15, 90min) ★
6.50 **Superfly** Crime thriller starring Trevor Jackson. (2018, 15, 116min) ★★

9.00 Searching

Superfly (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Searching** Thriller starring John Cho. A man explores his missing daughter's laptop in the hope of gleaning information about her location. (2018, 12, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

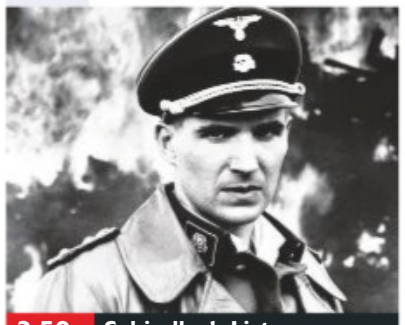
10.50 **A Few Good Men** Courtroom drama starring Tom Cruise and Jack Nicholson. (1992, 15, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.15 AM **Vanilla Sky** Romantic fantasy starring Tom Cruise. (2001, 15, 136min) ★★★
3.40 **Another 48 Hrs** Action comedy sequel starring Eddie Murphy. (1990, 18, 95min) ★
5.30 **to 7.15** AM **Sam Churchill: Search for a Homeless Man** Thriller. (1997, PG, 88min) ★★

Sky Drama

309 309 850 | 440 410 | 511

6.55 AM **My Girl 2** (1994) ★★
8.40 **Walk the Line** Biopic. (2005, 12, 124min) ★★★★
11.00 **The Top Ten Show**
11.15 **Cocktail** Romantic drama. (1988, 15, 103min) ★★
1.05 PM **Everything, Everything** Drama. (2017, 12, 96min) ★★
2.50 **Schindler's List** Epic drama. (1993, 15, 195min) ★★★★★
6.05 **Goodbye Christopher Robin** Biopic with Domhnall Gleeson. (2017, PG, 107min) ★★★★



2.50 Schindler's List

8.00 **Lady Bird** Comedy drama starring Saoirse Ronan. An artistic teenager has a difficult relationship with her mother while growing up in California. (2017, 15, 94min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

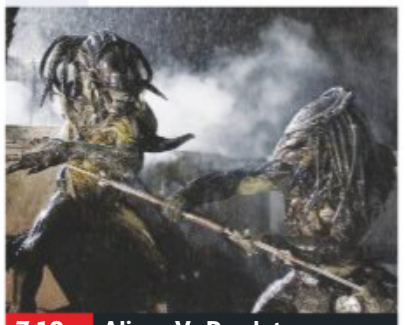
9.40 **First Reformed** Drama starring Ethan Hawke. The minister of a small congregation in upstate New York grapples with a sense of mounting despair. (2017, 15, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Roman J. Israel, Esq** Crime drama starring Denzel Washington and Colin Farrell. (2017, 12, 122min) ★★★
1.50 AM **Permission** Romantic comedy starring Rebecca Hall. (2016, 15, 96min) ★★★
3.35 **Million Dollar Arm** Fact-based drama starring Jon Hamm and Suraj Sharma. (2014, PG, 124min) ★★★★
5.45 **to 6.00** AM **The Top Ten Show**

Sky Sci-Fi/Horror

310 310 851 | 441 411 | 507

6.00 AM **The Top Ten Show**
6.15 **AVP: Alien Vs Predator**
8.05 **Alien: Director's Cut** As 3am.
10.15 **Aliens: Special Edition** Sci-fi. (1986, 18, 154min) ★★★★
1.05 PM **Alien³** Sci-fi. (1992) ★★★
3.15 **Alien Resurrection** Sci-fi. (1997, 15, 110min) ★★★★
5.15 **AVP: Alien Vs Predator** Sci-fi. (2004, 15, 101min) ★★★
7.10 **Aliens Vs Predator – Requiem** Sci-fi thriller sequel. (2007, 15, 89min) ★



7.10 Aliens Vs Predator...

Aliens Vs Predator – Requiem (film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

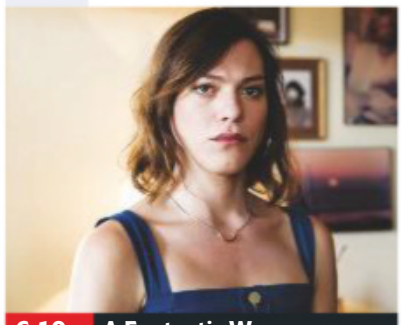
9.00 **Predator** Sci-fi action fantasy starring Arnold Schwarzenegger as the leader of a commando team battling a ferocious alien in the South American jungle. With Carl Weathers. (1987, 18, 107min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Predator 2** Sci-fi action sequel starring Danny Glover. (1990, 15, 107min) ★★★
1.00 AM **Predators** Sci-fi action sequel starring Adrien Brody, Topher Grace and Alice Braga. (2010, 15, 102min) ★★★
3.00 **Alien: Director's Cut** Ridley Scott's sci-fi chiller starring Sigourney Weaver. (1979, 15, 115min) ★★★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Select

311 311 852 | 442 412 | 510

7.05 AM **You, Me and Him** Comedy, as shown at 10.15pm.
8.50 **A Very Sordid Wedding** Comedy. (2017, 15) ★★
10.40 **Anything** (2017, 15) ★★★
12.20 PM **The Heiresses** Drama. (2018, 12, 95min) ★★★★
2.05 **The Object of My Affection** Comedy. (1998, 15) ★★★
4.05 **Battle of the Sexes** Comedy. (2017, 12, 121min) ★★★★
6.10 **A Fantastic Woman** Drama. (2017, 15, 104min) ★★★★



6.10 A Fantastic Woman

8.00 **Call Me By Your Name** Romantic drama starring Armie Hammer and Timothée Chalamet. A 17-year-old begins a relationship with his father's research assistant in northern Italy. With Michael Stuhlbarg. (2017, 15, 136min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **You, Me and Him** Comedy starring David Tennant and Lucy Punch. (2017, 15, 98min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Boys Don't Cry** Melodrama with Hilary Swank. (1999, 18, 117min) ★★★★
2.00 AM **Tom of Finland** Biopic of erotic artist Touko 'Tom' Laaksonen. Partly subtitled. (2017, 18, 115min) ★★★
4.00 **The Wound** Drama starring Nakhane Touré. Subtitled. (2017, 15, 88min) ★★★
5.30 **to 7.20** AM **April's Daughter** Mexican drama. Subtitled. (2017, 15, 103min) ★★★

Film4

313 313 853 | 428 429 | 14 | 300

■ **Films start at 11.00am**
11.00 AM **The Book of Life** Animated adventure. (2014, U, 91min) ★★★★
12.50 PM **The Three Stooges** Slapstick comedy with Sean Hayes. (2012, 12, 92min) ★★
2.40 **The Perfect Catch** Comedy. (2005, PG, 103min) ★★★
4.50 **Teen Wolf** Teen comedy. (1985, PG, 90min) ★★★
6.40 **Everest** Fact-based adventure. (2015, 12, 121min) ★★★★

9.00 Shooter

Everest (film started at 6.40pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Shooter** Action thriller starring Mark Wahlberg and Danny Glover. A former Marine sniper is framed for a political assassination and forced to go on the run. (2007, 15, 125min) ★★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.30 **How to Lose Friends and Alienate People** Romantic comedy based on Toby Young's memoir, starring Simon Pegg and Kirsten Dunst. (2008, 15, 110min) ★★ **11 PM**
1.45 **to 3.50** AM **Uncle Howard** Aaron Brookner's documentary profile of his uncle Howard Brookner. (2016, 15, 96min) ★★★

+1 hour 314 430 45 301

True Movies

319 424 50 303

6.00 AM **Highway to Heaven** (S3)
7.00 **The Waltons** (S9)
11.00 **Beyond the Blackboard** Schoolroom drama with Steve Tailey. (2011, PG, 95min) ★★
1.00 PM **Poldark** Historical drama.
3.00 **A Kind of Loving** Drama. (1962, b/w, 15, 112min) ★★★
5.00 **Savannah** Fact-based period drama, starring Jim Caviezel. (2013, 12, 105min) ★★★

7.00 **The Good Times Are Killing Me** Drama starring Kelly Rowan. A lawyer finds herself in rehab where she befriends a couple of strange characters who help her crack an important case. (2009, 15, 120min) ★★
9.00 **The Wronged Man** Fact-based drama starring Julia Ormond. A lawyer becomes convinced that a man convicted of rape is innocent and wages a 22-year campaign to clear his name. (2010, PG, 120min) ★★★

11.00 **That'll Be the Day** Rock 'n' roll drama starring David Essex. (1973, 15, 87min) ★★★
1.00 AM **The Waltons** (S7)
3.00 **The Avengers** (S2)
5.00 **to 6.00** AM **Highway to Heaven**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Sony Movie News Extra**
9.10 **Secret Liaison** Crime thriller. (2013, PG, 85min) ★★
11.05 **Wrong Swipe** Crime thriller. (2016, U, 122min) ★★
12.55 PM **Starman** Sci-fi fantasy. (1984, PG, 115min) ★★★★
3.15 **Secret Window** Horror thriller. (2004, 12, 96min) ★★★
5.10 **The Covenant** Teen witchcraft thriller. (2006, 12, 97min) ★

7.05 **The Cable Guy** Black comedy starring Jim Carrey and Matthew Broderick. A lonely young man finds his life spiralling out of control after he strikes up a friendship with a cable TV man. (1996, 12, 96min) ★★★
9.00 **Legion** Action fantasy thriller starring Paul Bettany, Lucas Black and Dennis Quaid. (2010, 15, 100min) ★★★
10.55 **Way of the Wicked** Thriller with Vinnie Jones and Christian Slater. (2014, 15, 88min) ★★

12.45 AM **The River Murders** Thriller. (2011, 18, 88min) ★★
2.50 **Canopy** Wartime adventure. (2013, 12, 84min) ★★
4.25 **to 6.00** AM **911 Nightmare** Thriller. (2015, 15, 95min) ★★

+1 hour 322

Movies 24

325 419 513

7.00 AM **Love's Kitchen** (2011) ★
9.00 **Wedding at Graceland** Drama sequel. (2019, PG, 120min) ★★
11.00 **All for Love** Romantic comedy drama. (2017, PG, 83min) ★★
1.00 PM **Flip That Romance** Drama. (2018, PG, 120min) ★★
3.00 **BFF Bride** Romance with Ryan Paevey. (2018, PG, 77min) ★★
5.00 **A Feeling of Home** Romantic drama. (2019, PG, 90min) ★★

7.00 **Love to the Rescue** Romantic drama starring Nikki Deloach and Michael Rady. Two single parents are drawn together when their children want to adopt the same rescue dog. (2019, PG, 120min) ★★
9.00 **Sailing into Love** Romantic drama starring Leah Renee and Chris McNally. A biology teacher learns that her former boyfriend is working for the developer building a resort on Blue Island. (2019, PG, 120min) ★★

11.00 **Sun, Sand and Romance** Drama. (2017, PG, 90min) ★★
1.00 AM **A Moving Romance** Drama. (2017, PG, 90min) ★★
3.00 **to 5.00** AM **Advance & Retreat** Drama. (2016) ★★

+1 hour 326 420

Movies4Men

323 426 40 305

6.00 AM **Long John Silver** (1954)
7.50 **The Racket** (1951) ★★★
9.35 **The Texas Rangers** (1951) ★★★
11.15 **Hellgate** Western. (1952) ★★
1.05 PM **Buffalo Bill: Hero of the West** Western. (1965) ★★
3.00 **Wagonmaster** Classic Western. (1950, b/w, PG, 86min) ★★★★
4.45 **The Last Days of Frank and Jesse James** Western. (1985, PG, 99min) ★★★

6.50 **The Westerner** Western starring Gary Cooper and Walter Brennan. A drifter tangles with notorious lawmaker Judge Roy Bean. With Doris Davenport. (1940, b/w, U, 100min) ★★★★
9.00 **Air Force Two** Drama starring Mariel Hemingway. A female Secret Service agent and a press secretary try to save the US vice president when he is kidnapped by rebel forces. With David Keith and David Millbern. (2006, PG, 88min) ★★

10.50 **Arena** Action thriller with Kellan Lutz. (2011, 18, 90min) ★★
12.40 AM **Meteor Storm** Sci-fi action drama. (2010, 12, 90min) ★
2.20 **to 4.00** AM **Mission Batangas** Adventure. (1968, 15) ★★

+1 hour 324

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.25 PM **Jurassic Park** *ITV2* Steven Spielberg's thriller. ★★★★★
7.00 **America's Sweethearts** *AMC* Comedy. ★★★★
7.00 **Legally Blonde 2: Red, White & Blonde** *Comedy Central* ★★
7.00 **Bring It On: In It To Win It** *MTV* Teen comedy sequel. ★
7.00 **Flight of the Navigator** *Syfy* Sci-fi fantasy adventure. ★★★
7.00 **Walking on Sunshine** *Paramount Network* ★★★
8.00 **National Treasure** *5STAR* Adventure caper. ★★★★
9.00 **Smokey and the Bandit – Part 3** *ITV4* Comedy sequel. ★
9.00 **Bloodsport** *5Spike* Thriller. ★★
9.00 **Jerry Maguire** *Universal TV* Romantic comedy. ★★★★
9.00 **Superbad** *Comedy Central* Raunchy teen comedy. ★★★★
9.00 **Air Force One** *Syfy* ★★★
9.00 **Burlesque** *Paramount* ★★★
10.45 **The Water Diviner** *BBC2* ★★★
10.50 **Rush Hour 2** *ITV4* ★★★
10.50 **Hot Tub Time Machine 2** *5STAR* Comedy. ★
10.55 **Attack Force** *5Spike* Thriller. ★
11.00 **The Imitation Game** *Channel 4* Biopic of Alan Turing. ★★★★

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Sky Sports News** The latest sports news and updates.
7.00 **Good Morning Sports Fans**
8.00 **Good Morning Sports Fans**
9.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
10.00 **Sports Sunday** A round-up of the latest sports news.
10.30 LIVE **Women's Ashes England v Australia.** Coverage of the third one-day international in the series, held at the Spitfire Ground in Canterbury.
6.30 PM LIVE **PGA Tour Golf** Coverage of the fourth and final day's play of the 3M Open, a new tournament held at TPC Twin Cities in Blaine, Minnesota.
11.00 LIVE **LPGA Tour Golf** The fourth and final day's play of the Thornberry Creek LPGA Classic from Oneida, Wisconsin.
1.30 **to 6.00** AM **Sky Sports News** A round-up of the day's talking points and a look ahead to the events that are likely to make the news tomorrow.

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **Premier League Best Goals**
10.00 **Premier League 100 Club**
11.00 **Premier League Legends**
12.00 NOON **Premier League Highlights** Back-to-back action from the top flight.
2.00 PM **Premier League Years** A look back at classic games, infamous blunders and moments of skill from seasons past.
4.00 **Premier League Highlights** Back-to-back top-flight action.
6.00 **Premier League 100 Club** Profiles of top-flight legends.
7.00 **Premier League Legends** Profiles of top-flight stars.
8.00 **Premier League Highlights** Back-to-back top-flight action.
10.00 **Gary Neville's Soccerbox** The presenter talks to fellow former Premier League players.
11.00 **Premier League Years** Classic games, infamous blunders and moments of skill from seasons past, all set to a specially selected soundtrack from the time.
1.00 AM **Premier League Years**
3.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **EFL Greatest Games**
7.00 **EFL Goals: Leagues 1 & 2**
9.30 **SPFL Round-Up**
9.45 **Game Changers: Women's WC**
10.00 **SPFL Round-Up**
10.45 **Game Changers: Women's WC**
11.00 **SPFL Round-Up**
11.45 **Game Changers: Women's WC**
12.00 NOON **EFL Goals: Championship**
5.00 PM **MLS Round-Up Show**
5.30 **EFL Goals: Leagues 1 & 2**
7.00 **One2Eleven**
7.10 **Game Changers: Women's WC**
7.20 LIVE **MLS Atlanta United FC v New York Red Bulls.**
9.25 **MLS Greatest Games**
9.30 **Football Countdowns**
10.00 **EFL Goals: Championship**
11.00 **Football Countdowns**
11.30 LIVE **MLS New York City FC v Portland Timbers.**
1.35 AM **Game Changers**
1.50 **MLS Greatest Games**
2.00 **Football Countdowns**
3.00 **SPFL Greatest Games**
3.30 **One2Eleven**
4.00 **EFL Highlights**
5.00 **EFL Greatest Games**
5.30 **to 6.00** AM **Football Countdowns**

Sky Sports Cricket World Cup

404 404 858 | 514 504

6.00 AM **ICC Cricket World Cup**
8.00 **World Cup Bitesize**
8.30 **Women's Ashes**
10.30 LIVE **Women's Ashes England v Australia.** Coverage of the third one-day international in the series, held at the Spitfire Ground in Canterbury.
6.30 PM **World Cup Bitesize** Action from Sri Lanka v India.
6.45 **World Cup Bitesize** Action from Australia v South Africa.
7.00 **Cricket World Cup** A look back at the ICC Cricket World Cup of 1992, which was won by Pakistan under the captaincy of Imran Khan.
8.00 **Women's Ashes** England v Australia: Action from the third one-day international at the Spitfire Ground in Canterbury.
9.00 **Cricket World Cup** As 7.00pm.
10.00 **Women's Ashes** As 8.00pm.
11.00 **World Cup Cricket Classics** A look back at New Zealand v Australia from 2015.
12.00 M'T **Women's Ashes** As 7.00pm.
1.00 AM **Cricket World Cup**
2.00 **Women's Ashes** As 7.00pm.
3.00 **World Cup Cricket Classics**
4.00 **Women's Ashes** As 7.00pm.
5.00 **to 6.00** AM **World Cup Bitesize**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **Nick Dougherty's Tee Time Tips** Nick offers expert advice.
6.30 **European Tour Golf**
7.30 **Hall or Nothing: Georgia's Story**
8.30 **LPGA Tour Golf** Day three of the Thornberry Creek LPGA Classic.
11.00 **European Tour Golf** Day three of the Dubai Duty Free Irish Open.
12.00 NOON LIVE **European Tour Golf** Coverage of the fourth and final day of the Dubai Duty Free Irish Open at Lahinch Golf Club.
5.00 PM **Best of the Sky Zone**
5.30 **The Improvers**
6.00 LIVE **PGA Tour Golf** The fourth and final day of the 3M Open, a new tournament held at TPC Twin Cities in Blaine, Minnesota.
11.00 LIVE **LPGA Tour Golf** The fourth and final day's play of the Thornberry Creek LPGA Classic from Oneida, Wisconsin.
1.30 AM **European Tour Golf** Action from the fourth and final day of the Dubai Duty Free Irish Open.
2.30 **Best of the Sky Zone**
3.00 **The Improvers**
3.30 **European Tour Golf**
4.30 **The Improvers**
5.00 **to 6.00** AM **European Tour Golf**

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **UEFA Champions League – Classics** Four editions.
8.00 **Fishing: On The Bank**
9.00 **Inside Sailing**
9.30 **World Sailing**
10.00 **No Filter Boxing**
10.30 **Classic Premier League**
11.00 LIVE **British Talent Cup** Coverage of race six of the third round from Donington Park.
12.00 NOON **FIA World Endurance Championship**
12.30 PM **Formula E: Street Racers**
1.00 LIVE **World Rallycross** The sixth round from Holjes, Sweden.
3.00 **FIA World Endurance Championship**
4.00 **Survive and Advance**
6.00 LIVE **MLB Tampa Bay Rays v New York Yankees.** At Tropicana Field. Bounce-up **6.10pm**.
10.00 **Premier League 100**
10.30 **Formula E: Street Racers**
11.00 **Fishing: On The Bank**
12.00 M'T **Chelsea Classics**
1.00 AM **Arsenal Classics**
3.00 **Football Classics**
4.00 **UEFA Youth League – Review Show**
4.30 **ESPN Classic Boxing**
5.45 **to 6.00** AM **BT Sport Reload**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **MLB: Caps Off**
6.15 **MotoGP Highlights**
7.15 LIVE **MotoGP** Warm-ups ahead of the Grand Prix of Germany.
8.45 LIVE **MotoGP** The MotoE Race in Germany. Start-time **9.00am**.
9.30 LIVE **MotoGP** Coverage of the Moto3 race at the Grand Prix of Germany. Start-time **10.00am**.
11.00 LIVE **MotoGP** Coverage of the Moto2 race at the Grand Prix of Germany. Start-time **11.20am**.
12.30 PM LIVE **MotoGP** Coverage of the MotoGP race at the Grand Prix of Germany. Start-time **1.00pm**.
2.00 **MotoGP Chequered Flag**
3.00 **FIM Speedway Grand Prix**
5.00 **AFL**
7.00 **MotoGP** The GP of Germany.
8.00 **MotoGP Chequered Flag**
9.00 LIVE **MLB** Coverage of the MLB All-Star Futures Game.
12.00 M'T **MLB: Caps Off**
12.15 AM **ESPN Films: Renee**
1.45 **BT Sport Reload**
2.00 **Premiership Rugby: Tries of the Season**
2.30 **Branded** Documentary.
3.30 **FIM Sidecar World Champs**
4.00 **to 6.00** AM **FIM Speedway Grand Prix**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **BT Sport Goals Reload**
6.15 **Mobil 1: The Grid**
6.45 LIVE **Virgin Australia Supercars** Coverage of race 18 from Townsville.
9.00 **Formula E: Street Racers**
9.30 **Rugby Tonight: The Demos**
10.30 **BT Sport Reload**
11.00 LIVE **Rowing: Henley Royal Regatta** Coverage of day five of the historic Henley Royal Regatta.
5.00 PM **Bundesliga: Games of the Season** Highlights of Bayer Leverkusen v Borussia Dortmund. **6.00** Highlights of Borussia Dortmund v FC Augsburg. **7.00** Eintracht Frankfurt v Fortuna Dusseldorf. **8.00** Highlights of Werder Bremen v Bayer Leverkusen.
9.00 **FIM Speedway Grand Prix** Round four in Hallstavik, Sweden.
11.00 **FIM Sidecar World Championship Highlights** Round two from Hungary.
11.30 **FIA Karting Championships**
12.00 M'T **Fight Night** Action from Anthony Yarde v Travis Reeves.
2.00 AM **Fight Night** Action from Billy Joe Saunders v Shefat Isufi.
4.00 **to 6.00** AM **AFL**

Sky Sports Action

407 407 861 | 517 507

6.00 AM **Boxing Gold**
7.00 **Great Sporting Moments**
8.00 **Boxing Gold**
9.00 **NFL: America's Game**
10.00 **Sporting Records**
11.00 **NFL: America's Game**
12.00 NOON **Fight Night** As 10.00pm.
4.00 PM **Darts Gold**
4.30 **Sporting Records**
5.30 **Darts Gold**
6.00 **Rugby Greatest Games**
6.10 **Women's International Rugby Union** France v New Zealand: Action from the Women's Rugby Super Series match at Chula Vista Elite Athlete Training Centre in San Diego.
8.00 **Women's International Rugby Union** Canada v England: Action from the Women's Super Series match at Chula Vista Elite Athlete Training Centre in San Diego.
10.00 **Fight Night** Anthony Fowler v Brian Rose: Another chance to see the middleweight title bout at Manchester Arena, plus action from the undercard.
2.00 AM **NFL – Greatest Games**
3.30 **Darts Gold**
4.00 **Sporting Records**
5.00 **to 6.00** AM **Sporting Greats**

Sky Sports Mix

121 121 819 | 520 510

6.00 AM **My Icon**
7.00 **Sporting Records**
7.30 **My Icon**
8.00 **Game Changers: Ascot Special**
8.30 **Great Sporting Moments**
9.00 **Sporting Records**
9.30 **Game Changers: Women's WC Special**
9.45 **My Icon**
10.30 LIVE **Women's Ashes England v Australia.** Coverage of the third one-day international in the series, held at the Spitfire Ground in Canterbury.
6.30 PM **Great Sporting Moments**
6.45 **My Icon: Rachel Yankey**
7.00 **Rugby Greatest Games**
7.05 **Game Changers: Women's WC Special**
7.20 LIVE **MLS Atlanta United FC v New York Red Bulls.** Coverage of the Eastern Conference clash from Mercedez-Benz Stadium.
9.25 **Game Changers: Ascot Special**
10.00 **P1 Powerboating: Aquax**
11.00 LIVE **LPGA Tour Golf** The fourth and final day's play of the Thornberry Creek LPGA Classic from Oneida, Wisconsin.
1.30 **to 6.00** AM **Mix Shorts: Masterclasses**

BT Sport/ESPN

423/426 872 | 530 | 411 434

6.00 AM LIVE **AFL North Melbourne Kangaroos v St Kilda Saints.** From Blundstone Arena. Bounce-up **6.20am**.
9.00 **MLB: Rangers @ Twins**
11.45 LIVE **Euroformula Open Championship** Race two of round five from Hungary.
12.45 PM **BT Sport Reload**
1.00 **MLB: Angels @ Astros**
5.00 **CFL** Action from Toronto Argonauts v BC Lions.
6.30 **World of X Games**
7.30 LIVE **World Series of Poker** Coverage of the 50th annual World Series of Poker Main Event from the Rio All-Suite Hotel & Casino in Las Vegas.
11.00 **Baseball Tonight**
12.00 M'T **CFL** Action from Saskatchewan Roughriders v Calgary Stampeders.
2.30 AM **CFL** Action from Montreal Alouettes v Hamilton Tiger-Cats.
5.00 **to 6.00** AM **NHRA Drag Racing**

Eurosport 1

410 410 864 | 523 521 | 412 435

6.30 AM **WATTS**
6.45 **Tennis: Wimbledon**
8.15 **Cycling: Tour de France**
9.15 **Shooting**
10.15 **Show Jumping** From Paris.
12.00 NOON **Cycling: Tour de France**
1.00 PM LIVE **Cycling: Tour de France** Coverage of stage two of the prestigious race, a 27.6km team time-trial from Brussels.
4.15 **Tour de France – The Breakaway** Stage two review.
4.30 LIVE **FIA World Touring Cars** Coverage of race three in the sixth round, held in Vila Real, Portugal.
6.00 LIVE **Swimming: Universiade** Coverage of the fourth day of swimming from Naples, Italy.
7.30 **Ultra Trail: World Tour**
8.00 **Cycling: Tour de France**
9.30 **Ultra Trail: World Tour**
10.00 **Tennis: Wimbledon** Action from day six at the All England Club.
11.30 **Cycling: Tour de France**
12.30 **to 2.00** AM **Tennis: Wimbledon**

Eurosport 2

411 411 865 | 524 522 | 413 436

6.00 AM **Motocross World Champs**
7.00 LIVE **Motocross World Championship** Race one of round 11 of the MX2 discipline from Palembang, Indonesia.
8.05 **Best of Bikes**
8.15 **Motorcycling: Kells Road Racing**
9.15 **World Superbikes**
10.30 LIVE **World Superbikes** Race two and the support races of round eight from Donington Park.
4.15 PM **Motocross World Champs**
4.45 LIVE **AFCON** The fifth last-16 match. Kick-off **5.00pm**.
7.00 **World Superbikes**
7.45 LIVE **AFCON** The sixth last-16 match. Kick-off **8.00pm**.
10.00 **Africa Cup of Nations**
12.05 AM **WATTS**
12.30 **Cycling: Tour de France**
3.00 **Motocross World Champs**
4.00 **Cycling: Tour de France**
5.30 **to 6.00** AM **FIA World Touring Cars**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Sporting Greats**
7.00 **WWE from the Vault**
8.00 **Great Sporting Moments**
9.00 **WWE Smackdown Hlts**
10.00 **Sporting Greats**
11.00 **Super League Gold**
12.00 NOON **WWE from the Vault**
1.00 PM **Great Sporting Moments**
2.00 **Championship Rugby League**
4.00 **WWE Raw Hlts**
5.00 **WWE Experience**
6.00 **Sporting Greats**
6.30 **Super League Gold**
7.00 **Championship Rugby League** Toronto Wolfpack v Halifax RLFC.
9.00 **WWE Raw Hlts** The latest wrestling action from America.
10.00 **WWE Smackdown Hlts**
11.00 **Sporting Greats**
12.00 M'T **Super League Gold**
1.00 AM **Sporting Records**
2.00 **Super League Gold**
3.00 **Sporting Records**
4.00 **Great Sporting Moments**
5.00 **to 6.00** AM **Sporting Records**

Sky Sports F1

406 406 860 | 516 506

6.00 AM **The Home of F1**
11.00 **Formula 1** Double bill.
1.00 PM **F1 Weekend Debrief: France** A review of the race.
1.30 **Formula 1** Highlights of the Austrian Grand Prix.
2.30 **F1 Weekend Debrief: Austria**
3.00 LIVE **Goodwood Festival of Speed** Coverage of the motoring event in West Sussex, which plays host to a vast array of historic racing cars and offers spectators the chance to see new vehicles.
5.00 **Formula 1** Another chance to see the 2018 British Grand Prix.
7.05 **Goodwood Festival of Speed** Action from West Sussex.
9.05 **Formula 1** Highlights of the 2018 British Grand Prix
10.05 **Formula 1** Action from the Austrian Grand Prix.
12.10 AM **Austrian F1 GP Best Bits**
12.40 **Vettel In Fiorano**
12.55 **Alfa Romeo 1950**
1.00 **to 6.00** AM **The Home of F1**

Monday

8 July

Evening Planner

Drama

Dark Mon£y
BBC1 HD, 9pm
Jill Halfpenny stars in a four-part drama chronicling a family's decision to take hush money after their son is abused

Documentary

Extreme Tribe: The Last Pygmies
C4 HD, 9pm
Livia Simoka lives with the Mbendjele for five months, learning their traditions

Documentary

The Honest Supermarket: What's Really in Our Food?
BBC2 HD, 9.30pm
A *Horizon* report tests chicken for fat and bottled water for micro-plastics

Comedy drama

Divorce
Sky Atlantic HD, 10pm
Robert begins a new life with partner Jackie, while ex-wife Frances enjoys being alone at the start of series three

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	7.00 The Sheriffs Are Coming †		8.00 EastEnders	8.30 No-Deal Brexit...	9.00 Dark Mon£y		10.00 News; Local News	10.35 This...
102 BBC2	◂ 10.30 Wimbledon – Live: Day seven from the All England Club			8.30 Today at Wimbledon		9.30 The Honest Supermarket: What's...		10.30 Newsnight
103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 Love Your... †	8.30 Coronation Street	9.00 Long Lost Family		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Battle for the...	8.30 The £1 Houses...	9.00 Extreme Tribe: The Last Pygmies		10.00 Year of the Rabbit	10.35 8 Out of...
105 CHANNEL 5	7.00 Walking Britain's Lost Railways		8.00 Police Interceptors		9.00 Nightmare Tenants, Slum Landlords		10.00 Young, Dumb and Banged Up in the...	
106 SKY ONE	7.00 The Simpsons		8.00 Film: Superman II					10.30 A League of...
Entertainment								
116 BBC4	7.00 Beyond 100 Days	7.30 Great...	8.00 Life		9.00 Killer Whales: Beneath the Surface...		10.00 In Search of Arcadia	
118 ITV2	7.00 You've Been Framed! Gold		8.00 Two and a Half Men		9.00 Love Island		10.00 Hey Tracey!	
136 MORE4	◂ 6.55 The Supervet		7.55 Great Canal Journeys		9.00 Ghosts of the Deep: Ancient...		10.00 Titanic: The New Evidence	
135 E4	7.00 Hollyoaks	7.30 Black-ish	8.00 Film: Star Trek Into Darkness					10.35 The Big...
107 SKY WITNESS	◂ 6.30 My Kitchen Rules: Australia		8.00 Criminal Minds		9.00 Blue Bloods		10.00 World's Most Evil Killers	
108 SKY ATLANTIC	7.00 CSI		8.00 Blue Bloods		9.00 Big Little Lies		10.00 Divorce	10.35 Risky...
110 GOLD	7.00 Keeping Up...	7.35 Open All Hours		8.20 Only Fools and Horses	9.00 Miranda	9.40 Mrs Brown's Boys	10.20 The Royle Family	
111 DAVE	7.05 Have I Got a Bit More News for You		8.00 QI XL		9.00 Live at the Apollo		10.00 Dave Gorman: Modern Life Is Goodish	
119 ITV3	7.00 Murder, She Wrote		8.00 Doc Martin				10.00 Foyle's War	
120 ITV4	7.00 Tour de France Highlights		8.00 Made in Britain		9.00 Benidorm		10.00 Film: Jaws 3	
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: The Other Guys			
114 SYFY	7.00 Star Trek: The Next Generation		8.00 Stargate Atlantis		9.00 Film: The Marine			
109 W	7.00 My Dream Home		8.00 Inside the Ambulance		9.00 One Born Every Minute		10.00 Emily Atack: Adulting	
113 UNIVERSAL	7.00 NCIS		8.00 Private Eyes		9.00 Ransom		10.00 Law & Order: Special Victims Unit	
124 FOX	7.00 NCIS				9.00 Lucifer		10.00 Constantine	
122 SKY ARTS	7.00 Leonard Bernstein: Larger Than Life		8.00 Gene Kelly: To Live and Dance		9.00 André Rieu: Dance the Night Away		10.00 Master of Photography	
Documentary								
125 DISCOVERY	7.00 Outback Truckers		8.00 Combat Dealers		9.00 Wheeler Dealers			
162 ANIMAL PLANET	7.00 Untamed China		8.00 Alaskan Bush People		9.00 Intruders		10.00 Animal Cops Houston	
129 NAT GEO	7.00 Drain the Oceans		8.00 Hitler's Last Stand		9.00 Air Crash Investigation		10.00 Seconds from Disaster	
130 HISTORY	7.00 American Pickers		8.00 Swamp People		9.00 Lost Worlds		10.00 The Curse of Civil War Gold	
155 YESTERDAY	7.00 Bangers and Cash		8.00 Buried War		9.00 Abandoned Engineering		10.00 The World at War	
166 EDEN	7.00 Mountain Gorilla		8.00 Africa		9.00 Russia From Above		10.00 Nature's Miracle Orphans	
Films								
301 SKY PREMIERE	◂ 6.15 Juliet, Naked		8.00 The Girl in the Spider's Web				10.00 The Keeping Hours	
302 SKY MEGAHITS	◂ 6.00 The Sixth Sense		8.00 Venom				10.00 Deadpool 2	
303 SKY GREATS	◂ 6.05 Bruce Almighty		8.00 District 9				10.00 Layer Cake	
304 SKY DISNEY	◂ 6.20 Monsters, Inc		8.00 The Princess Diaries				10.00 The Black Hole	
305 SKY FAMILY	◂ 6.10 The Lego Ninjago Movie		8.00 Alpha			9.45 The Sandlot		
306 SKY ACTION	◂ 6.00 Pacific Rim: Uprising		8.00 Solo: A Star Wars Story					10.30 Django...
307 SKY COMEDY	◂ 6.15 The Nutty Professor		8.00 Life of the Party				10.00 That's My Boy	
308 SKY THRILLER	7.00 The Negotiator				9.00 Ocean's Eight			
309 SKY DRAMA	◂ 5.50 Philadelphia		8.00 Darkest Hour				10.10 Serenity	
310 SKY SCI-FI	7.00 I, Robot				9.00 Guardians of the Galaxy			
311 SKY SELECT	◂ 5.45 Tombstone		8.00 Hostiles				10.15 Collateral	
313 FILM4	◂ 6.45 The Day the Earth Stood Still				9.00 Taken			
315 TCM	◂ 5.55 How the West Was Won				9.00 On Deadly Ground			
Sport								
401 MAIN EVENT	7.00 The Transfer Show		8.00 Sky Sports Tonight		9.00 F1 Classic Races			
402 PREMIER LEAGUE	◂ 6.00 Premier League Years		8.00 Premier League Highlights				10.00 PL Greatest Games	
403 FOOTBALL	7.00 EFL Goals...	7.30 SPFL Round-Up	8.00 EFL Goals: Championship		9.00 EFL Goals...	9.30 SPFL Round-Up	10.00 EFL Highlights	
404 CRICKET WORLD CUP	◂ 6.00 How the 2011 ICC Cricket World...		8.00 Women's Ashes					
413 BT SPORT 1	◂ 5.30 FIM...	7.30 SGB Premiership – Live: King's Lynn Stars v Poole Pirates				9.30 True Grit		10.30 ESPN Films...
414 BT SPORT 2	7.00 Euroformula Open Championship		8.00 World Rallycross Highlights		9.00 Fishing: On the Bank		10.00 IPL: Capitals v Super Kings	

◂ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Ill Gotten Gains** (S)
10.00 **Homes Under the Hammer** Properties in London, Liverpool and Co Durham. (S)(R)(AD)
11.00 **One Day That Changed My Life** **SERIES FINALE** The villagers of Cheavely in Cambridgeshire try to save their church. (S)
11.45 **Politics Live** (S)
12.15 PM **Bargain Hunt** (S)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **LIVE Wimbledon** Sue Barker presents coverage of day seven at the All England Club, as the fourth round continues in the men's and ladies' singles competitions. *Coverage continues on BBC2*. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 EastEnders

7 PM

7.00 **The Sheriffs Are Coming** 1/4. Rob and Gerald brave the red carpet at a celebrity hot spot in London to try to recover the unpaid wages of a former worker, and there is an angry confrontation in a motorcycle shop. (S)(R)

8 PM

8.00 **EastEnders** Kush and Martin try to settle their differences. (S)(AD)
8.30 **No-Deal Brexit: Are We Ready? – Panorama** The potential impact of leaving the EU without a deal. (S)

9 PM

9.00 **NEW SERIES Dark Mon£y** 1/4. Drama with Babou Ceesay and Jill Halfpenny. A couple accept a pay-off to keep silent about the molestation of their son by a famous film producer. *See feature, page 6* (S1) (S)(AD)
■ Continues tomorrow

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 **This Country** 3/6. Kerry and Kurtan eagerly await the release of their uncle, Steve 'Nugget' Nuggins from prison. (S1) (S)(R)
11.00 **Have I Got a Bit More Old News for You** Richard Ayoade hosts an extended edition of the satirical quiz from October 2018, with Nicky Morgan and Jon Richardson joining team captains Ian Hislop and Paul Merton. (S)(R)
11.40 **Live at the Apollo** Jon Richardson introduces routines by Sara Pascoe and Nathan Caton. (S)(R)
12.35 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.40 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.00 AM **Ill Gotten Gains** Thames Valley Police target drug dealers in their area. (S)(R)
6.45 **One Day That Changed My Life** 9/10. Ex-retail manager Howard waits for an important planning decision that could affect his new business venture. (S)(R)
7.30 **Sign Zone: Antiques Roadshow** Highlights from the past 25 years of the show. (S)(R)
8.30 **This Week in Parliament** (S)
9.00 **BBC News** (S)
10.00 **Victoria Derbyshire** Current-affairs discussion. (S)
10.30 **LIVE Wimbledon** Sue Barker presents coverage of day seven of the Grand Slam tournament from the All England Club, featuring matches in the fourth round of the men's and ladies' singles. (S)

8.30 Today at Wimbledon

7.00 **LIVE Wimbledon** (started at 10.30am)

8.30 **Today at Wimbledon** Clare Balding introduces highlights of the seventh day's play at the All England Club, where the line-up for the quarter-finals in the singles draws was set to be decided. (S)
9.30 **NEW The Honest Supermarket: What's Really in Our Food?** Hannah Fry and Priya Tew invite members of the British public to come into a specially built supermarket to discover the truth about the production of their favourite foods. (S)(AD)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **Top Gear** 4/5. Paddy McGuinness and Freddie Flintoff go on a jungle adventure in Borneo in a pair of very old cars. (S)(R)
12.15 AM **Best of Glastonbury 2019** Memorable performances from Worthy Farm in Somerset. (S)(R)
2.15 **Sign Zone: Royal Academy Summer Exhibition 2019** A look ahead to the annual show. (S)(R)
3.15 **Sign Zone: Countryfile** (S)(R)(AD)
4.10 **to 6.00** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **Good Morning Britain** Jimmy Tarbuck talks about his UK tour *50 Years of Memories*. (S)
8.30 **Lorraine** Actor Billy Porter chats to Lorraine Kelly about the second series of hit US drama *Pose*. (S)
9.25 **Judge Rinder** (S)(R)
10.30 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** The team head to Hartlepool. (S)(R)
3.00 **Tenable** Five mobile fish and chip shop workers compete. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Long Lost Family

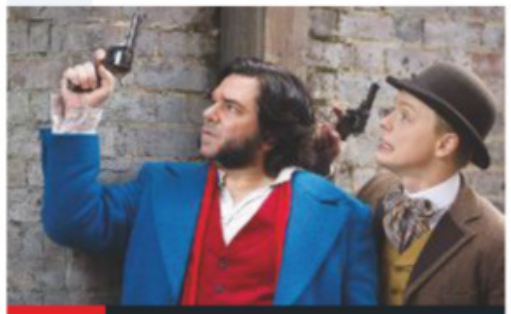
7.00 **Emmerdale** Robert attempts to influence Diane, while Kerry is left feeling lonely. (S)(AD)
7.30 **Coronation Street** Robert is torn between Vicky and Michelle. (S)(AD)
8.00 **Love Your Garden** Alan Titchmarsh and the team transform a Manchester family's neglected garden. (S)(R)(AD)
8.30 **Coronation Street** Audrey is still frosty with Gail after she abandoned her in the hospital. (S)(AD)
9.00 **Long Lost Family** 4/7. Davina McCall and Nicky Campbell follow 62-year-old Kathleen Fraser Jackson's search for her mother, with DNA testing revealing layers of her family she never knew existed. (S)(AD)
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Sarah Payne: The Untold Story** Sara Payne talks about her daughter's abduction and murder in July 2000. (S)(R)
11.45 **Her Majesty's Cavalry** 5/6. The regiment's 280 horses descend on a Norfolk beach. (S)(R)(AD)
12.10 AM **Tenable** (S)(R)
1.00 **Tour de France Highlights** (S)
1.50 **James Martin's French Adventure** In Bresse. (S)(R)
2.40 **Loose Women** (R)
3.30 **Masterpiece with Alan Titchmarsh** At Kentwell Hall. (S)(R)
4.20 **ITV Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** (SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.25 AM **Cheers** 22&23/26. (S10) (R)
7.20 **The King of Queens** (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 15&16/24. (S5) (S)(R)
10.10 **Ramsay's Kitchen Nightmares USA** In New York. (S)(R)
11.05 **Undercover Boss USA** (S)(R)
12.00 NOON **News** (S)
12.05 PM **Couples Come Dine with Me** From north London. (S)(R)
1.05 **Posh Pawnbrokers** (S)(R)
2.10 **Countdown** (S)
3.00 **Coast vs Country** (S)(R)
4.00 **A Place in the Sun** (S)
5.00 **Kirstie's Celebrity Craft Masters** Sam Thompson and Debbie McGee compete. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Tom tells Prince, Peri and Yasmine about his new business venture. (S)(AD)



10.00 Year of the Rabbit

7.00 **News** (S)
8.00 **NEW Battle for the Tory Party: Dispatches** A look at who really controls the Conservative Party. (S)
8.30 **The £1 Houses: Britain's Cheapest Street** Mel and Rob decide to get their house valued. (S)(AD)
9.00 **NEW SERIES Extreme Tribe: The Last Pygmies** 1/3. Livia Simoka travels to the remote jungles of the Republic of the Congo to live with pygmy tribe the Mbendjele, who are almost entirely cut off from the outside world. (S)(AD)
10.00 **Year of the Rabbit** 5/6. The detective is caught up in an armed siege. (S1) (S)(AD)
10.35 **8 Out of 10 Cats Does Countdown** With Kathy Burke, Roisin Conaty and Johnny Vegas. (S)(R)
11.40 **Let's Talk About Sex** 1/3. Britain's changing attitude to sex education throughout the ages. (S)(R)
12.35 AM **Drag SOS** (S)(SL)(R)(AD)
1.30 **The Restoration Man: Best Builds** Church conversions. (S)(R)
2.20 **My Family Secrets Revealed** (R)
3.15 **Undercover Boss Australia** (S)(R)
4.05 **Extreme Cake Makers** (S)(R)
4.35 **Kirstie's Vintage Gems** (S)(R)
4.55 **Big House, Little House** (S)(R)
5.50 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Bargain-Loving Brits in the Sun** Documentary. (S)(R)
12.10 PM **News** (S)
12.15 **Police Interceptors** (S)(R)
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 **FILM PREMIERE Murdered at 17** Thriller starring Cristine Prosperi and Blake Burt. (S) (2018, PG, 105min) ★★
4.00 **Friends** 23&24/24. (S8) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Andrea and Dee meet for the first time. (S)(R)
6.00 **Home and Away** Brody reveals he has bought a restaurant in the Yarra Valley. (S)(R)(AD)
6.30 **News** (S)

1.15 Home and Away

7.00 **Walking Britain's Lost Railways** 1/6. Rob Bell revisits lines decommissioned in the 1960s and celebrates the new life created from their remains. He begins his quest in Scotland. (S)(R)

8.00 **Police Interceptors** 11/13. Jacko is shot at by a suspect with a gun and armed police have fractions of a second to decide whether to return fire as pellets fly past their ears in the pitch-black. (S)(R)

9.00 **Nightmare Tenants, Slum Landlords** 5/8. The housing team in Harrow accompany the police on a raid after getting reports of dangerous conditions at a home belonging to a slumlord's brother. (S)

10.00 **Young, Dumb and Banged Up in the Sun** A man who found himself framed for attempted robbery by a Thai market-keeper, and a woman who allowed herself to be used as a drug mule. (S)(R)

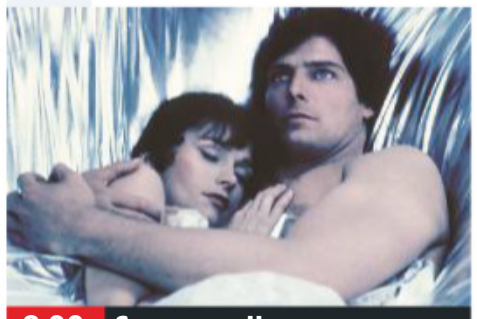
11.05 **FILM Blitz** British crime thriller. (S) (2011, 18, 110min) ★★★
12.55 AM **Britain's Greatest Bridges**
1.10 **21.co.uk Live Casino Show** (S)
3.10 **The Nile: Egypt's Great River with Bettany Hughes** (S)(R)
4.00 **Tribal Teens – Here Comes Trouble** (S)(SL)(R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **House Busters** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Monkey Life** (S)(R)(AD)
7.00 **Animal 999** (S)(R)(AD)
8.00 **RSPCA Animal Rescue** (S)(R)
9.00 **Road Wars** (S)(R)
10.00 **Highway Patrol** (S)(R)(AD)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0** 9&10/25. Double bill. (S8) (S)(R)
3.00 **MacGyver** 14/21. (S1) (S)(R)
4.00 **Modern Family** 6&7/24. Double bill. (S5) (S)(R)
5.00 **The Simpsons** (S)(R)
5.30 **Futurama** *The Butterjunk Effect:* Leela and Amy take part in the butterfly derby. (S)(R)
6.00 *The Six Million Dollar Mon:* Hermes leaves the company and is replaced by a robot. (R)
6.30 **The Simpsons** *Alone Again, Natura-Diddily:* Maude is killed in a tragic accident. (S)(R)



8.00 Superman II

7.00 **The Simpsons** *Missionary: Impossible:* With the voice of *The Golden Girls* star Betty White. (S)(R)
7.30 *Pygmoelian:* Moe undergoes plastic surgery and becomes an overnight soap star. (S)(R)

8.00 **FILM Superman II** Fantasy adventure sequel starring Christopher Reeve and Gene Hackman. Superman faces his toughest-ever challenge when three villains from the Planet Krypton escape to Earth armed with deadly Kryptonite. With Margot Kidder and Ned Beatty. (1980, PG, 127min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10.30 **A League of Their Own** Nicola Adams, Wladimir Klitschko and Tom Davis take part in the sports-based comedy quiz. (S)(R)

11.30 **Rob & Romesh vs Country Music** The duo meet Shania Twain as they investigate the world of country music. (S)(R)
12.30 AM **Brit Cops: Law & Disorder** Documentary. (S)(R)(AD)
1.30 **Warrior** 2/10. (S1) (R)
2.30 **Road Wars** (R)
3.30 **Motorway Patrol** (S)(R)(AD)
4.00 **Babylon 5** 21/22. (S2) (S)(R)
5.00 **to 6.00** AM **Stargate SG-1** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
7.00-8.00pm River City (S)(R)(AD)
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.35pm NI on The One Show **SERIES FINALE** (S) **11.05** This Country (S)(R) **11.30** Have I Got a Bit More Old News for You (S)(R) **12.10am** Live at the Apollo (S)(R) **1.00-6.00am** BBC News (S)
WALES
Sky **952**, Virgin **864**, Freesat **964**
7.00pm Fraud Squad NHS (S)(AD) **7.30-8.00pm** X-Ray (S)
BBC1 North/North East/North West/Yorkshire & Lincolnshire
Sky **956/955/958/957**, Freesat **966/956/955/967**
11.40pm-12.35am The Super League Show (S)

BBC2

SCOTLAND
Sky **970**, Freesat **970**
No variations
N. IRELAND
Sky **972**, Freesat **969**
11.15pm Mná Spóirt: Croí is Anam (R) **11.45pm-12.15am** I Love 1989 (S)(R)
WALES
Sky **971**, Freesat **971**
11.15pm-12.15am Llangollen 2019 (S)(R)

ITV

As main ITV except:
WALES
8.00-8.30pm NEW Wales This Week (S) **10.45** Sharp End **NEW EDITION** (S) **11.15** Love Your Garden (S)(AD) **11.45** Sarah Payne: The Untold Story (S)(R)(AD) **12.35-1.00am** Her Majesty's Cavalry (S)(R)(AD)

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Heno **1.00** Prynhawn Da **1.55** Newyddion S4C a'r Tywydd **2.00 LIVE** Seiclo: Le Tour de France **4.45** Meripwsan **4.50** Oli Wyn **5.00** Stwnsh **6.00** Newyddion S4C a'r Tywydd **6.05** Mabinogi-Ogi a Mwy! **6.30** Bwyd Bach Shumana a Catrin **7.00** Heno **8.00** Pobol y Cwm (AD) **8.25** Garddio a Mwy **9.00** Newyddion 9 a'r Tywydd **9.30** Ffermio **10.00** Seiclo: Le Tour de France **10.30** Codi Pac **11.00** Garejis: Dan y Bonet **SERIES FINALE** (AD) **11.30pm-12.05am** Milwyr y Welsh Guards **SERIES FINALE**

TV&Satellite week
New issue on sale tomorrow

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Beyond 100 Days** Followed by **Weather**
7.30 **Great Continental Railway Journeys** Michael Portillo travels north from port of Piraeus in Athens to the city of Thessaloniki.
8.00 **Life** 3/10. How mammals dominate the planet.
9.00 **Killer Whales: Beneath the Surface – Natural World** A look at research into the lives of the marine mammals, including insights into the creatures' social interactions and intelligence.
10.00 **In Search of Arcadia** Dr Janina Ramirez and John Bailey explore the English Landscape movement.
11.00 **A303: Highway to the Sun** Tom Fort travels along the A303 from Basingstoke to Honiton.
12.00 M'T **Art of France**
1.00 AM **Teenage Tommies**
2.00 **The Ladybird Books Story – The Bugs That Got Britain Reading**
3.00 **to 4.00** AM **Life**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **A Place in the Sun: Home or Away** Double bill.
11.00 **Escape to the Chateau: DIY** A chateau in Picardy.
12.05 PM **Find It, Fix It, Flog It**
1.10 **Four in a Bed** Five editions.
3.50 **Kirstie and Phil's Love It or List It** From Surrey.
4.50 **Love It or List It Australia NEW EDITION** Helping a Brisbane couple.
5.55 **The Secret Life of the Zoo**
6.55 **The Supervet** Noel Fitzpatrick treats a buzzard with a broken wing.
7.55 **Great Canal Journeys** Timothy West and Prunella Scales embark on a voyage across the Netherlands.
9.00 **NEW SERIES Ghosts of the Deep: Ancient Shipwrecks** 1/2. Documentary following scientists on a quest to find out how the Black Sea changed from a freshwater lake to a sea at the end of the last Ice Age.
10.00 **Titanic: The New Evidence** Senan Molony explores new theories on why the *Titanic* sank.
11.05 **24 Hours in A&E**
12.05 AM **Shocking Emergency Calls** Revealing the most unusual calls made to emergency operators.
1.10 **The Supervet**
2.15 **The Secret Life of the Zoo**
3.20 **to 4.00** AM **8 Out of 10 Cats**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **The Funniest Animals**
6.20 **Judge Rinder**
7.10 **Dinner Date**
8.00 **Emmerdale**
8.30 **Coronation Street**
9.25 **Ellen DeGeneres Show**
10.25 **Superstore**
11.15 **Dress to Impress**
12.10 PM **Emmerdale**
12.45 **Coronation Street**
1.45 **Ellen DeGeneres Show**
2.45 **Dinner Date**
3.45 **Dress to Impress**
4.50 **Take Me Out**
6.00 **You've Been Framed! Gold: Hall of Framed**
7.00 **You've Been Framed! Gold** Cheeky children.
8.00 **Two and a Half Men** 3/16. Lyndsey returns from rehab. **8.30** 4/16. Walden and Alan learn a student wants to give up her baby. (S12)
9.00 **Love Island NEW EDITION** Relationship-based reality show.
10.00 **Hey Tracey! NEW EDITION** With Sair Khan, Matt Edmondson, Sam Thompson and Kem Cetinay.
10.50 **Family Guy** *Into Fat Air:* 1/22. Lois is reunited with an old flame. (S11)
11.20 **Family Guy**
11.45 **American Dad!**
12.40 AM **Iain Stirling's CelebAbility** With Mark Francis and Snoochie Shy.
1.30 **to 2.20** AM **Two and a Half Men**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **How I Met Your Mother**
8.00 **Young & Hungry**
9.00 **Melissa & Joey**
10.00 **The Big Bang Theory**
11.00 **Brooklyn Nine-Nine**
12.00 NOON **Young Sheldon**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Brooklyn Nine-Nine**
4.00 **Black-ish**
5.00 **Young Sheldon**
6.00 **The Big Bang Theory** 21&22/23. Double bill. (S3)
7.00 **Hollyoaks** Jonny sets Ste up on a date with Jed.
7.30 **Black-ish NEW EPISODE** 21/23. Andre Jr drives Diane to her first real date with Jalen, but he overstays his welcome. (S5)
8.00 **FILM Star Trek Into Darkness** Sci-fi adventure sequel starring Chris Pine and Zachary Quinto. The *USS Enterprise* pursues a rogue Federation officer with a secret past. With Benedict Cumberbatch. (2013, 12, 133min) ★★★★
10.35 **The Big Bang Theory**
11.30 **Brooklyn Nine-Nine**
12.30 AM **8 Out of 10 Cats**
1.20 **Gogglebox**
2.25 **Gogglebox Australia NEW EDITION**
3.20 **The Big Bang Theory**
4.00 **Brooklyn Nine-Nine**
4.45 **to 6.00** AM **How I Met Your Mother**

+1 hour 235 | 146 | 28 | 123

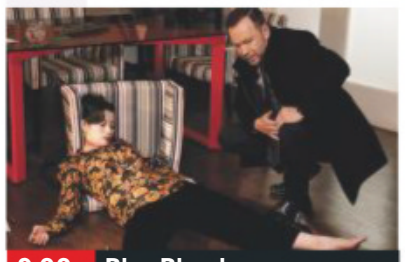
MONDAY Entertainment

Monday

Sky Witness

107 107 807 112 111

6.00 AM **Motorway Patrol**
7.00 **Stop, Search, Seize**
8.00 **Nothing to Declare**
9.00 **Criminal Minds** 7/23. (S2)
10.00 **CSI** 15/23. (S10)
11.00 **Elementary** 16/21. (S6)
12.00 NOON **Brit Cops: Law & Disorder**
1.00 PM **Sun, Sea and A&E**
2.00 **Motorway Patrol**
3.00 **Road Wars**
4.00 **Nothing to Declare**
5.00 **Stop, Search, Seize**
6.00 **Nothing to Declare**



9.00 Blue Bloods

7 PM

6.30 **My Kitchen Rules: Australia NEW EDITION** Mick and Jodie-Anne try out a few budget-friendly recipes.

8 PM

8.00 **Criminal Minds** *About Face:* 6/20. A murderer displays mock 'missing' posters with pictures of his intended victims. (S3)

9 PM

9.00 **Blue Bloods NEW EPISODE** *Past Tense:* 16/22. A murder victim's daughter helps Danny and Baez with their case. (S9)

10 PM

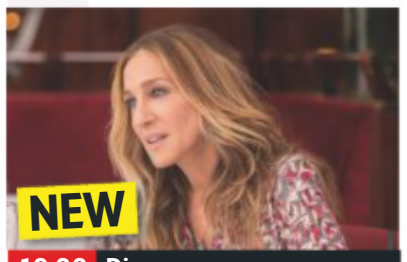
10.00 **World's Most Evil Killers** Rapist and killer Rodney Alcala, whose killing spree could have claimed as many as 130 victims.
11.00 **Criminal Minds** (S5)
12.00 M'T **Murders That Shocked the Nation** John George Haigh.
1.00 AM **The Cambridge Rapist**
2.00 **Brit Cops: Law & Disorder**
3.00 **Chicago Fire** (S5)
4.00 **Road Wars**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 140

Sky Atlantic

108 108 808

6.00 AM **Fish Town**
7.00 **Richard E Grant's Hotel Secrets** A hotel in Paris.
8.00 **The Guest Wing**
9.00 **Discovering: Bing Crosby**
10.00 **The West Wing** (S1)
12.00 NOON **Without a Trace** (S7)
2.00 PM **Blue Bloods** 8/22. (S4)
3.00 **The West Wing** (S1)
5.00 **Without a Trace** 20/24. The team search for the missing son of a billionaire. **6.00** 21/24. The team search for a missing journalist. (S7)



10.00 Divorce

7.00 **CSI** *The Chick Chop Flick Shop:* 5/17. An actor is killed by an axe murderer and suspicion falls on the studio bosses. (S8)

8.00 **Blue Bloods** *Bad Blood:* 9/22. A man accuses a police dog of attacking his son and campaigns for it to be put down. (S4)

9.00 **Big Little Lies NEW EPISODE** *Kill Me:* 5/7. Drama starring Reese Witherspoon and Nicole Kidman. (S2)

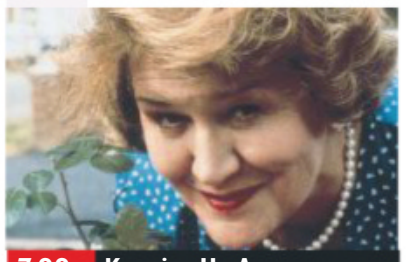
10.00 **NEW SERIES Divorce** 1/6. Frances embraces being alone. (S3)
10.35 **Risky Drinking** Alcohol abuse in America.
12.10 AM **Six Feet Under** 9/13. A tragic shooting brings Claire and Gabe together. **1.20** 10/13. Ruth has dinner with Nikolai. (S1)
2.35 **Divorce** As 10.00pm.
3.10 **Without a Trace** (S7)
4.10 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.20 AM **The Piglet Files**
7.45 **The Green Green Grass**
8.20 **You Rang, M'Lord?**
9.25 **Last of the Summer Wine**
11.20 **Keeping Up Appearances**
12.00 NOON **Green Green Grass**
12.40 PM **Are You Being Served?**
1.15 **Open All Hours** As 7.35pm.
1.55 **Only Fools and Horses** Double bill of the sitcom.
4.20 **Last of the Summer Wine** Triple bill of the sitcom.
6.20 **Are You Being Served?** The store holds a German week.



7.00 Keeping Up Appearances

7.00 **Keeping Up Appearances** Richard has an accident.
7.35 **Open All Hours** Arkwright organises a sales drive in a bid to boost profits.
8.20 **Only Fools and Horses** Rodney finds a girlfriend, but she is old enough to be his mother.
9.00 **Miranda** Gary decides to join the dating scene so he can bring someone to Stevie's birthday party.
9.40 **Mrs Brown's Boys** Agnes tries to gatecrash Maria's hen party.
10.20 **The Royle Family** Nana is in mourning for her friend Elsie.
10.55 **Two Pints of Lager and a Packet of Crisps**
11.35 **Live at the Apollo**
12.35 AM **Two Doors Down**
1.55 **Two Pints of Lager...**
2.25 **Boomers**
2.55 **to 4.00** AM **Harry Hill's TV Burp**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.55 **Heartbeat**
7.55 **Murder, She Wrote**
8.50 **On the Buses**
10.00 **George and Mildred**
10.30 **A Touch of Frost**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.15 **Classic Coronation Street**
3.20 **A Touch of Frost** *Held in Trust:* Jack investigates the murder of a child.
5.30 **Downton Abbey** 1/7. First episode of the costume drama starring Maggie Smith. (S1)

10.00 Foyle's War

7.00 **Murder, She Wrote** *Murder in White:* A theatre producer meets a grisly fate. Guest stars Jean Marsh and Ian Ogilvy.

8.00 **Doc Martin** *Always on My Mind:* 5/9. Pauline is given the chance to join the lifeboat crew, and Martin is accused of murder.

9.00 **Doc Martin** *The Family Way:* 6/9. The doctor is surprised when his parents pay a visit out of the blue. (S2)

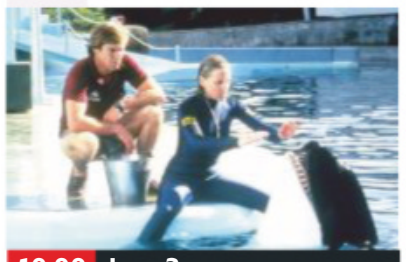
10.00 **Foyle's War** *They Fought in the Fields:* Foyle investigates the activities of a group of land girls. Guest stars Stella Gonet.
12.05 **to 2.10** AM **A Touch of Frost** *Quarry:* A confrontation between hunt stewards and saboteurs leads to the suspicious death of a protester. With guest stars Sean Pertwee, Del Henney and Tat Whalley.

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **World of Sport: Kings of the Canvas**
6.10 **The Chase**
7.00 **The Professionals**
7.50 **Kojak**
8.55 **Quincy ME**
10.00 **Tour de France Highlights**
11.00 **LIVE Tour de France** Coverage of the third stage, featuring a hilly 215km course from Binche to Epernay.
5.00 PM **The Professionals**
6.00 **The Car Chasers** Jeff and Perry get a solid lead on an iconic 1981 Ferrari.



10.00 Jaws 3

7.00 **Tour de France Highlights** Action from stage three, featuring a hilly 215km course from Binche to Epernay.

8.00 **Made in Britain** A look at how traditional seaside rock is made, a process that has not changed since Victorian times.

9.00 **Benidorm** 3/9. Sam offers Joey and Tiger some part-time work trying to attract custom for one of the local bars. (S9)

10.00 **FILM Jaws 3** Thriller starring Dennis Quaid and Bess Armstrong. (1983, 12, 99min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.05 AM **Car Crash Global: Caught on Camera** Dash-cam video footage of a host of astonishing accidents.
1.05 **Kojak** A lawyer is murdered while working undercover for Theo investigating corruption.
2.10 **to 3.00** AM **Motorsport UK**

+1 hour 220 175 154

Sky Two

151 121

6.00 AM **The Biggest Loser: Australia** Double bill.
8.00 **60 Minute Makeover**
10.00 **My Kitchen Rules: Australia** Double bill.
12.30 PM **Monkey Business**
1.00 **The Dog Whisperer**
2.00 **Haven** 14/26. (S5)
3.00 **Relic Hunter** (S2)
4.00 **American Ninja Warrior** Double bill.
6.00 **Stargate SG-1** (S1)
8.00 **Duck Quacks Don't Echo** With Noel Fielding.
9.00 **S.W.A.T.** 3/23. *Fire and Smoke:* The team are enlisted to protect jurors in a bribery trial. (S2)
10.00 **The Force: Manchester**
11.00 **Send in the Dogs**
12.00 M'T **Ross Kemp: Extreme World**
1.00 AM **Blue Bloods** (S9)
2.00 **Police Ten 7**
3.00 **Duck Quacks Don't Echo** As 8.00pm.
4.00 **Monkey Business**
5.00 **to 6.00** AM **The Dog Whisperer**

Pick

152 123 11 144

6.00 AM **Nothing to Declare**
7.00 **Border Patrol**
8.00 **Highway Patrol**
9.00 **Motorway Patrol**
10.00 **Police Ten 7**
11.00 **Police Force: Australia**
12.00 NOON **Road Wars**
1.00 PM **Air Ambulance ER**
2.00 **America's Front Line**
3.00 **Nothing to Declare**
4.00 **America's Front Line**
5.00 **Without a Trace** (S6)
6.00 **Supergirl** 6/22. (S2)
7.00 **The Flash** 3/23. (S3)
8.00 **Lost Girl** 3/16. (S5)
9.00 **Serial Killer Season**
10.00 **A Haunting**
11.00 M'T **Force: North East**
12.00 M'T **Banged Up Abroad**
1.00 AM **Brit Cops: Frontline Crime UK**
2.00 **Road Wars**
3.00 **America's Front Line**
4.00 **Highway Patrol**
4.30 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 252 92 145

Dave

111 111 811 127 227 19 157

7.10 AM **Jay Leno's Garage**
8.00 **American Pickers**
9.00 **Storage Hunters**
10.00 **American Pickers**
1.00 PM **World's Most Dangerous Roads**
2.00 **Sin City Motors**
3.00 **Timber Kings**
4.00 **Jay Leno's Garage**
5.00 **Top Gear** Double bill.
7.05 **Have I Got a Bit More News for You** Ed Balls hosts, with guests Henning Wehn and Janet Street-Porter.
8.00 **QI XL** With guests Jimmy Carr, Jo Brand and Graham Linehan.
9.00 **Live at the Apollo** Hosted by Joe Lycett.
10.00 **Dave Gorman: Modern Life Is Goodish**
11.00 **Mock the Week**
12.20 AM **Jon Richardson: Ultimate Worrier**
1.25 **Mock the Week**
2.45 **The Last Man on Earth**
3.25 **to 4.00** AM **Crackanory**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Middle** (S2)
10.00 **My Name Is Earl** (S3)
11.00 **Friends** (S6)
1.00 PM **Friends** (S6)
4.00 **My Name Is Earl** (S3)
5.00 **Friends** Eight episodes of the sitcom, including at: **8.00** 13/24. Phoebe spends a surreal first day at work. **8.30** 14/24. The pals celebrate Rachel's 30th birthday. (S7)
9.00 **FILM The Other Guys** Farcical crime comedy starring Will Ferrell and Mark Wahlberg. A pair of desk-bound cops finally see action when they uncover a financial conspiracy. (2010, 12, 107min) ★★★★
11.15 **South Park** (S4)
12.15 AM **Joe Rogan: Rocky Mountain High**
1.15 **South Park** (S8)
3.40 **My Name Is Earl** (S3)
4.10 **to 5.00** AM **Friends**

+1 hour 212 133

ITV Be

131 119 179 26 118

9.00 AM **LittleBe**
12.00 NOON **Income Property**
12.25 PM **The Real Housewives of Atlanta**
1.20 **Million Dollar Listing: LA**
2.20 **Little Women: LA**
3.10 **The Real Housewives of New Jersey**
4.05 **The Real Housewives of Beverly Hills**
6.00 **Buying and Selling** Double bill of editions.
8.00 **Dinner Date** Ollie from London looks for love.
9.00 **Botched** Medic Terry Dubrow tries to pump up a 'pec-less' body builder.
10.00 **Marriage Boot Camp: Reality Stars** Questions of infidelity spark drama and Memphitz vents his rage on Toya.
10.55 **The Real Housewives of Sydney** The girls' speculate over Lisa's troubles at home.
11.55 PM **to 12.55** AM **The Only Way Is Marbs**

+1 hour 231 120 119

True Ent

179 189 48 142

6.00 AM **The Waltons**
8.00 **Touched by an Angel**
10.00 **Highway to Heaven**
1.00 PM **The Agatha Christie Hour** 1/10. (S1)
2.00 **Agatha Christie's Partners in Crime**
3.00 **Rumpole of the Bailey**
4.00 **Murder, She Wrote** (S7)
6.00 **Tenko** 6/10. (S2)
7.00 **M*A*S*H** (S2)
9.00 **Taggart** *Atonement:* A recently released prisoner is suspected of murdering a witness whose testimony put him behind bars – but his alibi proves watertight. **10.30** *Compensation:* Reid and the team head for the countryside to examine a farmer's suspicious death.
12.00 M'T **Tenko** As 6.00pm.
1.00 AM **M*A*S*H**
2.00 **Rumpole of the Bailey**
3.00 **The New Avengers**
4.00 **to 6.00** AM **Due South**

+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 226 | 312 382

7.10 AM **Murdoch Mysteries** (S7)
9.00 **Inspector George Gently**
11.00 **Motive** 4/13. (S1)
12.00 NOON **Miss Fisher's Murder Mysteries** 4/13. (S1)
1.00 PM **Father Brown** As 10pm.
2.00 **Murdoch Mysteries** 13&14/18. Double bill. (S10)
4.00 **Rizzoli & Isles** 12/16. Two murders share a surprising link. **5.00** 13/16. The duo track down a criminal clown. (S4)
6.00 **The Guardian** 6/22. A teenage runaway tries to blackmail Nick. (S1)

9.00 Waco

7.00 **Unforgettable** *Flesh and Blood:* 9/13. A trained killer who previously outsmarted Carrie returns. (S2)
8.00 **Miss Fisher's Murder Mysteries** *Raisins and Almonds:* 5/13. The body of a young man is found in a bookshop. (S1)
9.00 **Waco NEW EPISODE** *The Strangers Across the Street:* 2/6. ATF agent Jacob Vasquez begins surveillance. (S1)
10.00 **Father Brown** *The Eve of St John:* The priest investigates when a group of pagans are suspected of killing one of their own.
11.00 **Rush** 3/22. Lawson finds a boy involved in a domestic violence situation. (S2)
12.00 M'T **Unforgettable** 11/13. Carrie and Al investigate a murder in the Hamptons. (S2)
1.00 AM **Inspector George Gently**
3.00 **to 4.00** AM **Motive**

+1 hour 232 191

Syfy

114 114 814 | 135 165 | 319 375

6.00 AM **Star Trek: Voyager** (S7)
8.00 **Teleshopping**
11.00 **Atlantis** 8/13. (S2)
12.00 NOON **FILM Grimm's Snow White** Fantasy adventure starring Eliza Bennet and Jane March. (2012, 12, 90min) ★
2.00 PM **The Outpost** 6/10. (S1)
3.00 **Stargate Atlantis** 5/20. (S1)
4.00 **Star Trek: Voyager** 24&25/26. Double bill. (S6)
6.00 **Star Trek: The Next Generation** *Coming of Age:* 19/26. Picard's competence as captain is questioned. (S1)

9.00 The Marine

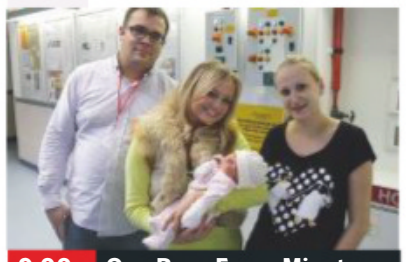
7.00 **Star Trek: The Next Generation** *Heart of Glory:* 20/26. Two Klingons try to take over the *Enterprise*. (S1)
8.00 **Stargate Atlantis** *Childhood's End:* 6/20. Sheppard encounters members of a youthful race. (S1)
9.00 **FILM The Marine** Action thriller starring John Cena and Robert Patrick. A Marine goes after jewel thieves who have kidnapped his wife. With Kelly Carlson and Anthony Ray Parker. (2006, 15, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **FILM The Relic** Horror thriller starring Tom Sizemore. (1996, 15, 109min) ★★★
1.10 AM **Star Trek: The Next Generation** Triple bill. (S7)
4.10 **to 6.00** AM **FILM 2012: Supernova** Sci-fi action thriller. (2009, 12, 87min) ★★

+1 hour 214 136

W

109 109 809 | 125 211 | 311 383

6.10 AM **My Dream Home: Brother v Brother**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Supernanny US**
12.00 NOON **Tipping Point**
2.00 PM **My Dream Home: Brother v Brother**
4.00 **Flip or Flop** Tarek and Christina buy a short sale home in Whittier, California. **4.30** Tarek and Christina buy a home at an auction in Garden Grove, California.
5.00 **Tipping Point** Double bill.



9.00 One Born Every Minute

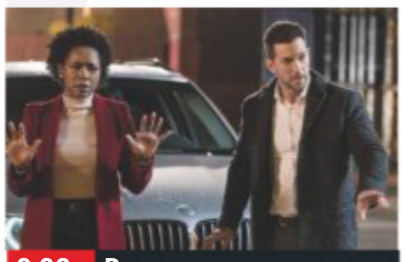
7.00 **My Dream Home** Drew and Jonathan Scott help a couple who want to move into a resort-style oasis.
8.00 **Inside the Ambulance** Paramedics Loz and Dan rush to a man who is fighting for breath with sudden chest pain.
9.00 **One Born Every Minute** Spice Girl Emma Bunton visits Southmead Hospital to support the maternity unit's charity.
10.00 **Emily Atack: Adulting** 2/4. Emily confronts her body-image demons, and recalls painful memories of being bullied.
11.00 **Inside the Ambulance** A woman who has fallen from a first-floor window.
12.00 M'T **Inside the Operating Theatre** A four-year-old girl has her droopy eyelid lifted.
1.00 AM **Code Black** 13/13. (S3)
1.50 **to 3.00** AM **Secrets and Lies**

+1 hour 209 190

Universal

113 113 813 | 137 164 | 320 385

8.00 AM **Sea Patrol** 12/13. (S2)
9.00 **Rescue: Code One**
11.00 **CSI: Miami** 5/25. (S4)
12.00 NOON **Law & Order** (S11)
1.00 PM **Law & Order** Triple bill of the crime drama. (S11)
4.00 **NCIS** 9/24. Part two of two. The safe house is attacked and Eli goes missing. **5.00** 10/24. A navy officer preparing to testify in a murder trial goes missing. **6.00** 11/24. The team investigate the death of a Marine during a cruise. (S8)



9.00 Ransom

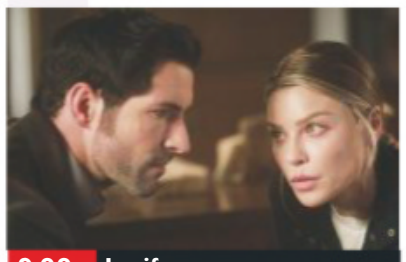
7.00 **NCIS** *Recruited:* 12/24. A US Navy recruitment officer is murdered at a high school. Guest stars Bob Newhart. (S8)
8.00 **Private Eyes NEW EPISODE** 2/12. Comedy starring Jason Priestley and Cindy Sampson. (S3)
9.00 **Ransom NEW EPISODE** *It's a Ravenzo:* 4/13. Eric and the team enter the world of Italian fashion royalty. (S3)
10.00 **Law & Order: Special Victims Unit** *Sugar:* 2/24. An ex-financier's girlfriend is killed. Guest stars Eric McCormack. (S11)
11.00 **Law & Order: Special Victims Unit** 3/24. A woman goes missing. (S11)
12.00 M'T **CSI: Miami** 5/25. (S4)
1.00 AM **NCIS** As 5.00pm.
2.00 **Murder in Paradise**
3.00 **Ransom** As 9.00pm.
4.00 **to 5.00** AM **Private Eyes**

+1 hour 213 138

FOX

124 124 821 | 157 199

8.00 AM **Monk** 8/16. (S6)
9.00 **Bones** 20/23. (S6)
10.00 **Bull** 9/23. (S1)
11.00 **NCIS** 9/24. (S14)
12.00 NOON **Bones** (S6)
2.00 PM **The Mentalist** 5/22. (S6)
3.00 **NCIS** 10/24. (S14)
4.00 **Bull** 8/23. (S1)
5.00 **Bones** 23/23. Brennan and Booth go undercover when human remains are found at a bowling alley. (S6)
6.00 **The Mentalist** 6/22. Jane tries to gather all the Red John suspects at his home. (S6)



9.00 Lucifer

7.00 **NCIS** *Willoughby:* 11/24. An undercover operation to apprehend a corporate terrorist is compromised.
8.00 **NCIS** *Off the Grid:* 12/24. Gibbs assumes a former alias to infiltrate an infamous anti-government militia. (S14)
9.00 **Lucifer NEW EPISODE** *My Brother's Keeper:* 14/26. One of Ella's brothers is suspected of stealing a diamond. (S3)
10.00 **Constantine** *Waiting for the Man:* 13/13. John and Zed return to New Orleans to help in the case of a missing girl. (S1)
11.00 **American Dad!** 15/22. (S15)
11.30 **American Dad!** 7/18. (S6)
12.00 M'T **Family Guy** Double bill of the animated comedy. (S15)
1.00 AM **American Dad!** (S6)
2.00 **Family Guy** (S15)
3.00 **American Dad!** (S6)
4.00 **to 5.00** AM **Monk**

+1 hour 224 158

Monday

7 PM | 8 PM | 9 PM | 10 PM

E!

123 123 834 | 156 | 321 386

7.00 AM **Keeping Up with the Kardashians**
10.00 **Big Rich Texas**
12.00 NOON **Life of Kylie**
1.00 PM **Keeping Up with the Kardashians**
3.00 **Kourtney & Kim Take New York**
4.00 **Botched**
5.00 **Keeping Up with the Kardashians** Four editions, including at: **7.00** Rumours surface that Tristan cheated with Jordyn Woods. **8.00** Kim and Kourtney take Khloe on a getaway.
9.00 **Relatively Nat & Liv**
10.00 **Botched**
11.00 **Nightly Pop NEW EDITION**
11.30 **Dating: No Filter**
12.00 M'T **Very Cavallari**
1.00 AM **Botched by Nature**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **Total Bellas**

Sky Arts

122 122 820 | 122 206

6.00 AM **André Rieu: Welcome to My World**
6.55 **André Rieu Royale: Coronation Concert Live in Amsterdam**
9.05 **Tales of the Unexpected**
10.05 **Trailblazers: Heavy Metal**
11.00 **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **Lauren Bacall: A Look from the Sky**
3.00 **Robert Mitchum: Hollywood's Bad Boy**
4.00 **Trailblazers: New Romantics**
5.00 **Discovering**
7.00 **Leonard Bernstein: Larger Than Life**
8.00 **Gene Kelly: To Live and Dance**
9.00 **André Rieu: Dance the Night Away**
10.00 **Master of Photography**
11.00 **Beat Generation**
12.00 M'T **Marvin Gaye: What's Going On**
1.45 AM **Classic Albums**
4.00 **to 6.00** AM **Discovering**

4seven

137 143 203 | 47 110 | 127

9.00 AM **Couples Come Dine with Me** In east London.
10.00 **Posh Pawn**
11.00 **A Place in the Sun**
12.00 NOON **Coast vs Country**
1.00 PM **Kirstie's Celebrity Craft Masters**
2.00 **A Place in the Sun**
3.00 **Everybody Loves Raymond** 1&2/22. (S1)
4.00 **Frasier** 9&10/24. (S5)
5.00 **Undercover Boss USA**
6.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Location, Location, Location** Phil catches up with two couples.
9.00 **Celebrity Crystal Maze**
10.00 **24 Hours in A&E**
11.05 **Extreme Tribe: The Last Pygmies**
12.10 AM **Ramsay's Kitchen Nightmares USA**
1.15 **999: What's Your Emergency?**
2.20 **The Restaurant That Makes Mistakes**
3.25 **The Supervet**
4.20 **to 4.50** AM **Four in a Bed**

5USA

141/169 153 | 21 | 129

9.00 AM **Catch a Contractor**
9.20 **Remington Steele** (S3)
10.10 **CSI: NY** 10/25. (S5)
11.10 **Rookie Blue** 8/13. (S4)
12.05 PM **Castle** 20/22. (S8)
1.05 **Law & Order** (S15)
3.00 **Murder, She Wrote**
6.05 **Law & Order** (S16)
8.00 **NCIS** *Patience:* 19/24. The team receive a new lead in a 40-year-old airport bombing cold case. (S12)
9.00 **Law & Order: Criminal Intent** *Prisoner:* 3/22. A prison warden is attacked. (S5)
10.00 **Law & Order: Special Victims Unit** *Ritual:* 14/25. The unit investigate a ritualistic murder. (S5)
11.00 **Law & Order: Special Victims Unit** (S5)
12.55 AM **CSI: NY** (S5)
2.50 **Chicago Fire** 5/22. (S2)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 30 | 131

8.00 AM **My Wife and Kids**
8.25 **Smallville** 12/21. (S1)
9.10 **Dance Moms**
11.05 **My Wife and Kids**
12.05 PM **Two and a Half Men**
2.00 **Last Man Standing**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **My Wife and Kids**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Two and a Half Men**
8.00 **When Rich Kids Go Skint** A young, self-made businessman lives with a single mother.
9.00 **FILM White Chicks** Slapstick comedy starring Shawn and Marlon Wayans. (2004, 15, 109min) ★
11.10 **FILM The Break-Up** Comedy drama. (2006, 12, 107min) ★★★
1.20 AM **Rich Kids Go Homeless**
2.20 **The Magicians** (S1)
3.15 **to 4.00** AM **Empire**

+1 hour 228 186 56

Drama

143 130 20 | 158

7.10 AM **Boon**
8.00 **Soldier, Soldier**
10.00 **Classic Holby City**
11.00 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Brokenwood Mysteries**
4.20 **Auf Wiedersehen, Pet**
5.20 **Birds of a Feather**
6.00 **'Allo 'Allo!**
6.40 **As Time Goes By**
7.20 **Last of the Summer Wine** Compo decides to follow Nora around.
8.00 **Dalziel & Pascoe** *Under World:* The discovery of a man's body reawakens villagers' suspicions over a girl's death.
10.00 **Silent Witness** *Protection:* A suspected paedophile is found dead in a playground, and Nikki and Jack face the prospect that his murder is linked to a little girl's disappearance.
12.20 AM **Ashes to Ashes**
1.45 **The White Queen**
3.30 **to 4.00** AM **Garden Hopping**

MONDAY Entertainment & Lifestyle

Monday

AMC

186 186 840 332 381

Programmes start at 1pm.

1.00 PM **Mad Men** (S4)
1.50 **FILM The Aviator** Martin Scorsese's epic biopic. (2004, 12, 170min) ★★★
5.00 **Mad Men** 8/13. (S4)
6.00 **Law & Order** 1/22. (S3)
6.55 **Zoom In NEW EDITION**
7.05 **FILM 6 Below: Miracle on the Mountain** Adventure. (2016, 12, 98min) ★★★
9.00 **Fear the Walking Dead** *The Little Prince.* (S5)
10.00 **The Son** (S2)
11.00 **FILM Dragon Blade** Action adventure. (2015, 15, 101min) ★★
1.00 AM **Hollywood's Best Film Directors**
1.30 **Fear the Walking Dead**
2.30 **The Son** (S2)
3.25 **Mad Men** 8/13. (S4)
4.25 **to 5.30** AM **Law & Order**

CBS Drama

147 197 71 134

9.00 AM **Medium** (S4)
10.00 **ER** 4/16. (S4)
11.00 **The Love Boat** (S7)
12.00 NOON **Judge Judy**
1.00 PM **The High Chaparral**
3.00 **Walker, Texas Ranger**
4.00 **Unsolved Mysteries**
6.00 **The Love Boat** (S7)
7.00 **CSI: Miami** *Pro Per:* 2/24. A suspected killer decides to represent himself in court. (S3)
8.00 **Judge Judy**
9.00 **Medium** *Girls Ain't Nothing But Trouble:* 5/16. Allison takes a job with a lawyer. (S4)
10.00 **CSI: Miami** *Under the Influence:* 3/24. A woman is pushed under a bus. (S3)
11.00 **The Love Boat** (S7)
12.00 M'T **Judge Judy**
1.00 AM **ER** 4/22. (S4)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Diagnosis Murder** (S6)
5.00 **to 6.00** AM **Walker, Texas Ranger**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Matlock** (S3)
12.00 NOON **Perry Mason**
1.05 PM **JAG** 10/15. (S2)
2.05 **CSI: Miami** 21/24. (S5)
3.00 **NCIS** 12/24. (S4)
4.00 **CSI: NY** 7/23. (S1)
5.00 **Matlock** 12/20. (S3)
6.00 **Perry Mason** 6/28. (S6)
7.05 **NCIS** *Ships in the Night:* 11/24. The death of a Marine during a cruise is investigated. (S8)
8.00 **Walker, Texas Ranger** *A Shadow in the Night:* 4/28. Walker bumps into an old friend. (S1)
9.00 **NCIS** *Gut Check:* 9/24. A covert listening device is found in a pen. (S11)
10.00 **CSI: NY** 8/23. (S1)
11.00 **NCIS** 12/24. (S8)
12.00 M'T **CSI: Miami** (S5)
1.00 AM **NCIS** As 9.00pm.
2.00 **Gunsmoke** (S17)
3.05 **Bonanza** (S12)
4.00 **Walker, Texas Ranger**
4.50 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A woman appeals against a conviction for killing her mother. **7.30** The apprehension of a sniper in Virginia.
8.00 **Click for Murder** The millionaire businessman who murdered his partner.
9.00 **Cold Blood** A pillar of a Haitian community is gunned down.
10.00 **Murder By the Sea** The case of Steven Grierson.
11.00 **It Takes a Killer**
12.00 M'T **Wives with Knives**
1.00 AM **Cold Blood**
2.00 **Murder By the Sea**
3.00 **Beyond Scared Straight**
3.45 **Beyond Belief: Fact or Fiction?**
4.40 **Unsolved Mysteries**
5.30 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

145 139 46 146

6.00 AM **Catchphrase**
7.00 **Family Fortunes**
8.00 **Dale's Supermarket Sweep** Double bill.
9.00 **The Chase**
10.00 **Bruce's Price Is Right**
11.00 **Blockbusters**
12.00 NOON **Wheel of Fortune** Game show.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **The Chase**
4.00 **Bullseye**
6.00 **The Cube**
7.00 **Pointless** Quiz show.
8.00 **The Chase** Quiz show.
10.00 **Celebrity Who Wants to Be a Millionaire?** Including Neil Morrissey and Arabella Weir.
11.00 **Bullseye**
12.00 M'T **Bullseye**
1.00 AM **The Chase**
4.00 **The Chase USA**
5.00 **to 6.00** AM **Golden Balls**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Impractical Jokers**
7.00 **Teleshopping**
9.00 **Takeshi's Castle**
10.00 **Friends**
11.00 **The Middle**
1.00 PM **My Name Is Earl**
2.00 **Wipeout USA**
4.00 **Impractical Jokers**
5.00 **Fresh Prince of Bel Air**
7.00 **Impractical Jokers**
8.00 **Impractical Jokers: Theme Park Special**
9.00 **Russell's Good News**
10.00 **Friends** (S8)
11.00 **Rhys James at the Soho Theatre Live**
11.30 **Fin Taylor: CC Live**
12.00 M'T **Impractical Jokers**
1.00 AM **Russell Howard's Good News** Double bill.
3.00 **Borderline** (S1)
3.25 **Nathan for You** (S4)
3.45 **Tosh.0** (S11)
4.05 **Bordertown** (S1)
4.30 **Wipeout USA**
5.15 **to 6.00** AM **Impractical Jokers**

+1 hour 227

Food Network

172 291 41 148

6.00 AM **Giada at Home**
9.00 **Jamie at Home**
11.00 **The Pioneer Woman**
1.00 PM **Jamie's 15 Minute Meals** Double bill.
2.00 **Jamie's Money Saving Meals** Five editions.
4.30 **Girl Meets Farm NEW EDITION**
5.00 **Barefoot Contessa – Back to Basics NEW EDITIONS**
6.00 **Man Fire Food**
7.00 **The Pioneer Woman**
8.00 **Diners, Drive-Ins, And Dives NEW EDITION**
9.00 **Diners, Drive-Ins, And Dives** Double bill.
10.00 **Cake Hunters NEW EDITIONS**
11.00 **Mystery Diners**
12.00 M'T **Diners, Drive-Ins, And Dives** Double bill.
1.00 AM **Restaurant: Impossible**
2.00 **to 3.00** AM **Mystery Diners**

+1 hour 272 149

Good Food

133 133 827 278 279 313 388

6.10 AM **Choccywoccy-doodah: Starstruck**
7.00 **Great British Menu**
8.00 **James Martin: Delicious**
9.00 **Scandimania**
10.00 **Bikers' Best of British**
11.00 **Rick's Seafood Odyssey**
12.00 NOON **Hairy Bikers' Asian Adventure**
1.00 PM **Great British Menu**
2.00 **James Martin: Delicious**
3.00 **Scandimania**
4.00 **Rick's Seafood Odyssey**
5.00 **Bikers' Best of British**
6.00 **Bikers' Asian Adventure**
7.00 **James Martin: Delicious**
8.00 **Scandimania**
9.00 **Rick's Seafood Odyssey**
10.00 **Great British Menu**
11.00 **Born to Cook**
11.30 **Basics to Brilliance**
12.00 M'T **James Martin: Delicious** Double bill.
1.00 AM **Tasty Weekends**
2.00 **Teleshopping**
5.00 **to 6.10** AM **Highlights**

+1 hour 233 280

Lifetime

164 838 208 209 329 384

7.00 AM **Judge Judy**
1.00 PM **Judge Judy**
2.00 **The Real Housewives of Beverly Hills**
3.00 **Bring It!**
4.00 **Dance Moms**
5.00 **Pawn Stars**
6.00 **Judge Judy** Six editions of real-life small-claims cases.
9.00 **Britain's Next Top Model** The finalists pose for a watery photo shoot before hitting the catwalks of the London Fashion Week Festival.
10.00 **Black Sails** *XXXV:* 7/10. Flint urges Silver to exercise more caution, Billy meets a survivor and Rogers discovers the truth. (S4)
11.15 **Hardcore Pawn**
12.05 AM **Real Housewives of Beverly Hills**
1.00 **Pawn Stars**
2.00 **Britain's Next Top Model** As 9.00pm.
3.00 **to 4.00** AM **Judge Judy**

Paramount Network

153 188 187 54 132

9.00 AM **Access**
9.10 **The Office (US)** (S2)
9.40 **Gilmore Girls** (S3)
10.35 **A Gourmet Detective Mystery: Eat, Drink and Be Buried**
12.20 PM **Rosamunde Pilcher: Valentine's Kiss** Romantic drama.
2.15 **FILM Spirit Riders** Drama. (2015, PG) ★★
4.00 **Suits** 3/16. (S2)
5.00 **The Office (US)** (S3)
6.00 **House** (S2)
7.55 **Access** Showbiz news.
8.00 **Grimm** 8/22. (S4)
9.00 **FILM The Lost Boys** Vampire tale. (1987, 15, 98min) ★★★
10.55 **FILM Dead Rising: Watchtower** Horror. (2015, 15, 118min) ★★
1.20 AM **The X-Files** (S6)
2.20 **Grimm** As 8.00pm.
3.10 **Marvel's Agent Carter**
4.40 **The Office (US)** (S2)
5.00 **Neighbours**
5.30 **to 6.00** AM **Home and Away**

Quest

144 144 172 217 12 114 167

6.00 AM **Lake Escapes**
6.20 **Robson Green's Australian Adventure**
7.10 **Mighty Ships**
8.00 **Aussie Gold Hunters**
9.00 **Shed and Buried**
10.00 **Wheeler Dealers**
11.00 **Chasing Classic Cars**
12.00 NOON **Incredible Engineering Blunders**
1.00 PM **Aussie Gold Hunters**
2.00 **Deadliest Catch**
3.00 **Salvage Hunters**
5.00 **Airplane Repo**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters NEW EDITION**
10.00 **Ice Cold Gold**
11.00 **MotoGP Highlights**
12.00 M'T **Wheeler Dealers**
1.00 AM **Chasing Classic Cars**
2.00 **Wheels That Fail**
3.00 **Destroyed in Seconds**
4.00 **Swamp Loggers**
5.00 **to 6.00** AM **Overhaulin'**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **Say Yes... Atlanta**
7.00 **Bondi Vet**
8.00 **Animal Cops Houston**
10.00 **Money for Nothing**
11.00 **Forensic Detectives**
12.00 NOON **Disappeared**
1.00 PM **Say Yes... Big Bliss**
2.00 **Say Yes to the Dress**
4.00 **Say Yes... Atlanta**
5.00 **Say Yes to the Dress**
6.00 **Salvage Hunters**
7.00 **Money for Nothing**
8.00 **My 600lb Life**
9.00 **Sister Wives NEW EDITION**
10.00 **Say Yes to the Dress NEW EDITION**
11.00 **FBI Files**
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops SF**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Home Away from Home** Home-swapping.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Countryside 999**
11.00 **DIY SOS: The Big Build**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Fantasy Homes by the Sea** In Donegal.
3.00 **Homes Under the Hammer** In Kent.
4.00 **Most Haunted**
6.00 **Celebrity Antiques Road Trip**
7.00 **Antiques Road Trip**
9.00 **NEW SERIES Helicopter ER** The team is scrambled to a motorway pile-up.
10.00 **Cops UK: Bodycams**
11.00 **Helicopter ER**
12.00 M'T **Born to Kill?**
1.00 AM **Crime Stories**
2.00 **Teleshopping**
4.00 **to 6.00** AM **The Millionaires' Holiday Club**

Sony Crime

157 193 143

7.00 AM **Bizarre Murders**
8.00 **48 Hours: Mystery**
10.00 **Fatal Attraction**
11.00 **Body of Evidence**
1.00 PM **48 Hours: Mystery**
3.00 **Facing Evil**
4.00 **Fear Thy Neighbour**
5.00 **Fatal Attraction**
6.00 **Fatal Vows** Documentary investigating cases in which divorces have turned deadly.
7.00 **Bizarre Murders**
9.00 **Deadly Women** The case of retired nurse Raynella Dossett Leath. **10.00** The sisterly bonds were broken thanks to the involvement of money.
11.00 **Fear Thy Neighbour**
12.00 M'T **Fatal Attraction**
1.00 AM **Deadly Women**
2.00 **Deadly Women**
3.00 **to 4.00** AM **Body of Evidence**

+1 hour 257

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 **65 Stone and House-Trapped**
10.00 **The Nightmare Neighbour Next Door**
11.00 **The Dog Rescuers**
12.00 NOON **Paddington Station 24/7**
1.00 PM **Cruising with Jane McDonald** California.
2.00 **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
5.00 **The Dog Rescuers**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **Drake's Royal Voyager**
10.00 **Secrets of the Mega Cruise Ship**
11.30 **Warship: Life at Sea**
12.30 AM **The Nightmare Neighbour Next Door**
1.25 **65 Stone and House-Trapped**
2.25 **Criminals: On Camera**
2.55 **to 4.00** AM **Striking Out**

5Spike

150 154 31 141

9.00 AM **The A-Team**
11.05 **Police Interceptors**
12.05 PM **Can't Pay? We'll Take It Away! Big Family Bust Up**
1.10 **Can't Pay? We'll Take It Away!** Debt collection.
2.10 **FILM Vengeance Valley** Western drama. (1951, PG, 83min) ★★
4.00 **Traffic Cops: Under Attack**
5.00 **The A-Team** (S4)
7.00 **Police Interceptors**
8.00 **Sewermen**
9.00 **FILM Judge Dredd** Sci-fi thriller starring Sylvester Stallone and Armand Assante. (1995, 15, 95min) ★★
11.00 **FILM Crossfire** Crime thriller, starring Robert De Niro, Curtis '50 Cent' Jackson. (2012, 18, 92min) ★★
12.55 AM **Black Sails** (S1)
2.00 **to 3.00** AM **Klondike**

+1 hour 250

TLC

140 140 831 167 168 323 377

6.00 AM **Say Yes... Atlanta**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... UK**
10.00 **90 Day Fiancé**
12.00 NOON **My 600lb Life**
2.00 PM **Nate & Jeremiah**
3.00 **Good Bones**
4.00 **Say Yes... Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Sweet Home Sextuplets NEW EDITION**
8.00 **Outdaughtered: Busby Quints NEW EDITION**
9.00 **Kate Plus Date NEW EDITION**
10.00 **Say Yes: Wedding SOS**
11.00 **90 Day Fiancé: Before the 90 Days**
1.00 AM **Outdaughtered: Busby Quints**
2.00 **Kate Plus Date**
3.00 **Say Yes: Wedding SOS**
4.00 **Nate & Jeremiah by Design** As 2.00pm.
5.00 **to 6.00** AM **Good Bones**

+1 hour 240 169

Blaze

187 187 216 63 162

6.00 AM **Parking Wars**
7.00 **UFO Files**
8.00 **Alien Files: Unsealed**
9.00 **American Restoration**
10.00 **Cajun Pawn Stars**
11.00 **Pawn Stars**
12.00 NOON **Storage Wars: Texas** Double bill.
1.00 PM **Hardcore Pawn**
2.00 **Highway Thru Hell**
3.00 **Alien Files: Unsealed**
4.00 **UFO Files**
5.00 **Hardcore Pawn**
6.00 **Storage Wars: Texas**
7.00 **American Restoration** Rick repairs a giant slide shaped like a rocket.
8.00 **Pawn Stars**
9.00 **Forged in Fire**
11.00 **Storage Wars: Texas**
12.00 M'T **Pawn Stars**
1.00 AM **Parking Wars**
1.30 **Parking Wars**
2.00 **American Restoration**
3.00 **Billy the Exterminator**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Hardcore Pawn**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Wheeler Dealers**
12.00 NOON **Wheeler Dealers** Mike Brewer sources a Fiat Panda 4x4 with potential.
1.00 PM Mike purchases a Willys Jeep in America.
2.00 Mike Brewer invests in an amphibious car.
3.00 Mike and Edd restore a vintage Darracq Type L.
4.00 Restoring an AMC Pacer.
5.00 Mike sources a 181 Thing from a collector.
6.00 The boys celebrate the Messerschmitt KR200.

11.00 Roadkill Classics

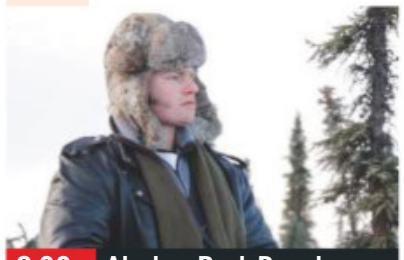
7.00 Outback Truckers Tanker driver Sludge tries to dodge disaster, while Steve Graham suffers from his worst nightmare.
8.00 Combat Dealers Bruce and Freddy find an artillery gun from the Japanese occupation of the Philippines.
9.00 Wheeler Dealers NEW EDITION Mike picks up a classic 1965 Plymouth Barracuda and updates it with a Hemi engine.
10.00 Wheeler Dealers Mike is excited to pick up one of his favourite types of convertible – a 2000 Porsche 996.
11.00 Roadkill Classics NEW EDITION Mike Finnegan goes on a road trip to Las Vegas.
11.30 Roadkill Classics
12.00 M'T **Wheeler Dealers**
1.00 AM **FBI Files**
3.00 Wheeler Dealers
4.40 Gold Rush
5.30 to 6.00 AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
8.00 Animal Cops Houston
10.00 Pit Bulls & Parolees
12.00 NOON **Untamed China**
2.00 PM **Animal Cops Houston**
3.00 Dodo Heroes
4.00 Tanked The duo design a tank for the San Jose Sharks.
5.00 Dr Jeff: Rocky Mountain Vet A homeless man's five-month-old puppy breaks its paw.
6.00 Great White Invasion The increase in sharks swimming close to the shore.



8.00 Alaskan Bush People

7.00 Untamed China Nigel Marven explores the vast country's varied wildlife, beginning in Yunnan province.
8.00 Alaskan Bush People Members of the Brown family share secrets about their lifestyle and reflect on the past year.
9.00 Intruders A young couple in Boston are kept awake at night by mysterious noises coming from the ceiling.
10.00 Animal Cops Houston Investigators are called in when a drugs raid also uncovers roosters kept for fighting.
11.00 Pit Bulls & Parolees The team rescue 10 dogs.
12.00 M'T **Intruders**
1.00 AM **Animal Cops Houston**
2.00 Untamed China As 7.00pm.
3.00 Alaskan Bush People
3.50 Intruders As 9.00pm.
4.40 Meet the Orangutans
5.10 to 6.00 AM **Tanked**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **War Heroes of the Skies**
9.00 WW2: Hell Under the Sea
10.00 Nazi Megastructures
11.00 Supercar Megabuild
12.00 NOON **Strippers: Cars for Cash** Sporty vehicles.
1.00 PM **Ice Road Rescue**
2.00 Wicked Tuna Some of the alliances become strained.
3.00 Air Crash Investigation
5.00 Car SOS Fuzz Townshend and Tim Shaw secretly restore a Daimler SP250 'Dart'.
6.00 Fuzz and Tim restore a Alfa Romeo Giulia Spider.

8.00 Hitler's Last Stand

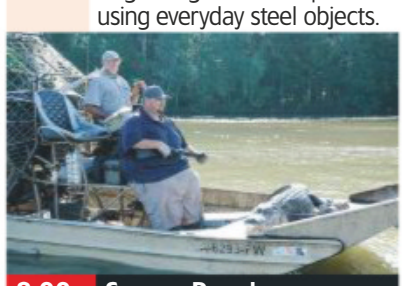
7.00 Drain the Oceans Marine archaeologists go in search of wrecked ships that were laden with treasure when they sunk.
8.00 Hitler's Last Stand SERIES FINALE A look at the invasion of Germany, and the rivalry between the Allied generals.
9.00 Air Crash Investigation An investigation into why the Soviet Union shot down a civilian plane over the Sea of Japan in 1983.
10.00 Seconds from Disaster A 1996 in the Florida Everglades, in which all 110 passengers and crew were killed.
11.00 Banged Up Abroad
12.00 M'T **America's Hardest Prisons** The inmates of maximum-security facilities.
1.00 AM **Underworld, Inc**
2.00 Nazi Megastructures
3.00 WW2: Hell Under the Sea
4.00 to 5.00 AM **Drain the Oceans** As 7.00pm.

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **American Pickers**
8.00 Pawn Stars: Best Of
9.00 Mountain Men
10.00 Ancient Aliens
11.00 Pawn Stars
12.00 NOON **Forged in Fire**
1.00 PM **Digging for Britain**
2.00 Storage Wars Four editions.
4.00 Mountain Men
5.00 Forged in Fire Contestants must transform a steel ball bearing into a weapon.
6.00 The bladesmiths must forge a signature weapon using everyday steel objects.



8.00 Swamp People

7.00 American Pickers Frank jumps for joy as he and Mike pick a closed toy museum that is ready to sell its treasures.
8.00 Swamp People NEW EDITION Troy takes an overnight trip to the legendary hunting ground of Cow Island.
9.00 Lost Worlds The vast network of secret tunnels underneath London that kept the government safe during World War Two.
10.00 The Curse of Civil War Gold NEW EDITION The team battle against nature as their eight-year-long quest rages on.
11.00 Ancient Aliens Experts examine the link between aliens and the US Civil War.
12.00 M'T **Knightfall**
1.00 AM **Swamp People**
2.00 Digging for Britain Digs in the north of Britain.
3.00 American Pickers
4.00 to 6.00 AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **Catching History's Criminals: The Forensics Story** Murder weapons.
7.10 The Way We Lived: A Time Team Special
8.00 Time Team
10.00 Churchill's Bodyguard
11.00 Abandoned Engineering
12.00 NOON **Time Team**
2.00 PM **Life in the Great Wetlands**
3.00 Life in the Air
4.00 Bangers and Cash
5.00 Abandoned Engineering
6.00 Churchill's Bodyguard

8.00 Buried War

7.00 Bangers and Cash A Moskovitch gets few admirers, but finds a loving home with a fan of Eastern Bloc classics.
8.00 Buried War Professor David O'Keefe explores the site of the Battle of Passchendaele, uncovering rare artefacts.
9.00 Abandoned Engineering Exploring a seemingly endless concrete line stretching through the French countryside.
10.00 The World at War How the defeat of Germany and Japan left Britain in a state of military and economic exhaustion.
11.00 dinnerladies A convict escapes near the factory.
11.40 The staff have a bet on Bren's chances with Tony.
12.20 AM **dinnerladies**
1.05 Catching History's Criminals: The Forensics Story
2.05 to 3.00 AM **The Way We Lived: A Time Team Special**

+1 hour 255 200

7 PM

8 PM

9 PM

10 PM

Disc. History

171 262

6.00 AM **Aircraft Stories**
7.00 Mark Williams on the Rails Double bill.
8.00 Kings of Construction
9.00 Future Weapons
10.00 Battlefield
12.00 NOON **Aircraft Stories**
1.00 PM **Mark Williams on the Rails** Double bill.
2.00 Kings of Construction
3.00 Future Weapons
4.00 Battlefield
6.00 Blowing Up History
7.00 Cold War Armageddon
8.00 Edge of War
9.00 Built from Disaster The construction of a football stadium in Valencia.
10.00 Aircrash Confidential
11.00 Dark Matters
12.00 M'T **Edge of War**
1.00 AM **Built from Disaster**
2.00 Aircrash Confidential
3.00 Dark Matters
4.00 Cold War Armageddon
5.00 to 6.00 AM **Blowing Up History**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Polar Bear Town**
10.00 Collar of Duty
11.00 Mountain Gorilla
12.00 NOON **Africa**
1.00 PM **Orangutan Diary**
2.00 Polar Bear Town
3.00 Collar of Duty
4.00 Orangutan Diary
5.00 Polar Bear Town
6.00 Nature's Miracle Orphans
7.00 Mountain Gorilla
8.00 Africa
9.00 Russia From Above
10.00 Nature's Miracle Orphans In Costa Rica and Zimbabwe.
11.00 Africa As 8.00pm.
12.00 M'T **Russia From Above**
1.00 AM **Nature's Miracle Orphans** As 10.00pm.
2.00 Polar Bear Town
3.00 Collar of Duty
3.50 Mountain Gorilla
4.40 Africa
5.30 to 6.00 AM **Frontier Borneo**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 Amur: Asia's Amazon
12.00 NOON **Snakes in the City** Urban snake-catchers Simon and Nadine Keys return.
1.00 PM **Wild Hunters**
4.00 Monster Fish
6.00 Caught in the Act Footage of animals displaying bravery
7.00 Snakes in the City Snake catchers search for a potentially venomous snake.
8.00 Africa's Deadly Kingdoms The wildlife of Africa's deserts.
9.00 Dead By Daylight Nocturnal predators.
10.00 Wild Nordic Exploring the landscape of Scandinavia.
11.00 Snakes in the City
12.00 M'T **Animals Gone Wild**
2.00 AM **Snakes in the City**
3.00 to 5.00 AM **Amur: Asia's Amazon**

History 2

163 273 274 330 390

8.00 AM **World War Two Lost Films**
10.00 Engineering Disasters
11.00 Jurassic Fight Club
12.00 NOON **Ancient Aliens**
2.00 PM **Warriors**
3.00 World War Two Lost Films Mechanical failure leads to a bloody battle.
5.00 Engineering Disasters
6.00 Jurassic Fight Club
7.00 WWII's Most Daring Raids Efforts to destroy a German fuel depot.
8.00 Ancient Aliens The site of Gobekli Tepe.
9.00 Extraterrestrial clues in artworks.
10.00 Warriors Terry Schappert explores the guerrilla tactics used by the Alamo Scouts
11.00 Combat Trains
12.00 M'T **Jurassic Fight Club**
1.00 AM **Ancient Aliens**
3.00 Warriors As 10.00pm.
4.00 to 5.00 AM **Engineering Disasters**

PBS America

174 276 91 155

8.00 AM **Shooting the War**
9.20 Nazi Hunters
10.20 The Lost Tribes of Humanity
11.30 Shooting the War
12.50 PM **Hannibal**
2.00 Nazi Hunters
3.00 The Lost Tribes of Humanity
4.10 Shooting the War
5.30 Hannibal
6.40 Nazi Hunters
7.50 NEW Thai Cave Rescue The efforts of a team of cave divers trying to save 12 boys and their football coach stranded in a flooded cave in Thailand in 2018.
9.00 Space Age – Nasa's Story The science and technology of the American civilian space programme.
10.15 Jewish GIs of WWII
11.30 Thai Cave Rescue
12.45 to 2.00 AM **Space Age – Nasa's Story**

CI

156 156 835 223 222 328 380

6.00 AM **The First 48**
8.00 Homicide Hunter
10.00 Unusual Suspects
11.00 The First 48
12.00 NOON **Crimes That Shook Australia**
1.00 PM **Crimes That Shook Britain**
2.00 Nightmare in Suburbia
3.00 Homicide Hunter
4.00 Unusual Suspects
5.00 Homicide: Hours to Kill
6.00 The First 48
7.00 Homicide Hunter
8.00 Killer In Plain Sight
9.00 I Lived with a Killer NEW EDITION
10.00 Murdertown
11.00 The First 48
12.00 M'T **Darkest Taboos**
1.00 AM **I Lived with a Killer**
2.00 Nightmare in Suburbia
3.00 Crimes That Shook Britain
4.00 Unusual Suspects
5.00 to 6.00 AM **Highlights**

+1 hour 256 224

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

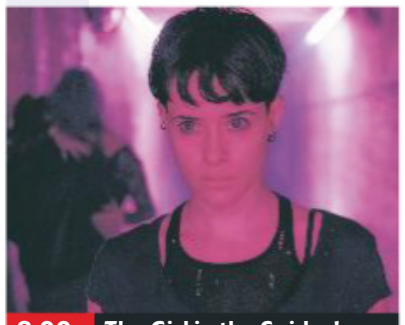
MONDAY Films

Monday

Sky Premiere

301 301 842 431 401 501

6.00 AM **Cats** As shown at 4.15pm.
8.00 **Juliet, Naked** As 6.15pm.
9.50 **Yesterday: Special**
10.20 **PREMIERE The Keeping Hours** As shown at 10.00pm.
12.10 PM **The Girl in the Spider's Web** As shown at 8.00pm.
2.20 **Slaughterhouse Rulez** As shown at 11.40pm.
4.15 **Cats** Animated adventure. (2018, PG, 90min) ★★★
6.15 **Juliet, Naked** Comedy. (2018, 15, 97min) ★★★


8.00 The Girl in the Spider's...

8 PM

8.00 **The Girl in the Spider's Web** Thriller starring Claire Foy. Hacker Lisbeth Salander embarks on a frantic hunt for a stolen computer programme that could spark a global disaster. With Sylvia Hoeks and Stephen Merchant. (2018, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.00 **PREMIERE The Keeping Hours** Karen Moncrieff's horror, starring Lee Pace. (2017, 12, 91min) ★★★
See review, page19
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

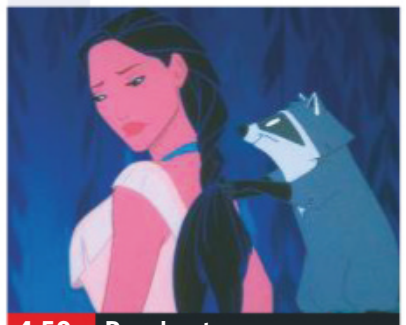
11.40 **Slaughterhouse Rulez** Comedy horror starring Asa Butterfield and Simon Pegg. (2018, 15, 104min) ★★★
1.40 AM **Fright Fest** Horror thriller. (2018, 15, 90min) ★
3.30 **The Top Ten Show**
3.45 **Love After Love** Drama. (2017, 15, 91min) ★★★★
5.30 **to 6.00** AM **Yesterday: Special**

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

6.45 AM **Planes: Fire & Rescue**
8.20 **Bao** Pixar animated short.
8.30 **Pocahontas** As 4.50pm.
10.00 **Monsters, Inc** As 6.20pm.
11.35 **101 Dalmatians** Animation. (1961, U, 71min) ★★★★★
1.00 PM **The Muppet Movie** Comedy. (1979, U) ★★★
2.45 **The Princess Diaries** As 8pm.
4.50 **Pocahontas** Animation. (1995, U, 81min) ★★★
6.20 **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★


4.50 Pocahontas

8.00 **The Princess Diaries** Comedy starring Julie Andrews and Anne Hathaway. A shy San Francisco teenager is shocked to discover that she is heir to the throne of the tiny European principality of Genovia. (2001, U, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

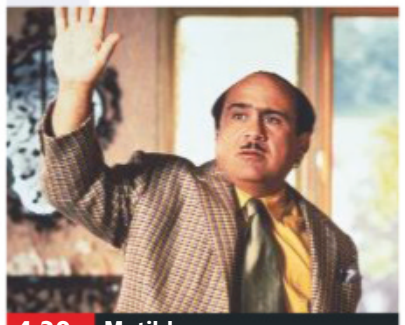
10.00 **The Black Hole** Sci-fi adventure starring Anthony Perkins. (1979, PG, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Homeward Bound: The Incredible Journey** Wildlife adventure. (1992, U) ★★★
1.15 AM **Homeward Bound II: Lost in San Francisco** Adventure. (1996, U) ★★
2.55 **The Santa Clause 3: The Escape Clause** Festive comedy fantasy sequel. (2006, U, 92min) ★★★
4.40 **to 6.15** AM **Planes: Fire & Rescue** Animated sequel. (2014, U, 84min) ★★★

Sky Family

305 305 846 436 406 505

7.00 AM **Matilda** As 4.20pm.
8.45 **Nut Job 2: Nutty by Nature** Animation. (2017, U) ★★
10.25 **The Lego Ninjago Movie**
12.10 PM **Annie** Family musical. (1982, U, 128min) ★★
2.20 **The Chronicles of Narnia: The Voyage of the Dawn Treader** Fantasy. (2010, PG) ★★★
4.20 **Matilda** Dark fantasy. (1996, PG, 98min) ★★★★
6.10 **The Lego Ninjago Movie** Animation. (2017, U) ★★


4.20 Matilda

8.00 **Alpha** Adventure starring Kodi Smit-McPhee. A young prehistoric man attempts to survive in the wilderness after he is left for dead by his tribe. (2018, 12, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

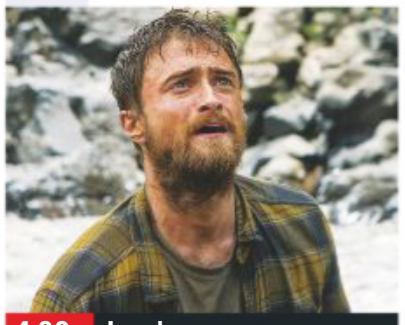
9.45 **The Sandlot** Family comedy about a group of baseball-playing boys in 1962 Salt Lake City. Stars Tom Guiry and Mike Vitar. (1993, PG, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Legend of Zorro** Swashbuckling adventure sequel with Antonio Banderas and Catherine Zeta-Jones. (2005, PG, 130min) ★★★
1.50 AM **Thunderbirds** Live-action adventure starring Bill Paxton. (2004, PG, 95min) ★★
3.35 **Alpha** As shown at 8.00pm.
5.20 **to 7.00** AM **Journey to Oz** Animation featuring the voice of Alyson Leigh Rosenfeld. (2017, U, 91min) ★★

Sky Action

306 306 847 437 407 502

6.00 AM **In Harm's Way** War drama. (1965, b/w, PG, 160min) ★★
9.00 **The Last Samurai** Epic drama. (2003, 15, 154min) ★★★★
11.35 **Pacific Rim: Uprising** As shown at 6.00pm.
1.35 PM **Solo: A Star Wars Story** As shown at 8.00pm.
4.00 **Jungle** Fact-based adventure. (2017, 15, 115min) ★★★
6.00 **Pacific Rim: Uprising** Sci-fi sequel starring John Boyega. (2018, 12, 111min) ★★


4.00 Jungle

8.00 **Solo: A Star Wars Story** Sci-fi adventure prequel starring Alden Ehrenreich. A headstrong pilot becomes mixed up with a bunch of mercenaries while attempting to appease a crime lord. With Emilia Clarke and Woody Harrelson. (2018, 12, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

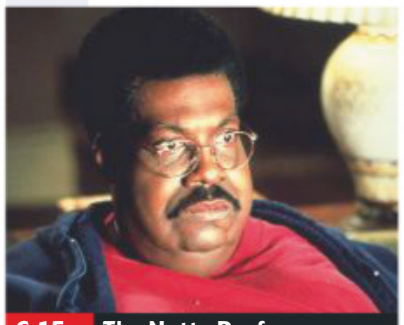
10.30 **Django Unchained** Quentin Tarantino's Western starring Jamie Foxx, Christoph Waltz, Leonardo DiCaprio and Samuel L Jackson. (2012, 18, 162min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.30 AM **Money Train** Action comedy starring Wesley Snipes and Woody Harrelson. (1995, 18, 110min) ★★
3.30 **Punisher War Zone** Action thriller starring Ray Stevenson. (2008, 18, 98min) ★★★
5.30 **to 6.00** AM **Shazam! Special**

Sky Comedy

307 307 848 438 408 506

6.25 AM **A Bad Idea Gone Wrong** Comedy. (2017, 15) ★★★★
7.55 **In & Out** Comedy with Kevin Kline. (1997, 12, 91min) ★★★
9.35 **Social Animals** Comedy. (2018, 15, 90min) ★★
11.05 **Fun with Dick and Jane** Comedy. (2005, 12) ★★
12.45 PM **Life of the Party** As 8pm.
2.35 **That's My Boy** As 10.00pm.
4.35 **Blades of Glory** As 12m't.
6.15 **The Nutty Professor** Comedy. (1996, 12, 95min) ★★★


6.15 The Nutty Professor

8.00 **Life of the Party** Comedy starring Melissa McCarthy. After her husband asks for a divorce, a mother returns to college to complete her degree. With Matt Walsh and Molly Gordon. (2018, 12, 105min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **That's My Boy** Comedy starring Adam Sandler and Andy Samberg. (2012, 15, 112min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Blades of Glory** Slapstick sports comedy starring Will Ferrell and Jon Heder. (2007, 12, 93min) ★★★
1.45 AM **Shallow Hal** Romantic comedy starring Gwyneth Paltrow and Jack Black. (2001, 12, 113min) ★★★★
3.45 **Most Likely to Murder** Comedy starring Adam Pally. (2018, 15, 90min) ★★
5.30 **to 6.00** AM **Rocketman: Special**

primetime

Sky Megahits

302 302 843 433 403

6.00 AM **The Incredibles** As 3.55pm.
8.00 **Deadpool 2** As 10.00pm.
10.05 **Venom** As shown at 8.00pm.
12.05 PM **The Smurfs** Adventure. (2011, U, 102min) ★★
1.50 **Pretty Woman** Romance. (1990, 15, 117min) ★★★★
3.55 **The Incredibles** Animation. (2004, U, 120min) ★★★★★
6.00 **The Sixth Sense** Thriller. (1999, 15, 108min) ★★★★★

8.00 **Venom** Fantasy adventure starring Tom Hardy. A journalist gains superhuman strength and power when his body merges with an alien organism. (2018, 15, 112min) ★★★
10.00 **Deadpool 2** Action comedy sequel starring Ryan Reynolds. The wisecracking anti-hero attempts to protect a young mutant being pursued by a heavily armed cyborg from the future. With Josh Brolin. (2018, 15, 119min) ★★★★

12.05 AM **Troy** Epic starring Brad Pitt, Eric Bana and Orlando Bloom. (2004, 15, 163min) ★★★
3.00 **It** Horror thriller starring Bill Skarsgård. (2017, 15) ★★★★
5.30 **to 7.55** AM **The Matrix Reloaded** Sci-fi thriller sequel. (2003, 15, 137min) ★★★

Sky Greats

303 303 844 434 404 508

6.00 AM **Taps** Drama. (1981) ★★★
8.10 **The Browning Version** Drama. (1994, 15, 97min) ★★
10.05 **Bruce Almighty** As 6.05pm.
12.00 NOON **District 9** As 8.00pm.
2.00 PM **True Grit** Western. (1969, PG, 128min) ★★★★
4.15 **Tron** Sci-fi starring Jeff Bridges. (1982, PG, 96min) ★★★★
6.05 **Bruce Almighty** Comedy. (2003, 12, 96min) ★★★

8.00 **District 9** Satirical sci-fi action thriller starring Sharlto Copley. A South African bureaucrat gets infected with an alien virus as he tries to move extraterrestrial refugees from a Johannesburg shantytown. With Jason Cope. (2009, 15, 112min) ★★★★
10.00 **Layer Cake** Gangster thriller with Daniel Craig and Michael Gambon. A slick London drug dealer finds himself in trouble when a drug deal goes sour. (2004, 15, 105min) ★★★★

11.50 **Strange Days** Kathryn Bigelow's sci-fi thriller with Ralph Fiennes. (1995, 18, 145min) ★★★
2.15 AM **Marathon Man** Thriller with Dustin Hoffman, Laurence Olivier and Roy Scheider. (1976, 18, 126min) ★★★★★
4.20 **to 6.00** AM **Tron** As 4.15pm.

TCM

315 315 854 415 416 512

6.00 AM **Hollywood's Best Directors**
7.55 **Black Patch** (1957) ★★
9.45 **The Fastest Gun Alive** Western. (1956, b/w, U, 85min) ★★
11.40 **The Stranger Wore a Gun** Western. (1953, U, 83min) ★★
1.30 PM **Cattle Town** (1952) ★★
2.55 **The Man from Galveston** Western. (1963, b/w, U) ★★
4.05 **Against All Flags** Adventure. (1952, U, 83min) ★★★

5.55 **How the West Was Won** Epic Western chronicling the development of the American frontier. Stars James Stewart, Debbie Reynolds, Gregory Peck, Henry Fonda and John Wayne. Narrated by Spencer Tracy. (1962, PG, 162min) ★★★
9.00 **On Deadly Ground** Action thriller starring Steven Seagal. A fire expert tries to save Alaskan natives from the plans of an evil tycoon. With Michael Caine. (1994, 15, 102min) ★

11.10 **Psycho** Horror thriller. (1960, b/w, 15, 109min) ★★★★★
1.25 AM **The Devil's Advocate** Horror. (1997, 18, 144min) ★★★
4.00 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Suddenly** (1954) ★★★★★
7.35 **1950s Celebrity Tea Party**
7.40 **June Allyson**
8.10 **Hour of Decision** (1957) ★★
9.45 **Rogue's Yarn** (1957, b/w) ★★
11.20 **The Night Has Eyes** (1942) ★★
12.55 PM **The Pirates of Blood River** Adventure. (1961, PG) ★★
2.40 **Last Holiday** (1950, b/w) ★★★
4.25 **90 Degrees South** (1933) ★★★
6.00 **Get Some In!**

6.30 **Love on the Dole** Drama starring Deborah Kerr and Clifford Evans. A proud miner struggles to provide for his family, while his daughter fends off the advances of two men. (1941, b/w, PG, 100min) ★★★
8.30 **Public Eye**
9.30 **Defence of the Realm** Political thriller starring Gabriel Byrne as a journalist who uncovers a sinister government cover-up. With Greta Scacchi. (1985, PG, 96min) ★★★★

11.30 **What a Crazy World** Musical. (1963, b/w, PG, 88min) ★★★
1.15 AM **The Gentle Touch**
2.15 **The Flying Scot** Suspense thriller. (1957, U, 69min) ★★★
3.45 **The Lion Has Wings** (1939) ★★
5.20 **to 6.00** AM **The Music Box** Comedy. (1932, b/w, U) ★★★★

Horror

317 149 70 138

8.00 AM **Lost in Space** 23/30. (S2)
9.00 **Star Trek: Deep Space Nine**
10.00 **Star Trek** 21/26. (S2)
11.00 **The Abominable Snowman** Chiller. (1957, b/w, 12) ★★
12.40 PM **Sinbad and the Eye of the Tiger** Fantasy. (1977, U) ★★★
3.00 **Andromeda**
4.00 **The Day the Earth Stopped** Thriller. (2008, 15, 90min) ★★
6.00 **Star Trek** 22/26. (S2)

7.00 **Star Trek: Deep Space Nine** *You Are Cordially Invited:* 7/26. Worf and Dax bring forward their wedding. (S6)
8.00 **Earth: Final Conflict** *Message in a Bottle:* 21/22. (S2)
9.00 **Splice** Sci-fi with Adrien Brody and Sarah Polley. A scientist couple become so attached to the humanoid creature they have created that it starts to threaten their relationship – and their ability to control it. (2009, 15, 103min) ★★★

11.05 **Red State** Satirical horror thriller. (2011, 18, 88min) ★★★
12.55 AM **Wind Chill** Supernatural chiller. (2007, 15, 87min) ★★★
2.45 **to 4.30** AM **Afflicted** Horror thriller. (2013, 15, 85min) ★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 | 439 409 | 509

7.15 AM **Hoffa** Biopic. (1992) ★★
9.45 **Numb** Mystery thriller. (2015, 12, 90min) ★★★
11.25 **American Made** Biopic. (2017, 15, 115min) ★★★
1.25 PM **Knuckleball** Thriller. (2018, 15, 89min) ★★★★
3.05 **Sweet Country** Period drama. (2017, 15, 113min) ★★★★
5.05 **Anon** Sci-fi with Clive Owen. (2018, 15, 110min) ★★★
7.00 **The Negotiator** Thriller. (2018, 15, 109min) ★★★★

7.00 The Negotiator

The Negotiator (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Ocean's Eight** Crime caper starring Sandra Bullock. Following in the footsteps of brother Danny, light-fingered Debbie Ocean plans a complex heist. (2018, 12, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

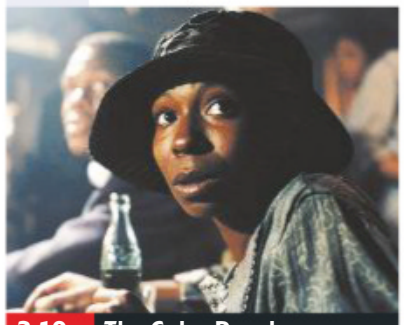
10.55 **Con Air** Action thriller starring Nicolas Cage. A group of America's deadliest criminals hijack a convict transport plane. (1997, 18, 115min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **The Warriors** Thriller. (1979, 15, 94min) ★★★
2.45 **Lowlife** Comedy drama. (2017, 18, 96min) ★★★★
4.30 **to 6.15** AM **Deep Family Secrets** Crime thriller. (1997, PG, 89min) ★★

Sky Drama

309 309 850 | 440 410 | 511

6.00 AM **Shock and Awe** (2017)
7.45 **The Breakfast Club** Comedy drama. (1984, 15) ★★★★★
9.30 **Steel Magnolias** Comedy drama. (1989, PG) ★★★★
11.35 **The Delinquent Season** Drama. (2017, 15) ★★★★
1.25 PM **Little Pink House** Drama. (2016, 12, 98min) ★★★
3.10 **The Color Purple** Drama. (1985, 15, 152min) ★★★★
5.50 **Philadelphia** Melodrama. (1993, 12, 122min) ★★★



3.10 The Color Purple

8.00 **Darkest Hour** Period drama starring Gary Oldman. British Prime Minister Winston Churchill seeks to rally the nation against Germany's advance across Western Europe. With Lily James and Kristin Scott Thomas. (2017, PG, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

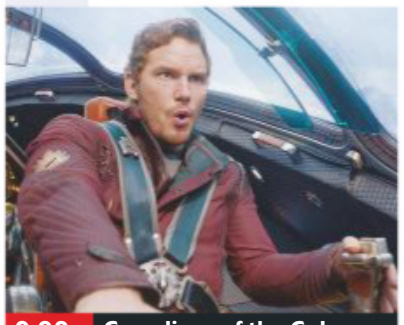
10.10 **Serenity** Thriller starring Matthew McConaughey and Anne Hathaway. (2019, 15, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Any Given Sunday** Sports drama starring Al Pacino, Cameron Diaz and Dennis Quaid. (1999, 15, 162min) ★★
2.40 AM **The Pirates of Somalia** Fact-based drama starring Al Pacino and Evan Peters. (2017, 15, 116min) ★★★
4.45 **to 8.00** AM **Doctor Zhivago** David Lean's epic romantic drama starring Omar Sharif and Julie Christie. (1965, PG, 192min) ★★★★★

Sky Sci-Fi/Horror

310 310 851 | 441 411 | 507

6.00 AM **War for the Planet of the Apes** As 4.30pm.
8.30 **The First Purge** Thriller. (2018, 15, 98min) ★★
10.15 **I, Robot** As shown at 7.00pm.
12.15 PM **Guardians of the Galaxy** As shown at 9.00pm.
2.30 **Insidious: The Last Key** Horror. (2018, 15) ★★★
4.30 **War for the Planet of the Apes** Fantasy. (2017) ★★★★
7.00 **I, Robot** Sci-fi thriller. (2004, 12, 115min) ★★★★



9.00 Guardians of the Galaxy

I, Robot (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Guardians of the Galaxy** Sci-fi adventure starring Chris Pratt, Zoe Saldana and Dave Bautista. A band of escapees from a prison space station battle an alien warlord for possession of a powerful artefact. (2014, 12, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Annabelle** Horror spin-off from *The Conjuring*, with Annabelle Wallis and Ward Horton. (2014, 15, 97min) ★★
1.00 AM **Annabelle: Creation** Horror starring Anthony LaPaglia and Samara Lee. (2017, 15, 109min) ★★★
2.55 **Mandy** Fantasy with Nicolas Cage and Andrea Riseborough. (2018, 18, 121min) ★★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Select

311 311 852 | 442 412 | 510

7.20 AM **Beauty and the Beast** Fantasy. (2014, PG) ★★★★
9.20 **Brigsby Bear** Comedy drama. (2017, 15, 97min) ★★★★
11.05 **Patti Cake$** (2017, 15) ★★★
1.05 PM **The Bridge on the River Kwai** World War Two drama. (1957, PG, 161min) ★★★★★
3.50 **Butch Cassidy and the Sundance Kid** Western. (1969, PG, 112min) ★★★★★
5.45 **Tombstone** Western. (1993, 15, 129min) ★★★★

8.00 Hostiles

8.00 **Hostiles** Western drama starring Christian Bale. In 1892, an army captain is ordered to escort a dying Native American chief back to his homeland. With Rosamund Pike and Wes Studi. (2017, 15, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

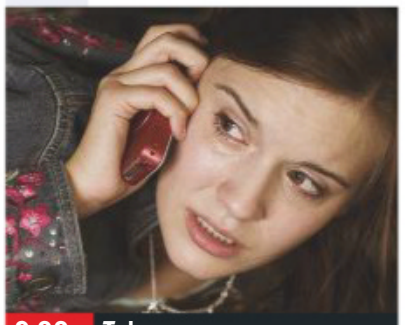
10.15 **Collateral** Michael Mann's thriller with Tom Cruise, Jamie Foxx and Jada Pinkett Smith. (2004, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **A Rough Draft** Russian fantasy drama. Subtitled. (2018, 15, 112min) ★★★
2.20 **American Gigolo** Thriller starring Richard Gere. (1980, 18, 117min) ★★★
4.20 **to 6.10** AM **Big Fish & Begonia** Animated adventure. (2016, PG, 100min) ★★★

Film4

313 313 853 | 428 429 | 14 | 300

■ **Films start at 11.00am**
11.00 AM **Support Your Local Sheriff!** (1968, PG) ★★★★
12.50 PM **The Fighting Seabees** World War Two action drama. (1944, b/w, U, 100min) ★★★
3.00 **The Last Wagon** Western. (1956, PG, 99min) ★★★
5.05 **Dakota** Western adventure. (1945, b/w, PG, 82min) ★★
6.45 **The Day the Earth Stood Still** Sci-fi action thriller. (2008, 12, 103min) ★★



9.00 Taken

8 PM

8.50 **Sicario Interview Special** With Emily Blunt and Benicio Del Toro.

9 PM

9.00 **Taken** Action thriller starring Liam Neeson and Maggie Grace. An ex-spy tries to rescue his abducted daughter from a gang of sex traffickers in Paris. (2008, 18, 93min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

10.50 **Gladiator** Director Ridley Scott's ancient Roman epic starring Russell Crowe, Joaquin Phoenix, Connie Nielsen and Oliver Reed. (2000, 15, 154min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

1.50 **to 4.00** AM **End of Watch** Gritty police thriller starring Jake Gyllenhaal, Michael Peña and Anna Kendrick. (2012, 15, 104min) ★★★★

+1 hour 314 430 45 301

True Movies

319 424 50 303

6.00 AM **Highway to Heaven** (S3)
7.00 **The Waltons** 14&15/26. (S6)
9.00 **The Reality of Love** Comedy. (2004, PG, 86min) ★★★
11.00 **Freshman Father** Fact-based drama. (2010, PG, 90min) ★★
1.00 PM **Highway to Heaven** (S2)
3.00 **The Winds of War** 6/11. (S1)
5.00 **Mary Higgins Clark's We'll Meet Again** Mystery thriller. (2002, 12, 91min) ★★

7.00 **Try to Remember** Mystery thriller starring Gabrielle Anwar. Returning home 10 years after her best friend was murdered, a criminologist discovers that someone is murdering the witnesses to the crime.
9.00 **Mary Higgins Clark's The Cradle Will Fall** Mystery thriller starring Angie Everhart. The death of a young expectant mother leads an Assistant District Attorney to investigate a pioneering fertility clinic.

11.00 **That'll Be the Day** Rock 'n' roll drama starring David Essex. (1973, 15, 87min) ★★★
1.00 AM **The Waltons**
3.00 **The Avengers**
5.00 **to 6.00** AM **Highway to Heaven**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Mistaken** (2008) ★★
10.50 **Sony Movie News Extra**
11.00 **Garage Sale Mystery** Crime drama starring Lori Loughlin.
12.50 PM **Sony Movie News Extra**
1.00 **Super Tanker** Sci-fi action thriller. (2011, 12, 83min) ★★
2.40 **Super Storm** Action adventure. (2012, 15, 89min) ★★
4.30 **Fly Away Home** Adventure. (1996, U, 107min) ★★★★

6.40 **Starman** Sci-fi fantasy starring Jeff Bridges and Karen Allen. An extraterrestrial visitor disguises himself as a young widow's dead husband. (1984, PG, 115min) ★★★★
9.00 **Transsiberian** Thriller starring Emily Mortimer and Woody Harrelson. While travelling on the Transsiberian Express, two Americans are befriended by another couple and soon find their trip fraught with danger. (2008, 15, 106min) ★★★

11.15 **Butterfly on a Wheel** (2007) ★
1.10 AM **Code of Honor** Action thriller. (2016, 15, 106min) ★★
3.20 **The China Syndrome** Thriller. (1979, PG, 122min) ★★★★
5.50 **to 6.00** AM **Sony Movie News**

+1 hour 322

Movies 24

325 419 513

7.00 AM **Autumn in the Vineyard** Drama. (2016, PG, 84min) ★★
9.00 **Sailing into Love** (2019) ★★
11.00 **Sound of Christmas** Romantic drama. (2016, PG, 84min) ★★
1.00 PM **Christmas in Angel Falls** Romance. (2017, U, 84min) ★★
3.00 **Christmas in the Air** Festive romance. (2017, U, 90min) ★★
5.00 **Christmas Next Door** Festive drama. (2017, PG, 86min) ★★

7.00 **Christmas Hero** Romantic drama starring Anna Hutchison and Marcus Rosner. A female firefighter falls for a divorced man, but ends up contending with his ex-wife's threats to stop him from seeing his daughter. (2016, PG, 90min) ★★
9.00 **Love, Alaska** Romantic comedy with Sarah Podemski and Victor Zinck Jr. A pair of childhood friends are reunited in Alaska and offered a second chance at love. (2019, PG, 120min) ★★

11.00 **The Art of Us** Romantic comedy. (2017, PG, 90min) ★★
1.00 AM **Love on Safari** Romantic drama. (2018, PG, 84min) ★★
3.00 **to 5.00** AM **Love in Design** Comedy. (2018, PG, 86min) ★★

+1 hour 326 420

Movies4Men

323 426 40 305

6.00 AM **The Fugitive** (1947) ★★★★
8.00 **Cornered** Thriller. (1945) ★★★
10.00 **Titanic: Secrets Revealed**
12.00 NOON **M*A*S*H** 11&12/24. (S3)
1.00 PM **Massacre at Buffalo Valley** Historical epic. (2013, 12) ★★★
3.05 **The German War Navy**
4.20 **The Fighting Lady** War documentary narrated by Robert Taylor. (1944, U, 61min) ★★★
5.40 **The Luftwaffe** Documentary.

6.55 **United** Drama based on the story of the 1958 Munich air crash which claimed the lives of 23 people, including eight Manchester United players. Stars David Tennant, Dougray Scott and Jack O'Connell.
9.00 **The Foreigner** Action thriller starring Steven Seagal as a freelance agent who tangles with deadly assailants when he is hired to transport a mysterious package from France to Germany. (2003, 15, 92min) ★

11.05 **Derailed** Action thriller. (2002, 15, 85min) ★
12.45 AM **Nest of Vipers** Western. (1969, 12, 108min) ★★
2.55 **to 4.00** AM **The Fighting Lady** Documentary, as 4.20pm.

+1 hour 324

FILMS ON OTHER CHANNELS

6pm TILL LATE

7.05 PM **6 Below: Miracle on the Mountain** *AMC* ★★★
8.00 **Superman II** *Sky1* ★★★
8.00 **Star Trek Into Darkness** *E4* Sci-fi adventure sequel. ★★★★
9.00 **Judge Dredd** *5Spike* Sci-fi. ★★
9.00 **White Chicks** *5STAR* Comedy starring Marlon Wayans. ★
9.00 **The Other Guys** *Comedy Central* Crime comedy. ★★★★
9.00 **The Marine** *Syfy* Thriller starring John Cena. ★★
9.00 **The Lost Boys** *Paramount Network* Vampire tale. ★★★
10.00 **Jaws 3** *ITV4* Shark adventure starring Dennis Quaid. ★★
10.55 **Dead Rising: Watchtower** *Paramount Network* Horror. ★★
11.00 **Dragon Blade** *AMC* Action adventure. Subtitled. ★★
11.00 **Crossfire** *5Spike* Crime thriller starring Robert De Niro. ★★
11.00 **The Relic** *Syfy* Horror thriller starring Tom Sizemore. ★★★
11.05 **Blitz** *Channel 5* Crime thriller starring Jason Statham. ★★★
11.10 **The Break-Up** *5STAR* Comedy drama with Vince Vaughn. ★★★
4.10 AM **2012: Supernova** *Syfy* Sci-fi action thriller. ★★

MONDAY Sport

SKY HD SD | VIRGIN HD | BT HD

8 July

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Good Morning Sports Fans Bitesize** The latest sports news.
7.00 **Good Morning Sports Fans**
9.00 **Good Morning Transfers** Featuring a round-up of the latest football transfer news.
10.00 **Sky Sports News**
12.00 NOON **Transfer Talk**
1.00 PM **Sky Sports News** The latest sports news and updates.
3.00 **Transfer Centre** Analysis of the latest transfer news.
3.30 **Sky Sports News** The latest sports news and updates.
5.00 **Transfer Centre** Analysis of the latest transfer news.
5.30 **Sky Sports News at 5** The latest sports news and developments.
6.00 **Sky Sports News at 6** The latest sports news and updates.
7.00 **The Transfer Show** Analysis of the latest transfer news.
8.00 **Sky Sports Tonight** This evening's leading sports stories.
9.00 **F1 Classic Races** A look back at the 2008 British Grand Prix.
11.15 **Sky Sports News** A round-up of the day's talking points.
1.00 AM **LIVE WWE Raw** Wrestling coverage from America.
4.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **Premier League Years**
12.00 NOON **Premier League Best Goals** Memorable strikes.
1.00 PM **Premier League Years**
3.00 **Premier League Best Goals**
4.00 **PL Greatest Games**
5.00 **Premier League 100 Club**
6.00 **Premier League Years** Classic games, infamous blunders and moments of skill from seasons past, all set to a specially selected soundtrack from the time.
8.00 **Premier League Highlights** Back-to-back top-flight action.
10.00 **PL Greatest Games** A look back at the greatest Premier League game for each club, as voted for by supporters.
11.00 **Gary Neville's Soccerbox** The presenter talks to a fellow former Premier League player.
11.30 **Premier League Best Goals**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **EFL Greatest Games**
7.00 **Football's Greatest Players**
8.00 **Football Countdowns**
9.00 **Football Years**
10.00 **EFL Highlights**
11.00 **One2Eleven**
11.30 **Football's Greatest Players**
12.00 NOON **EFL Greatest Games**
12.30 PM **SPFL Greatest Games**
1.00 **Football Countdowns**
2.00 **Football Years**
3.00 **EFL Highlights**
4.00 **One2Eleven**
4.30 **Football's Greatest Players**
5.00 **EFL Greatest Games**
5.30 **SPFL Greatest Games**
6.00 **EFL Goals: Championship**
7.00 **EFL Goals: Leagues 1 & 2**
7.30 **SPFL Round-Up**
8.00 **EFL Goals: Championship**
9.00 **EFL Goals: Leagues 1 & 2**
9.30 **SPFL Round-Up**
10.00 **EFL Highlights**
11.00 **MLS Round-Up Show**
11.30 **Football's Greatest Players**
12.00 M'T **Football Years**
1.00 AM **Football Countdowns**
2.00 **SPFL Greatest Games**
2.30 **One2Eleven**
3.00 **EFL Highlights**
4.00 **to 6.00** AM **Highlights**

Sky Sports Cricket World Cup

404 404 858 | 514 504

6.00 AM **How The 2003 ICC World Cup Was Won** A look back at the 2003 tournament in South Africa.
9.00 **Women's Ashes** Triple bill.
12.00 NOON **How the 2007 Cricket World Cup Was Won** The 2007 tournament in the West Indies.
3.00 PM **Women's Ashes** Triple bill.
6.00 **How the 2011 ICC Cricket World Cup Was Won** A look back at the 2011 tournament, which was hosted by India, Sri Lanka and Bangladesh.
8.00 **Women's Ashes** England v Australia: Action from the first one-day international in the series, held at Grace Road in Leicester.
9.00 **Women's Ashes** England v Australia: Action from the second one-day international in the series, held at Grace Road in Leicester.
10.00 **Women's Ashes** England v Australia: The third one-day international in the series, held at the Spitfire Ground in Canterbury.
11.00 **How the 2015 ICC World Cup Was Won** A look back at the 2015 event, which was hosted by Australia and New Zealand.
1.00 AM **Women's Ashes** Triple bill.
4.00 **to 6.00** AM **World Cup Classics**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **PGA Tour Profiles**
7.00 **European Tour Golf**
8.00 **PGA Tour Golf** Action from the fourth and final day's play of the 3M Open from TPC Twin Cities in Blaine, Minnesota.
1.00 PM **LPGA Tour Golf**
2.30 **European Tour Golf**
3.30 **LPGA Tour Golf**
5.00 **European Tour Golf**
6.00 **PGA Tour Profiles**
6.30 **PGA Tour Golf** The best of the action from the 3M Open.
7.30 **LPGA Tour Golf** Highlights of the fourth and final day's play of the Thornberry Creek LPGA Classic.
9.00 **European Tour Golf** Action from the fourth and final day's play of the Dubai Duty Free Irish Open.
10.00 **McIlroy: Lessons with a Champion Golfer** With Rory McIlroy and his coach Michael Bannon.
10.30 **PGA Tour Profiles**
11.00 **European Tour Golf**
12.00 M'T **PGA Tour Golf**
1.00 AM **European Tour Golf**
2.00 **PGA Tour Golf**
3.00 **European Tour Golf**
4.00 **PGA Tour Golf**
5.00 **to 6.00** AM **European Tour Golf**

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **Manchester United Classics**
8.00 **Liverpool – Team of the 80s**
10.00 **Football Classics**
11.00 **Manchester United Classics**
12.00 NOON **Arsenal Classics**
12.30 PM **Without Bias**
1.30 **MotoGP** Action from the Moto3 race at the Grand Prix of Germany.
2.30 **MotoGP** Action from the Moto2 race at the Grand Prix of Germany.
3.30 **MotoGP** Action from the MotoGP race at the Grand Prix of Germany.
4.30 **MotoGP Chequered Flag**
5.30 **FIM Speedway Grand Prix**
7.30 **LIVE SGB Premiership King's Lynn Stars v Poole Pirates.** From the King's Lynn Stadium.
9.30 **True Grit** Documentary.
10.30 **The Marinovich Project**
12.00 M'T **Baseball Tonight**
1.00 AM **LIVE MLB** Coverage of the MLB Home Run Derby from Progressive Field in Cleveland.
3.00 **LIVE MLB** Coverage of Major League Baseball's All-Star Legends & Celebrity Softball Game at Progressive Field.
4.00 **MLB: Caps Off**
4.15 **BT Sport Goals Reload**
4.30 **Sarah & Suzanne**
5.30 **to 6.00** AM **No Filter Boxing**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **MotoGP**
9.00 **MotoGP Chequered Flag**
10.00 **Marc Marquez: 2017 Unseen**
11.30 **FIM Sidecar World Championship Highlights**
12.00 NOON **IPL** Four editions.
4.00 PM **Rocky & Wrighty: From Brockley To The Big Time**
5.30 **Formula E: Street Racers**
6.00 **FIA World Endurance Championship** Highlights of the 2018/2019 season.
7.00 **Euroformula Open Championship** Races one and two from round five in Hungary
8.00 **World Rallycross Highlights** Round six from Holjes, Sweden.
9.00 **Fishing: On The Bank** The UK Angling Championships.
10.00 **IPL** Action from Delhi Capitals v Chennai Super Kings.
11.00 **IPL** Action from Kolkata Knight Riders v Kings XI Punjab.
12.00 M'T **IPL** Royal Challengers Bangalore v Mumbai Indians.
1.00 AM **IPL** Action from Sunrisers Hyderabad v Rajasthan Royals.
2.00 **Chelsea Classics**
3.00 **Arsenal Classics**
5.00 **to 6.00** AM **Fishing: On The Bank**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **WTA Rabat Final**
8.00 **Story of the Champions Cup**
8.30 **National League Season Review**
9.30 **The Myth of Garrincha**
10.00 **The Man Who Made Brazil Cry**
10.30 **Mobil 1: The Grid**
11.00 **Formula E: Street Racers**
11.30 **FIA World Endurance Championship**
12.30 PM **UEFA Champions League – Stories of the Finals**
1.30 **No Filter Boxing**
2.00 **ESPN Classic Boxing**
5.00 **Bundesliga: Games of the Season** Action from Borussia Dortmund v Bayern Munich. **6.00** Action from Bayern Munich v Fortuna Dusseldorf. **7.00** Borussia Dortmund v TSG 1899 Hoffenheim. **8.00** Action from Borussia Dortmund v Bayer Leverkusen.
9.00 **UFC: The Ultimate Fighter**
1.45 AM **UFC Profiles in Combat**
2.15 **BT Sport Goals Reload**
2.30 **Ceasefire Massacre**
3.00 **Euroformula Open Championship**
4.00 **World Rallycross Highlights**
5.00 **to 6.00** AM **Formula E: The Business of Formula E**

Sky Sports Action

407 407 861 | 517 507

6.00 AM **Boxing Gold**
7.00 **Great Sporting Moments**
8.00 **Boxing Gold**
9.00 **NFL: America's Game**
10.00 **Sporting Records**
11.00 **NFL: America's Game**
12.00 NOON **NFL: A Football Life**
1.00 PM **Sporting Records**
2.00 **Legends of Darts**
2.30 **Boxing Gold**
3.30 **Darts Gold**
4.15 **Legends of Darts**
4.30 **Sporting Records**
5.30 **Darts Gold**
6.00 **NFL: America's Game** A look at the history of American football.
7.00 **Boxing Gold** Classic bouts.
9.00 **Sporting Records** An in-depth look at some of the greatest milestones ever recorded in sport.
10.00 **Super League Fulltime** A round-up of the latest matches.
10.30 **Darts Gold**
11.00 **NFL: A Football Life**
12.00 M'T **NFL: America's Game**
1.00 AM **Super League Fulltime**
1.30 **Super League Gold**
2.00 **NFL – Greatest Games**
3.30 **Darts Gold**
4.00 **Sporting Records**
5.00 **to 6.00** AM **Sporting Greats**

Sky Sports Mix

121 121 819 | 520 510

6.00 AM **My Icon**
7.00 **Netball Superleague** As 4pm.
10.00 **NFL: America's Game** The story of San Francisco 49ers' 1994 Super Bowl success over San Diego Chargers at the Joe Robbie Stadium in Miami, Florida.
11.00 **P1 Powerboating: Aquax** The best moments from the P1 Powerboating Superstock series.
12.00 NOON **Netball Superleague** As shown at 4.00pm.
3.00 PM **WWE Raw Hlts** The latest wrestling action from America.
4.00 **Netball Superleague** Manchester Thunder v Surrey Storm. Action from the 2016 Grand Final, held at the Copper Box Arena in London.
7.00 **Netball**
8.00 **Netball: Quad Series** Action from South Africa v Australia in January 2019.
10.00 **Fast Zone** Catch up on the all-action world of motorsport, from karting to F1.
10.30 **Spirit of Yachting** Action from the Rolex Giraglia.
11.00 **Netball**
12.00 M'T **to 6.00** AM **Mix Shorts: Masterclasses**

BT Sport/ESPN

423/426 872 | 530 | 411 434

6.00 AM **MLB's Best**
6.30 **CFL** Ottawa Redblacks v WInnipeg Blue Bombers.
9.00 **CFL** Action from Toronto Argonauts v BC Lions.
11.00 **CFL** Saskatchewan Roughriders v Calgary Stampeders.
2.00 PM **MLB** Action from Tampa Bay Rays v New York Yankees.
5.00 **Baseball Tonight**
6.00 **MLB** Action from the MLB All-Star Futures Game.
9.00 **Baseball Tonight** MLB news.
11.00 **Hot Dog Eating Contest** The 2019 Nathan's Famous Hot Dog Eating Contest.
12.00 M'T **Celtics/Lakers: Best of Enemies** 1&2/3. An examination of the rivalry between the Boston Celtics and Los Angeles Lakers.
3.00 **to 7.00** AM **LIVE World Series of Poker** Coverage of the World Series of Poker Main Event from the Rio All-Suite Hotel & Casino in Las Vegas.

Eurosport 1

410 410 864 | 523 521 | 412 435

7.15 AM **Tennis: Wimbledon**
8.45 **Shooting**
9.45 **Cycling: Tour de France**
10.45 **LIVE Cycling: Tour de France** Coverage of stage three of the prestigious race, a hilly 215km course from Binche to Epernay.
5.00 PM **Tour de France – The Breakaway** Stage three review.
5.15 **LIVE Swimming: Universiade** Coverage of the fifth day of swimming from Naples, Italy.
6.50 **Best of Bikes**
7.00 **World Superbikes** Action from round eight at Donington Park.
8.00 **Cycling: Tour de France** Action from stage three.
9.30 **Show Jumping** Highlights of the 2019 Global Champions League.
10.00 **Tennis: Wimbledon** Action from day seven at the All England Club, where the fourth round was scheduled to take place.
11.30 **Cycling: Tour de France**
12.30 **to 2.00** AM **Tennis: Wimbledon**

Eurosport 2

411 411 865 | 524 522 | 413 436

6.00 AM **FIA World Touring Cars**
6.30 **Cycling: Tour de France**
7.30 **World Superbikes**
8.55 **LIVE Diving: Universiade** Coverage of the seventh day of diving from Naples, Italy.
1.00 PM **World Superbikes**
2.30 **Best of Bikes**
2.45 **Africa Cup of Nations**
4.45 **LIVE AFCON** The seventh last-16 match. Kick-off **5.00pm**.
7.00 **Motocross World Championship** From Indonesia.
7.30 **Best of Bikes**
7.45 **LIVE AFCON** The eighth last-16 match. Kick-off **8.00pm**.
10.00 **Africa Cup of Nations**
12.05 AM **WATTS**
12.30 **Cycling: Tour de France**
2.00 **World Superbikes**
3.30 **WATTS**
4.00 **Cycling: Tour de France**
5.30 **to 6.00** AM **Motocross World Championship**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Sporting Greats**
7.00 **WWE Raw Hlts**
8.00 **Great Sporting Moments**
9.00 **Sporting Records**
10.00 **Sporting Greats**
11.00 **Super League Gold**
12.00 NOON **WWE from the Vault**
1.00 PM **Great Sporting Moments**
2.00 **Sporting Greats**
3.00 **Sporting Records**
4.00 **WWE Slam City**
4.30 **WWE from the Vault**
5.00 **WWE Raw** Wrestling action.
7.00 **US Open 9-Ball Pool** Action from this year's tournament in Las Vegas.
8.00 **Sporting Greats**
9.00 **US Open 9-Ball Pool** As 7pm.
10.00 **Super League Gold**
11.00 **US Open 9-Ball Pool** As 7pm.
12.00 M'T **Great Sporting Moments**
1.00 AM **LIVE WWE Raw** Wrestling coverage from America.
4.00 **Great Sporting Moments**
5.00 **to 6.00** AM **Sporting Records**

Sky Sports F1

406 406 860 | 516 506

6.00 AM **The Home of F1**
11.00 **Formula 2 Championship** Race one of the British Grand Prix.
12.10 PM **Formula 1** A re-run of the 2018 British Grand Prix.
2.15 **Formula 1** Highlights of the 2018 British Grand Prix.
2.30 **Formula 1** Another chance to see the Australian Grand Prix.
5.15 **Australian F1 GP Best Bits** A look back at the best moments of the Australian Grand Prix.
5.45 **Formula 1** Another chance to see the Bahrain Grand Prix.
7.50 **Robert Kubica's Comeback**
8.00 **Formula 1** Action from the Chinese Grand Prix.
9.00 **F1 Classic Races** A look back at the 2003 British Grand Prix.
10.45 **Alfa Romeo 1950**
10.50 **Goodwood Festival of Speed** Action from the motoring event in West Sussex.
12.50 AM **Ted's 2019 F1 Tech**
1.00 **to 6.00** AM **The Home of F1**

Tuesday

9 July

Evening Planner

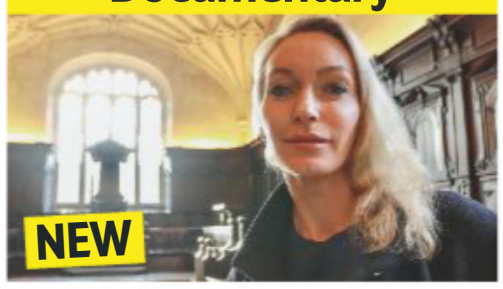
Politics

Britain's Next Prime Minister: The ITV Debate
ITV HD, 8pm
Another hustings face-off between Jeremy Hunt and Boris Johnson

Drama

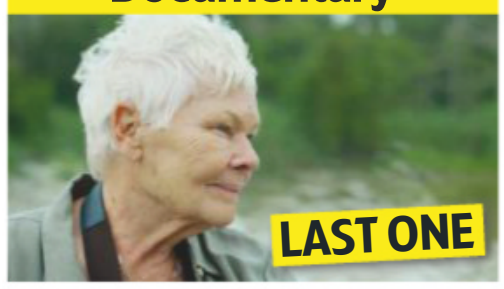
Ackley Bridge
C4 HD, 8pm
Sam and Nas are caught shoplifting, and proud Nadine suggests her daughter become more involved in crime

Documentary



Charles I: Downfall of a King
BBC4 HD, 9pm
Lisa Hilton charts how the Stuart king lost control of his reign in just 50 days

Documentary



Judi Dench's Wild Borneo Adventure
ITV HD, 9pm
Judi floats down the Kinabatangan River and visits an orangutan rescue centre

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	7.00 Fraud Squad...	7.30 EastEnders	8.00 Holby City †		9.00 Dark Mon£y		10.00 News; Local News	10.35 Hot... †
102 BBC2	◂ 12.30 Wimbledon – Live: Day eight		8.00 Today at Wimbledon		9.00 Inside the Bank of England		10.00 Live at the...	10.30 Newsnight
103 ITV	7.00 Emmerdale		8.00 Britain's Next Prime Minister: The ITV...		9.00 Judi Dench's Wild Borneo Adventure		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Ackley Bridge		9.00 24 Hours in A&E		10.00 Drag SOS	
105 CHANNEL 5	7.00 Walking Britain's Lost Railways		8.00 The Great Gardening Challenge		9.15 Cyclists: Scourge of the Streets?		10.15 Inside Ryanair: Britain's...	
106 SKY ONE	7.00 The Simpsons		8.00 ICC Cricket World Cup		9.00 Rob & Romesh vs Anthony Joshua...		10.00 Warrior	
Entertainment								
116 BBC4	7.00 Beyond 100 Days	7.30 Great...	8.00 Men of Rock		9.00 Charles I: Downfall of a King		10.00 Art, Passion & Power: The Story of...	
118 ITV2	7.00 You've Been Framed! Gold		8.00 Two and a Half Men		9.00 Love Island		10.05 Family Guy	
136 MORE4	◂ 6.55 The Supervet		7.55 Great Canal Journeys		9.00 Building the Dream		10.00 Grand Designs Australia	
135 E4	7.00 Hollyoaks	7.30 Black-ish	8.00 The Big Bang Theory		9.00 Film: Conan the Barbarian			
107 SKY WITNESS	◂ 6.30 My Kitchen Rules: Australia		8.00 Criminal Minds		9.00 Britain's Most Evil Killers			
108 SKY ATLANTIC	7.00 CSI		8.00 Blue Bloods		9.00 Active Shooter: America Under Fire		10.10 Crashing	
110 GOLD	7.00 Miranda	7.40 Open All Hours	8.20 Only Fools and Horses		9.00 Mrs Brown's Boys		10.15 Miranda	
111 DAVE	7.00 Have I Got a Bit More News for You		8.00 QI XL		9.00 Live at the Apollo Christmas Special		10.00 Taskmaster	
119 ITV3	7.00 Murder, She Wrote		8.00 Midsomer Murders				10.00 Foyle's War	
120 ITV4	7.00 Tour de France Highlights		8.00 World Superbike Highlights		9.00 Goodwood First Glance		10.00 Film: Oblivion	
112 COMEDY CENTRAL	7.00 Friends				9.00 Russell Howard's Good News		10.00 The Ricky Gervais Show	
114 SYFY	7.00 Star Trek: The Next Generation		8.00 Stargate Atlantis		9.00 Film: Hudson Hawk			
109 W	7.00 My Dream Home		8.00 Inside the Ambulance		9.00 999 Rescue Squad		10.00 Inside the Operating Theatre	
113 UNIVERSAL	7.00 NCIS		8.00 Rescue: Code One		9.00 Film: Runaway Jury			
124 FOX	7.00 NCIS				9.00 American Dad!		10.00 Family Guy	
122 SKY ARTS	7.00 Video Killed...	7.30 Creedence...	8.00 Passions		9.00 The 2000s		10.00 JRR Tolkien: Designer of Worlds	
Documentary								
125 DISCOVERY	7.00 Outback Truckers		8.00 Combat Dealers		9.00 Deadliest Catch			
162 ANIMAL PLANET	7.00 Untamed China		8.00 Alaskan Bush People		9.00 Swimming with Monsters with Steve...		10.00 Animal Cops Houston	
129 NAT GEO	7.00 Drain the Oceans		8.00 Wicked Tuna		9.00 Battleground Brothers		10.00 Breakout	
130 HISTORY	7.00 American Pickers		8.00 Swamp People		9.00 Knightfall		10.00 The Crusades: Crescent and the Cross	
155 YESTERDAY	7.00 Bangers and Cash		8.00 Secrets of the Railways		9.00 dinnerladies			
166 EDEN	7.00 Mountain Gorilla		8.00 Africa		9.00 Russia From Above		10.00 Nature's Miracle Orphans	
Films								
301 SKY PREMIERE	◂ 5.50 Cats		8.00 The Girl in the Spider's Web				10.00 Two for Joy	
302 SKY MEGAHITS	7.00 Meet the Fockers				9.00 The Greatest Showman			
303 SKY GREATS	◂ 5.50 Seven Pounds		8.00 Cast Away					10.25 Bram Stoker's...
304 SKY DISNEY	◂ 6.10 Coco		8.00 John Carter				10.15 Cinderella	
305 SKY FAMILY	◂ 6.20 Despicable Me		8.00 Gulliver's Travels			9.30 My Girl		
306 SKY ACTION	◂ 5.30 Black Panther		8.00 Avengers: Infinity War					10.30 Ant-Man and...
307 SKY COMEDY	◂ 6.05 Nutty Professor II: The Klumps		8.00 Friends with Benefits				10.00 Blockers	
308 SKY THRILLER		7.10 Monsters and Men			9.00 BlacKkKlansman			
309 SKY DRAMA	◂ 6.00 The Leisure Seeker		8.00 Titanic					
310 SKY SCI-FI		7.15 Unfriended: Dark Web			9.00 X-Men: First Class			
311 SKY SELECT	◂ 5.30 He Got Game		8.00 Leave No Trace				10.00 Tully	
313 FILM4	◂ 6.55 Tomorrow, When the War Began				9.00 Sicario			
315 TCM		7.15 The Oklahoman			9.00 The Glimmer Man			
Sport								
401 MAIN EVENT		7.15 World Cup Debate	8.00 ICC Cricket World Cup		9.00 F1 Classic Races			10.45 PL...
402 PREMIER LEAGUE	◂ 6.00 Premier League Years		8.00 Premier League Highlights				10.00 PL Greatest Games	
403 FOOTBALL	7.00 EFL Goals...	7.30 SPFL Round-Up	8.00 EFL Goals: Championship		9.00 EFL Goals...	9.30 SPFL Round-Up	10.00 EFL Highlights	
404 CRICKET WORLD CUP		7.15 World Cup Debate	8.00 ICC Cricket World Cup		9.00 World Cup Debate		10.00 ICC Cricket World Cup	
413 BT SPORT 1		7.15 Irish Rally...	7.45 Once Brothers		9.15 Celtic v...	9.45 Man Utd v Real...	10.15 Bayern Munich v Man City...	
414 BT SPORT 2	◂ 6.00 SGB Premiership		8.00 FIM Speedway Grand Prix				10.00 AMA...	10.30 IPL: Kings XI...

◂ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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Tuesday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Ill Gotten Gains** A rare Mercedes goes up for sale at the Proceeds of Crime auction. (S)
10.00 **Homes Under the Hammer** Properties in Kent, Wales and Birmingham. (S)(AD)
11.00 **Rip Off Britain: Holidays** Why lost luggage could soon be a thing of the past. (S)(R)
11.45 **Claimed and Shamed** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **LIVE Wimbledon** Coverage of day eight from the All England Club, where the ladies' singles quarter-finals are scheduled to continue. *Continues on BBC2*. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.15 Ill Gotten Gains

7 PM

7.00 **Fraud Squad NHS** 2/4. An audacious scam robs NHS hospitals of more than £12.5million. (S)(R)(AD)
7.30 **EastEnders** Mitch is pressured into signing up for the charity run. (S)(AD)

8 PM

8.00 **Holby City** *Flying Solo:* Determined to put his troubles behind him, Cameron tries to prove himself to Kian, but when the pair clash over teaching methods, Evan steps in and manipulates the situation. (S)(AD)

9 PM

9.00 **Dark Mon£y** 2/4. As the day of the film premiere approaches, Isaac is forced to come face-to-face with his abuser. Confronted with his son's despair, Manny feels pushed to act. (S1) (S)(AD)

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S) Followed by **Lottery Update** (S)
10.35 **Hot Property** Participants snoop around the homes of potential partners in a dating show. (S)
10.55 **Hayley Goes...** 4/6. Hayley Pearce explores the impact of the strong look among women. (S)
11.25 **The Insider: Reggie Yates in a Refugee Camp** 2/3. Reggie is in the Middle East to spend a week living and sleeping in the largest refugee camp in Iraq – alongside 30,000 Syrian exiles. (S)(R)(AD)
12.20 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.25 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.00 AM **Monday in Parliament** (S)
6.25 **Ill Gotten Gains** Money raised from selling criminal goods is used to help feed people at a pop-up restaurant. (S)(R)
7.10 **The Super League Show** Action from the latest fixtures, including Hull FC v St Helens. (S)
8.00 **Sign Zone: Eat Well for Less?** A Hampshire couple set out to improve their diets. (S)(R)(AD)
9.00 **BBC News** (S)
10.00 **Victoria Derbyshire** (S)
11.00 **BBC Newsroom Live** (S)
11.45 **Politics Live** Updates from Westminster and beyond. (S)
12.30 PM **LIVE Wimbledon** Sue Barker presents coverage of day eight of the Grand Slam tournament from the All England Club, featuring the ladies' singles quarter-finals. (S)

9.00 Inside the Bank of England

7 PM

LIVE Wimbledon (started at 12.30pm)

8 PM

8.00 **Today at Wimbledon** Clare Balding introduces highlights of the eighth day's play, where the line-up for the ladies' singles semi-finals was due to be decided. (S)

9 PM

9.00 **Inside the Bank of England** **SERIES FINALE** 2/2. The concluding part of the documentary looks at how the Bank is preparing for all eventualities, including the possible economic shock of Brexit and climate change. (S)

10 PM

10.00 **Live at the Apollo** Stand-up comedy with Josh Widdicombe, Nathan Caton and Celia Pacquola. (S)(R)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **War in the Blood** Following two cancer patients who have volunteered as test subjects for an experimental treatment. (S)(R)(AD)
12.55 AM **Sign Zone: Who Should Get to Stay in the UK?** 3/3. An Egyptian who was detained for having the wrong visa. (S)(R)
1.55 **Sign Zone: The Customer Is Always Right** Customers test a smart toothbrush. (S)(R)(AD)
2.40 **to 6.00** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
8.30 **Lorraine** (S)
9.25 **Judge Rinder** (S)(R)
10.30 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team visit Southport, where items include arts and crafts lamps and a 9.5-carat diamond ring. (S)(R)
3.00 **Tenable** Five team-mates from York compete. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.00 Emmerdale

7 PM

7.00 **Emmerdale** Diane and Victoria ramp up their plans, Amy is unsettled by some advice and confides in Nate, Dan delivers some home truths, while Robert intercepts a potential discovery. (S)(AD)
■ Repeated tomorrow on ITV2

8 PM

8.00 **NEW Britain's Next Prime Minister: The ITV Debate** Julie Etchingham presents a head-to-head debate between Boris Johnson and Jeremy Hunt, the candidates hoping to be Britain's next Prime Minister. (S)

9 PM

9.00 **Judi Dench's Wild Borneo Adventure** **SERIES FINALE** 2/2. The actress journeys down Borneo's Kinabatangan River and along the island's coastline to explore the unique wildlife that lives in this environment. (S)(AD)

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **The Island Strait** 4/4. In early autumn, the students arrive and for scientist Mike it is the start of a new academic year. (S)(R)(AD)
11.10 **Love Your Garden** (S)(R)(AD)
11.45 **Tenable** A family from Leeds take part in the quiz. (S)(R)
12.35 AM **Tour de France Highlights** Action from stage four, a 213.5km course from Reims to Nancy. (S)
1.25 **James Martin's French Adventure** In Burgundy. (S)(R)
2.15 **Loose Women** (R)
3.05 **River Monsters** (S)(SL)(R)
3.30 **ITV Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** (SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.25 AM **Cheers** 24&25/26. (S10) (R)
7.20 **The King of Queens** (S)(R)
8.10 **Everybody Loves Raymond** (R)
9.10 **Frasier** 17&18/24. (S5) (S)(R)
10.10 **Ramsay's Kitchen Nightmares USA** In Connecticut. (S)(R)
11.05 **Undercover Boss USA** (S)(R)
12.00 NOON **News** (S)
12.05 PM **Couples Come Dine with Me** From Cheshire. (S)(R)
1.05 **Posh Pawnbrokers** (S)(R)
2.10 **Countdown** (S)
3.00 **Coast vs Country** (S)(R)
4.00 **A Place in the Sun** (S)
5.00 **Kirstie's Celebrity Craft Masters** Natasha Kaplinsky and Jo Wood take on craft challenges. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Prince and Romeo accidentally destroy the display outside Price Slice. (S)(AD)

10.00 Drag SOS

7 PM

7.00 **News** (S)

8 PM

8.00 **Ackley Bridge** 4/8. Sam and Nas are caught shoplifting, which causes a rift between them, Nas considers her future in the wake of recent events, and Mandy favours Kaneez for a job in her department. (S3) (S)(AD)

9 PM

9.00 **24 Hours in A&E** Following 16-year-old Dominic, whose throat started bleeding after having his tonsils out, and cyclist Ollie, who arrives with head, neck and facial injuries having been involved in a traffic accident. (S)(AD)

10 PM

10.00 **Drag SOS** The Family Gorgeous meet three people who need drag-queen therapy in Scarborough, including a 40-year-old fitness instructor, whose wife wants him to learn not to be such a control freak. (S)(AD)
11.00 **ICC Cricket World Cup** Action from the first semi-final, which took place at Old Trafford. (S)
12.00 M'T **Celebrity Crystal Maze** (S)(R)
1.00 AM **The Restaurant That Makes Mistakes** (S)(SL)(R)(AD)
1.55 **Grand Designs New Zealand** (R)
2.50 **My Family Secrets Revealed** (R)
3.40 **Inside Out Homes** (S)(R)(AD)
4.35 **Kirstie's Vintage Gems** (S)(R)
4.55 **Big House, Little House** (S)(R)
5.50 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Bargain-Loving Brits in the Sun** Documentary. (S)(R)
12.10 PM **News** (S)
12.15 **Police Interceptors** (S)(R)
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 **FILM One Small Indiscretion** Thriller starring Tiera Skovbye. (S) (2017, PG, 105min) ★★
4.00 **Friends** 1&2/24. (S9) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Dee tells Heather that she is Andrea and they must go to Erinsborough. (S)(R)
6.00 **Home and Away** Brody packs up and leaves the Bay with Simone. (S)(R)
6.30 **News** (S)

8.00 The Great Gardening...

7.00 Walking Britain's Lost Railways 2/6. Rob Bell follows a line over the Pennines into industrial Manchester, discovering a miniature railway in Wortley and the Woodhead Tunnels. (S)(R)

8.00 The Great Gardening Challenge 2/6. Nicki Chapman and Diarmuid Gavin host as Hertfordshire husbands Jon and Adam take on husband-and-wife team Catherine and James from Yorkshire to design a garden space for a daycare centre. (S)

9.15 NEW Cyclists: Scourge of the Streets? Documentary revealing how, with more Brits than ever jumping on their bikes, the cycling boom has caused a backlash from fed-up motorists. (S)

10.15 Inside Ryanair: Britain's Biggest Budget Airline Fiona Phillips reports on the problems facing the budget airline, finding out how it operates. (S)(R)

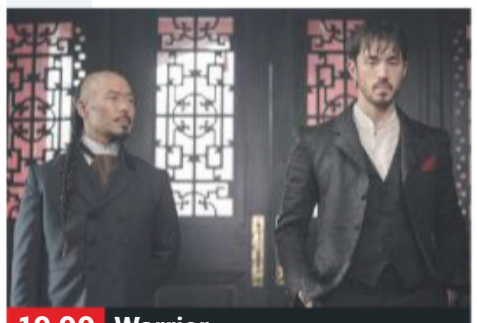
11.15 **Casualty 24/7** (S)(R)
12.15 AM **World's Deadliest Weather: Caught on Camera** (S)(R)
1.15 **21.co.uk Live Casino Show** (S)
3.15 **Bargain-Loving Brits in the Sun** Documentary. (S)(R)
4.00 **Tribal Teens – Here Comes Trouble** (S)(SL)(R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **House Busters** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Monkey Life** (S)(R)(AD)
7.00 **Animal 999** (S)(R)(AD)
8.00 **RSPCA Animal Rescue** (S)(R)
9.00 **Road Wars** (R)
10.00 **Highway Patrol** (S)(R)(AD)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0** 11&12/25. Double bill. (S8) (S)(R)
3.00 **MacGyver** 15/21. (S1) (S)(R)
4.00 **Modern Family** 8&9/24. Double bill. (S5) (S)(R)
5.00 **The Simpsons** (S)(R)
5.30 **Futurama** *Fun on a Bun:* The crew take a trip to Oktoberfest in Germany. (S)(R) **6.00** *Near-Death Wish:* Professor Farnsworth is reunited with his parents. (S)(R)
6.30 **The Simpsons** *Bart to the Future:* A casino owner helps Bart see into his future. (S)(R)



10.00 Warrior

7.00 The Simpsons *Days of Wine and D'Oh'ses:* Barney decides to clean up his act and stop drinking. (R) **7.30** *Kill the Alligator and Run:* The family accidentally kill an alligator while on holiday in Florida. (S)(R)

8.00 ICC Cricket World Cup Action from the first semi-final, which took place at Old Trafford in Manchester.

9.00 Rob & Romesh vs Anthony Joshua Revisited Rob Beckett and Romesh Ranganathan meet the heavyweight champion, watching him in action and chatting to his fellow boxer Tony Bellew. (S)(R)(AD)

10.00 Warrior NEW EPISODE *John Chinaman:* 3/10. Leary puts pressure on Penny's father, Ah Sahm's fate lies in the hands of an ally, and Buckley urges Mai Ling to start a war with the Hop Wei. (S1)

11.00 **Micky Flanagan's Detour de France** The comedian and his best friend Noel Lynch cycle through France. (S)(R)(AD)
12.00 M'T **Brit Cops: Law & Disorder** Documentary. (S)(R)(AD)
1.00 AM **The Blacklist** 5/22. (S6) (R)
2.00 **Road Wars** (S)(R)
3.00 **Motorway Patrol** (S)(R)(AD)
4.00 **Babylon 5** 22/22. (S2) (S)(R)
5.00 **to 6.00** AM **Stargate SG-1** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
8.00-9.00pm River City (S)(R)(AD) **10.35** Holby City (S)(AD) **11.35** Hot Property (S) **11.55** Hayley Goes... (S)(R) **12.25am** The Insider: Reggie Yates in a Refugee Camp (S)(R)(AD) **1.20** Weather for the Week Ahead (S) **1.25-6.00am** BBC News (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.35pm Bikes! 2019 Enniskillen Road Races (S) **11.15** Hot Property (S) **11.35** Hayley Goes... (S)(R) **12.05am** The Insider: Reggie Yates in a Refugee Camp (S)(R)(AD) **1.00-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
11.45am-12.15pm X-Ray (S)(R) **10.35pm** Hayley Goes... (S) **11.05-11.25pm** Hot Property (S)

BBC2

SCOTLAND
Sky **970**, Freesat **970**
No variations

N. IRELAND
Sky **972**, Freesat **969**
10.00-10.30pm NI on The One Show (S)(R)

WALES
Sky **971**, Freesat **971**
11.15pm First Minister's Questions (S) **12.05-12.55am** Natural World (R)

ITV

As main ITV except:

WALES
10.45pm Fishlock's Choice (S) **11.10-11.45pm** Inside the Ritz Hotel (S)(R)(AD)

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Heno **1.00** Prynhawn Da **1.55** Newyddion S4C a'r Tywydd **2.00 LIVE** Seiclo: Le Tour de France **4.35** Peppa **4.40** Y Brodyr Coala **4.50** Blero yn Mynd i Ocido **5.00** Stwnsh: Ffeil **5.05** Stwnsh: Gwboi a Twm Twm **5.20** Stwnsh: Bernard **5.25** Stwnsh: Arthur a Chriw y Ford Gron **5.35** Stwnsh: Y Barf **6.00** Newyddion S4C a'r Tywydd **6.05** Blwyddyn y Bugail: Ioan Doyle **6.30** Rownd a Rownd (AD) **7.00** Heno **7.30** Pobol y Cwm (AD) **8.00** Y Fets (AD) **9.00** Newyddion 9 a'r Tywydd **9.30** Seiclo: Le Tour de France **10.00** Llwybrau'r Eirth **11.00pm-12.05am** Daffyd Iwan: Y Prins a Fi

TV&Satellite week
New issue on sale today

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Beyond 100 Days** Followed by **Weather**
7.30 **Great Continental Railway Journeys** Michael Portillo continues his Greek journey to Thessaloniki.
8.00 **Men of Rock** 2/3. The work of geologists Edward Bailey and Arthur Holmes.
9.00 **NEW SERIES Charles I: Downfall of a King** 1/3. Lisa Hilton discovers how Charles I's rule collapsed in just 50 days.
10.00 **Art, Passion & Power: The Story of the Royal Collection** 1/4. The collection of art and decorative objects amassed over the past 500 years.
11.00 **Forces of Nature with Brian Cox** 4/4. Examining the effects of light interacting with the Earth.
12.00 M'T **Sound Waves: The Symphony of Physics**
1.00 AM **The Silk Road**
2.00 **Men of Rock**
3.00 **to 4.00** AM **Charles I: Downfall of a King**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **A Place in the Sun: Home or Away** Double bill.
11.00 **Escape to the Chateau: DIY** Preparing for Easter.
12.05 PM **Find It, Fix It, Flog It**
1.10 **Four in a Bed** Five editions.
3.50 **Kirstie and Phil's Love It or List It** In Birmingham.
4.50 **Love It or List It Australia NEW EDITION** A Melbourne home.
5.55 **The Secret Life of the Zoo**
6.55 **The Supervet** A Bengal cat's tiny bones are reset after a road accident.
7.55 **Great Canal Journeys** The duo journey on the Leeds & Liverpool Canal.
9.00 **NEW SERIES Building the Dream** Charlie Luxton is in West Yorkshire, where Emma and Martin are battling snow while building a stone home on a hilltop.
10.00 **Grand Designs Australia SERIES FINALE** 14/14. Peter Maddison follows the progress of Canberra IT engineer Damien, who wants his zero-carbon home to be filled with sophisticated features.
11.05 **24 Hours in A&E** A young man is treated after coming off his motorbike.
12.05 AM **999: What's Your Emergency?**
1.10 **The Supervet**
2.15 **The Secret Life of the Zoo**
3.15 **to 4.00** AM **8 Out of 10 Cats Uncut**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **The Funniest Animals**
6.20 **Judge Rinder**
7.10 **Dinner Date**
8.00 **Emmerdale**
8.30 **Coronation Street**
9.25 **Ellen DeGeneres Show**
10.25 **Superstore**
11.15 **Dress to Impress**
12.10 PM **Emmerdale**
12.45 **Coronation Street**
1.45 **Ellen DeGeneres Show**
2.45 **Dinner Date**
3.45 **Dress to Impress**
4.50 **Take Me Out**
6.00 **You've Been Framed! Gold** Four editions.
8.00 **Two and a Half Men** 5/16. Walden and Alan think about adopting a six-year-old. **8.30** 6/16. Alan and Walden get the go-ahead to foster Louis. (S12)
9.00 **Love Island NEW EDITION** Relationship-based reality show.
10.05 **Family Guy** *Ratings Guy:* 2/22. The Griffins are invited to have their TV viewing habits monitored. **10.35** *The Old Man and the Big 'C':* 3/22. Brian discovers a cure for cancer is being kept secret. (S11)
11.05 **Family Guy**
11.30 **American Dad!** 5/16. Stan brainwashes Hayley. (S4)
12.30 AM **Shopping with Keith Lemon** Comedy chat show.
1.05 **Two and a Half Men**
1.55 **to 2.20** AM **Superstore**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **How I Met Your Mother**
8.00 **Young & Hungry**
9.00 **Melissa & Joey**
10.00 **The Big Bang Theory**
11.00 **Brooklyn Nine-Nine**
12.00 NOON **Young Sheldon**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Brooklyn Nine-Nine**
4.00 **Black-ish**
5.00 **Young Sheldon**
6.00 **The Big Bang Theory** Double bill. (S3&4)
7.00 **Hollyoaks**
7.30 **Black-ish NEW EPISODE** 22/23. Pops is forced to come to terms with how he treats women. (S5)
8.00 **The Big Bang Theory** 16/24. Amy is furious with Sheldon for sharing intimate details of their relationship. **8.30** 17/24. Raj cannot afford to join the gang on a trip to Comic Con. (S10)
9.00 **FILM Conan the Barbarian** Action fantasy adventure starring Jason Momoa and Rachel Nichols. (2010, 15, 112min) ★★
11.10 **The Big Bang Theory**
12.05 AM **Brooklyn Nine-Nine**
1.05 **Charmed SERIES FINALE**
2.10 **8 Out of 10 Cats**
2.50 **Gogglebox**
3.45 **The Big Bang Theory**
4.30 **Brooklyn Nine-Nine**
5.15 **to 6.00** AM **How I Met Your Mother**

+1 hour 235 | 146 | 28 | 123

Tuesday primetime

Tuesday primetime

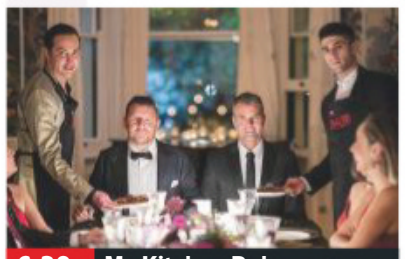
TUESDAY Entertainment

Tuesday

Sky Witness

107 107 807 112 111

6.00 AM **Motorway Patrol**
7.00 **Stop, Search, Seize**
8.00 **Nothing to Declare**
9.00 **Criminal Minds** 8/23. (S2)
10.00 **CSI** 16/23. (S10)
11.00 **Elementary** 17/21. (S6)
12.00 NOON **Brit Cops: Law & Disorder**
1.00 PM **Sun, Sea and A&E**
2.00 **Motorway Patrol**
3.00 **Road Wars**
4.00 **Nothing to Declare**
5.00 **Stop, Search, Seize**
6.00 **Nothing to Declare**



6.30 My Kitchen Rules...

7 PM

6.30 **My Kitchen Rules: Australia** NEW EDITION Controversial pairing Ibby and Romel take centre stage.

8 PM

8.00 **Criminal Minds** *Identity:* 7/20. The unit track a serial killer in Montana who tortures his victims. (S3)

9 PM

9.00 **Britain's Most Evil Killers** A profile of serial rapist Stephen Port, who became known as 'The Grindr Killer'.

10 PM

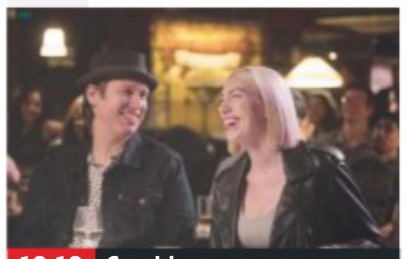
10.00 **Britain's Most Evil Killers** The case of Stefano Brizzi, who murdered and consumed part of a police officer.
11.00 **Criminal Minds** 21/23. (S5)
12.00 M'T **Britain's Most Evil Killers**
1.00 AM **How to Get Away with Murder** 2/15. (S5)
2.00 **For the People** 1/10. (S2)
3.00 **Chicago Fire** 17/22. (S5)
4.00 **Road Wars**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 140

Sky Atlantic

108 108 808

6.00 AM **Fish Town**
7.00 **Richard E Grant's Hotel Secrets** Intrigue and scandal.
8.00 **The British** The Romans.
9.00 **Discovering: Vivien Leigh**
10.00 **The West Wing** (S1)
12.00 NOON **Without a Trace** (S7)
2.00 PM **Blue Bloods** 9/22. (S4)
3.00 **The West Wing** (S1)
5.00 **Without a Trace** 23/24. Jack grudgingly agrees to search for his daughter's boyfriend. **6.00** 24/24. A man vanishes after finding three bodies on a late-night diving trip. (S7)



10.10 Crashing

7.00 **CSI** *Goodbye and Good Luck:* 7/17. The team are called in when a student falls to her death from her dorm room. (S8)

8.00 **Blue Bloods** *Mistaken Identity:* 10/22. Danny and Baez encounter resistance wh ile investigating a bombing. (S4)

9.00 **Active Shooter: America Under Fire** 1/8. An examination of cases of mass shootings across the United States.

10.10 **Crashing** NEW EPISODES 3/8. Kat and Pete try to spice up their relationship. **10.45** 4/8. Pete questions his career in comedy. (S3)
11.20 **Gomorrah** 5/12. Patrizia is put to the ultimate test. **12.15** AM 6/12. Nicola tries to regain Patrizia's confidence. Subtitled. (S4)
1.15 **Six Feet Under** (S1)
3.45 **Life Itself: Special**
4.00 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.10 AM **The Piglet Files**
7.35 **The Green Green Grass**
8.05 **You Rang, M'Lord?**
9.10 **Last of the Summer Wine**
11.50 **Keeping Up Appearances**
12.25 PM **The Green Green Grass**
1.00 **Are You Being Served?**
1.40 **Open All Hours** As 7.40pm.
2.20 **Only Fools and Horses**
3.00 **Last of the Summer Wine** Triple bill of the sitcom.
5.40 **Are You Being Served?**
6.20 **Keeping Up Appearances** Hyacinth plans a special event.

7.00 Miranda

7.00 **Miranda** Gary joins the dating scene, prompting Miranda to do the same.
7.40 **Open All Hours** Nurse Gladys Emmanuel's washing-machine breaks down.
8.20 **Only Fools and Horses** Del decorates the local Chinese restaurant.
9.00 **Mrs Brown's Boys** Agnes tries to gatecrash Maria's hen party. **9.35** Dermot gets cold feet ahead of his wedding, and Rory's secret is revealed to his mother.
10.15 **Miranda** The shop owner's friends accuse her of being immature.
10.55 **Two Pints of Lager...**
11.30 **Two Doors Down**
12.50 AM **Live at the Apollo**
1.45 **Two Pints of Lager...**
2.15 **Boomers**
2.45 **Harry Hill's TV Burp**
3.10 **Lucky Feller**
3.35 **to 4.00** AM **The Piglet Files**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.50 **Heartbeat**
7.55 **Murder, She Wrote**
8.50 **On the Buses**
9.55 **George and Mildred**
10.25 **A Touch of Frost**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Agatha Christie's Marple** *The Body in the Library.*
6.00 **Downton Abbey** 2/7. Everyone is anxious at the arrival of the heir presumptive. (S1)

8.00 Midsomer Murders

7.00 **Murder, She Wrote** *Northern Explosion:* Conflict between miners and Native Americans leads to murder.

8.00 **Midsomer Murders** *Secrets and Spies:* Barnaby's secret past as a spy is revealed when a former agent is killed after a cricket match in Midsomer Parva. Guest stars Anna Massey, Peter Davison and Neil Stuke.

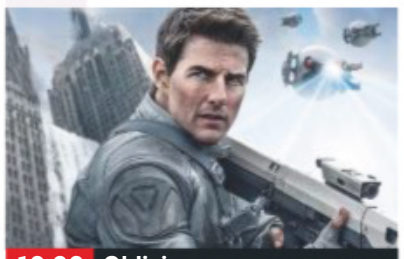
10.00 **Foyle's War** *A War of Nerves:* An organised crime racket is investigated. Guest stars Peter Capaldi.
12.00 M'T **to 2.00** AM **Vera** *Protected:* The son of a prominent local family is found murdered on the beach at Whitley Bay, and a second death leaves Vera facing mounting pressure to crack the case.

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **World of Sport: Footballing Upsets**
6.10 **The Chase**
7.00 **The Professionals**
7.50 **Kojak**
8.55 **Quincy ME**
10.00 **Tour de France Highlights** Action from stage three.
11.00 LIVE **Tour de France** Coverage of the fourth stage of the prestigious race, featuring a flat 213.5km course from Reims to Nancy.
4.45 PM **The Professionals**
5.50 **The Sweeney**



10.00 Oblivion

7.00 **Tour de France Highlights** Action from stage four, featuring a flat 213.5km course from Reims to Nancy.

8.00 **World Superbike Highlights** Action from both races in the eighth round of the season, held at Donington Park.

9.00 **Goodwood First Glance** A sideways glance at the cars the British public are likely to buy in the coming year.

10.00 FILM **Oblivion** Epic sci-fi adventure starring Tom Cruise. (2013, 12, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.35 AM **Kojak** A vengeful ex-convict targets Theo's niece on her wedding day.
1.40 **Quincy ME** A college sports coach is accused of indirectly causing the death of a potential Olympic champion.
2.35 **to 3.00** AM **The Protectors**

+1 hour 220 175 154

Sky Two

151 121

6.00 AM **The Biggest Loser: Australia** Double bill.
8.00 **60 Minute Makeover**
10.00 **My Kitchen Rules: Australia** Double bill.
12.30 PM **Monkey Business**
1.00 **The Dog Whisperer**
2.00 **Haven** 15/26. (S5)
3.00 **Relic Hunter** (S2)
4.00 **American Ninja Warrior** Double bill.
6.00 **Stargate SG-1** (S1)
7.00 **Stargate SG-1** *Singularity:* 15/22. The team rescue a child. (S1)
8.00 **Duck Quacks Don't Echo** With Jason Byrne.
9.00 **Blue Bloods** *Past Tense:* 16/22. (S9)
10.00 **For the People** (S2)
11.00 **Send in the Dogs**
12.00 M'T **Warrior** 3/10. (S1)
1.00 AM **Road Wars**
2.00 **Police Ten 7**
3.00 **Duck Quacks Don't Echo** As 8.00pm.
4.00 **Monkey Business**
5.00 **to 6.00** AM **The Dog Whisperer**

Pick

152 123 11 144

6.00 AM **Nothing to Declare**
7.00 **Border Patrol**
8.00 **Highway Patrol**
9.00 **Motorway Patrol**
10.00 **Police Ten 7**
11.00 **Police Force: Australia**
12.00 NOON **Road Wars**
1.00 PM **Air Ambulance ER**
2.00 PM **America's Front Line**
3.00 **Nothing to Declare**
4.00 **America's Front Line**
5.00 **Without a Trace** (S6)
6.00 **Supergirl** 7/22. (S2)
7.00 **The Flash** 4/23. (S3)
8.00 **Lost Girl** 4/16. (S5)
9.00 **Murders That Shocked the Nation** John Straffen.
10.00 **Ross Kemp: Extreme World** In Lebanon.
11.00 **The Force: North East**
12.00 M'T **Banged Up Abroad**
1.00 AM **Frontline Crime UK**
2.00 **Road Wars**
3.00 **America's Front Line**
4.00 **Highway Patrol**
4.30 **Motorway Patrol**
5.00 **to 6.00** AM **Highlights**

+1 hour 252 92 145

Dave

111 111 811 127 227 19 157

7.10 AM **Jay Leno's Garage**
8.00 **American Pickers**
9.00 **Storage Hunters**
10.00 **American Pickers**
1.00 PM **World's Most Dangerous Roads**
2.00 **Sin City Motors**
3.00 **Timber Kings**
4.00 **Jay Leno's Garage**
5.00 **Top Gear** Double bill.
7.00 **Have I Got a Bit More News for You**
8.00 **QI XL** With Tim Minchin, Isy Suttie and Bill Bailey.
9.00 **Live at the Apollo Christmas Special** With Romesh Ranganathan, Kerry Godliman, Spencer Jones and Seann Walsh.
10.00 **Taskmaster**
11.00 **QI XL** With Jo Brand.
12.00 M'T **Mock the Week**
12.40 AM **Have I Got a Bit More News for You**
1.35 **Live at the Apollo Christmas Special**
2.40 **The Last Man on Earth**
3.25 **to 4.00** AM **Crackanory**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Middle** (S2)
10.00 **My Name Is Earl** (S3)
11.00 **Friends** (S6)
2.00 PM **Friends** (S7)
4.00 **My Name Is Earl** (S3)
5.00 **Friends** Eight episodes of the sitcom, including at: **8.00** 19/24. Monica's attractive cousin visits. **8.30** 20/24. Rachel meets an old friend. (S7)
9.00 **Russell Howard's Good News** The comedian's perspective on the news from October 2012.
10.00 **The Ricky Gervais Show** The podcast's topics include time travel and adult nappies. **10.30** Topics discussed include teaching and population control. (S1)
11.00 **South Park** (S7&10)
12.00 M'T **South Park** (S4)
12.30 AM **South Park** (S4&8)
3.30 **My Name Is Earl** (S3)
4.15 **to 5.00** AM **Impractical Jokers: Inside Jokes**

+1 hour 212 133

ITV Be

131 119 179 26 118

9.00 AM **LittleBe**
12.00 NOON **Income Property**
12.25 PM **The Real Housewives of Atlanta**
1.20 **Million Dollar Listing: LA**
2.20 **Little Women: LA**
3.10 **The Real Housewives of New Jersey**
4.05 **The Real Housewives of Beverly Hills**
6.00 **Buying and Selling** Double bill of editions.
8.00 **Dinner Date**
9.00 **The Real Housewives of Atlanta** Everyone demands Sheree keeps Kim in check.
10.00 **Botched** Dr Nassif attempts to fix a former boxer's nose.
10.55 **Vanderpump Rules** Host Andy Cohen talks to the cast of the series.
11.55 **The Only Way Is Essex** The gang's Marbella escapades continue.
12.40 **to 12.50** AM **Be Beautiful**

+1 hour 231 120 119

True Ent

179 189 48 142

6.00 AM **The Waltons**
8.00 **Touched by an Angel**
10.00 **Highway to Heaven**
1.00 PM **The Agatha Christie Hour** 2/10. (S1)
2.00 **Agatha Christie's Partners in Crime** (S1)
3.00 **Rumpole of the Bailey**
4.00 **Murder, She Wrote**
6.00 **Tenko** 7/10. Natalie Trier hands over her research notes to Beatrice. (S2)
7.00 **M*A*S*H** Four episodes of the comedy. (S2)
9.00 **Taggart** *Saints and Sinners:* The team look into a lawyer's murder. **10.30** *Puppet on a String:* A medical researcher accuses a rival doctor of trying to kill him with a syringe full of lethal drugs.
12.00 M'T **Tenko** As 6.00pm.
1.00 AM **M*A*S*H** (S11)
2.00 **Rumpole of the Bailey**
3.00 **The New Avengers**
4.00 **to 6.00** AM **Due South**

+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 226 | 312 382

7.10 AM **Murdoch Mysteries**
9.00 **Inspector George Gently**
11.00 **Motive** 5/13. (S1)
12.00 NOON **Miss Fisher's Murder Mysteries** 5/13. (S1)
1.00 PM **Father Brown** As 10pm.
2.00 **Murdoch Mysteries** (S10)
4.00 **Rizzoli & Isles** 14/16. A musician is stabbed to death. **5.00** 15/16. A chef dies after being poisoned. (S4)
6.00 **The Guardian** 7/22. Nick tries to help a man with learning difficulties who has been accused of murder. (S1)

8.00 Miss Fisher's Murder...

7.00 **Unforgettable** *Reunion:* 13/13. A murder at her high-school reunion requires Carrie to take charge of the night. (S2)

8.00 **Miss Fisher's Murder Mysteries** *Ruddy Gore:* 6/13. An actor dies during a production of operetta *Ruddigore*. (S1)

9.00 **New Tricks** *Setting Out Your Stall:* A new lead links the death of a market trader to a series of drug rapes.

10.00 **Father Brown** *The Chedworth Cyclone:* The priest is drawn into the world of boxing after the death of a local fighter.

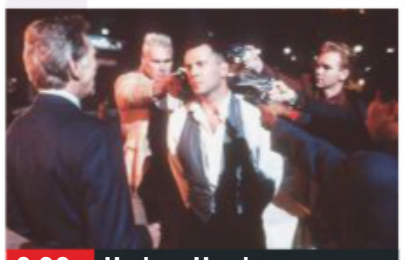
11.00 **Rush** 4/22. An escalating hostage situation causes trouble for Shannon. (S2)
12.00 M'T **Unforgettable** 8/13. Al and Carrie pose as a couple to lure a killer out of hiding. (S2)
1.00 AM **Inspector George Gently**
3.00 **to 4.00** AM **Motive**

+1 hour 232 191

Syfy

114 114 814 | 135 165 | 319 375

6.00 AM **Star Trek: Voyager** (S7)
8.00 **Teleshopping**
11.00 **Atlantis** 9/13. (S2)
12.00 NOON **FILM Tornado Warning** Sci-fi action thriller. (2012, PG, 90min) ★★
2.00 PM **The Outpost** 7/10. (S1)
3.00 **Stargate Atlantis** 6/20. (S1)
4.00 **Star Trek: Voyager** (S7)
6.00 **Star Trek: The Next Generation** *The Arsenal of Freedom:* 21/26. The crew find themselves under attack from a sophisticated weapons system. (S1)



9.00 Hudson Hawk

7.00 **Star Trek: The Next Generation** *Symbiosis:* 22/26. Two alien races go to war over a shipment of drugs. (S1)

8.00 **Stargate Atlantis** *Poisoning the Well:* 7/20. The team investigate a drug developed on an alien planet. (S1)

9.00 **FILM Hudson Hawk** Anarchic action comedy starring Bruce Willis as a cat burglar who is blackmailed into robbing the Vatican. With Andie MacDowell, Danny Aiello and Sandra Bernhard. (1991, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

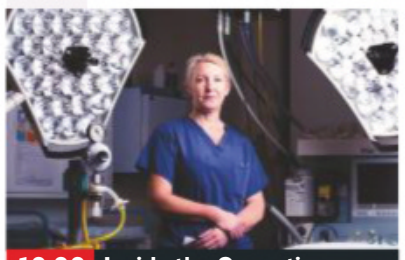
11.00 **FILM Replicant** Sci-fi thriller starring Jean-Claude Van Damme. (2001, 18, 96min) ★
1.10 AM **Star Trek: The Next Generation** Triple bill. (S7)
4.10 **to 6.00** AM **FILM San Andreas: Mega Eruption** Sci-fi. (2017, PG, 99min) ★★

+1 hour 214 136

W

109 109 809 | 125 211 | 311 383

6.10 AM **My Dream Home: Brother v Brother**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Supernanny US**
12.00 NOON **Tipping Point**
2.00 PM **My Dream Home: Brother v Brother**
4.00 **Flip or Flop** Tarek and Christina enlist a friend's help. **4.30** Tarek and Christina try to update a 1920s era home in Torrance, California.
5.00 **Tipping Point** Double bill of the arcade-themed quiz show.



10.00 Inside the Operating...

7.00 **My Dream Home** Property experts Drew and Jonathan Scott help Melissa and Joe find a permanent abode.

8.00 **Inside the Ambulance** Paramedics come to the aid of a 74-year-old man with a long list of serious health problems.

9.00 **999 Rescue Squad** The discovery of underwear on a canal bank sparks a risky missing persons search.

10.00 **Inside the Operating Theatre NEW EDITION** 8/10. Irene has gel removed from her eye to help her see again.

11.00 **Emily Atack: Adulting** The actress confronts her body-image demons, and recalls painful memories of being bullied as a teenager.
12.00 M'T **American Housewife** Four episodes. (S2)
2.00 **to 3.00** AM **Secrets and Lies**

+1 hour 209 190

Universal

113 113 813 | 137 164 | 320 385

8.00 AM **Sea Patrol** 13/13. (S2)
9.00 **Rescue: Code One**
10.00 **Murder in Paradise**
11.00 **CSI: Miami** As 12.00m't.
12.00 NOON **Law & Order** (S11)
1.00 PM **Law & Order** (S11)
4.00 **NCIS** 12/24. A US Navy recruitment officer is murdered at a high school. **5.00** 13/24. The team suspect a US Marine has beaten her husband to death. **6.00** 14/24. The agents are forced to undergo psychological evaluations. (S8)

9.00 Runaway Jury

7.00 **NCIS** *Defiance:* 15/24. The team protect the daughter of a foreign defence secretary while she studies in America. (S8)

8.00 **Rescue: Code One** An emergency team try to save a drowning man. **8.30** A baby who is struggling to breathe.

9.00 **FILM Runaway Jury** Courtroom thriller based on the novel by John Grisham, starring John Cusack, Gene Hackman, Dustin Hoffman and Rachel Weisz. (2003, 12, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

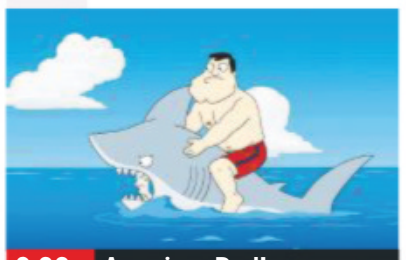
12.00 M'T **Law & Order: Special Victims Unit** 4/24. (S11)
1.00 AM **Murder in Paradise**
2.00 **NEW SERIES Departure** *See feature, page 4* (S1)
3.00 **Law & Order: Special Victims Unit** 7/24. (S20)
4.00 **to 5.00** AM **Sea Patrol**

+1 hour 213 138

FOX

124 124 821 | 157 199

8.00 AM **Monk** 9/16. (S6)
9.00 **Bones** 22/23. (S6)
10.00 **Bull** 8/23. (S1)
11.00 **NCIS** 11/24. (S14)
12.00 NOON **Bones** (S6)
2.00 PM **The Mentalist** 6/22. (S6)
3.00 **NCIS** 12/24. (S14)
4.00 **Bull** *EJ:* 10/23. (S1)
5.00 **Bones** 2/13. Cam's decision to reappoint Finn in the Jeffersonian team is met with hostility. (S7)
6.00 **The Mentalist** 7/22. The list of Red John suspects is narrowed to two. (S6)



9.00 American Dad!

7.00 **NCIS** *Keep Going:* 13/24. Palmer faces a dilemma when he spots a seemingly suicidal man standing on a ledge.

8.00 **NCIS** *Nonstop:* 14/24. The death of a petty officer prompts the team to once again enlist the help of The Sherlocks. (S14)

9.00 **American Dad! NEW EPISODE** 16/22. Stan has Roger pretend to be a shark. (S15) **9.30** 5/20. (S10)

10.00 **Family Guy** 8/22. Meg's first kiss is broadcast on TV. (S3) **10.30** 16/20. The show is re-imagined. (S16)

11.00 **American Dad!** 8&9/18. Double bill of episodes. (S6)
12.00 M'T **Family Guy** (S1)
1.00 AM **Family Guy** (S11)
1.30 **American Dad!** (S6)
2.00 **Family Guy** (S15)
3.00 **American Dad!** (S6)
4.00 **to 5.00** AM **Monk**

+1 hour 224 158

7 PM **8 PM** **9 PM** **10 PM**

E!

123 123 834 | 156 | 321 386

7.00 AM **Keeping Up with the Kardashians**
10.00 **Big Rich Texas**
11.00 **News: Daily Pop**
12.00 NOON **Life of Kylie**
1.00 PM **Keeping Up with the Kardashians**
3.00 **Kourtney & Kim Take New York**
4.00 **Botched**
5.00 **Keeping Up with the Kardashians**
7.00 **News** Showbiz news.
8.00 **Relatively Nat & Liv** Nat, Liv and Sophia head to London.
9.00 **Keeping Up with the Kardashians** Kim and Kourtney take Khloe on a getaway to help her cope with the news.
10.00 **Botched** Double bill.
12.00 M'T **Very Cavallari**
1.00 AM **Botched by Nature**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **Total Bellas**

Sky Arts

122 122 820 | 122 206

6.00 AM **Darbar Festival**
7.00 **Berlioz: Requiem**
9.00 **Tales of the Unexpected**
10.00 **Trailblazers: New Romantics**
11.00 **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **André Rieu: Dance the Night Away**
3.00 **Gene Kelly: To Live and Dance**
4.00 **Trailblazers: Pop Radio**
5.00 **Discovering**
7.00 **Video Killed the Radio Star** Madonna videos.
7.30 **Creedence Clearwater Revival: Music Icons**
8.00 **Passions**
9.00 **The 2000s**
10.00 **JRR Tolkien: Designer of Worlds**
11.15 **Close to You: Remembering the Carpenters**
12.30 AM **Bee Gees: In Our Own Time**
1.50 **Rise of the Superheroes**
4.00 **to 6.00** AM **Discovering**

4seven

137 143 203 | 47 110 | 127

9.00 AM **Couples Come Dine with Me** In north London.
10.00 **Posh Pawnbrokers**
11.00 **A Place in the Sun**
12.00 NOON **Coast vs Country**
1.00 PM **Kirstie's Celebrity Craft Masters**
2.00 **A Place in the Sun**
3.00 **Everybody Loves Raymond** 3&4/22. (S1)
4.00 **Frasier** 11&12/24. (S5)
5.00 **Undercover Boss USA**
6.00 **Ramsay's Kitchen Nightmares USA**
8.00 **George Clarke's Old House, New Home** Bringing a mock Tudor coach house up to date.
9.00 **Celebrity Gogglebox**
10.00 **999: What's Your Emergency?**
11.05 **8 Out of 10 Cats Does Countdown**
12.05 AM **Year of the Rabbit**
12.40 **Let's Talk About Sex**
1.50 **24 Hours in A&E**
2.55 **Undercover Boss USA**
3.50 **to 4.50** AM **Kitchen Nightmares USA**

5USA

141/169 153 | 21 | 129

9.00 AM **Catch a Contractor**
9.20 **Remington Steele** (S3)
10.10 **CSI: NY** 17/25. (S5)
11.10 **Rookie Blue** 9/13. (S4)
12.05 PM **Castle** 21/22. (S8)
1.05 **Law & Order** (S16)
3.00 **Murder, She Wrote**
6.05 **Law & Order** (S16)
8.00 **NCIS** *No Good Deed:* 20/24. DiNozzo has to work with Zoe. (S12)
9.00 **Ransom** *Joe:* 7/13. The team try to secure the release of an engineer for collision avoidance software. (S1)
10.00 **Law & Order: Special Victims Unit** *Home:* 16/25. The police suspect a boy is being abused by his mentally ill mother. (S5)
10.55 **Law & Order: Special Victims Unit** (S5)
12.55 AM **CSI: Miami** (S7)
2.50 **Chicago PD** 1/23. (S4)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 | 30 | 131

8.00 AM **My Wife and Kids**
8.25 **Smallville** 13/21. (S1)
9.10 **Dance Moms**
11.05 **My Wife and Kids**
12.05 PM **Two and a Half Men** (S2&5)
1.00 **Two and a Half Men**
2.00 **Last Man Standing**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **My Wife and Kids** (S3)
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Two and a Half Men**
8.00 **Last Man Standing**
9.00 **Murdered By My Husband NEW EDITION** 5/7.
10.00 **FILM Harry Brown** Revenge thriller. (2009, 18, 99min) ★★
12.05 AM **Wentworth Prison**
1.05 **Murdered By My Ex: The Killing of Molly McLaren**
2.05 **The Magicians** (S1)
3.05 **Empire** 8/18. (S5)
3.50 **to 4.00** AM **Access**

+1 hour 228 186 56

Drama

143 130 | 20 | 158

7.10 AM **Boon**
8.00 **Soldier, Soldier**
10.00 **Classic Holby City**
11.00 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **The Brokenwood Mysteries**
4.20 **Auf Wiedersehen, Pet**
5.20 **Birds of a Feather**
6.00 **'Allo 'Allo!**
6.40 **As Time Goes By**
7.20 **Last of the Summer Wine** Compo remembers someone owes him money.
8.00 **Kavanagh QC** *A Sense of Loss:* A female police officer is murdered.
9.30 **Silent Witness** *Squaring the Circle:* A nanny working for a Russian oligarch is killed in a botched assassination attempt, a bloody shootout that also leaves a hitman dead.
11.50 **Ashes to Ashes**
1.05 AM **The White Queen**
3.05 **to 4.00** AM **Bergerac**

TUESDAY Entertainment & Lifestyle

AMC

186 186 840 332 381

Programmes start at 1pm.

1.00 PM **Mad Men** (S4)
2.00 **Law & Order** (S3)
2.55 **Zoom In**
3.05 **FILM 6 Below: Miracle on the Mountain** Adventure. (2016, 12, 98min) ★★★
5.00 **Mad Men** (S4)
6.00 **Law & Order** (S3)
6.55 **FILM House of Flying Daggers** Romantic adventure. (2004, 15, 119min) ★★★★★
9.00 **Feed the Beast** (S1)
10.55 **Better Call Saul** *Slip:* 8/10. Nacho picks up a skill and Kim stands up to Hamlin. (S3)
11.55 **FILM Awake** Suspense thriller. (2007, 15, 80min) ★★★
1.35 AM **Feed the Beast** (S1)
3.25 **Mad Men** (S4)
4.20 **to 5.30** AM **Law & Order**

CBS Drama

147 197 71 134

9.00 AM **Medium** (S4)
10.00 **ER** 4/22. (S4)
11.00 **The Love Boat** (S7)
12.00 NOON **Judge Judy**
1.00 PM **The High Chaparral**
3.00 **Walker, Texas Ranger**
4.00 **Unsolved Mysteries**
6.00 **The Love Boat** (S7)
7.00 **CSI: Miami** *Under the Influence:* 3/24. A woman is pushed under a bus. (S3)
8.00 **Judge Judy**
9.00 **Medium** *Aftertaste:* 6/16. Allison dreams about Devalos's strongest supporter. (S4)
10.00 **CSI: Miami** *Murder in a Flash:* 4/24. E-mails and text messages trigger a mass gathering. (S3)
11.00 **The Love Boat** (S7)
12.00 M'T **Judge Judy**
1.00 AM **ER** 5/22. (S4)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Diagnosis Murder** (S6)
5.00 **to 6.00** AM **Walker, Texas Ranger**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Matlock** (S3)
12.00 NOON **Perry Mason**
1.05 PM **JAG** 11/15. (S2)
2.05 **CSI: Miami** (S5)
3.00 **NCIS** 13/24. (S4)
4.00 **CSI: NY** 8/23. (S1)
5.00 **Matlock** (S3)
6.00 **Perry Mason** (S6)
7.05 **NCIS** *Recruited:* 12/24. A US navy recruitment officer is murdered at a high school. (S8)
8.00 **Walker, Texas Ranger** *Bounty:* 5/28. Walker tries to catch two young criminals. (S1)
9.00 **NCIS** *Devil's Triad:* 10/24. The team investigate a Marine's murder. (S11)
10.00 **CSI: NY** 9/23. (S1)
11.00 **NCIS** 13/24. (S8)
12.00 M'T **CSI: Miami** (S5)
1.00 AM **NCIS** As 9.00pm.
2.00 **Gunsmoke** (S17)
3.05 **Bonanza** (S12)
4.00 **Walker, Texas Ranger**
4.50 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives**
8.00 **Donal MacIntyre's Murder Files** Donal MacIntyre interviews former Detective Chief Inspector Sue Hill.
9.00 **Cold Blood** A couple are strangled to death in their home.
10.00 **Murder By the Sea** Michael Ross was just 15-years-old when he shot Shamsuddin Mahmood in the face and fled.
11.00 **It Takes a Killer**
12.00 M'T **Wives with Knives**
1.00 AM **Cold Blood**
2.00 **Murder By the Sea**
3.00 **Beyond Scared Straight**
3.45 **Beyond Belief: Fact or Fiction?**
4.40 **Unsolved Mysteries**
5.30 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

145 139 46 146

6.00 AM **Catchphrase**
7.00 **Family Fortunes**
8.00 **Dale's Supermarket Sweep** Double bill.
9.00 **The Chase**
10.00 **Bruce's Price Is Right**
11.00 **Blockbusters**
12.00 NOON **Wheel of Fortune** Game show.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **Merry Chasemas**
4.00 **Bullseye**
6.00 **The Cube**
7.00 **Pointless** Quiz show.
8.00 **The Chase** Quiz show,.
10.00 **Who Wants to Be a Millionaire? Celebrity Christmas Special – Part One** With Simon Cowell and Neil Fox.
11.00 **Bullseye**
1.00 AM **Merry Chasemas**
2.00 **The Chase**
4.00 **The Chase USA**
5.00 **to 6.00** AM **Golden Balls**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Impractical Jokers: Inside Jokes**
7.00 **Teleshopping**
9.00 **Friends** (S7&8)
11.00 **The Middle** (S4)
1.00 PM **My Name Is Earl**
2.00 **Wipeout USA**
4.00 **Impractical Jokers: Inside Jokes**
5.00 **Fresh Prince of Bel Air**
7.00 **Impractical Jokers: Inside Jokes**
8.00 **Impractical Jokers**
9.00 **Lee Evans Live at Her Majesty's Theatre**
10.20 **Friends** (S8)
11.20 **RuPaul's Drag Race**
12.50 AM **Russell Howard's Stand Up Central**
1.50 **My Name Is Earl** (S3)
2.50 **Borderline** (S1)
3.20 **Teachers** (S1)
3.40 **Fameless Prankers**
4.05 **Bordertown** (S1)
4.30 **Wipeout USA**
5.15 **to 6.00** AM **Impractical Jokers Special**

+1 hour 227

Food Network

172 291 41 148

6.00 AM **Giada at Home**
9.00 **Jamie at Home**
11.00 **The Pioneer Woman**
1.00 PM **Diners, Drive-Ins, And Dives**
4.30 **Girl Meets Farm NEW EDITION**
5.00 **Barefoot Contessa – Back to Basics NEW EDITIONS** Double bill.
6.00 **Man Fire Food**
7.00 **The Pioneer Woman**
8.00 **Diners, Drive-Ins, And Dives NEW EDITION** Restaurants serving big flavour in small towns.
9.00 **Diners, Drive-Ins, And Dives** Double bill.
10.00 **Burgers, Brew & 'Que NEW EDITIONS**
11.00 **Mystery Diners**
12.00 M'T **Diners, Drive-Ins, And Dives** Double bill.
1.00 AM **Restaurant: Impossible**
2.00 **to 3.00** AM **Mystery Diners**

+1 hour 272 149

Good Food

133 133 827 278 279 313 388

6.10 AM **Choccywoccy-doodah: Starstruck**
7.00 **Great British Menu**
8.00 **James Martin: Delicious**
9.00 **Scandimania**
10.00 **Bikers' Best of British**
11.00 **Rick's Seafood Odyssey**
12.00 NOON **Hairy Bikers: Mums Know Best**
1.00 PM **Great British Menu**
2.00 **James Martin: Delicious**
3.00 **Scandimania**
4.00 **Rick's Seafood Odyssey**
5.00 **Bikers' Best of British**
6.00 **The Hairy Bikers: Mums Know Best**
7.00 **James Martin: Delicious**
8.00 **Scandimania** Denmark.
9.00 **Rick's Seafood Odyssey**
10.00 **Great British Menu**
11.00 **Born to Cook**
12.00 M'T **James Martin: Delicious** Double bill.
1.00 AM **Tasty Weekends**
2.00 **Teleshopping**
5.00 **to 6.10** AM **Bill's Tasty Weekends**

+1 hour 233 280

Lifetime

164 838 208 209 329 384

7.00 AM **Judge Judy**
1.00 PM **Judge Judy**
2.00 **The Real Housewives of Beverly Hills**
3.00 **Bring It!**
4.00 **Dance Moms**
5.00 **Pawn Stars**
6.00 **Judge Judy**
9.00 **Rooster & Butch** Mike McConaughey and Wayne Gilliam assess a live social networking app.
10.00 **Project Runway: Fashion Startup** One entrepreneur aims to revolutionise the lingerie business. **11.30** Les offers to buy a diamond-encrusted watch.
11.00 **Hardcore Pawn** The price of gold drops.
12.00 M'T **Real Housewives of Beverly Hills**
1.00 AM **Pawn Stars**
2.00 **Rooster & Butch**
3.00 **to 4.00** AM **Judge Judy**

Paramount Network

153 188 187 54 132

9.00 AM **Gilmore Girls**
10.50 **FILM Killer Ending** Kidnap thriller. (2018, 12, 90min) ★★
12.30 PM **FILM Saved from Sorrow: Mysterious Grace** Drama. (2016, PG, 85min) ★★
2.15 **FILM Deadly Delusion** Thriller with Haylie Duff. (2017, PG, 97min) ★★
4.00 **Suits** 4/16. (S2)
5.00 **The Office (US)** (S3)
6.00 **House** (S2)
7.55 **Access** Showbiz news.
8.00 **Grimm** 9/22. (S4)
9.00 **The Mick NEW EPISODES** (S2)
10.00 **Marvel's Agent Carter**
10.55 **The X-Files** 16/21. (S8)
11.55 **The Mick** (S1)
12.55 AM **LA to Vegas** (S1)
1.50 **Grimm** As 8.00pm.
2.40 **Marvel's Agent Carter**
3.25 **House** (S2)
4.10 **Lip Sync Battle**
5.00 **Neighbours**
5.30 **to 6.00** AM **Home and Away**

Quest

144 144 172 217 12 114 167

6.00 AM **Lake Escapes**
6.30 **Total Fishing**
7.00 **MotoGP Highlights**
8.00 **Aussie Gold Hunters**
9.00 **Shed and Buried**
10.00 **Wheeler Dealers**
11.00 **Chasing Classic Cars**
12.00 NOON **Incredible Engineering Blunders**
1.00 PM **Aussie Gold Hunters**
2.00 **Deadliest Catch**
3.00 **Salvage Hunters**
5.00 **Airplane Repo**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Mighty Cruise Ships NEW EDITION**
10.00 **NEW SERIES Steel Buddies Specials**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Chasing Classic Cars**
2.00 **Wheels That Fail**
3.00 **Destroyed in Seconds**
4.00 **Swamp Loggers**
5.00 **to 6.00** AM **Overhaulin'**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **Say Yes... Atlanta**
7.00 **Bondi Vet**
8.00 **Animal Cops Houston**
10.00 **Money for Nothing**
11.00 **Forensic Detectives**
12.00 NOON **Disappeared**
1.00 PM **Say Yes to the Dress: Big Bliss**
2.00 **Say Yes to the Dress**
4.00 **Say Yes... Atlanta**
5.00 **Say Yes to the Dress**
6.00 **Salvage Hunters**
7.00 **Money for Nothing**
8.00 **My 600lb Life**
9.00 **My 600lb Life NEW EDITION**
11.00 **FBI Files**
12.00 M'T **Forensic Detectives**
1.00 AM **Couples Who Kill**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops SF**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Home Away from Home** Home-swapping.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Countryside 999**
11.00 **DIY SOS: The Big Build**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Fantasy Homes by the Sea** On Crete.
3.00 **Homes Under the Hammer** In Kent.
4.00 **Most Haunted**
6.00 **Celebrity Antiques Road Trip** With Hermione Norris and John Thomson.
7.00 **Antiques Road Trip**
9.00 **DIY SOS: The Big Build**
10.00 **The Menendez Murders: Erik Tells All**
11.00 **Helicopter ER**
12.00 M'T **Born to Kill?**
1.00 AM **Crime Stories**
2.00 **Teleshopping**
4.00 **Most Haunted**
4.50 **to 6.00** AM **Dr G: Medical Examiner**

Sony Crime

157 193 143

7.00 AM **Bizarre Murders**
8.00 **48 Hours: Mystery**
10.00 **Fatal Attraction**
11.00 **Body of Evidence**
1.00 PM **48 Hours: Mystery**
3.00 **Facing Evil**
4.00 **Fear Thy Neighbour**
5.00 **Fatal Attraction**
6.00 **Fatal Vows**
7.00 **Bizarre Murders**
8.00 **Bizarre Murders** A stripper and a drug dealer figure out the perfect plan. **8.30** A gang of thugs botch kidnapping and murder attempts.
9.00 **Deadly Women** A housewife who stabbed two of her sons. **10.00** Three cases of murderous females.
11.00 **Fear Thy Neighbour**
12.00 M'T **Fatal Attraction**
1.00 AM **Deadly Women**
3.00 **to 4.00** AM **Body of Evidence**

+1 hour 257

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 **Benefits House: Me & My 26 Kids**
11.00 **The Dog Rescuers**
12.00 NOON **Paddington Station 24/7**
1.00 PM **Cruising with Jane McDonald** Iceland.
2.00 **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
5.00 **The Dog Rescuers**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **Sunk: The Mary Rose – Secrets from the Deep**
10.00 **Britannia: Secrets of the Royal Yacht**
11.00 **Warship: Life at Sea**
12.00 M'T **The Nightmare Neighbour Next Door**
1.00 AM **Too Fat for Love**
2.00 **Carpenters: Their Greatest Hits**
3.00 **to 4.00** AM **Who Killed Tutankhamun?**

5Spike

150 154 31 141

9.00 AM **Access**
9.10 **Criminals: Caught on Camera** Video footage.
9.40 **The A-Team** (S1)
10.45 **Police Interceptors**
11.45 **Can't Pay? We'll Take It Away!** Double bill.
1.45 PM **FILM Will Penny** Western. (1967, PG, 109min) ★★★
4.00 **Traffic Cops Special – Carjacked**
5.00 **The A-Team**
7.00 **Police Interceptors**
8.00 **Traffic Cops**
9.00 **Airport Security: Peru** Behind the scenes at Peru's largest airport.
10.05 **FILM Chaos** Police thriller. (2005, 15, 106min) ★★★
12.15 AM **Fights, Camera, Action!** Video footage.
1.15 **Idiot TV**
2.15 **Criminals: Caught on Camera**
2.50 **to 3.00** AM **Access**

+1 hour 250

TLC

140 140 831 167 168 323 377

6.00 AM **Say Yes to the Dress: Atlanta**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... UK**
10.00 **90 Day Fiancé**
12.00 NOON **My 600lb Life**
2.00 PM **Nate & Jeremiah**
3.00 **Good Bones**
4.00 **Say Yes... Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **NEW SERIES Good Bones** Mina and Karen transform a large home.
9.00 **My Lottery Dream Home NEW EDITIONS**
10.00 **Curvy Brides Boutique**
11.00 **90 Day Fiancé: Before the 90 Days**
1.00 AM **Good Bones**
2.00 **My Lottery Dream Home** Double bill.
3.00 **Curvy Brides Boutique**
4.00 **Nate & Jeremiah**
5.00 **to 6.00** AM **Good Bones**

+1 hour 240 169

Blaze

187 187 216 63 162

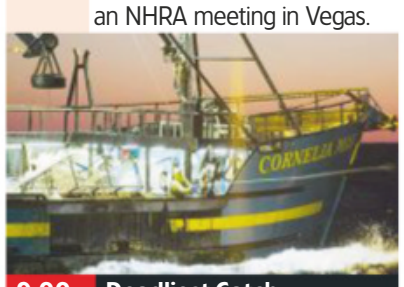
6.00 AM **Parking Wars**
7.00 **UFO Files**
8.00 **Alien Files: Unsealed**
9.00 **American Restoration**
10.00 **Cajun Pawn Stars**
11.00 **Pawn Stars**
12.00 NOON **Storage Wars: Texas** Double bill.
1.00 PM **Hardcore Pawn**
2.00 **Highway Thru Hell**
3.00 **Alien Files: Unsealed**
4.00 **UFO Files**
5.00 **Hardcore Pawn**
6.00 **Storage Wars: Texas**
7.00 **American Restoration**
8.00 **Pawn Stars**
9.00 **Counting Cars**
9.30 **Counting Cars: Best of**
10.00 **Wicked Tuna**
11.00 **Storage Wars: Texas**
12.00 M'T **Pawn Stars**
1.00 AM **Parking Wars**
2.00 **American Restoration**
3.00 **Billy the Exterminator**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Hardcore Pawn**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Outback Truckers**
7.00 **Wheeler Dealers**
9.00 **Naked and Afraid XL**
11.00 **The Best of Wheeler Dealers** Highlights.
12.00 NOON **Railroad Alaska**
1.00 PM **Combat Dealers** A rare German Panzer 1 tank.
2.00 **Overhaulin' Chronicles Vol. 1**
3.00 **Kindig Customs** Dave comes up with a way to customise parts for a 1968 Camaro.
4.00 **Wheeler Dealers**
6.00 **Fast N' Loud** Aaron attends an NHRA meeting in Vegas.



9.00 Deadliest Catch

7.00 Outback Truckers Steve Graham finds himself up the creek without a paddle on a desert island delivery.

8.00 Combat Dealers Bruce Crompton travels the world to view vehicles and memorabilia worth buying and restoring.

9.00 Deadliest Catch NEW EDITION The crew deal with the coldest weather in nearly a decade. Meanwhile, a shocking mishap leaves one of the Hansens grasping for their life.

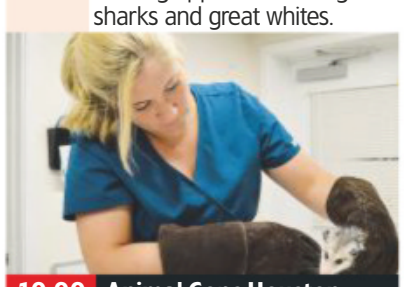
11.00 **Wheeler Dealers** Mike converts a classic 1965 Plymouth Barracuda.
12.00 M'T **Deadliest Catch**
2.00 AM **FBI Files**
3.00 **FBI Files**
3.50 **Garage Rehab**
4.40 **Gold Rush**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
8.00 **Animal Cops Houston**
10.00 **Pit Bulls & Parolees**
12.00 NOON **Into Alaska**
2.00 PM **Animal Cops Houston**
3.00 **Pit Bulls & Parolees**
4.00 **Tanked** The team complete a tank for an amusement park.
5.00 **Dr Jeff: Rocky Mountain Vet** A golden retriever is rushed in with a broken leg.
6.00 **How Sharks Hunt** The hunting approaches of tiger sharks and great whites.



10.00 Animal Cops Houston

7.00 Untamed China Nigel Marven explores three of the country's deserts, where he encounters sand-swimming snakes.

8.00 Alaskan Bush People The Browns are ready to return, but emergencies threaten to keep them stuck in modern society.

9.00 Swimming with Monsters with Steve Backshall The naturalist travels to the Pantanal wetland area of Brazil.

10.00 Animal Cops Houston An investigator rescues ferrets abandoned in a house in freezing temperatures.

11.00 **Pit Bulls & Parolees**
12.00 M'T **Intruders**
1.00 AM **Animal Cops Houston**
2.00 **Untamed China** As 7.00pm.
3.00 **Alaskan Bush People**
3.50 **Swimming with Monsters with Steve Backshall**
4.40 **Meet the Penguins**
5.10 **to 6.00** AM **Tanked**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **WWII's Greatest Raids**
9.00 **WW2: Hell Under the Sea**
10.00 **Nazi Megastructures**
11.00 **Supercar Megabuild**
12.00 NOON **Strippers: Cars for Cash** Looking for campervan and VW Beetle parts.
1.00 PM **Ice Road Rescue**
2.00 **Wicked Tuna** Captain Dave Carraro races into the lead.
3.00 **Air Crash Investigation**
5.00 **Car SOS** Fuzz Townshend and Tim Shaw secretly restore a 1968 Morris Traveller.
6.00 Repairing a Golf GTI.

8.00 Wicked Tuna

7.00 Drain the Oceans Exploring the site of one of the largest naval battles in history, fought 700 years ago.

8.00 Wicked Tuna As the clock ticks this is the crews' last chance to get ahead and for others, it is the end of the line.

9.00 Battleground Brothers The battalion of US Marines come under fire while trying to take out a drug baron's compound.

10.00 Breakout How political prisoners in South Africa walked to freedom using keys they had carved in a woodwork class.

11.00 **Banged Up Abroad**
12.00 M'T **America's Hardest Prisons** An insight into the lives of the inmates of maximum-security facilities.
1.00 AM **Underworld, Inc**
2.00 **Nazi Megastructures**
3.00 **WW2: Hell Under the Sea**
4.00 **to 5.00** AM **Drain the Oceans**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
9.00 **Mountain Men**
10.00 **Ancient Aliens**
11.00 **Pawn Stars**
12.00 NOON **Forged in Fire**
1.00 PM **Digging for Britain**
2.00 **Storage Wars** Four editions.
4.00 **Mountain Men**
5.00 **Forged in Fire** Masters compete alongside their apprentices in this first-ever team challenge.
6.00 Two smiths craft a deadly headhunting sword.

9.00 Knightfall

7.00 American Pickers Mike Wolfe and Frank Fritz come across a hideaway filled with mementos from a bluegrass legend.

8.00 Swamp People NEW EDITION Joey and Zak doggedly pursue a mysterious gator known as the Phantom.

9.00 Knightfall NEW EPISODE *The Devil Inside*: 2/8. Talus guides Landry as he continues his training. (S2)

10.00 The Crusades: Crescent and the Cross Series of dramatic reconstructions offering an insight into the Crusades.

11.00 **Ancient Aliens**
12.00 M'T **American Pickers: Best Of** People who are not afraid to go big when it comes to collecting.
1.00 AM **Swamp People**
2.00 **Digging for Britain**
3.00 **American Pickers**
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **Ancient Black Ops**
7.10 **Looking Underground: A Time Team Special**
8.00 **Time Team**
10.00 **Churchill's Bodyguard**
11.00 **Abandoned Engineering**
12.00 NOON **Time Team**
2.00 PM **Life in the Great Wetlands** East Malaysia.
3.00 **Life in the Air**
4.00 **Bangers and Cash**
5.00 **Abandoned Engineering**
6.00 **Churchill's Bodyguard** The politician comes under fire.

8.00 Secrets of the Railways

7.00 Bangers and Cash Derek collects a Jaguar Mark 2 and explains why they made poor getaway cars for 1960s bank robbers.

8.00 Secrets of the Railways NEW EDITION Examining the Nordland Line, the longest in Norway at 453 miles.

9.00 dinnerladies A convict escapes in the fog on his way to Strangeways. **9.40** Bren's past catches up with her, threatening to ruin any prospects of romance. **10.20** Twinkle and Stan spoil Petula's Christmas plans.

11.05 **The Two Ronnies** With singer Chelsea Brown. **12.00** M'T With music by Thelma Houston. **12.50** AM Alan Price and Georgie Fame guest on the vintage comedy show.
1.40 **Ancient Black Ops**
2.30 **to 3.00** AM **Battle Factory**

+1 hour 255 200

Tuesday

7 PM **8 PM** **9 PM** **10 PM**

Disc. History

171 262

6.00 AM **Aircraft Stories**
7.00 **Mark Williams on the Rails** Double bill.
8.00 **Kings of Construction**
9.00 **Future Weapons**
10.00 **Battlefield**
12.00 NOON **Aircraft Stories**
1.00 PM **Mark Williams on the Rails** Double bill.
2.00 **Kings of Construction**
3.00 **Future Weapons**
4.00 **Battlefield**
6.00 **Blowing Up History**
7.00 **Cold War Armageddon**
8.00 **Edge of War**
9.00 **Built from Disaster**
10.00 **Aircrash Confidential** Aviation disasters caused by design flaws.
11.00 **Dark Matters**
12.00 M'T **Edge of War**
1.00 AM **Built from Disaster**
2.00 **Aircrash Confidential**
3.00 **Dark Matters**
4.00 **Cold War Armageddon**
5.00 **to 6.00** AM **Blowing Up History**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Polar Bear Town**
10.00 **Collar of Duty**
11.00 **Mountain Gorilla**
12.00 NOON **Africa**
1.00 PM **Orangutan Diary**
2.00 **Polar Bear Town**
3.00 **Collar of Duty**
4.00 **Orangutan Diary**
5.00 **Polar Bear Town**
6.00 **Nature's Miracle Orphans** As 10.00pm.
7.00 **Mountain Gorilla**
8.00 **Africa** East Africa.
9.00 **Russia From Above**
10.00 **Nature's Miracle Orphans** A sloth learns to survive in the wild.
11.00 **Africa** As 8.00pm.
12.00 M'T **Russia From Above**
1.00 AM **Nature's Miracle Orphans** As 10.00pm.
2.00 **Polar Bear Town**
3.00 **Collar of Duty**
3.50 **Mountain Gorilla**
4.40 **Africa** As 8.00pm.
5.30 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **The Birth of Europe**
12.00 NOON **Snakes in the City** The team tackle a black mamba.
1.00 PM **Great Migrations**
4.00 **Monster Fish**
6.00 **Caught in the Act**
7.00 **Snakes in the City** Simon and Siouxsie race to find two snakes in a child's bedroom.
8.00 **Predator In Paradise** Predatory animals living on beaches.
9.00 **World's Deadliest** Examining predators that live in rivers.
10.00 **China's Wild Side: Hidden Worlds** Exploring the wildlife of Yunnan and Tibet.
11.00 **Snakes in the City**
12.00 M'T **Animals Gone Wild**
1.00 AM **Animals Gone Wild**
2.00 **Snakes in the City**
3.00 **to 5.00** AM **Great Migrations**

History 2

163 273 274 330 390

8.00 AM **World War Two Lost Films**
10.00 **Engineering Disasters**
11.00 **Jurassic Fight Club**
12.00 NOON **Ancient Aliens**
2.00 PM **Warriors**
3.00 **World War Two Lost Films** Battles on the Normandy beaches become increasingly ferocious.
5.00 **Engineering Disasters**
6.00 **Jurassic Fight Club** The short-faced bear and mega-lion.
7.00 **WWII's Most Daring Raids** Operation Husky, an amphibious invasion of the island of Sicily.
8.00 **Ancient Aliens** Whether aliens landed on Earth thousands of years ago.
10.00 **Ancient Discoveries**
11.00 **Combat Trains**
12.00 M'T **Jurassic Fight Club**
1.00 AM **Ancient Aliens**
3.00 **Ancient Discoveries**
4.00 **to 5.00** AM **Engineering Disasters**

PBS America

174 276 91 155

8.00 AM **The Merchant Navy**
8.30 **Jewish GIs of WWII**
9.45 **Nazi Hunters**
10.45 **Space Age – Nasa's Story**
11.55 **Jewish GIs of WWII**
1.10 PM **Thai Cave Rescue**
2.20 **Nazi Hunters**
3.15 **Space Age – Nasa's Story**
4.30 **Jewish GIs of WWII**
5.40 **Thai Cave Rescue**
6.55 **Nazi Hunters**
7.50 **Titanic: Band of Courage** The story of the eight musicians who played on as the *RMS Titanic* sank.
9.00 **Space Age – Nasa's Story** The impact of the Apollo programme on Nasa's capacity for space travel.
10.15 **Nazi Creatures**
11.30 **Titanic: Band of Courage** As 7.50pm.
12.50 **to 2.00** AM **Space Age – Nasa's Story**

CI

156 156 835 223 222 328 380

6.00 AM **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **The First 48**
12.00 NOON **Crimes That Shook Australia**
1.00 PM **Crimes That Shook Britain**
2.00 **Nightmare in Suburbia**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48**
7.00 **Homicide Hunter**
8.00 **Killer In Plain Sight**
9.00 **Murder On the Social Network**
10.00 **Kids Behind Bars: Life Or Parole NEW EDITION**
11.00 **The First 48**
12.00 M'T **Darkest Taboos**
1.00 AM **Kids Behind Bars: Life Or Parole**
2.00 **Nightmare in Suburbia**
3.00 **Crimes That Shook...**
4.00 **to 6.00** AM **Highlights**

+1 hour 256 224

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

TUESDAY Films

Tuesday

Sky Premiere

301 301 842 431 401 501

6.00 AM **Cats** As 5.50pm.
8.00 **Juliet, Naked** As 4.00pm.
9.50 **The Top Ten Show**
10.10 **PREMIERE Two for Joy**
12.00 NOON **The Keeping Hours**
1.50 PM **The Girl in the Spider's Web** As shown at 8.00pm.
4.00 **Juliet, Naked** Romantic comedy with Ethan Hawke. (2018, 15, 97min) ★★★
5.50 **Cats** Animated adventure. (2018, PG, 90min) ★★★
7.45 **Captain Marvel Preview**

10.00 Two for Joy

8 PM

8.00 **The Girl in the Spider's Web** Thriller starring Claire Foy and Sylvia Hoeks. Swedish hacker Lisbeth Salander embarks on a frantic hunt for a stolen computer programme that could spark a global disaster. (2018, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.00 **PREMIERE Two for Joy** Drama with Samantha Morton and Billie Piper. (2018, 15, 100min) ★★★
See review, page 19
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

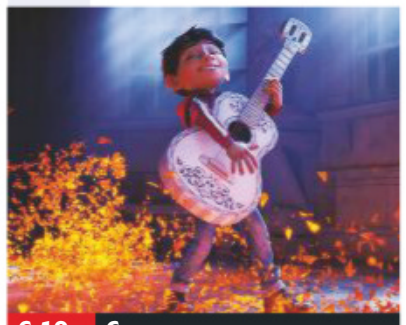
11.40 **The Keeping Hours** Horror with Lee Pace and Carrie Coon. (2017, 12, 91min) ★★★
1.30 AM **Fright Fest** Horror with Dylan Walsh and Romeo Miller. (2018, 15, 90min) ★
3.20 **The Top Ten Show**
3.40 **Love After Love** Drama. (2017, 15, 91min) ★★★★
5.30 **to 6.00** AM **Yesterday: Special**

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

6.15 AM **Bolt** As 4.25pm.
8.00 **Coco** Animation, as 6.10pm.
9.55 **The Fox and the Hound**
11.30 **The Hunchback of Notre Dame** As shown at 11.35pm.
1.10 PM **Pete's Dragon** Musical fantasy with Helen Reddy. (1977, U, 134min) ★★★
3.05 **Cinderella** As 10.15pm.
4.25 **Bolt** Animated adventure. (2008, PG, 103min) ★★★★
6.10 **Coco** Animated fantasy. (2017, PG, 102min) ★★★★


6.10 Coco

8.00 **John Carter** Sci-fi fantasy adventure starring Taylor Kitsch and Lynn Collins. A 19th-century US Civil War veteran becomes a heroic warrior on the planet Mars. With Samantha Morton, Mark Strong and Willem Dafoe. (2012, 12, 126min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

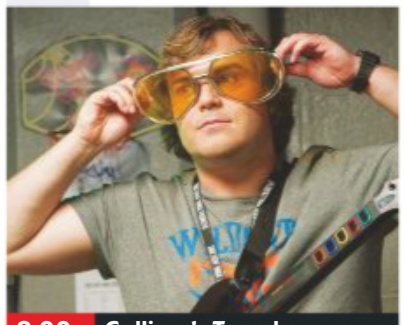
10.15 **Cinderella** Disney animated version of the classic fairy tale. (1950, U, 75min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **The Hunchback of Notre Dame** Animated fantasy featuring the voice of Tom Hulce. (1996, U, 91min) ★★★
1.15 AM **The Fox and the Hound** Animation featuring the voice of Mickey Rooney and Kurt Russell. (1981, U, 83min) ★★★
2.50 **John Carter** As 8.00pm.
5.10 **to 6.40** AM **Tinker Bell** Animated prequel featuring the voice of Mae Whitman. (2008, U, 78min) ★★★

Sky Family

305 305 846 436 406 505

7.00 AM **The Smurfs 2** As 4.30pm.
8.50 **Cleo** Animation. (2016) ★★★
10.20 **Flying the Nest** Animation. (2018, U, 82min) ★★
11.50 **Despicable Me** As 6.20pm.
1.30 PM **Gulliver's Travels** As 8pm.
3.00 **Sgt. Stubby: An Unlikely Hero** Animated adventure. (2018, PG, 84min) ★★★
4.30 **The Smurfs 2** Adventure. (2013, U, 104min) ★★
6.20 **Despicable Me** Animation. (2010, U, 94min) ★★★★


8.00 Gulliver's Travels

8.00 **Gulliver's Travels** Adventure comedy with Jack Black. A New York mailroom worker finds himself in a faraway land populated by little people. (2010, PG, 84min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **My Girl** Bittersweet comedy with Dan Aykroyd. An 11-year-old tomboy becomes lonely when her dad falls for a beautician. (1991, PG, 105min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Big** Comedy with Tom Hanks A 12-year-old boy turns into a 30-year-old man overnight. (1988, PG, 102min) ★★★★★
1.15 AM **#Roxy** Romantic comedy starring Jake Short and Sarah Fisher. (2018, PG, 90min) ★★
3.10 **Woody Woodpecker** Live action and animated comedy. (2017, PG, 91min) ★
4.45 **to 6.20** AM **Maya the Bee: The Honey Games** Animation. (2018, U, 85min) ★★

Sky Action

306 306 847 437 407 502

6.00 AM **Thor: Ragnarok** As 3.15pm.
8.15 **Black Panther** As 5.30pm.
10.40 **Avengers: Infinity War**
1.15 PM **Ant-Man and the Wasp** Fantasy, as 10.30pm.
3.15 **Thor: Ragnarok** Fantasy with Chris Hemsworth, Cate Blanchett and Tom Hiddleston. (2017, 12, 130min) ★★★★
5.30 **Black Panther** Marvel comic-book adventure starring Chadwick Boseman. (2018, 12, 134min) ★★★★

5.30 Black Panther

8.00 **Avengers: Infinity War** Fantasy starring Robert Downey Jr, Josh Brolin and Chris Hemsworth. When galactic warlord Thanos attempts to execute an insane plan, an army of superheroes try to stop him. (2018, 12, 149min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Ant-Man and the Wasp** Fantasy adventure starring Paul Rudd. (2018, 12, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Sucker Punch** Action fantasy starring Emily Browning and Abbie Cornish. (2011, 12, 109min) ★★★
2.40 **V for Vendetta** Action thriller, based on the graphic novel by Alan Moore, starring Natalie Portman and Hugo Weaving. (2005, 15, 132min) ★★★
5.00 **to 6.00** AM **Preview**

Sky Comedy

307 307 848 438 408 506

6.00 AM **The Apartment** Comedy. (1960, b/w, PG) ★★★★★
8.10 **Think Like a Man** Comedy. (2012, 12, 116min) ★★★
10.20 **Spanglish** Comedy drama. (2004, 12, 131min) ★★★
12.35 PM **Jack and Jill** Sibling comedy. (2011, PG, 91min) ★
2.15 **Friends with Benefits** As 8pm.
4.15 **Blockers** As 10.00pm.
6.05 **Nutty Professor II: The Klumps** Comedy sequel. (2000, 12, 105min) ★★★

10.00 Blockers

8.00 **Friends with Benefits** Romantic comedy starring Justin Timberlake and Mila Kunis. Two commitment-shy New Yorkers decide to have a sexual relationship with no strings attached. With Patricia Clarkson. (2011, 15, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Blockers** Comedy with Leslie Mann. Parents try to stop their daughters from losing their virginity on prom night. (2018, 15, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Step Brothers** Comedy with Will Ferrell and John C Reilly. (2008, 15, 97min) ★★★★
1.45 AM **This Is the End** End-of-the-world comedy. (2013, 15, 106min) ★★★
3.40 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
5.15 **to 7.10** AM **That Thing You Do!** Comedy drama. (1996, PG, 107min) ★★★

primetime

Sky Megahits

302 302 843 433 403

7.55 AM **Spider-Man** As 4.50pm.
10.05 **Meet the Fockers** As 7.00pm.
12.05 PM **The Greatest Showman** Musical drama, as 9.00pm.
2.05 **Troy** Spectacular epic inspired by *The Iliad*, starring Brad Pitt. (2004, 15, 163min) ★★★
4.50 **Spider-Man** Fantasy adventure. (2002, 12, 121min) ★★★★
7.00 **Meet the Fockers** Comedy sequel. (2004, 12, 115min) ★★

9.00 **The Greatest Showman** Musical drama starring Hugh Jackman, Zac Efron and Michelle Williams. A former bank clerk attempts to create a New York circus in the mid-1800s. (2017, PG, 102min) ★★★★
11.00 **War of the Worlds** Steven Spielberg's sci-fi adventure with Tom Cruise. When an alien army launches an attack on Earth, a dockworker strives to protect his son and daughter. (2005, 12, 116min) ★★★★

1.00 AM **The Matrix Reloaded** Sci-fi thriller with Keanu Reeves. (2003, 15, 137min) ★★★
3.20 **The Matrix Revolutions** Sci-fi thriller with Keanu Reeves. (2003, 15, 129min) ★★★
5.30 **to 6.00** AM **Black Panther: Special**

Sky Greats

303 303 844 434 404 508

6.00 AM **Anastasia** (1997) ★★★
7.40 **The Desert Rats** War drama. (1953, b/w, U, 88min) ★★★★
9.20 **Serenity** Sci-fi adventure. (2005, 15, 119min) ★★★★
11.25 **Cast Away** As 8.00pm.
1.50 PM **To Sir, with Love** Drama. (1966, PG, 105min) ★★
3.50 **Tootsie** Comedy. (1982) ★★★★
5.50 **Seven Pounds** Drama. (2007, 12, 117min) ★★★★

8.00 **Cast Away** Adventure drama with Tom Hanks as a man who must learn the physical and emotional secrets of survival when he is stranded on a South Pacific island. With Helen Hunt. (2000, 12, 143min) ★★★★
10.25 **Bram Stoker's Dracula** Francis Ford Coppola's adaptation of the classic vampire novel, starring Gary Oldman as Dracula. With Winona Ryder, Anthony Hopkins and Keanu Reeves. (1992, 18, 123min) ★★

12.35 AM **Friday the 13th** Horror thriller starring Betsy Palmer. (1980, 18, 91min) ★★
2.20 **Always** Steven Spielberg's romance with Richard Dreyfuss. (1989, PG, 122min) ★★★
4.30 **to 6.25** AM **To Sir, with Love** Drama, as shown at 1.50pm.

TCM

315 315 854 415 416 512

6.00 AM **Hollywood's Best Film Directors** Double bill.
7.05 **The Rebel** Comedy. (1960) ★★
9.25 **The Long and the Short and the Tall** (1960) ★★★★
11.40 **Fort Defiance** (1951) ★★
1.30 PM **Canyon River** (1956) ★★
3.20 **Robbers' Roost** Western. (1955, U, 83min) ★★
5.10 **Canyon Passage** Western. (1946, PG, 92min) ★★★

7.15 **The Oklahoman** Western with Joel McCrea and Barbara Hale. A widowed doctor becomes the target of gossip when he hires an Indian girl as his housekeeper. (1956, U, 80min) ★★
9.00 **The Glimmer Man** Action thriller with Steven Seagal. A former CIA agent now works as a police detective, but when he joins an LAPD cop on the trail of a serial killer, he realises he hasn't left his past behind. (1996, 18, 91min) ★

10.55 **Swordfish** Thriller starring John Travolta. (2001, 15, 99min) ★★
1.05 AM **Striking Distance** Action thriller. (1993, 18, 102min) ★
3.00 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **The Gorbals Story** (1949)
7.30 **June Allyson**
8.00 **An Alligator Named Daisy** Comedy. (1955, U, 88min) ★★
9.45 **The Second Woman** (1951) ★★
11.35 **I'll Be Seeing You** (1944) ★★
1.20 PM **Helford Oysters**
1.35 **Fame is the Spur** (1947) ★★
3.50 **1950s Celebrity Tea Party**
3.55 **A Nightingale Sang in Berkeley Square** (1980) ★★

6.00 **Get Some In!**
6.30 **Miss Robin Hood** Comedy starring Margaret Rutherford. An elderly eccentric and a timid magazine writer seek to retrieve a secret whisky formula. With James Robertson Justice. (1952, b/w, U, 78min) ★★
8.00 **Our Weekends in 1949**
8.30 **Public Eye**
9.30 **Man in the Middle** Crime drama with Robert Mitchum. An attorney discovers a cover-up. (1964, b/w, U, 94min) ★★

11.20 **The Games** Sporting drama. (1969, PG, 88min) ★★
1.15 AM **The Gentle Touch**
2.15 **Man in the Moon** Comedy. (1960, b/w, PG, 110min) ★★
4.15 **Suddenly** Thriller. (1954, b/w, PG, 77min) ★★★★★
5.50 **to 6.00** AM **River of Steel**

Horror

317 149 70 138

8.00 AM **Lost in Space**
9.00 **Star Trek: Deep Space Nine**
10.00 **Star Trek** 22/26 (S2)
11.00 **The Day the Earth Stopped** Sci-fi. (2008, 15, 90min) ★★
12.50 PM **Horror Highlights**
1.00 **Age of Ice** Thriller. (2014) ★★
2.35 **Tales from the Darkside**
3.00 **Andromeda** 9/22 (S5)
4.00 **Meteorites!** Disaster movie. (1998, PG, 85min) ★

5.50 **Horror Highlights**
6.00 **Star Trek** 23/26 (S2)
7.00 **Star Trek: Deep Space Nine**
8.00 **Earth: Final Conflict**
9.00 **The Devil's Tomb** Horror thriller starring Cuba Gooding Jr. A team of soldiers on a rescue mission discover something evil deep inside an underground bunker. (2009, 18, 90min) ★★
10.50 **Last Girl Standing** Horror with Akasha Villalobos. A survivor of a massacre tries to make a new start. (2015, 15, 91min) ★★

12.40 AM **Maximum Overdrive** Horror starring Emilio Estevez. (1986, 18, 97min) ★
2.35 **Atlantic Rim** Sci-fi adventure. (2013, PG, 84min) ★★
4.20 **to 4.30** AM **Horror Highlights**

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 439 409 509

6.15 AM **Uncle John** Crime drama. (2015, 15, 113min) ★★★★
8.15 **The Presidio** (1988) ★★
10.05 **The Godfather Part III** Gangster epic with Al Pacino. (1990, 15, 162min) ★★★
1.00 PM **BlacKkKlansman** As 9pm.
3.20 **The Nile Hilton Incident** Drama. (2017, 15) ★★★
5.20 **Spinning Man** Thriller. (2018, 15, 100min) ★★★
7.10 **Monsters and Men** Thriller. (2018, 15, 96min) ★★★★

5.20 Spinning Man

Monsters and Men (film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

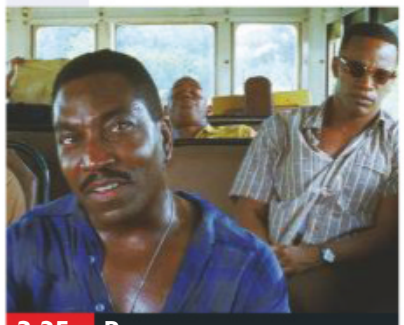
9.00 **BlacKkKlansman** Spike Lee's drama starring John David Washington, Adam Driver and Laura Harrier. An African-American police officer from Colorado attempts to infiltrate the local Ku Klux Klan branch. (2018, 15, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Bad Samaritan** Thriller starring David Tennant, Robert Sheehan and Kerry Condon. (2018, 15, 110min) ★★★
1.20 AM **Sudden Death** Thriller with Jean-Claude Van Damme. (1995, 18, 110min) ★★★
3.25 **Universal Soldier: The Return** Action adventure sequel. (1999, 18, 83min) ★★
5.00 **to 6.45** AM **Angel Flight Down** True-story adventure. (1996, PG, 88min) ★★

Sky Drama

309 309 850 440 410 511

8.00 AM **Hello, Dolly!** Musical. (1969, U, 140min) ★★★★
10.30 **Titanic** As 8.00pm.
1.50 PM **Josie** Drama with Sophie Turner and Dylan McDermott. (2016, 15, 100min) ★★
3.25 **Ray** Biopic starring Jamie Foxx as soul legend Ray Charles. (2004, 15, 152min) ★★★★
6.00 **The Leisure Seeker** Drama starring Helen Mirren and Donald Sutherland. (2017, 15, 110min) ★★★


3.25 Ray

8.00 **Titanic** Director James Cameron's Oscar-winning blockbuster starring Kate Winslet and Leonardo DiCaprio. A poor young artist and the rebellious daughter of a wealthy family meet and fall in love on board the doomed ocean liner as it makes its fateful maiden voyage. With Billy Zane and Kathy Bates. (1997, 12, 195min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **The Mountain Between Us** Romantic adventure starring Idris Elba and Kate Winslet. (2017, 12, 103min) ★★
1.15 AM **Kinsey** Biopic starring Liam Neeson as Alfred Kinsey. (2004, 15, 118min) ★★★
3.20 **Thumper** Crime drama. (2017, 18, 93min) ★★★
5.00 **to 6.50** AM **Casablanca** Classic romantic drama with Humphrey Bogart. (1942, b/w, U, 102min) ★★★★★

Sky Sci-Fi/Horror

310 310 851 441 411 507

6.00 AM **The Jurassic Games**
7.30 **Time Trap** As 5.45pm.
9.00 **King Kong** Monster movie. (2005, 12, 187min) ★★★★
12.15 PM **Unfriended: Dark Web**
2.00 **X-Men: First Class** As 9pm.
4.15 **The Jurassic Games** Sci-fi thriller. (2016, 15, 86min) ★
5.45 **Time Trap** Sci-fi adventure. (2017, 12, 90min) ★★★
7.15 **Unfriended: Dark Web** Thriller with Colin Woodell. (2018, 15, 92min) ★★★

9.00 X-Men: First Class

Unfriended: Dark Web (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

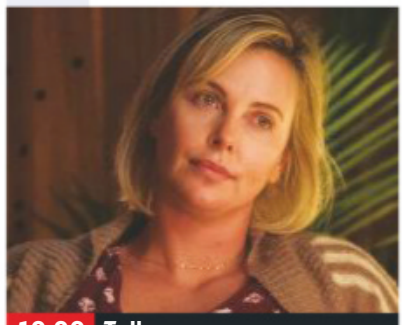
9.00 **X-Men: First Class** Sci-fi fantasy adventure with James McAvoy, Michael Fassbender, Kevin Bacon Rose Byrne and Jennifer Lawrence. Exploring the origins of the mutant superheroes at the height of the Cold War. (2011, 12, 131min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Hostel** Horror movie with Jay Hernandez. Three backpackers visit a hedonistic Slovakian inn. (2005, 18, 93min) ★★
1.00 AM **Mother!** Drama starring Jennifer Lawrence, Javier Bardem and Ed Harris. (2017, 18, 121min) ★★★★
3.10 **End of Days** Action horror with Arnold Schwarzenegger. (1999, 18, 121min) ★★
5.15 **to 6.00** AM **Sky Cinema Preview**

Sky Select

311 311 852 442 412 510

6.10 AM **The Icebreaker** Drama. (2016, 15, 124min) ★★
8.20 **Kissing Candice** Drama. (2017, 15, 108min) ★★★
10.15 **The Prestige** Mystery thriller. (2006, 12, 130min) ★★★★
12.30 PM **Dark River** Period drama. (2017, 15, 90min) ★★★★
2.05 **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
3.55 **Daphne** (2017) ★★★★
5.30 **He Got Game** Spike Lee drama. (1998, 15, 136min) ★★


10.00 Tully

8.00 **Leave No Trace** Drama starring Ben Foster and Thomasin Harcourt McKenzie. A father and his daughter's ideal existence in a vast urban park is ruined by a small mistake that changes their lives forever. (2018, 12, 109min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Tully** Comedy drama starring Charlize Theron, Mackenzie Davis and Ron Livingston. (2018, 15, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Serpico** True-story crime drama starring Al Pacino. (1973, 18, 130min) ★★★★
1.55 AM **Miller's Crossing** Gangster thriller with Gabriel Byrne and Albert Finney. (1990, 15, 115min) ★★★★★
3.55 **Videodrome** Surreal sci-fi thriller starring James Woods. (1982, 18, 88min) ★★★
5.30 **to 7.15** AM **7 Days** Drama. (2016, 15, 96min) ★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **The Inn of the Sixth Happiness** Biopic. (1958, PG, 151min) ★★★
2.10 PM **Houseboat** Romantic comedy starring Cary Grant. (1958, U, 110min) ★★★
4.25 **Stalag 17** World War Two comedy drama. (1953, b/w, PG, 120min) ★★★★
6.55 **Tomorrow, When the War Began** Australian teen action film. (2010, 12, 103min) ★★★

9.00 Sicario

Tomorrow, When the War Began (film started at 6.55pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Sicario** Crime drama starring Emily Blunt and Josh Brolin. An FBI agent is forced to question everything she believes when she is recruited to an elite narcotics task force. (2015, 15, 118min) ★★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **PREMIERE** **Loveless** Russian drama with Aleksey Rozin. A couple's 12-year-old son goes missing during their break-up. Subtitled. (2017, 15, 124min) ★★★★★ *See review, page 22* **11 PM**
1.55 **to 3.50** AM **Stand Up Guys** Crime comedy drama starring Al Pacino, Christopher Walken and Addison Timlin. (2012, 15, 91min) ★★★

+1 hour 314 430 45 301

True Movies

319 424 50 303

6.00 AM **Highway to Heaven**
7.00 **The Waltons** Double bill.
9.00 **Lucky 7** Romantic comedy. (2002, PG, 89min) ★★
11.00 **The Boy She Met Online** Crime mystery. (2010, PG, 89min) ★★
1.00 PM **Highway to Heaven**
3.00 **The Winds of War**
5.00 **A Son's Promise** True-story drama with Rick Schroder. (1990, PG, 100min) ★★

7.00 **Shattered Family** Fact-based drama, starring Richard Crenna and Rhea Perlman, about an 11-year-old boy's struggle to choose the family he deserves after a lifetime of neglect. (1993, PG, 88min) ★★
9.00 **Savannah** Fact-based period drama starring Jim Caviezel and Chiwetel Ejiofor. A 1900s plantation owner rejects his privileged background to live off the land with a freed slave. (2013, 12, 105min) ★★★

11.00 **Haven** 1/2. Drama about a Jewish US Government official who saved 1,000 refugees.
1.00 AM **The Waltons** Double bill.
3.00 **The Avengers** Double bill.
5.00 **to 6.00** AM **Highway to Heaven**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **A Lover's Revenge** (2005)
11.05 **NEW** **Garage Sale Mystery: All That Glitters** Drama starring Lori Loughlin.
1.00 **Meteor Storm** Sci-fi action thriller. (2010, 12, 90min) ★
2.50 **Ice Twisters** Sci-fi thriller. (2009, PG, 91min) ★★
4.40 **Sony Movie News Extra**
4.50 **Jackie Chan's Who Am I?** Thriller. (1998, 12) ★★★

7.05 **Secret Window** Thriller, based on the novella by Stephen King, starring Johnny Depp as a writer who finds himself accused of plagiarism by a menacing stranger. With John Turturro, Maria Bello and Timothy Hutton. (2004, 12, 96min) ★★★
9.00 **Bunraku** Action fantasy starring Josh Hartnett and Demi Moore. In a nightmarish future world, a cowboy and a samurai join forces against a ruthless gang leader. (2010, 15, 119min) ★★★

11.30 **Legion** Action fantasy thriller. (2010, 15, 100min) ★★★
1.25 **The Order** Action adventure. (2001, 15, 85min) ★★★
3.15 **to 6.00** AM **First Knight** Adventure. (1995, PG) ★★

+1 hour 322

Movies 24

325 419 513

7.00 AM **Flip That Romance** Romance. (2018, PG) ★★
9.00 **Love Takes Flight** Romance. (2019, PG, 120min) ★★
11.00 **Journey Back to Christmas** Fantasy. (2016, PG, 90min) ★★
1.00 PM **Christmas Mail** Romantic comedy. (2010, U, 88min) ★★
3.00 **Christmas Land** (2015) ★★
5.00 **Crown for Christmas** Comedy. (2015, PG, 86min) ★★

7.00 **The Mistletoe Inn** Romantic comedy starring Alicia Witt and David Alpay. A woman signs up for a romance writing retreat shortly before Christmas, only to discover her ex is at the same retreat. (2017, PG, 90min) ★★
9.00 **BFF Bride** Romance with Ryan Paevey and Jocelyn Hudon. When a man gets engaged he asks his childhood best friend to help plan his wedding, but things become complicated. (2018, PG, 77min) ★★

11.00 **The Perfect Bride** Romantic drama. (2017, PG, 84min) ★★
1.00 AM **Love to the Rescue** Romance. (2019, PG) ★★
3.00 **to 5.00** AM **Sundays at Tiffany's** Romance. (2010) ★★

+1 hour 326 420

Movies4Men

323 426 40 305

6.00 AM **The Great Silence** (1967)
8.10 **Walk Softly, Stranger** Drama. (1950, b/w, PG, 81min) ★★
9.45 **Tunes of Glory** (1960) ★★★★
12.00 NOON **M*A*S*H** Double bill.
1.00 PM **The Deadly Companions** Western. (1961, PG) ★★★
2.55 **Atlantic Convoy** Wartime drama. (1942, U, 66min) ★★
4.25 **Submarine Warfare**
5.40 **The Blitz on Berlin**

6.55 **The Bridge** Wartime drama starring Bata Zivojinovic and Slobodan Perovic. During World War Two, a Yugoslavian architect is recruited to help destroy a bridge he created. (1969, PG, 105min) ★★
9.00 **Deserter** War drama with Paul Fox and Tom Hardy. A heartbroken man runs away to join the French Foreign Legion, but then has to face the horrors of the French-Algerian conflict. (2002, 15, 90min) ★★★

10.55 **Submerged** Thriller with Steven Seagal. (2005, 15, 96min) ★
12.45 AM **Alpha Dog** Crime drama with Ben Foster and Shawn Hatos. (2006, 15, 117min) ★★
3.00 **to 4.00** AM **Spies in the Sky**

+1 hour 324

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.55 PM **House of Flying Daggers** *AMC* Chinese director Zhang Yimou's romantic period adventure. Subtitled. ★★★★★
9.00 **Conan the Barbarian** *E4* Action adventure with Jason Momoa and Rachel Nichols. ★★
9.00 **Runaway Jury** *Universal TV* Courtroom thriller based on the novel by John Grisham, starring John Cusack. ★★★★
9.00 **Hudson Hawk** *Syfy* Anarchic action comedy with Bruce Willis and Andie MacDowell. ★★★
10.00 **Oblivion** *ITV4* Epic sci-fi adventure starring Tom Cruise, Olga Kurylenko and Andrea Riseborough. ★★★★
10.00 **Harry Brown** *5STAR* Revenge thriller starring Michael Caine and Emily Mortimer. ★★
10.05 **Chaos** *5Spike* Police thriller starring Jason Statham. ★★★
11.00 **Replicant** *Syfy* Sci-fi action thriller starring Jean-Claude Van Damme and Michael Rooker. ★
11.55 **Awake** *AMC* Suspense thriller with Jessica Alba. ★★★
4.10 AM **San Andreas: Mega Eruption** *Syfy* Sci-fi starring Matthew Atkinson. ★★

TUESDAY Sport

SKY HD SD VIRGIN HD BT HD

9 July

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Good Morning Sports Fans Bitesize** The latest sports news.
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
9.00 **Good Morning Transfers** Featuring a round-up of the latest football transfer news.
9.30 **LIVE ICC Cricket World Cup** Coverage of the first semi-final from Old Trafford in Manchester.
7.00 PM **World Cup Bitesize** Highlights from the first semi-final at Old Trafford in Manchester.
7.15 **World Cup Debate** Discussion on the first semi-final.
8.00 **ICC Cricket World Cup** Action from the first semi-final, held at Old Trafford in Manchester.
9.00 **F1 Classic Races** A look back at the 2012 British Grand Prix.
10.45 **PL Greatest Games** Action from Southampton v Manchester United in 1996.
11.00 **Sky Sports News** A round-up of the day's talking points.
1.00 AM **LIVE WWE Smackdown** Wrestling action from America.
3.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **Premier League Years**
12.00 NOON **Premier League Best Goals** Memorable strikes.
1.00 PM **Premier League Years**
3.00 **Premier League Best Goals**
4.00 **PL Greatest Games**
5.00 **Premier League 100 Club** Profiles of top-flight legends.
6.00 **Premier League Years** Classic games, infamous blunders and moments of skill from seasons past, all set to a specially selected soundtrack from the time.
8.00 **Premier League Highlights** Back-to-back top-flight action.
10.00 **PL Greatest Games** A look back at the greatest Premier League game for each club.
11.00 **Gary Neville's Soccerbox** The presenter talks to a fellow former Premier League player.
11.30 **Premier League Best Goals**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **EFL Greatest Games**
7.00 **Football's Greatest Players**
8.00 **Football Countdowns**
9.00 **Football Years**
10.00 **EFL Highlights**
11.00 **One2Eleven**
11.30 **Football's Greatest Players**
12.00 NOON **EFL Greatest Games**
12.30 PM **SPFL Greatest Games**
1.00 **Football Countdowns**
2.00 **Football Years**
3.00 **EFL Highlights**
4.00 **One2Eleven**
4.30 **Football's Greatest Players**
5.00 **EFL Greatest Games**
5.30 **SPFL Greatest Games**
6.00 **EFL Goals: Championship**
7.00 **EFL Goals: Leagues 1 & 2**
7.30 **SPFL Round-Up**
8.00 **EFL Goals: Championship**
9.00 **EFL Goals: Leagues 1 & 2**
9.30 **SPFL Round-Up**
10.00 **EFL Highlights**
11.00 **Football's Greatest Players**
12.00 M'T **Football Years**
1.00 AM **Football Countdowns**
2.00 **SPFL Greatest Games**
2.30 **One2Eleven**
3.00 **EFL Highlights**
4.00 **EFL Greatest Games**
4.30 **to 6.00** AM **Highlights**

Sky Sports Cricket World Cup

404 404 858 | 514 504

6.00 AM **Cricket World Cup**
7.00 **World Cup Cricket Classics**
8.00 **Cricket World Cup**
9.00 **World Cup Cricket Classics**
9.30 **LIVE ICC Cricket World Cup** Coverage of the first semi-final from Old Trafford in Manchester.
7.00 PM **World Cup Bitesize** Highlights from the first semi-final at Old Trafford in Manchester.
7.15 **World Cup Debate** Discussion on the first semi-final.
8.00 **ICC Cricket World Cup** Action from the first semi-final, held at Old Trafford in Manchester.
9.00 **World Cup Debate** Discussion on the first semi-final.
9.45 **World Cup Bitesize**
10.00 **ICC Cricket World Cup**
11.00 **World Cup Debate**
11.45 **World Cup Bitesize**
12.00 M'T **ICC Cricket World Cup**
1.00 AM **World Cup Debate**
1.45 **World Cup Bitesize**
2.00 **ICC Cricket World Cup**
3.00 **World Cup Debate**
3.45 **World Cup Bitesize**
4.00 **ICC Cricket World Cup**
5.00 **World Cup Debate**
5.45 **to 6.00** AM **World Cup Bitesize**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **Best of the Open Zone**
7.00 **Nick Dougherty's Tee Time Tips**
7.30 **The Improvers**
8.00 **School of Golf**
9.00 **The Improvers**
9.30 **Nick Dougherty's Tee Time Tips**
10.00 **Best of the Open Zone 2017**
11.00 **Nick Dougherty's Tee Time Tips**
11.30 **The Improvers**
12.00 NOON **School of Golf**
1.00 PM **Best of the Sky Zone**
1.30 **The Improvers**
2.00 **Best of the Open Zone 2017**
3.00 **The Improvers**
3.30 **Best of the Sky Zone**
4.00 **School of Golf**
5.00 **Best of the Open Zone 2017**
6.00 **School of Golf**
7.00 **LIVE Hero Challenge: Scottish Open** A special knockout tournament at the Renaissance Club in Dirleton.
8.00 **PGA EuroPro Tour Golf**
10.00 **Hero Challenge: Scottish Open**
11.00 **The Improvers**
11.30 **Best of the Sky Zone**
12.00 M'T **School of Golf**
1.00 AM **Hero Challenge: Scottish Open**
2.00 **The Improvers**
2.30 **to 6.00** AM **Highlights**

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **Liverpool: Team of the 80s**
8.00 **FIM Speedway Grand Prix**
10.00 **SGB Premiership**
12.00 NOON **MotoGP**
1.00 PM **MotoGP Chequered Flag**
2.00 **Marc Marquez: Cervera to Tokyo** Documentary.
3.30 **FIM Sidecar World Championship Highlights**
4.00 **Manchester United Classics**
5.00 **BT Sport Films: State of Play**
6.45 **No Filter Boxing**
7.15 **Irish Rally Review** Highlights of the Donegal International Rally.
7.45 **Once Brothers** The story of Drazen Petrovic and Vlade Divac.
9.15 **UEFA Champions League – Classics** Celtic v Barcelona from the 2012/2013 season. **9.45** Manchester United v Real Madrid from 2012/2013. **10.15** Bayern Munich v Manchester City from 2013/2014.
10.45 **ESPN Films: Unguarded**
12.15 AM **MotoGP Rewind**
12.30 **LIVE MLB** The 90th Major League Baseball All-Star game from Progressive Field, Cleveland.
5.00 **BT Sport Score: Best Of**
5.30 **to 6.00** AM **Premier League Tonight: Best Of**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **AFL** Hawthorn Hawks v Collingwood Magpies.
8.00 **AFL** Action from Essendon Bombers v Sydney Swans.
10.00 **Liverpool – Team of the 80s**
11.00 **Manchester United Classics**
12.00 NOON **IPL** Four editions.
4.00 PM **ESPN Films: The Little Master** The story of how India's Sachin Tendulkar achieved legendary status as one of the finest batsmen in history.
5.00 **British Talent Cup Highlights** Round three at Donington Park.
6.00 **SGB Premiership** Action from King's Lynn Stars v Poole Pirates.
8.00 **FIM Speedway Grand Prix** Round four in Hallstavik, Sweden.
10.00 **AMA Endurocross** Action from the opening round in Idaho.
10.30 **IPL** Action from Kings XI Punjab v Delhi Capitals.
11.30 **IPL** Rajasthan Royals v Royal Challengers Bangalore.
12.30 AM **IPL** Action from Mumbai Indians v Chennai Super Kings.
1.30 **IPL** Action from Delhi Capitals v Sunrisers Hyderabad.
2.30 **The Announcement**
4.00 **No Filter Boxing**
4.30 **to 6.00** AM **ESPN Classic Boxing**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **WTA Tennis**
8.00 **UEFA Champions League**
9.30 **UEFA Europa League**
11.00 **Bundesliga: Season Review**
12.00 NOON **Fishing: On The Bank**
1.00 PM **ESPN Classic Boxing**
4.00 **World Rallycross Highlights**
5.00 **Bundesliga: Games of the Season** Action from Schalke 04 v Werder Bremen.
6.00 **Bundesliga: Games of the Season** Action from Bayer Leverkusen v RB Leipzig.
7.00 **Bundesliga: Games of the Season** Action from Bayern Munich v Borussia Dortmund.
8.00 **Bundesliga: Games of the Season** Action from Borussia Dortmund v Schalke 04.
9.00 **World Rallycross Highlights** Round six from Holjes, Sweden.
10.00 **Irish Rally Review**
10.30 **MotoGP** Action from the Moto3 race at the Grand Prix of Germany.
11.30 **MotoGP** Action from the Moto2 race at the Grand Prix of Germany.
12.30 AM **MotoGP** The MotoGP race at the Grand Prix of Germany.
1.30 **MotoGP Chequered Flag**
2.30 **UFC: The Ultimate Fighter**
5.30 **to 6.00** AM **AMA Endurocross**

Sky Sports Action

407 407 861 | 517 507

6.00 AM **Boxing Gold**
7.00 **Great Sporting Moments**
8.00 **Boxing Gold**
9.00 **NFL: America's Game**
10.00 **Sporting Records**
11.00 **NFL: America's Game**
12.00 NOON **NFL: A Football Life**
1.00 PM **Sporting Records**
2.00 **Legends of Darts**
2.30 **Boxing Gold**
3.30 **Darts Gold**
4.30 **Sporting Records**
5.30 **Darts Gold**
6.00 **NFL: America's Game**
7.00 **Boxing Gold**
8.00 **Fishing: Hooked on Africa**
8.30 **Boxing Gold** A classic bout.
9.00 **Sporting Records** An in-depth look at some of the greatest milestones ever recorded in sport.
10.00 **Fishing: Hooked on Africa** A look at fishing in Africa and on the Indian Ocean.
11.00 **Sporting Records**
11.30 **Fishing: Hooked on Africa**
12.00 M'T **NFL: America's Game**
1.00 AM **Super League Gold**
2.00 **NFL – Greatest Games**
3.30 **Darts Gold**
4.00 **Sporting Records**
5.00 **to 6.00** AM **Sporting Greats**

Sky Sports Mix

121 121 819 | 520 510

6.00 AM **My Icon**
7.00 **Netball Superleague**
9.30 **My Icon**
10.00 **NFL: America's Game** A look back at Dallas Cowboys' 1995 Super Bowl victory.
11.00 **My Icon**
12.00 NOON **Netball Superleague**
2.30 PM **NFL: A Football Life**
3.30 **My Icon**
4.00 **Netball Superleague** Loughborough Lightning v Wasps: Action from the 2017 Grand Final, which took place at Barclaycard Arena in Birmingham.
6.30 **Sportswomen** Focusing on the biggest talking points in the world of women's sport.
7.00 **Roar for the Roses** A look at England's netball team ahead of the Netball World Cup in Liverpool.
8.00 **Netball: Quad Series** Action from England v New Zealand in January 2019.
10.00 **Sportswomen** As 6.30pm.
10.30 **Spirit of Yachting** Action from the Rolex Giraglia.
11.00 **Roar for the Roses** As 7.00pm.
12.00 M'T **Spirit of Yachting**
12.30 AM **to 6.00** AM **Mix Shorts: Masterclasses**

BT Sport/ESPN

423/426 872 | 530 | 411 434

7.00 AM **Around the Horn**
7.30 **ESPN FC** Football news.
8.00 **Pardon the Interruption**
8.30 **MLB** Action from the MLB All-Star Futures Game.
11.30 **Around the Horn**
12.00 NOON **ESPN FC** Football news.
12.30 PM **CFL** Ottawa Redblacks v Winnipeg Blue Bombers.
3.00 **CFL** Action from Toronto Argonauts v BC Lions.
5.30 **Around the Horn**
6.00 **Baseball Tonight**
7.00 **MLB** The MLB Home Run Derby.
9.00 **Baseball Tonight** MLB news.
10.00 **Pardon the Interruption**
10.30 **MLB** Action from Major League Baseball's All-Star Legends & Celebrity Softball Game.
11.30 **ESPN FC** Football news.
12.00 M'T **LIVE World Series of Poker** The World Series of Poker Main Event from Las Vegas.
4.00 AM **What Carter Lost**
5.30 **to 6.00** AM **Mobil 1: The Grid**

Eurosport 1

410 410 864 | 523 521 | 412 435

7.15 AM **Tennis: Wimbledon**
8.45 **World Superbikes**
9.45 **Cycling: Tour de France**
10.45 **LIVE Cycling: Tour de France** Coverage of stage four of the prestigious race, a flat 213.5km course from Reims to Nancy.
4.45 PM **Tour de France – The Breakaway** Review of stage four.
5.00 **Cycling: Irish Road Championships** From Derry.
6.00 **Africa Cup of Nations** Action from a last-16 match.
7.00 **Africa Cup of Nations** Action from a last-16 match.
8.00 **Cycling: Tour de France** Action from the fourth stage.
9.30 **Cycling: Irish Road Championships** From Derry.
10.00 **Tennis: Wimbledon** Action from the ladies' singles quarter-finals.
11.30 **Cycling: Tour de France**
12.30 AM **Tennis: Wimbledon**
2.00 **to 3.00** AM **Athletics: Universiade**

Eurosport 2

411 411 865 | 524 522 | 413 436

6.00 AM **Motocross World Championship**
6.30 **Cycling: Tour de France**
7.30 **FIA World Touring Cars**
9.00 **Athletics: Diamond League**
10.00 **Motorsport: Formula E**
11.00 **World Superbikes**
1.00 PM **Africa Cup of Nations**
5.00 **WATTS**
5.25 **Athletics: Diamond League**
6.30 **LIVE Athletics** Coverage of the Spitzen Leichtathletik Luzern.
9.00 **Sailing: Spirit of Yachting**
9.30 **Horse Excellence**
10.00 **FIA World Touring Cars**
10.30 **Motorsport: Formula E**
11.00 **Blancpain GT World Challenge**
11.35 **Rallycross: Titans-RX Series**
12.10 AM **WATTS**
12.30 **Motorsport: Formula E**
1.30 **Cycling: Tour de France**
2.00 **Athletics**
4.00 **Cycling: Tour de France**
5.30 **to 6.00** AM **Motocross World Championship**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Sporting Greats**
7.00 **WWE Smackdown Hlts**
8.00 **Super League Fulltime**
8.30 **Great Sporting Moments**
9.00 **US Open 9-Ball Pool**
10.00 **Super League Fulltime**
10.30 **Sporting Greats**
11.00 **US Open 9-Ball Pool**
12.00 NOON **Super League Fulltime**
12.30 PM **WWE from the Vault**
1.00 **Great Sporting Moments**
2.00 **Super League Fulltime**
2.30 **US Open 9-Ball Pool**
3.30 **Sporting Records**
4.00 **Super League Fulltime**
4.30 **WWE from the Vault**
5.00 **WWE Smackdown**
7.00 **NBA Finals Defining Moments**
8.00 **Super League Gold**
9.00 **WWE Raw** Wrestling actiog.
12.00 M'T **Great Sporting Moments**
1.00 AM **LIVE WWE Smackdown**
3.00 **Sporting Records**
4.00 **Great Sporting Moments**
5.00 **to 6.00** AM **Sporting Records**

Sky Sports F1

406 406 860 | 516 506

6.00 AM **The Home of F1**
11.00 **Formula 1** Another chance to see the Chinese Grand Prix.
1.05 PM **Chinese GP: The Notebook**
1.35 **Australian F1 GP Best Bits**
2.05 **Formula 1** Another chance to see the Azerbaijan Grand Prix.
4.10 **Formula 1** Action from the Spanish Grand Prix.
5.10 **Formula 1** Another chance to see the Monaco Grand Prix.
7.15 **Alfa Romeo 1950**
7.20 **Monaco F1 GP Best Bits** A look back at the best moments from the Monaco Grand Prix.
7.50 **Ted's 2019 F1 Tech**
8.00 **Formula 1** Highlights of the 2018 British Grand Prix.
9.00 **F1 Classic Races** A look back at the 2012 British Grand Prix.
10.45 **Formula 1** Another chance to see the 2018 British Grand Prix.
12.50 AM **Box Box Box: Red Bull's First Win**
1.00 **to 6.00** AM **The Home of F1**

Wednesday 10 July

Evening Planner

Drama

Departure
Universal HD, 9pm
Investigators try to work out what happened to a vanished flight in a mystery starring Christopher Plummer

Drama

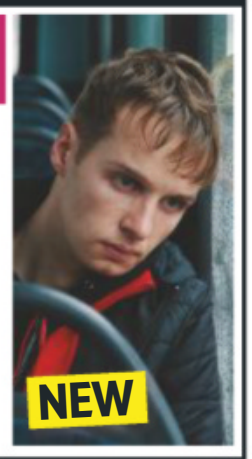
L.A.'s Finest
FOX HD, 9pm
Gabrielle Union heads the cast of a spin-off from the *Bad Boys* films, following Syd as she joins the LAPD

Docudrama

8 Days: To the Moon & Back
BBC2 HD, 9pm
Declassified cockpit recordings help retell the events of the space mission

OnDemand

The Left Behind
Available 10am
A hard-hitting drama exploring how a young man is drawn to far-right beliefs after housing problems



SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	7.00 Fugitives		8.00 Holby City		9.00 Is Labour Anti-Semitic?		10.00 News; Local News	10.35 The Left...
102 BBC2	◂ 1.00 Wimbledon – Live		8.00 Today at Wimbledon		9.00 8 Days: To the Moon & Back			10.30 Newsnight
103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 Inside the Ritz...	8.30 Coronation Street	9.00 Wild Bill		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 The Supervet: Noel Fitzpatrick		9.00 When Cruises Go Wrong		10.00 Generation Porn	
105 CHANNEL 5	7.00 Walking Britain's Lost Railways		8.00 Today at the Great Yorkshire Show		9.00 Casualty 24/7		10.00 The Clues That Caught the Killer...	
106 SKY ONE	7.00 The Simpsons		8.00 S.W.A.T.		9.00 The Blacklist		10.00 The Force: Manchester	
Entertainment								
116 BBC4	7.00 Beyond 100 Days	7.30 Great...	8.00 Russia with Simon Reeve		9.00 Charles I: Downfall of a King		10.00 Roundhead or Cavalier: Which One...	
118 ITV2	7.00 You've Been Framed! Gold		8.00 Two and a Half Men		9.00 Love Island		10.00 Iain Stirling's CelebAbility	
136 MORE4	◂ 6.55 The Supervet		7.55 Great Canal Journeys		9.00 Outlander			10.15 Meghan & Harry: The...
135 E4	7.00 Hollyoaks	7.30 Black-ish	8.00 Young Sheldon		9.00 The Big Bang Theory		10.00 8 Out of 10 Cats	
107 SKY WITNESS	◂ 6.30 My Kitchen Rules: Australia		8.00 Criminal Minds		9.00 How to Get Away with Murder		10.00 For the People	
108 SKY ATLANTIC	7.00 CSI		8.00 Blue Bloods		9.00 Gomorrah			
110 GOLD	7.00 Miranda	7.40 Open All Hours		8.20 Only Fools and Horses	9.00 Mrs Brown's Boys			10.15 Miranda
111 DAVE	7.00 Have I Got a Bit More News for You		8.00 QI XL		9.00 Taskmaster		10.00 Jon Richardson: Ultimate Worrier	
119 ITV3	7.00 Murder, She Wrote		8.00 Agatha Christie's Poirot				10.00 Foyle's War	
120 ITV4	7.00 Tour de France Highlights		8.00 Goodwood Festival of Speed		9.00 Film: Bullitt			
112 COMEDY CENTRAL	7.00 Friends		8.00 Most Ridiculous		9.00 Russell Howard Live: Dingledodies		10.00 RuPaul's Drag Race	
114 SYFY	7.00 Star Trek: The Next Generation		8.00 Stargate Atlantis		9.00 Film: Heat			
109 W	7.00 My Dream Home		8.00 Inside the Ambulance		9.00 Inside the Operating Theatre		10.00 Emily Atack: Adulting	
113 UNIVERSAL	7.00 NCIS		8.00 Murder in Paradise		9.00 Departure		10.00 Law & Order: Special Victims Unit	
124 FOX	7.00 NCIS				9.00 L.A.'s Finest		10.00 NCIS: New Orleans	
122 SKY ARTS	7.00 Christian Dior: Designer of Dreams		8.00 The South Bank Sky Arts Awards 2019				10.00 The History of Comedy	
Documentary								
125 DISCOVERY	7.00 Outback Truckers		8.00 Combat Dealers		9.00 Massive Engineering Mistakes		10.00 Savage Builds	
162 ANIMAL PLANET	7.00 Untamed China		8.00 Alaskan Bush People		9.00 Swimming with Monsters with Steve...		10.00 Animal Cops Houston	
129 NAT GEO	7.00 Drain the Ocean: Ancient Egypt's Lost...		8.00 Border Wars		9.00 Alaska State Troopers		10.00 Drugs Inc	
130 HISTORY	7.00 American Pickers		8.00 Swamp People		9.00 American Pickers: Best Of		10.00 Pawn Stars	
155 YESTERDAY	7.00 Bangers and Cash		8.00 World War Weird		9.00 The Two Ronnies			
166 EDEN	7.00 Mountain Gorilla		8.00 Africa		9.00 Russia From Above		10.00 Nature's Miracle Orphans	
Films								
301 SKY PREMIERE	◂ 6.10 The Keeping Hours		8.00 The Girl in the Spider's Web				10.00 The Captain	
302 SKY MEGAHITS	◂ 6.50 Jaws				9.00 Star Wars: The Last Jedi			
303 SKY GREATS	◂ 5.25 The Last Samurai		8.00 Mary Poppins					10.30 Black Rain
304 SKY DISNEY	◂ 6.15 Up		8.00 Mulan			9.35 Million Dollar Arm		
305 SKY FAMILY	◂ 6.20 Peter Rabbit		8.00 Matilda			9.45 Jumanji: Welcome to the Jungle		
306 SKY ACTION	◂ 5.45 Die Hard with a Vengeance		8.00 Skyscraper				10.00 300	
307 SKY COMEDY	◂ 6.20 Bean		8.00 Night School				10.00 Paul Blart: Mall Cop	
308 SKY THRILLER	7.00 Extremely Wicked, Shockingly Evil, and Vile				9.00 Mission: Impossible – Fallout			
309 SKY DRAMA	◂ 6.10 Garden State		8.00 The Social Network				10.05 Fifty Shades Freed: Unveiled...	
310 SKY SCI-FI		7.15 Labyrinth			9.15 Annabelle: Creation			
311 SKY SELECT	◂ 6.00 O Brother, Where Art Thou?		8.00 The Shape of Water				10.10 Lucky	
313 FILM4	◂ 6.50 The Rewrite				9.00 The Take			
315 TCM	◂ 5.25 Son of a...	7.25 The Iron Sheriff			9.00 Ransom			
Sport								
401 MAIN EVENT	7.00 The Transfer Show		8.00 Sky Sports Tonight		9.00 F1 Classic Races	9.45 Women's International Rugby Union – Live		
402 PREMIER LEAGUE	7.00 Premier League 100 Club		8.00 Premier League Highlights				10.00 PL 100 Club	10.30 PL Greatest...
403 FOOTBALL	7.00 EFL Goals...	7.30 SPFL Round-Up	8.00 EFL Goals: Championship		9.00 EFL Goals...	9.30 SPFL Round-Up	10.00 EFL Highlights	
404 CRICKET WORLD CUP	7.00 World Cup Debate		8.00 ICC Cricket World Cup		9.00 World Cup Debate		10.00 ICC Cricket World Cup	
413 BT SPORT 1	7.00 I Believe in Miracles			8.30 No Filter Boxing	9.00 Fishing: On the Bank		10.00 World Rallycross Highlights	
414 BT SPORT 2	7.00 British Talent Cup Highlights		8.00 MotoGP Highlights		9.00 MotoGP Films: Head to Head			10.15 BT... / 10.30 IPL: Royals v...

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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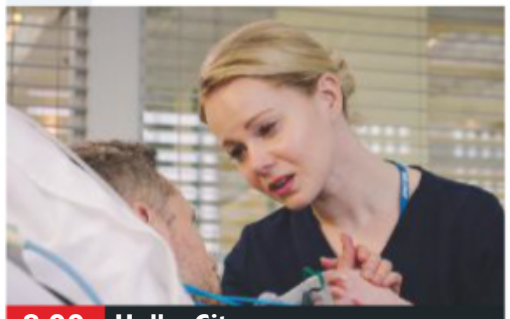
BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Ill Gotten Gains** (S)
10.00 **Homes Under the Hammer** Properties in West Sussex, Kent and the West Midlands. (S)(R)(AD)
11.00 **Rip Off Britain: Holidays** (S)(R)
11.45 **Claimed and Shamed** (S)(R)
12.15 PM **LIVE Wimbledon** Sue Barker presents coverage of day nine at the All England Club, featuring action from the outside courts. *Coverage continues on BBC2*. (S)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **LIVE Wimbledon** Further coverage of day nine from the All England Club, featuring the men's singles quarter-finals. *Coverage continues on BBC2*. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)



8.00 Holby City

7 PM

7.00 **NEW SERIES Fugitives** 1/4. The work of police extradition units in the UK and Europe, following officers seeking out people fleeing from justice. Officers from Derby travel to Latvia to arrest a gang of people traffickers. (S)

8 PM

8.00 **Holby City** *Reckless:* Chloe's day is thrown into chaos when Evan is attacked, and with his life on the line, he asks her a surprising question. Dominic is put under pressure when a surprise visitor arrives. (S)(AD)

9 PM

9.00 **NEW Is Labour Anti-Semitic?** *Panorama* goes inside the anti-Semitism crisis gripping Jeremy Corbyn's Labour Party, with interviews from key insiders and access to confidential documents. (S)

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S) Followed by **Lottery Update** (S)
10.35 **NEW TO BBC1 The Left Behind** Factual drama about a young man drawn into a devastating far-right hate crime. Stars Sion Daniel Young. *Previously on BBC3 Online. See feature, page 7* (S1) (S)(AD)
11.35 **Serengeti** 1/6. Dramatised natural history show set in Africa, narrated by John Boyega. A lioness is forced into exile after having cubs with an outsider, and an elephant feels jealous of his baby sibling. (S)(R)
12.35 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.40 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.00 AM **Tuesday in Parliament** (S)
6.30 **Ill Gotten Gains** (S)(R)
7.15 **One Day That Changed My Life** A man with muscular dystrophy takes his driving test. (S)(R)
8.00 **Sign Zone: Britain in Bloom** A team in Southport who look after many of the green spaces in their town. (S)(R)
8.30 **Sign Zone: Defenders UK** The officers investigate the tragic death of a Red Arrows pilot. (S)(R)
9.00 **BBC News** (S)
10.00 **Victoria Derbyshire** (S)
11.00 **BBC Newsroom Live** (S)
11.15 **Politics Live** (S)
1.00 PM **LIVE Wimbledon** Sue Barker presents coverage of day nine of the Grand Slam tournament from the All England Club, featuring the men's singles quarter-finals. (S)

10.30 Newsnight

7 PM

LIVE Wimbledon (started at 1.00pm)

8 PM

8.00 **Today at Wimbledon** Clare Balding introduces highlights of day nine's play, where the line-up for the men's singles semi-finals was due to be decided. (S)

9 PM

9.00 **NEW 8 Days: To the Moon & Back** Docudrama marking the 50th anniversary of the Apollo 11 mission, when man first stepped foot on the moon. Featuring declassified cockpit audio recorded by the astronauts, cutting-edge digital effects and dramatised performances to tell the story of the landing as it happened. *See feature, page12* (S)(AD)

10 PM

10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **The Bank That Almost Broke Britain** Documentary exploring the rise and fall of RBS. (S)(R)(AD)
12.15 AM **Sign Zone: Pregnant & Platonic** Exploring the growing trend of co-parenting. (S)(R)
1.15 **Sign Zone: Ambulance** 4/6. The North West Ambulance Service faces the pressure of its busiest day of the winter so far. (S)(R)
2.15 **Sign Zone: The Twinstitute** (S)(R)
3.15 **to 6.00** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
8.30 **Lorraine** (S)
9.25 **Judge Rinder** (S)(R)
10.30 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team are in Sheffield, where Tracy Thackray Howitt comes across some glitzy autographs. (S)(R)
3.00 **Tenable** A team of family and friends from Cheshire compete in the quiz show. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.00 Inside the Ritz Hotel

7 PM

7.00 **Emmerdale** Diane reveals the full story to Pollard, and Kerry attempts to make amends. (S)(AD)
7.30 **Coronation Street** Sarah phones the police after Gail fails to return. (S)(AD)

8 PM

8.00 **Inside the Ritz Hotel** 2/4. Penny Lancaster pops in for cocktails. (S)(AD)
8.30 **Coronation Street** Nick tells David he plans to take responsibility for the stolen money. (S)(AD)

9 PM

9.00 **Wild Bill** 5/6. Suspicion falls on members of the immigrant workforce after a suitcase containing the body of farm owner Darren Bailey is pulled from a river. (S1) (S)(AD)

10 PM

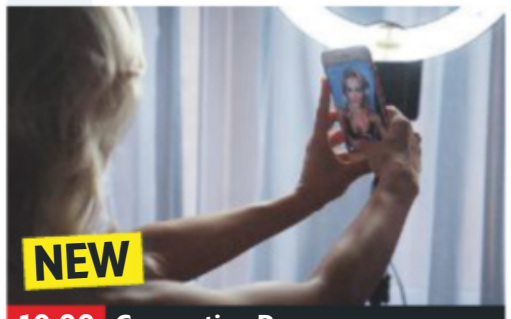
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Peston** Political magazine show presented by Robert Peston, featuring major interviews with members of Westminster. (S)
11.40 **Tenable** A team of five from Merseyside take part. (S)(R)
12.30 AM **British Touring Car Championship Highlights** Action from round five at Oulton Park. (S)
1.50 **Tour de France Highlights** Action from the fifth stage. (S)
2.40 **Loose Women** (R)
3.25 **Surprise Surprise** A youth worker meets Rio Ferdinand. (S)(SL)(R)
4.15 **ITV Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** (SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.25 AM **Cheers** (S10&11) (S)(R)
7.20 **The King of Queens** (S1) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 19&20/24. (S5) (S)(R)
10.10 **Ramsay's Kitchen Nightmares USA** In New York. (S)(R)
11.05 **Undercover Boss USA** (S)(R)
12.00 NOON **News** (S)
12.05 PM **Couples Come Dine with Me** From Merseyside. (S)(R)
1.05 **Posh Pawnbrokers** (S)(R)
2.10 **Countdown** (S)
3.00 **Coast vs Country** (S)(R)
4.00 **A Place in the Sun** A couple hoping to move to Almeria. (S)
5.00 **Kirstie's Celebrity Craft Masters** TV doctors Dawn Harper and Ranj Singh take part. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Harry begs Sadie to go to the police station. (S)(AD)



10.00 Generation Porn

7 PM

7.00 **News** (S)

8 PM

8.00 **The Supervet: Noel Fitzpatrick** Owners Carol and Nigel bring in their mischievous seven-month-old Havana kitten Zahra following a mysterious accident at home, which resulted in a broken leg. (S)(AD)

9 PM

9.00 **NEW When Cruises Go Wrong** Taking a look at some of the things that can ruin the holiday of a lifetime, including terrifying weather, evacuations and collisions. (S)(AD)
■ Rptd tomorrow on 4seven

10 PM

10.00 **NEW SERIES Generation Porn** 1/3. Examining the rise of free pornography, meeting viewers, stars and producers to ask what impact the increased accessibility is having on society. (S)(AD)
11.00 **24 Hours in A&E** (S)(R)(AD)
12.05 AM **Extreme Tribe: The Last Pygmies** (S)(R)(AD)
1.00 **Ramsay's Kitchen Nightmares USA** In New Jersey. (S)(R)
1.50 **Catch-22** (S)(SL)(R)(AD)
2.40 **Undercover Boss Australia** (S)(R)
3.30 **Inside Out Homes** (S)(R)(AD)
4.25 **The £1 Houses: Britain's Cheapest Street** (S)(SL)(R)(AD)
4.55 **Big House, Little House** (S)(AD)
5.50 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Bargain-Loving Brits in the Sun** Documentary. (S)(R)
12.10 PM **News** (S)(R)
12.15 **Police Interceptors** (S)(R)
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 **FILM PREMIERE Killer Affair** Thriller starring Lauralee Bell. (S) (2018, PG, 105min) ★★
4.00 **Friends** 3&4/24. (S9) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Dee reveals all the painful things that have happened to her after she disappeared. (S)(R)(AD)
6.00 **Home and Away** Dean stays the night with Ziggy. (S)(R)(AD)
6.30 **News** (S)

8.00 Today at the Great Yorkshire...

7.00 **Walking Britain's Lost Railways** 3/6. Rob Bell meets a man who has recreated the beginning of the Plymouth-to-Exeter line in miniature. He then charts the former line through Dartmoor. (S)(R)

8.00 **NEW SERIES Today at the Great Yorkshire Show** 1/2. Anita Rani and Jules Hudson present coverage of the event taking place at Harrogate showground. (S)
■ Concludes tomorrow

9.00 **Casualty 24/7** 6/12. Dr Julian Humphrey and Sister Benita Wainwright treat Phil, who has the rare condition aortic dissection, while Dr Humphrey also tries to put a man's dislocated shoulder back into place. (S)

10.00 **NEW The Clues That Caught the Killer – Sadie Hartley** The vital breakthroughs that helped police catch the killers of 60-year-old Sadie Hartley, who was stabbed to death in her own home. (S)

11.05 **Gypsy Kids: Our Secret World**
12.05 AM **65 Stone & House Trapped** Documentary. (S)(R)
1.00 **21.co.uk Live Casino Show** (S)
3.10 **Bargain-Loving Brits in the Sun** Documentary. (S)(R)
4.00 **Britain's Greatest Bridges** The Forth Rail Bridge. (S)(R)(AD)
4.45 **House Doctor** (S)(SL)(R)
5.10 **House Busters** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Monkey Life** (S)(R)(AD)
7.00 **Animal 999** (S)(R)(AD)
8.00 **RSPCA Animal Rescue** (S)(R)
9.00 **Road Wars** (S)(R)
10.00 **Highway Patrol** (S)(R)(AD)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0** 14&15/25. Double bill. (S8) (S)(R)
3.00 **MacGyver** 16/21. (S1) (S)(R)
4.00 **Modern Family** 10&11/24. Double bill. (S5) (S)(R)
5.00 **The Simpsons** (S)(R)
5.30 **Futurama** *Viva Mars Vegas:* Zoidberg gets on the wrong side of the Robot Mafia. (S)(R)
6.00 *31st Century Fox:* Bender signs up for a fox hunt. (S)(R)
6.30 **The Simpsons** *Last Tap Dance in Springfield:* A film about a sexy tango expert inspires Lisa to take up dancing. (S)(R)

9.00 The Blacklist

7.00 **The Simpsons** *It's a Mad, Mad, Mad, Mad Marge:* Otto ditches his fiancée at the altar. (S)(R)
7.30 *Behind the Laughter:* With the voices of Willie Nelson, Stephen Hawking and Buzz Aldrin. (S)(R)

8.00 **S.W.A.T.** *Fire and Smoke:* 3/23. The team are enlisted by Deputy DA Nia Wells to protect jurors in a high-profile bribery trial after some of them are targeted in a series of fire-bombings. (S2) (R)

9.00 **The Blacklist NEW EPISODE** *The Ethicist:* 6/22. Red is sent for a psychiatric evaluation, and Liz and Jennifer use his absence to track a Blacklister they believe has valuable information. (S6)

10.00 **The Force: Manchester** Documentary following the work of Greater Manchester Police, which is England's second-largest force and is responsible for protecting 2.7 million people. (S)(R)

11.00 **An Idiot Abroad** Karl stops off in Israel. (S)(R)(AD)
12.00 M'T **A League of Their Own** With Nicola Adams and Wladimir Klitschko. (S)(R)(AD)
1.00 AM **Brit Cops: Law & Disorder** Documentary. (S)(R)(AD)
2.00 **Road Wars** (S)(R)
3.00 **Motorway Patrol** (S)(R)(AD)
4.00 **Babylon 5** 1/22. (S3) (S)(R)
5.00 **to 6.00** AM **Stargate SG-1** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.35pm NEW The Open – Portrush '51 (S) **11.05 NEW** The Left Behind (S)(AD) **12.05am** Serengeti (S)(R)(AD) **1.05-6.00am** BBC News (S)
WALES
Sky **952**, Virgin **864**, Freesat **964**
9.00-10.00pm NEW The Left Behind (S)(AD) **10.35-11.35pm NEW** Is Labour Anti-Semitic? (S)

BBC2

SCOTLAND
Sky **970**, Freesat **970**
No variations
N. IRELAND
Sky **972**, Freesat **969**
No variations
WALES
Sky **971**, Freesat **971**
No variations

ITV

As main ITV except:
WALES
8.00-8.30pm Coast & Country (S)

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **11.00** Dysgu Gyda Cyw: Do Re Mi Dona **11.15** Dysgu Gyda Cyw: Cegin Cyw **11.20** Dysgu Gyda Cyw: Bing **11.30** Dysgu Gyda Cyw: Sbridiri **11.50** Dysgu Gyda Cyw: Sam Tân **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Heno **12.30** Garddio a Mwy **1.00** Prynhawn Da **1.55** Newyddion S4C a'r Tywydd **2.00 LIVE** Seiclo: Le Tour de France **4.45** Y Crads Bach **4.50** Sam Tân **5.00** Stwnsh: Ffeil **5.05** Stwnsh: Boom! **5.15** Stwnsh: Pat a Stan **5.25** Stwnsh: Lois yn Erbyn Anni **5.35** Stwnsh: Dreigiau: Gwarchodwyr Berc **6.00** Newyddion S4C a'r Tywydd **6.05** Trefi Gwyllt Iolo **6.30** Codi Pac **7.00** Heno **8.00** Pobol y Cwm (AD) **8.25** Bwyd Bach Shumana a Catrin **SERIES FINALE 9.00** Newyddion 9 a'r Tywydd **9.30** Elis James – 'Nabod Y Teip **10.00** Seiclo: Le Tour de France **10.30** Y Fets (AD) **11.30pm-12.05am** Dan Do

TV&Satellite week
More channels than any other TV magazine

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Beyond 100 Days** Followed by **Weather**
7.30 **Great Continental Railway Journeys** Michael Portillo ventures deep into the Black Forest in Germany.
8.00 **Russia with Simon Reeve** 2/3. The traveller witnesses a commemoration of World War Two in Irkutsk, Russia.
9.00 **Charles I: Downfall of a King NEW EDITION** 2/3. John Pym tries to pass parliamentary bills limiting the King's power.
10.00 **Roundhead or Cavalier: Which One Are You?** The English Civil War's enduring influence on modern-day Britain.
11.00 **The Beginning and End of the Universe** 1/2. The cosmic mystery of science's creation story.
12.00 M'T **Sound Waves: The Symphony of Physics**
1.00 AM **The Silk Road**
2.00 **The Brontës at the BBC**
3.00 **to 4.00** AM **Charles I: Downfall of a King**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **A Place in the Sun: Home or Away** Double bill.
11.00 **Escape to the Chateau: DIY** Preparing for a wedding.
12.05 PM **Find It, Fix It, Flog It**
1.10 **Four in a Bed** Five editions.
3.50 **Kirstie and Phil's Love It or List It** From Cranleigh.
4.50 **Love It or List It Australia NEW EDITION** In Jindalee, Queensland.
5.55 **The Secret Life of the Zoo**
6.55 **The Supervet** Noel and his team fit a West Highland puppy with bionic feet.
7.55 **Great Canal Journeys** Timothy West and Prunella Scales take a trip to Bristol.
9.00 **NEW TO MORE4 Outlander** *The Battle Joined:* 1/13. Return of the time-travelling drama. Claire tries to adjust to life in 1940s Boston. *Previously on Amazon Prime Video.* (S3)
10.15 **NEW Meghan & Harry: The Baby Years** Roya Nikkhah examines what the future might hold for the Duke and Duchess of Sussex and their son Archie, who was born in May.
11.15 **8 Out of 10 Cats Does Countdown** With David O'Doherty, Natasia Demetriou and John Kearns.
12.20 AM **24 Hours in A&E**
1.20 **The Supervet**
2.25 **The Secret Life of the Zoo**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **The Funniest Animals**
6.20 **Judge Rinder**
7.10 **Dinner Date**
8.00 **Emmerdale**
9.00 **You've Been Framed!**
9.25 **Ellen DeGeneres Show**
10.25 **Superstore**
11.15 **Dress to Impress**
12.10 PM **Emmerdale**
1.15 **You've Been Framed!**
1.45 **Ellen DeGeneres Show**
2.45 **Dinner Date**
3.45 **Dress to Impress**
4.50 **Take Me Out**
6.00 **You've Been Framed! Gold** Four editions.
8.00 **Two and a Half Men** 7/16. Walden and Alan befriend a group of sexy single mothers. **8.30** 8/16. Walden tries to create the perfect Christmas experience for Louis. (S12)
9.00 **Love Island NEW EDITION** Relationship-based reality show.
10.00 **Iain Stirling's CelebAbility NEW EDITION** With Liam 'Gatsby' Blackwell, Luke Kempner and Amelia Lily.
10.50 **Family Guy** *Yug Ylimaf:* 4/22. Brian uses Stewie's time machine. (S11)
11.20 **Family Guy** *Mr and Mrs Stewie:* 19/23. Stewie meets a kindred spirit who shares his love of weaponry. (S10)
11.50 **American Dad!**
12.50 AM **Two and a Half Men**
1.45 **to 2.15** AM **Superstore**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **How I Met Your Mother**
8.00 **Young & Hungry**
9.00 **Melissa & Joey**
10.00 **The Big Bang Theory**
11.00 **Brooklyn Nine-Nine**
12.00 NOON **Young Sheldon**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Brooklyn Nine-Nine**
4.00 **Black-ish**
5.00 **Young Sheldon**
6.00 **The Big Bang Theory** 2&3/24. Double bill. (S4)
7.00 **Hollyoaks**
7.30 **Black-ish SERIES FINALE** 23/23. Andre Jr is offered his dream job working with a hip-hop group. (S5)
8.00 **Young Sheldon** 11/22. Missy unknowingly becomes Sheldon's test subject. **8.30** 12/22. Sheldon spends time in hospital. (S2)
9.00 **The Big Bang Theory** 13/24. Sheldon and Amy's theory is proved correct. **9.30** 14/24. Leonard's friends are not interested in his new laser. (S12)
10.00 **8 Out of 10 Cats**
11.00 **The Big Bang Theory**
11.55 **Brooklyn Nine-Nine**
12.55 AM **8 Out of 10 Cats**
1.45 **The Inbetweeners**
2.45 **First Dates**
3.40 **The Big Bang Theory**
4.25 **Brooklyn Nine-Nine**
5.10 **to 6.00** AM **How I Met Your Mother**

+1 hour 235 | 146 | 28 | 123

Wednesday primetime

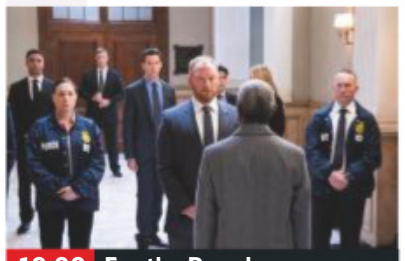
WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 807 112 111

6.00 AM **Motorway Patrol**
7.00 **Stop, Search, Seize**
8.00 **Nothing to Declare**
9.00 **Criminal Minds** 9/23. (S2)
10.00 **CSI** 17/23. (S10)
11.00 **Elementary** 18/21. (S6)
12.00 NOON **Brit Cops: Law & Disorder**
1.00 PM **Sun, Sea and A&E**
2.00 **Motorway Patrol**
3.00 **Road Wars**
4.00 **Nothing to Declare**
5.00 **Stop, Search, Seize**
6.00 **Nothing to Declare**



10.00 **For the People**

7 PM

6.30 **My Kitchen Rules: Australia** NEW EDITION The teams head to Sydney for Josh and Austin's instant restaurant.

8 PM

8.00 **Criminal Minds** *Lucky:* 8/20. Part one of two. The team pursue a devil-worshipping serial killer who eats his victims. (S3)

9 PM

9.00 **How to Get Away with Murder** NEW EPISODE *The Baby Was Never Dead:* 3/15. Asher tries to outwit his old mentor. (S5)

10 PM

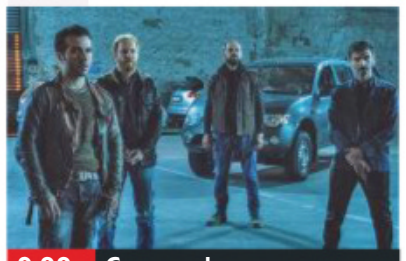
10.00 **For the People** NEW EPISODE *This Is America:* 2/10. Kate tries to prove her worth to Roger. (S2)
11.00 **Criminal Minds** 22/23. (S5)
12.00 M'T **Murders That Shocked the Nation** Ruth Ellis.
1.00 AM **The Rookie** 16/20. (S1)
2.00 **Brit Cops: Law & Disorder**
3.00 **Chicago Fire** 18/22. (S5)
4.00 **Road Wars**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 140

Sky Atlantic

108 108 808

6.00 AM **Fish Town**
7.00 **Richard E Grant's Hotel Secrets** In Las Vegas.
8.00 **The British**
9.00 **Discovering: James Cagney**
10.00 **The West Wing** (S1)
12.00 NOON **Without a Trace** (S7)
2.00 PM **Blue Bloods** 10/22. (S4)
3.00 **The West Wing** (S1)
5.00 **Without a Trace** 1/23. Pilot episode of the crime drama. **6.00** 2/23. The team search for a boy who has vanished on route to his birthday party. (S1)



9.00 **Gomorrah**

7.00 **CSI** *You Kill Me:* 8/17. Hodges tests his colleagues with hypothetical murder cases. (S8)

8.00 **Blue Bloods** *Ties That Bind:* 11/22. Danny's loyalty is tested when he is assigned to the case of a childhood friend. (S4)

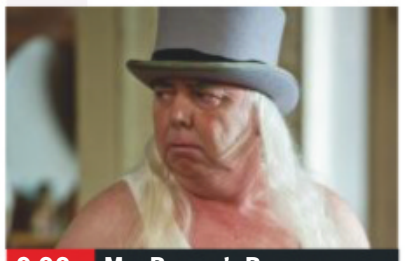
9.00 **Gomorrah** NEW EPISODES 7/12. Sangu Blue faces a crisis. **9.55** 8/12. An unexpected event drags Genny back into the past. Subtitled. (S4)
10.50 **Black Monday** NEW EPISODE 7/10. Keith faces a decision. (S1)
11.25 **Riviera** 8/10. Georgina is forced to reveal a difficult truth as she tries to protect the empire from Nico. (S2)
12.25 AM **Six Feet Under** (S1&2)
2.55 **CSI** 9/17. (S8)
3.55 **Life Itself: Special**
4.00 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.25 AM **The Piglet Files**
7.50 **The Interviews**
8.50 **The Green Green Grass**
9.25 **You Rang, M'Lord?**
10.30 **Last of the Summer Wine**
11.50 **Still Open All Hours**
12.30 PM **Keeping Up Appearances**
1.05 **The Green Green Grass**
1.40 **Are You Being Served?**
2.25 **Open All Hours**
3.00 **Only Fools and Horses**
3.40 **Last of the Summer Wine**
5.40 **Are You Being Served?**
6.20 **Keeping Up Appearances**



9.00 **Mrs Brown's Boys**

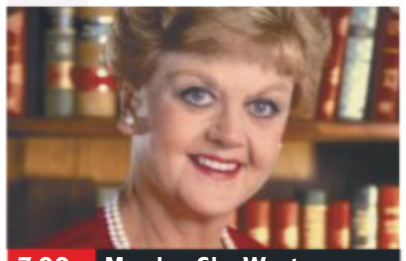
7.00 **Miranda** The shop owner's friends accuse her of being immature.
7.40 **Open All Hours** The milkwoman makes a pass at Granville.
8.20 **Only Fools and Horses** Del and Rodney agree to let Grandad accompany them on holiday.
9.00 **Mrs Brown's Boys** Dermot gets cold feet ahead of his wedding. **9.35** Newlyweds Dermot and Maria argue over whether they should buy their own home.
10.15 **Miranda** Penny falls ill so Miranda takes care of her in her flat.
10.55 **Two Pints of Lager and a Packet of Crisps**
11.35 **Live at the Apollo**
1.35 AM **Two Pints of Lager and a Packet of Crisps**
2.10 **Boomers**
2.40 **Harry Hill's TV Burp**
3.30 **to 4.00** AM **The Piglet Files**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.50 **Heartbeat**
7.55 **Murder, She Wrote**
8.55 **On the Buses**
10.00 **George and Mildred**
10.30 **Agatha Christie's Marple**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Agatha Christie's Marple**
6.00 **Downton Abbey** 3/7. Gwen is humiliated when her secret is exposed, and Bates takes action to cure his limp. (S1)



7.00 **Murder, She Wrote**

7.00 **Murder, She Wrote** *Proof Is in the Pudding:* A gangster's attempt to take over a chef's new restaurant leads to murder.

8.00 **Agatha Christie's Poirot** *Halloween Party:* A guest at a village Halloween party boasts of having witnessed a murder years previously – and later meets a grisly end in keeping with the macabre spirit of the occasion.

10.00 **Foyle's War** *Invasion:* 1/4. American GIs arrive in Hastings, and a barmaid's involvement with a soldier leads to murder. (S5)
12.05 AM **Rising Damp Forever** 1/2. Featuring contributions from creator Eric Chappell and star Don Warrington, who revisit the studio where the show was filmed.
1.05 **to 2.00** AM **Rising Damp Forever**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **The Chase**
6.50 **The Professionals**
7.40 **Kojak**
8.45 **Quincy ME**
9.50 **The Sweeney**
11.00 **Tour de France Highlights**
12.00 NOON **LIVE Tour de France** Coverage of stage five, featuring a hilly 175.5km course from Saint-Die-des-Vosges to Colmar.
5.00 PM **The Professionals**
6.00 **The Car Chasers** Jeff Allen and Meg go on a spending spree.

9.00 **Bullitt**

7.00 **Tour de France Highlights** Stage five, featuring a hilly 175.5km course from Saint-Die-des-Vosges to Colmar.

8.00 **Goodwood Festival of Speed** Motor racing from its start to the present, focusing on the drivers of yesterday and today.

9.00 **FILM Bullitt** Police action thriller starring Steve McQueen as a San Francisco detective hunting the killer of an important witness. With Jacqueline Bisset. (1968, 15, 109min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **FILM Smokey and the Bandit – Part 3** Car chase comedy sequel starring Jerry Reed, Jackie Gleason and a cameo from Burt Reynolds. (1983, 15, 88min) ★
1.05 AM **Quincy ME**
2.10 **to 3.00** AM **The Americans**

+1 hour 220 175 154

Sky Two

151 121

6.00 AM **The Biggest Loser: Australia** Double bill.
8.00 **60 Minute Makeover**
10.00 **My Kitchen Rules: Australia** Double bill.
12.30 PM **Monkey Business**
1.00 **The Dog Whisperer**
2.00 **Haven** 16/26. (S5)
3.00 **Relic Hunter** (S2)
4.00 **Ninja Warrior Women Tournament**
6.00 **Stargate SG-1** (S1)
7.00 **Stargate SG-1** *Enigma:* 17/22. The team rescue a group of aliens. (S1)
8.00 **Duck Quacks Don't Echo** With Alesha Dixon.
9.00 **The Rookie** 16/20. (S1)
10.00 **Warrior** 3/10. (S1)
11.00 **Send in the Dogs**
12.00 M'T **The Blacklist** (S6)
1.00 AM **How to Get Away with Murder** 3/15. (S5)
2.00 **For the People** (S2)
3.00 **Duck Quacks Don't Echo** As 8.00pm.
4.00 **Monkey Business**
5.00 **to 6.00** AM **The Dog Whisperer**

Pick

152 123 11 144

6.00 AM **Nothing to Declare**
7.00 **Border Patrol**
8.00 **Highway Patrol**
9.00 **Motorway Patrol**
10.00 **Police Ten 7**
11.00 **Police Force: Australia**
12.00 NOON **Road Wars**
1.00 PM **Air Ambulance ER**
2.00 **America's Front Line**
3.00 **Nothing to Declare**
4.00 **America's Front Line**
5.00 **Without a Trace** (S6)
6.00 **Supergirl** 8/22. (S2)
7.00 **The Flash** 5/23. (S3)
8.00 **Lost Girl** 5/16. (S5)
9.00 **Britain's Most Evil Killers** Stephen Port.
10.00 **Elementary** 21/24. (S3)
11.00 **The Force: North East**
12.00 M'T **Banged Up Abroad**
1.00 AM **Frontline Crime UK**
2.00 **Road Wars**
3.00 **America's Front Line**
4.00 **Highway Patrol**
4.30 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 252 92 145

Dave

111 111 811 127 227 19 157

7.10 AM **Jay Leno's Garage**
8.00 **American Pickers**
9.00 **Storage Hunters**
10.00 **American Pickers**
1.00 PM **World's Most Dangerous Roads**
2.00 **Sin City Motors**
3.00 **Timber Kings**
4.00 **Jay Leno's Garage**
5.00 **Top Gear** Double bill.
7.00 **Have I Got a Bit More News for You**
8.00 **QI XL** With Jo Brand.
9.00 **Taskmaster** SERIES FINALE 10/10. Paul Sinha wrecks a camera.
10.00 **Jon Richardson: Ultimate Worrier** NEW EDITION 2/10. With Richard Osman, Darren Harriott and Jessie Cave.
11.00 **QI XL** With Bill Bailey.
12.00 M'T **Mock the Week**
12.40 AM **Have I Got a Bit More Old News for You**
1.40 **Judge Romesh**
2.45 **Dara O Briain's Go 8 Bit**
3.10 **to 4.00** AM **Crackanory**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Middle** (S3)
10.00 **My Name Is Earl** (S3)
11.00 **Friends** (S7)
4.00 PM **My Name Is Earl**
5.00 **Friends** (S7)
8.00 **Most Ridiculous – European Vacation** NEW EDITION
8.30 **Most Ridiculous – Workers** NEW EDITION
9.00 **Russell Howard Live: Dingledodies**
10.00 **RuPaul's Drag Race** NEW EDITION The contestants must impress the judges in a dance number.
11.30 **RuPaul's Drag Race: Untucked!** NEW EDITION The contestants discuss the judges' opinions of their looks and performances.
12.00 M'T **Ricky Gervais Show**
1.00 AM **South Park** (S8&9)
3.30 **My Name Is Earl** (S3)
4.15 **to 5.00** AM **Impractical Jokers: Inside Jokes**

+1 hour 212 133

ITV Be

131 119 179 26 118

9.00 AM **LittleBe**
12.00 NOON **Income Property**
12.25 PM **The Real Housewives of Atlanta**
1.20 **Million Dollar Listing: LA**
2.20 **Little Women: LA**
3.10 **The Real Housewives of New Jersey**
4.05 **The Real Housewives of Beverly Hills**
6.00 **Buying and Selling**
8.00 **Dinner Date** NEW EDITION
9.00 **Botched** Former large breast model Dee Stein has her failing 3,000cc saline implants removed.
10.00 **Bridezillas** NEW EDITION Shannon's wild celebrity bachelorette party goes a bit too far.
10.55 **Southern Charm** Shep and Craig taking part in a date auction.
11.55 **The Only Way Is Essex**
12.40 **to 12.50** AM **Be Beautiful**

+1 hour 231 120 119

True Ent

179 189 48 142

6.00 AM **The Waltons**
8.00 **Touched by an Angel**
10.00 **Highway to Heaven**
1.00 PM **The Agatha Christie Hour** 4/10. (S1)
2.00 **Agatha Christie's Partners in Crime** (S1)
3.00 **Rumpole of the Bailey**
4.00 **Murder, She Wrote**
6.00 **Tenko** 8/10. The Japanese search for a missing prisoner. (S2)
7.00 **M*A*S*H** Four episodes of the comedy. (S2)
9.00 **Taggart** *The Wages of Sin:* A taxi driver is found murdered in his cab outside a jewellery shop. **10.30** *The Ties That Bind:* The body of an unassuming librarian is found behind the wheel of DCI Burke's car.
12.00 M'T **Tenko** As 6.00pm.
1.00 AM **M*A*S*H** (S11)
2.00 **Rumpole of the Bailey**
3.00 **The New Avengers**
4.00 **to 6.00** AM **Due South**

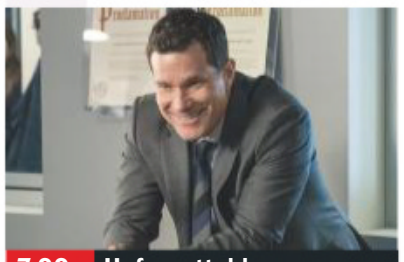
+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 226 | 312 382

7.10 AM **Murdoch Mysteries**
9.00 **Inspector George Gently**
11.00 **Motive** 6/13. (S1)
12.00 NOON **Miss Fisher's Murder Mysteries** 6/13. (S1)
1.01 PM **Father Brown**
2.00 **Murdoch Mysteries** (S10)
4.00 **Rizzoli & Isles** 16/16. A senator's daughter is killed. (S4) **5.00** 1/18. The team look into the murder of a jogger. (S5)
6.00 **The Guardian** 8/22. Nick offers to adopt a 12-year-old girl to ensure she receives a life-saving operation. (S1)



7.00 Unforgettable

7.00 **Unforgettable** *New Hundred:* 1/13. Carrie goes undercover to investigate a counterfeiting ring. (S3)
8.00 **Miss Fisher's Murder Mysteries** *Murder in Montparnasse:* 7/13. A famous painter is killed in a hit-and-run. (S1)
9.00 **Death in Paradise** *Man Overboard – Part One:* 5/8. A man is found murdered on his boat five miles out at sea. (S6)
10.00 **Father Brown** *The Hand of Lucia:* A local writer is killed, leaving Father Brown delving into her novel for clues.
11.00 **Rush** 5/22. Dom and Stella are caught in a prison siege, and Kerry struggles to deal with an accident. (S2)
12.00 M'T **Unforgettable** 12/13. (S2)
1.00 AM **The Mrs Bradley Mysteries** 1&2/4. (S1)
3.05 **to 4.00** AM **Motive**

+1 hour 232 191

Syfy

114 114 814 | 135 165 | 319 375

6.00 AM **Star Trek: Voyager** (S7)
8.00 **Teleshopping**
11.00 **Atlantis** 10/13. (S2)
12.00 NOON **FILM 2012: Supernova** Sci-fi thriller. (2009, 12, 87min) ★★
2.00 PM **The Outpost** 8/10. (S1)
3.00 **Stargate Atlantis** 7/20. (S1)
4.00 **Star Trek: Voyager** (S7)
6.00 **Star Trek: The Next Generation** 23/26. When Counsellor Troi's shuttle crash-lands on a desolate planet, a member of the team sent to rescue her is killed. (S1)

8.00 Stargate Atlantis

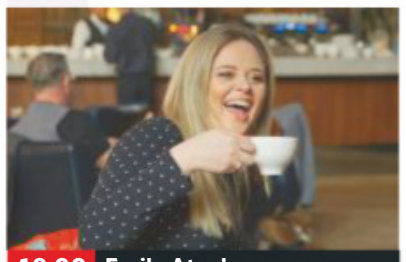
7.00 **Star Trek: The Next Generation** *We'll Always Have Paris:* 24/26. A scientist's experiments go horribly wrong. (S1)
8.00 **Stargate Atlantis** *Underground:* 8/20. The crew begin trade relations with the population of a nearby planet. (S1)
9.00 **FILM Heat** Crime thriller starring Al Pacino and Robert De Niro. An LA police detective is determined to catch an elusive master criminal whose dedication to his profession matches his own. (1995, 15, 171min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.30 AM **Star Trek: The Next Generation** Triple bill. (S7)
3.30 **The Captains Close Up** William Shatner chats to *Enterprise* star Scott Bakula.
4.00 **to 6.00** AM **FILM Atlantic Rim 2** Action adventure. (2018, PG, 99min) ★★

+1 hour 214 136

W

109 109 809 | 125 211 | 311 383

6.10 AM **My Dream Home: Brother v Brother**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Supernanny US**
12.00 NOON **Tipping Point**
2.00 PM **My Dream Home: Brother v Brother**
4.00 **Flip or Flop** Tarek and Christina El Moussa seek to flip a house in Whittier. **4.30** Tarek and Christina renovate a dated home in Hawthorne, California.
5.00 **Tipping Point** Double bill.



10.00 Emily Atack...

7.00 **My Dream Home** Drew and Jonathan Scott help a woman looking to 'live it up' in an urban pad of her own.
8.00 **Inside the Ambulance** An eight-year-old raises the alarm after his mother collapses, and a woman has a suspected stroke.
9.00 **Inside the Operating Theatre** A man has an ultrasound taken from inside his body to find out if he needs surgery.
10.00 **Emily Atack: Adulting NEW EDITION** 3/4. Emily discovers whether finding love could be the answer to all her problems.
11.00 **One Born: What Happened Next?** Catching up with people who have appeared on the programme.
12.00 M'T **Inside the Ambulance** A man has fallen from a ladder.
1.00 AM **The Davina Hour**
1.50 **to 3.00** AM **Secrets and Lies**

+1 hour 209 190

Universal

113 113 813 | 137 164 | 320 385

8.00 AM **Sea Patrol** 1/16. (S4)
9.00 **Murder She Solved: True Crime** A missing journalist.
10.00 **Murder in Paradise**
11.00 **CSI: Miami** 7/25. (S4)
12.00 NOON **Law & Order** (S11)
4.00 PM **NCIS** 15/24. The team protect the daughter of a foreign defence secretary. **5.00** 16/24. A Marine's teeth and fingertips are found in a pickpocket's stolen purse. **6.00** 17/24. The agents learn one of their former assistants has been murdered. (S8)

9.00 Departure

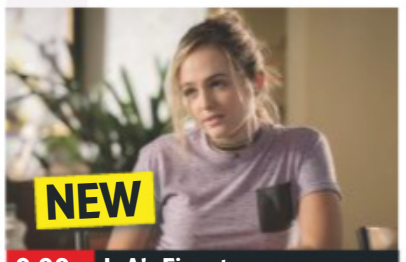
7.00 **NCIS** *Out of the Frying Pan:* 18/24. Gibbs and DiNozzo investigate when a retired Marine colonel is found murdered. (S8)
8.00 **Murder in Paradise** The stories of horrific deaths in dream destinations, beginning with the demise of boxer Arturo Gatti.
9.00 **NEW SERIES Departure** *Vanished:* 1/6. Drama about a plane that vanishes over the ocean. *See feature, page 4* (S1)
10.00 **Law & Order: Special Victims Unit** *Caretaker:* 7/24. All the members of a family are murdered in their sleep. (S20)
11.00 **Law & Order: Special Victims Unit** 8/24. (S20)
12.00 M'T **Law & Order: Special Victims Unit** 5/24. (S11)
1.00 AM **NCIS** As 5.00pm.
2.00 **Murder in Paradise**
3.00 **Law & Order: SVU** (S20)
4.00 **to 5.00** AM **Sea Patrol**

+1 hour 213 138

FOX

124 124 821 | 157 199

8.00 AM **Monk** 10/16. (S6)
9.00 **Bones** 1/13. (S7)
10.00 **Bull** 10/23. (S1)
11.00 **NCIS** 13/24. (S14)
12.00 NOON **Bones** 2&3/13. (S7)
2.00 PM **The Mentalist** 7/22. (S6)
3.00 **NCIS** 14/24. (S14)
4.00 **Bull** 11/23. (S1)
5.00 **Bones** 4/13. The team uncover a love triangle when remains are found at a post office. (S7)
6.00 **The Mentalist** 8/22. Jane prepares to come face-to-face with Red John. (S6)



9.00 L.A's Finest

7.00 **NCIS** *Pandora's Box – Part One:* 15/24. Abby's homeland security think-tank is compromised when its leader is killed.
8.00 **NCIS** *A Many Splendored Thing:* 16/24. Bishop seeks vengeance for the murder of Qasim, her late boyfriend. (S14)
9.00 **NEW SERIES L.A.'s Finest** 1/13. Spin-off of the *Bad Boys* films, starring Jessica Alba. *See feature, page11* (S1)
10.00 **NCIS: New Orleans** *Diplomatic Immunity:* 3/24. A navy intelligence officer is killed during a conference. (S5)
11.00 **American Dad!** 10&11/18. Double bill of episodes. (S6)
12.00 M'T **Family Guy** 3&4/7. Double bill of episodes. (S1)
1.00 AM **American Dad!** (S6)
2.00 **Family Guy** 1&2/7. (S1)
3.00 **American Dad!** 5&6/18. (S6)
4.00 **to 5.00** AM **Monk**

+1 hour 224 158

Wednesday

7 PM | 8 PM | 9 PM | 10 PM

E!

123 123 834 | 156 | 321 386

7.00 AM **News**
8.00 **Keeping Up with the Kardashians**
10.00 **Big Rich Texas**
11.00 **News: Daily Pop**
12.00 NOON **Life of Kylie**
1.00 PM **Keeping Up with the Kardashians**
3.00 **Kourtney & Kim Take New York**
4.00 **Botched**
5.00 **Keeping Up with the Kardashians**
7.00 **News** Showbiz news.
8.00 **FILM Fools Rush In** Romantic comedy. (1997, 12, 109min) ★★
10.10 **Keeping Up with the Kardashians** Rumours surface that Tristan cheated with family friend Jordyn Woods.
11.05 **Keeping Up with the Kardashians**
12.00 M'T **Very Cavallari**
1.00 AM **Botched by Nature**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **Total Bellas**

Sky Arts

122 122 820 | 122 206

6.00 AM **Highlights**
8.05 **Short Rides with John Adams**
9.00 **Tales of the Unexpected**
10.00 **Trailblazers: Pop Radio**
11.00 **Discovering**
1.00 PM **Tales of the Unexpected**
1.30 **Close to You: Remembering the Carpenters**
2.45 **Off Camera with Sam Jones** Kumail Nanjiani.
4.00 **Trailblazers: Pub Rock**
5.00 **Discovering**
7.00 **Christian Dior: Designer of Dreams**
8.00 **NEW The South Bank Sky Arts Awards 2019** Melvyn Bragg hosts the annual ceremony from London's Savoy Hotel.
10.00 **The History of Comedy**
11.00 **Laurel and Hardy: Their Lives and Magic**
12.45 AM **The Last Laugh**
2.00 **The South Bank Sky Arts Awards 2019**
4.00 **to 6.00** AM **Discovering**

4seven

137 143 203 | 47 110 | 127

9.00 AM **Couples Come Dine with Me** In Cheshire.
10.00 **Posh Pawnbrokers**
11.00 **A Place in the Sun**
12.00 NOON **Coast vs Country**
1.00 PM **Kirstie's Celebrity Craft Masters**
2.00 **A Place in the Sun**
3.00 **Everybody Loves Raymond** (S1)
4.00 **Frasier** (S5)
5.00 **Undercover Boss USA**
6.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Great British Car Journeys**
9.00 **999: What's Your Emergency?**
10.00 **Let's Talk About Sex** Attitudes towards sex.
11.05 **Celebrity Gogglebox**
12.05 AM **Drag SOS**
1.15 **Escape to the Chateau**
2.20 **George Clarke's Old House, New Home**
3.20 **Great British Car Journeys**
4.15 **to 4.45** AM **Four in a Bed**

5USA

141/169 153 | 21 | 129

9.00 AM **Catch a Contractor**
9.20 **Remington Steele** (S3)
10.10 **CSI: NY** 19/25. (S5)
11.10 **Rookie Blue** 10/13. (S4)
12.05 PM **Castle** 22/22. (S8)
1.05 **Law & Order** (S16)
3.00 **Murder, She Wrote**
6.05 **Law & Order** (S16)
7.05 **Law & Order** *Choice of Evils:* 15/22. A woman admits to murdering her teenage son. (S16)
8.00 **NCIS** *Lost in Translation:* 21/24. Gibbs and Bishop travel to Afghanistan in the wake of the murder of a US Marine. (S12)
9.00 **Private Eyes** *Partners in Crime:* 6/10. Angie and Shade go undercover on the speed dating scene to catch a predatory identity thief. (S1)
10.00 **Law & Order: Special Victims Unit** (S5)
12.55 AM **CSI: NY** (S5)
2.50 **Taken** 2/10. (S1)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 | 57 | 130

5STAR

128 151 | 30 | 131

8.00 AM **My Wife and Kids**
8.25 **Smallville** 14/21. (S1)
9.10 **Dance Moms**
11.05 **My Wife and Kids**
12.05 PM **Two and a Half Men**
1.00 **Two and a Half Men**
2.00 **Last Man Standing**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **My Wife and Kids**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Two and a Half Men**
8.00 **Me & My 10 Kids: Another on the Way?**
9.00 **FILM The Transporter Refuelled** Thriller sequel. (2015, 15, 96min) ★★
10.55 **FILM Hot Tub Time Machine 2** Comedy. (2015, 15, 93min) ★
12.50 AM **It's Your Fault I'm Fat** 2/6. (S1)
1.50 **The Magicians** (S1)
2.45 **Empire** 9/18. (S5)
3.35 **to 4.00** AM **Two and a Half Men**

+1 hour 228 186 | 56

Drama

143 130 | 20 | 158

7.10 AM **Boon**
8.00 **Soldier, Soldier**
10.00 **Classic Holby City**
11.00 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **The Brokenwood Mysteries**
4.20 **Auf Wiedersehen, Pet**
5.20 **Birds of a Feather**
6.00 **'Allo 'Allo!**
6.40 **As Time Goes By**
7.20 **Last of the Summer Wine** Howard finds incriminating evidence. **8.00** Feature-length Christmas special from 1983. Compo, Clegg and Foggy try to sneak Sam out of his sick-bed for a secret rendezvous.
10.00 **Silent Witness** *One of Our Own:* The team help find the killer of a police officer – and suspicion quickly falls on the son of a local crime boss.
12.10 AM **Ashes to Ashes**
1.35 **The White Queen**
3.30 **to 4.00** AM **Garden Hopping**

WEDNESDAY Entertainment & Lifestyle

AMC

186 186 840 332 381

Programmes start at 1pm.

1.00 PM **Mad Men** (S4)
1.55 **Law & Order** (S3)
2.50 **FILM House of Flying Daggers** Romantic adventure. (2004, 15, 119min) ★★★★★
5.00 **Mad Men** (S4)
6.00 **Law & Order** (S3)
7.00 **Zoom In NEW EDITION**
7.10 **FILM Shotgun Stories** American indie drama. (2007, 12, 86min) ★★
9.00 **Better Call Saul NEW EPISODE** *Fall:* 9/10. Jimmy visits a pal. (S3)
10.00 **Snatch** 7/10. (S1)
10.55 **FILM True Romance** Crime thriller. (1993, 18, 118min) ★★★
1.10 AM **Better Call Saul**
2.10 **Snatch** As 10.00pm.
3.05 **Zoom In**
3.15 **Mad Men** (S4)
4.15 **to 5.30** AM **Law & Order**

CBS Drama

147 197 71 134

9.00 AM **Medium** (S4)
10.00 **ER** 5/22. (S4)
11.00 **The Love Boat** (S7)
12.00 NOON **Judge Judy**
1.00 PM **The High Chaparral**
3.00 **Walker, Texas Ranger**
4.00 **Unsolved Mysteries**
6.00 **The Love Boat** (S7)
7.05 **CSI: Miami** *Murder in a Flash:* 4/24. E-mails and text messages trigger a mass gathering. (S3)
8.00 **Judge Judy**
9.00 **Medium** *Burn Baby Burn – Part One:* 7/16. Allison works on an arson case. (S4)
10.00 **CSI: Miami** *Legal:* 5/24. An 18-year-old girl is killed at a nightclub. (S3)
11.00 **The Love Boat** (S7)
12.05 AM **Judge Judy**
1.00 **ER** 6/22. (S4)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Diagnosis Murder** (S6)
5.00 **to 6.00** AM **Walker, Texas Ranger**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Matlock** (S3)
12.00 NOON **Perry Mason**
1.05 PM **JAG** 12/15. (S2)
2.05 **CSI: Miami** (S5)
3.00 **NCIS** 14/24. (S4)
4.00 **CSI: NY** 9/23. (S1)
5.00 **Matlock** (S3)
6.00 **Perry Mason** (S6)
7.05 **NCIS** *Freedom:* 13/24. The team suspect a US Marine has beaten her husband to death. (S8)
8.00 **Walker, Texas Ranger** *Storm Warning:* 6/28. Trivette goes undercover as a prison inmate. (S1)
9.00 **NCIS** *Homesick:* 11/24. A mysterious illness strikes children. (S11)
10.00 **CSI: NY** 10/23. (S1)
11.00 **NCIS** 14/24. (S8)
12.00 M'T **CSI: Miami** (S5)
1.00 AM **NCIS** As 9.00pm.
2.00 **Gunsmoke** (S17)
3.05 **Bonanza** (S12)
4.00 **Walker, Texas Ranger**
4.50 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A trail of stolen goods helps solve a murder. **7.30** A murderer is brought to justice 24 years after the crime.
8.00 **Donal MacIntyre's Murder Files** Donal MacIntyre interviews former Detective Chief Inspector Clive Driscoll.
9.00 **Cold Blood**
10.00 **Murder By the Sea** The case of killer Malcolm Green.
11.00 **It Takes a Killer**
12.00 M'T **Wives with Knives**
1.00 AM **Cold Blood**
2.00 **Murder By the Sea**
3.00 **Beyond Scared Straight**
3.45 **Beyond Belief: Fact or Fiction?**
4.40 **Unsolved Mysteries**
5.30 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

145 139 46 146

6.00 AM **Catchphrase**
7.00 **Family Fortunes**
8.00 **Dale's Supermarket Sweep** Double bill.
9.00 **The Chase**
10.00 **Bruce's Price Is Right**
11.00 **Blockbusters**
12.00 NOON **Wheel of Fortune** Game show.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **The Chase**
4.00 **Bullseye**
6.00 **The Cube**
7.00 **Pointless** Quiz show.
8.00 **The Chase** Quiz show.
10.00 **Who Wants to Be a Millionaire? Celebrity Christmas Special – Part Two** Paul O'Grady and Lesley Garrett.
11.00 **Bullseye**
12.30 AM **Bullseye**
1.00 **The Chase**
4.00 **The Chase USA**
5.00 **to 6.00** AM **Golden Balls**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Impractical Jokers**
7.00 **Teleshopping**
9.00 **Friends** (S8)
11.00 **The Middle** (S4)
1.00 PM **My Name Is Earl**
2.00 **Wipeout USA**
4.00 **Impractical Jokers: Inside Jokes**
5.00 **Fresh Prince of Bel Air**
7.00 **Impractical Jokers: Inside Jokes**
8.00 **Impractical Jokers**
9.00 **Impractical Jokers: Wild** Double bill.
10.00 **Friends** (S8)
11.00 **South Park** (S11 & 14)
12.00 M'T **South Park** (S18)
1.00 AM **Russell Howard's Good News**
2.00 **My Name Is Earl** (S3)
3.00 **Drunk History USA**
3.25 **Teachers** (S1)
3.45 **Fameless Prankers**
4.05 **Bordertown** (S1)
4.30 **Wipeout USA**
5.15 **to 6.00** AM **Impractical Jokers**

+1 hour 227

Food Network

172 291 41 148

6.00 AM **Giada at Home**
9.00 **Jamie at Home**
11.00 **The Pioneer Woman**
1.00 PM **Paul Hollywood: City Bakes**
4.30 **Girl Meets Farm NEW EDITION**
5.00 **Barefoot Contessa – Back to Basics NEW EDITIONS** Double bill.
6.00 **Man Fire Food**
7.00 **The Pioneer Woman**
8.00 **Diners, Drive-Ins, And Dives NEW EDITION** Guy samples everything from beef to stacked up sandwiches.
9.00 **Diners, Drive-Ins, And Dives** Double bill.
10.00 **Easy Chinese**
11.00 **Mystery Diners**
12.00 M'T **Diners, Drive-Ins, And Dives** Double bill.
1.00 AM **Restaurant: Impossible**
2.00 **to 3.00** AM **Mystery Diners**

+1 hour 272 149

Good Food

133 133 827 278 279 313 388

6.10 AM **Choccywoccy-doodah: Starstruck**
7.00 **Great British Menu**
8.00 **James Martin: Delicious**
9.00 **Scandimania**
10.00 **Bikers' Best of British**
11.00 **Rick's Seafood Odyssey**
12.00 NOON **Hairy Bikers: Mums Know Best**
1.00 PM **Great British Menu**
2.00 **James Martin: Delicious**
3.00 **Scandimania**
4.00 **Rick's Seafood Odyssey**
5.00 **Bikers' Best of British**
6.00 **The Hairy Bikers: Mums Know Best**
7.00 **James Martin: Delicious**
8.00 **Scandimania** Norway.
9.00 **Rick's Seafood Odyssey**
10.00 **Great British Menu**
11.00 **Born to Cook**
12.00 M'T **James Martin: Delicious** Double bill.
1.00 AM **Tasty Weekends**
2.00 **Teleshopping**
5.00 **to 6.10** AM **Bill's Tasty Weekends**

+1 hour 233 280

Lifetime

164 838 208 209 329 384

7.00 AM **Judge Judy**
1.00 PM **Judge Judy**
3.00 **Bring It!**
4.00 **Dance Moms**
5.00 **Pawn Stars**
6.00 **Judge Judy** Six editions of real-life cases.
9.00 **Little Women: Atlanta NEW EDITION** Minnie makes a brave decision, and Emily leaves Atlanta.
10.00 **Love at First Flight** The four couples make an important and informative pit stop in Seattle, where family members are waiting to surprise them.
11.00 **Hardcore Pawn** The price of gold continues to drop. **11.30** Seth is angered when Les dismisses the consultant's suggestions.
12.00 M'T **Pawn Stars**
1.00 AM **Little Women: Atlanta** As 9.00pm.
2.00 **to 4.00** AM **Judge Judy**

Paramount Network

153 188 187 54 132

9.10 AM **The Office (US)**
9.40 **Gilmore Girls** (S3)
10.40 **FILM The Good Witch's Destiny** Family fantasy. (2013, PG, 82min) ★★
12.25 PM **Rosamunde Pilcher: Valentine's Kiss** Romantic drama.
2.15 **FILM Murder, She Baked: Just Desserts** Mystery drama. (2017, PG, 90min) ★★
4.00 **Suits** 5/16. (S2)
5.00 **The Office (US)** (S3)
6.00 **House** (S2)
7.55 **Access**
8.00 **Grimm** 10/22. (S4)
9.00 **Designated Survivor**
9.55 **Training Day** 4/13. (S1)
10.55 **The X-Files** 21/22. (S6)
11.55 **Vikings** 3/10. (S2)
12.55 AM **Sleepy Hollow** (S2)
2.45 **The Strain** (S1)
3.30 **Grimm** As 8.00pm.
4.15 **The X-Files** (S6)
5.00 **Neighbours**
5.30 **to 6.00** AM **Home and Away**

Quest

144 144 172 217 12 114 167

6.00 AM **Lake Escapes**
6.20 **Robson Green's Australian Adventure**
7.10 **Mighty Ships**
8.00 **Aussie Gold Hunters**
9.00 **Shed and Buried**
10.00 **Wheeler Dealers**
11.00 **Chasing Classic Cars**
12.00 NOON **Incredible Engineering Blunders**
1.00 PM **Aussie Gold Hunters**
2.00 **Deadliest Catch**
3.00 **Salvage Hunters**
5.00 **Airplane Repo**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Salvage Hunters: The Restorers SERIES FINALE**
10.00 **Mighty Cruise Ships**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Chasing Classic Cars**
2.00 **Wheels That Fail**
3.00 **Destroyed in Seconds**
4.00 **to 6.00** AM **Highlights**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **Say Yes... Atlanta**
7.00 **Bondi Vet**
8.00 **Animal Cops Houston**
10.00 **Money for Nothing**
11.00 **Forensic Detectives**
12.00 NOON **Disappeared**
1.00 PM **Say Yes... Big Bliss**
2.00 **Say Yes to the Dress**
4.00 **Say Yes... Atlanta**
5.00 **Say Yes to the Dress**
6.00 **Salvage Hunters**
7.00 **Money for Nothing**
8.00 **My 600lb Life**
9.00 **My Extreme Excess Skin**
10.00 **Half Body Teen: Body Bizarre**
11.00 **FBI Files**
12.00 M'T **Forensic Detectives**
1.00 AM **Couples Who Kill**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops SF**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Home Away from Home** Home-swapping.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Countryside 999**
11.00 **DIY SOS: The Big Build**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Fantasy Homes by the Sea** In Torbay.
3.00 **Homes Under the Hammer** In Kent.
4.00 **Most Haunted**
6.00 **Celebrity Antiques Road Trip**
7.00 **Antiques Road Trip**
9.00 **Helicopter ER**
10.00 **Saving Babies** Following first-time parents Laura and Ryan.
11.00 **Helicopter ER**
12.00 M'T **Born to Kill?**
1.00 AM **Crime Stories**
2.00 **Teleshopping**
4.00 **Most Haunted**
4.50 **to 6.00** AM **Dr G: Medical Examiner**

Sony Crime

157 193 143

7.00 AM **Bizarre Murders**
8.00 **48 Hours: Mystery**
10.00 **Fatal Attraction**
11.00 **Body of Evidence**
1.00 PM **48 Hours: Mystery**
3.00 **Facing Evil**
4.00 **Fear Thy Neighbour**
5.00 **Fatal Attraction**
6.00 **Fatal Vows** Divorces which turned deadly.
7.00 **Bizarre Murders** Four editions of the series, including at: **8.30** A series of unsolved murders are made all the more horrifying by mutilated mannequins.
9.00 **Deadly Women** The case of Marjorie Diehl-Armstrong. **10.00** Two women who went on a murder spree.
11.00 **Fear Thy Neighbour**
12.00 M'T **Fatal Attraction**
1.00 AM **Deadly Women**
3.00 **to 4.00** AM **Body of Evidence**

+1 hour 257

5SELECT

159 152 55 133

9.10 AM **Britain's Jobseeker Capital** In Hull.
10.00 **The Nightmare Neighbour Next Door**
11.00 **The Dog Rescuers**
12.00 NOON **Paddington Station 24/7**
1.00 PM **Cruising with Jane McDonald** The Mekong.
2.00 **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
5.00 **The Dog Rescuers**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **HMS Victory: Nelson's Great Warship**
10.00 **Colossal Cruise Ship**
11.00 **Warship: In the Line of Fire**
12.00 M'T **The Nightmare Neighbour Next Door**
1.00 AM **Benefit House: Me & My 26 Kids**
2.00 **Hitler's Death: A Secret Conspiracy**
3.00 **to 4.00** AM **Ben Fogle: New Lives in the Wild**

5Spike

150 154 31 141

9.00 AM **The A-Team**
11.05 **Police Interceptors**
12.05 PM **Can't Pay? We'll Take It Away!**
2.05 **FILM The Denver and Rio Grande** Western adventure starring Edmond O'Hanlon. (1952, U, 89min) ★★★
4.00 **Traffic Cops**
5.00 **The A-Team** (S4)
7.00 **Police Interceptors** The police helicopter pursues an armed robber. **8.00** South Yorkshire's Road Crime Unit.
9.00 **FILM Bloodsport** Action thriller starring Jean-Claude Van Damme and Donald Gibb. (1987, 18, 92min) ★★
10.55 **Vikings** 7/10. (S2)
12.00 M'T **Vikings** 8/10. (S2)
1.00 AM **Seconds from Death: On Camera**
2.00 **to 3.00** AM **Outrageous Stunts**

+1 hour 250

TLC

140 140 831 167 168 323 377

6.00 AM **Say Yes... Atlanta**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... UK**
9.30 **90 Day Fiancé**
12.00 NOON **My 600lb Life**
2.00 PM **Nate & Jeremiah by Design**
3.00 **Good Bones**
4.00 **Say Yes... Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **90 Day Fiancé: Happily Ever After? NEW EDITION** Chantel and Nicole get into another argument. **10.00 NEW EDITION** Stars of the show give their own takes on the recent drama.
11.00 **90 Day Fiancé: Before the 90 Days**
1.00 AM **90 Day Fiancé: Happily Ever After?**
4.00 **Nate & Jeremiah by Design**
5.00 **to 6.00** AM **Good Bones**

+1 hour 240 169

Blaze

187 187 216 63 162

6.00 AM **Parking Wars**
7.00 **UFO Files**
8.00 **Alien Files: Unsealed**
9.00 **American Restoration**
10.00 **Cajun Pawn Stars**
11.00 **Pawn Stars**
12.00 NOON **Storage Wars: Texas** Double bill.
1.00 PM **Hardcore Pawn**
2.00 **Highway Thru Hell**
3.00 **Alien Files: Unsealed**
4.00 **UFO Files**
5.00 **Hardcore Pawn**
6.00 **Storage Wars: Texas**
7.00 **American Restoration**
8.00 **Pawn Stars**
9.00 **In Search Of** Documentary exploring the unexplained.
10.00 **Hangar 1: UFO Files**
11.00 **Storage Wars: Texas**
12.00 M'T **Pawn Stars**
1.00 AM **Parking Wars**
2.00 **American Restoration**
3.00 **Billy the Exterminator**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Hardcore Pawn**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Outback Truckers**
7.00 **Wheeler Dealers**
9.00 **Naked and Afraid XL**
10.00 **Fast N' Loud**
11.00 **Wheeler Dealers**
12.00 NOON **Railroad Alaska**
1.00 PM **Combat Dealers**
2.00 **Overhaulin' Chronicles Vol. 1**
3.00 **Kindig Customs** Dave and the crew tackle warped metal.
4.00 **Wheeler Dealers**
6.00 **Fast N' Loud** The classic car specialists work on a 1976 Exploration Van.

9.00 Massive Engineering...

7.00 **Outback Truckers** Jonny Rayner must choose whether to cross a crocodile-infested river or delay his journey.

8.00 **Combat Dealers** Military equipment collector Bruce Crompton sells a tank destroyer to an Australian museum.

9.00 **Massive Engineering Mistakes NEW EDITION** UK residents seek help with their houses that are falling onto the beach.

10.00 **Savage Builds NEW EDITION** Adam plans to build his own version of King Arthur's legendary sword – Excalibur.

11.00 **Wheeler Dealers** Mike hunts for a Porsche 993 Targa.
12.00 M'T **Massive Engineering Mistakes** As 9.00pm.
1.00 AM **FBI Files**
3.00 **Savage Builds** As 10.00pm.
3.50 **Garage Rehab**
4.40 **Gold Rush**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
8.00 **Animal Cops Houston**
10.00 **Pit Bulls & Parolees**
12.00 NOON **Into Alaska**
2.00 PM **Dodo Heroes**
3.00 **Pit Bulls & Parolees**
4.00 **Tanked** With rapper Ludacris.
5.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff and the team are faced with an overweight cat with kidney disease.
6.00 **Shark City** The species thriving in the protected waters of the Bahamas.

7.00 Untamed China

7.00 **Untamed China** Nigel Marven explores the jungles of southern China, where he finds white-cheeked gibbon.

8.00 **Alaskan Bush People** The Browns have to work hard and band together if they are to make it to their new piece of land.

9.00 **Swimming with Monsters with Steve Backshall** The naturalist tries to swim with Africa's most dangerous animal.

10.00 **Animal Cops Houston** Puppies are found abandoned, and their chances of being rehomed are jeopardised.

11.00 **Pit Bulls & Parolees**
12.00 M'T **Swimming with Monsters with Steve Backshall**
1.00 AM **Animal Cops Houston**
2.00 **Untamed China** As 7.00pm.
3.00 **Alaskan Bush People**
3.50 **Swimming with Monsters...**
4.40 **Meet the Penguins**
5.10 **to 6.00** AM **Tanked**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **WWII's Greatest Raids**
9.00 **WW2: Hell Under the Sea**
10.00 **Nazi Megastructures**
11.00 **Supercar Megabuild**
12.00 NOON **Strippers: Cars for Cash** First edition.
1.00 PM **Ice Road Rescue**
2.00 **Wicked Tuna** A storm presents a great opportunity.
3.00 **Air Crash Investigation**
5.00 **Car SOS** Tim Shaw and Fuzz Townshend salvage a 1968 Volvo Amazon. **6.00** Tim and Fuzz help restore a rare 1967 Lancia.

9.00 Alaska State Troopers

7.00 **Drain the Ocean: Ancient Egypt's Lost Wonders** A look at discoveries found at the bottom of the Nile.

8.00 **Border Wars** In helicopters and on horses, agents pursue suspects through some of the harshest terrain.

9.00 **Alaska State Troopers NEW EDITION** Officers chase a speeding stolen vehicle though the streets of Fairbanks.

10.00 **Drugs Inc** An examination of the trade in ketamine, including a user in England who paid a price for his addiction.

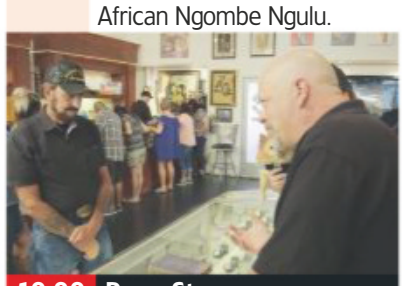
11.00 **Banged Up Abroad**
12.00 M'T **America's Hardest Prisons** Life in penitentiaries.
1.00 AM **Underworld, Inc**
2.00 **Nazi Megastructures**
3.00 **WW2: Hell Under the Sea**
4.00 **to 5.00** AM **Drain the Ocean: Ancient Egypt's Lost Wonders**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
9.00 **Mountain Men**
10.00 **Ancient Aliens**
11.00 **Pawn Stars**
12.00 NOON **Forged in Fire**
1.00 PM **Digging for Britain**
2.00 **Storage Wars** Four editions.
4.00 **Mountain Men** Untold stories of Winter hardships.
5.00 **Forged in Fire** Two bladesmiths craft an Ancient Roman gladiator's scissor. **6.00** Two smiths recreate the African Ngombe Ngulu.



10.00 Pawn Stars

7.00 **American Pickers** Mike Wolfe and Frank Fritz fall hard for an ultra-rare, barn-fresh Ford Model-A tow truck in Indiana.

8.00 **Swamp People NEW EDITION** Willie goes all-out to take down a nemesis, while Daniel and Big T use a special bait.

9.00 **American Pickers: Best Of** Mike Wolfe and Frank Fritz discuss some of the most unusual collectors featured on the show.

10.00 **Pawn Stars** A million dollars is on the line when a photograph of Abraham and Mary Todd Lincoln is brought in.

11.00 **Storage Wars** Double bill.
12.00 M'T **Forged in Fire** The Road to Redemption competition continues, with four former smiths remaining.
1.00 AM **Swamp People**
2.00 **Digging for Britain**
3.00 **American Pickers**
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **Weekend Warriors**
7.10 **The Madness of Bedlam: A Time Team Special**
8.00 **Time Team**
10.00 **Churchill's Bodyguard**
11.00 **Abandoned Engineering**
12.00 NOON **Time Team**
2.00 PM **Life in the Great Wetlands**
3.00 **Life in the Air**
4.00 **Bangers and Cash**
5.00 **Abandoned Engineering**
6.00 **Churchill's Bodyguard** Thompson saves Churchill from being crushed alive.

8.00 World War Weird

7.00 **Bangers and Cash** The team are under pressure with a record number of cars to auction, but Derek finds room for one more.

8.00 **World War Weird** The tale of a bear that fought alongside the Polish Army, which became a terrifying modern myth.

9.00 **The Two Ronnies** Barker and Corbett continue their gripping serial *Done to Death*. **9.55** Vintage comedy from Messrs Barker and Corbett, with music by Thelma Houston. **10.50** Alan Price and Georgie Fame guest.

11.40 **Porridge** Fletcher becomes an agony aunt for the inmates. **12.20** AM The inmates find there is a thief in their midst. **1.00** Fletch decides to sort out Godber's torrid love life.
1.35 **Weekend Warriors** A group of English Civil War fanatics.
2.30 **to 3.00** AM **Battle Factory**

+1 hour 255 200

Wednesday

7 PM

8 PM

9 PM

10 PM

Disc. History

171 262

6.00 AM **Aircraft Stories**
7.00 **Mark Williams on the Rails** Double bill.
8.00 **Kings of Construction**
9.00 **Future Weapons**
10.00 **Battlefield**
12.00 NOON **Aircraft Stories**
1.00 PM **Mark Williams on the Rails** Double bill.
2.00 **Super Structures**
3.00 **Future Weapons**
4.00 **Battlefield**
6.00 **Blowing Up History**
7.00 **Cold War Armageddon**
8.00 **Edge of War**
9.00 **American Titans**
10.00 **Secrets Underground**
11.00 **Tesla's Death Ray: A Murder Declassified**
12.00 M'T **Edge of War**
1.00 AM **American Titans**
2.00 **Secrets Underground**
3.00 **Tesla's Death Ray: A Murder Declassified**
4.00 **Cold War Armageddon**
5.00 **to 6.00** AM **Blowing Up History**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Polar Bear Town**
10.00 **Collar of Duty**
11.00 **Mountain Gorilla**
12.00 NOON **Africa**
1.00 PM **Orangutan Diary**
2.00 **Polar Bear Town**
3.00 **Collar of Duty**
4.00 **Orangutan Diary**
5.00 **Polar Bear Town**
6.00 **Nature's Miracle Orphans** As 10.00pm.
7.00 **Mountain Gorilla**
8.00 **Africa** Congo rainforest.
9.00 **Russia From Above**
10.00 **Nature's Miracle Orphans** Cheetahs and howler monkeys.
11.00 **Africa** As 8.00pm.
12.00 M'T **Russia From Above**
1.00 AM **Nature's Miracle Orphans** As 10.00pm.
2.00 **Polar Bear Town**
3.00 **Collar of Duty**
3.50 **Mountain Gorilla**
4.40 **Africa** As 8.00pm.
5.30 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Paradise Islands**
12.00 NOON **Snakes in the City** A spitting cobra takes aim at snake catcher Siouxsie's face.
1.00 PM **Rise of Dragonzilla**
2.00 **Rise of Snakezilla**
3.00 **Rise of Croczilla**
4.00 **Monster Fish**
6.00 **Caught in the Act**
7.00 **Snakes in the City** Snake-catchers Simon and Nadine Keys return.
8.00 **Hostile Planet** Animals that live at the north and south poles. **9.00** Animals that survive in the deserts.
10.00 **Africa's Deadly Kingdoms** The wildlife of Africa's deserts.
11.00 **Snakes in the City**
12.00 M'T **Animals Gone Wild**
2.00 AM **Snakes in the City**
3.00 **Rise of Dragonzilla**
4.00 **to 5.00** AM **Rise of Snakezilla**

History 2

163 273 274 330 390

8.00 AM **World War Two Lost Films** Double bill.
10.00 **Engineering Disasters**
11.00 **Jurassic Fight Club**
12.00 NOON **Ancient Aliens**
2.00 PM **Ancient Discoveries**
3.00 **World War Two Lost Films** A sergeant who stormed the beaches of Leyte in the Philippines.
5.00 **Engineering Disasters**
6.00 **Jurassic Fight Club**
7.00 **WWII's Most Daring Raids** A 1941 mission by elite British commandos.
8.00 **Ancient Aliens** Giant drawings found etched into a desert floor. **9.00** Experiments taking place at multiple locations.
10.00 **Ancient Discoveries**
11.00 **Combat Trains**
12.00 M'T **Jurassic Fight Club**
1.00 AM **Ancient Aliens**
3.00 **Ancient Discoveries**
4.00 **to 5.00** AM **Engineering Disasters**

PBS America

174 276 91 155

8.00 AM **The Merchant Navy**
8.30 **Nazi Creatures**
9.35 **Nazi Hunters**
10.35 **Space Age – Nasa's Story**
11.45 **Nazi Creatures**
12.55 PM **Titanic: Band of Courage**
2.10 **Nazi Hunters**
3.10 **Space Age – Nasa's Story**
4.20 **Nazi Creatures**
5.30 **Titanic: Band of Courage**
6.50 **Nazi Hunters**
7.50 **Lost Civilisation of Peru** The Moche civilisation.
9.00 **Space Age – Nasa's Story** The triumphs and tragedies Nasa has faced since its inception.
10.05 **Dogfight Over Guadalcanal**
11.15 **The Lost Civilisation of Peru** As 7.50pm.
12.20 AM **Space Age – Nasa's Story** As 9.00pm.
1.30 **to 2.00** AM **The Merchant Navy**

CI

156 156 835 223 222 328 380

6.00 AM **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **The First 48**
12.00 NOON **Crimes That Shook Australia**
1.00 PM **Crimes That Shook Britain**
2.00 **Nightmare in Suburbia**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48**
7.00 **Homicide Hunter**
8.00 **Killer In Plain Sight**
9.00 **Snapped**
10.00 **50 Ways to Kill Your Lover** Lovers' tiffs.
11.00 **The First 48**
12.00 M'T **Darkest Taboos**
1.00 AM **Nightmare in Suburbia**
2.00 **50 Ways to Kill Your Lover** As 10.00pm.
3.00 **Crimes That Shook...**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Highlights**

+1 hour 256 224

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

WEDNESDAY Films

Wednesday

Sky Premiere

301 301 842 431 401 501

6.00 AM **Being Rose** Drama. (2017, 15, 89min) ★★
7.50 **Cats** As shown at 4.10pm.
9.50 **PREMIERE The Captain** Drama, as shown at 10.00pm.
12.00 NOON **The Girl in the Spider's Web** As 8.00pm.
2.00 PM **Juliet, Naked** As 1.50am.
3.50 **The Top Ten Show**
4.10 **Cats** Animated adventure. (2018, PG, 90min) ★★★
6.10 **The Keeping Hours** Horror. (2017, 12, 91min) ★★★

10.00 The Captain

8 PM

8.00 **The Girl in the Spider's Web** Thriller starring Claire Foy. Hacker Lisbeth Salander embarks on a frantic hunt for a stolen computer programme that could spark a global disaster. With Sylvia Hoeks and Stephen Merchant. (2018, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.00 **PREMIERE The Captain** War drama starring Max Hubacher. Subtitled. (2017, 15, 118min) ★★★
See review, page 19
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

12.10 AM **Two for Joy** Drama starring Samantha Morton. (2018, 15, 100min) ★★★
1.50 **Juliet, Naked** Comedy. (2018, 15, 97min) ★★★
3.45 **Fright Fest** Horror with Dylan Walsh. (2018, 15, 90min) ★
5.30 **to 6.00** AM **Yesterday: Special**

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

6.40 AM **Alexander and the Terrible, Horrible, No Good, Very Bad Day** As 4.45pm.
8.10 **Lion King II: Simba's Pride**
9.35 **Up** As shown at 6.15pm.
11.20 **The Muppet Movie** (1979)
1.00 PM **Million Dollar Arm** (2014)
3.10 **Mulan** As shown at 8.00pm.
4.45 **Alexander and the Terrible, Horrible, No Good, Very Bad Day** Comedy. (2014) ★★★
6.15 **Up** Animated adventure. (2009, U, 92min) ★★★★★

9.35 Million Dollar Arm

8.00 **Mulan** Animation with the voice of Ming-Na. A girl disguises herself as a boy in an attempt to take her ailing father's place in the Chinese army's. (1998, U, 88min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

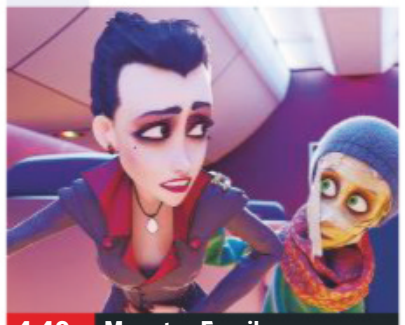
9.35 **Million Dollar Arm** Fact-based drama with Jon Hamm. An American sports agent travels to India, hoping to recruit cricket players to join US baseball teams. (2014, PG, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Last Flight of Noah's Ark** Adventure starring Elliott Gould and Genevieve Bujold. (1980, U, 97min) ★★★
1.35 AM **Tex** Drama starring Matt Dillon and Emilio Estevez. (1982, PG, 103min) ★★★
3.30 **Lion King II: Simba's Pride** Animated sequel featuring the voice of Neve Campbell. (1998, U, 81min) ★★★
5.00 **to 6.50** AM **The Last Flight of Noah's Ark** As 11.45pm.

Sky Family

305 305 846 436 406 505

6.20 AM **Against the Wild: The Great Elephant Adventure**
7.55 **Monster Family** As 4.40pm.
9.35 **Journey to Oz** Animation. (2017, U, 91min) ★★
11.15 **Peter Rabbit** As 6.20pm.
12.55 PM **Matilda** As 8.00pm.
2.40 **Nanny McPhee & The Big Bang** Fantasy. (2010) ★★★
4.40 **Monster Family** Animation. (2017, PG, 96min) ★★
6.20 **Peter Rabbit** Family comedy. (2018, PG, 95min) ★★★


4.40 Monster Family

8.00 **Matilda** Roald Dahl's children's fantasy starring Mara Wilson. The bright young daughter of selfish parents discovers she has magical gifts. (1996, PG, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Jumanji: Welcome to the Jungle** Fantasy action comedy in which four high school students are drawn into the jungle setting of a video game. Stars Dwayne Johnson. (2017, 12, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **My Girl 2** Family drama sequel with Anna Chlumsky, Dan Aykroyd and Jamie Lee Curtis. (1994, PG, 99min) ★★
1.40 AM **Nanny McPhee & The Big Bang** As 2.40pm.
3.40 **The Ant Bully** Animation with the voice of Julia Roberts. (2006, U, 89min) ★★★★
5.20 **to 7.00** AM **Against the Wild: The Great Elephant Adventure** Family drama. (2017, PG, 90min) ★★

Sky Action

306 306 847 437 407 502

6.00 AM **Alpha** As 4.00pm.
7.45 **TMNT** As shown at 4.30am.
9.15 **Die Hard with a Vengeance** Action thriller, as 5.45pm.
11.30 **Yesterday: Special**
12.00 NOON **Skyscraper** As 8pm.
2.00 PM **300** As 10.00pm.
4.00 **Alpha** Prehistoric adventure starring Kodi Smit-McPhee. (2018, 12, 96min) ★★★
5.45 **Die Hard with a Vengeance** Action thriller sequel. (1995, 15, 128min) ★★★

5.45 Die Hard with a Vengeance

8.00 **Skyscraper** Action thriller starring Dwayne Johnson and Neve Campbell. A security expert must infiltrate a burning skyscraper, 225 storeys above ground, when his family are trapped inside by criminals. (2018, 12, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

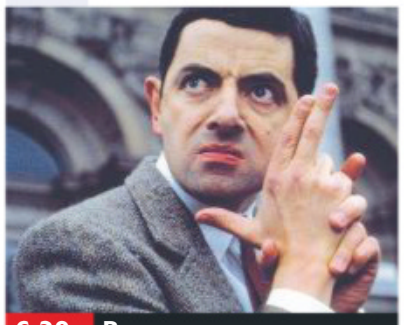
10.00 **300** Epic adventure starring Gerard Butler and Lena Headey. (2006, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Bad Boys** Action comedy thriller starring Martin Lawrence and Will Smith. (1995, 15, 118min) ★★★
2.00 AM **Bad Boys II** Action comedy thriller sequel starring Martin Lawrence and Will Smith. (2003, 15, 147min) ★★★
4.30 **to 6.00** AM **TMNT** Animated adventure featuring the voices of James Arnold Taylor and Sarah Michelle Gellar. (2007, PG, 86min) ★★★★

Sky Comedy

307 307 848 438 408 506

7.10 AM **I Do... Until I Don't** Comedy. (2017, 15) ★★
9.05 **Think Like a Man Too** Comedy. (2014, 12) ★★
11.00 **Little Nicky** Comedy fantasy. (2000, 12, 84min) ★★
12.40 PM **My Best Friend's Wedding** Romantic comedy. (1997, 12, 104min) ★★★★
2.35 **Night School** As 8.00pm.
4.40 **Paul Blart: Mall Cop** As 10pm.
6.20 **Bean** Comedy starring Rowan Atkinson. (1997, PG) ★★★


6.20 Bean

8.00 **Night School** Comedy starring Kevin Hart and Tiffany Haddish. A group of troublesome adults are forced to attend night classes in a bid to finish high school. With Rob Riggle, Taran Killam and Megalyn Echikunwoke. (2018, 15, 111min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Paul Blart: Mall Cop** Comedy starring Kevin James and Jayma Mays. (2009, PG, 91min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Father Figures** Comedy starring Owen Wilson and Ed Helms. (2017, 15, 113min) ★★
1.45 AM **You Don't Mess with the Zohan** Comedy starring Adam Sandler and John Turturro. (2008, 12, 112min) ★★★
3.45 **The Truth About Lies** Romantic comedy starring Odette Annable and Fran Kranz. (2018, 12, 94min) ★★
5.30 **to 6.00** AM **Yesterday: Special**

primetime

Sky Megahits

302 302 843 433 403

6.00 AM **Spider-Man 2** As 4.40pm.
8.10 **Jaws** As shown at 6.50pm.
10.20 **Star Wars: The Last Jedi** Fantasy, as shown at 9.00pm.
12.55 PM **The Bourne Ultimatum** Spy thriller, as 11.35pm.
2.55 **I Am Legend** Sci-fi thriller. (2007, 15, 101min) ★★★★
4.40 **Spider-Man 2** Fantasy adventure sequel starring Tobey Maguire. (2004, PG, 127min) ★★★★

6.50 **Jaws** Steven Spielberg's monster thriller starring Roy Scheider, Robert Shaw and Richard Dreyfuss. A killer shark terrorises a beach resort on America's east coast. (1975, 12, 125min) ★★★★★
9.00 **Star Wars: The Last Jedi** Fantasy adventure starring Mark Hamill. With the Resistance cornered, aspiring warrior Rey must persuade Luke Skywalker to save the galaxy once more. (2017, 12, 146min) ★★★★

11.35 **The Bourne Ultimatum** Thriller sequel. (2007, 12) ★★★★
1.35 AM **Guardians of the Galaxy** Sci-fi adventure starring Chris Pratt. (2014, 12, 121min) ★★★★
3.45 **I Am Legend** As 2.55pm.
5.30 **to 6.00** AM **Extremely Wicked, Shockingly Evil and Vile: Special**

Sky Greats

303 303 844 434 404 508

6.25 AM **Black Rain** As 10.30pm.
8.35 **The Last Samurai** As 5.25pm.
11.10 **Mary Poppins** As 8.00pm.
1.35 PM **The Conversation** Thriller. (1974, 12, 113min) ★★★★★
3.35 **The Odd Couple** Neil Simon comedy starring Jack Lemmon. (1968, PG, 105min) ★★★★★
5.25 **The Last Samurai** Epic action drama starring Tom Cruise. (2003, 15, 154min) ★★★★

8.00 **Mary Poppins** Classic Disney fantasy starring Julie Andrews as a nanny with magical powers who transforms the lives of a stuffy Edwardian banker's two children. With Dick Van Dyke. (1964, U, 133min) ★★★★★
10.30 **Black Rain** Action thriller starring Michael Douglas and Andy Garcia as a pair of New York homicide detectives trying to track down a ruthless killer in the Japanese underworld. (1989, 18, 120min) ★★★

12.45 AM **The Green Hornet** Fantasy action comedy starring Seth Rogen. (2011, 12, 118min) ★★★
2.55 **The Final Conflict** Satanic horror chiller starring Sam Neill. (1981, 18, 108min) ★★
4.55 **to 6.50** AM **The Odd Couple** Comedy, as shown at 3.35pm.

TCM

315 315 854 415 416 512

6.00 AM **Hollywood's Best Film Directors** Double bill.
7.05 **Ambush** Western. (1949) ★★
9.05 **Al Capone** (1959, 15) ★★★
11.20 **This Savage Land** Western.
1.30 PM **Firecreek** Western. (1968, 12, 104min) ★★★
3.40 **Drums Across the River** Western. (1954, PG, 75min) ★★
5.25 **Son of a Gunfighter** Western. (1965, U, 92min) ★

7.25 **The Iron Sheriff** Western with Sterling Hayden and Darryl Hickman. A sheriff is determined to find the real killer of a stagecoach driver when his own son is accused of the murder. (1957, b/w, U, 73min) ★★
9.00 **Ransom** Thriller starring Mel Gibson, Rene Russo and Gary Sinise. A maverick airline executive turns the tables on the ruthless kidnappers who are holding his son to ransom. (1996, 15, 121min) ★★★

11.30 **Maximum Risk** Action thriller. (1996, 18, 101min) ★★
1.40 AM **Brighton Rock** Thriller. (1947, b/w, PG, 91min) ★★★★
3.30 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Thunder in the City** (1937)
7.40 **June Allyson**
8.10 **The Gay Dog** (1954) ★★
9.55 **Encore** Drama. (1951) ★★
11.45 **Idol On Parade** (1959) ★★
1.30 PM **Scotland Yard**
2.05 **The Day Will Dawn** (1942)
4.05 **Glimspes: 1960s Driving Lesson**
4.20 **The Ugly Duckling** (1959) ★★
6.00 **Get Some In!**
6.30 **The Girl from Willow Green**

6.45 **No Place for Jennifer** Drama starring Leo Genn. A nine-year-old girl is traumatised by her parents' divorce, and is sent to a home for troubled children. (1949, b/w, PG, 89min) ★★
8.30 **Public Eye**
9.30 **Scream of Fear** Hammer Studios psychological thriller starring Susan Strasberg as a crippled heiress plunged into a nightmare of terror when she visits her father in France. (1961, b/w, 18, 81min) ★★★

11.10 **Beat Girl** Drama starring Gillian Hills. (1959, b/w, 12, 85min) ★
12.55 AM **The Gentle Touch**
1.55 **North West Frontier** Adventure story. (1959, U, 129min) ★★★
4.35 **Lena Rivers** Drama. (1932) ★★
5.50 **to 6.00** AM **Salmon Fishing Industry**

Horror

317 149 70 138

8.00 AM **Lost in Space** 25/30. (S2)
9.00 **Star Trek: Deep Space Nine**
10.00 **Star Trek** 23/26. (S2)
11.00 **Meteorites!** Disaster drama. (1998, PG, 85min) ★
1.00 PM **Dark Storm** Sci-fi fantasy. (2006, 15, 89min) ★★
3.00 **Andromeda** 10/22. (S5)
4.00 **Martian Land** Sci-fi drama. (2015, PG, 90min) ★
6.00 **Star Trek** 24/26. (S2)

7.00 **Star Trek: Deep Space Nine**
8.00 **Earth: Final Conflict** 1/22. (S3)
9.00 **Vacancy** Thriller starring Luke Wilson and Kate Beckinsale. A couple find themselves terrorised by the manager of a motel when their car breaks down in the middle of nowhere. (2007, 15, 85min) ★★★
10.40 **Starry Eyes** Horror starring Alex Essoe. A woman pursues her dream of movie fame, only to discover a dark secret in Tinseltown. (2014, 18) ★★

12.35 AM **Skyline** Sci-fi thriller starring Eric Balfour and Crystal Reed. (2010, 15, 92min) ★★
2.25 **to 4.15** AM **Cherry Falls** Stalk and slash thriller with Brittany Murphy. (2000, 18, 92min) ★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 | 439 409 | 509

6.45 AM **Breakdown** (1997) ★★★
8.30 **Gone in Sixty Seconds** (2000)
10.40 **Mission: Impossible – Fallout** As 9.00pm.
1.20 PM **Black Swan** Thriller. (2010, 15, 107min) ★★★
3.20 **The 15:17 to Paris** Thriller. (2018, 15, 94min) ★★★
5.05 **The Ladykillers** Comedy. (2004, 15, 104min) ★★★
7.00 **Extremely Wicked, Shockingly Evil and Vile** Biopic. (2019, 15) ★★★★

7.00 Extremely Wicked...

7.00 **Extremely Wicked, Shockingly Evil and Vile** (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

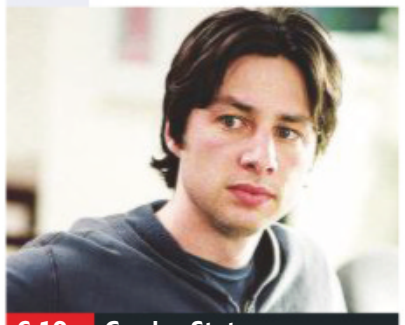
9.00 **Mission: Impossible – Fallout** Action thriller sequel starring Tom Cruise and Henry Cavill. Ethan Hunt, the IMF team and a CIA assassin try to prevent a disaster caused by a group of terrorists. (2018, 12, 147min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Se7en** Dark thriller starring Brad Pitt, Morgan Freeman and Gwyneth Paltrow. (1995, 18, 127min) ★★★★
1.40 AM **Backtrace** Thriller starring Sylvester Stallone, Matthew Modine and Ryan Guzman. (2018, 15, 92min) ★★★
3.25 **Hitman** Action thriller. (2007, 15, 92min) ★★
5.10 **to 6.55** AM **Point Last Seen** Drama with Linda Hamilton. (1998, PG, 87min) ★★

Sky Drama

309 309 850 | 440 410 | 511

6.50 AM **Scent of a Woman** Drama. (1992, 15, 157min) ★★★★
9.30 **Meet Joe Black** Fantasy. (1998, 12, 181min) ★
12.35 PM **The Social Network** Biopic, as shown at 8.00pm.
2.40 **Please Stand By** Comedy. (2017, 12, 93min) ★★★
4.20 **28 Days** Comedy drama. (2000, 15, 103min) ★★★
6.10 **Garden State** Offbeat comedy starring Zach Braff. (2004, 15, 102min) ★★★


6.10 Garden State

8.00 **The Social Network** Drama about the founding of Facebook by Harvard student Mark Zuckerberg, and the legal battles that ensued after the social networking site became a global phenomenon. Stars Jesse Eisenberg. (2010, 12, 120min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

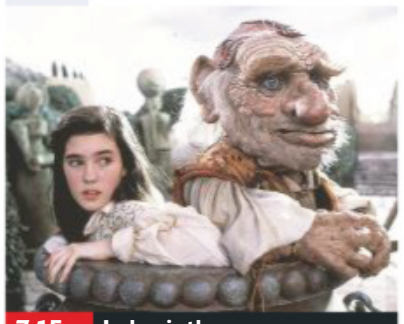
10.05 **Fifty Shades Freed: Unveiled Edition** Erotic thriller with Jamie Dornan. (2018, 18, 106min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Neighbour** Thriller starring William Fichtner and Jessica McNamee. (2018, 15, 105min) ★★★
1.45 AM **Black Snake Moan** Deep South melodrama starring Samuel L Jackson, Christina Ricci and Justin Timberlake. (2006, 15, 115min) ★★★
3.45 **to 6.25** AM **Empire of the Sun** Steven Spielberg's epic drama starring Christian Bale. (1987, PG, 152min) ★★★★

Sky Sci-Fi/Horror

310 310 851 | 441 411 | 507

6.00 AM **Batman: Bad Blood** Animation. (2016, 12) ★★
7.15 **Battle: Los Angeles**
9.30 **Labyrinth** As 7.15pm.
11.15 **Annabelle: Creation**
1.15 PM **Annabelle** As 11.15pm.
3.00 **Annabelle Comes Home: Special** A look at the film.
3.15 **The Nun** Horror. (2018) ★★★
5.05 **Battle: Los Angeles** Sci-fi. (2011, 12, 116min) ★★★
7.15 **Labyrinth** Fantasy adventure. (1986, U, 97min) ★★★★


7.15 Labyrinth

7.15 **Labyrinth** (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

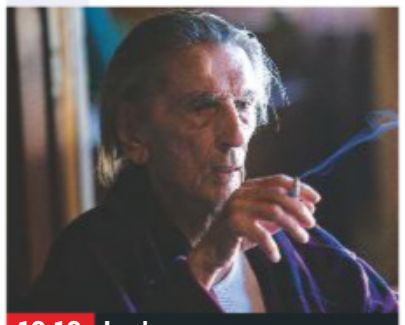
9.00 **Annabelle Comes Home: Special** .
9.15 **Annabelle: Creation** Horror starring Anthony LaPaglia. A nun and several girls from an orphanage become the target of a dollmaker's possessed creation. (2017, 15, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Annabelle** Horror spin-off from *The Conjuring*, starring Annabelle Wallis and Ward Horton. (2014, 15, 97min) ★★
1.00 AM **Annabelle Comes Home: Special** A look at the film.
1.15 **The Nun** As 3.15pm.
3.00 **American Satan** Drama with Andy Biersack, Booboo Stewart and Ben Bruce. (2017, 15, 111min) ★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Select

311 311 852 | 442 412 | 510

7.15 AM **JoJo's Bizarre Adventure** Fantasy. (2017, 15) ★★★
9.20 **Jarhead** Military drama. (2005, 15, 123min) ★★★★
11.30 **The Hurricane** Fact-based drama. (1999, 15) ★★★
2.00 PM **Alfie** Comedy drama. (1966, 15, 114min) ★★★★
4.00 **My Cousin Rachel** Drama. (2017, 12, 106min) ★★★
6.00 **O Brother, Where Art Thou?** Offbeat period comedy. (2000, 12, 106min) ★★★★


10.10 Lucky

8.00 **The Shape of Water** Offbeat fantasy starring Sally Hawkins. A mute cleaning lady makes a life-changing discovery while working at a secret government lab in the 1960s. With Doug Jones, Michael Shannon and Octavia Spencer. (2017, 15, 123min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

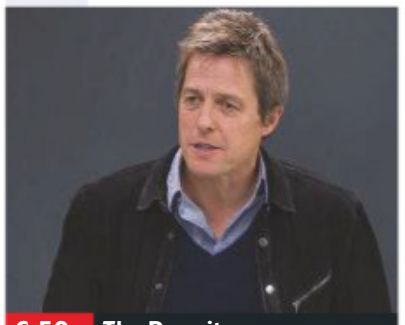
10.10 **Lucky** Comedy drama with Harry Dean Stanton. (2018, 15, 88min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Unsane** Horror starring Claire Foy and Joshua Leonard. (2018, 15, 98min) ★★★★
1.25 AM **The Shining** Horror starring Jack Nicholson. (1980, 15, 119min) ★★★★★
3.35 **Don't Look Now** Supernatural thriller starring Donald Sutherland. (1973, 18, 106min) ★★★★★
5.30 **to 7.30** AM **Never Steady, Never Still** Melodrama. (2017, 15, 112min) ★★★★

Film4

313 313 853 | 428 429 | 14 | 300

■ **Films start at 11.00am**
11.00 AM **The Professionals** Western adventure. (1966, PG, 117min) ★★★★
1.20 PM **Heaven Knows, Mr Allison** Wartime drama. (1957, PG, 100min) ★★★★
3.25 **Sword of Sherwood Forest** Adventure. (1961, U) ★★★
5.00 **Carry On Jack** Comedy. (1964, PG, 85min) ★★★
6.50 **The Rewrite** Comedy. (2014, 12, 105min) ★★★


6.50 The Rewrite

6.50 **The Rewrite** (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **The Take** Action thriller starring Idris Elba. A CIA agent enlists the help of a thief who has stolen top secret information to take down a sinister conspiracy. (2016, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.45 **Bad Neighbours 2** Comedy with Seth Rogen. A couple seek the aid of a former rival in fighting back against the college sorority that moves in next door to them. (2016, 15, 90min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

12.35 **to 3.05** AM **Metro Manila** Crime drama. Subtitled. (2013, 15, 115min) ★★★

+1 hour 314 430 45 301

True Movies

319 424 50 303

6.00 AM **Highway to Heaven** (S4)
7.00 **The Waltons** 18&19/26. (S6)
9.00 **Magic Moments** Romantic drama. (1989, PG, 105min) ★★
11.00 **Demons from Her Past** Thriller. (2007, 15, 93min) ★★
1.00 PM **Highway to Heaven** (S2)
3.00 **The Winds of War** 8/11. (S1)
5.00 **The Scarlet and the Black** Fact-based thriller with Gregory Peck. (1983, PG, 137min) ★★★

7.00 **Narrow Escape** Fact-based drama starring Gerald McRaney and Richard Thomas. A US naval crew strive to rescue an abandoned baby from post-war Korea. (1997, U, 90min) ★★
9.00 **The Man Who Captured Eichmann** Fact-based drama starring Robert Duvall and Arliss Howard. An Israeli secret agent runs Nazi war criminal Adolf Eichmann to ground in Argentina. With Jeffrey Tambor. (1996, PG, 92min) ★★

11.00 **Haven** 2/2. Fact-based drama with Natasha Richardson, Hal Holbrook and Anne Bancroft.
1.00 AM **The Waltons** (S7)
3.00 **The Avengers** (S2)
5.00 **to 6.00** AM **Highway to Heaven**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Abducted: Fugitive for Love** Thriller. (2007, PG) ★★★
10.50 **Sony Movie News Extra**
11.00 **NEW Garage Sale Mystery: The Deadly Room** Mystery drama starring Lori Loughlin.
12.50 PM **Sony Movie News Extra**
1.00 **The Great Los Angeles Earthquake** 1&2/2. Thriller.
4.55 **Evolution** Sci-fi comedy. (2001, PG, 101min) ★★

7.05 **The Cable Guy** Comedy starring Jim Carrey and Matthew Broderick. A man finds his life spiralling out of control after befriending a cable TV man. (1996, 12, 96min) ★★★
9.00 **Resident Evil** Sci-fi thriller based on the video game series, starring Milla Jovovich. A commando team battle a deadly supercomputer and an army of undead zombies when they try to stop a viral outbreak. (2002, 15, 100min) ★★★

11.05 **Resident Evil: Apocalypse** Sci-fi. (2004, 15, 94min) ★★★
1.00 AM **Resident Evil: Extinction** Sci-fi. (2007, 15, 90min) ★★
3.05 **Little Buddha** (1993) ★★
5.50 **to 6.00** AM **Sony Movie News**

+1 hour 322

Movies 24

325 419 513

7.00 AM **Bridal Boot Camp** As 3am.
9.00 **The Good Witch's Destiny** Fantasy. (2013, PG, 82min) ★★
11.00 **Christmas Cookies** Romantic drama. (2016, PG, 84min) ★★
1.00 PM **Rocky Mountain Christmas** Drama. (2017, PG, 90min) ★
3.00 **Christmas at Graceland** Festive romance. (2018, PG, 85min)
5.00 **Wedding Wonderland** Drama. (2017, PG, 92min) ★★

7.00 **Christmas Joy** Romantic drama starring Danielle Panabaker. A market researcher returns to her hometown to help her aunt recover from surgery, where she runs into her old flame. (2018, PG, 120min) ★★
9.00 **A Feeling of Home** Romantic drama starring Jonna Walsh. An entrepreneur is contentedly making a web series in New England, until she returns home to Texas and runs into a former lover. (2019, PG, 90min) ★★

11.00 **Love Locks** Romantic drama. (2017, PG, 120min) ★★
1.00 AM **The Wedding Do Over** Drama. (2017, PG, 90min) ★★
3.00 **to 5.00** AM **Bridal Boot Camp** Comedy. (2017, PG, 90min) ★★

+1 hour 326 420

Movies4Men

323 426 40 305

6.00 AM **Holiday Affair** (1949) ★★★
7.40 **Fast Jets** Documentary.
8.45 **Machine-Gun Kelly** (1958) ★★
10.25 **The Texas Rangers** Western. (1951, U, 75min) ★★★
12.00 NOON **M*A*S*H** 15&16/24. (S3)
1.00 PM **The Westerner** Western. (1940, b/w, U, 100min) ★★★★
3.10 **Aircraft Carriers** Documentary.
4.25 **The Short Sunderland**
5.40 **The Blitz on London**

6.55 **Enigma** Spy thriller starring Martin Sheen. An East German refugee is recruited by the CIA to steal a secret coding device before the KGB can carry out a plan to assassinate five Soviet dissidents. (1983, 15, 100min) ★
9.00 **Half Past Dead** Action thriller starring Steven Seagal, Ja Rule and Morris Chestnut. A car thief turned convict saves the day when a gang of crooks seize control of a maximum security prison. (2002, 15, 98min) ★

11.05 **Into the Sun** Martial arts action thriller. (2005, 18, 93min) ★★
1.05 AM **Seventeen and Missing** Thriller. (2006, PG, 90min) ★★
2.55 **to 4.00** AM **The Concorde Story**

+1 hour 324

FILMS ON OTHER CHANNELS

6pm TILL LATE

7.10 PM **Shotgun Stories** *AMC* American indie drama starring Michael Shannon and Douglas Ligon. ★★★
8.00 **Fools Rush In** *E!* Romantic comedy starring Matthew Perry and Salma Hayek. ★★
9.00 **Bullitt** *ITV4* Police action thriller starring Steve McQueen and Jacqueline Bisset. ★★★★★
9.00 **Bloodsport** *5Spike* Action thriller starring Jean-Claude Van Damme and Donald Gibb. ★★
9.00 **The Transporter Refuelled** *5STAR* Action thriller sequel starring Ed Skrein. ★★
9.00 **Heat** *Syfy* Director Michael Mann's crime thriller starring Robert De Niro. ★★★★★
10.55 **True Romance** *AMC* Thriller starring Christian Slater and Patricia Arquette. ★★★
10.55 **Hot Tub Time Machine 2** *5STAR* Comedy starring Rob Corddry and Clark Duke. ★
11.20 **Smokey and the Bandit – Part 3** *ITV4* Car chase comedy sequel with Jackie Gleason. ★
4.00 AM **Atlantic Rim 2** *Syfy* Action adventure sequel starring Paul Logan and Tammy Klein. ★★

WEDNESDAY Sport

SKY HD SD VIRGIN HD BT HD

10 July

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Good Morning Sports Fans Bitesize** The latest sports news.
7.00 **Good Morning Sports Fans**
9.00 **Good Morning Transfers**
10.00 **LIVE State of Origin New South Wales v Queensland.** At ANZ Stadium. Kick-off 11.10am.
1.30 PM **Sky Sports News**
2.00 **Drive Time USA**
3.00 **LIVE Scottish Open – On The Range** The players prepare for the Scottish Open at the Renaissance Club in Dirleton.
4.00 **Sky Sports News**
5.00 **Transfer Centre**
5.30 **Sky Sports News**
6.00 **Sky Sports News at 6**
7.00 **The Transfer Show**
8.00 **Sky Sports Tonight**
9.00 **F1 Classic Races** A look back at the 1991 British Grand Prix.
9.45 **LIVE Women's International Rugby Union England v France.** Kick-off 10.15pm.
12.15 AM **Great Sporting Moments**
12.45 **State of Origin**
1.00 **Rugby Greatest Games**
1.10 **LIVE Women's International Rugby Union Canada v USA.** From San Diego. Kick-off 1.15am.
3.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **Premier League Years**
12.00 NOON **Premier League Best Goals** Memorable strikes.
1.00 PM **Premier League Years**
3.00 **Premier League Best Goals**
4.00 **PL Greatest Games**
5.00 **Premier League Years** A look back at classic games, infamous blunders and moments of skill from seasons past.
7.00 **Premier League 100 Club** A profile of David James.
7.30 **Premier League 100 Club** A profile of a top-flight legend.
8.00 **Premier League Highlights** Back-to-back top-flight action.
10.00 **Premier League 100 Club**
10.30 **PL Greatest Games**
11.00 **Gary Neville's Soccerbox** The presenter talks to a fellow former Premier League player.
11.30 **Premier League Best Goals**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **EFL Greatest Games**
7.00 **Football's Greatest Players**
8.00 **Football Countdowns**
9.00 **Football Years**
10.00 **EFL Highlights**
11.00 **One2Eleven**
11.30 **Football's Greatest Players**
12.00 NOON **EFL Greatest Games**
12.30 PM **SPFL Greatest Games**
1.00 **Football Countdowns**
2.00 **Football Years**
3.00 **EFL Highlights**
4.00 **One2Eleven**
4.30 **Football's Greatest Players**
5.00 **EFL Greatest Games**
5.30 **SPFL Greatest Games**
6.00 **EFL Goals: Championship**
7.00 **EFL Goals: Leagues 1 & 2**
7.30 **SPFL Round-Up**
8.00 **EFL Goals: Championship**
9.00 **EFL Goals: Leagues 1 & 2**
9.30 **SPFL Round-Up**
10.00 **EFL Highlights**
11.00 **Football's Greatest Players**
12.00 M'T **Football Years**
1.00 AM **Football Countdowns**
2.00 **SPFL Greatest Games**
2.30 **One2Eleven**
3.00 **EFL Highlights**
4.00 **EFL Greatest Games**
4.30 **to 6.00** AM **Highlights**

Sky Sports Cricket World Cup

404 404 858 | 514 504

6.00 AM **Cricket World Cup**
7.00 **World Cup Cricket Classics**
8.00 **Cricket World Cup**
9.00 **World Cup Cricket Classics**
10.00 **ICC Cricket World Cup**
11.00 **World Cup Debate**
11.45 **World Cup Bitesize**
12.00 NOON **Cricket World Cup**
1.00 PM **World Cup Cricket Classics**
2.00 **ICC Cricket World Cup**
3.00 **World Cup Debate**
3.45 **World Cup Bitesize**
4.00 **Cricket World Cup**
5.00 **World Cup Cricket Classics**
6.00 **ICC Cricket World Cup**
7.00 **World Cup Debate**
7.45 **World Cup Bitesize**
8.00 **ICC Cricket World Cup** Action from the first semi-final.
9.00 **World Cup Debate**
9.45 **World Cup Bitesize**
10.00 **ICC Cricket World Cup**
11.00 **World Cup Debate**
11.45 **World Cup Bitesize**
12.00 M'T **Cricket World Cup**
1.00 AM **World Cup Cricket Classics**
2.00 **ICC Cricket World Cup**
3.00 **World Cup Debate**
3.45 **World Cup Bitesize**
4.00 **Cricket World Cup**
5.00 **to 6.00** AM **World Cup Classics**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **PGA Tour Golf**
7.00 **Hero Challenge: Scottish Open**
8.00 **McIlroy: Lessons with a Champion Golfer**
8.30 **PGA Tour Golf**
9.30 **Hero Challenge: Scottish Open**
10.30 **European Tour Golf**
11.30 **PGA Tour Profiles**
12.00 NOON **Hero Challenge: Scottish Open**
1.00 PM **PGA Tour Golf**
2.00 **Drive Time USA**
3.00 **LIVE Scottish Open – On The Range** The players prepare for the Scottish Open at the Renaissance Club in Dirleton.
4.00 **Hero Challenge: Scottish Open**
5.00 **Drive Time USA**
6.00 **Feherty Talks To**
7.00 **Inside the PGA Tour**
7.30 **Golfing World** Magazine show.
8.00 **Scottish Open – On The Range**
9.00 **Inside the PGA Tour**
9.30 **Golfing World** Magazine show.
10.00 **Drive Time USA**
11.00 **Scottish Open – On The Range**
12.00 M'T **Inside the PGA Tour**
12.30 AM **Golfing World**
1.00 **Paul Lawrie Scottish Par 3**
2.00 **Drive Time USA**
3.00 **to 6.00** AM **Highlights**

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **Fishing: On The Bank**
7.01 **British Talent Cup Highlights**
8.00 **FIA World Endurance Champs**
9.00 **Irish Rally Review**
9.30 **Formula E: Street Racers**
10.00 **World Rallycross Highlights**
11.00 **Story of the Champions Cup**
11.30 **Fishing: On The Bank**
12.30 PM **Premiership Rugby: Tries of the Season**
1.00 **The 16th Man**
2.00 **Rugby Tonight: Best Of**
3.00 **Rugby Tonight: Season Review**
4.30 **Rugby Tonight: The Demos**
5.30 **Story of the Champions Cup**
6.00 **Euroformula Open Championship** From Hungary.
7.00 **I Believe in Miracles**
8.30 **No Filter Boxing**
9.00 **Fishing: On The Bank**
10.00 **World Rallycross Highlights**
11.00 **BT Sport Films: The Crazy Gang**
12.30 AM **FIA World Endurance Championship**
1.30 **Irish Rally Review**
2.00 **Formula E: Street Racers**
2.30 **Euroformula Open Champs**
3.30 **World Rallycross Highlights**
4.30 **Story of the Champions Cup**
5.00 **to 6.00** AM **The Big Match Revisited – 1974/75**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **AFL** Action from Adelaide Crows v Port Adelaide Power.
8.00 **AFL** Action from Fremantle Dockers v West Coast Eagles.
10.00 **AFL** Action from North Melbourne v St Kilda.
12.00 NOON **IPL** Four editions.
4.00 PM **SGB Premiership** King's Lynn Stars v Poole Pirates.
6.00 **BT Sport Reload**
6.30 **Premier League 100**
7.00 **British Talent Cup Highlights** Round three at Donington Park.
8.00 **MotoGP Highlights** Action from the Grand Prix of Germany.
9.00 **MotoGP Films: Head to Head** Revisiting some of MotoGP's most exciting duels.
10.15 **BT Sport Goals Reload**
10.30 **IPL** Action from Rajasthan Royals v Kolkata Knight Riders.
11.30 **IPL** Action from Kings XI Punjab v Sunrisers Hyderabad.
12.30 AM **IPL** Chennai Super Kings v Koklata Knight Riders.
1.30 **IPL** Action from Mumbai Indians v Kings XI Punjab.
2.30 **UFC NOW**
3.30 **Classic Boxing** Triple bill.
5.00 **to 6.00** AM **Fishing: On The Bank**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **WTA Roma Final**
8.00 **FIM Sidecar World Championship Highlights**
8.30 **MotoGP Films: Jorge Lorenzo**
10.00 **MotoGP** The Moto3 race at the Grand Prix of Germany. **11.00** The Moto2 race at the Grand Prix of Germany. **12.00** NOON The MotoGP race at the Grand Prix of Germany.
1.00 PM **MotoGP Chequered Flag**
2.00 **ESPN Classic Boxing**
5.00 **Bundesliga: Games of the Season** Action from FSV Mainz 05 v RB Leipzig. **6.00** Action from FC Augsburg v Hertha Berlin. **7.00** Action from Bayern Munich v Eintracht Frankfurt. **8.00** Action from VfL Wolfsburg v FC Augsburg.
9.00 **UFC NOW** Magazine show.
10.00 **UFC Main Event**
11.00 **UFC: The Ultimate Fighter**
2.00 AM **Premier League 100**
2.30 **MotoGP Highlights**
3.30 **British Talent Cup Highlights**
4.30 **FIM Sidecar World Championship Highlights**
5.00 **AMA Endurocross**
5.30 **to 6.00** AM **BT Sport Reload**

Sky Sports Action

407 407 861 | 517 507

6.00 AM **Highlights**
8.00 **Boxing Gold**
9.00 **NFL: America's Game**
10.00 **Sporting Records**
10.30 **Fishing: Hooked on Africa**
11.00 **NFL: America's Game**
12.00 NOON **NFL: A Football Life**
1.00 PM **Sporting Records**
2.00 **Fishing: Hooked on Africa**
2.30 **Boxing Gold**
3.30 **Darts Gold**
4.00 **Sporting Records**
5.00 **Fishing: Hooked on Africa**
5.30 **Darts Gold**
6.00 **Fishing: Hooked on Africa**
6.30 **Fast Zone** Motorsport action.
7.00 **Sports Unlimited**
8.00 **Watersports World**
9.00 **Motorsport Mundial**
9.30 **Great Sporting Moments**
9.45 **LIVE Women's International Rugby Union England v France.** Kick-off 10.15pm.
12.15 AM **State of Origin**
12.30 **Great Sporting Moments**
12.45 **State of Origin**
1.00 **Rugby Greatest Games**
1.10 **LIVE Women's International Rugby Union Canada v USA.** From San Diego. Kick-off 1.15am.
3.00 **to 6.00** AM **Highlights**

Sky Sports Mix

121 121 819 | 520 510

6.00 AM **My Icon**
7.00 **Netball Superleague**
9.00 **My Icon**
10.00 **NFL: America's Game**
11.00 **My Icon**
12.00 NOON **Netball Superleague**
2.00 PM **NFL: A Football Life**
3.00 **WWE Main Event**
4.00 **Netball Superleague**
6.00 **My Icon**
6.15 **Spirit of Yachting**
6.45 **History of the Netball World Cup** A look back at past stagings of the tournament.
7.45 **Netball: Quad Series** Action from Australia v New Zealand.
9.45 **LIVE Women's International Rugby Union England v France.** The Women's Rugby Super Series match from Chula Vista Elite Athlete Training Centre in San Diego. Kick-off 10.15pm.
12.15 AM **My Icon**
1.00 **Rugby Greatest Games**
1.10 **LIVE Women's International Rugby Union Canada v USA.** The Women's Rugby Super Series match. Kick-off 1.15am.
3.00 **Spirit of Yachting**
3.30 **to 6.00** AM **Mix Shorts: Masterclasses**

BT Sport/ESPN

423/426 872 | 530 | 411 434

6.00 AM **Around the Horn**
6.30 **ESPN FC** Football news.
7.00 **Pardon the Interruption**
7.30 **MLB**
8.30 **CFL**
11.00 **Around the Horn**
11.30 **Pardon the Interruption**
12.00 NOON **ESPN FC**
12.30 PM **MLB** Action from the MLB Home Run Derby.
3.30 **World of X Games**
4.30 **Around the Horn**
5.00 **Baseball Tonight**
6.00 **MLB** Action from the 90th Major League Baseball All-Star game.
10.00 **Celtics/Lakers: Best of Enemies**
12.00 M'T **ESPN FC**
12.30 AM **Pardon the Interruption**
1.00 **LIVE World Series of Poker** Coverage of the World Series of Poker Main Event from Las Vegas.
4.00 **BT Sport Reload**
4.30 **to 7.00** AM **LIVE World Series of Poker** Further coverage of the World Series of Poker Main Event.

Eurosport 1

410 410 864 | 523 521 | 412 435

6.00 AM **Swimming: Universiade**
8.00 **Tennis: Wimbledon**
9.30 **WATTS**
9.45 **Motorsport: Formula E**
10.15 **Rallycross: Titans-RX Series**
10.45 **Cycling: Tour de France**
11.45 **LIVE Cycling: Tour de France** Coverage of stage five, featuring a hilly 175.5km course from Saint-Die-des-Vosges to Colmar.
5.00 PM **Tour de France – The Breakaway** Stage five review.
5.15 **Cycling: Get to Know**
5.30 **LIVE Athletics: Universiade** Day three of athletics in the multi-sports festival from Naples.
7.30 **Cycling: UK Men's Road Series**
8.00 **Cycling: Tour de France**
9.30 **Cycling: UK Men's Road Series**
10.00 **Tennis: Wimbledon** Action from the mens' singles quarter-finals.
11.30 **Cycling: Tour de France**
12.30 AM **Tennis: Wimbledon**
2.00 **to 4.00** AM **Swimming: Universiade**

Eurosport 2

411 411 865 | 524 522 | 413 436

6.00 AM **World Superbikes**
6.30 **Cycling: Tour de France**
7.30 **Blancpain GT World Challenge**
8.00 **FIA World Touring Cars**
8.30 **Motorsport: Formula E**
9.00 **World Superbikes**
10.00 **Africa Cup of Nations**
12.00 NOON **FIA World Touring Cars**
12.30 PM **Motorsport: Formula E**
1.00 **Athletics** Action from the Spitzen Leichtathletik Luzern.
2.35 **WATTS**
2.45 **Africa Cup of Nations**
4.45 **LIVE AFCON** The opening quarter-final. Kick-off 5.00pm.
7.00 **Motorsport: Formula E**
7.45 **LIVE AFCON** The second quarter-final. Kick-off 8.00pm.
10.00 **Africa Cup of Nations**
12.05 AM **WATTS**
12.30 **Cycling: Tour de France**
2.00 **FIA World Touring Cars**
3.00 **World Superbikes**
4.00 **Cycling: Tour de France**
5.30 **to 6.30** AM **Cliff Diving**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Sporting Greats**
7.00 **WWE Experience**
8.00 **Great Sporting Moments**
9.00 **Sporting Records**
10.00 **LIVE State of Origin New South Wales v Queensland.**
1.30 PM **Great Sporting Moments**
2.00 **Sporting Greats**
3.00 **Sporting Records**
4.00 **NRL Try Time**
5.00 **WWE Main Event**
6.00 **WWE Experience**
7.00 **Super League Gold**
7.15 **State of Origin**
7.30 **Sporting Greats**
8.00 **NRL Try Time**
9.00 **GAA Weekly Round-Up**
10.00 **WWE Smackdow**
12.00 M'T **GAA Weekly Round-Up**
1.00 AM **NRL Try Time**
2.00 **State of Origin**
2.15 **Super League Gold**
3.00 **Sporting Records**
4.00 **State of Origin**
4.15 **to 6.00** AM **Sporting Records**

Sky Sports F1

406 406 860 | 516 506

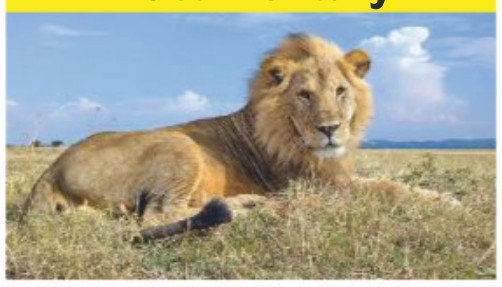
6.00 AM **The Home of F1**
11.00 **Goodwood Festival of Speed**
1.00 PM **F1 Grand Prix**
3.05 **Didier Pironi**
3.15 **Formula 1**
5.20 **Ted's 2019 F1 Tech**
5.30 **French F1 GP Notebook**
6.00 **The Inside Line**
6.30 **Formula 1** Another chance to see the Austrian Grand Prix.
8.35 **Ted's 2019 F1 Tech**
8.45 **Brundle with Kubica & Russell**
9.00 **F1 Classic Races** A look back at the 1991 British Grand Prix.
9.45 **F1 Classic Races** A look back at the 1988 British Grand Prix.
10.25 **Box Box Box: Red Bull's First Win**
10.35 **Ted's 2019 F1 Tech**
10.45 **Porsche Super Cup**
11.25 **Alfa Romeo 1950**
11.30 **Formula 1**
12.30 AM **F1 Weekend Debrief: Austria** A review of the race.
1.00 **to 6.00** AM **The Home of F1**

Thursday

11 July

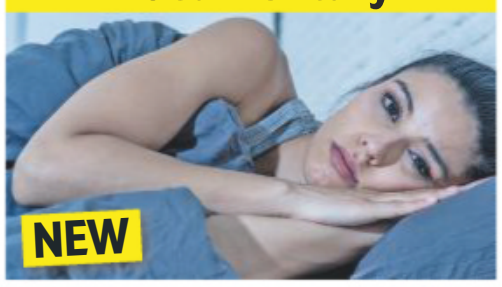
Evening Planner

Documentary



Serengeti
BBC1 HD, 8pm
The savannah stories continue, with lioness Kali and her sister playing with the cubs and being stalked by a rogue male

Documentary



Why Can't We Sleep?
ITV HD, 9pm
In one of the world's leading sleep research centres, problem sleepers find out if their issues can be resolved

Documentary

Mad Cow Disease: The Great British Beef Scandal
BBC2 HD, 9pm
Kevin Maguire recalls his research on how BSE could be transferred to humans

Documentary

Too Gay for God?
BBC1 HD, 10.35pm
Asking what the place of the LGBTQ community is within Christianity, particularly the Church of England

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	7.00 Fake Britain	7.30 EastEnders	8.00 Serengeti		9.00 Ambulance		10.00 News; Local News	10.35 Too Gay...
102 BBC2	◂ 6.00 Wimbledon – Live		8.00 Today at Wimbledon		9.00 Mad Cow Disease: The Great British...		10.00 Vic & Bob's...	10.30 Newsnight
103 ITV	7.00 Emmerdale	7.30 Who's Our...	8.00 Emmerdale	8.30 Her Majesty's...	9.00 Why Can't We Sleep?		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 George Clarke's Old House, New Home		9.00 Catch-22		10.00 Celebrity Gogglebox	
105 CHANNEL 5	7.00 Walking Britain's Lost Railways		8.00 Today at the Great Yorkshire Show		9.00 The Hotel Inspector		10.00 Holiday Love Cheats Exposed	
106 SKY ONE	7.00 The Simpsons		8.00 ICC Cricket World Cup		9.00 An Idiot Abroad		10.00 Micky Flanagan's Detour de France	
Entertainment								
116 BBC4	7.00 Beyond 100 Days	7.30 Top of the...	8.00 The Queen's Palaces		9.00 Charles I: Downfall of a King		10.00 Blood and Gold: The Making of...	
118 ITV2	7.00 You've Been Framed! Gold		8.00 Two and a Half Men		9.00 Love Island		10.00 Shopping with...	10.35 Family Guy
136 MORE4	◂ 6.55 The Supervet		7.55 Great Canal Journeys		9.00 24 Hours in A&E		10.00 Shut-Ins: Britain's Fattest People	
135 E4	7.00 Hollyoaks	7.30 Black-ish	8.00 The Big Bang Theory		9.00 Brooklyn...	9.30 The Good Place	10.00 The Other Two	10.30 Inbetweeners
107 SKY WITNESS	◂ 6.30 My Kitchen Rules: Australia		8.00 Criminal Minds		9.00 The Rookie		10.00 Criminal Minds	
108 SKY ATLANTIC	7.00 CSI		8.00 Blue Bloods		9.00 Riviera		10.00 Big Little Lies	
110 GOLD	7.00 Miranda	7.40 Open All Hours	8.15 Only Fools and Horses		9.00 Mrs Brown's Boys	9.35 Miranda	10.15 Mrs Brown's Boys	
111 DAVE	7.00 Have I Got a Bit More Old News for You		8.00 QI XL		9.00 Live at the Apollo		10.00 Judge Romesh	
119 ITV3	7.00 Murder, She Wrote		8.00 Vera				10.00 Foyle's War	
120 ITV4	7.00 Tour de France Highlights		8.00 Monster Carp			9.30 River Monsters	10.00 Goodwood Festival of Speed	
112 COMEDY CENTRAL	7.00 Friends		8.00 Takeshi's Castle		9.00 Film: Happy Gilmore			
114 SYFY	7.00 Star Trek: The Next Generation		8.00 Stargate Atlantis		9.00 Film: The Jackal			
109 W	7.00 My Dream Home		8.00 Inside the Ambulance				10.00 Louis Theroux: America's Medicated...	
113 UNIVERSAL	7.00 NCIS		8.00 Major Crimes		9.00 Law & Order: Special Victims Unit			
124 FOX	7.00 NCIS				9.00 Legion		10.00 Family Guy	
122 SKY ARTS	7.00 Bafta: Life in Pictures		8.00 The Directors		9.00 Film: The Great Escape			
Documentary								
125 DISCOVERY	7.00 Outback Truckers		8.00 Combat Dealers		9.00 Arabia with Levison Wood		10.00 Jeremy Wade's Dark Waters	
162 ANIMAL PLANET	7.00 Untamed China		8.00 Alaskan Bush People		9.00 Swimming with Monsters with Steve...		10.00 Animal Cops Houston	
129 NAT GEO	7.00 The World's Biggest Battleship...		8.00 Inside Incredible Machines		9.00 Apollo: Missions to the Moon			
130 HISTORY	7.00 American Pickers		8.00 Swamp People		9.00 Man at Arms: Art of War		10.00 Forged in Fire	
155 YESTERDAY	7.00 Bangers and Cash		8.00 Abandoned Engineering		9.00 Porridge			
166 EDEN	7.00 Meet the Sloths		8.00 Africa		9.00 Russia From Above		10.00 Nature's Miracle Orphans	
Films								
301 SKY PREMIERE	◂ 5.45 Cats		8.00 The Girl in the Spider's Web				10.00 Possum	
302 SKY MEGAHITS	◂ 5.35 Spider-Man 3		8.00 Transformers					10.25 Justice League
303 SKY GREATS	◂ 6.45 The Terminal				9.00 Blood Diamond			
304 SKY DISNEY	◂ 6.30 One Hundred and One Dalmatians		8.00 The Jungle Book			9.30 Pete's Dragon		
305 SKY FAMILY	◂ 6.25 Cloudy with a Chance of Meatballs		8.00 Jumanji: Welcome to the Jungle				10.10 Patrick	
306 SKY ACTION	◂ 6.00 Streetfighter		8.00 Edge of Tomorrow				10.00 Venom	
307 SKY COMEDY	◂ 6.25 Mr Bean's Holiday		8.00 Crazy Rich Asians				10.05 Slaughterhouse Rulez	
308 SKY THRILLER	◂ 6.35 Red Sparrow				9.00 Salt			
309 SKY DRAMA	◂ 5.45 The Prince of Tides		8.00 All the Money in the World					10.20 Wonder Wheel
310 SKY SCI-FI	7.00 Alien: Director's Cut				9.00 Aliens: Special Edition			
311 SKY SELECT	◂ 6.15 The Escape		8.00 Munich					
313 FILM4	◂ 6.35 The Best Exotic Marigold Hotel				9.00 Jason Bourne			
315 TCM	7.00 Billy Two Hats				9.00 Fire Down Below			
Sport								
401 MAIN EVENT		7.15 World Cup Debate	8.00 Betfred Super League – Live: Hull FC v London Broncos				10.00 PGA Tour Golf – Live	
402 PREMIER LEAGUE	◂ 6.00 Premier League Years		8.00 Premier League Highlights				10.00 PL 100 Club	10.30 PL Greatest...
403 FOOTBALL	7.00 EFL Goals...	7.30 SPFL Round-Up	8.00 EFL Goals: Championship		9.00 EFL Goals...	9.30 SPFL Round-Up	10.00 EFL Highlights	
404 CRICKET WORLD CUP		7.15 World Cup Debate	8.00 ICC Cricket World Cup		9.00 World Cup Debate		10.00 ICC Cricket World Cup	
413 BT SPORT 1	7.00 The Big Match Revisited – 1974/75							
414 BT SPORT 2	◂ 6.30 National...	7.30 Fishing: On The Bank		8.30 No Filter Boxing	9.00 UFC NOW		10.00 IPL: Knight Riders v Super Kings	

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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Thursday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Ill Gotten Gains** (S)
10.00 **Homes Under the Hammer** Properties in Cumbria, Port Talbot and Birmingham. (S)(AD)
11.00 **Rip Off Britain: Holidays** The team offer advice on how to stay safe while travelling. (S)(R)
11.45 **Claimed and Shamed** A woman who ended up behind bars following a fake-death scam. (R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **LIVE Wimbledon** Sue Barker presents coverage of day 10 from the All England Club, featuring the ladies' singles semi-finals. *Coverage continues on BBC2*. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Ambulance

7 PM
7.00 **Fake Britain** 2/6. A holidaymaker who was locked up after unwittingly changing a fake £20 note. (S)
7.30 **EastEnders** Max and Ian arrive for their meeting with Rainie. (S)(AD)

8 PM
8.00 **Serengeti** 2/6. Lioness Kali and her sister feel threatened by a male stalker, cheetah Kike must quickly learn to protect her cubs from predators, and Bakari the baboon is finding fatherhood tough. (S)(AD)

9 PM
9.00 **Ambulance** **SERIES FINALE** 6/6. Bafta-winning documentary following paramedics and control room staff of the North West Ambulance Service in Greater Manchester. (S)
■ Postponed from 4 July

10 PM
10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 **NEW Too Gay for God?** Documentary exploring the place of the LGBTQ community within the Christian faith. (S)(AD)
11.15 **This Week** Andrew Neil introduces a round-table chat, in which he, Michael Portillo and other guests take a look back at the political and parliamentary developments of the past seven days. (S)
12.05 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.10 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.00 AM **Wednesday in Parliament** (S)
6.30 **Ill Gotten Gains** (S)(R)
7.15 **Bargain Hunt** (S)(R)(AD)
8.00 **Sign Zone: Britain in Bloom** A group in West Sussex entering Bloom for the first time. (S)(R)
8.30 **Sign Zone: Life of Pies – Our Lives** The British Pie Awards. (R)
9.00 **BBC News** (S)
10.00 **Victoria Derbyshire** (S)
11.00 **BBC Newsroom Live** (S)
11.45 **Politics Live** (S)
12.30 PM **LIVE Wimbledon** Sue Barker presents coverage of the tenth day's play of the third Grand Slam tournament of the year, held at the All England Club. (S)
6.00 **LIVE Wimbledon** Sue Barker presents further coverage of day 10 from the grass courts of the All England Club. (S)

12.30 Wimbledon

7 PM
LIVE Wimbledon (started at 6.00pm)

8 PM
8.00 **Today at Wimbledon** Clare Balding introduces highlights of the tenth day's play from the All England Club, where the semi-finals of the ladies' singles draw were due to decide who is progressing to Saturday's final. (S)

9 PM
9.00 **NEW Mad Cow Disease: The Great British Beef Scandal** The story of one of Britain's biggest-ever food-related crises, the outbreak of BSE – or mad cow disease – and its human form vCJD, first identified in 1996. *See feature, page16* (S)

10 PM
10.00 **Vic & Bob's Big Night Out** 1/4. Comedy with Vic Reeves and Bob Mortimer. (S)(R)(AD)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **Britain's Biggest Superyachts: Chasing Perfection** Following events at the UK's largest superyacht builder. (S)(R)(AD)
12.15 AM **Sign Zone: The Unwanted: The Secret Windrush Files** David Olusoga opens previously unseen government files relating to the Windrush scandal. (S)(R)(AD)
1.15 **Sign Zone: War on Plastic with Hugh and Anita** 1/3. (S)(R)(AD)
2.15 **to 6.00** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **Good Morning Britain** Featuring an interview with South Korean pop band Monsta X. (S)
8.30 **Lorraine** (S)
9.25 **Judge Rinder** (S)(R)
10.30 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson helps members of the public sort the treasures from their trash. (S)(R)
3.00 **Tenable** Five friends from East Sussex play the game. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.30 Her Majesty's Cavalry

7 PM
7.00 **Emmerdale** David is cagey about some news, and Andrea clocks some strange behaviour. (S)(AD)
7.30 **Who's Our Next PM? Tonight** Julie Etchingham profiles Jeremy Hunt and Boris Johnson. (S)

8 PM
8.00 **Emmerdale** Will confronts Dawn over her actions. (S)(AD)
8.30 **Her Majesty's Cavalry** **SERIES FINALE** 6/6. New commanding officer Paddy leads the regiment on his first state visit. (S)(AD)

9 PM
9.00 **NEW Why Can't We Sleep?** Ranvir Singh narrates an investigation into the problem of sleeplessness in the UK, which regularly affects one in every three people, with some experts describing it as a public health crisis. (S)(AD)

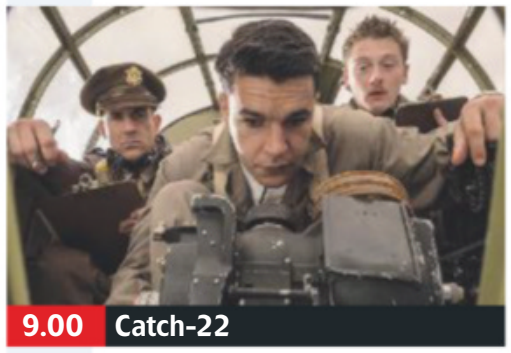
10 PM
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Regional Programmes** See local variations. (S)
11.10 **Beecham House** 4/6. John's only hope of stopping Margaret from leaving Delhi is to share his secrets. (S1) (S)(R)(AD)
12.10 AM **Tenable** Quiz show. (S)(R)
1.00 **Tour de France Highlights** (S)
1.50 **James Martin's French Adventure** In St Tropez. (S)(R)
2.40 **Loose Women** (R)
3.30 **Love Your Garden** (S)(SL)(R)
4.20 **ITV Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** (SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.25 AM **Cheers** 2&3/28. (S11) (S)(R)
7.20 **The King of Queens** (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 21&22/24. (S5) (S)(R)
10.10 **Ramsay's Kitchen Nightmares USA** In Michigan. (S)(R)
11.05 **Celebrity Undercover Boss USA** With Darius Rucker. (S)(R)
12.00 NOON **News** (S)
12.05 PM **Couples Come Dine with Me** Three nights in Plymouth. (S)(R)
1.05 **Posh Pawnbrokers** (S)(R)
2.10 **Countdown** (S)
3.00 **Coast vs Country** (S)(R)
4.00 **A Place in the Sun** (S)
5.00 **Kirstie's Celebrity Craft Masters** With Tanni Grey-Thompson and Sharron Davies. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** James's actions shock Marnie. (S)(AD)



9.00 Catch-22

7 PM
7.00 **News** (S)

8 PM
8.00 **George Clarke's Old House, New Home** George visits a Victorian villa in Leeds, where Jawad and Charlie are planning an ambitious master en-suite. He also helps with a two-storey extension in Brixton. (S)(AD)

9 PM
9.00 **Catch-22** 4/6. In an episode directed by George Clooney, Yo-Yo takes a surreal trip and begins to realise the magnitude and influence of Milo's business empire. (S1) (S)(AD)

10 PM
10.00 **Celebrity Gogglebox** Jessie J, Jamal Edwards, Martin Kemp, Roman Kemp, Rylan Clark-Neal and mum Linda, Oti Mabuse, Stanley Johnson, Georgia Toffolo, Laurence Fox and Emilia Fox review the week's television. (S)(R)(AD)
11.05 **ICC Cricket World Cup** The second semi-final, which came from Edgbaston, Birmingham. (S)
12.10 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
1.00 **FILM The Master** Period drama. (S)(SL) (2012, 15, 140min) ★★★★
3.20 **Battle for the Tory Party: Dispatches** (S)(SL)(R)(AD)
3.50 **Inside Out Homes** (S)(R)(AD)
4.45 **Big House, Little House** (S)(AD)
5.40 **to 6.15** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Bargain-Loving Brits in the Sun** In Benidorm. (S)(R)
12.10 PM **News** (S)
12.15 **Police Interceptors** (S)(R)
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 **FILM Who Killed My Husband?** Suspense thriller starring Andrea Bowen. (S) (2016, PG, 105min) ★★
4.00 **Friends** 5&6/24. (S9) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Dee says goodbye to Toadie. (S)(R)(AD)
6.00 **Home and Away** Willow seems to have made Bella see the error of her ways. (S)(R)(AD)
6.30 **News** (S)

9.00 The Hotel Inspector

7.00 **Walking Britain's Lost Railways** Rob Bell revisits decommissioned railway lines in the Lake District, where he looks for elusive signs of a route that begins over a busy motorway. (S)(R)

8.00 **Today at the Great Yorkshire Show SERIES FINALE** 2/2. Anita Rani and Jules Hudson present coverage of the annual event, with contributions from Peter Wright and Julian Norton. (S)

9.00 **The Hotel Inspector** 6/8. Alex Polizzi helps the inexperienced general manager of a 51-bedroom hotel in Ilfracombe, Devon, as he prepares for the arrival of coach parties during a busy summer season. (S)

10.00 **NEW Holiday Love Cheats Exposed** Telling the stories of holiday romances gone wrong, and exposing those unscrupulous men who scam single female tourists out of thousands of pounds. (S)

11.05 **You Can't Say That! Outrageous Comedy** 3/6. The role of women and politics in outrageous comedy. (S)(R)
1.00 AM **21.co.uk Live Casino Show**
3.10 **Bargain-Loving Brits in the Sun** In Benidorm. (S)(R)
4.00 **Britain's Greatest Bridges** (R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **House Busters** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Monkey Life** (R)
7.00 **Animal 999** (S)(R)(AD)
8.00 **RSPCA Animal Rescue** (R)
9.00 **Road Wars** (S)(R)
10.00 **Highway Patrol** (R)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0** 16&17/25. Double bill. (S8) (S)(R)
3.00 **MacGyver** 17/21. (S1) (S)(R)
4.00 **Modern Family** 12&13/24. Double bill. (S5) (S)(R)
5.00 **The Simpsons**
5.30 **Futurama** *Naturama:* A trio of wildlife documentaries reimagining the crew as various creatures. (S)(R) **6.00** *2-D Blacktop:* The gang are transported to a 2D universe. (R)
6.30 **The Simpsons** *My Mother the Carjacker:* Homer's mother asks him for help. (S)(R)

10.00 Micky Flanagan's Detour...

7.00 **The Simpsons** *The President Wore Pearls:* Lisa is elected student president. With the guest voice of Michael Moore. (R) **7.30** *The Regina Monologues:* With the voices of Tony Blair and JK Rowling. (S)(R)

8.00 **ICC Cricket World Cup** Action from the second semi-final, which took place at Edgbaston in Birmingham.

9.00 **An Idiot Abroad** Karl Pilkington travels to Mexico and immerses himself in the country's culture, before heading for Chichen Itza, home to temples built between the ninth and 12th centuries. (R)

10.00 **Micky Flanagan's Detour de France** Micky and his friend Noel Lynch stop off to sample a few glasses of bubbly at some of the region's premier champagne houses. (S)(R)(AD)

11.00 **A League of Their Own** With Geri Horner, John Terry and Josh Widdicombe. (S)(R)(AD)
12.00 M'T **Warrior** *John Chinaman:* 3/10. Leary puts pressure on Penny's father. (S1) (R)
1.00 AM **Brit Cops: Law & Disorder**
2.00 **Road Wars** (S)(R)
3.00 **Motorway Patrol** (S)(R)(AD)
4.00 **Babylon 5** 2/22. (S3) (R)
5.00 **to 6.00** AM **Stargate SG-1** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations
WALES
Sky **952**, Virgin **864**, Freesat **964**
No variations

BBC2

SCOTLAND
Sky **970**, Freesat **970**
No variations
N. IRELAND
Sky **972**, Freesat **969**
No variations
WALES
Sky **971**, Freesat **971**
No variations

ITV

As main ITV except:
ANGLIA
10.45-11.10pm Anglia Late Edition
BORDER/TYNE TEES
10.45-11.10pm Around the House
LONDON
10.45-11.10pm Late Debate
CENTRAL
10.45-11.10pm Central Lobby
GRANADA
10.45-11.10pm The Granada Debate
MERIDIAN
10.45-11.10pm Last Word
WALES
10.45-11.10pm The Island Strait
WEST/WESTCOUNTRY
10.45-11.10pm The Westcountry Debate
YORKSHIRE
10.45-11.10pm Last Orders

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Heno **1.00** Prynhawn Da **1.55** Newyddion S4C a'r Tywydd **2.00 LIVE** Seiclo: Le Tour de France **4.50** Sion y Chef **5.00** Stwnsh **6.00** Newyddion S4C a'r Tywydd **6.05** Pum Merch, Tri Chopa, Un Cwch **6.30** Rownd a Rownd (AD) **7.00** Heno **7.30** Pobol y Cwm (AD) **8.00** Trysorau'r Teulu **9.00** Newyddion 9 a'r Tywydd **9.30** Seiclo: Le Tour de France **10.00** 3 Lle **10.30** Hansh **11.00-11.35pm** Y Stiwdio Gefn

TV&Satellite week
Best for Sky and Virgin

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Beyond 100 Days** Followed by **Weather**
7.30 **Top of the Pops: 1988** Featuring Rick Astley, Belinda Carlisle, Aztec Camera and Kylie Minogue.
8.00 **The Queen's Palaces** 2/3. Fiona Bruce explores the history of Windsor Castle.
9.00 **Charles I: Downfall of a King SERIES FINALE** 3/3. Lisa Hilton recalls how Charles I plotted to arrest John Pym.
10.00 **Blood and Gold: The Making of Spain with Simon Sebag Montefiore** 1/3. Exploring the history of Spain, beginning with its early years.
11.00 **The Beginning and End of the Universe**
12.00 M'T **Top of the Pops: 1988**
12.30 AM **Handmade on the Silk Road**
1.00 **The Silk Road**
2.00 **The Engine That Powers the World: Timeshift**
3.00 **to 4.00** AM **Charles I: Downfall of a King**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **A Place in the Sun: Home or Away** Double bill.
11.00 **Escape to the Chateau: DIY** A romantic rose garden.
12.05 PM **Find It, Fix It, Flog It**
1.10 **Four in a Bed** Five editions.
3.50 **Kirstie and Phil's Love It or List It** In Scotland.
4.50 **Love It or List It Australia NEW EDITION** A house with a maze-like layout.
5.55 **The Secret Life of the Zoo**
6.55 **The Supervet** A puppy requires a skin graft after being hit by a car.
7.55 **Great Canal Journeys** The duo take a trip across Scotland, travelling along the Caledonian Canal, before venturing on a journey into the Highlands.
9.00 **24 Hours in A&E** An eight-year-old boy is rushed in after being crushed by falling bricks.
10.00 **Shut-Ins: Britain's Fattest People** 1/3. Following the struggle of three severely morbidly obese people, beginning with Claire, who has been bed-bound for six years.
11.05 **999: What's Your Emergency?** A woman has been badly cut.
12.10 AM **8 Out of 10 Cats Does Countdown**
1.10 **The Supervet**
2.15 **The Secret Life of the Zoo**
3.20 **to 4.00** AM **8 Out of 10 Cats Uncut**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **The Funniest Animals**
6.20 **Judge Rinder**
7.10 **Dinner Date**
8.00 **Emmerdale**
8.30 **Coronation Street**
9.25 **Ellen DeGeneres Show**
10.25 **Superstore**
11.15 **Dress to Impress**
12.10 PM **Emmerdale**
12.45 **Coronation Street**
1.45 **Ellen DeGeneres Show**
2.45 **Dinner Date**
3.45 **Dress to Impress**
4.50 **Take Me Out**
6.00 **You've Been Framed! Gold** Four editions.
8.00 **Two and a Half Men** 9/16. Alan and Herb run into Lyndsey at yoga class. **8.30** 10/16. Ms McMartin turns up unannounced. (S12)
9.00 **Love Island NEW EDITION** Relationship-based reality show.
10.00 **Shopping with Keith Lemon NEW EDITION** 6/8. Keith takes Amanda Holden on a booze cruise to Calais and goes guitar shopping with band Busted.
10.35 **Family Guy** *Joe's Revenge:* 5/22. Bobby Briggs breaks out of jail. (S11)
11.05 **Family Guy** *Tea Peter:* 21/23. Peter joins the Tea Party. (S10)
11.35 **American Dad!**
12.35 AM **Hey Tracey!**
1.20 **to 2.15** AM **Two and a Half Men**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **How I Met Your Mother**
8.00 **Young & Hungry**
9.00 **Melissa & Joey**
10.00 **The Big Bang Theory**
11.00 **Brooklyn Nine-Nine**
12.00 NOON **Young Sheldon**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Brooklyn Nine-Nine**
4.00 **Black-ish**
5.00 **Young Sheldon**
6.00 **The Big Bang Theory** 4&5/24. Double bill. (S4)
7.00 **Hollyoaks**
7.30 **Black-ish** 11/24. (S3)
8.00 **The Big Bang Theory** 18&19/24. Double bill. (S10)
9.00 **Brooklyn Nine-Nine NEW EPISODE** 15/18. Gina gets back in touch. (S6)
9.30 **The Good Place NEW EPISODE** 7/13. The neighbourhood experiences a potentially fatal glitch. (S2)
10.00 **The Other Two NEW EPISODE** 9/10. A family secret is exposed. (S1)
10.30 **The Inbetweeners**
11.40 **The Big Bang Theory**
12.40 AM **Brooklyn Nine-Nine**
1.45 **Rick and Morty**
2.10 **Robot Chicken**
2.40 **The Other Two**
3.00 **The Good Place**
3.25 **The Big Bang Theory**
4.05 **Brooklyn Nine-Nine**
5.15 **to 6.00** AM **How I Met Your Mother**

+1 hour 235 | 146 | 28 | 123

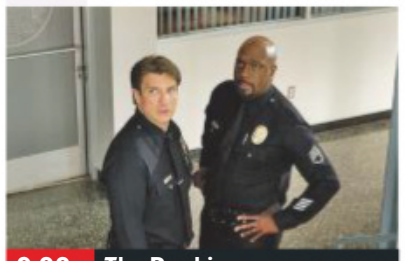
THURSDAY Entertainment

Thursday

Sky Witness

107 107 807 112 111

6.00 AM **Motorway Patrol**
7.00 **Stop, Search, Seize**
8.00 **Nothing to Declare**
9.00 **Criminal Minds** 10/23. (S2)
10.00 **CSI** 18/23. (S10)
11.00 **Elementary** 19/21. (S6)
12.00 NOON **Brit Cops: Frontline Crime UK**
1.00 PM **Sun, Sea and A&E**
2.00 **Motorway Patrol**
3.00 **Road Wars**
4.00 **Nothing to Declare**
5.00 **Stop, Search, Seize**
6.00 **Nothing to Declare**



9.00 **The Rookie**

7 PM

6.30 **My Kitchen Rules: Australia** NEW EDITION Tensions rise as eight new teams get the power to send a pair home.

8 PM

8.00 **Criminal Minds** *Penelope:* 9/20. With Garcia fighting for her life, the unit begin to search for the man who shot her. (S3)

9 PM

9.00 **The Rookie** NEW EPISODE *The Shake Up:* 17/20. An earthquake rocks the city, throwing everyone into chaos. (S1)

10 PM

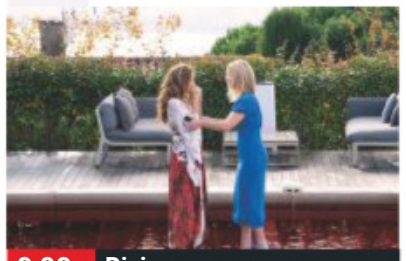
10.00 **Criminal Minds** *If the Shoe Fits:* 6/23. The team struggle to find the link between a number of male victims. (S10)
11.00 **Criminal Minds** 23/23. A serial killer strikes. (S5)
12.00 M'T **World's Most Evil Killers**
1.00 AM **Britain's Most Evil Killers**
2.00 **Brit Cops: Frontline Crime UK**
3.00 **Chicago Fire** (S5)
4.00 **Road Wars**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 140

Sky Atlantic

108 108 808

6.00 AM **Fish Town**
7.00 **Richard E Grant's Hotel Secrets** Hidden extras.
8.00 **The British**
9.00 **Discovering: John Wayne**
10.00 **The West Wing** (S1)
12.00 NOON **Without a Trace** (S1)
2.00 PM **Blue Bloods** 11/22. (S4)
3.00 **The West Wing** (S2)
5.00 **Without a Trace** 3/23. A woman is kidnapped. **6.00** 4/23. The team search for an aspiring model who has gone missing. (S1)



9.00 **Riviera**

7.00 **CSI** *Lying Down with Dogs:* 10/17. The murder of a respected socialite is linked to illegal dog fighting. (S8)

8.00 **Blue Bloods** *The Bogeyman:* 12/22. Danny begins a manhunt for the distributor of a deadly new form of heroin. (S4)

9.00 **Riviera** NEW EPISODE 9/10. Georgina learns some shocking news about Nico and events take a horrifying turn. (S2)

10.00 **Big Little Lies** *Kill Me:* 5/7. Drama starring Reese Witherspoon, Nicole Kidman and Shailene Woodley. (S2)
11.00 **The Sopranos** 8/13. Furio takes a trip to his native Italy to visit his ailing father. **12.15** AM 9/13. Junior falls down a flight of stairs. (S4)
1.30 AM **Six Feet Under** Triple bill of episodes. (S2)
4.00 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.10 AM **The Piglet Files**
8.05 **The Interviews**
9.05 **The Green Green Grass**
9.40 **You Rang, M'Lord?**
10.45 **Last of the Summer Wine**
12.40 PM **Keeping Up Appearances**
1.15 **The Green Green Grass**
1.55 **Are You Being Served?**
2.30 **Open All Hours** As 7.40pm.
3.10 **Only Fools and Horses**
3.50 **Last of the Summer Wine**
5.40 **Are You Being Served?**
6.20 **Keeping Up Appearances**

11.35 **Live at the Apollo**

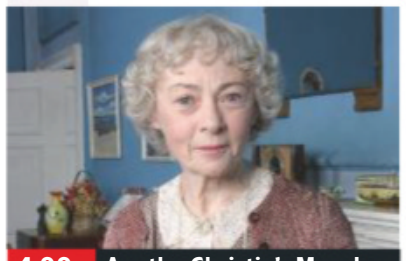
7.00 **Miranda** Penny falls ill so Miranda takes care of her in her flat.
7.40 **Open All Hours** Arkwright opens the shop before dawn to catch the morning rush.
8.15 **Only Fools and Horses** Del seizes a once-in-a-lifetime opportunity.
9.00 **Mrs Brown's Boys** Dermot and Maria argue over whether they should buy their own home.
9.35 **Miranda** Gary prepares for the grand reopening of the restaurant.
10.15 **Mrs Brown's Boys** Agnes goes on a diet after the family mention her weight.
11.00 **Two Pints of Lager and a Packet of Crisps**
11.35 **Live at the Apollo**
12.35 AM **The Office**
1.55 **Two Pints of Lager...**
2.25 **The Interviews**
3.10 **Harry Hill's TV Burp**
3.35 **to 4.00** AM **The Piglet Files**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.50 **Heartbeat**
7.50 **Murder, She Wrote**
8.40 **On the Buses**
9.50 **George and Mildred**
10.20 **Agatha Christie's Marple**
12.25 PM **Heartbeat**
1.30 LIVE **ITV Racing: From Newmarket** The opening day of the July Festival.
4.00 **Agatha Christie's Marple**
6.00 **Downton Abbey** 4/7. Mrs Hughes finds herself the centre of speculation. (S1)



4.00 **Agatha Christie's Marple**

7.00 **Murder, She Wrote** *Portrait of Death:* Jessica's friend wins a fortune – but soon finds her wealth brings a host of problems.

8.00 **Vera** *Dark Angel:* The detective is drawn into Newcastle's underworld to discover the identity of a murder victim found dead in the river, with no clue as to who he is apart from a distinctive drugs wrapper.

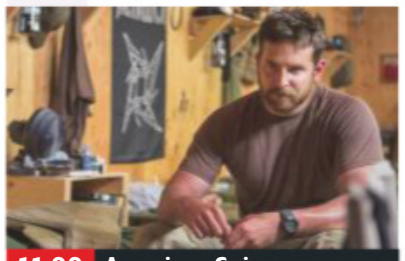
10.00 **Foyle's War** *Bad Blood:* 2/4. A local woman is killed when an experiment in biological warfare goes wrong. (S5)
12.05 **to 2.15** AM **Inspector Morse** *The Secret of Bay 5b:* A diary and a parking ticket are found at a murder scene in a multi-storey car park. Morse soon links the clues to a crime of passion involving a husband, his wife and her lover.

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Football's Greatest: Johan Cruyff**
6.15 **The Chase**
7.00 **The Professionals**
7.50 **Kojak**
8.55 **Quincy ME**
10.00 **The Car Chasers** 1/8. (S1)
11.00 **Tour de France Highlights**
12.00 NOON LIVE **Tour de France** Coverage of stage six of the race, from Mulhouse to La Planche des Belles Filles.
5.00 PM **The Professionals**
6.00 **The Car Chasers**



11.00 **American Sniper**

7.00 **Tour de France Highlights** Action from stage six of the race, from Mulhouse to La Planche des Belles Filles.

8.00 NEW SERIES **Monster Carp** Ali Hamidi seeks out giant carp across the world, and in each episode he is joined by two guest anglers to help him in his quest.
9.30 **River Monsters** Jeremy tries to find a creature in the Zambezi River.

10.00 **Goodwood Festival of Speed** Action from the historic car and bike event, held at the Goodwood Estate.
11.00 FILM **American Sniper** Biopic based on the experiences of real-life Iraq conflict veteran Chris Kyle, starring Bradley Cooper and Sienna Miller. (2014, 15, 132min) ★★★★
1.45 **to 2.40** AM **The Professionals**

+1 hour 220 175 154

Sky Two

151 121

6.00 AM **The Biggest Loser: Australia** Double bill.
8.00 **60 Minute Makeover**
10.00 **My Kitchen Rules: Australia** Double bill.
12.30 PM **Monkey Business**
1.00 **The Dog Whisperer**
2.00 **Haven** 17/26. (S5)
3.00 **Relic Hunter** (S2)
4.00 **Ninja Warrior Women Tournament**
6.00 **Stargate SG-1** (S1)
8.00 **Duck Quacks Don't Echo**
9.00 **How to Get Away with Murder** *The Baby Was Never Dead:* 3/15. Annalise and Emmett take on a wealthy murder suspect. (S5)
10.00 **The Force: Manchester**
11.00 **Send in the Dogs**
12.00 M'T **Ross Kemp: Extreme World**
1.00 AM **The Rookie** (S1)
2.00 **Police Ten 7**
3.00 **Duck Quacks Don't Echo**
4.00 **Monkey Business**
5.00 **to 6.00** AM **The Dog Whisperer**

Pick

152 123 11 144

6.00 AM **Nothing to Declare**
7.00 **Border Patrol**
8.00 **Highway Patrol**
9.00 **Motorway Patrol**
10.00 **Police Ten 7**
11.00 **Police Force: Australia**
12.00 NOON **Road Wars**
1.00 PM **Air Ambulance ER**
2.00 **America's Front Line**
3.00 **Nothing to Declare**
4.00 **America's Front Line**
5.00 **Without a Trace** (S7)
6.00 **Supergirl** 9/22. (S2)
7.00 **The Flash** 6/23. (S3)
8.00 **Lost Girl** 6/16. (S5)
9.00 **Killer in My Village**
10.00 **How I Caught the Killer**
11.00 **The Force: North East**
12.00 M'T **Banged Up Abroad**
1.00 AM **Frontline Crime UK**
2.00 **Road Wars**
3.00 **America's Front Line**
4.00 **Highway Patrol**
4.30 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 252 92 145

Dave

111 111 811 127 227 19 157

7.10 AM **Steve Backshall's Extreme Mountain Challenge**
8.00 **American Pickers**
9.00 **Storage Hunters**
10.00 **American Pickers**
1.00 PM **World's Most Dangerous Roads**
2.00 **Sin City Motors**
3.00 **Timber Kings**
4.00 **Jay Leno's Garage**
5.00 **Top Gear**
7.00 **Have I Got a Bit More Old News for You**
8.00 **QI XL** With Bill Bailey and Sarah Millican.
9.00 **Live at the Apollo** With Sarah Millican.
10.00 **Judge Romesh**
11.00 **QI XL** With Liza Tarbuck.
12.00 M'T **Mock the Week**
12.35 AM **Have I Got a Bit More Old News for You**
1.35 **Live at the Apollo**
2.40 **Judge Romesh**
3.25 **to 4.00** AM **Mock the Week**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Middle** (S3)
10.00 **My Name Is Earl** (S3)
11.00 **Friends** (S7)
1.00 PM **Friends** (S7)
4.00 **My Name Is Earl** (S4)
5.00 **Friends** (S8)
8.00 **Takeshi's Castle** NEW EDITION
8.30 **Takeshi's Castle**
9.00 FILM **Happy Gilmore** Comedy starring Adam Sandler. A charming but volatile ice hockey player turns his hand to golf and enters a tournament in the hope of saving his grandmother's house. With Julie Bowen. (1996, 12, 92min) ★★★
11.00 **South Park** (S7&9)
12.00 M'T **Russell Howard's Good News**
1.00 AM **South Park**
3.30 **My Name Is Earl**
4.15 **to 5.00** AM **Impractical Jokers: Inside Jokes**

+1 hour 212 133

ITV Be

131 119 179 26 118

9.00 AM **LittleBe**
12.00 NOON **Income Property**
12.25 PM **The Real Housewives of Atlanta**
1.20 **Million Dollar Listing: LA**
2.20 **Little Women: LA**
3.10 **The Real Housewives of New Jersey**
4.05 **The Real Housewives of Beverly Hills**
6.00 **Buying and Selling**
8.00 **Dinner Date** Steph from Manchester chooses three blind dates.
9.00 **Atlanta Plastic** Dr Crawford meets a woman desperate for a breast reduction.
10.00 **Married to Medicine** NEW EDITION Following women connected to the world of medicine in Atlanta.
10.55 **Ladies of London**
11.55 **The Only Way Is Essex**
12.40 AM **to 12.50** AM **Be Beautiful**

+1 hour 231 120 119

True Ent

179 189 48 142

6.00 AM **The Waltons**
8.00 **Touched by an Angel**
10.00 **Highway to Heaven**
1.00 PM **The Agatha Christie Hour** 5/10. (S1)
2.00 **Agatha Christie's Partners in Crime** (S1)
3.00 **Rumpole of the Bailey**
4.00 **Murder, She Wrote** (S7)
6.00 **Tenko** 9/10. (S2)
7.00 **M*A*S*H** (S2)
9.00 **Taggart** *In Camera:* Ross finds a body and fails to report it officially, but his actions come back to haunt him when a link emerges with a case from the past. **10.30** *Mind Over Matter:* The body of a medical student is found by children in a park.
12.00 M'T **Tenko** As 6.00pm.
1.00 AM **M*A*S*H**
2.00 **Rumpole of the Bailey**
3.00 **The New Avengers**
4.00 **to 6.00** AM **Due South**

+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 226 | 312 382

7.10 AM **Murdoch Mysteries** (S7)
9.00 **Inspector George Gently**
11.00 **Motive** 7/13. (S1)
12.00 NOON **Miss Fisher's Murder Mysteries** 7/13. (S1)
1.00 PM **Father Brown** As 10pm.
2.00 **Murdoch Mysteries** 1&2/18. Double bill of the series. (S11)
4.00 **Rizzoli & Isles** 2/18. A woman cannot remember who she murdered. **5.00** 3/18. A killer uses online advertising to lure victims. (S5)
6.00 **The Guardian** 9/22. Nick defends Barbara's son. (S1)

9.00 Death in Paradise

7.00 Unforgettable *The Combination:* 2/13. Carrie and Al investigate the death of a beaten-up boxer. (S3)
8.00 Miss Fisher's Murder Mysteries *Away with the Fairies:* 8/13. A popular author of fantasy stories is murdered. (S1)
9.00 Death in Paradise *Man Overboard – Part Two:* 6/8. The detectives are left with two murders to solve. (S6)
10.00 Father Brown *The Eagle and the Daw:* 6/15. An old foe tells Father Brown that she has arranged the death of her former lover.
11.00 **Rush** 6/22. A disturbance in a square helps the team in an investigation into a series of robberies. (S2)
12.00 M'T **Unforgettable** (S2)
1.00 AM **The Mrs Bradley Mysteries** (S1)
3.00 **to 4.00** AM **Motive**

+1 hour 232 191

Syfy

114 114 814 | 135 165 | 319 375

6.00 AM **Star Trek: Voyager** (S7)
8.00 **Teleshopping**
11.00 **Atlantis** 11/13. (S2)
12.00 NOON **FILM Doomsday Device** (2017, PG) ★★
2.00 PM **The Outpost** 9/10. (S1)
3.00 **Stargate Atlantis** 8/20. (S1)
4.00 **Star Trek: Voyager** 4/26. The crew are attacked. **5.00** 5/26. The Doctor is abducted and sold. (S7)
6.00 **Star Trek: The Next Generation** 25/26. Picard hears rumours of a plot to overthrow Starfleet. (S1)

9.00 The Jackal

7.00 Star Trek: The Next Generation *The Neutral Zone:* 26/26. The Enterprise crew discover a disabled satellite. (S1)
8.00 Stargate Atlantis *Home:* 9/20. McKay makes a plan to return to Earth by harnessing the energy of a planet's atmosphere. (S1)
9.00 FILM The Jackal Action thriller starring Bruce Willis and Richard Gere. An IRA terrorist helps the FBI track down an assassin who has been hired by the Russian mafia to kill a US figure. (1997, 18, 124min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.30 FILM The Hard Corps Thriller with Jean-Claude Van Damme. (2006, 15, 110min) ★★★
1.50 AM **Star Trek: The Next Generation** Double bill. (S7)
4.00 **to 6.00** AM **FILM Battle of Los Angeles** Sci-fi action thriller. (2011, 12, 105min) ★

+1 hour 214 136

W

109 109 809 | 125 211 | 311 383

6.10 AM **My Dream Home: Brother v Brother**
8.00 **Tipping Point** Quiz show.
10.00 **The Bill** Police drama.
11.00 **Supernanny US**
12.00 NOON **Tipping Point**
2.00 PM **My Dream Home: Brother v Brother**
3.00 **My Dream Home**
4.00 **Flip or Flop** Tarek and Christina El Moussa buy a home without inspecting it. **4.30** The duo take a gamble on a property in West Covina.
5.00 **Tipping Point** Double bill.

10.00 Louis Theroux...

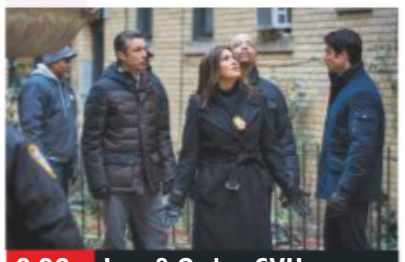
7.00 My Dream Home Drew and Jonathan Scott help brothers Chris and Mike locate a 'fixer-upper' to transform.
8.00 Inside the Ambulance Gaz offers some much-needed support to a mother whose toddler is suffering convulsions.
9.00 Inside the Ambulance An child raises the alarm after his mother collapses and a woman has a suspected stroke.
10.00 Louis Theroux: America's Medicated Kids A look at the world of psychiatric medication for children.
11.00 Inside the Ambulance Joel and Sam treat a woman who is in excruciating pain.
12.00 M'T **Kids with Guns – Stacey Dooley Investigates** A look at child exploitation.
1.00 AM **The Davina Hour**
1.50 **to 3.00** AM **Secrets and Lies**

+1 hour 209 190

Universal

113 113 813 | 137 164 | 320 385

8.00 AM **Sea Patrol** 2/16. (S4)
9.00 **Murder She Solved: True Crime**
10.00 **Murder in Paradise**
11.00 **CSI: Miami** 8/25. (S4)
12.00 NOON **Law & Order** (S11)
1.00 PM **Law & Order** (S11)
4.00 **NCIS** Triple bill, including at: **5.00** 19/24. A Marine connected to the disappearance of a weapons cache is murdered. **6.00** 20/24. The investigators worry Gibbs is about to leave the NCIS again. (S8)



9.00 Law & Order: SVU

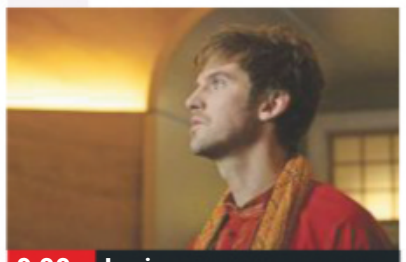
7.00 NCIS *Dead Reflection:* 21/24. The agents investigate the death of a navy lieutenant at the Pentagon. (S8)
8.00 Major Crimes *Sanctuary City – Part One:* 1/13. The team look for three boys who have gone missing from a school trip. (S6)
9.00 Law & Order: Special Victims Unit *Saviour:* 14/24. The detectives investigate when two prostitutes are murdered.
10.00 Law & Order: Special Victims Unit *Sugar:* 2/24. An ex-financier's girlfriend is murdered. Guest stars Eric McCormack. (S11)
11.00 Law & Order: Special Victims Unit 6/24. A couple are found murdered in the back of a truck. (S11)
12.00 M'T **CSI: Miami** 8/25. (S4)
1.00 AM **NCIS** Double bill. (S8)
3.00 **Chicago Justice** (S1)
4.00 **to 5.00** AM **Sea Patrol**

+1 hour 213 138

FOX

124 124 821 | 157 199

8.00 AM **Monk** 11/16. (S6)
9.00 **Bones** 3/13. (S7)
10.00 **Bull** 11/23. (S1)
11.00 **NCIS** 15/24. (S14)
12.00 NOON **Bones** 4&5/13. (S7)
2.00 PM **The Mentalist** 8/22. (S6)
3.00 **NCIS** 16/24. (S14)
4.00 **Bull** 12/23. (S1)
5.00 **Bones** 6/13. The duo investigate a message written in blood at a national monument. (S7)
6.00 **The Mentalist** 9/22. An FBI agent makes Jane an offer. (S6)



9.00 Legion

7.00 NCIS *What Lies Above:* 17/24. McGee learns the previous occupant of his flat hid an item of value within.
8.00 NCIS *MIA:* 18/24. The team re-investigates an apparent accidental death on behalf of a dying sailor. (S14)
9.00 Legion NEW EPISODE *Chapter 21:* 2/8. David prepares himself for a journey. (S3)
10.00 Family Guy 2/16. Peter gets obsessed with a song. **10.30** 3/16. Mort is transported to Nazi-occupied Poland. (S7)
11.00 American Dad! 12/18. Francine is swept off her feet. (S6)
11.30 American Dad! 13/18. (S6)
12.00 M'T **Family Guy** (S1)
1.00 AM **American Dad!** (S6)
2.00 **Family Guy** (S1&11)
3.30 **American Dad!** (S6)
4.00 **to 5.00** AM **Monk**

+1 hour 224 158

Thursday

7 PM

8 PM

9 PM

10 PM

E!

123 123 834 | 156 | 321 386

7.00 AM **News**
8.00 **Keeping Up with the Kardashians**
10.00 **Big Rich Texas**
11.00 **News: Daily Pop**
12.00 NOON **Life of Kylie**
1.00 PM **Keeping Up with the Kardashians**
3.00 **Kourtney & Kim Take New York**
4.00 **Botched**
5.00 **Keeping Up with the Kardashians**
7.00 **News** Showbiz news.
8.00 **Keeping Up with the Kardashians** Kim and Kourtney take Khloe on a getaway to help her cope with the news.
9.00 **Relatively Nat & Liv**
10.00 **Botched**
11.00 **Nightly Pop NEW EDITION**
11.30 **Dating: No Filter**
12.00 M'T **Very Cavallari**
1.00 AM **Botched by Nature**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **Total Bellas**

Sky Arts

122 122 820 | 122 206

6.00 AM **Hollywood in Vienna: Thrilling Moments & Lalo Schifrin**
8.00 **The Movie Music of Spike Lee**
9.00 **Tales of the Unexpected**
10.00 **Trailblazers: Pub Rock**
11.00 **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **Leonard Bernstein: Larger Than Life**
3.00 **Hollywood Censored**
4.00 **Trailblazers: Dance**
5.00 **Discovering**
7.00 **Bafta: Life in Pictures**
8.00 **NEW SERIES The Directors** John Sturges.
9.00 **FILM The Great Escape** Adventure (1963, PG, 166min) ★★★★★
12.15 AM **The 2000s**
1.15 **Discovering**
1.45 **Video Killed the Radio Star** Guns N' Roses.
2.15 **Muse Live at Rome Olympic Stadium**
4.10 **to 6.00** AM **Discovering**

4seven

137 143 203 47 110 127

9.00 AM **Couples Come Dine with Me** In Merseyside.
10.00 **Posh Pawnbrokers**
11.00 **A Place in the Sun**
12.00 NOON **Coast vs Country**
1.00 PM **Kirstie's Celebrity Craft Masters**
2.00 **A Place in the Sun**
3.00 **Everybody Loves Raymond** (S1)
4.00 **Frasier** (S5)
5.00 **Undercover Boss USA**
6.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Celebrity Crystal Maze**
9.00 **Extreme Tribe: The Last Pygmies** Livia Simoka travels to the Republic of the Congo.
10.00 **Generation Porn**
11.05 **When Cruises Go Wrong** Documentary.
12.05 AM **24 Hours in A&E**
1.10 **8 Out of 10 Cats Does Countdown**
2.15 **Let's Talk About Sex**
3.20 **Location, Location, Location** In Aberdeen.
4.15 **to 4.45** AM **Four in a Bed**

5USA

141/169 153 21 129

9.00 AM **Catch a Contractor**
9.20 **Remington Steele** (S3)
10.10 **CSI: NY** 20/25. (S5)
11.05 **Rookie Blue** 11/13. (S4)
12.05 PM **Castle** 1/23. (S6)
1.00 **Law & Order** (S16)
3.00 **Murder, She Wrote**
6.05 **Law & Order** (S16)
7.05 **Law & Order** *Thinking Makes It So:* 18/22. A bank manager facilitates a robbery. (S16)
8.00 **NCIS** *Troll:* 22/24. The death of a naval intelligence ensign is linked to a larger conspiracy. (S12)
9.00 **Chicago PD NEW EPISODE** *Ride Along:* 4/22. Burgess takes a pastor's daughter for a trip in a patrol car. (S6)
10.00 **Law & Order: Special Victims Unit** (S5)
12.55 AM **CSI: NY** (S5)
2.50 **Ransom** 3/13. (S1)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 30 131

8.00 AM **My Wife and Kids**
8.25 **Smallville** 15/21. (S1)
9.10 **Dance Moms**
11.05 **My Wife and Kids**
12.05 PM **Two and a Half Men** (S3&6)
2.00 **Last Man Standing**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **My Wife and Kids**
6.00 **Neighbours**
6.30 **Home and Away**
7.05 **Two and a Half Men**
8.00 **FILM National Treasure** Adventure caper starring Nicolas Cage and Diane Kruger. (2004, PG, 131min) ★★★★
10.50 **FILM Drive Angry** Supernatural thriller starring Nicolas Cage. (2011, 18, 104min) ★★★
12.55 AM **It's Your Fault I'm Fat** Documentary.
1.55 **The Magicians** (S1)
2.50 **Empire** 10/18. (S5)
3.35 **to 4.00** AM **Two and a Half Men**

+1 hour 228 186 56

Drama

143 130 20 158

7.10 AM **Boon**
8.00 **Soldier, Soldier**
10.00 **Classic Holby City**
11.00 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **The Brokenwood Mysteries**
4.20 **Auf Wiedersehen, Pet**
5.20 **Birds of a Feather**
6.00 **'Allo 'Allo!**
6.40 **As Time Goes By**
7.20 **Last of the Summer Wine** Foggy gives Compo a helping hand.
8.00 **The Inspector Lynley Mysteries** *Know Thine Enemy:* Lynley searches for a red-haired woman in connection with the disappearance of a diabetic schoolgirl.
10.00 **Silent Witness** *After the Fall:* The apparent suicide of a DJ leads Nikki to question her judgement in a similar case from her past.
12.30 AM **Ashes to Ashes**
1.50 **to 4.00** AM **The White Queen**

THURSDAY Entertainment & Lifestyle

AMC

186 186 840 332 381

Programmes start at 1pm.

1.00 PM **Mad Men** (S4)
2.00 **Law & Order** (S3)
3.00 **FILM Shotgun Stories** American indie drama set in rural Arkansas. (2007, 12, 86min) ★★
4.50 **Zoom In NEW EDITION**
5.00 **Mad Men** 11/13. (S4)
6.00 **Law & Order** (S3)
7.00 **FILM Emperor** Fact-based drama with Matthew Fox. (2012, 12, 103min) ★★
9.00 **FILM The Captive** Crime thriller starring Ryan Reynolds. (2014, 15, 112min) ★★
11.10 **FILM Wrong Turn** Horror thriller. (2003, 18, 85min) ★★
12.45 AM **FILM The Missing** Western. (2003, 15, 137min) ★★★★
3.20 **Mad Men** 11/13. (S4)
4.20 **to 5.30** AM **Law & Order**

CBS Drama

147 197 71 134

9.00 AM **Medium** (S4)
10.00 **ER** 6/22. (S4)
11.00 **The Love Boat** (S7)
12.05 PM **Judge Judy**
1.00 **The High Chaparral**
3.00 **Walker, Texas Ranger**
4.00 **Unsolved Mysteries**
6.00 **The Love Boat** (S7)
7.00 **CSI: Miami** *Legal:* 5/24. An 18-year-old girl is killed at a nightclub. (S3)
8.00 **Judge Judy**
9.00 **Medium** *Burn Baby Burn – Part Two:* 8/16. Allison tries to find the link between her and Ariel's dreams. (S4)
10.00 **CSI: Miami** *Hell Night:* 6/24. A baseball player is charged with murdering his wife. (S3)
11.00 **The Love Boat** (S7)
12.00 M'T **Judge Judy**
1.00 AM **ER** 7/22. (S4)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Diagnosis Murder** (S6)
5.00 **to 6.00** AM **Walker, Texas Ranger**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Matlock** (S3)
12.00 NOON **Perry Mason**
1.05 PM **JAG** 13/15. (S2)
2.05 **CSI: Miami** 24/24. (S5)
3.00 **NCIS** 15/24. (S4)
4.00 **CSI: NY** 10/23. (S1)
5.00 **Matlock** (S3)
6.00 **Perry Mason** (S6)
7.05 **NCIS** *A Man Walks into a Bar:* 14/24. The agents undergo psychological evaluations. (S8)
8.00 **Walker, Texas Ranger** *In the Name of God:* 7/28. A friend turns to Walker for help. (S1)
9.00 **NCIS** *Kill Chain:* 12/24. A stolen drone is linked to an elusive terrorist. (S11)
10.00 **CSI: NY** 11/23. (S1)
11.00 **NCIS** 15/24. (S8)
12.00 M'T **CSI: Miami** (S3)
1.00 AM **NCIS** As 9.00pm.
2.00 **Gunsmoke** (S18)
3.05 **Bonanza** (S12)
4.00 **Walker, Texas Ranger**
4.50 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives**
8.00 **Donal MacIntyre's Murder Files** Detective Chief Superintendent Bob Taylor discusses how he worked to prevent Michael Sams from kidnapping and murdering again.
9.00 **Cold Blood** A man is gunned down outside is workplace.
10.00 **Murder By the Sea** How a secret love triangle led to Jack Campbell murdering his love rival.
11.00 **It Takes a Killer**
12.00 M'T **Wives with Knives**
1.00 AM **Cold Blood**
2.00 **Murder By the Sea**
3.00 **Beyond Scared Straight**
3.45 **Beyond Belief: Fact or Fiction?**
4.40 **Unsolved Mysteries**
5.30 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

145 139 46 146

6.00 AM **Catchphrase**
7.00 **Family Fortunes**
8.00 **Dale's Supermarket Sweep** Double bill.
9.00 **The Chase**
10.00 **Bruce's Price Is Right**
11.00 **Blockbusters**
12.00 NOON **Wheel of Fortune** Game show.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **The Chase**
4.00 **Bullseye**
6.00 **The Cube**
7.00 **Pointless** Quiz show.
8.00 **The Chase** Quiz show.
10.00 **Celebrity Who Wants to Be a Millionaire?** With Fern Britton and Phillip Schofield.
11.00 **Bullseye**
12.30 AM **Bullseye**
1.00 **The Chase**
4.00 **The Chase USA**
5.00 **to 6.00** AM **Golden Balls**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Impractical Jokers**
7.00 **Teleshopping**
9.00 **Friends**
11.00 **The Middle**
1.00 PM **My Name Is Earl**
2.00 **Wipeout USA**
4.00 **Impractical Jokers: Inside Jokes**
5.00 **Fresh Prince of Bel Air**
7.00 **Impractical Jokers: Inside Jokes**
8.00 **Impractical Jokers**
10.00 **Friends** (S8)
11.00 **Nathan for You** (S4)
11.30 **Joe Rogan: Rocky Mountain High**
12.30 AM **Rhys James at the Soho Theatre Live** (S1)
1.00 **Russell's Good News**
2.10 **My Name Is Earl** (S3)
3.00 **Drunk History USA**
3.25 **Teachers** (S1)
3.45 **Fameless Prankers**
4.05 **Bordertown** (S1)
4.30 **Wipeout USA**
5.15 **to 6.00** AM **Impractical Jokers**

+1 hour 227

Food Network

172 291 41 148

6.00 AM **Giada at Home**
9.00 **Jamie at Home**
11.00 **The Pioneer Woman**
1.00 PM **Jamie's Great Escape** Six editions.
4.00 **Jamie's Summer Food Rave Up**
4.30 **Girl Meets Farm NEW EDITION**
5.00 **Barefoot Contessa – Back to Basics**
6.00 **Man Fire Food**
7.00 **The Pioneer Woman**
8.00 **Diners, Drive-Ins, And Dives NEW EDITION** Outdoor hot spots.
9.00 **Diners, Drive-Ins, And Dives** Double bill.
10.00 **Jamie and Jimmy's Friday Night Feast**
11.00 **Mystery Diners**
12.00 M'T **Diners, Drive-Ins, And Dives** Double bill.
1.00 AM **Restaurant: Impossible**
2.00 **to 3.00** AM **Mystery Diners**

+1 hour 272 149

Good Food

133 133 827 278 279 313 388

6.10 AM **Torode's Australia**
7.00 **Great British Menu**
8.00 **James Martin: Delicious**
9.00 **Bake Off Masterclass**
10.00 **Bikers' Best of British**
11.00 **Rick's Seafood Odyssey**
12.00 NOON **Hairy Bikers: Mums Know Best**
1.00 PM **Great British Menu**
2.00 **James Martin: Delicious**
3.00 **Bake Off Masterclass**
4.00 **Rick's Seafood Odyssey**
5.00 **Bikers' Best of British**
6.00 **The Hairy Bikers: Mums Know Best**
7.00 **James Martin: Delicious**
8.00 **Bake Off Masterclass**
9.00 **Rick's Seafood Odyssey**
10.00 **Great British Menu**
11.00 **Destination Flavour Singapore**
11.30 **Born to Cook**
12.00 M'T **James Martin: Delicious** Double bill.
1.00 AM **Tasty Weekends**
2.00 **Teleshopping**
5.00 **to 6.10** AM **Highlights**

+1 hour 233 280

Lifetime

164 838 208 209 329 384

7.00 AM **Judge Judy**
1.00 PM **Judge Judy**
3.00 **Bring It!**
4.00 **Dance Moms**
5.00 **Pawn Stars**
6.00 **Judge Judy** More real-life small-claims cases on issues affecting family life.
9.00 **FILM House of Darkness** Taut thriler with Sara Fletcher. When a family moves into a farmhouse, its members become the latest victims in a string of tragedies that seemingly curse the property. (2016, 15, 90min) ★★
10.45 **Hardcore Pawn** Les finds out that Seth was at Bill's pawn shop. **11.15** An anti-war speech signed by Dr Martin Luther King inspires Rick and Corey.
11.45 **Pawn Stars**
12.45 AM **My Crazy Sex**
1.40 **to 4.00** AM **Judge Judy**

Paramount Network

153 188 187 54 132

9.10 AM **The Office (US)**
9.40 **Gilmore Girls** (S3)
10.40 **FILM Tormenting Abigail** Thriller. (2017, 12, 90min) ★★
12.30 PM **FILM Driven Off the Rails** Drama. (2017, PG, 82min) ★★
2.15 **FILM Sinister Stepmother** Thriller. (2017, 12, 90min) ★★
4.00 **Suits** 6/16. (S2)
5.00 **The Office (US)** (S3)
6.00 **House** (S2)
7.55 **Access**
8.00 **Grimm** 11/22. (S4)
9.00 **Arrow** 11/23. (S2)
10.00 **Vikings** 4/10. (S2)
11.00 **The X-Files** (S6)
12.00 M'T **Designated Survivor** (S1)
1.00 AM **Training Day** (S1)
1.55 **The Mick** (S1)
2.45 **LA to Vegas** (S1)
3.35 **Grimm** As 8.00pm.
4.15 **Gilmore Girls** (S3)
5.00 **Neighbours**
5.30 **to 6.00** AM **Home and Away**

Quest

144 144 172 217 12 114 167

6.00 AM **Lake Escapes**
6.20 **Robson Green's Australian Adventure**
7.10 **Mighty Ships**
8.00 **Aussie Gold Hunters**
9.00 **Shed and Buried**
10.00 **Wheeler Dealers**
11.00 **Chasing Classic Cars**
12.00 NOON **Incredible Engineering Blunders**
1.00 PM **Aussie Gold Hunters**
2.00 **Deadliest Catch**
3.00 **Salvage Hunters**
5.00 **Airplane Repo**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Fantomworks NEW EDITION**
10.00 **NEW SERIES Iron Resurrection**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Chasing Classic Cars**
2.00 **Wheels That Fail**
3.00 **Destroyed in Seconds**
4.00 **to 6.00** AM **Highlights**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **Say Yes... Atlanta**
7.00 **Bondi Vet**
8.00 **Animal Cops Houston**
10.00 **Money for Nothing**
11.00 **Forensic Detectives**
12.00 NOON **Disappeared**
1.00 PM **Say Yes to the Dress: Bridesmaids**
2.00 **Say Yes to the Dress**
4.00 **Say Yes... Atlanta**
5.00 **Say Yes to the Dress**
6.00 **Salvage Hunters**
7.00 **Money for Nothing**
8.00 **My 600lb Life**
9.00 **Paranormal Lockdown**
10.00 **Village of the Damned SERIES FINALE**
11.00 **FBI Files**
12.00 M'T **Forensic Detectives**
1.00 AM **Couples Who Kill**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops SF**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Home Away from Home** Home-swapping.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Countryside 999**
11.00 **DIY SOS: The Big Build**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Fantasy Homes by the Sea** In Italy.
3.00 **Homes Under the Hammer** In Devon.
4.00 **Most Haunted**
6.00 **Celebrity Antiques Road Trip**
7.00 **Antiques Road Trip**
9.00 **Embarrassing Bodies**
10.00 **Exposed: The Case of Keli Lane NEW EDITION**
11.00 **Helicopter ER**
12.00 M'T **Born to Kill?**
1.00 AM **Crime Stories**
2.00 **Teleshopping**
4.00 **Most Haunted**
4.50 **to 6.00** AM **Dr G: Medical Examiner**

Sony Crime

157 193 143

7.00 AM **Bizarre Murders**
8.00 **48 Hours: Mystery**
10.00 **Fatal Attraction**
11.00 **Body of Evidence**
1.00 PM **48 Hours: Mystery**
3.00 **Facing Evil**
4.00 **Fear Thy Neighbour**
5.00 **Fatal Attraction**
6.00 **Fatal Vows**
7.00 **Bizarre Murders**
8.00 **Bizarre Murders** A married couple who witness a murder become suspects. **8.30** A wife hatches a plan to make her husband paranoid.
9.00 **Deadly Women** The crimes of voodoo queen Josephine Gray. **10.00** Cases of murderous schoolgirls.
11.00 **Fear Thy Neighbour**
12.00 M'T **Fatal Attraction**
1.00 AM **Deadly Women**
3.00 **to 4.00** AM **Body of Evidence**

+1 hour 257

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 **Britain's Gypsy Claimers**
10.00 **The Nightmare Neighbour Next Door**
11.00 **The Dog Rescuers**
12.00 NOON **Paddington Station 24/7**
1.00 PM **Cruising with Jane McDonald** New Orleans.
2.00 **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet** (S1)
5.00 **The Dog Rescuers**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **Secrets of SS Great Britain**
10.00 **Tony's Time Travels**
11.00 **Warship: In the Line of Fire**
12.00 M'T **The Nightmare Neighbour Next Door**
1.00 AM **Britain's Jobseeker Capital** In Hull.
2.00 **Sunk: The Mary Rose**
3.00 **to 4.00** AM **HMS Victory: Nelson's Great Warship**

5Spike

150 154 31 141

9.00 AM **The A-Team**
11.05 **Police Interceptors**
12.00 NOON **Can't Pay? We'll Take It Away!**
2.05 PM **FILM Along Came Jones** Comedy. (1945, b/w, PG, 90min) ★★
4.00 **Traffic Cops**
5.00 **The A-Team** (S4)
7.00 **Police Interceptors** South Yorkshire's Road Crime Unit at work. **8.00** Police cars pursue a vehicle speeding around the M25.
9.00 **Sewermen NEW EDITION** Documentary. ollowing workers at United Utilities.
10.00 **FILM 300: Rise of an Empire** Fantasy adventure. (2014, 15, 100min) ★★★
12.05 AM **Spartacus: Vengeance** (S3)
2.30 **to 3.00** AM **Criminals: Caught on Camera**

+1 hour 250

TLC

140 140 831 167 168 323 377

6.00 AM **Say Yes... Atlanta**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... UK**
10.00 **90 Day Fiancé**
12.00 NOON **My 600lb Life**
2.00 PM **Nate & Jeremiah**
3.00 **Good Bones**
4.00 **Say Yes... Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **90 Day Fiancé: The Other Way NEW EDITION**
9.00 **My 600lb Life: Where Are They Now?**
10.00 **Body Bizarre**
11.00 **90 Day Fiancé: Before the 90 Days**
12.00 M'T **90 Day Fiancé: The Other Way**
1.00 AM **My 600lb Life: Where Are They Now?**
2.00 **Body Bizarre**
3.00 **90 Day Fiancé...**
4.00 **Nate & Jeremiah**
5.00 **to 6.00** AM **Good Bones**

+1 hour 240 169

Blaze

187 187 216 63 162

6.00 AM **Parking Wars**
7.00 **UFO Files**
8.00 **Alien Files: Unsealed**
9.00 **American Restoration**
10.00 **Cajun Pawn Stars**
11.00 **Pawn Stars**
12.00 NOON **Storage Wars: Texas** Double bill.
1.00 PM **Hardcore Pawn**
2.00 **Highway Thru Hell**
3.00 **Alien Files: Unsealed**
4.00 **UFO Files**
5.00 **Hardcore Pawn**
6.00 **Storage Wars: Texas**
7.00 **American Restoration**
8.00 **Pawn Stars**
9.00 **Swamp People** One team hunts an alligator known as The Phantom.
10.00 **Ernie the Wildman**
11.00 **Storage Wars: Texa**
12.00 M'T **Pawn Stars**
1.00 AM **Parking Wars**
2.00 **American Restoration**
3.00 **Billy the Exterminator**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Hardcore Pawn**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Outback Truckers**
7.00 **Wheeler Dealers**
9.00 **Naked and Afraid XL**
10.00 **Fast N' Loud**
11.00 **Wheeler Dealers**
12.00 NOON **Railroad Alaska**
1.00 PM **Combat Dealers**
2.00 **Overhaulin' Chronicles Vol. 1** Revamping a 1964 Oldsmobile Dynamic 88.
3.00 **Kindig Customs**
4.00 **Wheeler Dealers**
6.00 **Fast N' Loud** Richard buys a 1978 Cutlass so that Aaron can build their first lowrider.

9.00 Arabia with Levison Wood

7.00 **Outback Truckers** Jared and Johnny's epic mission grinds to a halt, and Turbo is flagged down by the police.

8.00 **Combat Dealers** Bruce Crompton takes on a huge project to restore and rebuild a German Panther tank.

9.00 **Arabia with Levison Wood NEW EDITION** The writer explores Saudi Arabia, meeting men and women who live there.

10.00 **Jeremy Wade's Dark Waters** Angler Jeremy sets out on a journey to catch a man-sized pike, in the lakes of Ireland.

11.00 **Wheeler Dealers** Edd China tries to modify a Mazda RX7.
12.00 M'T **Arabia with Levison Wood** As 9.00pm.
1.00 AM **FBI Files**
3.00 **Jeremy Wade's Dark Waters**
3.50 **Garage Rehab**
4.40 **Gold Rush**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
8.00 **Animal Cops Houston**
10.00 **Pit Bulls & Parolees**
12.00 NOON **Into Alaska**
2.00 PM **Animal Cops Houston** A puppy in need of help.
3.00 **The Bronx Zoo**
4.00 **Tanked** Wayde and Brett build a 24ft-long tank with individual sleeping pods.
5.00 **Dr Jeff: Rocky Mountain Vet**
6.00 **Adrift: Surrounded By Sharks** Two pilots marooned in shark-infested waters.

9.00 Swimming with...

7.00 **Untamed China** Nigel Marven visits the Sichuan Mountains and searches the bamboo forests for unique breeds of frogs.

8.00 **Alaskan Bush People** The Browns have set up their new home, but the boys' skills appear a little rusty.

9.00 **Swimming with Monsters with Steve Backshall** The naturalist visits Mexico hoping to see the great white shark.

10.00 **Animal Cops Houston** A couple who foster unwanted animals find they have too many to cope with.

11.00 **Pit Bulls & Parolees**
12.00 M'T **Swimming with Monsters with Steve Backshall**
1.00 AM **Animal Cops Houston**
2.00 **Untamed China** As 7.00pm.
3.00 **Alaskan Bush People**
3.50 **Swimming with Monsters...**
4.40 **Meet the Penguins**
5.10 **to 6.00** AM **Tanked**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **WWII's Greatest Raids**
9.00 **WW2: Hell Under the Sea**
10.00 **Nazi Megastructures**
11.00 **Supercar Megabuild**
12.00 NOON **Strippers: Cars for Cash** The teams look for 1980s hatchbacks.
1.00 PM **Ice Road Rescue** Bjorn responds to a tragedy.
2.00 **Wicked Tuna** Tension takes its toll on some of the crews.
3.00 **Air Crash Investigation**
5.00 **Car SOS** Fuzz Townshend and Tim Shaw fix an Escort RS. **6.00** A Corvette Stingray.

8.00 Inside Incredible...

7.00 **The World's Biggest Battleship: Draining the Ocean** Exploring the wreckage of ships from the Battle of Jutland.

8.00 **Inside Incredible Machines NEW EDITION** Disassembling the North Sea's 24,200-tonne Brent Delta oil platform.

9.00 **Apollo: Missions to the Moon** Archive film footage and audio recordings capturing key moments from the Apollo space programme, incorporating media coverage, home movies, and NASA's own recordings.

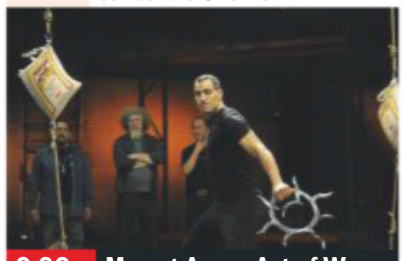
11.00 **Banged Up Abroad**
12.00 M'T **Hard Time: Locked Up**
1.00 AM **Underworld, Inc** The trade in human kidneys.
2.00 **Nazi Megastructures**
3.00 **WW2: Hell Under the Sea**
4.00 **to 5.00** AM **The World's Biggest Battleship: Draining the Ocean**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
9.00 **Mountain Men**
10.00 **Ancient Aliens**
11.00 **Pawn Stars**
12.00 NOON **Forged in Fire**
1.00 PM **Digging for Britain**
2.00 **Storage Wars** Four editions.
4.00 **Mountain Men**
5.00 **Forged in Fire** Bladesmiths focus their attentions on a tabar-shishpar, a type of axe. **6.00** Two contestants must recreate a deadly sabre called the Shamshir.



9.00 Man at Arms: Art of War

7.00 **American Pickers** Mike Wolfe and Frank Fritz find a massive warehouse in Chicago filled with cast-off treasures.

8.00 **Swamp People NEW EDITION** RJ and Jay Paul face a major problem that could jeopardise their entire season.

9.00 **Man at Arms: Art of War NEW EDITION** Iconic weapons from movies to video games to comics to TV shows.

10.00 **Forged in Fire** Masters compete alongside their apprentices to make a cleaver using the arduous jellyroll technique.

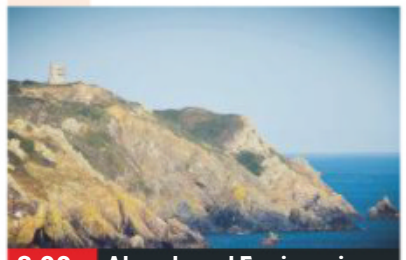
11.00 **Forged with Steele**
12.00 M'T **Einsatzgruppen: Nazi Death Squads** How a large number of the unit walked free after the Nuremberg trials.
1.00 AM **Swamp People**
2.00 **Digging for Britain**
3.00 **American Pickers**
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **Weekend Warriors**
7.10 **Raiders of the Lost Past**
8.00 **Time Team**
10.00 **Hunting Down the Nazis**
11.00 **Abandoned Engineering**
12.00 NOON **Time Team**
2.00 PM **Life in the Great Wetlands** The Kaziranga National Park in India.
3.00 **Frozen Planet**
4.00 **Bangers and Cash**
5.00 **Abandoned Engineering**
6.00 **Hunting Down the Nazis** Documentary about Nazi hunter Simon Wiesenthal.



8.00 Abandoned Engineering

7.00 **Bangers and Cash** A classic car fan with a love of the Jaguar E-Type reluctantly sends his dream car to auction.

8.00 **Abandoned Engineering NEW EDITION** The monolithic structures that dominate the small British island of Guernsey.

9.00 **Porridge** Fletcher takes on the role of agony aunt for the other inmates. **9.40** The inmates are horrified to discover there is a thief at large. **10.20** Fletch decides to sort out Godber's torrid love life, and comes up with a cunning plan.

11.00 **Abandoned Engineering** Hidden tunnels that saw a city prosper, a sunken wreck with a remarkable past, and a mysterious Cold War building.
12.00 M'T **Bangers and Cash**
1.00 AM **Weekend Warriors**
2.00 **to 3.00** AM **Raiders of the Lost Past**

+1 hour 255 200

Thursday

7 PM **8 PM** **9 PM** **10 PM**

Disc. History

171 262

6.00 AM **Aircraft Stories**
7.00 **Mark Williams on the Rails** Double bill.
8.00 **Super Structures**
9.00 **Future Weapons**
10.00 **Battlefield**
12.00 NOON **Aircraft Stories**
1.00 PM **Mark Williams on the Rails** Double bill.
2.00 **Super Structures**
3.00 **Future Weapons**
4.00 **Battlefield**
6.00 **Blowing Up History**
7.00 **Cold War Armageddon**
8.00 **Edge of War**
9.00 **Built from Disaster**
10.00 **Aircrash Confidential** New technologies used to prevent hijackings.
11.00 **Dark Matters**
12.00 M'T **Edge of War**
1.00 AM **Built from Disaster**
2.00 **Aircrash Confidential**
3.00 **Dark Matters**
4.00 **Cold War Armageddon**
5.00 **to 6.00** AM **Blowing Up History**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Polar Bear Town**
10.00 **Collar of Duty**
11.00 **Meet the Sloths**
12.00 NOON **Africa**
1.00 PM **Orangutan Diary**
2.00 **Polar Bear Town**
3.00 **Collar of Duty**
4.00 **Orangutan Diary**
5.00 **Polar Bear Town**
6.00 **Nature's Miracle Orphans** As 10.00pm.
7.00 **Meet the Sloths**
8.00 **Africa** Southern Africa.
9.00 **Russia From Above**
10.00 **Nature's Miracle Orphans** Following a tapir and a white rhino.
11.00 **Africa** As 8.00pm.
12.00 M'T **Russia From Above**
1.00 AM **Nature's Miracle Orphans** As 10.00pm.
2.00 **Polar Bear Town**
3.00 **Collar of Duty**
3.50 **Meet the Sloths**
4.40 **Africa** As 8.00pm.
5.30 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Borneo's Secret Kingdom**
12.00 NOON **Snakes in the City** The duo encounter Africa's largest cobra.
1.00 PM **Crocpocalypse**
2.00 **Wild Florida**
4.00 **Monster Fish**
6.00 **Caught in the Act**
7.00 **Snakes in the City** The snake-catching team tackles a black mamba.
8.00 **Wild Life: Resurrection Island** Wildlife inhabiting the mountainous South Georgia Island.
9.00 **Untamed Philippines** A look at the wonders of the Philippines.
10.00 **Dead By Daylight** Nocturnal predatory animals in Java.
11.00 **Snakes in the City**
12.00 M'T **Animals Gone Wild**
2.00 AM **Snakes in the City**
3.00 **Crocpocalypse**
4.00 **to 5.00** AM **Wild Florida**

History 2

163 273 274 330 390

8.00 AM **World War Two Lost Films**
10.00 **Engineering Disasters**
11.00 **Jurassic Fight Club**
12.00 NOON **Ancient Aliens**
2.00 PM **Ancient Discoveries**
3.00 **World War Two Lost Films** How infantryman Rockie Blunt pushed towards the Rhine.
5.00 **Engineering Disasters**
6.00 **Jurassic Fight Club**
7.00 **WWII's Most Daring Raids** A mission to take out four German howitzers about to assault Utah Beach.
8.00 **Ancient Aliens**
10.00 **Ancient Discoveries** The machines used to attract ancient Greece's loyal temple-goers.
11.00 **Combat Trains**
12.00 M'T **Jurassic Fight Club**
1.00 AM **Ancient Aliens**
3.00 **Ancient Discoveries**
4.00 **to 5.00** AM **Engineering Disasters**

PBS America

174 276 91 155

8.00 AM **The Merchant Navy**
8.30 **Dogfight Over Guadalcanal**
9.35 **The Sinking of the Royal Oak**
10.40 **Space Age – Nasa's Story**
11.50 **Dogfight Over Guadalcanal**
12.55 PM **The Lost Civilisation of Peru**
2.05 **The Sinking of the Royal Oak**
3.15 **Space Age – Nasa's...**
4.25 **Dogfight Over Guadalcanal**
5.35 **The Lost Civilisation of Peru** The Moche people.
6.45 **The Sinking of the Royal Oak**
7.50 **Hunting the Edge of Space** The telescope.
9.00 **Space Age – Nasa's Story** The ISS.
10.15 **Black Watch Snipers**
11.35 **Hunting the Edge of Space** As 7.50pm.
12.50 **to 2.00** AM **Space Age – Nasa's Story**

CI

156 156 835 223 222 328 380

6.00 AM **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **The First 48**
12.00 NOON **Crimes That Shook Australia**
1.00 PM **Crimes That Shook Britain**
2.00 **Town & Country Murder**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48**
7.00 **Homicide Hunter**
8.00 **Killer In Plain Sight**
9.00 **The First 48: The Detective Speaks**
10.00 **Homicide: Hours to Kill NEW EDITION**
11.00 **The First 48**
12.00 M'T **Darkest Taboos**
1.00 AM **Homicide: Hours to Kill**
2.00 **Town & Country Murder**
3.00 **Crimes That Shook...**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Highlights**

+1 hour 256 224

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

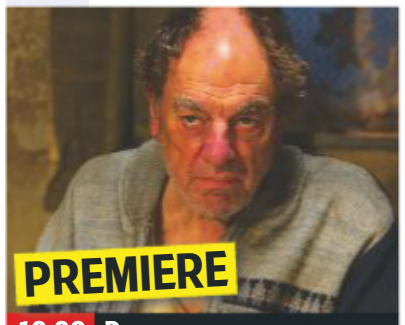
THURSDAY Films

Thursday

Sky Premiere

301 301 842 431 401 501

6.00 AM **Cats** As 5.45pm.
8.00 **Juliet, Naked** As 3.50pm.
9.50 **PREMIERE Possum** As 10pm.
11.35 **The Girl in the Spider's Web** Thriller, as shown at 8.00pm.
1.45 PM **Two for Joy** Drama. (2018, 15, 110min) ★★★
3.35 **The Top Ten Show**
3.50 **Juliet, Naked** Comedy. (2018, 15, 97min) ★★★
5.45 **Cats** Animated adventure. (2018, PG, 90min) ★★★
7.45 **Captain Marvel Preview**



10.00 Possum

8 PM

8.00 **The Girl in the Spider's Web** Thriller starring Claire Foy, Sylvia Hoeks and Sverrir Gudnason. Hacker Lisbeth Salander embarks on a frantic hunt for a stolen computer programme that could spark a global disaster. (2018, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.00 **PREMIERE Possum** Thriller with Sean Harris and Alun Armstrong. (2018, 15, 85min) ★★★★ *See review, p19*
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

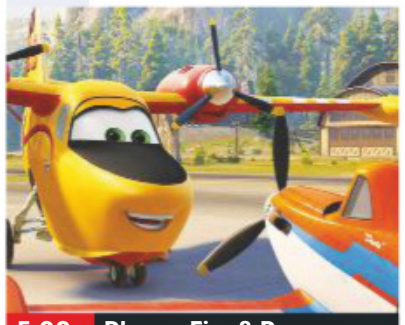
11.35 **The Keeping Hours** Horror starring Lee Pace and Carrie Coon. (2017, 12, 91min) ★★★
1.25 AM **The Captain** German wartime drama. Subtitled. (2017, 15, 118min) ★★★
3.40 **Two for Joy** As 1.45pm.
5.30 **to 6.00** AM **Yesterday: Special** A sneak peek at Danny Boyle's comedy.

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

6.50 AM **Planes: Fire & Rescue**
8.20 **One Hundred and One Dalmatians** As 6.30pm.
9.50 **Blank Cheque** As 11.20pm.
11.30 **Night Crossing** Adventure. (1982, PG, 106min) ★★
1.30 PM **Pete's Dragon** As 9.30pm.
3.30 **The Jungle Book** As 8.00pm.
5.00 **Planes: Fire & Rescue** Animation. (2014, U) ★★★
6.30 **One Hundred and One Dalmatians** Animation. (1961, U, 71min) ★★★★★


5.00 Planes: Fire & Rescue

8.00 **The Jungle Book** Animated adventure about a boy reared by wolves in the jungle, with the voices of Phil Harris and Louis Prima. (1967, U, 78min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **Pete's Dragon** Disney musical fantasy about an orphaned boy who befriends an endearing dragon. Stars Helen Reddy, Mickey Rooney and Jim Dale. (1977, U, 134min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Blank Cheque** Comedy starring Brian Bonsall. (1994, PG, 93min) ★★
1.05 AM **The Hunchback of Notre Dame** Animated fantasy with the voice of Tom Hulce. (1996, U, 91min) ★★★
2.45 **The Santa Clause** Comedy. (1994, U, 98min) ★★★★
4.35 **to 6.10** AM **Homeward Bound: The Incredible Journey** Wildlife adventure. (1992, U, 84min) ★★★

Sky Family

305 305 846 436 406 505

7.00 AM **The Cat in the Hat** (2003)
8.30 **Woody Woodpecker** (2017)
10.00 **Cloudy with a Chance of Meatballs** As 6.25pm.
11.35 **Diary of a Wimpy Kid** (2010)
1.20 PM **Big Fish & Begonia**
3.15 **The Adventures of Sharkboy and Lavagirl** (2005) ★★★
4.55 **Adventures in Zambezia** Animation. (2012, U) ★★
6.25 **Cloudy with a Chance of Meatballs** Animated comedy. (2009, U, 89min) ★★★

4.55 Adventures in Zambezia

8.00 **Jumanji: Welcome to the Jungle** Action fantasy starring Dwayne Johnson. Four high-school students are drawn into the jungle setting of a video game. However, their digital alter egos are not what they expected. (2017, 12, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

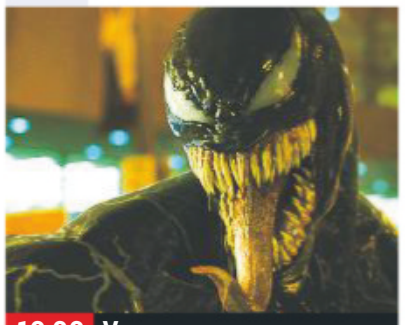
10.10 **Patrick** Comedy starring Beattie Edmondson, Ed Skrein and Emily Atack. (2018, PG, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Big Fish & Begonia** Animation with the voice of Guanlin Ji. (2016, PG, 100min) ★★★
1.45 AM **The Nutty Professor** Comedy with Eddie Murphy. (1996, 12, 95min) ★★★
3.30 **Nutty Professor II: The Klumps** Comedy sequel starring Eddie Murphy. (2000, 12, 105min) ★★★
5.25 **to 7.10** AM **Diary of a Wimpy Kid** Family comedy. (2010, PG, 92min) ★★★

Sky Action

306 306 847 437 407 502

6.00 AM **Broken Arrow** Thriller. (1996, 15, 108min) ★★
8.00 **U.S. Marshals** Action thriller. (1998, 15, 131min) ★★★
10.15 **Streetfighter** As 6.00pm.
12.15 PM **Edge of Tomorrow** Sci-fi adventure, as 8.00pm.
2.15 **Venom** As 10.00pm.
4.15 **Upgrade** Sci-fi thriller. (2018, 15, 100min) ★★★★
6.00 **Streetfighter** Martial arts action adventure drama. (1994, 12, 102min) ★★


10.00 Venom

8.00 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise, Bill Paxton and Emily Blunt. A soldier fighting against an alien army is repeatedly killed and brought back to life to relive the same battle. (2014, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Venom** Fantasy adventure starring Tom Hardy and Riz Ahmed. (2018, 15, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Upgrade** As 4.15pm.
1.40 AM **Con Air** Action thriller starring Nicolas Cage, John Cusack and John Malkovich. (1997, 18, 115min) ★★
3.40 **Species** Sci-fi thriller starring Ben Kingsley, Forest Whitaker, Michael Madsen, Alfred Molina and Natasha Henstridge. (1995, 18, 108min) ★★★
5.30 **to 6.00** AM **Yesterday: Special** A sneak peek at Danny Boyle's comedy.

Sky Comedy

307 307 848 438 408 506

6.00 AM **Fat Camp** (2017) ★★
7.30 **Social Animals** (2018) ★★
9.00 **Revenge of the Nerds** (1984)
10.35 **Made of Honour** Comedy. (2008, 12, 97min) ★★
12.25 PM **Crazy Rich Asians** As shown at 8.00pm.
2.30 **Slaughterhouse Rulez** As shown at 10.05pm.
4.25 **Pitch Perfect** Comedy. (2012, 12, 112min) ★★★★
6.25 **Mr Bean's Holiday** Comedy. (2007, PG, 89min) ★★★

8.00 Crazy Rich Asians

8.00 **Crazy Rich Asians** Comedy starring Constance Wu. A professor heads to Singapore with her boyfriend, and is surprised to learn he is from an extremely wealthy family. (2018, 12, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Slaughterhouse Rulez** Comedy horror starring Asa Butterfield, Simon Pegg and Margot Robbie. (2018, 15, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Team America: World Police** Spoof of action movies performed by puppets, with the voice of Trey Parker. (2004, 15, 98min) ★★★★
1.45 AM **Downsizing** Sci-fi comedy starring Matt Damon. (2017, 15, 135min) ★★★
4.05 **Electric Love** Comedy starring Mia Serafino and Erik Griffin. (2018, 15, 81min) ★★★
5.30 **to 6.00** AM **Rocketman: Special**

Sky Megahits

302 302 843 433 403

6.00 AM **Spider-Man 3** As 5.35pm.
8.25 **Transformers** As 8.00pm.
11.00 **Justice League** As 10.25pm.
1.15 PM **Black Panther** As 12.30am.
3.35 **The Sixth Sense** Psychological thriller starring Bruce Willis. (1999, 15, 108min) ★★★★★
5.35 **Spider-Man 3** Fantasy adventure starring Tobey Maguire and Kirsten Dunst. (2007, 12, 138min) ★★★

Sky Greats

303 303 844 434 404 508

6.50 AM **Monty Python's The Meaning of Life** Comedy. (1983, 15, 103min) ★★★
8.50 **The Terminal** As 6.45pm.
11.00 **Blood Diamond** As 9.00pm.
1.25 PM **Doctor Zhivago** David Lean's epic romantic drama. (1965, PG, 192min) ★★★★★
4.40 **The Sons of Katie Elder** Western starring John Wayne. (1965, U, 122min) ★★★

TCM

315 315 854 415 416 512

6.00 AM **Hollywood's Best Film Directors** Double bill.
7.10 **How the West Was Won** (1962)
10.20 **Gold Fever** Western. (1952)
11.45 **The Brass Legend** (1956) ★
1.30 PM **Fort Dobbs** Western. (1958, b/w, PG, 90min) ★★
3.25 **Black Patch** Western. (1957, b/w, PG, 82min) ★★
5.10 **Along Came Jones** Comedy. (1945, b/w, PG, 90min) ★★

Talking Pictures

328 445 81 306

6.00 AM **A Yank in Ermine** (1955)
7.40 **June Allyson**
8.10 **Treasure Hunt** Drama. (1952)
9.45 **River of Steel**
10.00 **The Price of Silence** (1959)
11.35 **Safety First in 1938**
11.50 **The Bargee** (1964) ★★
2.00 PM **Rooms**
2.30 **Man of the Moment** (1955)
4.15 **To Dorothy a Son** (1954)
6.00 **Get Some In!**

Horror

317 149 70 138

8.00 AM **Lost in Space**
9.00 **Star Trek: Deep Space Nine**
10.00 **Star Trek** 24/26. (S2)
11.00 **Martian Land** Sci-fi drama. (2015, PG, 90min) ★
1.00 PM **Alien Convergence** Thriller. (2017, 15, 110min) ★★
3.00 **Andromeda**
4.00 **Post Impact** Sci-fi adventure. (2003, 15, 91min) ★★
6.00 **Star Trek** 25/26. (S2)

primetime

8.00 **Transformers** Sci-fi adventure starring Shia LaBeouf. A geeky teenager finds himself caught up in a struggle between good and evil robots who are battling to recover their life source. (2007, 12, 143min) ★★★★
10.25 **Justice League** Sci-fi adventure starring Ben Affleck and Henry Cavill. Bruce Wayne enlists the help of Wonder Woman, Aquaman, Cyborg and the Flash in the fight against Steppenwolf. (2017, 12, 120min) ★★

12.30 AM **Black Panther** Adventure starring Chadwick Boseman. (2018, 12, 134min) ★★★★
3.00 **It** Horror starring Bill Skarsgård. (2017, 15, 135min) ★★★★
5.30 **to 6.00** AM **Extremely Wicked, Shockingly Evil and Vile: Special**

6.45 **The Terminal** Comedy drama starring Tom Hanks as a traveller from Eastern Europe who becomes stranded in New York's JFK airport terminal by a coup back home. (2004, 12, 129min) ★★★★
9.00 **Blood Diamond** Action thriller starring Leonardo DiCaprio. In Sierra Leone, a fisherman working for the rebel army joins forces with a smuggler after finding a priceless diamond. (2006, 15, 143min) ★★★★

11.25 **Face/Off** Action thriller starring John Travolta and Nicolas Cage. (1997, 18, 133min) ★★★★
1.55 AM **Captain Phillips** Fact-based thriller starring Tom Hanks. (2013, 12, 131min) ★★★★★
4.15 **to 6.20** AM **The Sons of Katie Elder** As 4.40pm.

7.00 **Billy Two Hats** Western starring Gregory Peck and Desi Arnaz Jr. An ageing Scottish outlaw and a mixed-race native American go on the run after a bank robbery, pursued by a bigoted sheriff. (1973, 15, 99min) ★★★
9.00 **Fire Down Below** Action thriller starring Steven Seagal. An Environmental Protection Agency marshal goes undercover to investigate illegal toxic waste dumping in Kentucky. (1997, 18, 101min) ★

11.15 **Magnum Force** Thriller sequel. (1973, 18, 117min) ★★★★
1.50 AM **Cimarron** Western remake. (1960, U, 142min) ★★★
4.30 **to 6.00** AM **Hollywood's Best Film Directors** Triple bill.

+1 hour 316 417

6.30 **A Kid for Two Farthings** Fantasy comedy starring Celia Johnson. A boy believes a goat with only one horn has the magical powers of a unicorn. (1954, U, 96min) ★★★★
8.15 **Glimpses: Petticoat Lane, London in the 1950s**
8.30 **Public Eye**
9.30 **The Raging Moon** Romantic drama starring Malcolm McDowell. A paraplegic falls in love with a woman stricken with polio. (1970, PG, 111min) ★★★

11.45 **Life at the Top** Drama sequel starring Laurence Harvey. (1965, PG, 111min) ★★
2.00 AM **The Gentle Touch**
3.00 **Hell is a City** British thriller. (1959, b/w, PG, 100min) ★★★
5.00 **to 6.00** AM **Bed & Breakfast** Drama. (1938, b/w, PG, 48min)

7.00 **Star Trek: Deep Space Nine**
8.00 **Earth: Final Conflict**
9.00 **My Soul to Take** Horror thriller starring Max Thieriot and John Magaro. A serial killer terrorises a small town 16 years after his death. (2010, 18, 102min) ★★★
11.05 **Southbound** Horror starring Chad Villella and Kristina Pesic. Anthology of five twisted tales following five groups of people who encounter terrifying situations on the open road. (2015, 18, 89min) ★★

12.55 AM **Summer Camp** Horror starring Diego Boneta. (2015, 15, 81min) ★★★
2.30 **to 4.20** AM **Kiss of the Vampire** Horror with Clifford Evans. (1962, 15, 88min) ★★

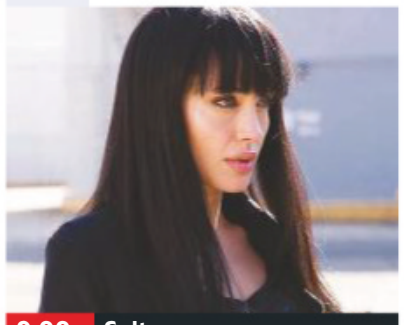
+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 | 439 409 | 509

6.55 AM **Jackals** Horror thriller. (2017, 15, 85min) ★★
8.35 **Red Sparrow** As 6.35pm.
11.00 **Salt** As shown at 9.00pm.
12.55 PM **Thoroughbreds** Comedy. (2017, 15, 92min) ★★★★
2.30 **The Hurricane Heist** Action thriller. (2018, 12, 103min) ★
4.15 **K-19: The Widowmaker** War thriller starring Harrison Ford. (2002, 12, 138min) ★★★
6.35 **Red Sparrow** Spy thriller. (2018, 15, 140min) ★★★



9.00 Salt

Red Sparrow (film started at 6.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Salt** Action thriller with Angelina Jolie. A CIA agent goes on the run after a Russian defector convinces her superiors that she's a double agent. (2010, 12, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **The Girl with the Dragon Tattoo** Crime thriller with Daniel Craig and Rooney Mara. (2011, 18, 157min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.30 AM **Dark Crimes** Thriller with Jim Carrey and Marton Csokas. (2016, 18, 92min) ★★
3.15 **Rise of the Footsoldier 3** Crime prequel starring Craig Fairbrass. (2017, 18, 99min) ★
5.05 **to 6.50** AM **Sam Churchill: Search for a Homeless Man** Thriller with John Schneider. (1997, PG, 88min) ★★

Sky Drama

309 309 850 | 440 410 | 511

6.25 AM **Ali and Nino** (2015) ★★
8.20 **Say Anything** Comedy. (1989, 15, 104min) ★★★★
10.10 **Bomb City** Drama. (2017, 15, 90min) ★★★★
12.00 NOON **The Tribes of Palos Verdes** Drama. (2018) ★★★
1.50 PM **The Boy Downstairs** Drama. (2017, 12) ★★★
3.30 **Erin Brockovich** Drama. (2000, 15, 133min) ★★★★
5.45 **The Prince of Tides** Drama. (1991, 15, 132min) ★★★

5.45 The Prince of Tides

8.00 **All the Money in the World** Drama starring Michelle Williams and Christopher Plummer. The mother of a kidnapped teenage heir tries to convince his billionaire grandfather to pay the ransom. (2017, 15, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

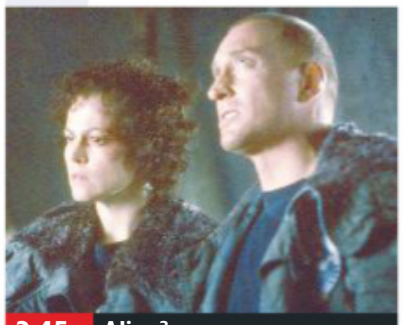
10.20 **Wonder Wheel** Woody Allen drama starring Kate Winslet and Jim Belushi. On Coney Island in the 1950s, a lifeguard tells the story of a middle-aged carousel operator. (2017, 12, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Babel** Drama starring Brad Pitt and Cate Blanchett. (2006, 15, 143min) ★★★
2.40 **That Good Night** Drama starring John Hurt and Max Brown. (2017, 12, 92min) ★★
4.20 **to 7.20** AM **The Bible** Epic drama starring Richard Harris. (1966, U, 168min) ★★

Sky Sci-Fi/Horror

310 310 851 | 441 411 | 507

6.00 AM **AVP: Alien Vs Predator** Thriller. (2004, 15) ★★★
8.00 **Aliens Vs Predator – Requiem** Sci-fi. (2007) ★
9.50 **Alien: Director's Cut** As 7pm.
12.00 NOON **Aliens: Special Edition** As shown at 9.00pm.
2.45 PM **Alien³** Sci-fi horror thriller. (1992, 15, 115min) ★★★
4.55 **Alien Resurrection** Sci-fi. (1997, 15, 110min) ★★★★
7.00 **Alien: Director's Cut** Sci-fi. (1979, 15, 115min) ★★★★★



2.45 Alien³

Alien: Director's Cut (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

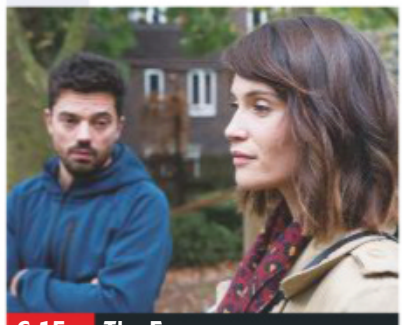
9.00 **Aliens: Special Edition** Sci-fi thriller starring Sigourney Weaver. After 57 years in hyper space, Ripley returns with a combat team to the planet where she first encountered the deadly alien. (1986, 18, 154min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Zombieland** Horror comedy starring Woody Harrelson. (2009, 15, 84min) ★★★★
1.15 AM **Annabelle Comes Home: Special** Preview of the horror.
1.30 **At First Light** Fantasy thriller starring Stefanie Scott. (2018, 12, 90min) ★★★
3.05 **The Thing** Sci-fi thriller remake starring Kurt Russell. (1982, 18, 108min) ★★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Select

311 311 852 | 442 412 | 510

7.30 AM **Wings of Eagles** Drama. (2016, 12, 108min) ★★
9.15 **Frost/Nixon** Drama. (2008, 15, 122min) ★★★★
11.20 **The Third Murder** Thriller. (2017, 15, 124min) ★★★★
1.30 PM **Shenandoah** Western. (1965, PG, 101min) ★★★★
3.20 **The Thin Red Line** Epic war drama starring Sean Penn. (1998, 15, 170min) ★★★★
6.15 **The Escape** Drama. (2017, 15, 101min) ★★★



6.15 The Escape

8.00 **Munich** Thriller starring Eric BAna and Daniel Craig. A Mossad hit squad gets caught in a spiral of violence when it targets Palestinian terrorists responsible for the massacre of Israeli athletes at the 1972 Munich Olympics. (2005, 15, 164min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

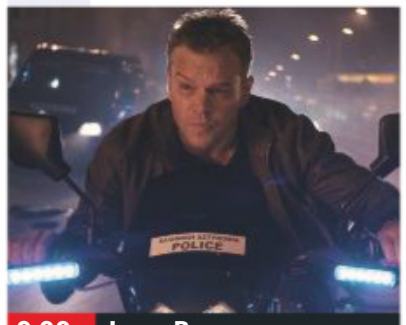
10.45 **Mandy** Fantasy horror starring Nicolas Cage and Linus Roache. (2018, 18, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **The Omen** Horror starring Gregory Peck and Lee Remick. (1976, 15, 111min) ★★★★★
2.45 **The Whiskey Bandit** Hungarian drama starring Bence Szalay. Subtitled. (2017, 15, 126min) ★★★
4.55 **to 6.25** AM **High Noon** Western. (1952, b/w, U, 85min) ★★★★★

Film4

313 313 853 | 428 429 | 14 | 300

■ **Films start at 11.00am**
11.00 AM **The Spy in Black** World War One spy drama. (1939, b/w, U, 82min) ★★★★
12.40 PM **Three Violent People** Western. (1956, PG) ★★
2.45 **The Guns of Fort Petticoat** Western. (1958, PG) ★★
4.25 **Only the Valiant** Western. (1951, b/w, PG, 100min) ★★
6.35 **The Best Exotic Marigold Hotel** Comedy drama. (2011, 12, 118min) ★★★



9.00 Jason Bourne

The Best Exotic Marigold Hotel (film started at 6.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Jason Bourne** Action thriller starring Matt Damon. The former CIA operative is drawn out of hiding to uncover more truths about his father, while a CIA director orders his head of cyber-security to hunt him down. (2016, 12, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Ted 2** Comedy sequel starring Mark Wahlberg and Amanda Seyfried. The foul-mouthed talking teddy bear fights a court case for the right to be legally recognised as a person. (2015, 15, 112min) ★★★
1.45 **to 4.00** AM **Red Lights** Thriller starring Cillian Murphy and Sigourney Weaver. (2012, 15, 109min) ★★★

+1 hour 314 430 45 301

8 PM
9 PM
10 PM
11 PM

True Movies

319 424 50 303

6.00 AM **Highway to Heaven**
7.00 **The Waltons** Double bill. (S6)
9.00 **At the Midnight Hour** Thriller. (1995, PG, 90min) ★★
11.00 **Return to Zero** Fact-based drama. (2014, 12, 107min) ★★
1.00 PM **Highway to Heaven**
3.00 **The Winds of War**
5.00 **And the Beat Goes On** Biopic starring Jay Underwood. (1999, PG, 92min) ★★

7.00 **The Jazz Singer** Music drama starring Neil Diamond as the son of a New York synagogue cantor who heads off to LA to seek fame as a rock singer. (1980, PG, 115min) ★★★
9.00 **Ring of Fire** Biopic starring Jewel Kilcher as American country musician June Carter Cash. After rising to fame with the Carter Family, June enjoys a solo career before pairing up with her third husband Johnny Cash. (2013, PG, 89min) ★★★

11.00 **Resting Place** Drama. (1986, PG, 96min) ★★★★
1.00 AM **The Waltons** Double bill.
3.00 **The Avengers** Double bill.
5.00 **to 6.00** AM **Highway to Heaven**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Menu for Murder** Mystery. (1990, PG, 96min) ★★
11.10 **NEW Garage Sale Mystery: The Wedding Dress** Mystery.
1.00 PM **Seattle Superstorm** Disaster movie. (2012) ★★
2.55 **The Apocalypse** Adventure. (2007, PG, 94min) ★★
4.50 **Sony Movie News Extra**
5.00 **Dragon Wars** Fantasy. (2007, 12, 107min) ★★

6.45 **Battle: Los Angeles** Epic sci-fi adventure starring Aaron Eckhart and Michelle Rodriguez. A group of Marines set out to defend LA from invading aliens. (2011, 12, 116min) ★★★
9.00 **The Bone Collector** Crime thriller starring Denzel Washington and Angelina Jolie. A paralysed forensics expert and a rookie New York beat cop join forces to catch a fiendish serial killer. With Michael Rooker. (1999, 15, 117min) ★★★

11.35 **The River Murders** Serial killer thriller. (2011, 18, 88min) ★★
1.40 AM **The Night Listener** Mystery thriller. (2006, 15, 81min) ★★★
3.20 **to 6.00** AM **Gold** Action thriller. (1974, 12, 124min) ★★

+1 hour 322

Movies 24

325 419 513

7.00 AM **Love on Safari** (2018) ★★
9.00 **Love, Alaska** Romantic comedy. (2019, PG, 120min) ★★
11.00 **Christmas with a View** Drama. (2017, PG, 120min) ★★
1.00 PM **Christmas Next Door** Drama. (2017, PG, 86min) ★★
3.00 **The Christmas Train** Romantic drama. (2017, U, 90min) ★★★
5.00 **Switched at Christmas** Festive drama. (2017, PG, 90min) ★★

7.00 **Mingle All the Way** Romantic drama starring Jen Lilley. A new app brings busy professionals together for events, but its founder and a user find much more. (2018, PG, 120min) ★★
9.00 **Flip That Romance** Romantic drama starring Julie Gonzalo and Tyler Hynes. Rival renovators refurbish dual sides of a duplex and rekindle their feelings for one another. Also with Jacqueline Samuda. (2018, PG, 120min) ★★

11.00 **Sailing into Love** Romantic drama. (2019, PG, 120min) ★★
1.00 AM **Sun, Sand and Romance** Drama. (2017, PG, 90min) ★★
3.00 **to 5.00** AM **Autumn in the Vineyard** Drama. (2016) ★★

+1 hour 326 420

Movies4Men

323 426 40 305

6.00 AM **The Sword of El Cid** (1962)
7.40 **Sinbad the Sailor** (1947) ★★★
9.55 **Underwater!** (1955) ★★
12.00 NOON **M*A*S*H**
1.00 PM **Twice a Judas** Western. (1969, 15, 92min) ★★
2.55 **The Great Battleships of the Second World War**
3.55 **The JU 87 Stuka**
5.10 **The Battle of Sinai** Military drama. (1969, PG, 97min) ★★

7.15 **San Andreas Quake** Action adventure starring Jhey Castles. A seismologist's bad reputation means nobody will listen to her warnings of a quake that will separate LA from the mainland. (2015, 12, 84min) ★
9.00 **Tears of the Sun** Action drama starring Bruce Willis, Cole Hauser and Monica Bellucci. In war-torn Nigeria, a small band of US soldiers decide to help a group of endangered villagers. (2003, 15, 121min) ★

11.25 **The Stranger** Action thriller starring Steve Austin and Erica Cerra. (2010, 15, 87min) ★★
1.15 AM **The Benefactor** Drama. (2015, 15, 89min) ★★
3.00 **to 4.00** AM **Stealth**

+1 hour 324

FILMS ON OTHER CHANNELS

6pm TILL LATE

7.00 PM **Emperor** *AMC* Fact-based post-World War Two drama, starring Matthew Fox. ★★
8.00 **National Treasure** *5STAR* Adventure caper. ★★★★
9.00 **The Captive** *AMC* Thriller. ★★
9.00 **Happy Gilmore** *Comedy Central* Comedy starring Adam Sandler and Julie Bowen. ★★★
9.00 **The Jackal** *Syfy* Action thriller starring Bruce Willis. ★★
9.00 **House of Darkness** *Lifetime* Thriler with Sara Fletcher. ★★
10.00 **300: Rise of an Empire** *5Spike* Fantasy adventure sequel. ★★★
10.50 **Drive Angry** *5STAR* Supernatural thriller. ★★★
11.00 **American Sniper** *ITV4* Biopic with Bradley Cooper. ★★★★
11.10 **Wrong Turn** *AMC* Horror thriller starring Eliza Dushku and Jeremy Sisto. ★★
11.30 **The Hard Corps** *Syfy* Action thriller starring Jean-Claude Van Damme and Vivica A Fox. ★★★
12.45 AM **The Missing** *AMC* Western with Cate Blanchett. ★★★★
1.00 **The Master** *Channel 4* Period drama. (Signed) ★★★★
4.00 **Battle of Los Angeles** *Syfy* Sci-fi action thriller. ★

Thursday

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Good Morning Sports Fans Bitesize** The latest sports news.
7.00 **Good Morning Sports Fans**
9.00 **Good Morning Transfers** Featuring a round-up of the latest football transfer news.
9.30 LIVE **ICC Cricket World Cup** Coverage of the second semi-final from Edgbaston in Birmingham.
7.00 PM **World Cup Bitesize** Action from the second semi-final.
7.15 **World Cup Debate** Discussion on the second semi-final.
8.00 LIVE **Betfred Super League Hull FC v London Broncos.** Coverage of the match from the 22nd round of fixtures, held at the KCOM Stadium, joining the match 15 minutes after kick-off.
10.00 LIVE **PGA Tour Golf** Coverage of the opening day of the John Deere Classic at TPC Deere Run in Silvis, Illinois, where Michael Kim was victorious last year.
12.00 M'T **Sky Sports News** A round-up of the day's talking points and a look ahead to the events that are likely to make the news tomorrow, featuring previews and interviews.
1.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **Premier League Years**
12.00 NOON **Premier League Best Goals** Memorable strikes.
1.00 PM **Premier League Years**
3.00 **Premier League Best Goals**
4.00 **PL Greatest Games**
5.00 **Premier League 100 Club**
6.00 **Premier League Years** Classic games, infamous blunders and moments of skill from seasons past, all set to a specially selected soundtrack from the time.
8.00 **Premier League Highlights** Back-to-back top-flight action.
10.00 **Premier League 100 Club** A profile of former Liverpool and England goalkeeper David James.
10.30 **PL Greatest Games**
11.00 **Gary Neville's Soccerbox** The presenter talks to a fellow former Premier League player.
11.30 **Premier League Best Goals**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **EFL Greatest Games**
7.00 **Football's Greatest Players**
8.00 **Football Countdowns**
9.00 **Football Years**
10.00 **EFL Highlights**
11.00 **One2Eleven**
11.30 **Football's Greatest Players**
12.00 NOON **EFL Greatest Games**
12.30 PM **SPFL Greatest Games**
1.00 **Football Countdowns**
2.00 **Football Years**
3.00 **EFL Highlights**
4.00 **One2Eleven**
4.30 **Football's Greatest Players**
5.00 **EFL Greatest Games**
5.30 **SPFL Greatest Games**
6.00 **EFL Goals: Championship**
7.00 **EFL Goals: Leagues 1 & 2**
7.30 **SPFL Round-Up**
8.00 **EFL Goals: Championship**
9.00 **EFL Goals: Leagues 1 & 2**
9.30 **SPFL Round-Up**
10.00 **EFL Highlights**
11.00 **Football's Greatest Players**
12.00 M'T **Football Years**
1.00 AM **Football Countdowns**
2.00 **SPFL Greatest Games**
2.30 **One2Eleven**
3.00 **EFL Highlights**
4.00 **EFL Greatest Games**
4.30 **to 6.00** AM **Highlights**

Sky Sports Cricket World Cup

404 404 858 | 514 504

6.00 AM **Cricket World Cup**
7.00 **World Cup Cricket Classics**
8.00 **Cricket World Cup** The ICC Cricket World Cup of 1999.
9.00 **World Cup Cricket Classics**
9.30 LIVE **ICC Cricket World Cup** Coverage of the second semi-final from Edgbaston in Birmingham.
7.00 PM **World Cup Bitesize** Action from the second semi-final at Edgbaston in Birmingham.
7.15 **World Cup Debate** Discussion on the second semi-final.
8.00 **ICC Cricket World Cup** Action from the second semi-final, held at Edgbaston in Birmingham.
9.00 **World Cup Debate**
9.45 **World Cup Bitesize**
10.00 **ICC Cricket World Cup**
11.00 **World Cup Debate**
11.45 **World Cup Bitesize**
12.00 M'T **ICC Cricket World Cup**
1.00 AM **World Cup Debate**
1.45 **World Cup Bitesize**
2.00 **ICC Cricket World Cup**
3.00 **World Cup Debate**
3.45 **World Cup Bitesize**
4.00 **ICC Cricket World Cup**
5.00 **World Cup Debate**
5.45 **to 6.00** AM **World Cup Bitesize**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **Paul Lawrie Scottish Par 3**
7.00 **Inside the PGA Tour**
7.30 **Golfing World**
8.00 **PGA Tour Profiles**
8.30 **Paul Lawrie Scottish Par 3**
9.30 **Scottish Open – On The Range**
10.30 LIVE **European Tour Golf** Coverage of the opening round of the Aberdeen Standard Investments Scottish Open from the Renaissance Club in Dirleton, North Berwick.
6.30 PM LIVE **PGA Tour Golf** Coverage of the featured groups on the opening day of the John Deere Classic at TPC Deere Run in Silvis, Illinois, where Michael Kim was victorious last year.
9.00 LIVE **PGA Tour Golf** Further coverage of the opening day of the John Deere Classic. at TPC Deere Run in Silvis, Illinois.
12.00 M'T **European Tour Golf** Day one of the Aberdeen Standard Investments Scottish Open.
1.00 AM **PGA Tour Golf** The opening day of the John Deere Classic.
4.00 **European Tour Golf**
5.00 **to 6.00** AM **Chronicles of a Champion Golfer**

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **The Big Match Revisited – 1974/75** A look back at some classic editions of *The Big Match*.
8.00 PM **The Big Match Revisited – 1974/75** Action from West Ham United v QPR, Ipswich Town v Aston Villa, and Everton v Fulham. **9.00** Action from Tottenham Hotspur v Leicester City, and Burnley v Sheffield United. **10.00** Charlton Athletic v Southend United, Derby County v Stoke City, and Middlesbrough v Tottenham Hotspur. **11.00** Action from West Ham v Middlesbrough, and Manchester Utd v Oxford United. **12.00** M'T Arsenal v Stoke City, Ipswich Town v Leicester City, and Carlisle United v Everton. **1.00** AM Tottenham v Chelsea, Norwich City v Nottingham Forest, and Everton v Sheffield United. **2.00** Luton Town v Manchester City, Portsmouth v Norwich City, and Luton Town v Manchester City.
3.00 **to 6.00** AM LIVE **CFL BC Lions v Edmonton Eskimos.** Coverage of the match from the fifth round of fixtures, taking place at BC Place. Kick-off **3.00am**.

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **Rugby Tonight: The Demos**
7.00 **World Rallycross Highlights**
8.00 **Irish Rally Review**
8.30 **Euroformula Open Championship**
9.30 **SPFL Season Review**
11.00 **Ladbrokes SPFL**
11.30 **No Filter Boxing**
12.00 NOON **IPL** Four editions.
4.00 PM **FIM Speedway Highlights**
5.00 **SPFL Season Review**
6.30 **National League Season Review** A look back at the 2018/2019 campaign.
7.30 **Fishing: On The Bank** Highlights from round two of the UK Angling Championships.
8.30 **No Filter Boxing**
9.00 **UFC NOW** Magazine show.
10.00 **IPL** Kolkata Knight Riders v Chennai Super Kings.
11.00 **IPL** Action from Sunrisers Hyderabad v Delhi Capitals.
12.00 M'T **IPL** Mumbai Indians v Royal Challengers Bangalore.
1.00 AM **IPL** Action from Kings XI Punjab v Rajasthan Royals.
2.00 **The Ashes** A review of the first Test of the 2017/2018 Ashes.
5.00 **to 6.00** AM **Euroformula Open Championship**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **WTA Tennis: Strasbourg**
8.00 **BT Sport Goals Reload**
8.30 **BT Sport Reload**
9.00 **Fishing: On The Bank**
10.00 **MotoGP Highlights**
11.00 **SGB Premiership**
1.00 PM **British Talent Cup Highlights** From Donington Park.
2.00 **ESPN Classic Boxing**
5.00 **BT Sport Reload**
5.30 **AMA Endurocross** Action from round one in Orofino, Idaho.
6.00 **MotoGP Highlights** Action from the Grand Prix of Germany.
7.00 **SGB Premiership** Action from King's Lynn Stars v Poole Pirates.
9.00 **FIM Speedway Highlights** Round four in Hallstavik, Sweden.
10.00 **Irish Rally Review** Highlights of the Donegal International Rally.
10.30 **Euroformula Open Championship** Races one and two from round five in Hungary.
11.30 **World Rallycross Highlights**
12.30 AM **Premier League Tonight: Best Of** Highlights of the series.
1.00 **UFC: The Ultimate Fighter**
3.00 **Fight Night: Dubois v Lartey**
5.00 **BT Sport Reload**
5.30 **to 6.00** AM **UEFA Youth League – Review Show**

Sky Sports Action

407 407 861 | 517 507

6.00 AM **Boxing Gold**
7.00 **Great Sporting Moments**
7.45 **State of Origin** Action from New South Wales v Queensland.
8.00 **Boxing Gold**
9.00 **NFL: America's Game**
10.00 **Women's International Rugby Union** England v France.
12.30 PM **Women's International Rugby Union** Canada v USA.
2.20 **Rugby Greatest Games**
2.30 **Boxing Gold**
3.30 **Women's International Rugby Union** England v France.
6.00 **Women's International Rugby Union** Canada v USA.
7.50 **Rugby Greatest Games** A classic rugby union match.
8.00 LIVE **Fight Night International Fabio Turchi v Tommy McCarthy.** Coverage of the cruiserweight title bout at Stadio Nicola Pietrangeli in Rome, plus action from the undercard.
11.00 **Super League Gold**
12.00 M'T **NFL: America's Game**
1.00 AM **Super League Gold**
2.00 **NFL – Greatest Games**
3.30 **Darts Gold**
4.00 **Sporting Records**
5.00 **to 6.00** AM **Sporting Greats**

Sky Sports Mix

121 121 819 | 520 510

6.00 AM **My Icon**
7.00 **Netball Superleague**
9.00 **My Icon**
10.00 **NFL: America's Game** A look back at Denver Broncos' 1997 Super Bowl triumph.
11.00 **My Icon**
12.00 NOON **Netball Superleague** Wasps v Manchester Thunder.
2.00 PM **NFL: A Football Life** A profile of Al Davis, the former principal owner and general manager of the Oakland Raiders.
3.00 **My Icon**
4.00 **Netball Superleague** Wasps v Manchester Thunder.
6.00 **US Open 9-Ball Pool** Action from this year's tournament in Las Vegas.
7.00 **Roar for the Roses** A look at England's netball team ahead of the Netball World Cup in Liverpool.
8.00 **Netball: Quad Series** Action from South Africa v New Zealand.
10.00 **US Open 9-Ball Pool** Action from this year's tournament in Las Vegas.
11.00 **Roar for the Roses** As 7.00pm.
12.00 M'T **US Open 9-Ball Pool**
1.00 AM **to 6.00** AM **Mix Shorts: Masterclasses**

BT Sport/ESPN

423/426 872 | 530 | 411 434

7.00 AM **Around the Horn**
7.30 **ESPN FC** Football news.
8.00 **Pardon the Interruption**
8.30 **MLB** The MLB Home Run Derby.
10.30 **Around the Horn**
11.00 **ESPN FC** Football news.
11.30 **MLB** Double bill.
6.30 PM **MLB: Caps Off**
6.45 **BT Sport Reload**
7.00 **World of X Games**
8.00 **CFL** Saskatchewan Roughriders v Calgary Stampeders.
10.30 **BT Sport Reload**
10.45 **MLB: Caps Off**
11.00 **Irish Rally Review** Highlights of the Donegal International Rally.
11.30 **ESPN FC**
12.00 M'T **Baseball Tonight**
1.00 AM LIVE **MLB Texas Rangers v Houston Astros.** The American League match at Globe Life Park in Arlington. Start-time **1.05am**.
4.00 **BT Sport Reload**
4.30 **Irish Rally Review**
5.00 **to 6.00** AM **World of X Games**

Eurosport 1

410 410 864 | 523 521 | 412 435

7.15 AM **Tennis: Wimbledon**
8.45 **Africa Cup of Nations**
10.45 **Cycling: Tour de France**
11.00 **Salomon Golden Trail Series**
11.45 LIVE **Cycling: Tour de France** Coverage of stage six.
5.00 PM **Tour de France – The Breakaway** Stage six review.
5.15 LIVE **Athletics: Euro U23 Champs** Coverage of day one of the biennial event, held at Gunder Hägg-stadion in Gavle, Sweden.
6.50 **WATTS**
7.00 **Salomon Golden Trail Series**
7.30 **Cycling: UK Women's Road Series** The Curlew Cup.
8.00 **Cycling: Tour de France**
9.30 **Cycling: UK Women's Road Series** The Curlew Cup.
10.00 **Tennis: Wimbledon**
11.30 **Cycling: Tour de France**
12.30 AM **Tennis: Wimbledon**
2.00 **Basketball: Universiade Final**
4.20 **to 6.15** AM **Athletics: Universiade**

Eurosport 2

411 411 865 | 524 522 | 413 436

6.30 AM **Highlights**
9.00 LIVE **Athletics: Euro U23 Champs** Day one at Gunder Hägg-stadion in Gavle, Sweden.
11.30 **FIA World Touring Cars**
12.00 NOON **World Superbikes**
1.00 PM **Rallycross: Titans-RX Series**
1.30 **Shooting**
2.30 **WATTS**
2.45 **Africa Cup of Nations**
4.45 LIVE **AFCON** Coverage of the third quarter-final from Suez Stadium, Egypt. Kick-off **5.00pm**.
7.00 **Rallycross: Titans-RX Series**
7.30 **WATTS**
7.45 LIVE **AFCON** Coverage of the fourth quarter-final at Al Salam Stadium, Cairo. Kick-off **8.00pm**.
10.00 **Africa Cup of Nations**
12.10 AM **WATTS**
12.30 **Cycling: Tour de France**
2.00 **Canoeing**
4.00 **Cycling: Tour de France**
5.30 **to 7.30** AM **Athletics**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Sporting Greats**
7.00 **WWE Smackdown Hlts**
8.00 **NRL Try Time**
9.00 **Sporting Records**
10.00 **GAA Weekly Round-Up**
11.00 **State of Origin**
11.15 **Fast Zone**
11.45 **State of Origin**
12.00 NOON **NRL Try Time**
1.00 PM **GAA Weekly Round-Up**
2.00 **Salomon Golden Trail Series**
2.30 **Super League Gold**
2.45 **State of Origin**
3.00 **NRL Try Time**
4.00 **WWE Raw**
6.00 **World Rugby Show**
6.30 **Super League Gold**
6.45 **State of Origin**
7.00 LIVE **Betfred Super League Hull FC v London Broncos.**
10.00 **WWE Main Event**
11.00 **WWE Raw**
1.00 AM **Sporting Records**
2.00 **Super League Gold**
3.00 **to 6.00** AM **Highlights**

Sky Sports F1

406 406 860 | 516 506

6.00 AM **The Home of F1**
11.00 **F1 Grand Prix**
1.05 PM **Vettel In Fiorano**
1.20 **Box Box Box: Red Bull's First Win**
1.30 **F1: The Championship Begins**
2.00 **Formula 1**
3.00 LIVE **F1 Drivers Press Conference** The drivers answer the media's questions ahead of the British Grand Prix.
3.30 **The Inside Line**
4.00 **F1: The Championship Begins**
4.30 **The F1 Show**
5.30 **F1 Classic Races**
6.00 **The F1 Show**
7.00 **Formula 1**
8.00 **The F1 Show**
9.00 **F1 Classic Races**
11.15 **Alfa Romeo 1950**
11.20 **Box Box Box: Red Bull's First Win**
11.30 **The F1 Show**
12.30 AM **The Inside Line**
1.00 **to 6.00** AM **The Home of F1**

Friday

12 July

Evening Planner

Netball

Netball World Cup
SS Netball HD, SS Arena HD, SS Main Event HD & Sky One HD, from 8.30am
On day one of the World Cup in Liverpool, England v Uganda (centre-pass 7pm)

Romantic drama

A Star Is Born
Sky Premiere HD, 12noon & 8pm
Director Bradley Cooper co-stars with Lady Gaga in a remake of the romance between a singer and his protegé

Comedy drama

Agatha Raisin
Sky One HD, 9pm
Ashley Jensen's amateur sleuth returns for series two, and her hair stylist becomes the focus of a blackmail plot

Music

Classic Album... The 'Chirping' Crickets
BBC4 HD, 9pm
The making of Buddy Holly's debut album, featuring drummer Jerry Allison

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	7.00 Eat Well for Less?		8.00 Garden Rescue †	8.30 EastEnders	9.00 Still Game	9.30 Mrs Brown's...	10.00 News; Local News	10.35 Killing Eve
102 BBC2	◂ 6.00 Wimbledon – Live		8.00 Today at Wimbledon		9.00 Gardeners' World		10.00 QI	10.30 Newsnight
103 ITV	7.00 Emmerdale	7.30 Coronation Street		8.30 Endeavour				10.20 News; Local News
104 CHANNEL 4	7.00 News		8.00 Celebrity Crystal Maze		9.00 Celebrity Gogglebox		10.00 The Last Leg	
105 CHANNEL 5	7.00 Walking Britain's Lost Railways		8.00 Drain the Ocean: Egypt's Lost Wonder		9.00 Boxing Double: Khan & Fury – Live			
106 SKY ONE	7.00 Netball World Cup – Live: England v Uganda (Centre-pass 7.00)			8.30 Modern Family	9.00 Agatha Raisin			
Entertainment								
116 BBC4	7.00 News	7.30 Top of the...	8.00 Top of the Pops 1987: Big Hits		9.00 Classic Album: The Crickets – The...		10.00 Roy Orbison: One of the Lonely Ones	
118 ITV2	7.00 You've Been Framed! Gold		8.00 Two and a Half Men		9.00 Love Island			10.05 Celebrity Juice
136 MORE4	◂ 6.55 The Supervet		7.55 Great Canal Journeys		9.00 Code 37: Sex Crimes			10.10 24 Hours in A&E
135 E4	7.00 Hollyoaks	7.30 Black-ish	8.00 The Big Bang Theory		9.00 Film: The Maze Runner			
107 SKY WITNESS	◂ 6.00 My Kitchen Rules: Australia		8.00 Criminal Minds		9.00 9-1-1		10.00 Instinct	
108 SKY ATLANTIC	7.00 CSI		8.00 Blue Bloods		9.00 True Detective			
110 GOLD	7.00 Miranda	7.40 Open All Hours		8.20 Only Fools and Horses	9.00 Miranda	9.35 Mrs Brown's Boys		
111 DAVE	7.00 Have I Got a Bit More Old News for You		8.00 QI XL		9.00 Live at the Apollo		10.00 Film: Reservoir Dogs	
119 ITV3	7.00 Murder, She Wrote		8.00 Paul O'Grady...	8.30 Carry On Forever				
120 ITV4	7.00 Tour de France Highlights		8.00 World Series of Darts Live: Germany – Live: Day one from Cologne					
112 COMEDY CENTRAL	7.00 Friends				9.00 Russell Howard's Good News		10.00 Desiree Burch...	10.30 The Ricky...
114 SYFY	7.00 Star Trek: The Next Generation		8.00 Stargate Atlantis		9.00 Film: Jennifer's Body			
109 W	7.00 My Dream Home		8.00 Inside the Ambulance		9.00 Film: Bride Wars			
113 UNIVERSAL	7.00 NCIS		8.00 Major Crimes		9.00 Chicago Justice			
124 FOX	7.00 NCIS				9.00 NCIS: New Orleans		10.00 L.A.'s Finest	
122 SKY ARTS	7.00 Classic Albums		8.00 Discovering...	8.30 Video Killed...	9.00 Film: Pulp: A Film About Life, Death & Supermarkets			
Documentary								
125 DISCOVERY	7.00 Outback Truckers		8.00 Combat Dealers		9.00 Greatest Events of World War II		10.00 Wings of War	
162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 North Woods Law		9.00 Swimming with Monsters with Steve...		10.00 Animal Cops Houston	
129 NAT GEO	7.00 The Mystery of MH370: Draining the...		8.00 JFK: The Lost Assassination Tapes		9.00 Fidel Castro: The Lost Tapes		10.00 The Armstrong Tapes	
130 HISTORY	7.00 American Pickers		8.00 Swamp People		9.00 Hitler Was My Neighbour			10.15 WWII in 3D
155 YESTERDAY	7.00 Bangers and Cash		8.00 WW2 – Battles for Europe		9.00 Secrets of the Railways		10.00 Nazi Hunters	
166 EDEN	7.00 Jungle Animal Hospital		8.00 Africa		9.00 Russia From Above		10.00 Natural World: Sudan: The Last of...	
Films								
301 SKY PREMIERE	◂ 6.10 Juliet, Naked		8.00 A Star Is Born					10.20 The Girl in the...
302 SKY MEGAHITS	◂ 6.20 Transformers: Revenge of the Fallen				9.00 Fast & Furious 5			
303 SKY GREATS	◂ 5.45 The Hunt for Red October		8.00 Sleepless in Seattle				10.00 The Shining	
304 SKY DISNEY	◂ 5.50 The Princess Diaries		8.00 Maleficent			9.50 Tron		
305 SKY FAMILY	◂ 6.20 Cloudy with a Chance of Meatballs 2		8.00 Peter Rabbit		9.40 The Legend of Zorro			
306 SKY ACTION	◂ 6.00 Predators		8.00 Solo: A Star Wars Story					10.30 Pacific Rim...
307 SKY COMEDY	◂ 6.00 Mamma Mia!		8.00 Mamma Mia! Here We Go Again				10.00 Crazy, Stupid, Love	
308 SKY THRILLER	◂ 6.10 The First Purge		8.00 The Da Vinci Code					10.30 Angels &...
309 SKY DRAMA	◂ 5.50 Julie & Julia		8.00 Stella's Last Weekend		9.45 Life Itself			
310 SKY SCI-FI	◂ 6.45 Annabelle			8.30 Annabelle: Creation				10.30 Annabelle...
311 SKY SELECT	◂ 5.15 The Insider		8.00 Isle of Dogs		9.45 American Made			
313 FILM4	◂ 6.40 Everest				9.00 Momentum			
315 TCM		7.15 Rope			9.00 Psycho			
Sport								
401 MAIN EVENT	7.00 Betfred Super League – Live: A crucial game						10.00 PGA Tour Golf – Live	
402 PREMIER LEAGUE	◂ 6.00 Premier League Years		8.00 Premier League Highlights				10.00 PL Greatest Games	
403 FOOTBALL	7.00 EFL Goals...	7.30 SPFL Round-Up	8.00 EFL Goals: Championship		9.00 EFL Goals...	9.30 SPFL Round-Up	10.00 EFL Highlights	
404 CRICKET WORLD CUP	7.00 ICC Cricket World Cup							
413 BT SPORT 1		7.15 Betfred Cup – Live: Hearts v Dundee United (Kick-off 7.45)					10.00 No Filter...	10.30 Classic Boxing...
414 BT SPORT 2	◂ 6.00 AF			8.15 BT Sport Reload	8.45 Formula E – Shakedown	9.30 IPL: Capitals v Kings XI		10.30 IPL: Sunrisers...

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Ill Gotten Gains** SERIES FINALE A consignment of stolen trainers goes under the hammer. (S)
10.00 **Homes Under the Hammer** (S)(R)
11.00 **Rip Off Britain: Holidays** (R)
11.45 **Claimed and Shamed** A prisoner trips up with a bogus personal injury claim. (S)(R)
12.15 PM **Bargain Hunt** Two teams compete in Brighton. (S)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 LIVE **Wimbledon** Sue Barker presents coverage of day 11 of the grass-court tournament from the All England club, featuring the men's singles semi-finals. *Coverage continues on BBC2*. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Still Game

7 PM
7.00 **Eat Well for Less?** 5/6. Greg Wallace and Chris Bavin help a household of students, whose expensive tastes and love of brands mean that they are blowing their student loans on pricey pesto and branded pasta. (S)(AD)

8 PM
8.00 **Garden Rescue** Designing a pub garden in Corby, Northamptonshire. (S)(R)(AD)
8.30 **EastEnders** The residents gather for the Walford 10k run, and Mick comes clean to Linda. (S)(AD)

9 PM
9.00 **Still Game** 3/6. Part one of two. Winston receives bad news about his remaining leg. (S9) (S)(AD)
9.30 **Mrs Brown's Boys** 1/6. Agnes falls under a hypnotist's spell. (S3) (S)(R)(AD)

10 PM
10.00 **BBC News** (S)
10.25 **Local News** (S) Followed by **Lottery Update** (S)
10.35 **Killing Eve** *Smell Ya Later:* 5/8. A visitor from Broadmoor comes with a dire warning. (S2) (S)(R)(AD)
11.20 **Room 101 – Extra Storage** With guests Katherine Ryan, Geri Horner and Adam Buxton. (S)(R)
12.00 M'T FILM **The Lady in the Van** Comedy drama starring Maggie Smith, based on the true story of Alan Bennett's friendship with a homeless woman, whom he befriended before allowing her to park her van outside his home. (S)(AD) (2015, 12, 100min) ★★★★
1.40 AM **Weather for the Week Ahead**
1.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.00 AM **Thursday in Parliament** (S)
6.30 **Ill Gotten Gains** A fraudster's Range Rover is sold. (S)(R)
7.15 **Bargain Hunt** Two teams compete at Westpoint Exeter. (S)(R)
8.00 **Sign Zone: Gardeners' World** The team report from the annual Gardeners' World Live event in Birmingham. (S)(R)
9.00 **BBC News** (S)
10.00 **Victoria Derbyshire** (S)
11.00 **BBC Newsroom Live** (S)
11.45 **Politics Live** (S)
12.30 PM LIVE **Wimbledon** Sue Barker presents coverage of day 11 of the grass-court tournament from the All England Club. (S)
6.00 LIVE **Wimbledon** Sue Barker presents further coverage of day 11 of the grass-court tournament from the All England Club. (S)

9.00 Gardeners' World

7 PM
LIVE **Wimbledon** (started at 6.00pm)

8 PM
8.00 **Today at Wimbledon** Clare Balding introduces highlights of day 11 from the All England Club, where the men's singles semi-finals were due to take centre stage. (S)

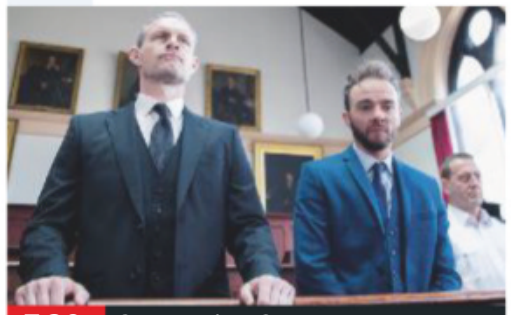
9 PM
9.00 **Gardeners' World** Monty Don and the team focus their attention on the loss of wildflower habitats in the UK and the part that gardeners can play in averting the resulting loss of wildlife. (S)

10 PM
10.00 **QI** Aisling Bea, Holly Walsh and Nikki Bedi join Alan Davies and Sandi Toksvig. (S)(R)
10.30 **Newsnight** (S)
11.00 **Weather** (S)
11.05 NEW **Manchester International Festival: Welcoming the World** Brenda Emmanus explores behind the scenes at the festival. (S)
11.35 FILM **Matangi/Maya/MIA** Documentary offering a profile of the critically acclaimed artist. (S)(AD) (2018, 18, 95min) ★★★★
1.10 AM **Sign Zone: No-Deal Brexit: Are We Ready? – Panorama** (R)
1.40 **Sign Zone: The Planets** (S)(R)(AD)
2.40 **to 6.00** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **Good Morning Britain** With Kaiser Chiefs star Ricky Wilson. (S)
8.30 **Lorraine** (S)
9.25 **Judge Rinder** (S)(R)
10.30 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team visit Carlisle, where Fay Rutter tries to buy two gold nuggets. (S)(R)
3.00 **Tenable** Five members of a LGBT hockey team answer questions about top 10 lists. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)



7.30 Coronation Street

7 PM
7.00 **Emmerdale** Moira implores Cain to make amends, and a furious Pete demands an explanation. (S)
7.30 **Coronation Street** In court, Nick blames his brain injury for his actions, accusing David of being the mastermind behind the theft. Meanwhile, Eileen opens up to Jan about her marriage to Phelan. (S)(AD)

8 PM
8.30 **Endeavour** *Lazaretto:* Morse is assigned to protect an informant who is undergoing emergency surgery. The case brings back unpleasant memories for the detective, while his colleagues are thrown into disarray when Bright is also rushed to hospital. Morse becomes fixated with a series of mysterious deaths that have occurred on the ward, and tries to find the scientific explanation behind stories of a curse. (S)(R)

9 PM

10 PM
10.20 **ITV News** (S)
10.50 **Local News** (S)
11.05 FILM **Wanted** Fantasy action thriller starring James McAvoy and Angelina Jolie. A timid office worker discovers that his destiny is linked to a secret fraternity of super-assassins. With Morgan Freeman. (S)(AD) (2008, 18, 115min) ★★★
1.00 AM **The Voice Kids** 5/8. The Battle stages of the singing contest. (S)(R)
2.15 **Tour de France Highlights** (S)
3.10 **All Star Mr & Mrs** (S)(R)
4.00 **to 6.00** AM **ITV Nightscreen**

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.15 AM **Cheers** 4&5/28. (S11) (S)(R)
7.10 **The King of Queens** (S1) (S)(R)
8.00 **Everybody Loves Raymond** (S)(R)
9.00 **Frasier** 23&24/24. (S5) (S)(R)
9.55 LIVE **Formula 1 British Grand Prix Practice 1** The opening practice from Silverstone. (S)
11.50 **News** (S)
11.55 **Couples Come Dine with Me** Jersey couples compete. (S)(R)
12.55 PM **Posh Pawnbrokers** (S)(R)
1.55 LIVE **Formula 1 British Grand Prix Practice 2** The second practice from Silverstone. (S)
3.35 **F1 Meets** (S)(R)
4.00 **A Place in the Sun** (S)
5.00 **Kirstie's Celebrity Craft Masters** Jeremy Edwards and Terri Dwyer go head-to-head. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** (S)(AD)

11.05 Shipmates

7 PM
7.00 **News** (S)

8 PM
8.00 **Celebrity Crystal Maze** 4/6. Sunetra Sarker, Matthew Wright, Ann Widdecombe, Nikki Sanderson and Wes Nelson explore the four zones of the Maze, tackling a range of skill, mystery, physical and mental challenges. (S)(AD)

9 PM
9.00 **Celebrity Gogglebox** A rolling cast of famous faces including Rylan Clark-Neal, Shaun Ryder and Bez, Denise Van Outen, Oti Mabuse and Martin and Roman Kemp critique a selection of the week's television. (S)(AD)

10 PM
10.00 **The Last Leg** SERIES FINALE 9/9. Adam Hills, Josh Widdicombe and Alex Brooker are joined by *Good Omens* actor Michael Sheen for a comic review of the significant moments of the past seven days. (S)
11.05 **Shipmates** 2/5. Game show. (S)
12.05 AM **First Dates** (S)(R)(AD)
1.05 FILM **Ruby Sparks** Fantasy comedy starring Paul Dano. (S) (2012, 15, 105min) ★★★★
2.50 **Year of the Rabbit** (S)(SL)(R)(AD)
3.15 **Ackley Bridge** (S)(SL)(R)(AD)
4.10 **Kirstie's Fill Your House for Free** From Staffordshire. (S)(R)
4.25 **Inside Out Homes** (S)(R)(AD)
5.20 **to 6.15** AM **Big House, Little House** (S)(R)(AD)

+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Bargain-Loving Brits in the Sun** In Benidorm. (S)(R)
12.10 PM **News** (S)
12.15 **Police Interceptors** (S)(R)
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 **FILM PREMIERE House of Deadly Secrets** Thriller starring Angie Patterson. (S) (2018, PG, 105min) ★★
4.00 **Friends** 7&8/24. (S9) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Roxy discovers David's secret plan. (S)(R)(AD)
6.00 **Home and Away** Jasmine tells Robbo that she does not want to have children. (S)(R)(AD)
6.30 **News** (S)

9.00 Boxing Double: Khan & Fury

7.00 **Walking Britain's Lost Railways** Rob Bell revisits the Somerset-and-Dorset line, which transformed the fortunes of local seaside towns, but proved costly to build and maintain. (S)(R)

8.00 **Drain the Ocean: Egypt's Lost Wonder** A look at discoveries found at the bottom of the River Nile, and what they reveal about the origin of the ancient Egyptians' obsession with the afterlife. (S)(R)

9.00 **LIVE Boxing Double: Khan & Fury** Hughie Fury v Samuel Peter and Amir Khan v Billy Dib: Coverage of the respective heavyweight and welterweight bouts at King Abdullah Sports City in Jeddah, Saudi Arabia. (S)

11.05 **Tyson Fury: Rise & Fall of the Gypsy King** (S)(R)
12.05 AM **Fights, Camera, Action!** (R)
1.00 **21.co.uk Live Casino Show** (S)
3.00 **Access** Showbiz news. (S)
3.10 **Young, Dumb and Banged Up in the Sun** (S)(R)
4.00 **Gypsy Kids: Our Secret World**
4.45 **House Doctor** (S)(SL)(R)
5.10 **House Busters** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Monkey Life** (R)
7.00 **Animal 999** (S)(R)(AD)
8.00 **RSPCA Animal Rescue** (R)
9.00 **Road Wars** (S)(R)
10.00 **Highway Patrol** (S)(R)(AD)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0** 18&19/25. Double bill. (S8) (S)(R)
3.00 **MacGyver** 18/21. (S1) (S)(R)
4.00 **Modern Family** 14&15/24. Double bill. (S5) (S)(R)
5.00 **The Simpsons** (S)(R)
5.30 **Futurama** *Fry and Leela's Big Fling:* Fry and Leela organise a romantic getaway. (S)(R)
6.00 *T: The Terrestrial:* Fry gets left behind on a planet. (S)(R)
6.30 **The Simpsons** *The Fat and the Furriest:* Homer is filmed fleeing from a wild bear and becomes a local laughing stock. (S)(R)

11.00 NCIS: Los Angeles

7.00 **LIVE Netball World Cup** England v Uganda: The Group D encounter from the M&S Bank Arena in Liverpool. Centre-pass is at 7.00.

8.30 **Modern Family** *Pilot:* 1/24. Pilot episode of the comedy following three branches of an extended family. (S1) (S)(R)(AD)

9.00 **NEW SERIES Agatha Raisin** *The Wizard of Evesham – Part One:* 1/6. The sleuth's hairstylist becomes the centre of a maelstrom involving blackmail, conspiracy and murder.

10.00 **Agatha Raisin NEW EPISODE** *The Wizard of Evesham – Part Two:* 2/6. The beauty salon case continues for Agatha as she digs deeper into her hairstylist's supposed crimes. *See feature, page 8*

11.00 **The Russell Howard Hour** Russell chats to comedy writer Adam Kay. (S)(R)
12.00 M'T **A League of Their Own** With Geri Horner, John Terry and Josh Widdicombe. (S)(R)
1.00 AM **Brit Cops: Law & Disorder**
2.00 **Road Wars** (S)(R)
3.00 **Motorway Patrol** (R)
4.00 **Babylon 5** 3/22. (S3) (R)
5.00 **to 6.00** AM **Stargate SG-1** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
8.00-8.30pm Scotland's Home of the Year (S)(R)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
11.00am-12.15pm LIVE The Twelfth (S) **10.35pm NEW** The Twelfth (S) **11.15pm-12.00m't** Killing Eve (S)(R)(AD)

WALES
Sky **952**, Virgin **864**, Freesat **964**
8.00-8.30pm Go Fish! with Will Millard (S) **10.35 NEW** Tudur's TV Flashback (S) **11.05** Hayley Goes... (S)(R) **11.35** Killing Eve (S)(R)(AD) **12.15am** Room 101 – Extra Storage (S)(R) **12.55-6.00am** BBC News (S)

BBC2

SCOTLAND
Sky **970**, Freesat **970**
No variations

N. IRELAND
Sky **972**, Freesat **969**
No variations

WALES
Sky **971**, Freesat **971**
No variations

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Heno **12.30** Cyfres Triathlon Cymru **1.00** Prynhawn Da **1.55** Newyddion S4C a'r Tywydd **2.00 LIVE** Seiclo: Le Tour de France **4.15** Da 'Di Dona **4.25** Bach a Mawr **4.35** Stiw **4.45** Deian a Loli **5.00** Stwnsh: Ffeil **5.05** Stwnsh: Mwy o Mwfs: MOM **5.25** Stwnsh: Cath-Od **5.35** Stwnsh: Larfa **5.40** Stwnsh: Crwbanod Ninja **6.00** Newyddion S4C a'r Tywydd **6.05** Arfordir Cymru: Sir Benfro (AD) **6.30** Garddio a Mwy **7.00** Heno **8.00** Pobol y Cwm (AD) **8.25** Codi Pac **9.00** Newyddion 9 a'r Tywydd **9.30** Seiclo: Le Tour de France **10.00** Straeon Tafarn (AD) **10.30-11.35pm** Lorient '18

TV&Satellite week
New issue on sale now

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **World News Today** Followed by **Weather**
7.30 **Top of the Pops: 1988** Featuring performances by Bros, Heart, Erasure, Sinitta and Kylie Minogue.
8.00 **Top of the Pops 1987: Big Hits** A celebration of the biggest songs from 1987, with performances by Rick Astley, Whitney Houston, T'Pau and Mel & Kim.
9.00 **NEW Classic Album: The Crickets – The 'Chirping' Crickets** The story of the first album by Buddy Holly and The Crickets.
10.00 **Roy Orbison: One of the Lonely Ones** Biography of the singer and musician.
11.00 **Roy Orbison and Friends: A Black and White Night**
12.00 M'T **Top of the Pops: 1988**
12.30 AM **Top of the Pops 1987: Big Hits** As 8.00pm.
1.30 **Classic Album: The Crickets – The 'Chirping' Crickets** As shown at 9pm.
2.30 **to 3.30** AM **Indie Classics at the BBC**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **A Place in the Sun: Home or Away** Double bill.
11.00 **Escape to the Chateau: DIY** The singles night arrives.
12.05 PM **Find It, Fix It, Flog It**
1.10 **Four in a Bed** Five editions.
3.50 **Kirstie and Phil's Love It or List It** In central London.
4.50 **Love It or List It Australia SERIES FINALE** In Sydney.
5.55 **The Secret Life of the Zoo** A giraffe gives birth.
6.55 **The Supervet** Noel Fitzpatrick and his team fight to save a golden retriever's leg.
7.55 **Great Canal Journeys** Timothy West and Prunella Scales explore the islands of Scotland's coast.
9.00 **Code 37: Sex Crimes NEW EPISODE** *Carwash:* 9/13. A masked man has been prowling around the city, car-jacking and sexually assaulting women, and two of his victims identify Kevin as the culprit. Subtitled. (S2)
10.10 **24 Hours in A&E** A 58-year-old woman is brought in to the hospital after being run over by a lorry.
11.15 **24 Hours in A&E** A man is involved in a high-speed road traffic collision.
12.15 AM **Ramsay's Kitchen Nightmares USA**
1.10 **The Supervet**
2.15 **The Secret Life of the Zoo**
3.20 **to 4.00** AM **8 Out of 10 Cats Uncut**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **The Funniest Animals**
6.20 **Judge Rinder**
7.10 **Dinner Date**
8.00 **Emmerdale**
9.00 **You've Been Framed!**
9.25 **Ellen DeGeneres Show**
10.25 **Superstore**
11.15 **Dress to Impress**
12.10 PM **Emmerdale**
1.15 **You've Been Framed!**
1.45 **Ellen DeGeneres Show**
2.40 **Dinner Date**
3.40 **Dress to Impress**
4.40 **Take Me Out**
6.00 **You've Been Framed! Gold** Triple bill.
8.00 **Two and a Half Men** 12/16. Alan finds himself juggling two women again. **8.30** 13/16. Lyndsey asks Alan to move in. (S12)
9.00 **Love Island NEW EDITION** Relationship-based reality show.
10.05 **Celebrity Juice** With guests David Guetta, Charlotte Hawkins, Jimmy Carr and Johnny Vegas.
10.50 **Family Guy** *Lois Comes out of Her Shell:* 6/22. Lois decides to turn her life around by adopting a younger lifestyle. (S11)
11.20 **Family Guy** *Viewer Mail 2:* 23/23. Stories inspired by viewers' letters. (S10)
11.50 **American Dad!** Double bill of the comedy. (S4)
12.45 AM **Two and a Half Men**
1.45 **to 2.10** AM **Superstore**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **How I Met Your Mother**
8.00 **Young & Hungry**
9.00 **Melissa & Joey**
10.00 **The Big Bang Theory**
11.00 **Brooklyn Nine-Nine**
12.00 NOON **Young Sheldon**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Brooklyn Nine-Nine**
4.00 **Black-ish**
5.00 **Young Sheldon**
6.00 **The Big Bang Theory** 6&7/24. Double bill. (S4)
7.00 **Hollyoaks**
7.30 **Black-ish** 20/24. Dre's sister pays a visit. (S3)
8.00 **The Big Bang Theory** 20/24. Sheldon pushes himself to the limit when he commits to two projects. **8.30** 21/24. Howard and Bernadette struggle when Halley starts nursery. (S10)
9.00 **FILM The Maze Runner** Sci-fi adventure starring Dylan O'Brien. (2014, 12, 110min) ★★★
11.15 **Rick and Morty NEW EPISODE**
11.50 **The Eric Andre Show NEW EPISODES**
12.25 AM **Rick and Morty**
12.55 **The Big Bang Theory**
1.55 **Brooklyn Nine-Nine**
2.45 **8 Out of 10 Cats**
3.30 **The Big Bang Theory**
4.10 **Brooklyn Nine-Nine**
4.55 **to 6.00** AM **How I Met Your Mother**

+1 hour 235 | 146 | 28 | 123

Friday primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

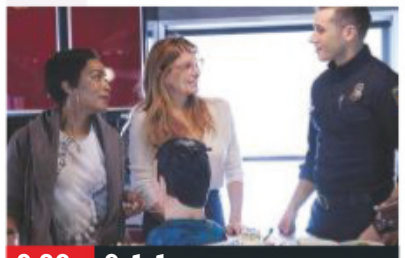
FRIDAY Entertainment

Friday

Sky Witness

107 107 807 112 111

6.00 AM **Motorway Patrol**
7.00 **Stop, Search, Seize**
8.00 **Nothing to Declare**
9.00 **Criminal Minds** 11/23. (S2)
10.00 **CSI** 19/23. (S10)
11.00 **Elementary** 20/21. (S6)
12.00 NOON **Brit Cops: Frontline Crime UK**
1.00 PM **Sun, Sea and A&E**
2.00 **Motorway Patrol**
3.00 **Road Wars**
4.00 **Nothing to Declare**
5.00 **Stop, Search, Seize** The work of Ireland's border force.



9.00 9-1-1

7 PM

6.00 My Kitchen Rules: Australia NEW EDITION There are plenty of surprises in store as fans of the show play host.

8 PM

8.00 Criminal Minds *True Night:* 10/20. A comic-book artist gets involved in gang warfare. Guest stars Frankie Muniz. (S3)

9 PM

9.00 9-1-1 *Heartbreaker:* 6/10. On Valentine's Day, a marriage proposal goes awry – with dangerous consequences. (S1)

10 PM

10.00 Instinct *Pilot:* 1/13. A CIA officer now working as a professor is lured back into his old life to help find a serial killer. (S1)

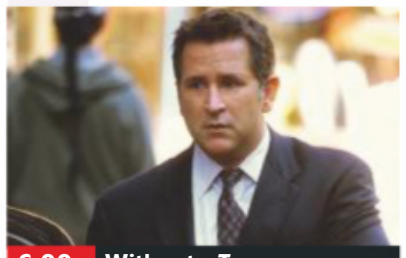
11.00 **Instinct** 2/13. (S6)
12.00 M'T **Criminal Minds** 1/24. (S6)
1.00 AM **Brit Cops: Frontline Crime UK**
2.00 **Blue Bloods** 16/22. (S9)
3.00 **Chicago Fire** 20/22. (S5)
4.00 **Road Wars**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 140

Sky Atlantic

108 108 808

6.00 AM **The Guest Wing**
7.00 **Richard E Grant's Hotel Secrets** Ireland's best hotels.
8.00 **The British**
9.00 **Discovering: Charlton Heston** Profile of the actor.
10.00 **The West Wing** (S2)
12.00 NOON **Without a Trace** (S1)
2.00 PM **Blue Bloods** 12/22. (S4)
3.00 **The West Wing** (S2)
5.00 **Without a Trace** 5/23. The team search for a missing boy. **6.00** 6/23. A businessman disappears shortly after checking in for a flight. (S1)



6.00 Without a Trace

7.00 CSI *Bull:* 11/17. Grissom and Willows investigate two deaths at the Las Vegas bull riding championships. (S8)

8.00 Blue Bloods *Unfinished Business:* 13/22. Danny searches for a former US Marine who is displaying symptoms of PTSD. (S4)

9.00 True Detective *The Long Bright Dark:* 1/8. Crime drama spanning 17 years and centring on two detectives' hunt for a killer in Louisiana in 1995. **10.15** *Seeing Things:* 2/8. Hart and Cohle get a lead that takes them to a trailer-park brothel. (S1)

11.30 **True Detective** 3&4/8. (S1)
1.50 AM **Our Cartoon President NEW EPISODE** 9/10. Donald Trump and Ben Shapiro lead an equal rights movement. (S2)
2.25 **Deadwood** 11/12. (S2)
3.30 **Yesterday: Special**
4.00 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.15 AM **The Piglet Files**
8.05 **A Sharp Intake of Breath**
8.40 **The Green Green Grass**
9.15 **You Rang, M'Lord?**
10.20 **Last of the Summer Wine**
12.20 PM **Keeping Up Appearances**
1.00 **The Green Green Grass**
1.35 **Are You Being Served?**
2.15 **Open All Hours**
3.00 **Only Fools and Horses**
3.40 **Last of the Summer Wine**
5.40 **Are You Being Served?**
6.20 **Keeping Up Appearances**

7.40 Open All Hours

7.00 Miranda Gary prepares for the grand reopening of the restaurant.
7.40 Open All Hours Nurse Gladys Emmanuel persuades Arkwright to buy himself a new suit.
8.20 Only Fools and Horses Rodney joins the residents' committee.
9.00 Miranda A fed up Miranda packs her bags to go travelling.
9.35 Mrs Brown's Boys Cathy's new partner seems more interested in her mother. **10.15** Agnes begins to fear her family are planning to send her to a nursing home.

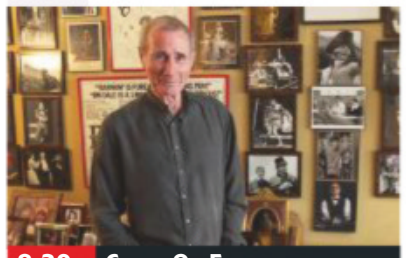
11.00 **Mrs Brown's Boys**
11.40 **Two Pints of Lager...**
12.20 AM **Citizen Khan**
1.40 **Smack the Pony**
2.10 **Two Pints of Lager...**
2.40 **A Sharp Intake of Breath**
3.10 **to 4.00** AM **Harry Hill's TV Burp**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Love Your Garden**
6.50 **Heartbeat**
7.50 **Murder, She Wrote**
8.45 **On the Buses**
9.50 **George and Mildred**
10.20 **Agatha Christie's Marple**
12.25 PM **Heartbeat**
1.30 **LIVE ITV Racing: From Newmarket** The second day of the July Festival.
4.00 **Agatha Christie's Marple**
6.00 **Downton Abbey** 5/7. As the village prepares for the annual flower show, Isobel and Violet are in conflict. (S1)



8.30 Carry On Forever

7.00 Murder, She Wrote *Deadly Assets:* Jessica finds herself mixed up with dodgy detective Charlie Garrett.
8.00 Paul O'Grady: For the Love of Dogs Two Cavalier King Charles spaniels need surgery.
8.30 Carry On Forever 1/3. Martin Clunes narrates the story of the comedy franchise, beginning with a look at its origins. **9.30** 2/3. A look at the golden age of the comedy franchise in the mid to late 1960s. **10.30** 3/3. How the franchise went into the 1970s on top form.

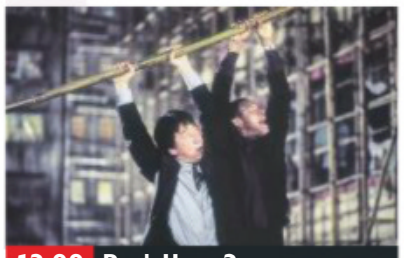
11.30 **Foyle's War**
1.35 AM **FILM Chicago** Oscar-winning screen version of the hit Broadway musical, starring Renée Zellweger. (2002, 12, 112min) ★★★★
3.30 **Honest** (S1)
4.15 **to 5.50** AM **Road to Avonlea**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Nijinsky's Triple Crown**
6.05 **The Chase**
6.55 **The Professionals**
7.55 **Kojak**
9.00 **Tour de France Highlights**
10.00 **LIVE Tour de France** Gary Imlach presents coverage of stage seven of the most prestigious race on the calendar, featuring a flat 230km course from Belfort to Chalon-sur-Saone.
4.30 PM **River Monsters**
4.55 **The Professionals**
5.55 **The Sweeney**



12.00 Rush Hour 2

7.00 Tour de France Highlights Action from stage seven, a 230km course from Belfort to Chalon-sur-Saone.
8.00 LIVE World Series of Darts: Germany Jacqui Oatley presents coverage of the opening day from Lanxess Arena in Cologne, featuring all eight first-round matches. With commentary by Stuart Pyke, and analysis from Alan Warriner-Little and Chris Mason.

12.00 M'T **FILM Rush Hour 2** Action comedy sequel starring Jackie Chan and Chris Tucker. A Hong Kong cop and an LAPD detective pursue a deadly gang of Triad counterfeiters. (2001, 12, 90min) ★★★
1.55 **to 2.45** AM **Kojak**

+1 hour 220 175 154

Sky Two

151 121

6.00 AM **The Biggest Loser: Australia** Double bill.
8.00 **60 Minute Makeover**
10.00 **My Kitchen Rules: Australia** Double bill.
12.30 PM **Monkey Business**
1.00 **The Dog Whisperer**
2.00 **Haven** 18/26. (S5)
3.00 **Relic Hunter** (S2)
4.00 **Ninja Warrior Women Tournament**
6.00 **Stargate SG-1** (S1)
7.00 **Stargate SG-1** *Politics:* 21/22. (S1)
8.00 **Duck Quacks Don't Echo** Series highlights.
9.00 **Ross Kemp: Extreme World** Ross visits Northern Ireland. **10.00** In Lebanon.
11.00 **The Force: Manchester**
12.00 M'T **Agatha Raisin**
1.00 AM **Agatha Raisin**
2.00 **Police Ten 7**
3.00 **Duck Quacks Don't Echo** As 8.00pm.
4.00 **Monkey Business**
5.00 **to 6.00** AM **The Dog Whisperer**

Pick

152 123 11 144

6.00 AM **Nothing to Declare**
7.00 **Border Patrol**
8.00 **Highway Patrol**
9.00 **Motorway Patrol**
10.00 **Police Ten 7**
11.00 **Police Force: Australia**
12.00 NOON **Road Wars**
1.00 PM **Air Ambulance ER**
2.00 **America's Front Line**
3.00 **Nothing to Declare**
4.00 **America's Front Line**
5.00 **Without a Trace** (S7)
6.00 **Supergirl** 10/22. (S2)
7.00 **The Flash** 7/23. (S3)
8.00 **Lost Girl** 7/16. (S5)
9.00 **Britain's Most Evil Killers** Stefano Brizzi.
10.00 **Hawaii Five-0** (S7)
11.00 **NCIS: Los Angeles** (S6)
12.00 M'T **Banged Up Abroad**
1.00 AM **Frontline Crime UK**
2.00 **Road Wars**
3.00 **America's Front Line**
4.00 **Highway Patrol**
4.30 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 252 92 145

Dave

111 111 811 127 227 19 157

7.10 AM **MegaTruckers**
8.00 **American Pickers**
9.00 **Storage Hunters**
10.00 **American Pickers**
1.00 PM **World's Most Dangerous Roads**
2.00 **Sin City Motors**
3.00 **Timber Kings**
4.00 **Jay Leno's Garage**
5.00 **Top Gear** Double bill.
7.00 **Have I Got a Bit More Old News for You**
8.00 **QI XL** With guests Liza Tarbuck, Susan Calman and Sandi Toksvig.
9.00 **Live at the Apollo**
10.00 **FILM Reservoir Dogs** Thriller starring Harvey Keitel, Michael Madsen and Tim Roth. (1991, 18, 100min) ★★★★
12.10 AM **Mock the Week**
12.50 **Have I Got a Bit More Old News for You**
1.50 **Mock the Week**
3.05 **Would I Lie to You?**
3.40 **to 4.00** AM **The Indestructibles**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Middle** (S3)
10.00 **My Name Is Earl** (S4)
11.00 **Friends** (S7)
1.00 PM **Friends** (S8)
4.00 **My Name Is Earl** (S4)
5.00 **Friends** Eight episodes of the sitcom. (S8)
9.00 **Russell Howard's Good News** The comedian's perspective on the news.
10.00 **Desiree Burch: Comedy Central Live SERIES FINALE** 9/9. A stand-up performance by the comedian.
10.30 **The Ricky Gervais Show** 9&10/13. (S1)
11.30 **South Park** (S10&11)
12.30 AM **Nathan for You NEW EPISODE** 5/7. Nathan teaches an international exporter how to ship smoke alarms tax-free. (S4)
1.00 **South Park** (S9)
3.30 **My Name Is Earl** (S4)
4.15 **to 5.00** AM **Impractical Jokers: Inside Jokes**

+1 hour 212 133

ITV Be

131 119 179 26 118

9.00 AM **LittleBe**
12.00 NOON **Income Property**
12.25 PM **The Real Housewives of Atlanta**
1.20 **Million Dollar Listing: LA**
2.20 **Little Women: LA**
3.10 **The Real Housewives of New Jersey**
4.05 **The Real Housewives of Beverly Hills**
6.00 **Buying and Selling** A recently widowed woman seeks a cosy downtown property. **7.00** A couple keen to move downtown.
8.00 **Dinner Date** James from Brighton chooses three blind dates from five potential partners.
9.00 **FILM Bridget Jones's Diary** Romantic comedy starring Renée Zellweger. (2001, 15, 96min) ★★★★
11.05 **Kendra on Top**
11.55 PM **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120 119

True Ent

179 189 48 142

6.00 AM **The Waltons**
8.00 **Touched by an Angel**
10.00 **Highway to Heaven**
1.00 PM **The Agatha Christie Hour** 8/10. (S1)
2.00 **Agatha Christie's Partners in Crime** (S1)
3.00 **Rumpole of the Bailey**
4.00 **Murder, She Wrote**
6.00 **Tenko** 10/10. Unrest spreads through the camp. (S2)
7.00 **M*A*S*H** Four episodes of the comedy. (S2)
9.00 **Taggart** *Cause and Effect:* A woman from the Clydeside sailing fraternity is murdered. **10.30** *A Taste of Money:* An unpopular restaurant critic is found murdered and ceremonially mutilated in his kitchen.
12.00 M'T **Tenko** As 6.00pm.
1.00 AM **M*A*S*H** (S1)
2.00 **Rumpole of the Bailey**
3.00 **The New Avengers**
4.00 **to 6.00** AM **Due South**

+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 226 | 312 382

7.10 AM **Murdoch Mysteries** (S7)
9.00 **Inspector George Gently**
11.00 **Motive** 8/13. (S1)
12.00 NOON **Miss Fisher's Murder Mysteries** 8/13. (S1)
1.00 PM **Father Brown** As 10pm.
2.00 **Murdoch Mysteries** (S11)
4.00 **Rizzoli & Isles** 4/18. The team investigate a murder in a fallout shelter. **5.00** 5/18. A woman with cancer is murdered. (S5)
6.00 **The Guardian** 10/22. Burton faces a flurry of possible defections from the firm. (S1)

6.00 The Guardian

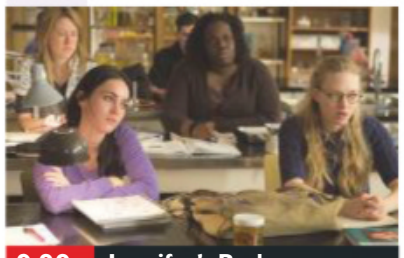
7.00 **Unforgettable** *The Haircut:* 3/13. A young reporter is killed after breaking a big story about a sex scandal. (S3)
8.00 **Miss Fisher's Murder Mysteries** *Queen of the Flowers:* 9/13. Phryne is asked to teach some girls how to be ladylike. (S1)
9.00 **Death in Paradise** 7/8. The team, headed up by new detective inspector Jack Mooney, reopen a seven-year-old case. (S6)
10.00 **Father Brown** *The Smallest of Things:* The sleuth investigates the macabre world of doll's house crime scenes.
11.00 **Rush** 7/22. Two teenagers blow up a series of parking pay stations. (S2)
12.00 M'T **Unforgettable** 13/13. Carrie investigates a murder at her school reunion. (S2)
1.00 AM **Inspector George Gently**
3.00 **to 4.00** AM **Motive**

+1 hour 232 191

Syfy

114 114 814 | 135 165 | 319 375

6.00 AM **Star Trek: Voyager** (S1)
8.00 **Teleshopping**
11.00 **Atlantis** (S2)
12.00 NOON **FILM San Andreas: Mega Eruption** Disaster drama. (2017, PG, 99min) ★★
2.00 PM **The Outpost** 10/10. (S1)
3.00 **Stargate Atlantis** 9/20. (S1)
4.00 **Star Trek: Voyager** 6/26. The crew are fooled by a devious Ferengi plan. (S7) **5.00** 7/26. The crew are held captive. (S7)
6.00 **Star Trek: The Next Generation** 1/22. (S2)


9.00 Jennifer's Body

7.00 **Star Trek: The Next Generation** *Where Silence Has Lease:* 2/22. Picard decides to destroy the *Enterprise*. (S2)
8.00 **Stargate Atlantis** *The Storm:* 10/20. Part one of two. As a hurricane bears down on the city, the inhabitants evacuate. (S1)
9.00 **FILM Jennifer's Body** Darkly comic high-school horror with Megan Fox and Amanda Seyfried. A mousy teenager realises that her teen queen best friend has turned into an evil, man-eating demon. (2009, 15, 102min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 **FILM Let Me In** Thriller. (2010, 15, 116min) ★★★★
1.30 AM **Star Trek: The Next Generation** Double bill. (S7)
3.30 **The Captains Close Up** (S1)
4.00 **to 6.00** AM **FILM Doomsday Device** Sci-fi action thriller. (2017, PG, 120min) ★★

+1 hour 214 136

W

109 109 809 | 125 211 | 311 383

6.15 AM **My Dream Home: Brother v Brother**
7.00 **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Supernanny US**
12.00 NOON **Tipping Point**
2.00 PM **My Dream Home**
4.00 **Flip or Flop** Renovating a mid-century modern home in Long Beach, California. **4.30** Tarek and Christina buy a trust sale home in need of work in Buena Park, California.
5.00 **Tipping Point** Double bill.

9.00 Bride Wars

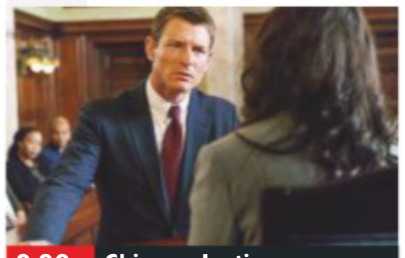
7.00 **My Dream Home** Drew and Jonathan Scott help Beatriz and Brandon to escape their cramped condo.
8.00 **Inside the Ambulance** A young man has a seizure, and a police officer is involved in a car accident.
9.00 **FILM Bride Wars** Wedding comedy starring Kate Hudson and Anne Hathaway. (2009, 12, 85min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
10.50 **Emily Atack: Adulting** 3/4. Whether finding love could be the answer to Emily's problems.
11.50 **One Born Every Minute** A father-to-be cannot be contacted as his girlfriend's labour progresses.
12.50 AM **The Davina Hour** What friendship really means.
1.40 **Secrets and Lies** 10/10. (S2)
2.25 **to 3.00** AM **Flip or Flop**

+1 hour 209 190

Universal

113 113 813 | 137 164 | 320 385

8.00 AM **Sea Patrol** 3/16. (S4)
9.00 **Murder She Solved: True Crime**
10.00 **Murder in Paradise**
11.00 **CSI: Miami** As 12.00m't.
12.00 NOON **Law & Order** (S19)
1.00 PM **Law & Order** (S19)
4.00 **NCIS** 21/24. A navy lieutenant is found dead at the Pentagon. **5.00** 22/24. Tony's one-time Baltimore PD partner is killed. **6.00** 23/24. New evidence reveals the serial killer is planning to murder a member of the NCIS team. (S8)


9.00 Chicago Justice

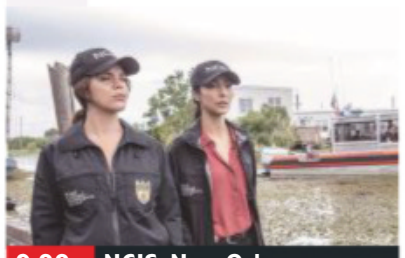
7.00 **NCIS** *Pyramid:* 24/24. Gibbs and the team identify the man they believe to be the port-to-port killer. (S8)
8.00 **Major Crimes** *Sanctuary City – Part Two:* 2/13. The squad come under threat from the FBI while looking for the missing boys. (S6)
9.00 **Chicago Justice** *Double Helix:* 7/13. A high-profile double murder appears to be the work of an imprisoned serial killer.
10.00 **Chicago Justice** *Lily's Law:* 8/13. Stone is forced to test how far the law can stretch by a case involving the death of a juror. (S1)
11.00 **Law & Order: Special Victims Unit** 7/24. A photograph of a murder scene is leaked online. (S11)
12.00 M'T **CSI: Miami** 9/25. (S4)
1.00 AM **NCIS** As 5pm & 6pm.
3.00 **Chicago Justice** As 10.00pm.
4.00 **to 5.00** AM **Sea Patrol**

+1 hour 213 138

FOX

124 124 821 | 157 199

8.00 AM **Monk** 12/16. (S6)
9.00 **Bones** 5/13. (S7)
10.00 **Bull** 12/23. (S1)
11.00 **NCIS** 17/24. (S14)
12.00 NOON **Bones** (S7)
2.00 PM **The Mentalist** 9/22. (S6)
3.00 **NCIS** 18/24. (S14)
4.00 **Bull** 13/23. (S1)
5.00 **Bones** 8/13. Brennan struggles to adjust when she returns to work following the birth of her baby. (S7)
6.00 **The Mentalist** 10/22. Jane helps the FBI find a missing computer programmer. (S6)


9.00 NCIS: New Orleans

7.00 **NCIS** *The Wall:* 19/24. A US Marine is killed while working with a group that helps ex-soldiers visit war memorials.
8.00 **NCIS** *A Bowl of Cherries:* 20/24. A vice-admiral becomes the target of a malicious hacker. With Bruce Boxleitner. (S14)
9.00 **NCIS: New Orleans** **NEW EPISODE** *Legacy:* 4/24. A petty officer is found murdered under a shrimping boat. (S5)
10.00 **L.A.'s Finest** 1/13. Police drama, a spin-off of the *Bad Boys* films. Stars Gabrielle Union and Jessica Alba. (S1)
11.00 **American Dad!** 14/18. Roger joins a police academy. **11.30** 15/18. (S6)
12.00 M'T **Family Guy** (S1&2)
1.00 AM **American Dad!** (S6)
2.00 **Family Guy** (S1)
3.00 **American Dad!** (S6)
4.00 **to 5.00** AM **Monk**

+1 hour 224 158

7 PM | 8 PM | 9 PM | 10 PM

E!

123 123 834 | 156 | 321 386

7.00 AM **News**
8.00 **Keeping Up with the Kardashians**
10.00 **Big Rich Texas**
11.00 **News: Daily Pop**
12.00 NOON **Life of Kylie**
1.00 PM **Keeping Up with the Kardashians**
3.00 **Kourtney & Kim Take New York**
4.00 **Botched**
5.00 **Keeping Up with the Kardashians**
7.00 **News** Showbiz news.
8.00 **Relatively Nat & Liv**
9.00 **Keeping Up with the Kardashians** Kim and Kourtney take Khloe on a getaway to help her cope with the news.
10.00 **Botched**
11.00 **Revenge Body with Khloe Kardashian**
12.00 M'T **Very Cavallari**
1.00 AM **Botched by Nature**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **News**

Sky Arts

122 122 820 | 122 206

6.00 AM **Music for Mercy**
7.00 **Royal Ballet**
9.00 **Tales of the Unexpected**
10.00 **Trailblazers: Dance**
11.00 **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **Bafta: Life in Pictures**
3.00 **Christian Dior: Designer of Dreams**
4.00 **The Directors**
5.00 **Discovering**
7.00 **Classic Albums**
8.00 **Discovering: Blur**
8.30 **Video Killed the Radio Star** Oasis videos.
9.00 **FILM Pulp: A Film About Life, Death & Supermarkets** Documentary. (2014, 12, 88min) ★★★
10.45 **Manic Street Preachers: Escape from History**
12.25 AM **The Cure: Trilogy Live in Berlin**
1.45 **Babymetal: Live at Wembley**
4.00 **to 6.00** AM **Discovering**

4seven

137 143 203 | 47 110 | 127

9.00 AM **Couples Come Dine with Me**
10.00 **Posh Pawnbrokers**
11.00 **A Place in the Sun**
12.00 NOON **Coast vs Country**
1.00 PM **Kirstie's Celebrity Craft Masters**
2.00 **A Place in the Sun**
3.00 **Everybody Loves Raymond** (S1)
4.00 **Frasier** (S5)
5.00 **Undercover Boss USA**
6.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Supervet: Noel Fitzpatrick**
9.00 **24 Hours in A&E** Three boys are admitted for very different reasons.
10.00 **8 Out of 10 Cats Does Countdown**
11.05 **Celebrity Gogglebox**
12.10 AM **Generation Porn**
1.15 **Celebrity Crystal Maze**
2.20 **The Restoration Man: Best Builds**
3.25 **Escape to the Chateau**
4.25 **to 4.55** AM **Extreme Cake Makers**

5USA

141/169 153 | 21 | 129

9.00 AM **Catch a Contractor**
9.20 **Remington Steele** (S3)
10.10 **CSI: NY** 21/25. (S5)
11.10 **Rookie Blue** 12/13. (S4)
12.05 PM **Castle** 11/23. (S6)
1.05 **Law & Order** (S16)
3.00 **Murder, She Wrote**
6.05 **Law & Order** (S16)
8.00 **NCIS** *The Lost Boys:* 23/24. The team aids in a global investigation into an international terror group. (S12)
9.00 **Perception** *Obsession:* 14/14. Pierce's mental stability is questioned as he is accused of stalking his ex-girlfriend, putting his job on the line. (S2)
10.00 **Law & Order: Special Victims Unit** (S5)
11.55 **Law & Order** (S8)
12.55 AM **Law & Order: Los Angeles** 10/22. (S1)
1.55 **CSI: NY** 18/25. (S5)
2.50 **Castle** 17/23. (S6)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 | 30 | 131

8.00 AM **My Wife and Kids**
8.25 **Smallville** 16/21. (S1)
9.10 **Dance Moms**
11.05 **My Wife and Kids**
12.05 PM **Two and a Half Men** (S3&6)
2.00 **Last Man Standing**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **My Wife and Kids**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Two and a Half Men**
8.00 **Can't Pay? We'll Take It Away!** The officers evict a couple who owe five months' rent.
9.00 **FILM The Equalizer** Action thriller based on the 1980s TV series, starring Denzel Washington. (2014, 15, 154min) ★★★
11.40 **Impact Wrestling**
1.40 AM **The Magicians** (S1)
2.35 **Empire** 11/18. (S5)
3.25 **Two and a Half Men**
3.50 **to 4.00** AM **Access**

+1 hour 228 186 56

Drama

143 130 | 20 | 158

7.10 AM **Boon**
8.00 **Soldier, Soldier**
10.00 **Classic Holby City**
11.00 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **The Brokenwood Mysteries** 1/4. (S2)
4.20 **Auf Wiedersehen, Pet**
5.20 **Birds of a Feather**
6.00 **'Allo 'Allo!**
6.40 **As Time Goes By**
7.20 **Last of the Summer Wine** Compo is having difficulty coming to terms with being less agile.
8.00 **The Coroner** 10/10. Jane tries to find out who left a teenage girl to die after a car crash. (S2)
9.00 **Father Brown** *The Crimson Feather:* Mrs McCarthy's goddaughter goes missing.
10.00 **Silent Witness** *Flight:* A prominent anti-fundamentalist Muslim is murdered.
12.30 AM **Ashes to Ashes**
1.50 **to 4.00** AM **The White Queen**

FRIDAY Entertainment & Lifestyle

Friday

AMC

186 186 840 332 381

Programmes start at 1pm.

1.00 PM **Mad Men** (S4)
2.00 **Law & Order** (S3)
3.00 **FILM Emperor** Drama. (2012, 12, 103min) ★★
5.00 **Mad Men** (S4)
6.00 **Law & Order** (S3)
7.00 **FILM Fair Game** Fact-based espionage thriller. (2010, 12, 107min) ★★★★
9.00 **Fear the Walking Dead** *The Little Prince:* Luciana and the group work together on an impossible task. (S5)
10.00 **Feed the Beast** Crime drama starring David Schwimmer. (S1)
11.55 **Better Call Saul** (S3)
12.50 AM **Snatch** (S1)
1.40 **Fear the Walking Dead**
2.35 **Better Call Saul** (S3)
3.30 **Mad Men** (S4)
4.25 **to 5.30** AM **Law & Order**

CBS Drama

147 197 71 134

9.00 AM **Medium** (S4)
10.00 **ER** 7/22. (S4)
11.00 **The Love Boat** (S7)
12.00 NOON **Judge Judy**
1.00 PM **The High Chaparral**
3.00 **Walker, Texas Ranger**
4.00 **Unsolved Mysteries**
6.00 **The Love Boat** (S7)
7.00 **CSI: Miami** *Hell Night:* 6/24. A baseball player is charged with killing his wife. (S3)
8.00 **Judge Judy**
9.00 **Medium** *Wicked Game – Part One:* 9/16. Allison uncovers secrets from Cynthia's past. (S4)
10.00 **CSI: Miami** *Speed Kills:* 8/24. Horatio and Tripp investigate a murder by bludgeoning. (S3)
11.00 **The Love Boat** (S7)
12.00 M'T **Judge Judy**
1.00 AM **ER** 8/22. (S4)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Diagnosis Murder** (S6)
5.00 **to 6.00** AM **Walker, Texas Ranger**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Matlock** (S3)
12.00 NOON **Perry Mason**
1.05 PM **JAG** 14/15. (S2)
2.05 **CSI: Miami** (S3)
3.00 **NCIS** 16/24. (S4)
4.00 **CSI: NY** 11/23. (S1)
5.00 **Matlock** (S3)
6.00 **Perry Mason** (S6)
7.05 **NCIS** *Defiance:* 15/24. The team protect the daughter of a foreign defence secretary. (S8)
8.00 **Walker, Texas Ranger** *Crime Wave Dave:* 8/28. Walker tackles a corrupt parole officer. (S1)
9.00 **NCIS** *Double Back:* 13/24. (S11)
10.00 **CSI: NY** 12/23. (S1)
11.00 **NCIS** 16/24. (S8)
12.00 M'T **CSI: Miami** (S3)
1.00 AM **NCIS** As 9.00pm.
2.00 **Gunsmoke** (S18)
3.05 **Bonanza** (S12)
4.00 **Walker, Texas Ranger**
4.50 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A series of robberies in Florida leads to murder. **7.30** Detectives question some dated forensic techniques.
8.00 **Donal MacIntyre's Murder Files** The case of Nigel Bacon.
9.00 **Cold Blood** The search for the killer who murdered John and Nancy Bosco.
10.00 **Murder By the Sea** Serial killer John Cooper.
11.00 **It Takes a Killer**
12.00 M'T **Wives with Knives**
1.00 AM **Cold Blood**
2.00 **Murder By the Sea**
3.00 **Beyond Scared Straight**
3.45 **Beyond Belief: Fact or Fiction?**
4.40 **Unsolved Mysteries**
5.30 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

145 139 46 146

6.00 AM **Catchphrase**
7.00 **Family Fortunes**
8.00 **Dale's Supermarket Sweep** Double bill.
9.00 **The Chase**
10.00 **Bruce's Price Is Right**
11.00 **Blockbusters**
12.00 NOON **Wheel of Fortune** Game show.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **The Chase**
4.00 **Bullseye**
6.00 **The Cube: Celebrity Special**
7.00 **Pointless** Quiz show.
8.00 **The Chase** Quiz show.
10.00 **Who Wants to Be a Millionaire? Celebrity Special – Part One** With Ricky Tomlinson.
11.00 **Bullseye**
12.30 AM **Bullseye**
1.00 **The Chase**
4.00 **The Chase USA**
5.00 **to 6.00** AM **Golden Balls**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Impractical Jokers: Inside Jokes**
7.00 **Teleshopping**
9.00 **Friends** (S8)
11.00 **The Middle** (S4)
1.00 PM **My Name Is Earl**
2.00 **Wipeout USA**
4.00 **Impractical Jokers: Inside Jokes**
5.00 **Fresh Prince of Bel Air**
7.00 **Most Ridiculous**
8.00 **Impractical Jokers**
10.00 **Friends** (S8)
11.00 **Tosh.0 NEW EDITION**
11.30 **Trevor Noah: African American**
12.30 AM **Russell Howard's Stand Up Central**
1.30 **Trevor Noah: African American**
2.30 **Nathan for You** (S3)
3.00 **Trevor Noah: African American**
3.50 **Impractical Jokers**
4.30 **Wipeout USA**
5.15 **to 6.00** AM **Impractical Jokers**

+1 hour 227

Food Network

172 291 41 148

6.00 AM **Giada at Home**
6.50 **Giada In Italy**
9.00 **Jamie at Home**
11.00 **The Pioneer Woman**
1.00 PM **Diners, Drive-Ins, And Dives**
4.30 **Girl Meets Farm NEW EDITION**
5.00 **Barefoot Contessa – Back to Basics**
6.00 **Man Fire Food**
7.00 **The Pioneer Woman**
8.00 **Diners, Drive-Ins, And Dives NEW EDITION** Visits to a biscuit spot in Atlanta, and a creole joint in Los Angeles.
9.00 **Diners, Drive-Ins, And Dives** Double bill.
10.00 **Jamie Does Stockholm**
11.00 **Mystery Diners**
12.00 M'T **Diners, Drive-Ins, And Dives** Double bill.
1.00 AM **Restaurant: Impossible**
2.00 **to 3.00** AM **Mystery Diners**

+1 hour 272 149

Good Food

133 133 827 278 279 313 388

6.10 AM **Torode's Australia**
7.00 **Great British Menu**
8.00 **James Martin: Delicious**
9.00 **Bake Off Masterclass**
10.00 **Bikers' Best of British**
11.00 **Rick Stein's French Odyssey: Cabin Fever**
12.00 NOON **Hairy Bikers: Mums Know Best**
1.00 PM **Great British Menu**
2.00 **James Martin: Delicious**
3.00 **Bake Off Masterclass**
4.00 **Rick Stein's French Odyssey: Cabin Fever**
5.00 **Bikers' Best of British**
6.00 **Mums Know Best**
7.00 **James Martin: Delicious**
8.00 **Bake Off Masterclass**
9.00 **Rick Stein's French Odyssey: Cabin Fever**
10.00 **Great British Menu**
11.00 **Destination Flavour Singapore** Double bill.
12.00 M'T **James Martin: Delicious** Double bill.
1.00 AM **Tasty Weekends**
2.00 **to 6.10** AM **Highlights**

+1 hour 233 280

Lifetime

164 838 208 209 329 384

7.00 AM **Judge Judy**
1.00 PM **Judge Judy**
3.00 **Bring It!**
4.00 **Dance Moms**
5.00 **Pawn Stars**
6.00 **Judge Judy**
9.00 **On Trial: Grace vs Abrams** Re-examining the mysterious case of Chandra Levy, the young Federal Bureau of Prisons intern who disappeared in 2001.
10.00 **I Didn't Do It** Examining the case of Ray Krone, who was convicted of murder in 1991.
11.00 **Hardcore Pawn** Ashley smells cannabis smoke in the warehouse and tries to find the culprit. **11.30** Les has the opportunity to get his hands on goods that could change the store.
12.00 M'T **Pawn Stars**
1.00 AM **On Trial: Grace vs Abrams** As 9.00pm.
2.00 **to 4.00** AM **Judge Judy**

Paramount Network

153 188 187 54 132

9.00 AM **Access**
9.05 **The Office (US)** (S3)
9.35 **Gilmore Girls** (S3)
10.30 **Rosamunde Pilcher: Valentine's Kiss**
12.25 PM **FILM After All These Years** Mystery. (2013, PG, 100min) ★★
2.10 **FILM Amish Grace** Fact-based drama. (2010, PG, 88min) ★★★
4.00 **Suits** 7/16. (S2)
5.00 **The Office (US)** (S3)
6.00 **House** (S2)
7.55 **Access**
8.00 **Grimm** 12/22. (S4)
9.00 **FILM Les Misérables** Epic musical. (2012, 12, 154min) ★★★★
12.05 AM **FILM Staying Alive** Dance drama sequel. (1983, PG, 96min) ★
2.10 **The X-Files** (S7)
3.05 **Grimm** As 8.00pm.
3.50 **Marvel's Agent Carter**
4.35 **The Office (US)** (S3)
5.00 **Neighbours**
5.30 **to 6.00** AM **Home and Away**

Quest

144 144 172 217 12 114 167

6.00 AM **Lake Escapes**
6.20 **Robson Green: Ultimate Catch**
7.10 **Mighty Ships**
8.00 **Aussie Gold Hunters**
9.00 **Shed and Buried**
10.00 **Wheeler Dealers**
11.00 **Chasing Classic Cars**
12.00 NOON **Incredible Engineering Blunders**
1.00 PM **Aussie Gold Hunters**
2.00 **Deadliest Catch**
3.00 **Salvage Hunters**
5.00 **Airplane Repo**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters...**
9.00 **Finding Escobar's Millions**
10.00 **Treasure Quest: Snake Island**
11.00 **Great British Pub Quiz**
12.00 M'T **Wheeler Dealers**
1.00 AM **Chasing Classic Cars**
2.00 **Wheels That Fail**
3.00 **Destroyed in Seconds**
4.00 **to 6.00** AM **Highlights**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **Say Yes... Atlanta**
7.00 **Bondi Vet**
8.00 **Animal Cops Houston**
10.00 **Money for Nothing**
11.00 **Forensic Detectives**
12.00 NOON **Disappeared**
1.00 PM **Say Yes to the Dress: Bridesmaids**
2.00 **Say Yes to the Dress**
4.00 **Say Yes... Atlanta**
5.00 **Say Yes to the Dress**
6.00 **Salvage Hunters**
7.00 **Money for Nothing**
8.00 **My 600lb Life**
9.00 **Who Killed Jane Doe? NEW EDITION**
10.00 **Your Worst Nightmare NEW EDITION**
11.00 **FBI Files**
12.00 M'T **Forensic Detectives**
1.00 AM **Couples Who Kill**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops SF**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes...**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Homes Under the Hammer** In Durham.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Countryside 999**
11.00 **DIY SOS: The Big Build**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Fantasy Homes by the Sea** In Dorset.
3.00 **Homes Under the Hammer** In Cumbria.
4.00 **Most Haunted**
6.00 **Celebrity Road Trip**
7.00 **Antiques Road Trip**
9.00 **Ghost Adventures**
10.00 **NEW SERIES Unexplained: Caught on Camera**
11.00 **My Ghost Story: Caught on Camera**
12.00 M'T **The Scariest Night of My Life**
1.00 AM **Ghost Adventures**
2.00 **Teleshopping**
4.00 **Most Haunted**
4.50 **to 6.00** AM **Dr G: Medical Examiner**

Sony Crime

157 193 143

7.00 AM **Bizarre Murders**
8.00 **48 Hours: Mystery**
10.00 **Fatal Attraction**
11.00 **Body of Evidence**
1.00 PM **48 Hours: Mystery**
3.00 **Facing Evil**
4.00 **Fear Thy Neighbour**
5.00 **Fatal Attraction**
6.00 **Fatal Vows** A couple turn on each other.
7.00 **Bizarre Murders** Four editions, including at: **8.30** A teen disappears, then seemingly turns up in another country.
9.00 **Deadly Women** A woman who stabbed both her pre-school grandchildren. **10.00** Three teenage girls involved in the deaths of their parents.
11.00 **Fear Thy Neighbour**
12.00 M'T **Fatal Attraction**
1.00 AM **Deadly Women**
3.00 **to 4.00** AM **Body of Evidence**

+1 hour 257

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 **Benefits Britain**
10.00 **The Nightmare Neighbour Next Door**
11.00 **The Dog Rescuers**
12.00 NOON **Paddington Station 24/7**
1.00 PM **Inside St Paul's Cathedral**
2.00 **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet** (S2)
5.00 **The Dog Rescuers**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **HMS Belfast: WW2's Great Survivor**
10.00 **QE2: The World's Greatest Cruise Ship**
11.00 **QE2: Cruise Ship, Warship, Money Pit**
12.00 M'T **The Nightmare Neighbour Next Door**
1.00 AM **Britain's Gypsy Claimers**
2.00 **Warship: Life at Sea**
2.55 **to 4.00** AM **Striking Out**

5Spike

150 154 31 141

9.00 AM **Access**
9.10 **The A-Team**
11.20 **Police Interceptors**
12.20 PM **Can't Pay? We'll Take It Away!**
2.25 **FILM Hell Squad** World War Two drama. (1958, b/w, PG, 64min) ★★
3.55 **Traffic Cops Special – Carjacked**
5.00 **The A-Team** (S5)
7.00 **Police Interceptors**
8.00 **Traffic Cops: On the Edge** CS gas is used.
9.00 **Traffic Cops: On the Edge** Officers deal with alcohol-related offences.
10.00 **Snatch and Grab: Moped Gangs on the Rampage**
11.00 **Criminals On Camera**
12.00 M'T **Spartacus: Vengeance** (S3)
1.15 AM **Spartacus: War of the Damned** (S4)
2.20 **Criminals: On Camera**
2.55 **to 3.00** AM **Access**

+1 hour 250

TLC

140 140 831 167 168 323 377

6.00 AM **Say Yes... Atlanta**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... UK**
10.00 **90 Day Fiancé**
12.00 NOON **My 600lb Life**
2.00 PM **Nate & Jeremiah by Design**
3.00 **Good Bones**
4.00 **Say Yes... Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **Say Yes to the Dress: Lancashire**
9.00 **Say Yes... Atlanta**
10.00 **Say Yes to the Dress**
11.00 **90 Day Fiancé: What Now?**
12.00 M'T **Say Yes to the Dress: Lancashire**
1.00 AM **Say Yes to the Dress: Atlanta**
2.00 **Say Yes to the Dress**
3.00 **90 Day Fiancé: What Now?**
4.00 **to 6.00** AM **Nate & Jeremiah by Design**

+1 hour 240 169

Blaze

187 187 216 63 162

6.00 AM **Parking Wars**
7.00 **UFO Files**
8.00 **Alien Files: Unsealed**
9.00 **American Restoration**
10.00 **Cajun Pawn Stars**
11.00 **Pawn Stars**
12.00 NOON **Storage Wars: Texas** Double bill.
1.00 PM **Hardcore Pawn**
2.00 **Highway Thru Hell**
3.00 **Alien Files: Unsealed**
4.00 **UFO Files**
5.00 **Hardcore Pawn**
6.00 **Storage Wars: Texas**
7.00 **American Restoration** Including a slot machine and a cola cooler. **7.30** An antique safe.
8.00 **Pawn Stars**
9.00 **Flipping Bangers**
10.00 **Engineering Disasters**
12.00 M'T **Pawn Stars**
1.00 AM **Parking Wars**
2.00 **American Restoration**
3.00 **Billy the Exterminator**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Hardcore Pawn**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Gold Rush: White Water**
1.00 PM **Gold Rush: White Water** Disaster strikes as the group push towards Bedrock Crack.
2.00 Dustin searches for an alternative dive site.
3.00 Fred buys a dangerous pressure washer.
4.00 The Dakota boys are dredging towards a trap they believe holds a jackpot.
5.00 Dustin leads the crew to a new mine site.
6.00 Dakota Fred and his son Dustin risk their lives.

8.00 Combat Dealers

7.00 Outback Truckers Russell's mobile classroom is shaken, and the Ferrises manage to dodge raging bush fires.

8.00 Combat Dealers The twins ride the Redball Express, while Bruce blows up a van with World War Two grenades.

9.00 NEW SERIES Greatest Events of World War II Restored footage shows the story of the Lightning War in a new light.

10.00 Wings of War The impact on aerial combat of bombers of the 1940s and 1950s, including the bouncing bomb.

11.00 Wheeler Dealers Mike Brewer finds a 56-year-old Citroën 2CV in France.
12.00 M'T **Greatest Events of World War II** As 9.00pm.
1.00 AM **FBI Files**
2.00 FBI Files
3.00 Wings of War As 10.00pm.
4.00 to 6.00 AM **Garage Rehab**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
8.00 Animal Cops Houston
10.00 Pit Bulls & Parolees
12.00 NOON **Into Alaska**
2.00 PM **Animal Cops Houston** Allegations of neglect at an animal sanctuary.
3.00 Pit Bulls & Parolees
4.00 Tanked With Keyshia Cole.
5.00 Dr Jeff: Rocky Mountain Vet Seven bad-tempered chickens arrive at the clinic.
6.00 Dodo Heroes A woman who runs a wombat sanctuary.

8.00 North Woods Law

7.00 Pit Bulls & Parolees Villalobos looks for a stray pit bull nearby, and a grieving adopter wants a dog to heal her heart.

8.00 North Woods Law NEW EDITION Officer Egan sets up a decoy and checks hunters at a popular bird hunting site.

9.00 Swimming with Monsters with Steve Backshall The naturalist aims to swim with the Humboldt squid.

10.00 Animal Cops Houston Investigators respond to reports of animal cruelty, rescuing pets and dealing with abusive owners.

11.00 Pit Bulls & Parolees
12.00 M'T **Pit Bulls & Parolees**
1.00 AM **North Woods Law**
2.00 Wildest Islands
3.00 Fish or Die
3.50 Swimming with Monsters with Steve Backshall
4.40 Meet the Penguins
5.10 to 6.00 AM **Tanked**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **WWII's Greatest Raids**
9.00 WW2: Hell Under the Sea
10.00 Nazi Megastructures
11.00 Supercar Megabuild
12.00 NOON **Strippers: Cars for Cash** Looking for high-performance vehicles.
1.00 PM **Ice Road Rescue**
2.00 Wicked Tuna Tyler McLaughlin gets a surprise.
3.00 Air Crash Investigation
5.00 Car SOS Fuzz and Tim restore a cherished campervan.
6.00 Restoring a 1954 Citroën Traction Avant.

7.00 The Mystery of MH370...

7.00 The Mystery of MH370: Draining the Ocean The case of the flight, which disappeared without a trace in March 2014.

8.00 JFK: The Lost Assassination Tapes The shooting of President Kennedy, revisited using archive footage.

9.00 Fidel Castro: The Lost Tapes Profile of the former Cuban president, featuring contributions from journalists.

10.00 The Armstrong Tapes Profile of the first man to walk on the moon, featuring contributions from friends and family.

11.00 Banged Up Abroad Two cousins in Lima get mixed up in attempted murder.
12.00 M'T **Hard Time: Locked Up**
1.00 AM **Underworld, Inc**
2.00 Nazi Megastructures
3.00 WW2: Hell Under the Sea
4.00 to 5.00 AM **The Mystery of MH370: Draining the Ocean**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **American Pickers**
8.00 Pawn Stars
9.00 Mountain Men
10.00 Ancient Aliens
11.00 Pawn Stars
12.00 NOON **Forged in Fire**
1.00 PM **Ireland's Treasures Uncovered**
2.00 Storage Wars Four editions.
4.00 Mountain Men
5.00 Forged in Fire Recreating a fearsome battle weapon known as the kampilan.
6.00 Three-bladed African throwing knife the Kpinga.

9.00 Hitler Was My Neighbour

7.00 American Pickers The guys uncover toy cars worth as much as the real thing, and a stash of custom motorbikes.

8.00 Swamp People Gator season is over, but when a snake invasion threatens the community, Troy is on hand to help.

9.00 NEW Hitler Was My Neighbour Recalling the story of a Jew who grew up living on the same street as Adolf Hitler.

10.15 WWII in 3D Photographs from both sides of the conflict offer an insight into the realities of active service during the 1940s.

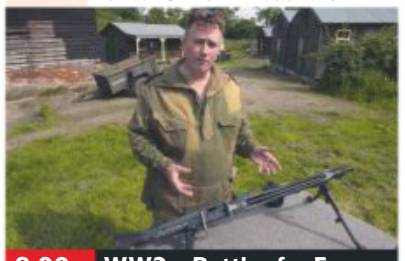
11.15 World War Two Lost Films
12.15 AM **Lost Worlds** Winston Churchill's network of secret tunnels in World War Two.
1.15 Swamp People As 8.00pm.
2.15 Ireland's Treasures Uncovered
3.10 American Pickers
4.05 to 6.00 AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **Weekend Warriors**
7.10 Raiders of the Lost Past
8.00 Time Team
10.00 Hunting Down the Nazis
11.00 Abandoned Engineering
12.00 NOON **Time Team**
2.00 PM **Life in the Great Wetlands** A bay in Canada where whales come to feed.
3.00 Frozen Planet
4.00 Bangers and Cash
5.00 Abandoned Engineering
6.00 Hunting Down the Nazis Documentary about Nazi hunter Simon Wiesenthal.



8.00 WW2 – Battles for Europe

7.00 Bangers and Cash A widow reluctantly parts with her husband's treasured collection of Rolls Royces.

8.00 WW2 – Battles for Europe NEW EDITION British and Canadians who fought elite German divisions to capture Caen.

9.00 Secrets of the Railways The Nordland Line, the longest in Norway at 453 miles, stretching between Trondheim and Bodo.

10.00 Nazi Hunters Jewish group the Avengers, who hunted down persecutors known to have contributed to the Holocaust.

11.00 Abandoned Engineering A village ruin, a ghostly fleet of ships, a bridge to nowhere hidden in a forest, and strange metal structures in a wood.
12.00 M'T **Bangers and Cash**
1.00 AM **Weekend Warriors**
2.00 to 3.00 AM **Raiders of the Lost Past**

+1 hour 255 200

7 PM **8 PM** **9 PM** **10 PM**

Friday

Disc. History

171 262

6.00 AM **Aircraft Stories**
7.00 Mark Williams on the Rails Double bill.
8.00 Super Structures
9.00 Future Weapons
10.00 Battlefield
12.00 NOON **Aircraft Stories**
1.00 PM **Off the Rails**
2.00 Super Structures
3.00 Future Weapons
4.00 Battlefield
6.00 Blowing Up History
7.00 Cold War Armageddon
8.00 Edge of War Argentina's invasion of the Falkland Islands in 1982.
9.00 Built from Disaster
10.00 Aircrash Confidential Mid-air collisions.
11.00 Dark Matters
12.00 M'T **Edge of War**
1.00 AM **Built from Disaster**
2.00 Aircrash Confidential
3.00 Dark Matters
4.00 Cold War Armageddon
5.00 to 6.00 AM **Blowing Up History**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Polar Bear Town**
10.00 Collar of Duty
11.00 Jungle Animal Hospital
12.00 NOON **Africa**
1.00 PM **Orangutan Diary**
2.00 Polar Bear Town
3.00 Collar of Duty
4.00 Orangutan Diary
5.00 Polar Bear Town
6.00 Natural World: Sudan: The Last of the Rhinos
7.00 Jungle Animal Hospital
8.00 Africa The Sahara.
9.00 Russia From Above
10.00 Natural World: Sudan: The Last of the Rhinos
11.00 Africa As 8.00pm.
12.00 M'T **Russia From Above**
1.00 AM **Sudan: The Last of the Rhinos**
2.00 Polar Bear Town
3.00 Collar of Duty
3.50 Jungle Animal Hospital
4.40 Africa As 8.00pm.
5.30 to 6.00 AM **Frontier Borneo**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 Animal PD
12.00 NOON **Snakes in the City** A fire has led to Cape Town being overrun with cobras fleeing to safety.
1.00 PM **Legendary Catch**
4.00 Monster Fish
6.00 Caught in the Act
7.00 Snakes in the City A spitting cobra takes aim at snake catcher Siouxsie's face.
8.00 Great White Code Red The predatory qualities of the sharks.
9.00 Shark Survivors: USA The ordeals faced by people who escaped deadly shark attacks.
10.00 Shark Vs Tuna Footage of sharks hunting tuna.
11.00 Snakes in the City
12.00 M'T **Animals Gone Wild**
2.00 AM **Snakes in the City**
3.00 to 5.00 AM **Legendary Catch**

History 2

163 273 274 330 390

8.00 AM **World War Two Lost Films** Double bill.
10.00 Engineering Disasters
11.00 Jurassic Fight Club
12.00 NOON **Ancient Aliens**
2.00 PM **Ancient Discoveries**
3.00 World War Two Lost Films Highlighting what life was like in the war.
5.00 Engineering Disasters
6.00 Jurassic Fight Club
7.00 WWII's Most Daring Raids A raid on Hitler's radar equipment.
8.00 Ancient Aliens A Polynesian land of bizarre figures and forbidden places.
9.00 US and Russian cooperation on an extraterrestrial attack.
10.00 Ancient Discoveries
11.00 Project Nazi
12.00 M'T **Jurassic Fight Club**
1.00 AM **Ancient Aliens**
3.00 Ancient Discoveries
4.00 to 5.00 AM **Engineering Disasters**

PBS America

174 276 91 155

8.00 AM **The Merchant Navy**
8.30 Nuclear Nightmare: Inside the Cuban Missile Crisis
10.15 Space Age – Nasa's Story
11.25 The Ship Sinkers
12.30 PM **Hunting the Edge of Space**
1.40 The Ship Sinkers
2.40 Space Age – Nasa's Story
3.55 Nuclear Nightmare: Inside the Cuban Missile Crisis
5.35 Hunting the Edge of Space
6.50 The Ship Sinkers
7.50 Hunting the Edge of Space Edwin Hubble.
9.00 NEW Pluto and Beyond Nasa's New Horizons space probe.
10.10 Nuclear Nightmare: Inside the Cuban...
11.50 Hunting the Edge of Space As 7.50pm.
12.55 to 2.00 AM **Pluto and Beyond**

CI

156 156 835 223 222 328 380

6.00 AM **The First 48**
8.00 Homicide Hunter
10.00 Unusual Suspects
11.00 The First 48
12.00 NOON **Crimes That Shook Australia**
1.00 PM **Crimes That Shook Britain**
2.00 Town & Country Murder
3.00 Homicide Hunter
4.00 Unusual Suspects
5.00 Homicide: Hours to Kill
6.00 The First 48
7.00 Homicide Hunter
8.00 Killer In Plain Sight
9.00 I Am a Killer
10.00 PD Cam Double bill.
11.00 The First 48
12.00 M'T **Darkest Taboos**
1.00 AM **A Town & Country Murder**
2.00 I Am a Killer
3.00 Crimes That Shook Britain
4.00 Unusual Suspects
5.00 to 6.00 AM **Killer In Plain Sight**

+1 hour 256 224

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

FRIDAY Films

Friday

Sky Premiere

301 301 842 431 401 501

6.00 AM **The Keeping Hours** Horror. (2017, 12, 91min) ★★★
7.45 **Yesterday: Special**
8.15 **Cats** As shown at 4.20pm.
10.15 **Juliet, Naked** As 6.10pm.
12.00 NOON **PREMIERE A Star Is Born** As shown at 8.00pm.
2.20 PM **The Girl in the Spider's Web** As shown at 10.20pm.
4.20 **Cats** Animated adventure. (2018, PG, 90min) ★★★
6.10 **Juliet, Naked** Comedy. (2018, 15, 97min) ★★★

8.00 A Star Is Born

8 PM

8.00 **PREMIERE A Star Is Born** Drama with Lady Gaga, Bradley Cooper and Sam Elliott. A fading music star falls in love with a nightclub singer-songwriter. (2018, 15, 136min) ★★★★★
See review, page18
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.20 **The Girl in the Spider's Web** Thriller with Claire Foy and Sylvia Hoeks. (2018, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

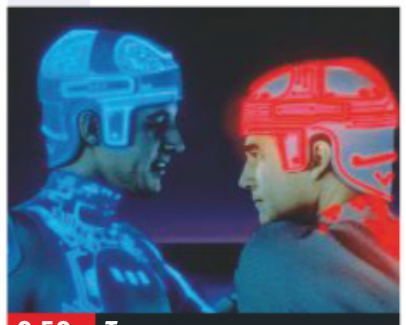
12.20 AM **Possum** Thriller with Sean Harris and Alun Armstrong. (2018, 15, 85min) ★★★★
1.50 **Two for Joy** Drama with Samantha Morton and Daniel Mays. (2018, 15, 95min) ★★★
3.25 **The Captain** War drama. (2017, 15, 118min) ★★★
5.30 **to 6.00** AM **Yesterday: Special**

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

6.10 AM **Sleeping Beauty** As 3pm.
7.30 **Pocahontas** As 4.20pm.
9.00 **The Princess Diaries**
11.00 **The Princess Diaries 2: Royal Engagement** (2004)
1.00 PM **The Ballad of Nessie**
1.10 **Christopher Robin** (2018)
3.00 **Sleeping Beauty** Animation. (1959, U, 75min) ★★★★
4.20 **Pocahontas** (1995) ★★★
5.50 **The Princess Diaries** Comedy. (2001, U, 115min) ★★★
7.50 **Bao** Animated short.



9.50 Tron

8.00 **Maleficent** Reworking of *Sleeping Beauty,* starring Angelina Jolie. A fairy queen puts a curse on a baby princess who is the daughter of the man who brutally betrayed her to become king. (2014, PG, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

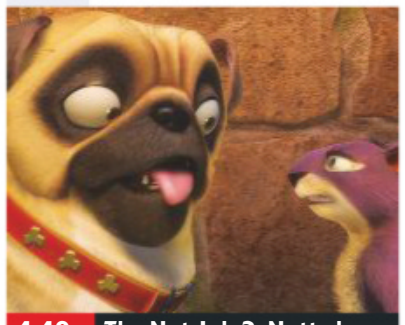
9.50 **Tron** Sci-fi thriller starring Jeff Bridges about a computer whizz kid who becomes trapped inside a computer program. (1982, PG, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Million Dollar Duck** Fantasy comedy starring Dean Jones. (1971, U, 92min) ★★
1.15 AM **Invincible** Sports biopic starring Mark Wahlberg. (2006, PG, 105min) ★★
3.10 **The Santa Clause 2** Comedy fantasy sequel with Tim Allen. (2002, U, 104min) ★★★★
5.05 **to 6.30** AM **Tinker Bell and the Secret of the Wings** Animated fantasy adventure. (2012, U, 75min) ★★★

Sky Family

305 305 846 436 406 505

7.10 AM **The Ant Bully** As 1.45am.
8.45 **The Nut Job 2: Nutty by Nature** As shown at 4.40pm.
10.25 **Cloudy with a Chance of Meatballs 2** As 6.20pm.
12.05 PM **Flying the Nest** (2018) ★★
1.35 **Cats & Dogs** (2001) ★★★★
3.10 **Cats & Dogs: The Revenge of Kitty Galore** (2010) ★★
4.40 **The Nut Job 2: Nutty by Nature** Animation. (2017) ★★
6.20 **Cloudy with a Chance of Meatballs 2** (2013) ★★★



4.40 The Nut Job 2: Nutty by...

8.00 **Peter Rabbit** Family comedy with Domhnall Gleeson. A rabbit takes on a farmer in a battle of wits. With the voice of James Corden. (2018, PG, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

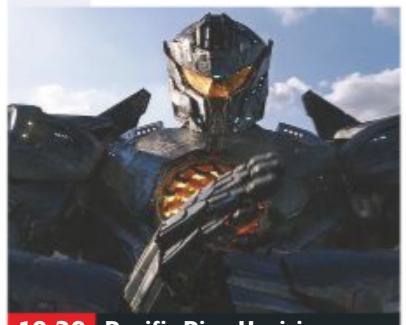
9.40 **The Legend of Zorro** Swashbuckling adventure sequel starring Antonio Banderas and Catherine Zeta-Jones. In 1850 California, Zorro and his estranged wife must resolve their differences to protect their son and save the state. (2005, PG, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **MouseHunt** Slapstick comedy. (1997, PG, 98min) ★★★★
1.45 AM **The Ant Bully** Animation with the voices of Julia Roberts. (2006, U, 89min) ★★★★
3.25 **Cats & Dogs** As 1.35pm.
5.05 **to 6.40** AM **Cats & Dogs: The Revenge of Kitty Galore** Fantasy comedy, as 3.10pm.

Sky Action

306 306 847 437 407 502

6.00 AM **The Desert Rats**
7.45 **Charlie's Angels** Comedy thriller. (2000, 15, 97min) ★★
9.30 **Deep Impact** Disaster movie. (1998, 12, 123min) ★★★★
11.35 **Solo: A Star Wars Story**
2.00 PM **Predator** As 12.30am.
4.00 **Predator 2** Sci-fi action sequel starring Danny Glover. (1990, 15, 107min) ★★★
6.00 **Predators** Sci-fi action sequel starring Adrien Brody. (2010, 15, 102min) ★★★



10.30 Pacific Rim: Uprising

8.00 **Solo: A Star Wars Story** Sci-fi prequel starring Alden Ehrenreich and Woody Harrelson. A headstrong pilot gets mixed up with a bunch of mercenaries while attempting to appease a crime lord. (2018, 12, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

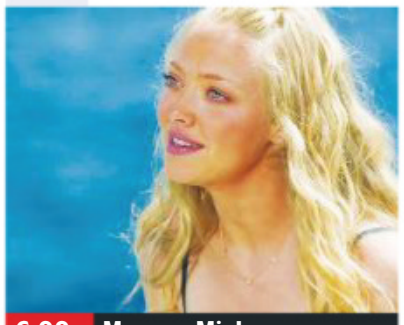
10.30 **Pacific Rim: Uprising** Sci-fi sequel starring John Boyega and Tian Jing. (2018, 12, 111min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Predator** Sci-fi thriller with Arnold Schwarzenegger. (1987, 18, 107min) ★★★★
2.30 **Predator 2** As 4.00pm.
4.25 **to 6.00** AM **The Desert Rats** Classic World War Two drama set in Africa, with Richard Burton and James Mason. (1953, b/w, U, 88min) ★★★★

Sky Comedy

307 307 848 438 408 506

6.00 AM **Bruce Almighty** Comedy. (2003, 12, 96min) ★★★
7.50 **Pretty Woman** Comedy. (1990, 15, 117min) ★★★★
9.55 **Mamma Mia!** As 6.00pm.
11.55 **Mamma Mia! Here We Go Again** As shown at 8.00pm.
1.55 PM **Crazy, Stupid, Love**
4.00 **Superbad** Raunchy teen comedy starring Jonah Hill. (2007, 15, 108min) ★★★★
6.00 **Mamma Mia!** Musical. (2008, PG, 108min) ★★★★



6.00 Mamma Mia!

8.00 **Mamma Mia! Here We Go Again** Abba-themed musical sequel starring Amanda Seyfried, Lily James, Pierce Brosnan and Cher. The reopening of the Hotel Bella Donna leads to a reunion for Sophie's family. (2018, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Crazy, Stupid, Love** Romantic comedy starring Steve Carell, Ryan Gosling, Julianne Moore and Emma Stone. A womaniser teaches a frumpy family man on the verge of divorce how to charm women. (2011, 12, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Superbad** As 4.00pm.
2.05 **Coming to America** Romantic comedy with Eddie Murphy. (1988, 15, 116min) ★★
4.05 **to 6.00** AM **Trapped in Paradise** Comedy with Nicolas Cage. (1994, PG, 111min) ★★

primetime

Sky Megahits

302 302 843 433 403

6.00 AM **The Amazing Spider-Man**
8.30 **Transformers: Revenge of the Fallen** Sci-fi, as 6.20pm.
11.10 **Fast & Furious 5** As 9.00pm.
1.30 PM **Batman Begins** As 1.20am.
4.00 **The Amazing Spider-Man** Fantasy with Andrew Garfield, Emma Stone and Rhys Ifans. A nerdy New York teenager becomes a vigilante crime-fighter. (2012, 12, 136min) ★★★

6.20 **Transformers: Revenge of the Fallen** Sci-fi action adventure starring Shia LaBeouf and Megan Fox. A college student and his girlfriend get caught up in a titanic struggle between good and evil alien robots. (2009, 12, 149min) ★★★
9.00 **Fast & Furious 5** Action thriller sequel with Vin Diesel and Paul Walker. A trio of car thieves assemble a crack team to steal a Rio de Janeiro drug lord's money. (2011, 12, 130min) ★★★

11.15 **The Meg** Action thriller. (2018, 12, 113min) ★★★
1.20 AM **Batman Begins** Fantasy. (2005, 12, 140min) ★★★★★
3.50 **Hancock** Action comedy fantasy. (2008, 12, 92min) ★★★
5.30 **to 6.00** AM **Extremely Wicked... Special**

Sky Greats

303 303 844 434 404 508

6.20 AM **Dr Seuss' The Lorax** Animation. (2012, U) ★★★
8.00 **All the Right Moves** Sports drama. (1983, 15, 91min) ★★
9.45 **The Hunt for Red October**
12.00 NOON **Sleepless in Seattle**
2.00 PM **The Shining** As 10.00pm.
4.00 **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
5.45 **The Hunt for Red October** Thriller. (1990, PG) ★★★★

8.00 **Sleepless in Seattle** Romantic comedy with Tom Hanks and Meg Ryan as two people who fall in love without meeting. A woman hears a grieving widower on the radio and becomes convinced he is the man for her. (1993, PG, 105min) ★★★★★
10.00 **The Shining** Stanley Kubrick's chilling adaptation of the Stephen King novel, with Jack Nicholson. A writer's job as a caretaker in a hotel puts his family in peril. (1980, 15, 119min) ★★★★★

12.05 AM **Evil Dead 2** Comedy horror with Bruce Campbell. (1987, 18, 85min) ★★★
1.40 **Chinatown** Thriller starring Jack Nicholson and Faye Dunaway. (1974, 15, 131min) ★★★★★
4.00 **to 6.00** AM **Singin' in the Rain** Classic musical, as 4.00pm.

TCM

315 315 854 415 416 512

6.00 AM **Hollywood's Best Film Directors** With Jay Roach.
6.35 **The Belles of St Trinian's** (1954)
8.30 **The Man from Galveston** Western. (1963, b/w, U) ★★
9.40 **Billy Two Hats** (1973) ★★★
11.45 **Canyon River** (1956) ★★
1.30 PM **Oregon Passage** (1957) ★★
3.10 **Darby's Rangers** (1958) ★★★
5.45 **Cattle Town** Musical Western. (1952, b/w, U, 71min) ★★

7.15 **Rope** Alfred Hitchcock suspense drama starring James Stewart, John Dall and Farley Granger. Two young men kill a college friend for kicks and hold a party over the hidden body. (1948, PG, 80min) ★★★
9.00 **Psycho** Alfred Hitchcock's chiller, starring Anthony Perkins and Janet Leigh. On the way to join her lover, Marion Crane stops at a lonely motel run by an intense young man. (1960, b/w, 15, 109min) ★★★★★

11.20 **Stigmata** Supernatural thriller. (1999, 18, 102min) ★★★
1.35 AM **Al Capone** Gangster drama. (1959, 15, 109min) ★★★
3.30 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Glimpses: A Ramble Around London**
6.10 **The Adventures of Sadie** (1953)
7.40 **Man in the Moon** (1960) ★★
9.40 **Talking Pictures**
10.35 **Some People** (1962) ★★
12.25 PM **Brandy for the Parson** Comedy. (1951, b/w, U) ★★
2.00 **Rooms**
2.30 **Remembering Kenneth More**
2.50 **North West Frontier** (1959)

5.30 **Take Two: Angela Douglas Interview**
6.00 **Get Some In!**
6.30 **Genevieve** British comedy starring John Gregson, Kenneth More and Dinah Sheridan. (1953, U, 83min) ★★★★★
8.15 **Remembering Kenneth More**
8.30 **Public Eye**
9.30 **The Comedy Man** Comedy drama starring Kenneth More as a middle-aged actor making a final bid for stardom on the stage. (1963, b/w, 15, 92min) ★★

11.20 **Loss of Innocence** Drama with Susannah York and Kenneth More. (1961, PG, 97min) ★★
1.20 AM **The Gentle Touch**
2.20 **The Early Bird** Farcical comedy. (1965, U, 95min) ★★
4.20 **to 6.00** AM **Public Nuisance No. 1** Comedy. (1936, b/w) ★★

Horror

317 149 70 138

8.00 AM **Lost in Space**
9.00 **Star Trek: Deep Space Nine**
10.00 **Star Trek** 25/26 (S2)
11.00 **Post Impact** Sci-fi. (2003) ★★
12.50 PM **Horror Highlights**
1.00 **500 MPH Storm** Disaster movie. (2013, PG, 86min) ★★
2.50 **Horror Highlights**
3.00 **Andromeda**
4.00 **Tremors 3: Back to Perfection** Horror. (2001, PG) ★★★

6.00 **Star Trek** 26/26 (S2)
7.00 **Star Trek: Deep Space Nine**
8.00 **Earth: Final Conflict**
9.00 **The Exorcism of Emily Rose** Horror starring Laura Linney. Eerie events occur when a lawyer defends a Catholic priest charged with negligent homicide after an attempted exorcism. (2005, 15, 119min) ★★
11.20 **The Remaining** Horror starring Johnny Pacar. A wedding party turns into a battle against demons. (2014, 15, 86min) ★★

1.05 AM **Quarantine** Horror with Jennifer Carpenter and Steve Harris. (2008, 18, 85min) ★★★
2.55 **to 4.30** AM **Redwood** Horror with Mike Beckingham. (2017, 15, 80min) ★★

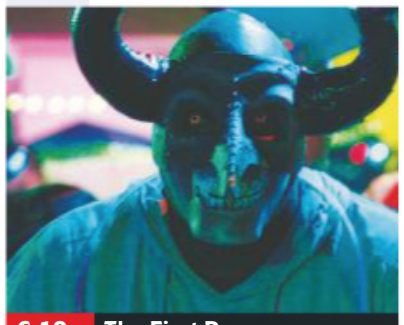
+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 | 439 409 | 509

6.50 AM **The Godfather Part III** Gangster epic with Al Pacino. (1990, 15, 162min) ★★★
9.50 **The Da Vinci Code** As 8pm.
12.20 PM **Angels & Demons**
2.45 **Braven** Thriller with Jason Momoa and Garret Dillahunt. (2018, 15, 94min) ★★★
4.30 **Distorted** Suspense thriller. (2018, 15, 86min) ★★
6.10 **The First Purge** Thriller prequel starring Y'lan Noel. (2018, 15, 98min) ★★


6.10 The First Purge

8.00 **The Da Vinci Code** Thriller with Tom Hanks A Harvard professor and a French cryptographer solve a series of clues about the true nature of the Holy Grail while fleeing from the police and a murderous monk. (2006, 12, 149min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Angels & Demons** Mystery thriller starring Tom Hanks. A Harvard professor must solve a series of cryptic riddles to prevent a bomb from destroying the Vatican. (2009, 12, 138min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.55 AM **The Juror** Legal thriller. (1996, 18, 118min) ★
3.05 **Armored** Heist thriller. (2009, 12, 88min) ★★★
4.45 **to 6.30** AM **Deep Family Secrets** True-story thriller. (1997, PG, 89min) ★★

Sky Drama

309 309 850 | 440 410 | 511

7.20 AM **Always** Romantic fantasy. (1989, PG, 122min) ★★★
9.30 **Walk the Line** Biopic. (2005, 12, 124min) ★★★★
11.50 **An Ordinary Man** War drama. (2017, 15, 90min) ★★★
1.30 PM **The Top Ten Show**
1.50 **Kinsey** Biopic of Alfred Kinsey. (2004, 15, 118min) ★★★
3.55 **The Adjustment Bureau** Sci-fi. (2011, 12) ★★★★
5.50 **Julie & Julia** Comedy. (2009, 12, 123min) ★★★★

9.45 Life Itself

8.00 **Stella's Last Weekend** Comedy drama starring Nat and Alex Wolff. The relationship between two brothers is challenged when they find they are in love with the same girl. (2018, 15, 102min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Life Itself** Drama starring Oscar Isaac and Olivia Wilde. Two New Yorkers marry and prepare for parenthood, while their fate is intertwined with a group of people in Spain. (2018, 15, 125min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Footloose** Musical with Kevin Bacon. A foot-tapping Chicago kid moves to a small town where rock 'n' roll is banned. (1984, 12, 107min) ★★★
1.45 AM **Riot** Drama starring Damon Herriman and Kate Box. (2018, 15, 105min) ★★★
3.45 **to 6.20** AM **South Pacific** Classic musical starring Mitzi Gaynor and Rossano Brazzi. (1958, U, 151min) ★★★★

Sky Sci-Fi/Horror

310 310 851 | 441 411 | 507

6.00 AM **Blade Runner 2049** Sci-fi with Harrison Ford. (2017, 15, 164min) ★★★★★
8.45 **Elysium** As 2.45pm.
10.45 **Guardians of the Galaxy**
1.00 PM **The Nun** As 10.45pm.
2.45 **Elysium** Sci-fi action thriller. (2013, 15, 107min) ★★★★
4.40 **Guardians of the Galaxy** Sci-fi with Chris Pratt. (2014, 12, 121min) ★★★★
6.45 **Annabelle** Horror thriller. (2014, 15, 97min) ★★

2.45 Elysium

8.30 **Annabelle: Creation** Horror starring Anthony LaPaglia. A nun and several girls from an orphanage become the target of a dollmaker's possessed creation. (2017, 15, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

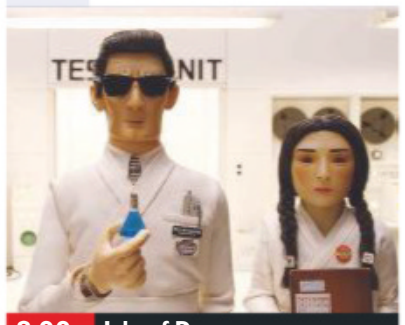
10.30 **Annabelle Comes Home: Special**
10.45 **The Nun** Horror starring Taissa Farmiga. (2018, 15, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Event Horizon** Sci-fi. (1997, 18, 96min) ★★★
2.15 **Annabelle Comes Home: Special** As 10.30pm.
2.30 **End of Days** Action thriller. (1999, 18, 121min) ★★
4.35 **to 6.00** AM **Batman: Return of the Caped Crusaders** Animation. (2016) ★★★★

Sky Select

311 311 852 | 442 412 | 510

6.25 AM **The Elephant and the Butterfly** Drama. (2017) ★★★
7.55 **Room for Rent**. (2017) ★★
9.30 **The Resistance** Docudrama. (2017, 15, 110min) ★★★
11.30 **The International** Thriller. (2009, 15, 113min) ★★★
1.30 PM **The Wicker Man** Horror. (1973, 15, 99min) ★★★★★
3.05 **Body of Lies** Thriller. (2008, 15, 128min) ★★★★
5.15 **The Insider** True-story drama. (1999, 15, 157min) ★★★★★


8.00 Isle of Dogs

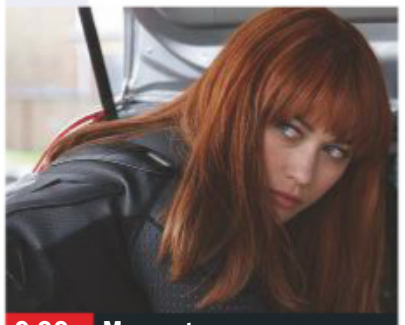
8.00 **Isle of Dogs** Animation with the voice of Bryan Cranston. A 12-year-old goes on a mission to rescue his pet when dogs are banished following an outbreak of canine flu. (2018, PG, 101min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **American Made** Biopic starring Tom Cruise and Domhnall Gleeson. A US pilot becomes a drug-runner for the CIA during a clandestine operation. (2017, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.45 **The Exorcist** Occult horror. (1973, 18, 121min) ★★★★
1.50 AM **Gangsta** Crime thriller. (2018, 18, 125min) ★★★
4.00 **This Is Spinal Tap** Mock documentary starring Christopher Guest, Michael McKean and Harry Shearer. (1983, 15, 83min) ★★★★★
5.30 **to 7.30** AM **Lu Over the Wall** Animated fantasy. (2017, PG, 112min) ★★★

Film4

313 313 853 | 428 429 | 14 | 300

■ **Films start at 11.00am**
11.00 AM **Dakota** Western. (1945, b/w, PG, 82min) ★★
12.40 PM **Our Man in Havana** Satirical spy drama. (1959, b/w, PG, 112min) ★★★★★
2.50 **The Tin Star** Western. (1957, b/w, U, 93min) ★★★★
4.40 **A Man Alone** Western. (1955, U, 96min) ★★★
6.40 **Everest** Fact-based adventure starring Jason Clarke. (2015, 12, 121min) ★★★★


9.00 Momentum

Everest (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Momentum** Action thriller starring Olga Kurylenko and Morgan Freeman. A thief is persuaded to carry out one last heist, only to get mixed up in murder and hunted by an assassin. (2015, 15, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10.50 **Don't Breathe** Horror starring Stephen Lang. Three thieves break into the house of a blind man, who is not as helpless as he seems. (2016, 15, 88min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.35 AM **The Windmill Massacre** Horror. (2016, 18, 85min) ★★
2.20 **to 4.00** AM **Citadel** Horror. (2012, 15, 83min) ★★

10 PM

11 PM

+1 hour 314 430 45 301

True Movies

319 424 50 303

6.00 AM **Highway to Heaven**
7.00 **The Waltons** Double bill.
9.00 **She Led Two Lives** Fact-based drama. (1995, PG, 88min) ★
11.00 **Narrow Escape** True-story drama. (1997, U, 90min) ★★
1.00 PM **Highway to Heaven**
3.00 **Hitler: The Rise of Evil**
5.00 **Jack Hunter: The Quest for Akhenaten's Tomb** Adventure sequel. (2008, 15, 90min) ★★

7.00 **Jack Hunter and the Lost Treasure of Ugarit** Action adventure starring Ivan Sergei and Joanne Kelly. An archaeologist's quest to find his mentor's killers takes him to Syria and a hidden treasure that only his mentor believed existed. (2008, 12, 90min) ★★
9.00 **Jack Hunter: The Star of Heaven** Adventure starring Ivan Sergei. The archaeologist pursues his arch-enemy across Europe. (2008, PG, 90min) ★★

11.00 **Ice Bound** Medical drama. (2003, PG, 86min) ★★★
1.00 AM **The Waltons** Double bill.
3.00 **The Avengers** Double bill.
5.00 **to 6.00** AM **Highway to Heaven**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Christie's Revenge** Thriller. (2007, 12, 120min) ★★
11.05 **The Stepchild** Thriller with Sarah Fisher. (2016, 15, 82min) ★★
1.00 **Polar Storm** Sci-fi. (2009) ★★
2.50 **The IQ Supremacy** Sci-fi thriller. (2014, 15, 112min) ★★
5.00 **Sony Movie News Extra**
5.10 **Secret Window** Thriller with Johnny Depp and John Turturro. (2004, 12, 96min) ★★★

7.05 **The Covenant** Teen witchcraft thriller starring Steven Strait. Four students with special powers face danger when the covenant of silence that has protected their families for generations comes under threat. (2006, 12, 97min) ★
9.00 **Austin Powers: International Man of Mystery** Spy spoof written by and starring Mike Myers as a 1960s fashion photographer and secret agent. (1997, 15, 95min) ★★★★

10.55 **Defendor** Comedy drama. (2009, 15, 97min) ★★★
1.05 AM **Sniper: Legacy** Action thriller. (2014, 15, 94min) ★★
3.10 **to 6.00** AM **The Producers** Musical. (2005, 12) ★★★

+1 hour 322

Movies 24

325 419 513

7.00 AM **Love to the Rescue** Romance. (2019, PG) ★★
9.00 **BFF Bride** (2018) ★★
11.00 **Christmas Festival of Ice** Romance. (2017, PG) ★★
1.00 PM **A Shoe Addict's Christmas** Fantasy. (2018, PG, 90min) ★★
3.00 **Welcome to Christmas** Festive drama. (2018, PG, 120min) ★★
5.00 **My Christmas Inn** Romance. (2018, PG, 120min) ★★

7.00 **Christmas Mail** Romantic comedy with Ashley Scott and AJ Buckley. A postman falls in love with a woman working at the post office, who is answering children's letters to Santa Claus. (2010, U, 88min) ★★
9.00 **Love Takes Flight** Romance starring Nikki Deloach and Jeff Hephner. When she meets handsome pilot Charley Allen, single mother Lizzie Beauman finally learns to face her fears. (2019, PG, 120min) ★★

11.00 **A Feeling of Home** Romance. (2019, PG, 90min) ★★
1.00 AM **Love Locks** Romantic drama. (2017, PG, 120min) ★★
3.00 **to 5.00** AM **The Perfect Bride** Drama. (2017, PG, 84min) ★★

+1 hour 326 420

Movies4Men

323 426 40 305

6.00 AM **Nocturne** (1946) ★★★
7.45 **Hunt the Man Down** (1951) ★★
9.10 **The Hindenburg Disaster**
10.10 **The Double** Thriller. (2011) ★★
12.00 NOON **M*A*S*H** Double bill.
1.00 **Buffalo Bill: Hero of the West** Western. (1965, 12, 93min) ★★
2.55 **Guns of the Wehrmacht**
4.05 **The War in the Air**
5.15 **The Walls of Hell** Adventure. (1964, b/w, PG, 88min) ★★

7.10 **Airplane vs Volcano** Disaster movie with Dean Cain, Robin Givens and Tamara Goodwin. An airliner is trapped in a ring of erupting volcanos, and a passenger must fly the plane to a safety. (2014, 15, 91min) ★
9.00 **Prison Riot** Action thriller with Dolph Lundgren, Matthew Reese and Chuck Liddell. Law enforcer Jack Stone orchestrates a bank robbery so he can be locked up with a Russian kingpin. (2015, 15, 87min) ★★

10.50 **Assassin X** Thriller starring Dolph Lundgren and Matthew Reese. (2016, 15, 102min) ★★
1.00 AM **Submerged** Thriller. (2016, 15, 99min) ★★
3.00 **to 4.00** AM **Allied Fighters**

+1 hour 324

FILMS ON OTHER CHANNELS

6pm TILL LATE

7.00 PM **Fair Game** *AMC* Fact-based espionage thriller. ★★★★
9.00 **The Maze Runner** *E4* ★★★
9.00 **The Equalizer** *5STAR* ★★★
9.00 **Jennifer's Body** *Syfy* Darkly comic horror. ★★★
9.00 **Les Misérables** *Paramount Network* Epic musical. ★★★★
10.00 **Reservoir Dogs** *Dave* Quentin Tarantino's crime thriller. ★★★★
11.05 **Wanted** *ITV (NI: 11.35pm)* Fantasy action thriller. ★★★
11.10 **Let Me In** *Syfy* Thriller. ★★★★
11.35 **Matangi/Maya/MIA** *BBC2* A personal profile of the critically acclaimed artist. ★★★★
12.00 M'T **The Lady in the Van** *BBC1 (Not Wales)* Comedy drama with Maggie Smith. ★★★★
12.00 **Rush Hour 2** *ITV4* Action comedy sequel. ★★★
12.05 AM **Staying Alive** *Paramount Network* Dance sequel to *Saturday Night Fever*. ★
1.05 **Ruby Sparks** *Channel 4* Fantasy romantic comedy. ★★★★
1.35 **Chicago** *ITV3* Oscar-winning screen version of the hit Broadway musical. ★★★★
4.00 **Doomsday Device** *Syfy* ★★

Friday

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Good Morning Sports Fans**
8.30 **LIVE Netball World Cup New Zealand v Malawi.** The Group B match. Centre-pass 9.00am.
9.45 **LIVE Formula 1** The British Grand Prix first practice session.
11.55 **LIVE Formula 2 Championship** The British Grand Prix practice session.
12.45 PM **LIVE European Tour Golf** Coverage of the second day of the Aberdeen Standard Investments Scottish Open at the Renaissance Club in Dirleton, North Berwick.
1.45 **LIVE Formula 1** Coverage of the British Grand Prix second practice session at Silverstone.
3.55 **LIVE European Tour Golf** Further coverage of the second day of the Aberdeen Standard Investments Scottish Open.
6.30 **Sky Sports News**
7.00 **LIVE Betfred Super League** Coverage of a crucial game.
10.00 **LIVE PGA Tour Golf** Day two of the John Deere Classic from TPC Deere Run in Silvis, Illinois.
12.00 M'T **Sky Sports News**
3.00 **to 6.00** AM **LIVE Bellator MMA** A mixed martial arts event.

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **Premier League Years**
12.00 NOON **Premier League Best Goals** Memorable strikes.
1.00 PM **Premier League Years**
3.00 **Premier League Best Goals**
4.00 **PL Greatest Games**
5.00 **Premier League 100 Club**
6.00 **Premier League Years** Classic games, infamous blunders and moments of skill from seasons past, all set to a specially selected soundtrack from the time.
8.00 **Premier League Highlights** Back-to-back top-flight action.
10.00 **PL Greatest Games** A look back at the greatest Premier League game for each club.
11.00 **Gary Neville's Soccerbox** The presenter talks to a fellow former Premier League player.
11.30 **Premier League Best Goals** Memorable top-flight strikes.
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **EFL Greatest Games**
7.00 **Football's Greatest Players**
8.00 **Football Countdowns**
9.00 **Football Years**
10.00 **EFL Highlights**
11.00 **One2Eleven**
11.30 **Football's Greatest Players**
12.00 NOON **EFL Greatest Games**
12.30 PM **SPFL Greatest Games**
1.00 **Football Countdowns**
2.00 **Football Years**
3.00 **EFL Highlights**
4.00 **One2Eleven**
4.30 **Football's Greatest Players**
5.00 **EFL Greatest Games**
5.30 **SPFL Greatest Games**
6.00 **EFL Goals: Championship**
7.00 **EFL Goals: Leagues 1 & 2**
7.30 **SPFL Round-Up**
8.00 **EFL Goals: Championship**
9.00 **EFL Goals: Leagues 1 & 2**
9.30 **SPFL Round-Up**
10.00 **EFL Highlights**
11.00 **Football's Greatest Players**
12.00 M'T **Football Years**
1.00 AM **Football Countdowns**
2.00 **SPFL Greatest Games**
2.30 **One2Eleven**
3.00 **EFL Highlights**
4.00 **EFL Greatest Games**
4.30 **to 6.00** AM **Highlights**

Sky Sports Cricket World Cup

404 404 858 | 514 504

6.00 AM **Cricket World Cup**
7.00 **World Cup Cricket Classics**
8.00 **Cricket World Cup**
9.00 **ICC Cricket World Cup**
10.00 **World Cup Debate**
10.45 **World Cup Bitesize**
11.00 **ICC Cricket World Cup**
12.00 NOON **World Cup Debate**
12.45 PM **World Cup Bitesize**
1.00 **ICC Cricket World Cup**
5.00 **ICC Cricket World Cup** Action from Australia v West Indies.
6.00 **ICC Cricket World Cup** Action from England v Bangladesh.
7.00 **ICC Cricket World Cup** Afghanistan v New Zealand.
8.00 **ICC Cricket World Cup** Action from India v Australia.
9.00 **ICC Cricket World Cup** Action from Australia v Pakistan.
10.00 **ICC Cricket World Cup** Action from the first semi-final.
11.00 **ICC Cricket 360** The latest news from the cricketing world.
11.30 **Cricket World Cup** From 2003.
12.30 AM **World Cup Cricket Classics**
1.30 **ICC Cricket 360**
2.00 **Cricket World Cup**
3.00 **World Cup Cricket Classics**
4.00 **Cricket World Cup**
5.00 **to 6.00** AM **World Cup Classics**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **PGA Tour Profiles**
6.30 **PGA Tour Golf** The opening day of the John Deere Classic.
9.30 **European Tour Golf** Day one of the Aberdeen Standard Investments Scottish Open.
10.30 **LIVE European Tour Golf** Coverage of the second day of the Aberdeen Standard Investments Scottish Open at the Renaissance Club in Dirleton, North Berwick.
6.30 PM **LIVE PGA Tour Golf** Coverage of the featured groups on the second day of the John Deere Classic at TPC Deere Run in Silvis, Illinois, where Michael Kim was victorious last year.
9.00 **LIVE PGA Tour Golf** Further coverage of the second day's play of the John Deere Classic from TPC Deere Run in Silvis, Illinois.
12.00 M'T **European Tour Golf** Action from the second day's play of the Aberdeen Standard Investments Scottish Open.
1.00 AM **PGA Tour Golf** Action from the second day's play of the John Deere Classic.
4.00 **European Tour Golf**
5.00 **to 6.00** AM **Chronicles of a Champion Golfer**

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **British Talent Cup**
7.00 **MotoGP Highlights**
8.00 **No Filter Boxing**
8.30 **FIM Speedway Highlights**
9.30 **AMA Endurocross**
10.00 **MotoGP Highlights**
11.00 **LIVE AFL West Coast Eagles v Collingwood Magpies.**
2.00 PM **British Talent Cup**
3.00 **Kings Ransom**
4.00 **The Band That Wouldn't Die**
5.00 **BT Sport Reload**
5.15 **Premier League Tonight: Best Of** Highlights of the series.
5.45 **John Barnes: Poetry In Motion**
6.45 **Premier League 100**
7.15 **LIVE Betfred Cup Hearts v Dundee United.** From Tynecastle. Kick-off 7.45pm.
10.00 **No Filter Boxing**
10.30 **Classic Boxing: Ali v Cooper II**
11.00 **LIVE MLB Philadelphia Phillies v Washington Nationals.** Start-time 11.05pm..
2.00 AM **MLB: Caps Off**
2.15 **BT Sport Reload**
2.30 **No Filter Boxing**
3.00 **AFL: West Coast v Collingwood**
5.00 **to 8.00** AM **LIVE AFL Hawthorn Hawks v Fremantle Dockers.** Bounce-up 5.10am.

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **Greatest Premier League Goals** Memorable strikes.
8.00 **Fishing: On The Bank**
9.00 **Ligue 1: Season Review**
10.00 **World Rallycross Highlights**
11.00 **Euroformula Open Championship** From Hungary.
12.00 NOON **IPL** Four editions.
4.00 PM **SGB Premiership** King's Lynn Stars v Poole Pirates.
6.00 **AFL** Action from West Coast Eagles v Collingwood Magpies.
8.00 **What I Wore: Gareth Bale**
8.15 **BT Sport Reload**
8.45 **Formula E – Shakedown** A preview of the New York e-Prix.
9.30 **IPL: Capitals v Kings XI** Delhi Capitals v Kings XI Punjab.
10.30 **IPL** Sunrisers Hyderabad v Kolkata Knight Riders.
11.30 **IPL** Royal Challengers Bangalore v Chennai Super Kings.
12.30 AM **IPL** Action from Rajasthan Royals v Delhi Capitals.
1.30 **LIVE CFL Winnipeg Blue Bombers v Toronto Argonauts.** Coverage of the match from the fifth round of fixtures, taking place at Investors Group Field. Kick-off 1.30am.
4.30 **ESPN Films: Son of the Congo**
5.30 **to 6.00** AM **BT Sport Reload**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **UEFA Champions League** Back-to-back action.
12.00 NOON **UEFA Champions League** Triple bill of action.
3.00 PM **UEFA Champions League** The semi-final first-leg between Tottenham Hotspur and Ajax.
4.00 **UEFA Champions League** The semi-final first-leg between Barcelona and Liverpool.
5.00 **UEFA Champions League** The semi-final second-leg between Liverpool and Barcelona.
6.00 **UEFA Champions League** The semi-final second-leg between Ajax and Tottenham Hotspur.
7.00 **UEFA Champions League** The all-English UEFA Champions League final in Madrid between Tottenham Hotspur and Liverpool.
8.30 **Premiership Rugby: Tries of the Season** The pick of the tries from the 2018/2019 season.
9.00 **UFC** Jon Jones defends his UFC light heavyweight title against Thiago Santos at UFC 239 at T-Mobile Arena in Las Vegas.
12.00 M'T **UFC: The Ultimate Fighter**
3.00 AM **UFC Main Event**
4.00 **British Talent Cup Highlights**
5.00 **to 6.00** AM **MotoGP Highlights**

Sky Sports Action

407 407 861 | 517 507

6.00 AM **Boxing Gold**
7.00 **Great Sporting Moments**
7.30 **World Rugby Show**
8.00 **Boxing Gold**
9.00 **My Icon**
9.20 **LIVE Netball World Cup Barbados v Singapore.** Coverage of the Group D match. Centre-pass 9.25am.
10.55 **My Icon**
11.20 **LIVE Netball World Cup Zimbabwe v Sri Lanka.** Coverage of the Group A match. Centre-pass 11.25am.
12.55 PM **My Icon**
1.20 **Fight Night International**
5.20 **LIVE Netball World Cup South Africa v Trinidad & Tobago.** Coverage of the Group C match. Centre-pass 5.25pm.
6.55 **My Icon**
7.20 **LIVE Netball World Cup Scotland v Samoa.** The Group D match. Centre-pass 7.25pm.
8.55 **Rugby Greatest Games**
9.00 **WWE Experience**
10.00 **Fight Night International** Fabio Turchi v Tommy McCarthy.
2.00 AM **Sporting Records**
3.00 **to 6.00** AM **LIVE Bellator MMA** A mixed martial arts event.

Sky Sports Netball

121 121 819 | 520 510

6.00 AM **My Icon**
6.30 **History of the Netball World Cup** A look back at past stagings.
7.30 **Roar for the Roses**
8.30 **LIVE Netball World Cup New Zealand v Malawi.** Centre-pass 9.00am.
10.45 **LIVE Netball World Cup Australia v Northern Ireland.** Centre-pass 11.00am.
12.45 PM **My Icon**
1.00 **Netball**
2.00 **My Icon**
3.00 **LIVE Netball World Cup** Coverage of this year's opening ceremony from Liverpool.
3.45 **My Icon**
4.30 **LIVE Netball World Cup Jamaica v Fiji.** The Group C encounter. Centre-pass 5.00pm.
6.45 **LIVE Netball World Cup England v Uganda.** The Group D clash. Centre-pass 7.00pm.
8.45 **My Icon**
9.00 **Netball**
10.00 **Netball World Cup**
12.00 M'T **Netball: Quad Series**
2.00 AM **Netball World Cup**
4.00 **to 6.00** AM **Netball: Quad Series**

BT Sport/ESPN

423/426 872 | 530 | 411 434

6.00 AM **Around the Horn**
6.30 **ESPN FC** Football news.
7.00 **Pardon the Interruption**
7.30 **MLB** Action from the 90th Major League Baseball All-Star game.
11.30 **Around the Horn**
12.00 NOON **ESPN FC** Football news.
12.30 PM **CFL** Action from BC Lions v Edmonton Eskimos.
3.00 **MLB** Action from Texas Rangers v Houston Astros.
6.00 **ESPN FC** Football news.
6.30 **MLB's Best** MLB highlights show.
7.00 **LIVE MLB Chicago Cubs v Pittsburgh Pirates.** Coverage of the National League match from Wrigley Field. Start-time 7.20pm.
10.30 **Pardon the Interruption**
11.00 **CFL** Action from BC Lions v Edmonton Eskimos.
1.30 AM **BT Sport Reload**
2.00 **to 7.00** AM **LIVE World Series of Poker** Coverage of the 50th annual World Series of Poker Main Event from Las Vegas.

Eurosport 1

410 410 864 | 523 521 | 412 435

6.15 AM **WATTS**
6.25 **Cycling: Tour de France**
7.30 **Tennis: Wimbledon**
9.00 **Cycling: Tour de France**
10.00 **LIVE Cycling: Tour de France** Coverage of seventh stage of the prestigious race, featuring a flat 230km course from Belfort to Chalon-sur-Saone.
4.30 PM **Tour de France – The Breakaway** Stage seven review.
4.50 **WATTS**
5.00 **Athletics: Universiade** A round-up of action from Naples.
7.30 **Cycling: UK Men's Road Series** The Tour of the Reservoir.
8.00 **Cycling: Tour de France** Action from the seventh stage.
9.30 **Cycling: Irish Road Championships** Action from this year's event in Derry.
10.00 **Tennis: Wimbledon** Action from the mens' singles semi-finals.
11.30 **Cycling: Tour de France**
12.30 **to 2.00** AM **Tennis: Wimbledon**

Eurosport 2

411 411 865 | 524 522 | 413 436

7.30 AM **Athletics: Euro U23 Championships**
8.30 **LIVE Athletics: Euro U23 Champs** Coverage of day two of the biennial event, held at Gunder Hägg-stadion in Gavle, Sweden.
12.30 PM **Mountain Biking**
1.30 **Motorsport: Formula E**
2.00 **World Superbikes**
3.00 **LIVE Athletics: Euro U23 Champs** Further coverage.
6.55 **WATTS**
7.00 **LIVE Athletics: Diamond League** The Herculis meeting, held at Stade Louis II in Monaco.
9.00 **World Superbikes**
10.00 **Africa Cup of Nations**
12.10 AM **WATTS**
12.30 **Cycling: Tour de France**
2.00 **Cliff Diving**
3.00 **Roland-Garros: Best of 2019**
4.00 **Cycling: Tour de France**
5.30 **to 6.00** AM **FIA World Touring Cars**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Sporting Greats**
6.30 **WWE Main Event**
7.30 **Roar for the Roses**
8.30 **LIVE Netball World Cup New Zealand v Malawi.**
8.55 **LIVE NRL Penrith Panthers v Gold Coast Titans.**
10.45 **LIVE Netball World Cup Australia v Northern Ireland.**
12.45 PM **Great Sporting Moments**
2.00 **Sporting Greats**
3.00 **LIVE Netball World Cup** This year's opening ceremony.
3.45 **My Icon**
4.45 **WWE from the Vault**
5.00 **WWE Smackdown**
7.00 **LIVE Betfred Super League** Coverage of a crucial game.
10.15 **Super League Gold**
11.00 **Sporting Records**
12.00 M'T **Betfred Super League**
12.15 AM **Great Sporting Moments**
2.00 **Super League Gold**
3.00 **to 5.55** AM **Highlights**

Sky Sports F1

406 406 860 | 516 506

6.00 AM **Highlights**
9.45 **LIVE Formula 1** The British Grand Prix first practice session.
11.55 **LIVE Formula 2** The British Grand Prix practice session.
12.45 PM **Didier Pironi**
12.55 **F1 Cars Through 1000 Races**
1.00 **The Inside Line**
1.30 **Ted's 2019 F1 Tech**
1.40 **Alfa Romeo 1950**
1.45 **LIVE Formula 1** British Grand Prix second practice session.
3.55 **Vettel In Fiorano**
4.10 **LIVE Formula 2** The British Grand Prix qualifying session.
4.40 **British F1 GP: Story So Far**
5.05 **LIVE Formula 3** The British Grand Pri qualifying session.
5.35 **Alfa Romeo 1950**
5.40 **Formula 1**
9.10 **British F1 GP: Story So Far**
9.35 **Red Bull's First Win**
10.00 **Ferrari Challenge Europe**
11.00 **Formula 2**
11.30 PM **to 6.00** AM **Highlights**

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Kids' Weekly TV Guide

CBBC

613 613 646 701 201 204 607 600

SATURDAY **7.00am** Arthur **7.15** Shaun **7.20** Danger Mouse **7.35** Dennis **7.45** MOTD Kickabout: Women's World Cup Special **NEW** **8.00** Class Dismissed **8.15** Ramsay Bunch **8.30** Newsround **8.40** Playlist **NEW** **9.00** Dengineers **9.30** Horrible Histories **10.00** Nine Minute Ninja **NEW** **10.10** Kung Fu Panda: Secrets of the Furious Five **10.35** Dog Ate My Homework **11.05** Strange Hill High **11.25** Zoo **11.35** Diddy TV **11.50** Now You See It **12.00noon** Scream Street **12.15pm** Newsround **12.20** Hetty Feather **12.50** Lifebabble **12.55** Mustangs FC **1.20** Newsround **1.25** All at Sea **1.55** Holly Hobbie **2.15** Secret Life of Boys **5.20** The Next Step **5.40** My Life **6.10** Dengineers **6.40** Our School **7.00** Got What It Takes? **7.30** Last Commanders **8.00** Operation Ouch! **8.30-9.00pm** Art Ninja

SUNDAY As Saturday except: **7.45-8.00am** Danny & Mick **8.15** Diddy TV **8.30** Dengineers **9.00** Blue Peter **9.35** Art Ninja **9.55** Newsround **10.00** Ramsay Bunch **10.15** Gym Stars **10.40** Our School **11.00** Odd Squad **11.25** Horrible Histories **11.50** Newsround **12.00** Naomi's Nightmares **12.30pm** Gym Stars **12.50** Operation Ouch! **1.15** My Life **1.45** Newsround **1.50** Secret Life of Boys **4.30** Dumping Ground **4.45** Got What It Takes? **5.15** Playlist **5.35** My Life **6.05-6.40** Dengineers **7.00** Show Me What You're Made Of: UK **7.30** Hetty Feather **7.55** Holly Hobbie **8.20** Dumping Ground **8.35-9.00pm** Next Step

MONDAY **7.00am** Arthur **7.15** Dennis **7.25** Danger Mouse **7.40** Newsround **7.45** Odd Squad **8.00** Deep **8.20** Newsround **8.30** Dragons: Race to the Edge **8.50** Zoo **9.05** Art Ninja **9.25** Marrying Mum and Dad **9.50** Millie Inbetween **10.20** Jamie Johnson **11.45** Wolfblood: The First Pack **1.40pm** Lifebabble **2.10** Our School **2.35** Hetty Feather **3.00** The Zoo **3.15** OOglies **3.30** Dennis **3.40** Odd Squad **3.55** Diddy TV **4.10** Danny & Mick **NEW** **4.20** Newsround **4.30** Junior Bake Off **5.00** Hetty Feather **NEW** **5.30** Horrible Histories **NEW** **6.00** HH: Gory Games **6.30** Naomi's Nightmares **7.00** Horrible Histories **7.55** Blue Peter Bites **8.05** Hetty Feather **8.30-9.00pm** Millie Inbetween

TUESDAY As Mon except: **10.20am** Wolfblood: The First Pack **2.05-2.35pm** Blue Peter **3.05-3.15** Zoo **4.30** My Life **5.00** Mustangs FC **NEW** **5.30** Gym Stars **NEW** **5.50-6.00** Operation Ouch! Snips **6.55-7.00** Shark Bites **7.30** Gym Stars **7.50** Nine Minute Ninja **8.00** Mustangs FC **8.25** Real Jamie Johnson **8.35-9.00pm** Next Step

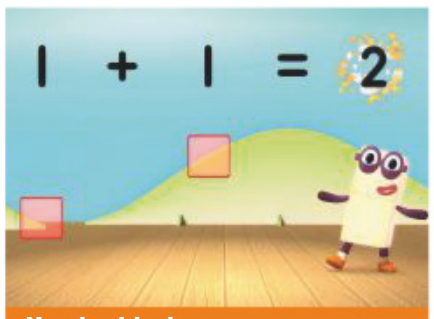
WEDNESDAY As Mon except: **9.55am** Millie Inbetween **10.20** Next Step **2.00-2.10pm** Nine Minute Ninja **4.30** My Life **5.00** All at Sea **5.30-6.00** Last Commanders **NEW** **7.30** Last Commanders **7.55** Shark Bites **8.00** All at Sea **8.30-9.00pm** Young Dracula

THURSDAY As Mon except: **9.55am** Millie Inbetween **10.20** Next Step **2.00pm** Epic Quick Blast **2.05-2.35** Operation Ouch! **3.05-3.15** The Zoo **4.30** My Life **5.00** Holly Hobbie **NEW** **5.30-6.00** Blue Peter: Pooch Party **NEW** **6.55** Shark Bites **7.30** Blue Peter: Pooch Party **8.00** Holly Hobbie **8.25** Lifebabble **8.30-9.00pm** So Awkward

FRIDAY As Mon except: **9.55am** Millie Inbetween **10.20** Next Step **2.00pm** Operation Ouch! **2.30-3.00** Hetty Feather **4.30** My Life **5.00** Dumping Ground **5.30** Ramsay Bunch **NEW** **5.45-6.00** Class Dismissed **7.30** Ramsay Bunch **7.45** Class Dismissed **8.00-9.00pm** Dumping Ground

CBEEBIES

614 614 647 702 202 205 608 601



Numberblocks

SATURDAY **6.00am** Show Me Show Me **6.20** Baby Jake **6.35** Teletubbies **6.50** Raa Raa the Noisy Lion **7.00** Postman Pat: SDS **7.15** Bing **7.30** Hey Duggee **7.45** Peter Rabbit **8.00** Go Jetters **8.10** Octonauts **8.25** Bitz & Bob **8.35** The Furchester Hotel **8.45** Biggleton **9.00** Something Special: We're All Friends **9.20** CBeebies A Midsummer Night's Dream **10.10** Woolly & Tig **10.15** YolanDa's Band Jam **10.30** Justin's House **10.55** Andy's Dinosaur Adventures **11.10** Maddie's Do You Know? **11.25** Waffle the Wonder Dog **11.35** Molly and Mack **11.50** Little Roy **12.05pm** My World Kitchen **12.20** Old Jack's Boat: Rockpool Tales **12.30** Melody **12.40** Down on the Farm **1.00** Where in the World? **1.15** My Story **1.30** My Pet and Me **1.45** Tinga Tinga Tales **2.00** Something Special: We're All Friends **2.20** Ferne and Rory's Vet Tales **2.35** Junk Rescue **2.50** Maddie's Do You Know? **3.05** Bitz & Bob **3.15** Tree Fu Tom **3.40** Go Jetters **3.50** Peter Rabbit **4.05** Waffle the Wonder Dog **4.15** My First **4.30** Magic Hands **4.40** Treasure Champs **4.55** Woolly & Tig **5.00** Gigglebiz **5.15** Molly and Mack **5.30** Katie Morag **5.45** Sarah & Duck **5.50** Charlie and Lola **6.05** Tee and Mo **6.10** Clangers **6.20** In the Night Garden **6.50-7.00pm** CBeebies Bedtime Stories **NEW EDITION**

SUNDAY As Saturday except: **9.20am** Octonauts Special: The Mariana Trench Adventure **9.45** Tree Fu Tom **10.05-10.15am** Go Jetters **3.35-3.50pm** Go Jetters

MONDAY-FRIDAY **6.00am** Show Me Show Me **6.20** Twirlywoos **6.30** Teletubbies **6.45** Raa Raa the Noisy Lion **6.55** Numberblocks **NEW EDITION** **7.00** Bing **7.20** Hey Duggee **7.35** Bitz & Bob **7.45** Peter Rabbit **8.00** Go Jetters **8.10** Octonauts **8.20** Biggleton **8.35** Justin's House **9.00** Tee and Mo **9.05** Yakka Dee! **NEW EPISODE** **9.10** Alphablocks **9.20** Kit & Pup **9.25** Bing **9.30** Twirlywoos **9.45** Something Special: We're All Friends **10.05** Teletubbies **10.20** Baby Club **10.40** Olobob Top **10.50** Let's Play **11.10** Get Well Soon Hospital **11.20** My Pet and Me **11.40** Show Me Show Me **12.00noon** My World Kitchen **12.15pm** Teacup Travels **12.30** Molly and Mack **12.45** Sarah & Duck **1.00** Biggleton **1.10** Alphablocks **1.15** Yakka Dee! **1.20** Numberblocks **1.25** Bing **1.35** Twirlywoos **1.45** Something Special: We're All Friends **2.05** Teletubbies **2.20** Baby Club **2.35** Pablo **2.45** My First **3.00** Andy's Safari Adventures **3.15** Swashbuckle **3.40** Hey Duggee **3.45** Tinpo **3.55** Bitz & Bob **4.10** Junk Rescue **4.25** Catie's Amazing Machines **4.35** Peter Rabbit **4.50** Go Jetters **5.00** Gigglebiz **5.15** Topsy and Tim **5.30** Apple Tree House **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden **6.50-7.00pm** CBeebies Bedtime Stories

NICK JR

615 648 715 484

Shimmer and Shine

SATURDAY & SUNDAY **6.00am** Peppa Pig **6.30** Top Wing **7.00** Paw Patrol **8.00** Blaze and the Monster Machines **8.30** Butterbean's Cafe **9.00** Sunny Day **9.30** Paw Patrol **10.30** Abby Hatcher **11.00** Blaze and the Monster Machines **12.00noon** Paw Patrol **1.00pm** Blaze and the Monster Machines **2.00** Paw Patrol: Animated action adventure. **3.00** Peppa Pig **4.00** Paw Patrol **4.30** Nella the Princess Knight **5.00** Top Wing **5.30** Paw Patrol: Animated action adventure following a squad of six heroic puppies and their tech-savvy 10-year-old leader as they protect the community of Adventure Bay. **6.00** Peppa Pig **7.00** Paw Patrol **12.30am** Peppa Pig **4.00** Nella the Princess Knight **5.00-6.00am** Peppa Pig

MON/WED/FRI **6.00am** Peppa Pig **6.30** Ben and Holly's Little Kingdom **7.00** Butterbean's Cafe **7.30** Paw Patrol **8.00** Abby Hatcher **8.30** Top Wing **9.00** Blaze and the Monster Machines **9.30** Peppa Pig **10.00** Paw Patrol **10.30** Peppa Pig **11.30** Blaze and the Monster Machines: Adventures with AJ, an eight-year-old techie who drives monster-truck Blaze. **12.30pm** Paw Patrol **2.00** Blaze and the Monster Machines **3.00** Peppa Pig **4.00** Paw Patrol: Animated action adventure. **4.30** Butterbean's Cafe **5.00** Shimmer and Shine **5.30** Paw Patrol **12.30am** Peppa Pig **4.00** Butterbean's Cafe **4.30** 44 Cats **4.45** Paw Patrol **5.00-6.00am** Peppa Pig

TUE & THURS As Mon except: **4.00-4.30am** Shimmer and Shine

+1 hour 628

CITV

621 734 711 203 602

SATURDAY **6.00am** Dino Dana **6.10** Super 4 **6.35** Thunderbirds **7.00** Mission Employable **7.05** Mr Bean **7.30** Marvel's Avengers **8.00** Thunderbirds **NEW** **8.25** Mr Bean **9.25** Mr Magoo **9.55** ToonMarty **10.25** Wishfart **10.55** Pokémon **11.25** NinjaGo **11.55** What's New Scooby-Doo? **12.55pm** Teen Titans Go! **1.25** Mr Magoo **1.55** Wishfart **2.25** ToonMarty **2.55** Monster Mayhem **3.20** Spy School **3.45** Drop Dead Weird **4.15** Mr Bean **5.15** Powerpuff Girls **5.45** Pokémon **6.10** Robozuna **6.40** NinjaGo **7.10** Looped **7.40** Fangbone **8.05** Massive Monster Mayhem **8.30** Make It Pop **8.55-9.00pm** Mission Employable

SUNDAY As Saturday except: **7.05-7.30am** Star Wars Freemaker Adventures **7.55-8.25** Milo Murphy's Law **9.25-9.55am** Tom and Jerry **5.45-6.10pm** Thunderbirds

MONDAY **6.00am** Dino Dana **6.25** What's New Scooby-Doo? **6.50** Mysticons **7.15** Tom and Jerry **7.45** Mr Magoo **8.20** Wishfart **8.50** Bagel and Becky **9.20** Om Nom Stories **9.25** Mission Employable **9.30** ToonMarty **10.00** Monster Mayhem **11.15** Project Z **11.40** Super 4 **12.10pm** Dino Dana **12.35** Mr Magoo **1.05** Mr Bean **1.35** Fangbone **2.20** Bagel and Becky **2.50** ToonMarty **3.20** Tom and Jerry **3.29** What's New Scooby-Doo? **4.00** Wishfart **4.30** Mr Magoo **5.00** Project Z **5.30** Robozuna **6.00** Pokémon **6.25** NinjaGo **6.55** Mr Bean **7.25** Mr Magoo **7.55** Monster Mayhem **8.25** Mech-X4 **8.55-9.00pm** Mission Employable

TUESDAY As Mon except: **7.15-7.45am** Wishfart **4.30-5.00pm** Powerpuff Girls

WEDNESDAY As Mon except: **7.15-7.45am** Powerpuff Girls **4.30-5.00pm** Thunderbirds

THURSDAY As Mon except: **7.15-7.45am** Thunderbirds **4.30-5.00pm** Powerpuff Girls

FRIDAY As Mon except: **7.15-7.45am** Powerpuff Girls **11.15-11.40am** Scrambled! Super Veg Special **4.30-5.00pm** Tom and Jerry

NICKELODEON

604 604 642 712 714 483

SATURDAY & SUNDAY **6.00am** Victorious **7.00** Nicky, Ricky, Dicky & Dawn **7.30** Henry Danger **8.30** The Thundermans **9.30** Game Shakers **10.00** Double Dare **10.30** The Thundermans **11.30** Henry Danger **12.30pm** Game Shakers **1.30** Nicky, Ricky, Dicky & Dawn **2.30** Henry Danger: Superhero sitcom starring Jace Norman. **3.00** Game Shakers **3.30** Knight Squad **4.00** Cousins for Life **4.30** Nicky, Ricky, Dicky & Dawn **5.00** The Thundermans **8.00** Victorious **9.00** iCarly **10.00** See Dad Run **11.00** Sam & Cat **12.00m't** Renford Rejects **12.25am** Summer in Transylvania **12.50** SpongeBob SquarePants **1.00** Genie in the House **1.30** House of Anubis **1.55** Winx Club **2.20** SpongeBob SquarePants **2.30** Max & Shred **3.00** Renford Rejects **3.25** Summer in Transylvania **3.50** SpongeBob SquarePants **4.00** Genie in the House **4.30** House of Anubis **5.00** Winx Club **5.30-6.00am** Max & Shred

MONDAY-FRIDAY **6.00am** Henry Danger **6.30** The Thundermans **7.00** Nicky, Ricky, Dicky & Dawn **7.30** Victorious **8.00** Sam & Cat **8.30** Game Shakers **9.00** Knight Squad **9.30** The Thundermans **10.30** Nicky, Ricky, Dicky & Dawn **11.30** Henry Danger **12.30pm** Victorious **1.00** Knight Squad **1.30** Nicky, Ricky, Dicky & Dawn **2.00** The Thundermans **3.00** Henry Danger **4.00** Nicky, Ricky, Dicky & Dawn: Comedy starring Brian Stepanek and Allison Munn. **4.30** Game Shakers **5.00** Sam & Cats **5.30** Henry Danger **6.30** Victorious **7.00** Hunter Street **7.30** The Thundermans **8.00** Victoirous **9.00** Sam & Cat **12.00m't** Renford Rejects **12.25am** Summer in Transylvania **12.50** SpongeBob SquarePants **1.00** Genie in the House **1.30** House of Anubis **1.55** Winx Club **2.20** SpongeBob SquarePants **2.30** Max & Shred **3.00** Renford Rejects **3.25** Summer in Transylvania **3.50** SpongeBob SquarePants **4.00** Genie in the House **4.30** House of Anubis **5.00** Winx Club **5.30-6.00am** Max & Shred

+1 hour 605 713

Highlights

Amphibia

Sat, Disney HD, 7.30am

Thirteen-year-old Anne is transported to a world of talking frog people, where she learns the meaning of friendship.

Guardians of the Galaxy

Sat, Disney XD HD, 8.30am

Series three sees a Stan Lee cameo as the Guardians must break out of The Collector's jail.

DC Super Hero Girls

Sat, Cartoon Net HD, 8.30am

Six girls realise they have extraordinary powers and join up to take on one of Metropolis's sneaky villains – Lena Luthor.

CARTOON NET

601 601 640 704 732 486

Ben 10

SATURDAY

6.00am World of Gumball **6.30** Teen Titans Go! **7.00** Bakugan: Battle Planet **7.30** Teen Titans Go! **8.30** **NEW SERIES** DC Super Hero Girls: Super Hero High **9.30** We Bare Bears **10.00** The World of Gumball **10.30** Unikitty **11.00** Teen Titans Go!

3.00pm Cloudy with a Chance of Meatballs **3.15** Craig of the Creek **3.30** Unikitty **3.45** Teen Titans Go! **4.00** Ben 10 **4.30** We Bare Bears **5.00** The World of Gumball **5.30** Summer Camp Island **5.45** Craig of the Creek **6.00** Teen Titans Go! **6.30** Unikitty **7.00** The World of Gumball **7.30** Summer Camp Island

7.45 Craig of the Creek **8.00** Teen Titans Go! **8.30** We Bare Bears **8.45** Cloudy with a Chance of Meatballs **9.00** Regular Show **10.00** World of Gumball **11.00** Adventure Time **12.00m't** World of Gumball **1.30am** Steven Universe **2.05** Uncle Grandpa **2.40** World of Gumball **5.00-6.00am** Ben 10

SUNDAY As Saturday except:

7.30am Ben 10 **8.00** The World of Gumball **8.3** DC Super Hero Girls: Super Hero High **8.45** Teen Titans Go! **9.30-10.00** We Bare Bears **11.00am-3.00pm** Teen Titans Go!

MON/TUE/THURS

6.00am World of Gumball **6.30** Cloudy with a Chance of Meatballs **6.45** Teen Titans Go! **7.00** Craig of the Creek **7.15** Unikitty **7.30** Teen Titans Go! **7.45** We Bare Bears **8.00** The World of Gumball **8.30** Teen Titans Go! **9.00** The World of Gumball **10.00** Ben 10 **10.30** Adventure Time **11.00** The Powerpuff Girls **11.30** Regular Show

12.00noon Ben 10 **1.00pm** Adventure Time **1.30** Uncle Grandpa **1.45** Steven Universe **2.00** World of Gumball **3.00** Cloudy with a Chance of Meatballs **3.15** Craig of the Creek **3.30** Unikitty **3.45** Teen Titans Go! **4.00** Ben 10 **NEW EPISODE** **4.30** We Bare Bears **5.00** World of Gumball **5.30** Summer Camp Island **NEW EPISODE** **5.45** Craig of the Creek **6.00** Teen Titans Go!

6.30 Unikitty **NEW EPISODE** **7.00** World of Gumball **7.30** Summer Camp Island **7.45** Craig of the Creek **8.00** Teen Titans Go! **8.30** We Bare Bears **8.45** Cloudy with a Chance of Meatballs **9.00** Regular Show **10.00** World of Gumball **11.00** Adventure Time **12.00m't** World of Gumball **1.30am** Steven Universe **2.05** Uncle Grandpa **2.40** World of Gumball **5.00-6.00am** Ben 10

WEDNESDAY As Mon except:

9.00pm Unikitty **11.15pm-12.00m't** Adventure Time

FRIDAY As Mon except:

9.00pm Summer Camp Island **11.30pm-12.00m't** Adventure Time

+1 hour 602 705

BOOMERANG

603 603 641 730 487

SATURDAY

6.00am The Tom and Jerry Show **7.00** Be Cool, Scooby-Doo! **7.30** Taffy **8.00** Mighty Mike **8.30** Scooby-Doo! Mystery Incorporated **9.00** The Tom and Jerry Show **10.00** **FILM** Scooby-Doo! Franken Creepy **11.30** Tom and Jerry **12.00noon** Be Cool, Scooby-Doo! **1.00pm** The Tom and Jerry Show **2.00** Be Cool, Scooby-Doo! **3.00** Tom and Jerry **4.00** The Tom and Jerry Show **4.30** Taffy **5.00** **FILM** Scooby-Doo! And WWE: Curse of the Speed Demon **6.30** Bunnicula

6.45 New Looney Tunes **7.00** Mr Bean **7.15** Inspector Gadget **7.30** Mighty Mike **7.50** Taffy **8.00** Scooby-Doo! Mystery Incorporated **8.30** Tom and Jerry **9.00** Tom & Jerry Tales **10.00** What's New Scooby-Doo? **11.00** My Knight and Me **12.00m't** LazyTown **12.50am** My Knight and Me **2.00** LazyTown **5.00-6.00am** My Knight and Me

SUNDAY As Saturday except:

9.00am Best of Tom & Jerry **10.00** **FILM** Scooby-Doo! Moon Monster Madness **11.40** Tom and Jerry **12.00noon-1.00pm** Scooby-Doo's Monsters **2.00pm** Best of Scooby-Doo! **3.00-4.00** Best of Tom & Jerry **5.00-6.30pm** **FILM** Tom and Jerry Blast Off to Mars!

MONDAY

6.00am Grizzy and the Lemmings **6.20** Mighty Mike **6.30** Tom and Jerry **7.00** Scooby-Doo: Best of Daphne **7.30** Taffy **7.50** The Tom and Jerry Show **8.00** Mighty Mike **8.20** The Tom and Jerry Show **8.30** Tom and Jerry **9.00** Be Cool, Scooby-Doo! **9.30** What's New Scooby-Doo? **10.00** Tom & Jerry Tales **11.00** Wacky Races

11.30 My Knight and Me **12.00noon** What's New Scooby-Doo? **12.30pm** New Looney Tunes **1.00** Tom & Jerry Tales **1.30** The Tom and Jerry Show **2.00** Dorothy and The Wizard of Oz **2.30** Scooby-Doo's Ghosts **3.00** The Puss in Boots **3.30** Scooby-Doo's Monsters **4.00** The Tom and Jerry Show **4.30** Taffy **NEW EPISODE** **5.00** Be Cool, Scooby-Doo! **5.30** Mighty Mike **6.00** The Tom and Jerry Show

6.30 Bunnicula **6.45** New Looney Tunes **7.00** Mr Bean **7.15** Inspector Gadget **7.30** Mighty Mike **7.50** Taffy **8.00** Scooby-Doo! Mystery Incorporated **8.30** Tom and Jerry **10.00** What's New Scooby-Doo? **11.00** My Knight and Me **12.00m't** LazyTown **12.50am** My Knight and Me **2.00** LazyTown **5.00-6.00am** My Knight and Me

TUESDAY As Mon except:

7.00-7.30am Be Cool, Scooby-Doo! **2.30-3.00pm** Be Cool, Scooby-Doo! **3.30-4.00** Be Cool, Scooby-Doo! **9.00-10.00pm** Tom & Jerry Tales

WEDNESDAY As Mon except:

7.00-7.30am Be Cool, Scooby-Doo! **9.00-9.30am** Best of Scooby-Doo! **2.30-3.00pm** Be Cool, Scooby-Doo! **3.30-4.00** Be Cool, Scooby-Doo! **5.00-5.30** Best of Scooby-Doo! **9.00** Taffy **10.30-11.00pm** What's New Scooby-Doo?

THURSDAY As Mon except:

7.00-7.30am Be Cool, Scooby-Doo! **2.30-3.00pm** Be Cool, Scooby-Doo! **3.30-4.00** Scooby-Doo's Ghosts **9.00-10.00pm** Tom & Jerry Tales

FRIDAY As Mon except:

7.00-7.30am Be Cool, Scooby-Doo! **2.30-3.00pm** Be Cool, Scooby-Doo! **3.30-4.00** Be Cool, Scooby-Doo! **9.00-10.00pm** Tom & Jerry Tales

+1 hour 618 731

DISNEY

609 609 644 724 480

Frenemies

SATURDAY

6.00am Best Bugs Forever **6.25** Elena of Avalor **6.55** Sadie Sparks **NEW EPISODE** **7.25** Disney Mickey Mouse **NEW EPISODE** **7.30** **NEW SERIES** Amphibia **8.30** **FILM** Frenemies: Disney teen drama starring Bella Thorne and Zendaya.

10.15 Under The Sea: A Descendants Story **10.30** K.C. Undercover **2.00pm** Andi Mack **2.30** Miraculous: Tales of Ladybug & Cat Noir **3.00** K.C. Undercover **4.00** Liv & Maddie **5.00** Good Luck Charlie **6.00** Jessie **7.00** Penny on M.A.R.S **8.00** Bizaardvark **9.00** Jessie **9.30** K.C. Undercover **10.00** Raven's Home

11.00 Stuck in the Middle: Double bill. **11.55** Bizaardvark **12.50am** Miraculous: Tales of Ladybug & Cat Noir **1.35** The Lodge **2.00** Alex & Co **2.45** Violetta **3.35** The Evermoor Chronicles **4.20** Disney Cookabout **4.43-6.00am** Miraculous: Tales of Ladybug & Cat Noir

SUNDAY As Saturday except:

8.30am-2.00pm K.C. Undercover

MONDAY

6.00am Stuck in the Middle **7.00** Bunk'd **8.00** K.C. Undercover **9.00** Raven's Home **4.00pm** Miraculous: Tales of Ladybug & Cat Noir **4.30** K.C Undercover: The Final Chapter **5.30** Raven's Home **6.00** Bunk'd **6.30** Andi Mack **7.00** Penny on M.A.R.S **7.30** The Lodge **8.00** Jessie

9.30 K.C. Undercover **10.00** Raven's Home **11.00** Stuck in the Middle **11.55** Bizaardvark **12.50am** Miraculous: Tales of Ladybug & Cat Noir **1.35** The Lodge **2.00** Alex & Co **2.45** Violetta **3.33** The Evermoor Chronicles **4.20** Disney Cookabout **4.43-6.00am** Miraculous: Tales of Ladybug & Cat Noir

TUESDAY As Mon except:

9.00am-4.00pm Jessie **4.30-5.32pm** K.C. Undercover

WEDNESDAY As Mon except:

9.00am-4.00pm Bunk'd **4.30-5.32pm** K.C. Undercover

THURSDAY As Mon except:

4.30-5.30pm K.C. Undercover: Ernie brings his new girlfriend home, but KC is convinced that she is a Russian spy and tries to expose her.

FRIDAY As Mon except:

9.00am-4.00pm Liv & Maddie **4.30pm** K.C. Undercover **5.00** Andi Mack **NEW EPISODE** **5.30** Andi Mack: Mack Chat **NEW EDITION** **5.35** **FILM** Princess Protection Programme: Family comedy starring Selena Gomez and Demi Lovato. A princess is forced to enter a protection programme and goes undercover as a regular teenager in rural Louisiana. With Tom Verica. **7.25** Raven's Home: Do It Duo **7.30-8.00pm** Andi Mack

+1 hour 610 725

DISNEY JR

607 607 643 727 481

SATURDAY

6.00am Mickey Mouse Clubhouse **6.30** Muppet Babies **7.00** Paprika **NEW EPISODE** **7.20** PJ Masks **8.00** Puppy Dog Pals **8.30** Mickey & the Roadster Racers **9.00** Muppet Babies **9.30** PJ Masks **10.00** Mickey Mouse Clubhouse **11.00** The Lion Guard **2.30pm** Gigantosaurus **3.00** Mickey & the Roadster Racers

3.30 101 Dalmatian Street **4.00** Fancy Nancy Clancy **4.30** Sofia the First **5.00** Doc McStuffins **5.30** Mickey Mouse Clubhouse **6.30** 101 Dalmatian Street **7.00** Rapunzel's Tangled Adventure **7.30** Elena of Avalor **8.00** PJ Masks **8.30** The Lion Guard **9.00** Claude

9.35 Trulli Tales **10.10** PJ Masks **11.15** Zou **11.30** Trulli Tales **12.00m't** PJ Masks **12.50am** The Hive **1.00** Zou **1.30** Henry Hugglemonster **2.20** The Hive **2.40** Zou **3.25** The Hive **3.45** Henry Hugglemonster **4.35** The Hive **4.45** PJ Masks **5.55-6.00am** Minnie's Bow-Toons

SUNDAY As Saturday except:

11.00am-2.30pm Doc McStuffins

MONDAY

6.00am Muppet Babies **6.15** PJ Masks **7.00** Vampirina **7.30** Fancy Nancy Clancy **8.00** 101 Dalmatian Street **8.30** PJ Masks **9.00** Doc McStuffins **9.50** Toy Story Toons: Small Fry **10.00** PJ Masks **11.00** Mickey & the Roadster Racers **12.00noon** Fancy Nancy Clancy **1.00pm** Vampirina **2.00** Gigantosaurus **3.00** The Lion Guard **3.30** 101 Dalmatian Street

4.00 Gigantosaurus **4.25** Disney Junior Music Nursery Rhymes **4.30** Mickey & the Roadster Racers **5.00** Fancy Nancy Clancy **5.30** Vampirina **6.00** PJ Masks **6.30** Puppy Dog Pals **NEW EPISODE** **7.00** The Lion Guard **7.25** Disney Junior Music Nursery Rhymes **7.30** Sofia the First **8.25** Elena of Avalor: Scepter Training with Zuzo **8.30** Elena of Avalor **9.00** Fancy Nancy Clancy **9.30** Vampirina

10.00 PJ Masks **10.30** Puppy Dog Pals **11.00** The Lion Guard **11.25** Disney Junior Music Nursery Rhymes **11.30** Trulli Tales **12.00m't** PJ Masks **12.50am** The Hive **1.00** Zou **1.30** Henry Hugglemonster **2.20** The Hive **2.40** Zou **3.25** The Hive **3.45** Henry Hugglemonster **4.35** The Hive **4.45** PJ Masks **5.55-6.00am** Minnie's Bow-Toons

TUESDAY As Mon except:

9.50-10.00am Toy Story Toons: Partysaurus Rex: Cautious Rex throws an over-the-top, bubble-filled bash for the bathroom toys.

WEDNESDAY As Mon except:

9.50-10.00am Toy Story Toons: Hawaiian Vacation: Bonnie and her family take a winter break in Hawaii without Ken and Barbie. **8.25-9.00pm** Elena of Avalor: Elena fends off a masked bandit.

THURSDAY As Mon except:

3.50-4.00pm Toy Story Toons: Hawaiian Vacation **8.25-9.00pm** Elena of Avalor: A baby butterfrog is accidentally left behind by his parents.

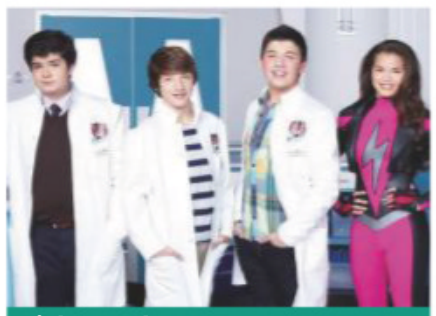
FRIDAY As Mon except:

9.50-10.00am Toy Story Toons: Partysaurus Rex **8.25-9.00pm** Elena of Avalor: Elena wants to repair relations with a neighbouring country.

+1 hour 608

DISNEY XD

611 611 645 707 482



Mighty Med

SATURDAY

6.00am Marvel's Spider-Man **6.30** Space Chickens in Space **7.00** Phineas and Ferb **7.30** **NEW SERIES** Guardians of the Galaxy **8.00** Phineas and Ferb **9.00** Marvel's Avengers: Black Panther's Quest **9.30** Marvel's Spider-Man **10.00** Lab Rats **2.00pm** Phineas and Ferb **3.00** Big City Greens **4.00** Milo Murphy's Law **5.00** DuckTales **5.30** Guardians of the Galaxy **6.00** Phineas and Ferb **7.00** Mech-X4

7.50 Disney Mickey Mouse **8.00** Marvel's Spider-Man **8.30** Gravity Falls **9.30** Star Wars Resistance **10.00** Milo Murphy's Law **11.00** Dude, That's My Ghost! **11.50** Randy Cunningham: 9th Grade Ninja **12.35** Boyster **1.25** Counterfeit Cat **2.10** Randy Cunningham: 9th Grade Ninja **3.00** Boyster **3.45** Dude, That's My Ghost! **4.35** Counterfeit Cat **5.00-6.00am** Randy Cunningham: 9th Grade Ninja

SUNDAY As Saturday except:

6.00-6.30am Marvel's Spider-Man: Origins **8.00** Mech-X4 **8.50-9.00am** Disney Mickey Mouse **7.00-7.50pm** Phineas and Ferb: The OWCA Files

MONDAY

6.00am Marvel's Spider-Man **6.30** Space Chickens in Space **7.00** Phineas and Ferb **8.00** Phineas and Ferb: The OWCA Files **8.50** Disney Mickey Mouse **9.00** Milo Murphy's Law **10.00** Big City Greens **10.30** Kick Buttowski **11.00** Gravity Falls **12.00noon** Supa Strikas **12.30pm** DuckTales **1.00** Lab Rats: Bionic Island **2.00** Phineas and Ferb

3.00 Marvel's Spider-Man **3.30** Space Chickens in Space **4.00** Big City Greens **4.30** Big Hero 6: The Series **5.00** Milo Murphy's Law **5.30** DuckTales **6.00** Phineas and Ferb **6.30** Mech-X4 **7.00** Mighty Med **7.50** Disney Mickey Mouse **8.00** Marvel's Avengers: Black Panther's Quest **8.30** Gravity Falls

9.30 Kick Buttowski **10.00** Milo Murphy's Law **11.00** Furiki Wheels **11.25** Dude, That's My Ghost! **12.15am** Randy Cunningham: 9th Grade Ninja **1.00** Boyster **1.45** Counterfeit Cat **2.35** Randy Cunningham: 9th Grade Ninja **3.20** Boyster **4.10** Counterfeit Cat **5.00-6.00am** Randy Cunningham: 9th Grade Ninja

TUESDAY As Mon except:

8.00-8.50am Mighty Med **7.00-7.50pm** Big Hero 6: The Series: Baymax Returns

WEDNESDAY As Mon except:

8.00-8.50am Big Hero 6: The Series: Baymax Returns **1.30-2.00pm** Lab Rats **7.00-7.50pm** Lab Rats

THURSDAY As Mon except:

8.00-8.50am Lab Rats **1.00-2.00pm** Lab Rats **7.00-8.00pm** Marvel's Spider-Man

FRIDAY As Mon except:

8.00-9.00am Marvel's Spider-Man **1.00-2.00pm** Lab Rats **7.00-8.30pm** Marvel's Spider-Man

+1 hour 612

Coming soon

FIRST LOOK

Criminal

David Tennant stars in an ambitious Netflix police drama

David Tennant is among the cast

Here's a first picture of David Tennant in Netflix's intriguing crime anthology *Criminal*, due to be released this Autumn.

The 12-parter features a dozen different stories set across four countries – France, Germany, the UK and Spain – and takes place within the confines of a police interview room as it follows detectives interrogating suspects.

Details of storylines and characters are being kept under wraps, but three episodes of the drama will be set in the UK.

STARRY LINE-UP

Joining Tennant in the cast is *Agent Carter* and *Howards End* actress Hayley Atwell, plus Katherine Kelly, Lee Ingleby and *Line of Duty*'s Rochenda Sandall.

Other stars in the series include *Marcella*'s Nicholas Pinnock, *Bodyguard*'s Shubham Saraf, Youssef Kerkour, who is currently filming *Dracula* for the BBC, and Mark Stanley, who played Grenn in *Game of Thrones*.

Meanwhile, the French episodes are set to feature veteran actress Nathalie Baye, best-known for 2003 movie *Catch Me If You Can*.

Netflix is pitching the series as a 'stripped-down, cat-and-mouse drama', while *Killing Eve* writer George Kay is on board as showrunner alongside *Endeavour*'s Jim Field Smith.

WHAT'S NEXT FOR...

Glenda Jackson

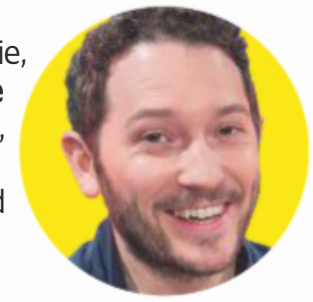
The actress is taking on her first TV role in over 25 years in BBC1 drama **Elizabeth is Missing**. The Oscar-winner plays Maud, an elderly woman suffering from dementia who is trying to find her friend.

Sara Pascoe

The comic will pack her bags for a two-part BBC2 travelogue, **The Last Woman on Earth**. She'll journey the globe to try her hand at some of the world's most endangered jobs and soon-to-be-lost skills.

Jon Richardson

The *Ultimate Worrier* host will join forces with his real-life wife, comedian Lucy Beaumont, and their young daughter, Elsie, for **Meet the Richardsons**, a new Dave sitcom based on their family life.



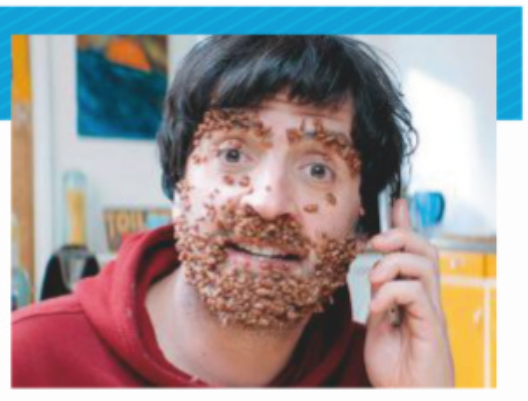
Coming Back

LGBTQ+ drama **Pose** will return with more adventures for transgender woman Blanca (Mj Rodriguez) in 1980s NYC. A third season's been ordered, with the second run set to air on BBC2 in the near future.

IN PRODUCTION...

The Mind of Herbert Clunkerdunk

Following the success of the pilot last year, a new four-part series of the BBC comedy is being filmed. Spencer Jones will be returning as his alter ego Herbert Clunkerdunk, whose domestic routine turns into a surreal mix of impromptu music videos and talking household objects thanks to his quirky imagination. Lucy Pearman will be back as Herbert's wife Bobby.



Next week *On sale Tuesday 9 July*

Poldark

It's off to 19th-century Cornwall for the final series of the BBC1 drama, starring Aidan Turner.

School of Rock

E4's family comedy is based on the hit movie about a teacher forming a rock band in class.

Harrow

Ioan Gruffudd returns as the unorthodox forensic pathologist in a second series on Alibi.

The Open Championship

Tiger Woods will compete for the famous Claret Jug on Sky Sports.

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